SKY MOVIES SCREEN 1
Astra V 11.436GHz

06.00 **Farewell to the King** (1989) (approx 112 mins) CERT: PG Wartime adventure starring Nick Nolte as an ex-US sergeant who turned his back on the war effort to become king of a tribe of natives in Borneo 55037
08.00 **Outrage!** (1986) (approx 94 mins) CERT: PG Please see 13.20 for details 21578211
09.40 **A Holiday to Remember** (1995) (approx 90 mins) CERT: U Please see 15.00 for details 21841056
11.20 **Heavyweights** (1994) (approx 93 mins) CERT: PG Please see 19.00 for details 59360056
13.20 **Outrage!** (1986) (approx 94 mins) CERT: PG Legal drama in which a lawyer agrees to take on the case of a man who admits to the murder of his daughter's killer 65943056
15.00 **A Holiday to Remember** (1995) (approx 90 mins) CERT: U Romance about a successful career woman and her young daughter, both trying to start a new life for themselves in a small town 54871
16.30 **The Land Before Time III: The Time of the Great Giving** (1995) (approx 68 mins) CERT: U Animated adventure sequel in which the young dinosaurs are faced with an ecological disaster 8377389
17.45 **The Land Before Time IV: Journey Through the Mists** (1995) (approx 71 mins) CERT: U Animated adventure which sees the baby dinosaurs set out to find the Valley of the Mists, a chilling swampland where Littlefoot must collect a Night Flower, the only cure for his grandfather's illness 8566308
19.00 **Heavyweights** (1994) (approx 93 mins) CERT: PG Family comedy about a group of overweight boys who are sent off to summer camp at which the boys' parents intend them to shed a few pounds. But the boys are about to prove that it is what is inside that really counts 12582
21.00 **Dangerous Minds** (1995) (approx 95 mins) CERT: 15 (888) Comedy-drama about an ex-Marine (Michelle Pfeiffer) who has just turned her back on ten years in the service in order to become a teacher. However, her new students are not quite what she expects: a jaded, disparate group who have been branded 'no-hopers' 26851327
22.45 **Playback** (1995) (approx 90 mins) CERT: 18 Adult drama about a couple whose passion for keeping video recordings of their love-making leads them into trouble when the tapes are discovered by another couple. George Hamilton, Tawny Kitaen, Shannon Whirry, Harry Dean Stanton 17597476
P
00.20 **Here on Earth** (1993) (approx 105 mins) CERT: 15 Portuguese drama about two men whose lives are destined to converge. The first man falls into depression when his father passes away, while the other kills his girlfriend's lover 264896
02.10 **The Raggedy Rawney** (1987) (approx 99 mins) CERT: 15 Drama about a soldier who deserts and falls in with a group of gypsies. However, he must dress as a woman to avoid detection. Dexter Fletcher, Bob Hoskins, Zoe Wannamaker 966964
03.55 **Tales That Witness Madness** (1973) (approx 86 mins) CERT: 18 Compilation of four horror tales told by an asylum worker to a psychiatrist. Kim Novak, Georgia Brown, Joan Collins 13948167

Text 129

SKY MOVIES SCREEN 2
Astra V 11.479GHz

06.00 **The Girl in the News** (1940) (approx 73 mins) CERT: U Suspenseful tale of a nurse who is labelled a murderess after two of her patients die 6391563
07.20 **Don't Bother to Knock** (1952) (approx 73 mins) CERT: PG Drama starring Marilyn Monroe as a mentally unbalanced young woman who is taken on as a hotel babysitter 7750766
08.40 **Snow White and the Three Stooges** (1961) (approx 103 mins) CERT: U Please see 16.00 for details 78194230
10.30 **My Favourite Brunette** (1947) (approx 84 mins) CERT: PG Light-hearted vehicle for Bob Hope in which he plays a photographer who finds himself tangled up in a sinister crime plot perpetrated by mobsters Peter Lorre and Lon Chaney, Jr 70037
12.00 **Friends at Last** (1995) (approx 88 mins) CERT: PG Please see 18.00 for details 71747
14.00 **The Toast of New York** (1937) (approx 105 mins) CERT: U Drama about Jim Fisk, a poor man who hit the big time in business in the 19th century 99582
16.00 **Snow White and the Three Stooges** (1961) (approx 103 mins) CERT: U Comedy about Snow White, who encounters all the obvious mayhem when the Three Stooges arrive 8056
18.00 **Friends at Last** (1995) (approx 88 mins) CERT: PG Touching drama in which a life-threatening disease forces a divorced couple to acknowledge the powerful bond between them. Kathleen Turner, Colm Feore, Julie Khaner, Faith Prince 65747
19.30 **Behind the Scenes** 6619
20.00 **Empire Records** (1995) (approx 86 mins) CERT: 12 (888) (DS) Comedy-drama about a large record store. Joe is the shop's laid-back manager who struggles valiantly against his parent company's plans to sell the store to a hated rival. Meanwhile, the shop's staff prepare for the imminent arrival of clean-cut music superstar Rex Manning 35018
21.30 **The Movie Show** 61785
22.00 **Courage Under Fire** (1996) (approx 111 mins) CERT: 15 Meg Ryan stars in this thriller as Captain Walden, one of the US military's bravest officials. Killed in action, Walden has been nominated for a Medal of Honour in recognition for her services, but an investigation into the circumstances surrounding her death has yet to be completed 48360
00.00 **The Sister-in-law** (1995) (approx 88 mins) CERT: 15 Thriller about a woman whose long-lost sister-in-law becomes a dangerous liability bent on revenge 626612
01.35 **Marked Man** (1996) (approx 90 mins) CERT: 18 Action thriller about a car mechanic who winds up in jail after murdering the drunken driver who killed his girlfriend. But while in prison, he finds himself framed for a murder by two guards 953964
03.10 **The Boy in Blue** (1986) (approx 93 mins) CERT: 15 Drama based on the true story of a Canadian rower (Nicolas Cage) who achieved success and fame in the 19th century 819902
04.50 **Travels of Marco Polo** (1993) (approx 47 mins) CERT: U Animated drama about the adventures of the legendary explorer 4962273

Text 129

BOX OFFICE 1 11.597GHz PAY-PER-VIEW (PPV: see below)

22.00 **The Saint** (1997) (116 mins) CERT: 12 Val Kilmer plays Simon Templar - a gentleman and a master thief with a thousand different identities - in this big screen version of the classic '60s TV series. Also stars Elizabeth Shue (rpt 00.00, 02.00 and 04.00)

BOX OFFICE 2 10.877GHz PAY-PER-VIEW (PPV: see below)

19.00 **Jungle 2 Jungle** (1997) (105 mins) CERT: PG *Home Improvement's* Tim Allen is a commodities trader who must finalise his divorce from his first wife before he can marry his fiancée (Lolita Davidovich) (rpt 21.00, 23.00, 01.00 and 03.00)

BOX OFFICE 3 10.862GHz PAY-PER-VIEW (PPV: see below)

10.30 **Space Jam** (1997) (84 mins) CERT: PG Michael Jordan is sucked into Looney Tune Land to help Bugs Bunny and Co. in a basketball game against some Space Invaders (rpt 12.00, 13.30, 15.00, 16.30, 20.00, 21.30, 23.00, 00.30, 02.00 & 03.30)

BOX OFFICE 4 10.847GHz PAY-PER-VIEW (PPV: see below)

20.00 **William Shakespeare's Romeo & Juliet** (1996) (115 mins) CERT: PG Re-telling of Shakespeare's classic love story in a modern setting. Starring Leonardo DiCaprio as Romeo and Claire Danes as Juliet (rpt 22.00 and 04.00)

SKY MOVIES GOLD
Astra V

11.127GHz from 16.00-05.00 (weekdays)
11.127GHz from 11.00-05.00 (weekends)
11.597GHz from 22.00-06.00 (weekdays)

16.00 **Alice Adams** (1935) (95 mins) CERT: U Drama starring Katharine Hepburn as a would-be socialite struggling to prove herself 6038124
18.00 **Strategic Air Command** (1955) (113 mins) CERT: U WW2 drama about a professional baseball player (James Stewart) who is recalled to military service when a nuclear war looks imminent 5778747
20.00 **The Taking of Pelham One Two Three** (1974) (100 mins) CERT: 15 Action thriller about the hijacking of a subway train in Manhattan. Robert Shaw plays the leader of the gang which demands payment of its $1m ransom 5773292
22.00 **Hard to Kill** (1990) (91 mins) CERT: 18 An LA cop (Steven Seagal) and his family are shot and left for dead by a vicious drug gang. Awakening from a seven-year coma, Seagal seeks revenge 6408747
23.35 **The Fly 2** (1989) (100 mins) CERT: 18 Martin Brundle (Eric Stoltz), son of the late Brundlefly from the first chapter, is born... 1031652
01.20 **Aliens** (1986) (131 mins) CERT: 18 (DS) Sci-fi sequel in which Ripley (Sigourney Weaver) re-discovers the alien nightmare 23566631
03.35 **Finders Keepers, Lovers Weepers** (1967) (71 mins) CERT: 18 Raucous sex comedy 67012341
04.50 **Closedown**

Text 129

TNT Classic Movies
Astra H 11.023GHz

21.00 **Little Women** (1933) The story of a New England family who live through the American Civil War 35383389
23.00 **Crazy from the Heart** (1991) Comedy about a school principal who becomes bored in her relationship with the sports coach and embarks on a new affair with the school's caretaker 85805018
00.45 **Young Cassidy** (1965) Biopic of the Irish playwright Sean O'Casey 20155457
02.45 **Operation Crossbow** (WS) (1965) WW2 tale of military bravery beyond the call of duty 28782148

Text 100

bravo
Astra V 11.097GHz

20.00 **The A-Team** 9976872
21.00 **Real Life Stories of the Highway Patrol** 8513766
21.30 **Cops** 2573327
22.00 **The Basement** 1919308
22.15 **Bravo's Briefs** A short film 1907563
22.30 **Red Shoe Diaries** 7620582
23.00 **Film: Night Fire** (1991) Erotic thriller in which a businesswoman's husband hires a couple of swingers for a weekend as a surprise for her - but they turn out to have murderous plans 6948582
01.00 **Beverly Hills Bordello** 7657815
01.30 **Red Shoe Diaries** 6995490
02.00 **Tour of Duty** 2872902
03.00 **Film: The Changeling** (1979) Chilling ghost story about a widowed music professor who moves into a haunted mansion 6309457
05.00 **The A-Team** 5627612
06.00 **Closedown**

Text 210

DISNEY CHANNEL
Astra V 11.597GHz

06.00 Under the Umbrella Tree 53940 **06.30** Jungle Cubs 77056 **07.00** Recess 81747 **07.30** Pepper Ann 93582 **08.00** Brand Spanking New Doug 96018 **08.30** The Lion King's Timon and Pumbaa 95389 **09.00** Aladdin - the series 19969 **09.30** Quack Pack 47230 **10.00** Mouse & Mole 3044650 **10.05** Amazing Animals 4359698 **10.30** Sesame Street 39476 **11.30** New Adventures of Winnie the Pooh 7750414 **11.45** Alphabet Castle 7755969 **12.00** Little Hippo 2299259 **12.10** Let's wiggle! 5674871 **12.15** Animal Shelf 2278766 **12.30** Rosie and Jim 56899495 **12.45** Small Stories 97777056 **12.50** Bear in the Big Blue House 8046921 **13.20** New Adventures of Winnie the Pooh 71888872 **13.35** Chip 'n' Dale's Rescue Rangers 19948679 **14.00** Goof Troop 7747 **14.30** Jungle Cubs 4766 **15.00** The Lion King's Timon and Pumbaa 9582 **15.30** Brand Spanking New Doug 9211 **16.00** Pepper Ann 5018 **16.30** Recess 7230 **17.00** Smart Guy 1327 **17.30** Student Bodies 8582 **18.00** Teen Angel 5495 **18.30** Boy Meets World 6747 **19.00 Film:** Big Foot. Adventure tale about a loveable, misunderstood, big softy 31921 **20.30** The Wonder Years 6018 **21.00** Touched By an Angel 89143 **22.00** Closedown

UK TV
UK TV PREVIEW
Astra V 10.817GHz

07.00 Flight of the Condor **08.00** We Have Ways of Making You Think **09.00** Tomorrow's World Plus **10.00** Great Mysteries and Myths **10.30** Vets in Practice **11.00** Siamese Twins **12.00** Crusades **13.00** Island Race **13.30** Making Babies **14.00** Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Change That **15.30** The Victorian Kitchen Garden **16.00** Dream Ticket **16.30** Wild Harvest with Nick Nairn **17.00** From A to B: Tales of Modern Motoring **18.00** Animal Hospital Week **18.30** Wildlife **19.00** A Chinese Cure for Eczema? **19.30** Storm Warning **20.00** The Ascent of Man **21.00** Traces of Guilt **22.00** Airport **22.30** Soho Stories **22.45** The Frame **23.00** Later on... **00.00** Closedown

5
FilmNet Transponder 63 10.920GHz

06.00 News/Wideworld 8060259 **07.30** Milkshake! 3647872 **07.35** Wimzie's House 7597143 **08.00** Havakazoo 1182834 **08.30** Wishbone 1181105 **09.00** Espresso 8418650 **10.00** Hairy Hunters 3485747 **10.30** Sunset Beach 8890495 **11.10** Leeza 8485259 **12.00** News 1185921 **12.30** Family Affairs 4889679 **13.00** The Bold and the Beautiful 3708969 **13.30** Sons and Daughters 4871650 **14.00** Burke's Law 3486476 **15.00** 100 % Gold 1163969 **15.30** Film 8031747 **17.30** The Great House Game 2992872 **18.00** 100 % 2999785 **18.30** Family Affairs 2980037 **19.00** News 1148650 **19.30** Life at the Edge 2979921 **20.00** Great Garden Game 1164698 **20.30** What's the Story? 1143105 **21.00** Sweeney 1922056 **22.00** Morwenna Banks Show 1186650 **22.30** The People vs Jerry Sadowitz 1102698 **23.00** Movie Cafe 3113766 **23.35** Film 3040747 **01.20** Live & Dangerous 25124148 **04.40** Cell Block H 1474728

P Premiering Film — L Last Play — WS Widescreen — DS Dolby Surround Sound — 888 Subtitled
PPV INFORMATION LINE: 0990 800 888 OR CHECK SKY TEXT 177

SKY one — Astra V 11.318GHz

Text 126

07.00 **Tattooed Teenage Alien Fighters from Beverly Hills** 24150
07.30 **Games World** 5241124
07.45 **The Simpsons** (888) 11018
08.15 **The Oprah Winfrey Show** 9306211
09.00 **Hotel** 80056
10.00 **Another World** 22969
11.00 **Days of Our Lives** 74655
12.00 **Married...with Children** (888) 39698
12.30 **M*A*S*H** (888) 58211
13.00 **Geraldo** 53766
14.00 **Sally Jessy Raphael** 92230
15.00 **Jenny Jones** 63679
16.00 **The Oprah Winfrey Show** 75414
17.00 **Star Trek: The Next Generation** (888) Please see 23.00 for details 5582
18.00 **Dream Team** (888) Conor gets a letter with good news 6853
18.30 **Married...with Children** (888) 1495
19.00 **The Simpsons** (888) 6211
19.30 **Real TV** 7679
20.00 **Speed** (888) 2259
20.30 **World's Weirdest TV** 1766
21.00 **Blazing Infernos** (888) 41871
22.00 **Littlejohn: Live & Unleashed** 77360
23.00 **Star Trek: The Next Generation** (888) The Enterprise discovers a ship's wreckage 23698
00.00 **Fifth Corner** 97186
01.00 **Long Play**

NATIONAL GEOGRAPHIC CHANNEL — Astra H 11.303GHz

19.00 **Fighting for Animals: Animals and Man** 6327921
19.30 **Looters** 2205209
20.00 **Lifeboat: Let Not the Deep Swallow Me Up** 6343969
20.30 **Visions of the Deep** 6322476
21.00 **World's Apart: Inherit the Sand** 5279785
21.30 **Extreme Earth: Born of Fire** 5855766
22.30 **John Harrison: Explorer** 8490143
23.00 **Elephant** 5361263
00.00 **Australia's Animal Mysteries** 3872167
01.00 **Closedown**

UK GOLD — Astra H 11.553GHz

07.00 **Never the Twain** 5216124
07.35 **Neighbours** 7826105
08.00 **Crossroads** 3057834
08.25 **EastEnders** 7899969
09.00 **The Bill** 7638501
09.30 **Howards' Way** 2564679
10.00 **The Return of Shelley** 4610940
10.30 **The Sullivans** 7634785
11.00 **Casualty** 9704969
12.00 **Crossroads** 27129785
12.25 **Neighbours** 27122872
12.55 **EastEnders** 1041768
13.30 **Keeping Up Appearances** 7374582
14.05 **Ever Decreasing Circles** 2869872
14.45 **Dangerfield** 8706018
15.45 **The Bill** 4444056
16.15 **Juliet Bravo** 43732414
17.20 **EastEnders** 3019698
17.55 **Big Break** 1600560
18.30 **The Bill** 7194766
19.00 **Dad's Army** 5959056
19.40 **Yes, Minister** 5582018
20.20 **May to December** The family put Alec and Zoe to the test 2603797
21.00 **The Detectives** Briggs and Louis have to protect a monk who has taken a vow of silence 9986582
21.40 **Backup** Copson thinks DI Overton is involved in corruption 73201853
22.45 **The Chief** 48543766
23.50 **The Rockford Files** 9737698
01.35 **The Equalizer** 9361709
02.25 **100 Years of Horror** 48529186
02.55 **Shopping at Night**

SCI FI CHANNEL — Astra V 11.568GHz

20.00 **Quantum Leap** Sam leaps into the body of a newsreader 3515308
21.00 **PSI Factor: Chronicles of the Paranormal** 3528872
22.00 **Film: 20 Million Miles to Earth** (1957) A life-form from Venus hatches into a monster and runs riot in Italy 7598414
23.35 **SF Scene Special** 8817308
00.00 **Sightings** 1562099
01.00 **The Tomorrow People** 7730273
01.30 **Flash Gordon's Trip to Mars** 2815070
02.00 **Friday the 13th** 9681877
03.00 **Tales of the Unexpected** 7727709
03.30 **Dark Shadows** 7260525
04.00 **Closedown**

GRANADA PLUS — Astra H 11.244GHz

06.00 **The Box** 7589376
07.00 **E! Mysteries and Scandals** 2725501
07.30 **Classic Coronation Street** 2711308
08.00 **Blind Date** 5605872
09.00 **Wish Me Luck** 6145018
10.00 **The Saint** 2700292
11.00 **Hawaii Five-O** 2720056
12.00 **Classic Coronation Street** 7127327
12.30 **Families** 5876650
13.00 **A Fine Romance** 2724872
13.30 **Me and My Girl** 5875921
14.00 **Wish Me Luck** 7780582
15.00 **Jason King** 6407495
16.00 **Hawaii Five-O** 6419230
17.00 **The Saint** See 22.00 for details 4475698
18.00 **Families** Andrew has gone to Australia without Amanda 1657230
18.30 **Classic Coronation Street** 1648582
19.00 **Doctor in Charge** Dick is suspended from St Swithin's 4476327
19.30 **Singles** Malcolm and Clive take the two women they have met out for a meal 1644766
20.00 **Jason King** Jason sets out to sell a series of Mark Caine novels for television 7890582
21.00 **Classic Coronation Street** 6415414
21.30 **Wheeltappers & Shunters Social Club** With Bernard Manning and Frank Carson 5896414
22.00 **The Saint** A diamond trail leads The Saint to mannequins and murder 7880105
23.00 **Closedown**

MEN & MOTORS — Astra H 11.244GHz

23.00 V.P.L. Saucy late-night offering 6427259 **23.30** Bigger Better Battling Babes 7785037 **00.00** Performance Power 5651051 **01.00** E! Uncut 3349983 **01.30** E! Talk Soup 8615612 **02.00** Closedown

The Racing Channel — Astra V 10.877GHz

11.00 Racing Review 9354785 **12.00** Live at lunchtime 1527563 **13.00** Live racing from Brighton, Chester, Exeter 2292056 **18.00** Closedown

EUROSPORT — Astra V 11.259GHz

Text 127

07.30 **Artistic Gymnastics** 79132
09.30 **Athletics** 25747
10.30 **Rally** 68211
11.00 **Football: Eurogoals** 35768
12.30 **Snowboard** 92766
13.00 **Touring Car** 80921
14.00 **Rally** 2105
14.30 **Badminton: European Championships** 38414
15.30 **Sailing: Whitbread Round the World Race** 3259
16.00 **Tennis: ATP Tour - Mercedes Super 9 Tournament** Second day 5056
18.00 **Live Cycling: Tour of Romandy - Switzerland** Prologue: Rheinfelden to Rheinfelden (Argovie) 5km 38835
19.00 **Four Wheels Drive: Formula 4x4 Off Road in Iceland** Season preview 6921
19.30 **Live Boxing** 42105
21.30 **Rally: FIA World Rally Championship** Second stage: Ajaccio-Ajaccio: 129,88 km 88330
22.00 **Football: World Cup Legends** 42698
23.00 **Motorcycling: World Championship** 65698
00.00 **Rally** 66167
00.30 **Closedown**

SKY SPORTS 2 — Astra H 11.170GHz

UPDATE 0336 413 416

07.00 **Aerobics Oz Style** 9357834
07.30 **Sports Centre** 9376969
08.00 **Racing News** 2646037
08.30 **Football: Women's FA Cup Final** 8643582
10.00 **International Bowls: New Zealand v Australia** 8138785
12.00 **World Motor Sport** 4737582
14.00 **This Week in Baseball** 9296476
14.30 **Football League Review** 1354376
15.00 **NHL** 3357582
17.00 **Rugby League: Challenge Cup Final** 9299563
18.00 **Sports Unlimited** 8137056
19.00 **Sports Centre** 9290292
19.30 **Badminton** 9321582
22.30 **Euro Tour Golf: El Bosque Open** 6991211
23.30 **LPGA Golf: Title Holders Championship** 7549308
01.30 **Sports Centre** 3303761
02.00 **Closedown**

SKY SPORTS 1 — Astra V 11.509GHz

Text 127

07.00 **Sports Centre** 54582
07.30 **Football League Review** 40389
08.00 **Survival of the Fittest** 61308
08.30 **Sports Centre** 60679
09.00 **Racing News** 84259
09.30 **Aerobics Oz Style** 96582
10.00 **Spanish Football** 83018
12.00 **Aerobics Oz Style** 64495
12.30 **Ford Monday Night Football** 53969
14.30 **Survival of the Fittest** 3018
15.00 **International Bowls: New Zealand v Australia** 32124
17.00 **WWF: Live Wire** 9704
18.00 **Sports Centre** 4747
18.30 **Tartan Extra** 8327
19.00 **Pavilion End** 58259
20.00 **LPGA Golf: Title Holders Championship** 38495
22.00 **Sports Centre** 65124
22.30 **The Footballers' Football Show** 69308
23.30 **Tartan Extra** 37327
00.00 **Sports Centre** 71099
00.30 **Pavilion End** 19070
01.30 **Euro Seniors Golf: El Bosque Open** 79896
02.30 **The Footballers' Football Show** 79235
03.30 **Fastrax** 44254
04.00 **Sports Unlimited** 18273
05.00 **Sports Centre** 39186
05.30 **Closedown**

SKY SPORTS 3 — Astra H 11.671GHz

12.00 **WWF: Live Wire** 58855872
13.00 **Fish TV** 36755872
13.30 **Fish TV** 58842308
14.00 **Sports Classics: Australia v Great Britain** 67634940
15.00 **Wrestling Classics: Brian Maxine** 52523785
15.30 **Football: Women's FA Cup Final** 37610563
17.00 **Survival of the Fittest** 52528230
17.30 **Fastrax** 57165501
18.00 **Euro Seniors Golf: El Bosque Open** 58851056
19.00 **Fish TV** The very latest angling tips 35399940
20.00 **Major League Baseball** Baseball action from the Major League's game of the week 35386476
22.00 **Superbouts: Haglar's Knock-outs** Another chance to re-live classic action 35398211
23.00 **Rugby Union Classics: England v France** 26899834
23.30 **Closedown**

	6pm	7pm	8pm	9pm	10pm	11pm
SKY MOVIES SCREEN 1		Heavyweights		Dangerous Minds	Playback	
SKY MOVIES SCREEN 2	Friends at Last		Empire Records		Courage Under Fire	
SKY MOVIES GOLD	Strategic Air Command		The Taking of Pelham One Two Three		Hard to Kill	The Fly 2
SKY ONE	Dream Team	The Simpsons / Married with Children	Speed / Real TV	Blazing Infernos / World's Weirdest TV	Littlejohn: Live & Unleashed	Star Trek: The Next Generation
UK GOLD	Cont Big Break / The Bill	Dad's Army / Yes, Minister	May to December	Backup / The Detectives	The Chief	
EUROSPORT	Live Cycling	Live Boxing		Rally	Football	Motorcycling
SKY SPORTS 1	News / Football	Pavilion End	LPGA Golf: Title Holders Championship		News / Footballers' Show	Football

Double-check today's listings on the teletext page shown below each channel logo or use the Update telephone lines

PARAMOUNT COMEDY
Astra V 11.156GHz

19.00 Cosby 9495 **19.30** Roseanne: Snoop Davey Dave 5853 **20.00** Grace Under Fire: Quentin's Return 8143 **20.30** Caroline in the City 7650 **21.00** Cybill 19872 **21.30** Ellen: With Child 85476 **22.00** Frasier: And The Whimper Is... 63766 **22.30** Cheers: Sammy and the Professor. Rebecca's favourite college professor comes to visit, and has an affair with Sam 72414 **23.00** Duckman 98389 **23.30** The Morwenna Banks Show 35969 **00.00** Nurses 62341 **00.30** It's Garry Shandling's Show 24693 **01.00** Frasier 55709 **01.30** Cheers 93457 **02.00** Caroline in the City 49709 **02.30** Morwenna 51544 **03.00** Roseanne 68273 **03.30** Cybill 42896 **04.00** Closedown

CHALLENGE TV
Astra H 10.993GHz

17.00 Cross Wits 7501 **17.30** Family Days Out 450124 **17.35** Prize Time 678292 **17.45** Family Fortunes 543056 **18.15** Prize Time 979834 **18.30** Catchphrase 2921 **19.00** Prize Time 914292 **19.15** Fifteen to One 524921 **19.45** Family Days Out 599292 **19.50** Prize Time 510785 **20.00** The Crystal Maze 72853 **21.00** Prize Time 775211 **21.15** Strike It Lucky 819501 **21.45** Prize Time 476698 **22.00** 3-2-1 **23.00** Prize Time 62476 **23.15** Sticky Moments 383327 **00.00** Sale of the Century 19273 **00.30** McKenna 64544 **01.30** The Fall Guy 33344 **02.30** Big Brother Jake 75148 **03.00** Snowy River - The McGregor Saga 29815 **04.00** The Big Valley 45341 **05.00** Screenshop 32506 **06.00** Closedown

Text 120

LIVING
Astra V 10.979GHz

06.00 Tiny Living 1730143 **09.00** Rolonda: Twins With a Twist 4741143 **09.50** Ready, Steady, Cook 8698105 **10.30** The Young and the Restless 3443899 **11.20** Brookside 55372785 **11.50** Jimmy's 89640940 **12.20** Animal Rescue 65304150 **12.50** Rescue 911 3665834 **13.25** Hart to Hart 1991747 **14.20** Living It Up! 1593360 **15.20** Rolonda 8755143 **16.10** Tempestt: You Lost Weight and Became a Witch 9550582 **17.00** The Heat Is On 6037495 **17.30** Ready, Steady, Cook 3040018 **18.10** Jerry Springer Uncut 1273292 **19.00** Rescue 911 6057259 **19.30** Mysteries, Magic and Miracles 3860476 **20.00** Adrenalin Junkies 5777018 **21.00** Film: A Woman Scorned (1993) Erotic thriller about a woman who seeks revenge on her husband's family after blaming them for his suicide 5770105 **23.00** The Jerry Springer Show 9328360 **00.00** Closedown

Text 204

CHRISTIAN CHANNEL
Astra H 11.170GHz

04.00 Thought **04.05** Voice **04.30** Good Morning **04.45** Avanzini **05.00** Van Impe **05.30** McGuicken **06.00** Liardon **06.30** Changing Your World **07.00** Voice **07.30** Kidz Tv **07.45** Hinn **08.15** Good Morning **08.30** On Holy Ground **09.00** Day of Victory **09.30** Meyer **10.00** IIB **10.30** Avanzini **10.40** Good Morning **10.45** CMTV **11.00** Closedown

SKY SOAP
Astra V 11.568GHz

11.00 Take the High Road **11.30** Emmerdale **12.00** Emmerdale **12.30** As the World Turns **13.15** Families **13.45** Guiding Light **14.30** Take the High Road **15.00** Emmerdale **15.30** Emmerdale **16.00** Closedown

THE HISTORY CHANNEL
Astra V 11.568GHz

16.00 War Lords **17.00** The Great Days of the Century: 1914-1918 - The First World War **18.00** Ancient Mysteries...Warriors: Naked Warriors of Europe **19.00** Biography: Mata Hari **20.00** Closedown

SKY TRAVEL
Astra V 11.126GHz

11.00 Round Trip **11.30** Globetrotter **12.00** American Adventurer **12.30** Getaway **13.00** Dales Diaries **13.30** Was It Good for You?: Las Vegas **14.00** American Vacation **15.00** Globetrotter **15.30** Around the World **16.00** Closedown

TV TRAVEL SHOP
Astra H 10.993GHz

12.00-17.00 Home Travel Shopping Service

QVC
Astra V 11.038GHz

Text 205

24 Hour Shopping Service

Sell-a-Vision
Astra H 11.273GHz

05.00-12.00 Sell-a-Vision

Discovery Home & Leisure
Astra H 11.082GHz

ALSO ON CABLE

09.00 **Simply Painting** 7636143
09.30 **The Garden Show** 2555921
10.00 **Garden Calendar** 4618582
10.30 **New Yankee Workshop** 7632327
11.00 **Rex Hunt's Fishing World** 8506476
11.30 **Hometime** 8507105
12.00 **The Close Guide** 7623679
12.30 **This Old House with Steve & Norm** 2566037
13.00 **Yan Can Cook - the Best of Asia** 9706327
13.30 **Furniture to Go** 2565308
14.00 **Doing It Up** 6037327
14.30 **Antiques Challenge** 7100327
15.00 **Two's Country** 6016834
15.30 **Home Again with Bob Vila** 7105872
16.00 **Closedown**

Discovery Channel
Astra H 11.082GHz

16.00 **Rex Hunt's Fishing World** 7191679
16.30 **Zoo Story** 7180563
17.00 **First Flights: Flight Control - Wing Warping to Fly-by-Wire** 6028679
17.30 **Time Travellers: The Lost City of Zimbabwe** 7104143
18.00 **Wildlife SOS** 7101056
18.30 **Troubled Waters: Wild Discovery** 9818501
19.30 **Disaster: Panic in the Stands** Has anything been learned from the Heysel Stadium disaster of 1985, and have any changes been made to the design of today's football grounds? 7181292
20.00 **Discover Magazine: The Hunt** Searching out the bizarre and unusual stories from the world of science 9956018
21.00 **Raging Planet: Earthquake** Exploring the power and beauty of the natural force 9969582
22.00 **Zulu Wars: Red Coat Black Blood** 9979969
23.00 **Wheel Nuts** 8521785
23.30 **Top Marques II: Porsche** 4614766
00.00 **First Flights: Flight Control - Wing Warping to Fly-by-Wire** 9906051
00.30 **Disaster: Panic in the Stands** 5935761
01.00 **Zulu Wars: Blood River** 7745761
02.00 **Closedown**

Text 200

.tv
Astra V 10.847GHz

18.00 Net Hedz. The show for anyone who wants to get to know the Internet inside-out **18.30** Game Over **18.45** Chips With Everything **19.00** Masterclass **19.30** Net Hedz **20.00** Closedown

SKY SCOTTISH
Astra H 10.862GHz

18.00 The Celtic Park Hour **19.00** The Spirit of Adventure. A 3,000 mile journey in search of the true spirit of Scotland - malt whiskey **19.30** TV Slimmers **19.55** Scotland Today **20.00** Closedown

breeze
Astra V 10.847GHz

06.00 **E! Uncut** 65638056
06.30 **E! Entertainment** 15679312
07.00 **Women of Substance** 73015853
07.30 **The Zest Beauty Show** 73094360
08.00 **The View** 13646389
09.00 **Sally Jessy Raphael** 65614476
10.00 **Thirtysomething** 73023872
11.00 **E! Uncut** 35519563
11.30 **E! Entertainment** 35510292
12.00 **The View** 10655292
13.00 **Women of Substance** 73014124
13.30 **The Zest Beauty Show** 10675056
14.00 **Thirtysomething: The Parents Are Coming, the Parents Are...** Tensions mount when Hope's parents come to stay, and Michael's commitments affect his friendship with Gary. 20524263
15.00 **Livetime** Live magazine programme covering covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home 35521308
16.00 **Sally Jessy Raphael: My Man Is a Disgusting Slob** Audince participation show 35533143
17.00 **Livetime** 47143940
18.00 **Closedown**

SKY NEWS
Astra V 11.377GHz

Sky News on the hour plus **06.00** Sunrise **10.30** ABC Nightline **11.30** World News **14.30** Parliament Live **15.30** Parliament Live **16.30** World News **17.00** Live at Five. Bob Friend and Lisa Aziz take a look at the day's top stories and the issues behind them **19.30** Sportsline. Comprehensive sport coverage **20.30** Sky Business Report **21.30** World News **22.00** Prime Time **00.30** CBS Evening News **01.30** ABC World News Tonight **02.30** Sky Business Report **03.30** Newsmaker **04.30** CBS Evening News **05.30** ABC World News Tonight

Text 128

CNN International
Astra V 11.627GHz

News on the hour plus **05.00** This Morning **05.30** Insight **06.00** This Morning **06.30** Moneyline **07.00** This Morning **07.30** Sport **08.30** Showbiz **09.00** Larry King **10.30** Sport **11.30** American Edition **11.45** World Report **12.30** Digital Jam **13.15** Asian Edition **13.30** Business Asia **14.30** Newsroom **15.30** Sport **16.30** Showbiz **17.00** Larry King **18.45** American Edition **19.30** Business **20.30** Q&A **21.30** Insight **22.00** Business **22.30** Sport **23.00** World View **00.30** Moneyline **01.15** Asian Edition **01.30** Q&A **02.00** Larry King **03.30** Showbiz **04.15** American Edition **04.30** World Report

Text 200

CNBC
Astra V 10.729GHz

05.00 Europe Today **08.00** European Money Wheel. Up-to-the-minute picture of the European and global business enviroment **13.00** CNBC's US Squawk Box **15.00** US Market Watch **17.00** US Power Lunch **18.00** Europe Tonight **19.00** Media Report. Europe's only daily media guide turns the spotlight on all the latest marketing, TV, publishing and IT **19.30** Street Signs. Behind the scenes onto the floor of the New York Stock Exchange, following market activity during the last hour of trading **21.00** US Market Wrap **23.00** Media Report. Latest developments in the media world **23.30** Europe Tonight. The latest news from across the continent as it happens **00.00** Breakfast Briefing **01.00** CNBC Asian Squawk Box **02.00** Trading Day **03.00** Trading Day **04.00** Trading Day

Bloomberg
Astra H 11.361GHz

24 hour business news with **06.00** Markets **07.19** Stock Pickers **08.00** Trading Day **13.19** Stock Pickers **14.15** Focus on Germany **16.00** Money Makers **16.57** Travel Report **17.15** Bloomberg Money **19.45** Focus on Germany **21.15** Bloomberg Money

CARTOON NETWORK
Astra H 11.023GHz

05.00 Omer and the Starchild **05.30** The Fruitties **06.00** Blinky Bill **06.30** Thomas the Tank Engine **06.45** The Magic Roundabout **07.00** Bugs Bunny **07.15** Road Runner **07.30** Tom and Jerry **07.45** Dexter's Laboratory **08.00** Cow and Chicken **08.15** Scooby Doo **08.30** Tom and Jerry Kids **09.00** The Magic Roundabout **09.30** Thomas the Tank Engine **10.00** Blinky Bill **10.30** Cave Kids **11.00** Perils of Penelope Pitstop. Dastardly and Muttley pursue the princess of pink **11.30** Help! It's the Hair Bear Bunch **12.00** Scooby Doo **12.30** Popeye **13.00** Droopy **13.30** Tom and Jerry **14.00** Yogi Bear **14.30** The Jetsons **15.00** The Addams Family **15.30** Scooby Doo **16.00** Scooby Doo **16.30** Dexter's Laboratory **17.00** Johnny Bravo **17.30** Cow and Chicken **18.00** Tom and Jerry **18.15** Road Runner **18.30** The Flintstones. Pre-historic pranks **19.00** Scooby Doo **19.30** The Mask **20.00** The Real Adventures of Jonny Quest **20.30** The Bugs and Daffy Show **21.00** Closedown

Text 102

NICKELODEON
Astra V 11.156GHz

06.00 Count Duckula **06.30** Grimmy **07.00** Hey Arnold! **07.30** Rugrats **08.00** Doug **08.30** Arthur **09.00** Children's BBC **10.00** Wimzie's House **10.30** Babar **11.00** The Magic School Bus **11.30** PB Bear/Little Red Tractor/Mr Men/Magic Mountain **12.00** Rugrats **12.30** Blues Clues **13.00** Bananas in Pyjamas **13.30** Franklin **14.00** Little Bear Stories **14.30** Children's BBC **15.00** Children's BBC **15.30** Doug **16.00** Pippi Longstocking **16.30** Rugrats **17.00** Sister, Sister - With Tamera and Tia Mowry **17.30** Kenan & Kel **18.00** Sabrina the Teenage Witch **18.30** Moesha **19.00** Closedown

Text 110

FOX KIDS
Astra H 11.303GHz

06.00 Power Rangers **07.00** X-Men **07.25** Casper **07.35** Spiderman **08.00** Goosebumps **08.25** Sam & Max **08.35** Beetleborgs **09.00** Masked Rider **09.30** Fairy Tales **10.00** Pinocchio **10.30** Peter Pan **11.00** Oliver Twist **11.30** Huckleberry Finn **12.00** Gulliver **12.30** Eek!Stravaganza **12.42** Mouse and the Monster **12.54** Casper **13.06** Thunderlizards **13.18** Sam & Max **13.30** Extreme Heroes **14.00** Eagle Riders **14.30** Conan **15.00** Skysurfer **15.30** Donkey Kong **16.00** Casper **17.00** Goosebumps **17.25** Eerie, Indiana **17.50** Sam & Max **18.00** Goosebumps **18.25** Eerie, Indiana **18.50** Toonslyvania **19.00** Closedown

Trouble
Astra V 11.097GHz

07.00 Batman 9794582 **07.30** Earthworm Jim 9780389 **08.00** California Dreams 7617018 **08.30** Hang Time 7616389 **09.00** Ready or Not 7630969 **09.30** Heartbreak High 2454921 **10.30** Echo Point 7629853 **11.00** Batman. The Joker and The Penguin join forces in a crime that is out of this world 8526230 **11.30** Earthworm Jim 8534259 **12.00** Sweat 7610105 **12.30** Heartbreak High. Danni and Katerina are spooked by strange goings-on as Friday 13th approaches and Matt and Stassy find they are being drawn together. Bolton's prank lands him in jail 8235360 **13.30** Echo Point 2552834 **14.00** Hollyoaks 6024853 **14.30** It's in the Jeans 4068785 **14.45** Teenage Urban Adventurers 4056940 **15.00** Sweat 6003360 **15.30** California Dreams 7109698 **16.00** Ready or Not 7188105 **16.30** Saved by the Bell 7184389 **17.00** Hollyoaks 6015105 **17.30** USA High 7108969 **18.00** Hang Time. Comedy drama about an underdod basketball team who improve their form by having a girl in their ranks 7198582 **18.30** Bangs 3739308 **18.45** On the Make 3752259 **19.00** Saved by the Bell. The boys compete against the girls for a prize that will pay for sports equipment 6035969 **19.30** USA High. Jackson crashes Mr Elliot's prized Austin Martin when he 'borrows' it to impress Lauren 7185018 **20.00** Closedown

Check the telephone numbers above for

VH1

Astra V 11.538GHz

07.00 **Power Breakfast** 73004747
09.00 **Pop-Up Video** 40862327
09.30 **VH1 Upbeat** 34244230
12.00 **Ten of the Best: Jilly Johnson** 10671230
13.00 **Mills 'n' Tunes** 10657650
14.00 **Jukebox** 34029673
15.00 **Toyah & Co** 30232018
17.00 **Five @ Five** 47157143
17.30 **Pop-Up Video** 17955872
18.00 **Hit for Six** 10677414
19.00 **Mills 'n' Tunes** Musical mystery tour with Bob Mills 50836230
20.00 **VH1 Hits** Two hours of big hits on video 50823766
22.00 **The Clare Grogan Show** VH1's pop-pixie 50835501
23.00 **Jobson's Choice** 73017211
00.00 **The Nightfly** 13618506
01.00 **Spice** 12321821
02.00 **VH1 Late Shift** 17389254

Text 200

MTV

Astra H 11.421GHz

06.00 **Kickstart** 430476
09.00 **MTV Mix** 178124
12.00 **Non Stop Hits** 53476
14.00 **Hit List UK** 74969
15.00 **Non Stop Hits** Another hour of continuous music videos 50143
16.00 **Select MTV** 8230
18.00 **Stylissmo!** MTV's fashion and lifestyle show 2607
18.30 **Extra Hot Hits** 1679
19.00 **US Top 10** Stateside chart run-down 65563
20.00 **Hot** With Ed Byrne and Brendon Burns 74211
21.00 **Up for It** Live show presented by Eddy Temple-Morris 61747
22.00 **Amour** Cat Deeley presents the MTV Erogenous Zone 64834
23.00 **Alternative Nation** The latest news and music from the alternative music scene 25817
00.00 **Collexion** Featuring cult British band The Cure and their recently released greatest hits album *Galore* 60070
01.00 **Night Videos** 1730099

Text 102

THE BOX

THE BOX Astra H 11.244GHz

ALSO ON CABLE

From 02.00-07.00 music channel featuring viewers' requests, videos, interviews and competitions

FOREIGN CHANNELS

CANAL+

Thor1 H 12.015 GHz

0336 413 421

06.00 Morning programmes **09.45** Film: Mary Reilly (1996) **11.30** Once a Thief **12.15** Film: In the Bleak Midwinter (1995) **13.50** Film: Kiss Shot (1989) **15.20** Film: Crime of the Century (1996) **17.20** Film: Traveller (1997) **19.00** Film: Beck (1997) **20.30** Film: The Barefoot Executive (1995) **22.00** Film: Race the Sun (1996) **23.40** Film: Coming to Ibiza 1 (1996 - erotic) **01.05** Film: Nick of Time (1996) **02.35** Film: Bound (1996) **04.25** Film: Unfaithfully Yours (1984)

TV 1000

Intelsat 707 1°W V 11.054GHz

0336 413 428

04.45 Morning programmes **11.00** Film: Howard's End (1992) **13.20** Film: Monopol (1996) **15.10** Film: The Last Tattoo (1994) **17.00** Film: Ruby Jean and Joe (1995) **18.45** Film Magazine **19.00** Film: Kidnapped (1996) **20.30** Bakom kulisserna **21.30** Film: Uncle Sam (1996) **23.00** Film: Aktuell Rapport 8 (erotic) **01.00** Film: Nine Millimetre (1997) **02.45** Film: From Dusk till Dawn (1996) **04.30** Bakom kulisserna

Astra V 10.788GHz

04.00 Tamil Film: Subash **06.30** Looko Chori **07.00** Jaagran **07.30** Zee World **08.00** News **08.30** Buniyaad **09.00** Endrum **09.30** Zee Health **10.00** Parivartan **11.00** Golden Khana Khazana **11.30** Daraar **12.00** Hindi Film: Lekin **15.00** Andaz **15.30** Sailaab **16.00** Campus **16.30** Top Ten **17.30** Quiz **18.00** Banegi Apni Baat **18.30** Pop Busters **19.00** Hum Aapke Hain Woh **19.30** Chalo Cinema **20.00** News **20.30** Daraar **21.00** Ikke Pe Ikka **21.30** Ghoomta Aaina **22.00** Tara **23.00** Sa Re Ga Ma **00.00** Closedown

ZDF

Astra H 10.964GHz

TEXT 300

04.30 Morning programmes **13.00** Gesundheit! **13.15** Expedition **14.00** heute **14.03** Mensch Ohrner! **15.00** heute **15.10** Risiko **16.00** heute **16.15** hallo Deutschland **16.45** heute **17.00** First Love **18.00** heute **18.20** Wetter **18.25** drunter und drüber **19.15** Hitlers Helfer **20.00** Frontal **20.45** heute **21.13** Wetter **21.15** 37° **21.45** Für alle Fälle Fitz **22.40** heute **22.55** Film: Der Taschenträger (1991) **00.25** Night programmes

3sat

Astra V 11.347GHz

TEXT 300

05.50 Morning programmes **12.00** Servicezeit **12.30** Das Entdeckermagazin **13.00** offen **14.00** Film: Kaiser Joseph und die Bahnwärterstochter (1952) **15.20** Eisenbahnromantik **15.45** Geheimnisse eines Genies **16.15** Reiselust **16.45** Genießen auf gut deutsch **17.15** Bilder aus Deutschland **18.00** heute **18.20** Kulturzeit **19.00** Tagesschau **19.15** Film: Muttertag (1993) **20.50** Kurzfilm **21.00** Zeit im Bild 2 **21.25** Film: Paper Mask (1989) **23.05** Seitenblicke **23.10** 10 vor 10 **23.35** Kulturzeit **00.15** ORF-Talkshow **01.30** Night programmes

RTL TELEVISION

Astra V 11.229GHz

TEXT 300

05.00 Morning programmes **12.00** Stadtklinik **13.00** Bärbel Schäfer **14.00** Ilona Christen **15.00** Hans Meiser **16.00** Jeopardy! **16.30** Unter uns **17.00** Guten Abend RTL **17.30** Exclusiv: Das Star-Magazin **17.45** RTL aktuell **18.10** Explosiv: Das Magazin **18.40** Gute Zeiten, schlechte Zeiten **19.15** Der Clown **20.15** Im Namen des Gesetzes **21.15** Quincy **22.15** Burning Zone **23.00** RTL-Nachtjournal **23.30** Ellen **00.00** Love & War **00.30** Bärbel Schäfer **01.20** Notruf täglich **01.50** RTL-Nachtjournal **02.20** Hans Meiser **03.10** Ilona Christen **04.00** Night programmes

SAT.1

Astra V 11.288GHz

0336 413 426

TV TEXT 300

04.30 Deutschland heute morgen **08.00** Jake und McCabe **09.00** Hast du Worte!? **09.30** Bube, Dame, Hörig **10.00** Jörg Pilawa **11.00** Vera am Mittag **12.00** Sonja **13.00** MacGyver **14.00** Star Trek: Raumschiff Voyager **15.00** Baywatch Nights **16.00** Jeder gegen Jeden **16.30** 17:30 **17.00** blitz **17.30** 18:30 **17.47** SAT.1 Wetter **17.50** SAT.1-Sport **18.00** Geliebte Schwestern **18.30** Glücksrad **19.15** Nur die Liebe siegt **21.15** Akte **22.15** Die Harald Schmidt Show **23.15** ran NFL **23.30** Die Schlangengrube und das Pendel **01.05** Star Trek: Raumschiff Voyager **01.55** Baywatch Nights **02.40** Jörg Pilawa **03.30** Geliebte Schwestern **04.00** blitz

ADULT ADULT ADULT ADULT ADULT

PLAYBOY TV

Astra H 11.671GHz

23.30 Free Teaser. A free sample of the channel 24677476 **23.35** Peep Show 92363292 **23.45** Night Calls 76371969 **01.10** Film: Scandal. A pair of well respected reporters begin to suspect their boss of being a cold blooded killer 48005709 **02.35** Film: Dreams of Desire. An intimate peek into a woman's psyche 34211341 **04.00** Closedown

The Adult Channel

Astra V 10.788GHz

0336 413 400

00.00 Dish of the Day 26202037 **00.10** French Teaser: Episode 1 26291921 **00.20** Film: Cheatin' Hearts. Two people develop a strong attraction for one another while their spouses are cheating on them 34825835 **01.30** Pleasure Dome 97169495 **02.25** Film: Pussyman. Three cameras, 14 stars and a $6 million mansion 85893495 **04.00** Closedown

Fantasy Channel

Fantasy Channel Astra V 10.979GHz from 00.00-04.00

0336 413 400

00.00 Free 3813292 **00.10** Pornorama 3819476 **00.20** Shagnasty 3689872 **00.45** Film: Let's Dream On 7260211 **01.00** Free View 6528105 **01.05** Film cont. 9296921 **02.00** Superdick 72856476 **02.25** Film: My Generation 77065921 **03.55** What's on Tomorrow 35556124 **04.00** Closedown

GAY

Gay TV Astra V 10.979GHz from 04.00-05.30

All programmes are subject to change

Gay TV is Britain's first adult gay television station and it features a mix of erotic series, special programmes and gay films from both Europe and America - full programme details for May were unavailable at the time of going to press

CABLE & MULTI SATELLITE CHANNELS

TARA

TARA Cable

12.00 Simply Painting **12.30** Waterways: Bring Us Back a Parrot **13.00** Kenny Live **14.30** PM Live **16.30** Vintage Glenroe **17.00** Nature in its Place **17.30** Showjumping Grand Prix '98 **18.00** Six-One **19.00** North of Naples, South of Rome **19.30** Drive **20.00** The Lyrics Board **20.30** Glenroe **21.00** Bad Bob's: The Gaiety Sessions **21.30** 2TV **23.00** News **23.20** 2TV continued **23.50** Signal Box. Surreal comedy with Sean Hughes **00.00** Closedown

LIVE TV

LIVE TV Cable

06.00 Morning programmes **12.00** The Why Files **12.30** Serial Killers **13.00** Lie Detector **13.30** Judge Judy **14.00** The Fashion Show **14.30** Revelations **15.00** Fate and Fortune **15.30** Lie Detector **16.00** Living Room Legends **16.30** Judge Judy **17.00** Agony **17.30** Odds on Sport **18.00** The Fashion Show **18.30** Dial a Doc **18.45** What's in the Box **19.00** Living Room Legends **19.30** Agony **19.59** Tiffani's Big City Tips **20.00** Fight Night Live **22.00** Topless Darts **22.02** Odds on Sport **22.30** The Sex Show **23.00** Tiffani's Big City Tips **23.01** Topless Darts **23.02** Exotica Erotica **00.00** Night programmes

KNOWLEDGE TV

KNOWLEDGE Cable

11.00 Contact **11.30** Open University **12.00** Open University **12.30** Open University **13.00** Work in Progress **13.30** New Media News **14.00** Open University **14.30** Computer Kids **15.00** World Geography & History **15.30** Azimuths **16.00** Performing Arts Theatre **17.00** Contact **17.30** Open University **18.00** Open University **18.30** New Media News **19.00** Open University **19.30** Computer Kids **20.00** Open University **20.30** Work in Progress **21.00** World Geography & History **21.30** Azimuths **22.00** Performing Arts Theatre. Selected performances from the arts world **23.00** Closedown

CABLE & MULTI SATELLITE CHANNELS

travel

TRAVEL Cable

TEXT 200

12.00 Great Escape **12.30** The Wonderful World **13.00** A River Somewhere **13.30** Gatherings & Celebrations **14.00** On Tour **14.30** Go Greece **15.00** On the Horizon **15.30** No Truckin' Holiday **16.00** On Top of the World **17.00** A River Somewhere **17.30** Cities **18.00** Gatherings & Celebrations **18.30** On Tour **19.00** Great Escape **19.30** The Wonderful World **20.00** Stepping the World **20.30** Flavours of France **21.00** From the Orinoco to the Andes **22.00** Go Greece **22.30** Far Flung Floyd **23.00** Cities **23.30** Bruce's American Postcards **00.00** Closedown

SCHT

Cable

ALSO ON ASTRA H 11.170GHz

07.30 Bloomberg Television **08.00** G-Force **08.30** Bionic Six **09.00** Battlestar Galactica **10.00** The Tomorrow People: Secret Weapon **10.30** Jupiter Moon **11.00** Dark Shadows **11.30** New Alfred Hitchcock **12.00** The Twilight Zone **12.30** The Twilight Zone **13.00** Tales of the Unexpected **13.30** Ray Bradbury Theatre **14.00** Voyagers! **15.00** The Six Million Dollar Man **16.00** Swamp Thing **16.30** My Secret Identity **17.00** Amazing Stories **17.30** Inside Space **18.00** C/Net Central **18.30** SF Scene **19.00** Battlestar Galactica **20.00** Quantum Leap **21.00** PSI Factor: Chronicles of the Paranormal. Another pair of paranormal investigation tales hosted by Dan Ackroyd **22.00** Film: 20 Million Miles to Earth (1957) A Venusian life form crash lands on Earth and promptly runs riot **23.35** SF Scene Special **00.00** Sightings **01.00** The Tomorrow People: A Rift in Time **01.30** Flash Gordon's Trip to Mars **02.00** Friday the 13th **03.00** Tales of the Unexpected **03.30** Dark Shadows **04.00** Closedown

Performance

PERFORMANCE Cable

19.00 Beethoven String Quartets **19.45** Bryn Terfel **20.00** Boston Pops Orchestra **21.00** Opera: The Queen of Spades **00.15** Midnight Jazz **01.00** Closedown

ANIMAL PLANET

Eutel 13°E H 11.052GHz

09.00 Nature Watch **09.30** Kratt's Creatures **10.00** Rediscovery **11.00** Oceans Wild **11.30** The Big Animal Show **12.00** ESPU **12.30** Horse Tales **13.00** Zoo Life **13.30** Animal Doctor **14.00** Nature Watch **14.30** Kratt's Creatures **15.00** Human/Nature **16.00** Wild Sanctuaries **16.30** Wild Veterinarians **17.00** Rediscovery **18.00** Nature Watch **18.30** Kratt's Creatures **19.00** Zoo Life **19.30** Animal Doctor **20.00** All Bird TV **20.30** Emergency Vets **21.00** Hunters **22.00** Human/Nature **23.00** Animal Planet Classics **00.00** Closedown

CHANNEL ONE

CHANNEL ONE Cable

Local news on the hour plus: **10.30** Album Show **11.30** American Chart **12.30** Inside Hollywood **13.30** Catwalk Show **14.30** Album Show **15.30** PDQ **16.30** Real Gardening **17.30** PDQ **18.30** Album Show **19.30** PDQ **20.30** American Chart **21.30** The A-Z of Food **22.30** PDQ **23.30** Album Show **00.00** News & music all night

BBC WORLD

BBC WORLD Eutel II F1 13°E V 11.620GHz

News on the hour plus: **05.30** Window on Europe **06.30** Film '98 **07.30** Hard Talk **08.30** Top Gear **09.30** Window on Europe **10.30** Hard Talk **11.30** Earth Report **12.00** Today **13.30** Window on Europe **14.15** Business **14.30** Today **15.30** Holiday **16.30** Hard Talk **17.30** Film '98 **18.00** Today **19.30** Hard Talk **20.30** Reporters **21.10** Business **21.30** The Clothes Show **22.10** Europe Direct **23.15** Business **23.30** Hard Talk **00.00** Night programmes

BET

BETI Cable

06.00 Nat King Cole **07.00** Caribbean Rhythms **08.00** Impressions **09.00** Rap City **11.00** Jazz Central **12.00** Schedule repeats 06.00-11.00

NBC

NBC Europe Cable/ Eutel 13°E V 10.987GHz

CNBC: EUROPEAN BUSINESS SERVICE ON ASTRA V 10.729GHz

TEXT 300

0336 413 429

05.00 Europe Today **08.00** European Money Wheel CNBC Europe **11.00** Internight **12.00** Time and Again **13.00** European Living: Europe à la Carte **13.30** VIP **14.00** The Today Show **15.00** Home and Garden Television: Spencer Christian's Wine Cellar **15.30** Dream House **16.00** Time and Again **17.00** European Living: Flavors of France **17.30** VIP **18.00** Europe Tonight Live **18.30** The Ticket NBC **19.00** Dateline NBC **20.00** NBC Super Sports: European Championship of Badminton **21.00** The Tonight Show with Jay Leno **22.00** Best of Late Night with Conan O'Brien **23.00** The Ticket NBC **23.30** NBC Nightly News with Tom Brokaw **00.00** The Tonight Show with Jay Leno **01.00** MSNBC Internight **02.00** VIP **02.30** Hello Austria, Hello Vienna **03.00** The Ticket NBC **03.30** European Living: Wines of Italy **04.00** MSNBC's The News with Brian Williams

CARLTON SELECT

Cable

17.00 Blockbusters **17.30** Hey Dad II **18.00** Byker Grove **18.30** A Country Practice **19.00** London Bridge **19.30** Our House **20.00** Desmond's **20.30** Rude Health **21.00** Behaving Badly **22.00** Perfect Scoundrels **23.00** St Elsewhere **00.00** Let the Blood Run **00.30** Tales of the Unexpected **01.00** Closedown

CARLTON FOOD AND COOKERY

Cable

09.00 FND **09.30** Food for Thought **10.00** Chef on a Shoestring **10.30** What's Cooking? **11.00** Thompson **11.30** Kerr's Kitchen **12.00** FND **12.30** Wok Wiz **13.00** Food for Thought **13.30** Naturally **14.00** So You Think **14.30** FND **15.00** First Taste **15.30** Thompson **16.00** Taste of England **16.30** Seasonal Kitchen **17.00** Closedown

HVC

Cable

20.00 Kissing Miranda **21.40** Short Cuts: The Cellist **22.05** Jackals **23.45** Dream Girls: Sammy **00.00** Closedown

UK ARENA

UK ARENA cable

18.00 To Serve Them All My Days **19.00** Beethoven Symphonies **20.15** The Frame **20.30** How Buildings Learn **21.00** Not Only... but Also... Comedy from Pete and Dud **21.30** The Buddha of Suburbia **22.45** The Frame **23.00** Later on... Carpenters **00.00** Closedown

UK HORIZONS

UK HORIZONS cable

07.00 Flight of the Condor **08.00** We Have Ways of Making You Think **09.00** Tomorrow's World Plus **10.00** Great Mysteries and Myths **10.30** Vets in Practice **11.00** Siamese Twins **12.00** Crusades **13.00** Island Race **13.30** Making Babies: Tania and Ray's Story **14.30** Off Your Trolley with Loyd Grossman **15.00** Living in the Past **15.30** Back to the Iron Age 16.30 The Savage Paradise **17.30** Mysteries with Carol Vorderman **18.00** Animal Hospital Week **18.30** Wildlife on UK Horizons **19.00** A Chinese Cure for Eczema? **19.30** Storm Warning **20.00** The Ascent of Man **21.00** Traces of Guilt **22.00** Airport **22.30** Soho Stories **23.30** Raging Belles **00.00** Your Horizons **01.00** Closedown

UK STYLE

UK STYLE cable

14.00 Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Change That **15.30** The Victorian Kitchen Garden **16.00** Dream Ticket **16.30** Wild Harvest with Nick Nairn **17.00** From A to B: Tales of Modern Motoring **18.00** Call My Bluff **18.30** Real Rooms **19.00** Really Useful Week. Consumer show with ideas and reports **20.00** Travel Show Guide **20.30** Change That **21.00** Can't Cook, Won't Cook **21.30** Style Challenge **22.00** Call My Bluff **22.30** Going for a Song **23.00** How Does Your Garden Grow? **00.00** Closedown

English translations of the foreign channels

FOR MORE CHANNELS SEE LISTINGS EXTRA