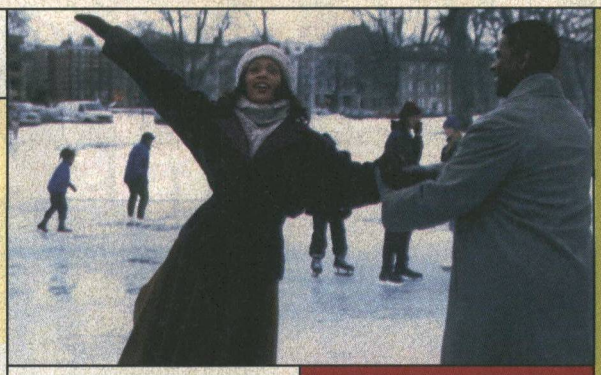
Thursday 3 December

SKY PREMIER
PREMIUM CHANNEL

6.00am Old Gringo
1989, rating Sky PG, DS, 112 mins
8.00 Heart of Fire
1996, rating Sky PG, 86 mins
10.00 Mrs Winterbourne
Ricki Lake, Shirley MacLaine
1996, rating Sky PG, 101 mins
12noon Old Gringo
Jane Fonda, Gregory Peck
1989, rating Sky PG, DS, 112 mins
2.00pm Mother Knows Best
Joanna Kerns, Christine Elise, Grant Show, David Spielberg, Kristen Dalton, Jeanette O'Connor
Bone-chilling thriller in which a domineering mother goes to extreme lengths to end her daughter's happy marriage.
1997, rating Sky PG, 85 mins
4.00 Heart of Fire
Patrick Duffy, Steve Jacobs, Troy Winbush, Kerry Armstrong
Drama about a courageous firefighter who decides to save his marriage after rescuing a small girl from an explosion. **Last Play**
1996, rating Sky PG, 86 mins
5.30 Mrs Winterbourne
Ricki Lake, Shirley MacLaine, Brendan Fraser, Peter Gerety
Romantic comedy. Down on her luck, pregnant and penniless, Connie Doyle leaves the man who doesn't love her and boards a train to a new life. It's the wrong train but by a twist of fate it leads her to the life she has always dreamed of. *1996, rating Sky PG, 101 mins*
7.30 Hollywood Buzz
A weekly look at what's in and what's not in Tinseltown.
8.00 The Preacher's Wife
Denzel Washington, Whitney Houston, Gregory Hines, Courtney B Vance,
PREMIERE Heartwarming comedy. Reverend Henry Biggs is losing faith in his ability to help the troubled community. But when Dudley, an angel, arrives on the scene he soon proves to be both a help and a hindrance.
Text *1996, rating Sky U, 119 mins*
10.00
Never Talk to Strangers
Rebecca DeMornay, Dennis Miller
PREMIERE Tense thriller about a criminal psychologist who after falling in love with a sexy stranger, finds herself the victim of a sinister stalker. *1995, rating Sky 18, DS, 82 mins*
11.35
Come See the Paradise
Dennis Quaid, Tamlyn Tomita
Sweeping romantic drama set during World War II. *1990, rating Sky 15, 127 mins*
1.50am Summer of Fear
Gregory Harrison, Glynnis O'Connor
1996, rating Sky 15, 88 mins
3.25-5.30am
Children of a Lesser God
Text *1986, rating Sky 15, 114 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Seasons of the Heart
1994, rating Sky PG, 89 mins
7.30 The Double Man
1967, rating Sky PG, 100 mins
9.15 The Associate
1996, rating Sky PG, 109 mins
11.15
Battle for the Planet of the Apes
1973, rating Sky PG, 83 mins
1.00pm Blue Rodeo
1996, rating Sky PG, 87 mins
3.00 Seasons of the Heart
Carol Burnett, George Segal, Eric Lloyd, Malcolm McDowell, Jill Teed, Scott Marlowe
Contemporary drama about a pair of elderly lovers whose lives are shaken up by the arrival of the woman's young grandson.
1994, rating Sky PG, 89 mins
4.30 The Double Man
Yul Brynner, Britt Ekland, Clive Revill, Anton Diffring
Thriller in which an American spy realises that the death of his son in the Austrian Alps was no accident, but an attempt to kidnap and replace him with an exact double to infiltrate the CIA. *1967, rating Sky PG, 100 mins*
6.30 The Associate
Whoopi Goldberg, Eli Wallach, Dianne Wiest, Tim Daly, Bebe Neuwirth
Comedy about a bright business woman who is frustrated by the male domination of her work environment. To overcome the sexism she invents a male business partner but runs into difficulty when she realises she can't keep him secret for long.
1996, rating Sky PG, 109 mins
8.30
E! News Week in Review
Weekly magazine providing all the latest news from Hollywood.
9.00 Unwed Father
Brian Austin Green, Nicholle Tom
PREMIERE Drama about a carefree college student whose life is turned upside down when his girlfriend gets pregnant and dumps the baby on his doorstep. He needs to decide where his priorities lie and must shape up to his new responsibilities as a father.
1997, rating Sky PG, 86 mins
11.00 Dangerous Ground
Ice Cube, Elizabeth Hurley
Thriller in which a man returns to the country he left twelve years previously, and begins a frantic search for his missing brother.
Text *1997, rating Sky 18, 91 mins*
12.40am Indecent Behavior 3
Shannon Tweed, Sam Hennings
1995, rating Sky 18, 92 mins
2.20 Seeds of Doubt
1996, rating Sky 18, 90 mins
3.55-6.00am
Bad Medicine



Whitney Houston and Denzel Washington star in 'The Preacher's Wife'. Sky Premier 8.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm Buck Privates Come Home
Bud Abbott, Lou Costello, Tom Brown, Joan Fulton, Nat Pendleton, Beverly Simmons
Crazy Abbott and Costello comedy which sees the hilarious pair returning from the army and getting involved with an orphan who wants to go to America. *1947, rating Sky U, 81 mins*
6.00 Mr Lucky
Cary Grant, Laraine Day, Gladys Cooper, Charles Bickford
Comedy about gambler/con artist Joe Adams, who takes the identity of a dead gangster in order to avoid the draft. With the funds from a war relief charity he plans to set up a gambling operation, until he falls in love with one of his latest would-be victims.
1943, rating Sky U, 95 mins
8.00 Blood on the Moon
Robert Mitchum, Robert Preston
Western about a cowboy who upon arriving at a friends ranch, is pressured into driving out native Indians living on nearby land, revealing a sinister plot that ensures the pair become enemies.
1948, rating Sky U, 84 mins
9.30 Hollywood Hall of Fame: Paul Newman
Profiling a 30-year career.
10.00 The Hustler
Paul Newman, Jackie Gleason
Acclaimed drama about hot-shot young pool hustler Fast Eddie Felsen and his intense rivalry with low-life king of the pool halls Minnesota Fats. The naïve, but undeniably talented Felsen achieves a level of notoriety on the scene before his winning streak takes a turn for the worst
1961, rating Sky PG, 129 mins
12.15am The French Connection
Gene Hackman, Fernando Rey
1971, rating Sky 18, 99 mins
2.00 Beyond the Clouds
Fanny Ardant, Irene Jacob
1995, rating Sky 18, 105 mins
3.50-5.30am Sink the Bismarck!
Kenneth More, Carl Mohner
1960, rating Sky U, 93 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled
on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Treasure Island
Charlton Heston, Christian Bale, Christopher Lee, Oliver Reed
Vibrant adaptation of Robert Louis Stevenson's classic story of a perilous treasure hunting expedition, a secret map, a young boy and a ruthless pirate. The arch villain Long John Silver is played by Charlton Heston, whose son Fraser made his directorial debut with this film, which he also wrote and produced. *1990, 131 mins*
11.30 The Wings of Eagles
John Wayne, Maureen O'Hara
A biographical film about military aviator Frank 'Spig' Wead whose obsession with aviation caused the breakdown of his marriage and eventual alienation from normal society. *1957, 110 mins*
1.30am The 25th Hour
Drama. *1967, 114 mins*
3.30-5.00am
Escape from East Berlin
Adventure drama. *1962, 86 mins*



CABLE GUIDE HAS A NEW WEBSITE!
For listings of all your favourite cable channels, plus BBC1, BBC2, ITV, Channel 4 and Channel 5, visit our online guide at http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Bob la Flambeur
Roger Duchesne, Isabel Corey
Jean-Pierre Melville's stark film noir portrait of the Pigalle district of Paris, were the hero treads his way home from the gaming tables, planning a heist of the casino that will make his fortune. Along the way, double-crosses, police interest and mysterious ladies cross his path. In French with subtitles. *1955, 98 mins*
8.00 To Die For
Nicole Kidman, Matt Dillon
Gus Van Sant's razor-sharp black comedy. Suzanne Stone is an ambitious New Hampshire girl who starts off her career as the weather presenter of the local cable television station and carefully plans her bid for TV stardom. *1995, 102 mins*
9.50 The Six O'Clock News
Eccentric film-maker Ross McElwee's documentary about his journey across America to meet the victims of real-life disasters and how they really cope with personal tragedy. He talks to the families of murder victims and to those who have had miraculous escapes.
11.30 Un Flic
Alain Delon, Catherine Deneuve
Crime drama about a cop who is tracking down a heroin ring while spending time with the girlfriend of a gand boss. *1972, 105 mins*
1.10am The Usual Suspects
Thriller. *1995, 101 mins*
2.55 Public Access
Drama. *1994, 86 mins*
4.25-6.00am Ghidora, the Three Headed Monster
Godzilla thriller. *1964, 93 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
NIL BY MOUTH
Drama centred around the complex, violent relationship between alcoholic Ray (Ray Winston) and Valerie (Kathy Burke). Written and directed by Gary Oldman. *1997, rating Sky 18, 128 mins*
PLAYS AT 10.00pm, 12.30am, 3.00am

Sky Box Office 2
Channel 52
AIR FORCE ONE
Harrison Ford stars as the world's most powerful man – the US President – in this thriller in which the premier finds himself trapped on board a hijacked plane. *1997, rating Sky 15, 120 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
MY BEST FRIEND'S WEDDING
Romantic comedy starrring Julia Roberts. *1997, rating Sky 12, 101 mins*
PLAYS AT 6.30am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
ALIEN RESURRECTION
In the fourth of the *Alien* sci-fi saga, Sigourney Weaver returns from the dead as a cloned Ellen Ripley with an alien baby inside her, only to find mutant DNA in her blood. *1997, rating Sky 18, 105 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 3 December

SKY ONE
ACTION/ SELECTION PACKS

7.00am The Simpsons Text
7.30 The Chris Evans Breakfast Show 8.30 Hollywood Squares 9.00 Guilty! 10.00 Sally Jessy Raphael 11.00 The Oprah Winfrey Show 12noon The Chris Evans Breakfast Show 12.55pm The Special K Collection 1.00 Days of Our Lives 1.55 The Special K Collection 2.00 Sally Jessy Raphael 2.55 The Special K Collection

3.00 Jenny Jones
Giant Babies and Children
Jenny takes a look at the phenomena of large babies.
3.55
The Special K Collection
4.00 Guilty!
Columnist Carole Malone's talk show in which guests resolve their problems in a courtroom setting with the help of a judge and jury.
5.00 Star Trek: Deep Space Nine
Return to Grace
A demoted Dukat enlists Kira's aid in regaining his former status in the Cardassian Empire. Text
6.00
Married... With Children
The Weaker Sex
Peggy brings down a thief. Text
6.30 Dream Team
Jerry reveals a secret.
7.00 The Simpsons
Homerpalooza
Homer takes Bart and Lisa to the Hullabalooza music festival. Text
7.30 Real TV
Dramatic real-life video footage.
8.00 America's Dumbest Criminals
Highlighting the unluckiest and most inept criminals at work.
8.30 World's Weirdest TV
Hosted by Jenny Powell.
9.00 Friends
The One Where Nana Dies Twice Text
9.30 Friends
The One Where Underdog Gets Away Text
10.00 ER
Motherhood
In an episode directed by Quentin Tarantino, Lewis delivers her sister's baby and Carter hears some disastrous news.
11.00 Dream Team
Luis returns from Argentina and vows to make a new start.
11.30 Star Trek: Deep Space Nine
Return to Grace
A demoted Dukat enlists Kira's aid in regaining his job. Text
12.30am Renegade
Sins of the Father
Reno teams up with Dutch Dixon's vengeful son to bring Dutch to justice – but the son may be just as devious as the father.
1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.30 Neighbours
7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Angels
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas 2.55 The Bill
The Old Pals' Act

3.25 The Bill
All's Fair
Is the injured man the victim or the criminal?
3.55 EastEnders
More drama from the long-suffering inhabitants of Albert Square in London's East End.
4.30 Angels
Medical drama set in St Angela's hospital. Stars Fiona Fullerton.
5.00 All Creatures Great and Small
Dog Days
The result of the post-mortem is known, and James finds that a vet's life is not always enviable.
6.00 Due South
Burning Down the House
Fraser returns from holiday to find his life turned upside down. Ray Vecchio has vanished, but no one else has noticed.
7.00 May to December
That'll Be the Day
Alec and Zoe celebrate their first anniversary of co-habiting.
7.40
It Ain't Half Hot, Mum
Pale Hands I Love
Sergeant-Major Williams's life is threatened by the dreaded Black Scorpion, Tong.
8.20 Dad's Army
Don't Fence Me In
9.00 Fawlty Towers
Gourmet Night
Basil's new chef tries to turn Fawlty Towers into a gourmet's paradise.
9.40 FILM: Leon
Jean Reno, Gary Oldman
Stylish, violent thriller about a hit man who saves a 12-year-old girl from a murderous gang of corrupt cops in New York City. A complex relationship develops as the little girl thirsts for revenge, and the assassin becomes increasingly vulnerable to his emotions. *1994*
11.45 The Bill
The Old Pal's Act
12.15am The Bill
All's Fair
12.45 Hamish Macbeth
The Lochdubh Deluxe
1.45 Funny for Money
2.25-2.55am 100 Years of Horror
Bela Lugosi

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 The Roseanne Show
9.50 The Jerry Springer Show
10.40 Michael Cole
11.30 Brookside
12noon Special Babies
12.30pm Rescue 911
1.00 Beyond Belief
1.30 Ready, Steady, Cook
2.05 Rolonda
My Brother's No Romeo
2.55 Living it Up!
Lifestyle magazine featuring celebrity guests, fashion advice and a team challenge.

3.55
The Jerry Springer Show
Outrageous American talk show in which the host and his guests engage in lively debate.
4.45 Tempestt
It's Been Years Since High School... What Happened to You?
Entertaining talk show.
5.35
Can't Cook, Won't Cook
Two hopeless cooks attempt to create a delicious dish with the help of a celebrity chef.
6.10
The Jerry Springer Show
Outrageous American talk show in which the host and his guests engage in lively debate.
7.00 Rescue 911
Stories of real-life rescues by American emergency services.
7.30 Beyond Belief
Anthology mystery series with true and misleading stories.
8.00 Ally McBeal
The Dirty Joke
American comedy drama series. Ally tries to prove she is not a goody-goody by learning how to tell dirty jokes.
9.00
FILM: All She Ever Wanted
Marcia Cross, James Marshall, Leila Kenzie, Bruce Kirby
Drama about a woman's frustrating experience with conflicting emotional and physical demands. Because of her depression, she is dependent on drugs, but at the same time, she is also desperate to have a child. *1996*
11.00-12midnight
The Spicy Sex Files
Hot Stuff
Katrina Buchanan presents the sex magazine show.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am The Box 7.00 On the Buses 7.30 The Fenn Street Gang 8.00 Surgical Spirit 8.30 No Honestly 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Piglet Files 1.30 Watching 2.00 thirtysomething

3.00 The Casebook of Sherlock Holmes
Shoscombe Old Place
Holmes is brought in to investigate when Sir Robert Norberton seems to be going mad.
4.00 The Professionals
The Rack
CI5 is placed on trial after 'busting' a long-suspected narcotics group. With Lewis Collins and Gordon Jackson.
5.00 Hawaii Five-0
Will the Real Mr Winkler...
An obscure shopkeeper becomes the catalyst in a plot to assassinate a high-level Iron Curtain defector.
6.00 Emmerdale
Tony Charlton's Christmas collection is hampered by a Scrooge-like Alan Turner.
6.30
Classic Coronation Street
7.00 Mission: Impossible
The Spy
NATO's missile defence system plans are the target of a Central European spy network. Stars Peter Graves.
8.00 The Professionals
The Rack
CI5 is placed on trial after 'busting' a long-suspected narcotics group. With Lewis Collins and Gordon Jackson.
9.00
Classic Coronation Street
Len and Rita are in trouble.
9.30 Sez Les
10.00 Jokers Wild
10.30-11.00pm
Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Motor Week
Topical motoring news programme with Chris Goffey.
11.30 4 Wheels
John Stanley burns rubber with the Mitsubishi GT3000.
12midnight Rally World
Presented by Eric Michell.
12.30am Car File
This edition profiles the Vauxhall Astra.
1.00
E! True Hollywood Story
2.00-6.00am The Box

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.30 Timon and Pumbaa 8.45 Winnie 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.15 Tots TV 10.30 Let's Wiggle 10.35 Garage 10.50 PB and J Otter 11.00 Sesame St 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.15 Tots TV 1.30 Let's Wiggle 1.35 Garage 1.50 PB and J Otter 2.00 Winnie 2.30 Quack Pack

3.00 The Little Mermaid
Undersea adventures of the beautiful mermaid Ariel. Text
3.30 Timon and Pumbaa
3.45 Aladdin
Cartoon adventures. Text
4.10 101 Dalmatians
Pongo, Perdita and their 15 pups now live on a farm with Roger and Anita.
4.40 Art Attack
Award-winning art show. Text
5.00 Smart Guy
More comedy adventures with TJ, the 10 year old whizz-kid puzzled by teenagers. Text
5.30 Microsoap Text
5.45 Recess Text
6.00 The Wonder Years
Growing Up
More problems with the Arnold youngsters. Text
6.30 Boy Meets World
City Slackers Text
7.00 Pepper Ann Text
7.15 Brotherly Love
The Liberty Bell Show
Matt's heart is broken. Text
7.45 Microsoap
Starring Jeff Rawle.
8.00 FILM: The Love Bug
John Hannah, Bruce Campbell, Dean Jones, Mickey Dolenz
Remake of the story of Herbie, the Love Bug. The inimitable VW Beetle is destined for the scrap-heap until mechanic Hank takes him over and gives him a new lease of life. *1996*
9.30-10.00pm Microsoap
Fun-filled kids' sitcom.

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

THURSDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

The Preacher's Wife
Sky Premier 8.00pm
Whitney Houston is the wife of a preacher who believes he's losing his touch. But when angel Denzel Washington is sent from on high to help, he has heavenly eyes for Whitney. That's not how angels are supposed to act and Denzel has to find a solution.

GENERAL

David Bowie Day
VH1 starts 8.30am
Nobody in pop has changed as much as Bowie, so a whole day of his songs is hardly enough. We start the celebrations with *Planet Rock Profile*, a look at the career of the man who began his rock life as David Jones before becoming Ziggy Stardust and the Thin White Duke.

ADVERTISEMENT



LEON
9.40PM
UK GOLD

Luc Besson directs this action thriller about a professional assassin (Jean Reno) who reluctantly agrees to teach his 12-year-old neighbour the art of killing so that she may seek revenge on a corrupt cop (Gary Oldman) who massacred her family.

Thursday 3 December

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Sailing
8.00 Adventure
9.00 Luge
10.00 Luge
11.00 Football
European Championship action.
12noon Motorsports
1.00pm Snowboard
Giant slalom action from the FIS World Cup in Italy.
1.30 Cart

3.00 PM
3.00 Tennis
Coverage of the exhibition in Geneva, Switzerland. Coverage from three charity matches played in aid of various children's foundations. The players include John McEnroe, Yannick Noah and Anna Kournikova.

5.00 PM
5.00 Trial
The second round of the ATPI Tour in Italy.

6.00 PM
6.00
Alpine Skiing – LIVE
Coverage from the women's World Cup at Mammoth Mountain. With competitors including Hilde Gerg and Martina Ertl.

7.00 PM
7.30 Boxing – LIVE
Coverage of an International contest.

8.00 PM

9.00 PM

10.00 PM
10.00 Sumo
Coverage of days one to three from the Grand Sumo Tournament in Fukuoka.

11.00 PM
11.00 Motorsports
Motors magazine.

12.00 NIGHT TIME
12midnight-12.30am Snowboard
Coverage of the FIS World Cup in Bardonecchia.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Fastrax
6.30 Unbelievable Sports
7.00 Sky Sports Centre
7.15 World Wrestling Federation – Shotgun
8.15 Sky Sports Centre
8.30 Racing News
9.00 Aerobics Oz Style
9.30 Golf: Sun City Million Dollar Challenge – LIVE
2.30pm Golf: Australian Open
Highlights from day one in the Australian Open at Royal Adelaide. Last year, Lee Westwood beat Australian Greg Norman to take the trophy. He faces tough competition this year, however, as Norman aims to exact his revenge. Other talented players in the frame include Tiger Woods, who is out to further establish himself as a potent force.

6.00
Sky Sports Centre
Catch up with the latest news and views.
6.30 Football League Review
7.00 Golf: Sun City Million Dollar Challenge
Highlights of all the action on day one of the Million Dollar Challenge from Sun City with several top international golfing stars on show. This tournament started in 1981 and it is played on one of the best courses in the world. Also includes highlights from the Australian Open.

10.00
Sky Sports Centre
10.15
Trans World Sport
Sport news from around the world.
11.15
What a Weekend
All the action from the weekend's sport.
11.45
Sky Sports Centre
12midnight The Rugby Club
With Mark Durden-Smith.
1.00am-6.00am Golf: Australian Open – LIVE
Coverage from the second day's play in this year's prestigious Australian Open.

SKY SPORTS 2
PREMIUM CHANNEL

7.00 Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 V-Max 8.45 Sky Sports Centre 9.00 Fish TV 9.30 Fish TV 10.00 World Pool Masters 11.00 Worthington Cup Football 12.30pm Ringside 2.00 Unbelievable Sports 2.30 Worthington Cup Football
A chance to witness the best of the action from one of the fifth round clashes in this year's cup. Presented by Paul Dempsey with commentary from Alan Parry and Alan Brazil.

4.00
World Pool Masters
Defending champion Earl Strickland returns to the Lakeside Shopping Centre in Thurrock.
5.00 Football League Review
Sporting magazine.
5.30 What a Weekend
A chance to catch up on major spoting events.

6.00 Futbol Mundial
Football magazine with features and interviews.
6.30 The Rugby Club
Stuart Barnes and Dewi Morris preview and review the latest action. Hosted by Mark Durden-Smith.
7.30 What a Weekend
The show that brings you up to date with the sporting events from last weekend.
8.00
Sports Auction – LIVE
The show that provides viewers with the chance to get their hands onto some valuable Formula One memorabillia.

9.30 What a Weekend
A chance to catch up on major spoting events.

10.00
Survival of the Fittest
Athletes are put through their paces.
10.30 Tight Lines
Bruno Brookes answers an assortment of angling queries
11.30 Football League Review
Goals galore with a rerun of the Nationwide League.
12midnight Futbol Mundial
Featuring match news and coverage from Chile to Japan.
12.30am Spanish Football
Repeat from Sky Sports 3
2.30-2.45am
Sky Sports Centre
A chance to catch up on all the latest sporting events.

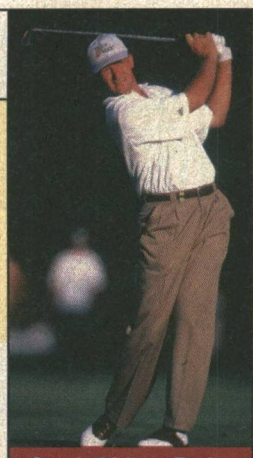
SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Superstars 1.00pm Fish TV: Fishing Texas 1.30 Fish TV 2.00 Olympics: Golden Moments
Sporting feats with action from the track and field.
2.30 Classics Gold: Rugby League – Australia v Great Britain
Sky Sports Classics relives some of the greatest sporting moments in history.
3.30 World Powerboat Championships
Featuring some of the world's finest professionals.

4.00
Motorsports: Irish National Rally
High-speed action from the Emerald Isle of this prestigious international event.
5.00 World Wrestling Federation – Superstars
Kevin Kelly hosts the programme that tracks the latest news from behind the scenes of wrestling.

6.00
Survival of the Fittest
Athletes are put through their paces in one of the most gruelling competitions.
6.30 Tight Lines
Bruno Brookes and Keith Arthur answer an array of angling queries.
7.30 Futbol Mundial
Football magazine featuring news and interviews.
8.00 Spanish Football
Another chance to see the best of the action from a match in the Spanish top flight where two sides compete for crucial Primera Liga points.

10.00-11.30pm
Bobby Charlton's Football Scrapbook
Each week, a different football great joins Bobby Charlton and Dickie Davies to look back at some of the key matches in his career.



South African Ernie Els competes in the Sun City Million Dollar Challenge. Sky Sports 1 9.30am – Live and 7.00pm

MUTV
ADD-ON CHANNEL

6.00pm Game on 6.15 Megastore Megabuys 6.30 Masterfan
Quiz show presented by Mary Parkinson.
7.00 Red Hot News 7.30 Play a Round with Liz
United stars tee-off with former golf pro Liz Hoad on their favourite courses.
8.00 Supermatch – Reserve Match: Manchester United V Blackburn Rovers
The stars of tomorrow battle it out at Old Trafford. Including *Red Hot News*.

10.00
Talk of the Devils
Dedicated to the fans and journalists who love to talk about the Reds.
10.45 Man U Menu
Mark Simkin discovers the Old Trafford kitchen's culinary delights.
11.15 The Insiders
11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television 8.00 Sightings 9.00 Buck Rogers in the 25th Century 10.00 Quantum Leap 11.00 Dark Shadows 11.30 The Ray Bradbury Theatre 12noon The Twilight Zone 12.30pm The Twilight Zone 1.00 Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 The Invisible Man

3.00 Buck Rogers in the 25th Century
Vegas in Space
Buck attempts to rescue a kidnapped girl from an orbiting gambling paradise.
4.00 Amazing Stories
The Wedding Ring
A lovelorn husband has an enchanting gift for his wife.
4.30 Mysteries, Magic and Miracles
5.00 Sightings
Alien Abduction: The Real Story
Extraordinary real-life stories involving luck and superstition. With Tim White.

6.00 Time Trax
Little Boy Lost
Dariens's former teacher needs his technology to find his adopted deaf son who is lost in the woods.
7.00 Quantum Leap
The Americanisation of Machiko
Sam appropriates the body of a Fifties sailor who comes home with a Japanese wife.
8.00 Space Rangers
The Trial
The Space Rangers struggle to uphold the law and keep the peace on the rim of the galaxy.
9.00 FILM: Waterworld
Kevin Costner, Dennis Hopper, Gerard Murphy, Jeanne Tripplehorn
Adventure drama. In the far future, the entire world is covered by oceans. A solitary traveller known as the Mariner becomes the protector of a woman and a young girl who are being pursued by the evil Deacon. *1995*
11.40 Sci-Fi Channel Special
Behind-the-scenes look at the latest sci-fi movie.
12midnight Alfred Hitchcock 12.30am The Ray Bradbury Theatre
A Sound of Thunder
1.00 FILM: Pirhana II: The Spawning *1981*
2.50 Sci-Fi Channel Special
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV 2
ACCESS PACK

ITV2: Launch date: Monday 7 December.
ITV2 is a general entertainment channel featuring a host of specially commissioned programmes, sport and additional opportunities to view the best of ITV's recent programmes.

TELEVISION X
ADD-ON CHANNEL

12midnight Free View 12.10am Suburban Tales 12.20 Exhibitionists 12.45 FILM: ...man 1.00 Free View 1.05 FILM continues 2.00 The Good Boob Guide 2.25 FILM: Jezebel 3.40 Black and Blue Special 4.10-5.30am FILM: Quantum Deep

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Ladies Behaving Badly 12.30 Dungeon Dykes 12.55 Girl Hunt 1.15 Mistress Domination 1.45 Girls Who Like Girls 2.35 FILM: Strap on Sally
Ariana, Chantilly Lace
Erotic drama.
3.35-4.00am English Rose

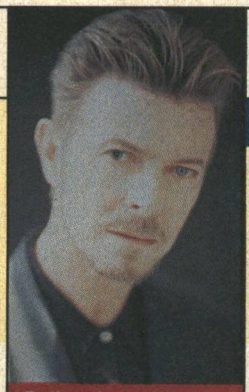
Adult Nightview is now available as a TV on-demand service at £3.95 per night. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: The Tender Age
John Savage, Tracy Pollen
Drama.
9.45 Short Cuts – Wired and Running
10.00 FILM: LA Task Force
Rod Kei, Andrew Biss
Martial arts action.
11.25-12midnight Bikini Beach

Thursday 3 December



Relive the golden years of a rock legend on 'David Bowie Day'. VH1 from 8.30am

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
Tom O'Connor hosts the crossword gameshow.
5.30 Prize Time
Win big prizes.
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 100 Per Cent
Contestants answer general knowledge questions.
7.45 Prize Time
7.55 The Crystal Maze
Intrepid contestants tackle a series of ingenious games and challenges in a giant fantasy world with the aim of collecting as many crystals as possible.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
Win big prizes.
10.00 Endurance UK
Paul Ross puts more madcap contestants through tormenting games.
10.30 Prize Time
10.45 The Cooler
Donna Air trawls through the trendy world of trash.
11.15 Prize Time
11.30 Carnal Knowledge
Saucy quiz show.
12.30am Love At First Sight 1.00 Strike it Lucky 1.30 The Pyramid Game 2.00 Cross Wits 2.30 Family Fortunes 3.00 Endurance UK 3.30 Blockbusters 4.00 Fifteen to One 4.30 Give Us a Clue 5.00-6.00am Shopping With Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Nation LIVE/BodyHeat 6.30 Home Shopping 7.00 Why Files 7.30 Fashion 8.00 Agony 8.30 Lie Detector 9.00 What's in Box/BodyHeat 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Judge Judy 11.30 What's in Box/BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion 2.00 Judge Judy 2.30 Box/BodyHeat

3.00
Back to Back Babes
A feast of beauties.
3.30 Lie Detector
Uncovering deception using modern methods.
4.00 Why Files
Psychic investigations into the unexplained.
4.30 Judge Judy
The feared American judge takes another case.
5.00 Agony
Omnibus edition featuring relationship advice for troubled souls with broken hearts.

6.00
The Fashion Show
The latest catwalk update.
6.30 BodyHeat
6.45
Back to Back Babes
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
Relationship advice for troubled souls.
8.00 The Why Files
8.27 Tiffani's Big City Tips
8.30 Judge Judy
8.57 Big City Tips
With Tiffani Bannister.
9.00 Sport at Nine: Dog Night LIVE
Racing from Walthamstow and Monmore.
9.57 Topless Darts
Sharp and shapely throwing.
10.00 Brief Affairs
Saucy legal drama.
10.27 Big City Tips
Financial advice.
10.30 Exotica Erotica
11.27 Big City Tips
11.30 Blue Review
11.45 Private Dancer
11.57 Topless Darts
12midnight Brief Affairs 12.30am Janeycam 12.45 Home Shopping 1.00 Exotica Erotica 2.00 Blue Review 2.15 Private Dancer 2.30 Brief Affairs 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Box

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Who's Cooking Dinner? 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Coxon's Kitchen College 12noon Food Network 12.30pm For Better, for Worse 1.00 Food for Thought 1.30 Antony's Morocco 2.00 Shoestring 2.30 Food Network 3.00 The Spice Trail 3.30 Coxon's Kitchen 4.00 From Ground Up 4.30-5.00pm Caribbean Light

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Gridlock
Fast-paced gameshow hosted by Simon Biagi.
6.00 London Bridge
Jarvis takes drastic action to help Charlie.
6.30 Rising Damp
Moonlight and Roses
Classic sitcom.
7.00 Boon
Fiddler Under the Roof
A huge wedding reception at the Coaching Inn gets out of hand. Stars Michael Elphick and Neil Morrissey.
8.00 Animal SOS
A cat is treated for sunburn.
8.30
Goodnight Sweetheart
Nice Work If You Can Get It
Gary's new career takes off.
9.00 St Elsewhere
Baron Von Munchausen
Dr Morrison is at odds with Dr Erlich over whether or not to operate on a patient with conflicting test results.
10.00
Head Over Heels
L'il Pink Dress
Bernadette discovers that not all men are gentlemen when she begins modelling.
11.00
Men of the World
Lost in France
11.30 My Two Wives
Kiss and Don't Tell
Taylor dates an old flame.
12midnight
Pull the Other One
Celebrity teams attempt to spin stories about themselves and others.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon Profiles of Nature
The Magic of Baby Animals
1.00pm Animal Doctor
1.30 Nature Watch with Julian Pettifer
Monster in the Meadow
2.00 Wildlife SOS
The sad story of an injured fox and of a hedgehog, used as a football by some drunks, that gives birth.
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals.
3.30 Zoo Story
Join the staff and visitors to London Zoo.
4.00 Jack Hanna's Animal Adventures
Saving Endangered Species
4.30 Wildlife SOS
A badger with smoke inhalation is put to sleep.
5.00 Harry's Practice
A look at the work of a vet in northern Tasmania.
5.30 Nature Watch with Julian Pettifer
Green Ken – Ken Livingstone
6.00 Kratt's Creatures
Pan-Troglodytes – An In-Depth Analysis
6.30 Lassie
Friends of Mr Cairo
Children's drama series.
7.00 Animal Planet Classics: Channel Islands: Waters of Contention
A look at the varied wildlife of the islands.
8.00 Animal Doctor
8.30 Wild Sanctuaries
Madagascar
Featuring the indri, a relative of the lemur, whose cries fill the enormous wild forest.
9.00
Blue Reef Adventures
Diamonds of the Restless Sea
9.30 Emergency Vets
Stories from Alameda East.
10.00 Wildlife Rescue
10.30 Untamed Africa
The Brother of Talek
Two male cheetahs from Talek are lost and separated, unaware that they have entered a lion's territory.
11.30-12midnight Emergency Vets
A member of staff calls for help when her dog eats the barbecue.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.00 The Great Egg Race 9.30 Fasten Your Seat Belt 10.00 It'll Never Work 10.30 Revolting Dogs 11.00 Hotel 11.30 Vet School 12noon Living in the Past 1.00 Crime Limited 1.30 Top Gear GTi 2.30 Doctors to Be
Welcome to the Real World
Series about the students of St Mary's who have to face real patients for the first time.
3.30 Sylvania Waters
Noeline wants to adopt a baby.
4.00 The Private Life of Plants
The Social Struggle
David Attenborough looks at the battles for survival fought in the plant world.
5.00
Tomorrow's World
Peter Snow and Philippa Forrester present filmed reports about the future of science and technology.
6.00 Zoo's Company
Series following the keepers and animals at three Australian zoos.
6.30 Mysteries with Carol Vorderman
7.00 Secrets of Lost Empires
The Colosseum
Two experts consider the construction of the roof over the Colosseum.
8.00
Ladybird, Ladybird
8.30 The Velvet Claw
Tough at the Top
Looks at animals that might be around in a million years.
9.00
Darwin: The Legacy
An exploration of the changing impact of Darwin's ideas and how they have challenged the status quo.
10.00 Airport
10.30
Billy Connolly's World Tour of Scotland
Billy concludes his series with a visit to Edinburgh.
11.00 A Case of Spontaneous Human Combustion
11.30 Jeremy Clarkson's Motorworld
Japan
12midnight-1.00am Kicking and Screaming
For Club and Country
The history of football, both on and off the pitch, told through the memories of fans and former players.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 8.00 E! Uncut 8.30 E! Mysteries and Scandals 9.00 Sally Jessy Raphael 10.00 The View 11.00 Wilde About Flowers 11.30 Rosemary Conley's Low-Fat Cook Book 12noon The Makeover Show 12.30pm Pot Luck 1.00 Livetime 2.00 The View

3.00 Livetime
Magazine programme which puts viewers in touch with experts and celebrity guests live on air.

4.00 Pot Luck
Two more chefs take the Pot Luck challenge.
4.30 Rosemary Conley's Low-Fat Cook Book
5.00-6.00pm Sally Jessy Raphael
American talk show in which Sally and her guests engage in lively discussion.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Call of the Coyote
7.30
The Monkey Player
How man has forged relationships with animals.
8.00 Rite of Passage
The story of a group of ordinary people who confront their own self-destructive behaviour and redirect their energies.
9.00 Croc Night: Croc People
Profile of the hardy residents of Darwin as they deal with a population explosion of saltwater crocodiles.
10.00 Croc Night: Clan of the Crocodile
10.30 Croc Night: Kimberley's Sea Crocodiles
A look at thriving crocodiles.
11.00 Croc Night: Water Wolves
An insight into the South African crocodiles that hunt in organised packs like wolves.
12midnight Water Witches
A look at New England water diviners.
12.30am-1.00am Skis Against the Bomb
The story of an attempt to prevent the Germans from developing an atomic bomb in Rjukan in Norway in 1940.

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm So 90s
3.00 Bytesize MTV
4.00 Select MTV
6.00 Biorhythm Busta Rhymes
NEW A profile of the hip hop artist featuring a blend of music, graphics and video.
6.30 Mad for Hits
7.00 European Top 20
8.00 MTV Hot
Presenters Richard Blackwood and Sara Cox serve up a mix of music, gossip and news.
9.00 MTV Bytesize
10.00 Up for It More anarchy from Eddy Temple-Morris.
11.00 Mad for Hits
A roller coaster of uninterrupted music videos featuring more of the latest hits from the MTV playlist, as well as a number of exclusives, providing viewers with the latest from some of their favourite stars.
12midnight The Late Lick
The latest videos and news from the R&B scene with Trevor Nelson.
1.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 8.30 Planet Rock Profiles: David Bowie 9.00 VH1 Upbeat 12noon Ten of the Best 1.00pm Greatest Hits of ... David Bowie 1.30 Pop-Up Video 2.00 Jukebox 4.30 Planet Rock Profiles: David Bowie 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour 7.00 David Bowie – Live at the Beatclub 8.00 Planet Rock Profiles 8.30 Greatest Hits of ... 10.00 David Bowie and Friends NEW12midnight The Nightfly 1.00am Spice 2.00-6.00am VH1 Late Shift

TRAVEL
ACCESS PACK

12noon Wild Ireland 12.30pm On the Horizon 1.00 Holiday Maker 1.30 The Rich Tradition 2.00 The Flavours of France 2.30 Caprice's Travels 3.00 Going Places 4.00 Go 2 4.30 Travelling Lite 5.00 Worldwide Guide 5.30 Pathfinders 6.00 The Rich Tradition 6.30 On Tour 7.00 Wild Ireland 7.30 On the Horizon 8.00 Holiday Maker 8.30 Go 2 9.00 Going Places 10.00 Caprice's Travels 10.30 Travelling Lite 11.00 On Tour 11.30-12midnight Pathfinders

UK STYLE
LIFESTYLE PACK

7.00am Antiques Roadshow 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Antonio Carluccio's Italian Feast 10.00 The Leisure Hour 11.00 Change That 11.30 The Big Catch 12noon Home Front 12.30pm Style Challenge 1.00 Ready, Steady, Cook 1.30 Wild Harvest with Nick Nairn 2.00 Change That 2.30 The Flower Show 3.00 Peter Seabrook's Gardening Week 3.30 The Face 4.00 The Big Trip 5.00 All Over the Shop 5.30 The Leisure Hour 6.30 Real Rooms 7.00 Travel Xpress 7.30 Travel Xpress 8.00 Travel Show Guides 8.30 Change That 9.00 Style Challenge 9.30 Ready, Steady, Cook 10.00 House in France 10.30 Home Front 11.00 The Flower Show 11.30 Growing Places 12midnight All Over the Shop 12.30am-1.00am Heaven in Your Hands

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Thursday 3 December

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Joy of Painting 6.30 Gardening Plot 7.00 Garden Club 7.30 Our House 8.00 Rex Hunt 8.30 Furniture 9.00 Joy of Painting 9.25 Home and Leisure 9.30 Gardening Plot 10.00 Garden Club 10.30 Our House 11.00 Rex Hunt 11.30 Furniture 12noon Home Again 12.30pm The House 1.00 Cook on the Wild Side 1.30 In the Workshop 2.00 Our House 2.30 Gimme Shelter 3.00 Two's Country 3.30-4.00pm These Four Walls II

DISCOVERY
WORLD PACK

3.00 PM

4.00 PM **4.00pm Rex Hunt's Fishing World**
Trout fishing on Tasmania's Lake Sorrell.
4.30 Walker's World
Tanzania, Kilimanjaro

5.00 PM **5.00 Flight Deck**
737 400 Series
5.30 Ancient Warriors
The Irish
A look at the ancient Irish druids, farmers and warriors.

6.00 PM **6.00 Animal Doctor**
Follow animal doctors from the RSPCA.
6.30 Swift and Silent
Wild Discovery
A study of leopards and the unique habitats in which they live.

7.00 PM **7.30 Beyond 2000**
Popular science magazine with the latest innovations in the world of technology.

8.00 PM **8.00**
Hunting the Dinosaur
Wild Discovery
A journey across the Ethiopian landscape in search of dinosaur remains.

9.00 PM **9.00**
Wheels and Keels
The Liners
The development of the first ocean-going, steam-powered ships.

10.00 PM **10.00 Intensive Care: Animal Hospital**
Explore the frontiers of veterinary medicine through the eyes of professionals in training.

11.00 PM **11.00**
Forensic Detectives
Tools of Death
Exploring how toolmarks can lead forensic detectives to the killers.

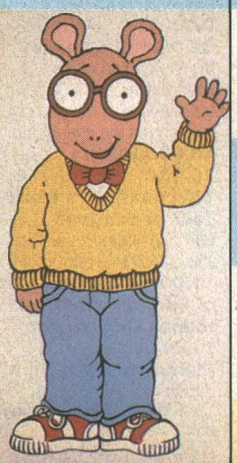
12.00 **12midnight Intensive Care: Conception to Birth**
1.00am Flight Deck
737 400 Series
1.30-2.00am Ancient Warriors
The Irish

NIGHT TIME

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Fruitties 6.00 Blinky Bill 6.30 Tabaluga 7.00 Johnny Bravo 7.30 Animaniacs 7.45 Dexter 8.00 Cow and Chicken 8.15 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas the Tank Engine 10.30 The Fruitties 11.00 Tabaluga 11.30 Dink 12noon Tom and Jerry 12.15pm Bugs and Daffy 12.30 Road Runner 12.45 Sylvester and Tweety 1.00 Popeye 1.30 Droopy 2.00 Top Cat 2.30 Addams Family

3.00 Taz-Mania
Devilish antics with the Antipodean monster.
3.30 Scooby-Doo
Canine crime-busting with Scooby and the gang.
4.00 Mask
Based on the hit movie.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Cow and Chicken
More antics with the mismatched siblings.
5.30 Freakazoid!
Animated fun.
6.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Batman
More caped crusading.
7.30 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
8.00 Scooby-Doo – Where are You?
More canine crime busting.
8.30-9.00pm Beetlejuice



Get ready for another dose of cartoon fun with 'Arthur'. Nickelodeon 8.30am

NICKELODEON
FAMILY PACK

6.00am Fraggle Rock 6.30 Muppet Babies 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur 9.00 Children's BBC on Nickledeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Ivor the Engine/Magic Mountain/ Captain Pugwash/Oscar's Orchestra 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Rocky & the Dodos/Bagpuss/Mr. Men 2.30 Children's BBC on Nickledeon

3.00 Children's BBC on Nickledeon
Classic animation from the archives.
3.30 Angry Beavers
Furious fun.
4.00 Catdog
Animated antics.
4.30 Rugrats
More fun with the tousle-haired nippers with the over-fertile imaginations.
5.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel
Teen comedy.
6.00 Sabrina
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Teen Comedy.
7.30 Desmond's
Barber shop comedy.
8.00 Roseanne
A Bitter Pill to Swallow
Dan gives Mark a job so he can keep an eye on him.
8.30 Just Shoot Me
The Kiss
9.00 Ellen
Moving on
Ellen continues to adjust to her new self.
9.30 Seinfeld
The Apartment
10.00 Frasier
The Show Where Diane Comes Back
10.30 Cheers
Diane Chambers Day
Diane feels excluded.
11.00 Festival of Fun I
With Lee and Herring.
11.30 The Larry Sanders Show
You're Having My baby
12midnight Late Night with David Letterman
1.00am Taxi
Sitcom with Danny DeVito.
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Hooperman
3.30-4.00am Nightstand

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 6.30 Power Rangers Turbo 7.00 Mortal Kombat 7.30 Donkey Kong Country 8.00 Goosebumps 8.30 Beetleborgs Metallix 9.00 Masked Rider 9.30 The Incredible Hulk 10.00 Iron Man 10.30 X-Men 11.00 Spiderman 11.30 Life with Louie 12noon Ace Ventura 12.30pm Casper 12.45 Toonsylvania 1.00 Sam and Max 1.15 Home to Rent 1.30 The Incredible Hulk 2.00 Iron Man 2.30 X-Men

3.00 Spiderman
Superheroic adventures.
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
The warriors do battle.
4.00 Toonsylvania Double Bill
Enjoy a double bill of this hilarious animated series every day.

5.00 Goosebumps
More spooky stories.
5.30 Eerie, Indiana: The Other Dimension
Out-of-this-world series where anything can happen.
6.00 Donkey Kong Country
6.30-7.00pm Mowgli: The New Adventures of the Jungle Book

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Beauty Shop!
7.00 Christmas Gifts
7.30 Jewellery Shop!
8.30 Branded!
9.30 The Toy Box
10.00 Beauty Secrets
11.00 Cook's Den
12noon Dress for Less
1.00pm Bargain Shop!
2.00 Entertainment Shop!
3.00 Plugged in
4.00 Clothes Shop!
5.00 Dimanti Designs
6.00 Cook's Den
7.00 Beauty Secrets
8.00 Dress for Less
9.00 Dimanti Designs
10.00 Plugged In
The newest home appliances from your favourite electrical brands.
11.00 Cook's Den
12midnight The Toy Box
Featuring a range of Teletubbies merchandise.
12.30am Home Shop!
1.30 Dress for Less
2.30 The Toy Box
3.00 Dimanti Designs
Beautiful diamond look jewellery for every occasion and budget.
4.00 Plugged In
5.00-6.00am Beauty Secrets
Top tips from TV make-up artist Sara Raeburn.

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
Joe and Phil stand on the brink of a new future.
3.30-4.00pm Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Battle of the Bulge
Examining Hitler's last stand against the Allies and Soviets.
5.00 Moonshot: Moon Fever
6.00 Ancient Mysteries
The Magic of Alchemy
7.00 Brute Force
The Thinking Weapon
Discover the psychology behind the ultimate warrior.
7.30-8.00pm Giants of Sport
Chariots of Fire – 1920-1925

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Globetrotter
12noon Earth Journeys
12.30pm Getaway
1.00 Around the World
1.30 Was it Good for You?
2.00 Islands of Australia
Jewels of Queensland
3.00 Globetrotter
Amsterdam, Mexico and Florida
3.30-4.00pm Great Chefs of Europe

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Alison at 4.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News 8.00 News 9.00 News 9.30 World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 4.00 Newsday 5.00 Newsday 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Face in the Crowd 5.00-6.00am BBC News 24

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz Today 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Science and Technology 1.15 Asian Edition 1.30 Biz Asia 2.30 Insight 4.30 Travel 5.00 Larry King Live 6.45 American Edition 7.30 Business Today 8.30 Q&A 9.30 Insight 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz Today 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 4.15 American Edition 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Special Report 2.30 Business Report 3.30 Fashion TV 4.30 CBS Evening News 5.30-6.00am Special Report

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Journal du Temps 7.35 Quatre et Demi 8.00 Minutes 8.05 Claire Lamarche 9.00 Minutes 9.05 Référence 9.30 Espace Francophone 10.00 Minutes 10.05 Zig Zag Café 10.45 Gourmandises 11.00 Minutes 11.05 Voilà Paris 11.33 Journal Télévisé France 11.55 Le Journal du Temps 12noon Envoyé Spécial 2.00pm Journal International 2.15 Comment Ça Va? 3.15 Voilà Paris 3.45 Bus et Compagnie 4.30 Minutes 4.35 Pyramide 5.00 Questions pour un Champion 5.30 Journal 6.00 Voilà 6.25 Un Livre, un Jour 6.30 Journal 7.00 Cinéma: Spécial Belmondo 9.00 Journal Télévisé de France 9.30 Cinéma 11.25 Le Journal du Temps 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Balcony 12.30pm Khiladi 1.00 Zameen Aasman 1.30 FILM 4.00 Gaurav 4.30 Nasal 5.00 Gehri Paani 6.00 Dekh Bhai Dekh 6.30 Dard 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am A Mouthful of Sky 1.00 FILM 4.00 Star Show 4.30 Doosra Kewal 5.00 Classical Music 6.00 Holy Quran 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Chehre 6.30 Beegi Ke Pg 7.00 Jaagran 7.30 Daily News 8.00 Karobari Duniya 8.30 Sailaab 9.00 Zanjeeren 10.00 Ajnabi Raastey 11.00 Pot Luck 11.30 Parampara 12noon FILM: Pati Patni Aur Tawaif 3.00pm Amar Kathayen 3.30 Entertainment 4.00 Campus 4.30 Fairdeal Antakshari 5.30 Daraar 6.00 All Time Hits 6.30 Making of Mausam 7.00 Dam Dama Dam 7.30 Cine Magic 8.00 News 8.30 Chahat Aur Nafrat 9.00 Hasratein 10.00 Gudgudee 10.30 Anhonee 11.00 Andaz 11.30 Big Debate 12midnight News 12.30am Business Show 1.00 Baat Ban Jaye 1.30 Raahat 2.00 FILM: Haiwan 4.30 Lolly-Pop 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Light and Life/Dynamic Gospel Ministries 5.30 Scott Webb 6.00 Voice of Faith – Walter Hallam 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day – Benny Hinn 8.15 Good Morning Europe 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Rick Joyner 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial reports on the half hour, plus: 2.19am Fund Managers Corner 3.49 Technology 4.24 Sports 4.49am Technology Report

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am House of Lords 7.00 Record 7.30 Lords 2.30pm Commons 11.00 Record 11.30-12midnight European Focus