SKY MOVIES SCREEN 1
Astra V 11.436GHz

06.00 **A Summer's Tale** (1996) (approx 109 mins) CERT: U French drama about a man who finds himself trapped between two very different, but desireable women 75736 Text 129
08.00 **Heart of a Champion** (1985) (approx 90 mins) CERT: PG The true story of boxer Ray Mancini, who set out to triumph where his father, also a fighter, had failed. Robert Blake, Doug McKeon 95692
10.00 **Little Cobras: Operation 'Dalmatian'** (1997) (approx 91 mins) CERT: PG Please see 17.00 for full details 7214910
11.15 **Sense and Sensibility** (1995) (approx 131 mins) CERT: U (888) See 18.45 for full details 12169303
13.30 **Sky Riders** (1976) (approx 87 mins) CERT: PG Action movie about an elite team of hang-gliders who contrive to rescue the members of a businessman's family who are being held by terrorists. James Coburn, Susannah York 95736
15.00 **Deadfall** (1968) (approx 115 mins) CERT: PG Psychological crime drama about a trio of jewel thieves who attempt a daring robbery of a wealthy man's home - with surprising results. Michael Caine stars as one of the crooks 34561
17.00 **Little Cobras: Operation 'Dalmatian'** (1997) (approx 91 mins) CERT: PG Children's adventure about four kids who discover a plot to kidnap dalmatians and set out to sabotage the plan. Richard Moll, Jeffrey Wood 72193020
18.45 **Sense and Sensibility** (1995) (approx 131 mins) CERT: U (888) Lavish adaptation of the Jane Austen novel about two sisters who are left nothing in the will when their father dies. With no home or money, the sisters set out on a quest to find themselves well-off husbands. Emma Thompson, Kate Winslet, Hugh Grant 40004378
21.00 **Rattled** (1996) (approx 86 mins) CERT: 12 Action movie about an architect whose fear of snakes is tested to its limit when his latest construction drives hundreds of deadly rattlesnakes out of their natural habitat and into the local community. William Katt, Shanna Reed. Directed by Tony Randel 51113 P
22.30 **Unlikely Suspects** (1996) (approx 87 mins) CERT: 15 Thriller in which a high school cheerleader finds herself fighting a lonely battle after accusing her college's star football player of terrorizing the girl in her squad. Now she and her mother must take on the authorities to ensure justice prevails 58941200
00.05 **Anna** (1987) (approx 96 mins) CERT: 15 Drama about a middle-aged Czech actress, a star in her home country but struggling to survive in New York, who takes a young immigrant under her wing to show her the ropes - only to see her succeed where she failed 427427
01.45 **A Woman Scorned 2** (1995) (approx 94 mins) CERT: 18 Thriller about a woman whose mind turns to revenge when she discovers that her husband has been unfaithful 288682
03.25 **Party Camp** (1986) (approx 93 mins) CERT: 15 Comedy in which a fun-loving counsellor at Camp Chipmunk finds his 'party animal' sensibilities stifled by a strict disciplinarian camp director 51727446

SKY MOVIES SCREEN 2
Astra V 11.479GHz

06.00 **Five Came Back** (1939) (approx 72 mins) CERT: U Drama about the survivors of a 'plane crash who struggle to stay alive in the jungle. Chester Morris, John Carradine 6262007 Text 129
07.20 **The Beast from 20,000 Fathoms** (1953) (approx 76 mins) CERT: PG Adventure movie in which a test bombing in the ocean leads to the revival of a frozen prehistoric creature which proceeds to terrorise New York 7614910
08.40 **The Black Rose** (1950) (approx 116 mins) CERT: U Please see 16.00 for details 45636674
10.40 **Buck Privates** (1941) (approx 81 mins) CERT: U Abbott and Costello comedy, in which our heroes play unsuccessful salesmen who find themselves unwittingly joining the army 6914113
12.00 **A Mother's Instinct** (1996) (approx 84 mins) CERT: PG Please see 18.00 for details 91945
14.00 **Tennessee's Partner** (1955) (approx 83 mins) CERT: PG Western about a gambler and a crook who become unlikely buddies when one saves the other's life. Ronald Reagan, Rhonda Fleming 60303
16.00 **The Black Rose** (1950) (approx 116 mins) CERT: U An impressively lensed 13th-century drama in which the Saxons revolt against the Normans, having suffered for 200 years under their rule 8642
18.00 **A Mother's Instinct** (1996) (approx 84 mins) CERT: PG Drama about a divorced woman (Lindsay Wagner) who has been told by her new husband Carl that his first wife died some years ago, leaving him to take care of their two children. But when Carl disappears with the kids, she discovers that he has lied to her - Carl's first wife is still alive 22645858
19.40 **US Top 10** 336129
20.00 **Devil in a Blue Dress** (1995) (approx 97 mins) CERT: 15 (888) Mystery drama about Easy Rawlins, an LA detective who sets out to track down Daphne Monet for the shadowy DeWitt Albright and is quickly plunged into a web of murder, blackmail and corruption. Denzel Washington, Tom Sizemore, Jennifer Beals 89484
22.00 **Desperado** (1995) (approx 100 mins) CERT: 18 (888) Thriller with the Mariachi (Antonio Banderas) having a score to settle with Bucho, who has left a trail of blood across the shadowy border territory in which he operates. With the help of his best friend and a book shop owner, the Mariachi prepares to take on Bucho's desperados 353991
23.45 **Desires of Innocence** (1997) (approx 85 mins) CERT: TBC Erotic drama in which three women take a Mexican border town by storm carrying a case filled with money 541129
01.20 **When the Dark Man Calls** (1995) (approx 86 mins) CERT: 15 Thriller about a psychiatrist with her own radio programme who begins to be tormented by a murder from her past 9909953
02.50 **Vampires in Venice** (1988) (approx 89 mins) CERT: 18 Horror tale starring Klaus Kinski as Nosferatu who returns to Venice in search of a virgin to satisfy his lust for blood 637224
04.25 **Dogtanian: One For All and All For One** (1995) (approx 76 mins) CERT: U Cartoon following the adventures of Dogtanian 877601

BOX OFFICE 1 11.597GHz PAY-PER-VIEW (PPV: see below)

22.00 **The Relic** (1996) (110 mins) CERT: 15 Comedy horror tale in which the curators of a big city museum introduce a mysterious new exhibit which unleashes a demonic force. Tom Sizemore, Penelope Ann Miller (rpt 00.00, 02.00 and 04.00)

BOX OFFICE 2 10.877GHz PAY-PER-VIEW (PPV: see below)

19.00 **Blood and Wine** (1996) (97 mins) CERT: 15 Thriller about a crook (Jack Nicholson) who juggles his wife (Judy Davis), his stepson (Stephen Dorff) and his mistress (Jennifer Lopez), while at the same time plotting robberies (rpt 21.00, 23.00, 01.00 & 03.00)

BOX OFFICE 3 10.862GHz PAY-PER-VIEW (PPV: see below)

06.00 **Space Jam** (1997) (84 mins) CERT: PG Michael Jordan is sucked into Looney Tune Land to help Bugs Bunny and Co. in a basketball game (rpt 07.30, 09.00, 10.30, 12.00, 13.30, 15.00, 16.30, 20.00, 21.30, 23.00, 00.30, 02.00 & 03.30)

BOX OFFICE 4 10.847GHz PAY-PER-VIEW (PPV: see below)

20.00 **Twin Town** (1997) (95 mins) CERT: 18 Comedy set in urban Swansea about a handyman (Huw Ceredig) who falls from a ladder while working for a contractor and is then refused compensation (rpt 22.00 and 04.00)

SKY MOVIES GOLD
Astra V
11.127GHz from 16.00-05.00 (weekdays)
11.127GHz from 11.00-05.00 (weekends)
11.597GHz from 22.00-06.00 (weekdays)

16.00 **Bringing Up Baby** (1938) (97 mins) CERT: U Comedy with Cary Grant as a biologist who starts to receive the (unwanted) attentions of wealthy heiress, Katharine Hepburn 6909668
18.00 **The Trail of the Lonesome Pine** (1936) (95 mins) CERT: U Drama set during the early days of the railroad, in which a group of families fight one another when the train track threatens to come through the land they own 5632991
20.00 **The Beguiled** (1971) (100 mins) CERT: 15 Drama starring Clint Eastwood as a wounded soldier who finds shelter in a girls' school 5644736
22.00 **Days of Thunder** (1990) (102 mins) CERT: 15 (DS) Action drama in which Tom Cruise plays an ambitious young racer, determined to prove himself the best driver in the country 3173668 Text 129
23.50 **Predator** (1987) (102 mins) CERT: 18 (DS) Arnold Schwarzenegger and a platoon of tough mercenaries become the quarry of a terrifying alien beast in the jungles of South America 2128543
01.40 **A Touch of Zen** (1969) (169 mins) CERT: 12 (WS) Taiwanese action movie 79365175
04.35 **Killer's Kiss** (1955) (64 mins) CERT: PG Frank Silvera stars as boxer Davey Gordon 39279175
05.40 **Closedown**

TNT Classic Movies
Astra H 11.023GHz

21.00 **The Good Old Boys** (1994) Western set in turn-of-the-century Texas. Tommy Lee Jones, Sissy Spacek 35247533 Text 100
23.00 **Dodge City** (1939) Western about a cattle merchant who takes on the corrupt forces in the notorious frontier town of Dodge City. Errol Flynn, Olivia de Havilland 85769262
00.45 **The Fixer** (1968) A powerful film version of Bernard Malamud's acclaimed novel indicting anti-semitism 79326717
03.00 **The Good Old Boys** Please see 21.00 82205359

bravo
Astra V 11.097GHz

20.00 **The A-Team** 9910216
21.00 **Real Stories of the Highway Patrol** 8477910 Text 210
21.30 **Cops** 2437571
22.00 **The Basement** 1873552
22.15 **Bravo's Briefs** A short film 1878007
22.30 **Red Shoe Diaries** 7591026
23.00 **Film: Creepshow 2** (1987) A further trio of horror tales, scripted by George Romero from Stephen King's short stories 6819026
01.00 **Beverly Hills Bordello** 7528359
01.30 **Red Shoe Diaries** 6866934
02.00 **Tour of Duty** 2743446
03.00 **Film: Sci-Fighters** (1996) Sci-fi yarn in which a dead convict being shipped back to earth returns to life - and must be tracked down as he may hold the clue to an unknown virus 6263601
05.00 **The A-Team** 5598156
06.00 **Closedown**

DISNEY CHANNEL
Astra V 11.597GHz

06.00 Under the Umbrella Tree 84200 **06.30** Jungle Cubs 71216 **07.00** Recess 47045 **07.30** Pepper Ann 17552 **08.00** Brand Spanking New Doug 34668 **08.30** The Lion King's Timon and Pumbaa 33939 **09.00** Aladdin - the series 17991 **09.30** Quack Pack 52552 **10.00** Mouse & Mole 3915194 **10.05** Amazing Animals 4213842 **10.30** Sesame Street 57216 **11.30** New Adventures of Winnie the Pooh 7794858 **11.45** Alphabet Castle 7619113 **12.00** Little Hippo 2226303 **12.10** Let's Wiggle! 3274295 **12.15** Animal Shelf 2132910 **12.30** Rosie and Jim 56760939 **12.45** Small Stories 97631200 **12.50** Bear in the Big Blue House 8917465 **13.20** New Adventures of Winnie the Pooh 71822216 **13.35** Chip 'n' Dale's Rescue Rangers 19802823 **14.00** Goof Troop 2281 **14.30** Jungle Cubs 3262 **15.00** The Lion King's Timon and Pumbaa 4216 **15.30** Brand Spanking New Doug 5007 **16.00** Pepper Ann 7842 **16.30** Recess 3026 **17.00** Smart Guy 3533 **17.30** Student Bodies 4378 **18.00** Teen Angel 4991 **18.30** Boy Meets World 8571 **19.00 Film:** Princess Stallion (1996) Adventure tale in which a young girl is sent to live with her estranged father 67281 **20.30** The Wonder Years 1552 **21.00** Touched By an Angel 65842 **22.00** Closedown

UK TV
UK TV PREVIEW
Astra V 10.817GHz

07.00 Flight of the Condor **08.00** I'm Not Stupid **08.30** Four Tarts and a Tenor **09.00** The Ascent of Man **10.00** Great Mysteries and Myths **10.30** Vets in Practice **11.00** The Human Animal **12.00** Watergate **13.00** Island Race **13.30** Making Babies **14.00** Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Change That **15.30** Stefan's Garden Roadshow **16.00** Dream Ticket **16.30** Food and Drink **17.00** Antiques Roadshow **18.00** Animal Hospital Week **18.30** Wildlife **19.00** The Power and the Glory **19.30** Storm Warning **20.00** Return of the Blood Suckers **20.30** Plastic Fantastic **21.00** Out of the Ashes **22.00** Redcaps **22.30** Cheating Hearts **22.45** The Frame **23.15** Later on... **00.00** Closedown

5
FilmNet Transponder 63 10.920GHz

06.00 News 3479281 **07.00** Wideworld 3663842 **07.30** Milkshake! 3681216 **07.35** Wimzie's House 7531587 **08.00** Havakazoo 1053378 **08.30** Wishbone 1052649 **09.00** Espresso 8389194 **10.00** Life at the Edge 3349991 **10.30** Sunset Beach 8761939 **11.10** Leeza 8412303 **12.00** News 1056465 **12.30** Family Affairs 4743823 **13.00** The Bold and the Beautiful 3662113 **13.30** Sons and Daughters 4742194 **14.00** Burke's Law 3340620 **15.00** 100 % Gold 1027113 **15.30** Film 8995991 **17.30** HouseBusters 2936216 **18.00** 100 Per Cent 2933129 **18.30** Family Affairs 2844281 **19.00** 5 News 1019194 **19.30** Life at the Edge 2840465 **20.00** Water Rats 1873736 **21.00** Film 41215303 **22.50** The Morwenna Banks Show 1609194 **23.20** Film 9842769 **00.05** Live and Dangerous 45923250 **01.20** Live and Dangerous 2338137 **03.00** Live and Dangerous 9556972 **04.40** Prisoner Cell Block H 1338972 **05.30** 100 % 8377359

P Premiering Film — L Last Play — WS Widescreen — DS Dolby Surround Sound — 888 Subtitled
PPV INFORMATION LINE: 0990 800 888 OR CHECK SKY TEXT 177

SKY one
Astra V 11.318GHz

Text 126

07.00 **Tattooed Teenage Alien Fighters from Beverly Hills** 38910
07.30 **Games World** 5112668
07.45 **The Simpsons** (888) 59668
08.15 **Oprah Winfrey** 9277755
09.00 **Hotel** 95378
10.00 **Another World** 26129
11.00 **Days of Our Lives** 33465
12.00 **Married...with Children** (888) 94804
12.30 **M*A*S*H** (888) 23858
13.00 **Geraldo** 48113
14.00 **Sally Jessy Raphael** 16200
15.00 **Jenny Jones** 57397
16.00 **The Oprah Winfrey Show** 36804
17.00 **Star Trek: The Next Generation** (888) See 23.00 for details 1736
18.00 **The Nanny** 9649
18.30 **Married...with Children** (888) 6129
19.00 **The Simpsons** (888) 1945
19.30 **The Simpsons** (888) 2113
20.00 **The Simpsons** (888) 4465
20.30 **The Simpsons** (888) 6200
21.00 **Friends** ● *See feature pg.22* 38216
21.30 **Veronica's Closet** (888) 30194
22.00 **ER** (888) 75281
23.00 **Star Trek: The Next Generation** (888) The Enterprise attempts to save a planet 27858
00.00 NEW! **Boys of Twilight** 53798
01.00 **Long Play**

NATIONAL GEOGRAPHIC CHANNEL
Astra H 11.303GHz

19.00 **Fighting for Animals: The Orphanages** 6298465
19.30 **Deep Flight** 9354133
20.00 **Mystery of the Twilight Zone** 8943939
21.00 **Living Ancestors** 5213129
21.30 **Icebound: 100 Years of Antarctic Discovery** 5719910
22.30 **Gaston and the Truffle Hunters** 8434587
23.00 **A Saga of Survival: The Amazing World of Minibeasts** 8915787
00.00 **Young Mountains** 3736311
01.00 **Closedown**

UK GOLD
Astra H 11.553GHz

07.00 **Never the Twain** 5187668
07.35 **Neighbours** 7797649
08.00 **Crossroads** 3928378
08.25 **EastEnders** 7753113
09.00 **The Bill** 7672945
09.30 **Howards' Way** 2428823
10.00 **Shelley** 4581484
10.30 **The Sullivans** 7678129
11.00 **Casualty** 9668113
12.00 **Crossroads** 27163129
12.25 **Neighbours** 27166216
12.55 **EastEnders** 8190692
13.30 **Keeping Up Appearances** 7245026
14.05 **Ever Decreasing Circles** 2803216
14.45 **Dangerfield** 8660262
15.45 **The Bill** 4308200
16.15 **Juliet Bravo** 43776858
17.20 **EastEnders** 3973842
17.55 **Big Break** 4254084
18.30 **The Bill** 7058910
19.00 **Dad's Army** Mrs Pike is astonished when her son is called up 5813200
19.40 **Yes, Minister** 5446262
20.20 **May to December** Alec and Zoe are due to get a visit from Alec's late wife's family 7065741
21.00 **Bugs** The team are brought in to protect an airline 42161858
22.05 **Minder** 42554303
23.10 **Live at Jongleurs** 7640991
23.40 **Not the Nine O'Clock News** 8068002
00.10 **A Woman of Substance** 3591576
01.55 **The Equalizer** 4396408
02.40 **Shopping at Night**

SCI FI CHANNEL
Astra V 11.568GHz

20.00 **Quantum Leap** Sam becomes a member of the all-girl group the Lovettes 3479552
21.00 **PSI Factor: Chronicles of the Paranormal** A young mother asks for help in controlling her strange power 3562216
22.00 **Film: Star Command** (1995) Six young 22nd-century space cadets on their first training mission encounter a force which threatens Earth 7592281
00.00 **Sightings** 1426243
01.00 **The Bionic Woman** 2791224
02.00 **Friday the 13th** 9545021
03.00 **Tales of the Unexpected** 7681953
03.30 **Dark Shadows** 7131069
04.00 **Closedown**

GRANADA PLUS
Astra H 11.244GHz

06.00 **The Box** 4638200
07.00 **E! Mysteries and Scandals** 2769945
07.30 **Classic Coronation Street** 2675552
08.00 **Blind Date** 5649216
09.00 NEW! **Hadleigh** Hadleigh has his home invaded and is faced with a domestic problem 6009262
10.00 **The Saint** 2671736
11.00 **Hawaii Five-O** 2684200
12.00 **Classic Coronation Street** 7081571
12.30 **Families** 5747194
13.00 **A Fine Romance** 2768216
13.30 **Me and My Girl** 5746465
14.00 **Hadleigh** 7651026
15.00 **Jason King** 6378939
16.00 **Hawaii Five-O** 6453674
17.00 **The Saint** 4339842
18.00 **Families** Amanda finally books a flight to Australia 1691674
18.30 **Classic Coronation Street** 1519026
19.00 **Doctor in Charge** Loftus is told that St Swithin's hospital should be pulled down 4330571
19.30 **Singles** The subject of money comes under discussion 1508910
20.00 **Jason King** Jason is abducted to Moscow to unravel the mystery of three men 7761026
21.00 **Classic Coronation Street** 6459858
21.30 **Wheeltappers & Shunters Social Club** 5830858
22.00 **The Saint** Templar is asked to rescue a Russian spy 7751649
23.00 **Closedown**

MEN & MOTORS
Astra H 11.244GHz

23.00 Motor Week. The Lotus Elise and the Elise Sport 6454303 **23.30** 4 Wheels Good 7649281 **00.00** Rally World 6096798 **00.30** Through the Gears 2533476 **01.00** The E! True Hollywood Story 5440953 **02.00** Closedown

The Racing Channel
Astra V 10.877GHz

11.00 Racing Review 9398129
12.00 Live at lunchtime 1498007
13.00 Live racing from Chester, Hamilton and Southwell 2156200
18.00 Closedown

EUROSPORT
Astra V 11.259GHz

Text 127

07.30 **Sailing** 82755
08.00 **Football: '94 World Cup** 33200
09.30 **Touring Car: BTCC in Silverstone** 63397
10.30 **Rally: FIA World Rally Championship - Tour of Corsica** 73533
11.00 **Football: World Cup Legends** 64303
12.00 **Four Wheels Drive: Formula 4x4 Off Road in Iceland** Season preview 97113
12.30 **Motorsports** 18113
14.00 **Rally: FIA World Rally Championship - Tour of Corsica** 9939
14.30 **Live Cycling: Tour of Romandy** Second stage - Saignelégier to Montreux 96587
16.00 **Tennis: ATP Tour - Mercedes Super 9 Tournament** Fourth day 2262
18.00 **Live Athletics: IAAF Grand Prix II Meeting in Doha, Qatar** 24571
20.00 **Boxing** 25200
21.00 **Strongest Man: 1998 Grand Prix** 12736
22.00 **Football: Road to the World Cup** 15823
23.00 **Motorsports** 82649
00.30 **Closedown**

SKY sports 2
Astra H 11.170GHz

UPDATE 0336 413 416

07.00 Aerobics Oz Style 9228378 **07.30** Sports Centre 9230113 **08.00** Racing News 2500281 **08.30** Fish TV 2509552 **09.00** Fish TV 2590804 **09.30** Full Throttle 8089465 **10.00** World of Super League With Eddie & Stevo 8172129 **12.00** Dr Martens Premier League Snooker: Higgins v Williams 4608026 **14.00** Sports Unlimited 4689991 **15.00** World of Super League With Eddie & Stevo 3228026 **17.00** Watersports World 9160007 **18.00** Irish Showjumping 8504259 **18.30** Formula Three 3358151 **19.00** Sports Centre 9161736 **19.30** The Rugby Club 5828571 **21.00** Trans World Sport 3549858 **22.00** Formula Three 2511397 **22.30** Irish Showjumping 2693945

23.00 **Inside the PGA Tour** 8555007
23.30 **Squash** 3219378
00.30 **Trans World Sport** 6832514
01.30 **Sports Centre** 3274205
02.00 **Closedown**

SKY sports 1
Astra V 11.509GHz

Text 127

07.00 **Sports Centre** 78552
07.30 **WWF: Shotgun Challenge** 82303
08.30 **Sports Centre** 71129
09.00 **Racing News** 82281
09.30 **Aerobics Oz Style** 27842
10.00 **Cricket: Benson & Hedges Cup** 35668
11.30 **Full Throttle** 82007
12.00 **Aerobics Oz Style** 75945
12.30 **European Tour Weekly** 64718
13.00 **Live Euro Tour Golf: Turespana Masters** Ball-by-ball action from day one in Mallorca 2076002
17.00 **WWF: Superstars** 3718
18.00 **Sports Centre** 2991
18.30 **Futbol Mundial** Football from around the world 6571
19.00 **Ringside** Punch-by-punch coverage of boxing up and down the country 21484
20.00 **Spanish Football** Coverage from the Primera Liga 39020
22.00 **Sports Centre** 76674
22.30 **Ringside** 70858
23.30 **Formula Three** 31587
00.00 **Sports Centre** 79021
00.30 **The Rugby Club** 78917
02.00 **Ringside** 48021
03.00 **Spanish Football** 98514
05.00 **Sports Centre** 91972
05.30 **Closedown**

SKY sports 3
Astra H 11.671GHz

12.00 **WWF: Superstars** With Kevin Kelly and James E Cornette 58899216
13.00 **Fish TV** Reel in the information from fishing experts 58702736
14.00 **Pots of Gold: Davis v White** 52475194
14.30 **Dickie Davies' Sporting Heroes: Sir Colin Cowdrey** 64215945
15.30 **Major League Baseball** 76323552
17.30 **Squash: British Open** Part two of the British Open 37700295
18.30 **Inside the PGA Tour** Experience life behind the scenes with the stars of the American Tour 57017910
19.00 **Euro Tour Golf: Turespana Masters** The best of the action from day one of the Turespana Masters 66586228
22.00 **Bobby Charlton's Football Scrapbook** 24555754
23.30 **Closedown**

	6pm	7pm	8pm	9pm	10pm	11pm
SKY MOVIES SCREEN 1	Sense and Sensibility			Rattled	Unlikely Suspects	
SKY MOVIES SCREEN 2	A Mother's Instinct		Devil in a Blue Dress		Desperado	
SKY MOVIES GOLD	The Trail of the Lonesome Pine		The Beguiled		Days of Thunder	
SKY ONE	The Nanny	The Simpsons	The Simpsons	Friends	Veronica's Closet	Star Trek: The Next Generation
	Married with Children	The Simpsons	The Simpsons		ER	
UK GOLD	Cont Big Break	Dad's Army	May to December		Minder	Live at Jongleurs
	The Bill	Yes, Minister		Bugs		
EUROSPORT	Live Athletics: IAAF Grand Prix II		Boxing	Strongest Man	Football	Motorsports
SKY SPORTS 1	News Football	Ringside	Spanish Football		News Ringside	

Double-check today's listings on the teletext page shown below each channel logo or use the Update telephone lines

THURSDAY

PARAMOUNT COMEDY
Astra V 11.156GHz

19.00 Cosby 9129 **19.30** Roseanne: Sleeper 1787 **20.00** Grace Under Fire: Grace and Sailor Bob 2649 **20.30** Caroline in the City 4484 **21.00** Cybill 92484 **21.30** Ellen: Two Ring Circus 16736 **22.00** Frasier: Author, Author 74216 **22.30** Cheers: Finally. When Rebecca decides that 'tonight is the night' with Robin Colcord, Robin spoils the day by inviting Sam to the gala they are attending 87736 **23.00** Duckman 77129 **23.30** Mad For It 39129 **00.00** Nurses 77663 **00.30** It's Garry Shandling's Show 62243 **01.00** Frasier 79779 **01.30** Cheers 17427 **02.00** Caroline in the City 87359 **02.30** Mad For It 66866 **03.00** Roseanne 82243 **03.30** Cybill 80446 **04.00** Closedown

CHALLENGE TV
Astra H 10.993GHz

17.00 Cross Wits 6007 **17.30** Family Days Out 323620 **17.35** Prize Time 654216 **17.45** Family Fortunes 844910 **18.15** Prize Time 859620 **18.30** Catchphrase 4945 **19.00** Prize Time 810026 **19.15** Fifteen to One 938303 **19.45** Family Days Out 495026 **19.50** Prize Time 476991 **20.00** The Crystal Maze 58552 **21.00** Prize Time 744945 **21.15** Strike It Lucky 120842 **21.45** Prize Time 349194 **22.00** 3-2-1 **23.00** Prize Time 44303 **23.15** Sticky Moments 256823 **00.00** Sale of the Century 17205 **00.30** McKenna 79866 **01.30** The Fall Guy 50953 **02.30** Big Brother Jake 13798 **03.00** Snowy River - The McGregor Saga 40576 **04.00** The Big Valley 34507 **05.00** Screenshop 63866 **06.00** Closedown

Text 120

LIVING
Astra V 10.979GHz

06.00 Tiny Living 1774587 **09.00** Rolonda 4785587 **09.50** Ready, Steady, Cook 8569649 **10.30** The Young and the Restless 1370043 **11.20** Brookside 55316129 **11.50** Jimmy's 89511484 **12.20** Animal Rescue 68958674 **12.50** Rescue 911 3536378 **13.25** Hart to Hart 1855991 **14.20** Living It Up! 1464804 **15.20** Rolonda 8799587 **16.10** Tempestt 9421026 **17.00** The Heat Is On 6908939 **17.30** Ready, Steady, Cook 3904262 **18.10** Jerry Springer Uncut 1144736 **19.00** Rescue 911 6084303 **19.30** Mysteries, Magic and Miracles 3724620 **20.00** Adrenalin Junkies 5631262 **21.00** Film: The Wrong Woman (1995) Thriller in which a secretary is framed for the murder of her millionaire boss. Only she herself can prove her own innocence, but time and the law are both against her 5641649 **23.00** The Jerry Springer Show 9299804 **00.00** Closedown

Text 204

CHRISTIAN CHANNEL
Astra H 11.170GHz

04.00 Thought **04.05** Voice **04.30** Good Morning **04.45** Avanzini **05.00** Osgood **05.30** Webb **06.00** Hallam **06.30** Changing Your World **07.00** Voice **07.30** Kidz **07.45** Hinn **08.15** Good Morning **08.30** Potters House **09.00** Day of Victory **09.30** Meyer **10.00** Joyner **10.30** Avanzini **10.40** Good Morning **10.45** CMTV **11.00** Closedown

SKY SOAP
Astra V 11.568GHz

11.00 Take the High Road **11.30** Emmerdale **12.00** Emmerdale **12.30** As the World Turns **13.15** Families **13.45** Guiding Light **14.30** Take the High Road **15.00** Emmerdale **15.30** Emmerdale **16.00** Closedown

THE HISTORY CHANNEL
Astra V 11.568GHz

16.00 Over There **17.00** Weapons at War: Naval Aviation **18.00** Ancient Mysteries...Warriors: Head-hunters of the Amazon **19.00** Biography: Idi Amin. Profile of the Ugandan dictator **20.00** Closedown

SKY TRAVEL
Astra V 11.126GHz

11.00 Round Trip **11.30** Globetrotter **12.00** American Adventurer **12.30** Getaway **13.00** Dales Diaries **13.30** California Gold **14.00** American Vacation **15.00** Globetrotter: Black History, Munich **15.30** Great Chefs of Europe **16.00** Closedown

TV TRAVEL SHOP
Astra H 10.993GHz

12.00-17.00 Home Travel Shopping Service

QVC
Astra V 11.038GHz

Text 205

24 Hour Shopping Service

Sell-a-Vision
Astra H 11.273GHz

05.00-12.00 Sell-a-Vision

Discovery Home & Leisure
Astra H 11.082GHz

ALSO ON CABLE

09.00 **Simply Painting** 7670587
09.30 **The Garden Show** 2426465
10.00 **Garden Calendar** 4589026
10.30 **New Yankee Workshop** 7596571
11.00 **Rex Hunt's Fishing World** 8460620
11.30 **Hometime** 8478649
12.00 **The Close Guide** 7587823
12.30 **This Old House with Steve & Norm** 2420281
13.00 **Yan Can Cook - the Best of Asia** 9660571
13.30 **Furniture to Go** 2429552
14.00 **Doing It Up** 6991571
14.30 **Antiques Challenge** 7064571
15.00 **Two's Country** 6987378
15.30 **Home Again with Bob Vila** 7149216
16.00 **Closedown**

Discovery Channel
Astra H 11.082GHz

16.00 **Rex Hunt's Fishing World** 7055823
16.30 **Zoo Story** 7051007
17.00 **First Flights: Bigger is Better** 6982823
17.30 **Time Travellers: The Myth of Masada** 7148587
18.00 **Wildlife SOS** 7065200
18.30 **The Great Opportunist: Wild Discovery** 9852945
19.30 **Disaster: Tenerife - Collision** An investigation into the causes of the world's worst aircraft collision, which killed 575 people. There is some suggestion that it was due in part to air traffic controllers in Tenerife watching a football match 7052736
20.00 **Science Frontiers: The Science of Star Trek** How similar to the science fiction of 'Star Trek' is the science fact of today 9810262
21.00 **Flightline** 8480484
21.30 **Ultra Science: Cybermind** 2513945
22.00 **Forensic Detectives: Tools of Death** 9833113
23.00 **Professionals: Fire Bombers** 9647620
00.00 **First Flights: Bigger is Better** 9877595
00.30 **Disaster: Tenerife - Collision** 5806205
01.00 **Crocodile Hunter: Wildest Home Videos** 7616205
02.00 **Closedown**

Text 200

.tv the computer channel
Astra V 10.847GHz

18.00 Creative.TV - CRE@TE! **18.30** Game Over **18.45** Chips With Everything **19.00** Masterclass Pro. Ideal programme for the advanced computer user **19.30** Creative.TV **20.00** Closedown

SKY SCOTTISH
Astra H 10.862GHz

18.00 Kirsty **18.30** The Hearts Club **19.00** Touchdown Scotland. All the action from Sunday's game against the Barcelona Dragons **19.30** The Hibs Club **19.55** Scotland Today **20.00** Closedown

breeze
Astra V 10.847GHz

06.00 **E! Uncut** 65592200
06.30 **E! Mysteries and Scandals** 73279736
07.00 **Cook's Garden** 73986397
07.30 **Rosemary Conley's Cookbook** 73965804
08.00 **The View** 13500533
09.00 **Sally Jessy Raphael** 65578620
10.00 **Thirtysomething** 73067216
11.00 **E! Uncut** 35480007
11.30 **E! Mysteries and Scandals** Lana Turner 35481736
12.00 **The View** 10526736
13.00 **Cook's Garden** 73985668
13.30 **Rosemary Conley's Cookbook** 10539200
14.00 **Thirtysomething: Couples** Nancy, Elliott, Hope and Michael have different memories of a disastrous dinner party 23178787
15.00 **Livetime** Live magazine programme covering covering the worlds of health, beauty, fashion, food, gardening and the home 35485552
16.00 **Sally Jessy Raphael** 35577587
17.00 **Livetime** 47014484
18.00 **Closedown**

SKY NEWS
Astra V 11.377GHz

Sky News on the hour plus **06.00** Sunrise **10.30** ABC Nightline **11.30** World News **14.30** Parliament Live **15.30** Parliament Live **16.30** World News **17.00** Live at Five **19.30** Sportsline **20.30** Sky Business Report **21.30** Sky World News **22.00** Prime Time. A round-up of the national headlines presented by Laurie Mayer and Vivien Creegor **00.30** CBS Evening News **01.30** ABC World News Tonight **02.30** Sky Business Report **03.30** Global Village **04.30** CBS Evening News **05.30** ABC World News Tonight

Text 128

CNN INTERNATIONAL
Astra V 11.627GHz

News on the hour plus **05.00** This Morning **05.30** Insight **06.00** This Morning **06.30** Moneyline **07.00** This Morning **07.30** Sport **08.30** Showbiz **09.00** Larry King **10.30** Sport **11.30** American Edition **11.45** World Report **12.30** Science **13.15** Asian Edition **13.30** Business Asia **14.30** Newsroom **15.30** Sport **16.30** Travel **17.00** Larry King **18.45** American Edition **19.30** Business **20.30** Q&A **21.30** Insight **22.00** Business **22.30** Sport **23.00** World View **00.30** Moneyline **01.15** Asian Edition **01.30** Q&A **02.00** Larry King **03.30** Showbiz **04.15** American Edition **04.30** World Report

Text 200

CNBC
Astra V 10.729GHz

05.00 Europe Today **08.00** European Money Wheel. Analysis and commentary on the impact of the news on stocks, companies , bonds and currencies **13.00** CNBC's US Squawk Box **15.00** US Market Watch **17.00** US Power Lunch. Inside look at the day's most influential deals and dealmakers. Also focuses on entertainment, advertising and media **18.00** Europe Tonight **19.00** Future File **19.30** Street Signs. Following financial market activity during the last hour of trading on Wall Street **21.00** US Market Wrap **23.00** Future File. Daily close-up on the latest IT, new media, science and technological developments **23.30** Europe Tonight **00.00** Breakfast Briefing **01.00** CNBC Asian Squawk Box **02.00** Trading Day. Regional and global news **03.00** Trading Day **04.00** Trading Day

Bloomberg Television
Astra H 11.361GHz

24 hour business news with **06.00** Markets **06.19** Boarding **07.19** Clips **08.00** Trading **13.49** Clarke's Chronicle **16.00** Money Makers **16.57** Travel **17.15** Money **17.49** Clarke's Chronicle **19.45** Germany **20.19** Clips **20.49** Boarding **21.15** Money **22.57** Travel

CARTOON NETWORK
Astra H 11.023GHz

05.00 Omer and the Starchild **05.30** The Fruitties **06.00** Blinky Bill **06.30** Thomas the Tank Engine **06.45** The Magic Roundabout **07.00** Bugs Bunny **07.15** Road Runner **07.30** Tom and Jerry **07.45** Dexter's Laboratory **08.00** Cow and Chicken **08.15** Scooby Doo **08.30** Tom and Jerry Kids **09.00** The Magic Roundabout **09.30** Thomas the Tank Engine **10.00** Blinky Bill **10.30** Cave Kids **11.00** Perils of Penelope Pitstop **11.30** Help! It's the Hair Bear Bunch **12.00** Scooby Doo **12.30** Popeye **13.00** Droopy **13.30** Tom and Jerry. Cat and mouse capers **14.00** Yogi Bear **14.30** The Jetsons **15.00** The Addams Family **15.30** Scooby Doo. First of a scooby snack double helping **16.00** Scooby Doo **16.30** Dexter's Laboratory **17.00** Johnny Bravo **17.30** Cow and Chicken **18.00** Tom and Jerry **18.15** Road Runner **18.30** The Flintstones **19.00** Scooby Doo **19.30** The Mask **20.00** The Real Adventures of Jonny Quest **20.30** The Bugs and Daffy Show **21.00** Closedown

Text 102

NICKELODEON
Astra V 11.156GHz

06.00 Count Duckula **06.30** Grimmy **07.00** Hey Arnold! **07.30** Rugrats **08.00** Doug **08.30** Arthur **09.00** Children's BBC **10.00** Wimzie's House **10.30** Babar **11.00** The Magic School Bus **11.30** PB Bear - Little Red Tractor - Mr Men - Magic Mountain **12.00** Rugrats **12.30** Blues Clues **13.00** Bananas in Pyjamas **13.30** Franklin **14.00** Little Bear Stories **14.30** Children's BBC **15.00** Children's BBC **15.30** Doug **16.00** Pippi Longstocking **16.30** Rugrats **17.00** Sister, Sister - With Tamera and Tia Mowry **17.30** Kenan & Kel **18.00** Sabrina the Teenage Witch **18.30** Moesha **19.00** Closedown

Text 110

FOX KIDS network
Astra H 11.303GHz

06.00 Power Rangers **07.00** X-Men **07.25** Casper **07.35** Spiderman **08.00** Goosebumps **08.25** Sam & Max **08.35** Beetleborgs **09.00** Masked Rider **09.30** Fairy Tales **10.00** Pinocchio **10.30** Peter Pan **11.00** Oliver Twist **11.30** Huckleberry Finn **12.00** Gulliver **12.30** Eek!Stravaganza **12.42** Mouse and the Monster **12.54** Casper **13.06** Thunderlizards **13.18** Sam & Max **13.30** Extreme Heroes **14.00** Eagle Riders **14.30** Conan **15.00** Skysurfer **15.30** Donkey Kong **16.00** Casper **17.00** Goosebumps **17.25** Eerie, Indiana **17.50** Sam & Max **18.00** Goosebumps **18.25** Eerie, Indiana **18.50** Toonslyvania **19.00** Closedown

Trouble
Astra V 11.097GHz

07.00 Batman 9665026 **07.30** Earthworm Jim 9644533 **08.00** California Dreams 7571262 **08.30** Hang Time 7570533 **09.00** Ready or Not 7594113 **09.30** Heartbreak High 2325465 **10.30** Echo Point 7590397 **11.00** Batman 8560674 **11.30** Earthworm Jim. Our hero and Princess What's Her Name think they have overthrown the tyrannical Queen Slug at last 8561303 **12.00** Sweat. Teen drama following the fortunes of young athletes 7581649 **12.30** Heartbreak High. Allie packs Matt's bags and tells him to leave the warehouse. When he finds shelter at the Bordinos', Katerina takes full advantage of the situation 8106804 **13.30** Echo Point 2423378 **14.00** Hollyoaks 6995397 **14.30** Blast 7068397 **15.00** Sweat 6974804 **15.30** California Dreams 7063842 **16.00** Ready or Not 7059649 **16.30** Saved by the Bell 7048533 **17.00** Hollyoaks 6986649 **17.30** USA High 7062113 **18.00** Hang Time. After losing a big game, Fuller brings in the team for Saturday practice 7069026 **18.30** Bangs 3693552 **18.45** On the Make 3789303 **19.00** Saved by the Bell The students decide to hold a competition for a new school song 6999113 **19.30** USA High. Jack is annoyed when Lauren's old school friend appears, but soon discovers that his attentions are less than honourable 7049262 **20.00** Closedown

VH1 Astra V 11.538GHz

Text 200

07.00 **Power Breakfast** 73968991
09.00 **Pop-Up Video** 40726571
09.30 **VH1 Upbeat** 34288674
12.00 **Greatest Hits of...: George Michael** 10615674
13.00 **Mills 'n' Tunes** 10528194
14.00 **Jukebox** 37673197
15.00 **Toyah & Co** 30196262
17.00 **Five @ Five** 47191587
17.30 **Pop-Up Video** 17999216
18.00 **Hit for Six** 10611858
19.00 **Mills 'n' Tunes** 50870674
20.00 **VH1 Hits** 50783194
21.00 **Greatest Hits of...: George Michael** 50876858
22.00 **American Classic** 50879945
23.00 **George Michael Unplugged** Live 1996 performance 73988755
00.00 **Nightfly** 13572750
01.00 **Spice** 15975345
02.00 **VH1 Late Shift** 17250798

MTV Astra H 11.421GHz

Text 102

06.00 **Kickstart** 329910
09.00 **MTV Mix** 147858
12.00 **Non Stop Hits** 84736
14.00 **So '90s** 78129
15.00 **Non Stop Hits** 22649
16.00 **Select MTV** 7736
18.00 **Big Picture Special** The latest cinema news 9823
18.30 **Daria** New animated series from the creators of *Beavis and Butt-Head* 6303
19.00 **European Top 20** The latest chart run-down from the continent 41262
20.00 **Hot** News, videos and gossip presented by Sara Cox 50910
21.00 **Up for It** Live show hosted by Eddy Temple-Morris 43674
22.00 **Amour** Presented by Cat Deeley 40533
23.00 **The Lick R&B Chart** The UK's hottest R&B videos presented by Trevor Nelson 29397
00.00 **Beavis and Butt-Head** Pull my finger 19663
00.30 **Night Videos** Music through the night 5495798

THE BOX Astra H 11.244GHz

ALSO ON CABLE

From 02.00-07.00 music channel featuring viewers' requests, videos, interviews and competitions

FOREIGN CHANNELS

CANAL+ Thor1 H 12.015 GHz

0336 413 421

06.00 Morning programmes **09.30** Film: Snyltaren (1961) **11.30** I det vilda: Julia Roberts **12.25** Film: Cocktail (1988) **14.05** Film: Grumpier Old Men (1995) **15.45** Film: Poker Face (1996) **17.15** Film: Brylcreem Boys (1996) **19.00** Film: The Stupids (1996) **20.35** Film: Rapa Nui (1994) **22.20** Once a Thief **23.10** Film: Flipside (1996 - erotic) **00.35** NHL: Conference Semi-Final **03.30** Film: Robinson Crusoe (1996) **05.00** 1900-talets giganter **05.30** NHL Resumé

TV 1000 Intelsat 707 1°W V 11.054GHz

0336 413 428

05.00 Morning programmes **09.00** Film: Min andra familj (1996) **11.00** Film: Annie (1982) **13.15** Film: When Saturday Comes (1995) **15.00** Film: The Bride (1985) **17.00** Film: Empire Records (1995) **18.45** Film Magazine **19.00** Film: Family Reunion (1995) **20.45** Film: Die Hard (1988) **23.00** Film: Bend Over Babes 4 (erotic) **01.30** Film: Trade Off (1995) **03.00** Film: Gridlock (1995)

Astra V 10.788GHz

04.00 Morning programmes **08.00** News **08.30** Buniyaad **09.00** Jeevan Jyoti **09.30** Massaya di Raat **10.00** Karb **11.00** Pot Luck **11.30** Daraar **12.00** Hindi Film: Zinda Dil **15.00** Chashme Badoor **15.30** Dastaan **16.00** Campus **16.30** Vikram Aur Betaal **17.00** Aur Ek Minute **17.30** Antakshari **18.00** Banegi Apni Baat **18.30** Lollywood **19.00** Dam Dama Dam **19.30** Cinemagic **20.00** News **20.30** Andaz **21.00** Hasratein **22.00** Big Debate **22.30** Thursday Suspense **23.30** Zee Horror Show **00.00** Closedown

ZDF Astra H 10.964GHz

TEXT 300

04.30 Morning programmes **13.00** Gesundheit! **13.15** Expedition **14.00** heute **14.03** Mensch Ohrner! **15.00** heute **15.10** Risiko **16.00** heute **16.15** hallo Deutschland **16.40** heute **16.50** Ein Fall für zwei **18.00** heute **18.20** Wetter **18.25** Evelyn Hamanns **19.15** Ehen vor Gericht **20.15** auslandjournal **20.45** heute **21.13** Wetter **21.15** Die Johannes B Kerner-Show **22.00** Vor die Wahl gestellt **23.00** heute nacht **23.15** Night programmes

3sat Astra V 11.347GHz

TEXT 300

05.50 Morning programmes **12.00** Auto & Mobiles **12.30** Häferlgucker unterwegs **13.00** Bi uns to Hus **13.45** Fernsehen als Zeitgeschichte **15.00** Aus anderer Sicht **15.30** Jetzt zieht Leutnant Jünger seinen Mantel aus **16.15** Terranet c@fé **16.45** Geldbörse **17.15** Ländermagazin **18.00** heute **18.20** Kulturzeit **19.00** Tagesschau **19.15** Film: Letter to Brezhnev (1985) **20.45** Kurzfilm **21.00** Zeit im Bild 2 **21.25** Berliner Begegnungen **22.00** Party, Party **22.55** Designerwelten **23.15** Seitenblicke **23.20** 10 vor 10 **23.45** Kulturzeit **00.20** Night programmes

RTL TELEVISION Astra V 11.229GHz

TEXT 300

05.00 Morning programmes **12.00** Stadtklinik **13.00** Bärbel Schäfer **14.00** Ilona Christen **15.00** Hans Meiser **16.00** Jeopardy! **16.30** Unter uns **17.00** Guten Abend RTL **17.30** Exclusiv: Das Star-Magazin **17.45** RTL aktuell **18.10** Explosiv: Das Magazin **18.40** Gute Zeiten, schlechte Zeiten **19.15** Alarm für Cobra 11 **20.15** Balko **21.15** Die Wache **22.10** Burkes Gesetz **23.00** RTL-Nachtjournal **23.30** Ellen **00.00** Love & War **00.30** Bärbel Schäfer **01.20** Notruf täglich **01.50** RTL-Nachtjournal **02.20** Hans Meiser **03.10** Ilona Christen **04.00** Night programmes

SAT.1 Astra V 11.288GHz

0336 413 426

TV TEXT 300

04.30 Morning programmes **11.00** Vera am Mittag **12.00** Sonja **13.00** MacGyver **14.00** Star Trek: Raumschiff Voyager **15.00** Baywatch Nights **16.00** Jeder gegen Jeden **16.30** 17:30 **17.00** blitz **17.30** 18:30 **17.47** SAT.1Wetter **17.50** ran: SAT.1-Sport **18.00** Geliebte Schwestern **18.30** Glücksrad **19.15** Zugriff **20.15** Für alle Fälle Stefanie **21.15** alphateam: Die Lebensretter im OP **22.15** Die Harald Schmidt Show **23.15** Monty Python's Flying Circus **23.55** Ein Witzbold namens Carey **00.25** The Making of... **00.55** Star Trek: Raumschiff Voyager **01.45** Baywatch Nights **02.40** Jörg Pilawa **03.30** Geliebte Schwestern **04.00** blitz

ADULT ADULT ADULT ADULT ADULT

PLAYBOY TV Astra H 11.671GHz

23.30 Free Teaser 24531620 **23.35** Peep Show 92234736 **23.45** Film: Other Men's Wives. A committed philanderer makes an effort to mend his ways 26743378 **01.20** Film: Adult Stars Close Up - Kinky. Insight into the minds of adult stars 93678088 **02.15** The Really Naked Truth 71073243 **02.45** Film: Bordello. Tale of a female casino owner 96451717 **04.00** Closedown

The Adult Channel Astra V 10.788GHz

0336 413 400

00.00 Dish of the Day 26166281 **00.10** Girls Who Like Girls: Part 1 83998561 **00.25** Strap on Sally: Series - Part 1 51246246 **01.00** Siren. Erotic lesbian drama 93694026 **01.55** Film: First Time Ever - The New Harvest. Continuing adventures of the farm boy made good 97033026 **02.55** Misti Girls 48788571 **04.00** Closedown

Fantasy Channel Astra V 10.979GHz from 00.00-04.00

0336 413 400

00.00 Free 3784736 **00.10** Stripper of the Year 3773620 **00.20** Sorority Sex Kittens 3623216 **00.45** Film: Badlands 2 7131755 **01.00** Free 6499649 **01.05** Film continues 9167465 **02.00** Visions 72736668 **02.20** Film: Fifty & Still Pumping 2657587 **03.55** On Tomorrow 35427668 **04.00** Closedown

GAY Gay TV Astra V 10.979GHz from 04.00-05.30

All programmes are subject to change

Gay TV is Britain's first adult gay television station and it features a mix of erotic series, special programmes and gay films from both Europe and America - full programme details for May were unavailable at the time of going to press

CABLE & MULTI SATELLITE CHANNELS

TARA Cable

12.00 The Room Outside **12.30** The Pulse **13.00** Dodge the Question **13.30** Star Treks **14.00** Forum 2000 **14.30** PM Live **16.30** Vintage Glenroe **17.00** Here to Stay **17.30** Job Talk **18.00** Six-One **19.00** Gourmet Ireland **19.30** Undercover **20.30** Glenroe **21.00** Classic Irish Soccer. Jack Charlton's Ireland take on Spain in 1989 in a qualifier for the 1990 World Cup Finals **23.00** News **23.20** Planet Rock Profiles **23.50** Chart Highlights **00.00** Closedown

LIVE TV Cable

06.00 Morning programmes **12.00** The Why Files **12.30** Serial Killers **13.00** Lie Detector **13.30** Judge Judy **14.00** Fashion Show **14.30** Revelations **15.00** Fate and Fortune **15.30** Lie Detector **16.00** Living Room Legends **16.30** Judge Judy **17.00** Agony **17.30** Odds on Sport **18.00** Fashion Show **18.30** Dial a Doc **18.45** What's in the Box **19.00** Living Room Legends **19.30** Agony **19.59** City Tips **20.00** Lie Detector **20.30** Judge Judy **20.59** City Tips **21.00** Dog Night Live **22.00** Darts **22.02** Odds on Sport **22.30** Sex Show **23.00** City Tips **23.01** Darts **23.02** Exotica **00.00** Night programmes

KNOWLEDGE Cable

11.00 Open University **11.30** Open University **12.00** Open University **12.30** Open University **13.00** World Business Review **13.30** New Media News **14.00** JEC Virtual Trade Show **15.00** World History & Geography **15.30** Azimuths **16.00** Performing Arts Theatre **17.00** Open University **17.30** Open University **18.00** Open University **18.30** New Media News **19.00** JEC Virtual Trade Show **20.00** Open University **20.30** World Business Review **21.00** World Geography & History **21.30** Azimuths **22.00** Performing Arts Theatre **23.00** Closedown

CABLE & MULTI SATELLITE CHANNELS

travel TRAVEL Cable

TEXT 200

12.00 Great Escape **12.30** Wonderful World of Tom **13.00** Sports Safaris **13.30** Food Lover's Guide **14.00** On Tour **14.30** Floyd on Spain **15.00** People and Places of Africa **15.30** Thousand Faces of Indonesia **16.00** On Top of the World **17.00** Sports Safaris **17.30** Aspects **18.00** Food Lover's Guide **18.30** On Tour **19.00** Great Escape **19.30** Wonderful World of Tom **20.00** Stepping the World **20.30** Flavours of France **21.00** Mekong **22.00** On the Horizon **22.30** Far Flung Floyd **23.00** Aspects **23.30** Thousand Faces of Indonesia **00.00** Closedown

SCIFI Cable

ALSO ON ASTRA H 11.170GHz

07.30 Bloomberg Television **08.00** G-Force **08.30** Bionic Six **09.00** Battlestar Galactica **10.00** The Tomorrow People: Secret Weapon **10.30** Jupiter Moon **11.00** Dark Shadows **11.30** New Alfred Hitchcock **12.00** The Twilight Zone **12.30** The Twilight Zone **13.00** Tales of the Unexpected **13.30** Ray Bradbury Theatre **14.00** Voyagers! **15.00** The Six Million Dollar Man **16.00** Swamp Thing **16.30** My Secret Identity **17.00** Amazing Stories **17.30** Inside Space **18.00** C/Net Central **18.30** The New Edge **19.00** Battlestar Galactica **20.00** Quantum Leap. Sam becomes Cheree, a member of an all-girl group **21.00** PSI Factor: Chronicles of the Paranormal **22.00** Film: Star Command (1995) Six young 22nd-century space cadets are thrown in at the deep end when their initial training session becomes a mission to save the world **00.00** Sightings **01.00** The Bionic Woman **02.00** Friday the 13th **03.00** Tales of the Unexpected **03.30** Dark Shadows **04.00** Closedown

Performance Cable

19.00 Vienna Philharmonic **19.30** Great Arias **20.00** Itzhak Perlman **21.15** Grace Kelly **21.30** Dance **23.00** Booker T Jones **00.00** Midnight Jazz **01.00** Closedown

ANIMAL PLANET Eutel 13°E H 11.052GHz

09.00 Nature Watch **09.30** Kratt's Creatures **10.00** Rediscovery **11.00** From Monkeys to Apes **11.30** Amphibians **12.00** Dogs **12.30** The Flying Vet **13.00** Zoo Life **13.30** Animal Doctor **14.00** Nature Watch **14.30** Kratt's Creatures **15.00** Human/Nature **16.00** Hunters **17.00** Animal Planet Classics **18.00** Nature Watch **18.30** Kratt's Creatures **19.00** Zoo Life **19.30** Animal Doctor **20.00** It's a Vet's Life **20.30** Wildlife SOS **21.00** Wild at Heart **21.30** Animal Adventures **22.00** Human/Nature **23.00** Animal Planet Classics **00.00** Closedown

CHANNEL ONE Cable

Local news on the hour plus: **10.30** Album Show **11.30** The Catwalk Show **12.30** Cybernet **13.30** Inside Hollywood **14.30** Album Show **15.30** PDQ **16.30** Cinema **17.30** PDQ **18.30** Album Show **19.30** PDQ **20.30** The A-Z of Food **21.30** Cinema **22.30** PDQ **23.30** Album Show **00.00** News & music all night

BBC WORLD Eutel II F1 13°E V 11.620GHz

News on the hour plus: **05.30** The Money Programme **06.30** Clothes Show **07.30** Hard Talk **08.30** Film '98 **09.30** The Money Programme **10.30** Hard Talk **11.30** Holiday **12.00** Today **13.30** Money Programme **14.15** Business **14.30** Today **15.30** Top Gear **16.30** Hard Talk **17.30** Clothes Show **18.00** Today **19.30** Hard Talk **20.30** Panorama **21.10** Business **21.30** Earth Report **22.10** Europe **23.15** Business **23.30** Hard Talk **00.00** Night programmes

BET! Cable

06.00 Video Soul **08.00** Impressions **09.00** Un Real **11.00** Jazz Central. Concert series **12.00** Schedule repeats 06.00-11.00

NBC Europe Cable/ Eutel 13°E V 10.987GHz

CNBC: EUROPEAN BUSINESS SERVICE ON ASTRA V 10.729GHz

TEXT 300

0336 413 429

05.00 Europe Today **08.00** European Money Wheel CNBC Europe **11.00** Internight **12.00** Time and Again **13.00** European Living: Travel Xpress **13.30** VIP **14.00** The Today Show **15.00** Home and Garden Television: Company of Animals **15.30** Dream Builders **16.00** Time and Again **17.00** European Living: Wines of Italy **17.30** VIP **18.00** Europe Tonight Live **18.30** The Ticket NBC **19.00** Dateline NBC **20.00** NBC Super Sports: NHL Power Week. The latest ice hockey news and action from North America **21.00** The Tonight Show with Jay Leno. From Chicago **22.00** Late Night with Conan O'Brien **23.00** The Ticket NBC **23.30** NBC Nightly News with Tom Brokaw **00.00** The Tonight Show with Jay Leno **01.00** MSNBC Internight **02.00** VIP **02.30** Executive Lifestyles **03.00** The Ticket NBC **03.30** Hello Austria, Hello Vienna **04.00** MSNBC's The News with Brian Williams

CARBON SELECT Cable

17.00 Blockbusters **17.30** Hey Dad II **18.00** Byker Grove **18.30** A Country Practice **19.00** London Bridge **19.30** Cut and Run **20.00** The Bounder **20.30** That's Love **21.00** Kennedy **22.00** Auf Wiedersehen, Pet **23.00** St Elsewhere **00.00** Doctor Down Under **00.30** Tales of the Unexpected **01.00** Closedown

CARLTON FOOD AND COOKERY Cable

09.00 FND **09.30** Food for Thought **10.00** Who's Cooking? **10.30** What's Cooking? **11.00** Thompson **11.30** Kerr's Kitchen **12.00** FND **12.30** Caribbean **13.00** Food for Thought **13.30** Ideal **14.00** Perfect Pasta **14.30** FND **15.00** Ballymaloe **15.30** Thompson **16.00** From the Ground Up **16.30** Country Cooking **17.00** Closedown

HVC Cable

20.00 Private I **21.35** Savage Justice **23.00** Film: Lovers' Paradise. Erotic feature film **00.00** Closedown

UK ARENA UK ARENA cable

18.00 To Serve Them All My Days **19.00** Beethoven Symphonies **20.15** The Frame **20.30** How Buildings Learn **21.00** Wodehouse Playhouse: Trouble Down at Tudsleigh **21.30** The Buddha of Suburbia **22.45** The Frame **23.15** Later on... Jools '97 **00.00** Closedown

UK HORIZONS cable

07.00 Flight of the Condor **08.00** I'm Not Stupid **08.30** Four Tarts & a Tenor **09.00** The Ascent of Man **10.00** Great Mysteries & Myths **10.30** Vets in Practice **11.00** The Human Animal **12.00** Watergate **13.00** Island Race **13.30** Making Babies **14.30** Pioneers **15.00** Sylvania Waters **15.30** Crime Limited **16.00** Redcaps **16.30** Savage Paradise **17.30** Mysteries with Carol Vorderman **18.00** Animal Hospital Week **18.30** Wildlife on UK Horizons **19.00** The Power & the Glory **19.30** Storm Warning **20.00** Return of the Blood Suckers **20.30** Plastic Fantastic **21.00** Out of the Ashes **22.00** Nightmares of Nature **22.30** Cheating Hearts **23.30** Eunuchs **00.30** Great Mysteries & Myths **01.00** Closedown

UK STYLE UK STYLE cable

14.00 Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Change That **15.30** Stefan's Garden Roadshow **16.00** Dream Ticket **16.30** Food and Drink **17.00** Antiques Roadshow **18.00** Call My Bluff **18.30** Real Rooms **19.00** From A to B: Tales of Modern Motoring **20.00** Dream Ticket **20.30** Change That **21.00** Can't Cook, Won't Cook **21.30** Style Challenge **22.00** Call My Bluff. Four more celebrity guests cross wits with team captains Alan Coren and Sandi Toksvig **22.30** Des Res **23.00** Holiday in Style **00.00** Closedown

English translations of the foreign channels

FOR MORE CHANNELS SEE LISTINGS EXTRA