

BBC1

101 101/115 801 101 108 1 101 101/106

- 6.00 AM Breakfast (S)
9.15 Rip Off Britain: Holidays
Series finale 10/10. (S)
10.00 Homes Under the Hammer (S)(R)
11.00 Wanted Down Under **New**
edition A week in Australia. (S)
11.45 Caught Red Handed **Series finale**
10/10. Crime-fighting sisters. (S)
12.15 PM Bargain Hunt **New edition** (S)
1.00 BBC News (S)
1.30 Local News (S)
1.45 Doctors **New episode** (S)(AD)
2.15 Father Brown **Series finale** (S)
3.00 I Escaped to the Country
Series finale (S)(AD)
3.45 The Farmers' Country
Showdown **New edition** (S)
4.30 Antiques Road Trip **New edition**
5.15 Pointless **New edition** Quiz. (S)
6.00 BBC News (S)
6.30 Local News (S)



9.00 Would I Lie to You?

- 7.00 The One Show
A mixture of celebrity chat
and stories of interest. (S)
7.30 A Question of Sport
New edition With Adam Gemili,
Heather Watson, Jonathan
Trott and Dean Ashton. (S)

- 8.00 EastEnders
Honey forces herself to eat in
front of the children. (S)(AD)
8.30 The Goes Wrong Show
New episode 4/6. The Cornley
Polytechnic Drama Society
stage a horror. (S1) (S)(AD)

- 9.00 Would I Lie to You?
New edition 6/11. With Steph
McGovern, Richard Osman, Joe
Sugg and Jennifer Saunders. (S)

- 9.30 King Gary
New episode 2/6. A star
player in Gary's little league
team is poached. (S1) (S)

- 10.00 BBC News (S)
10.25 Local News (S)
10.35 The Graham Norton Show
New edition 14/19. With
guests Jamie Foxx, Michael B
Jordan, Jennifer Saunders
and Patrick Stewart. (S)

- 11.25 RuPaul's Drag Race UK **New**
edition 2/9. The drag queens'
acting skills are put to the test
as they star in a sumptuous
new comedy costume drama
- Downton Draggy. With judges
Michelle Visage, Graham Norton
and Maisie Williams. (S)

- 12.30 AM Weather for the Week
Ahead Seven-day forecast. (S)
12.35 to 6.00 AM BBC News (S)

BBC2

102 102/115 802 102 102 2 102 102/106

- 6.30 AM Wanted Down Under (S)(R)
7.15 The Farmers' Country Showdown
Powburn Sheepdog Trials. (S)(R)
8.00 Sign Zone: MasterChef: The
Professionals (S)(R)(AD)
9.00 BBC News (S)
10.00 Victoria Derbyshire (S)
11.00 BBC Newsroom Live (S)
12.15 PM Politics Live (S)
1.00 LIVE Snooker: The Masters
Hazel Irvine presents coverage
of the third quarter-final at
Alexandra Palace in London. (S)
4.45 The Hairy Bikers' Pubs That
Built Britain (S)(R)(AD)
5.15 Flog It! **New edition** (S)
6.00 Richard Osman's House of
Games **New edition** (S)
6.30 Great British Railway Journeys
New edition 10/15. How tourism
spread across Somerset. (S)(AD)



8.30 Monty Don's American Gardens

- 7.00 LIVE Snooker: The Masters
Seema Jaswal presents
coverage of the fourth
quarter-final at Alexandra
Palace in London. With
commentary and analysis from
Steve Davis, John Parrott, Ken
Doherty, Dennis Taylor, Stephen
Hendry and John Virgo. (S)

- 8.30 Monty Don's
American Gardens
New edition 2/3. The
horticulturalist explores gardens
of early independent America,
learning how the history of the
South is still very much evident
in the places he visits. (S)(AD)

- 9.30 QI
New edition 12/18. With guest
panellists Sindhu Vee, Sally
Phillips and Aisling Bea. (S)

- 10.00 Mock the Week
With Eshaan Akbar, Rhys
James, Angela Barnes, Ed
Gamble and Sindhu Vee. (S)(R)
10.30 Newsnight (S)

- 11.00 Weather (S)
11.05 NEW SERIES Front Row Late
1/6. Mary Beard and her panel
discuss the links between culture,
money and power. (S)
11.45 Snooker: The Masters (S)
12.35 AM Snooker: The Masters
- Extra Extended highlights. (S)
2.35 Sign Zone: How to Save the
High Street - Panorama (S)(R)
3.05 Sign Zone: Doctor Who Orphan
55: 3/10. (S12) (S)(R)(AD)
3.55 to 6.00 AM Previews (S)

ITV

103 103/176 803 103 113/103 3 103 103/111

- 6.00 AM Good Morning Britain (S)
9.00 Lorraine (S)
10.00 This Morning (S)
12.30 PM Loose Women Topical debate
from a female perspective. (S)
1.30 ITV News (S)
1.55 Local News (S)
2.00 Dickinson's Real Deal **New**
edition David Dickinson and
the dealers visit members of
the public in Solihull, where Simon
Schneider gets into a movie
poster shoot-out, and Fay Rutter
eyes up a gent's Rolex. (S)
3.00 Tenable **New edition** Quiz. (S)
4.00 Tipping Point **New edition** Quiz
show hosted by Ben Shephard. (S)
5.00 The Chase **New edition** Game
show hosted by Bradley Walsh. (S)
6.00 Local News (S)
6.30 ITV News (S)



9.00 Grantchester

- 7.00 Emmerdale
Kim learns troubling news,
and Jai has a plan. (S)(AD)
7.30 Coronation Street
David is thrilled when Shona
regains consciousness and
tries to speak. (S)(AD)

- 8.00 The Greek Islands
with Julia Bradbury
New edition 2/6. Julia visits
the island of Corfu. (S)(AD)

- 8.30 Coronation Street
A vengeful Bernie corners
Kel in the park. (S)(AD)

- 9.00 Grantchester
New episode 2/6. After Will
and Leonard witness a deadly
hit-and-run, Georgie traces the
car to a pair of dysfunctional
brothers. Meanwhile, a new
television set lands in the
vicarage. (S5) (S)(AD)

- 10.00 ITV News (S)
10.30 Local News (S)
10.45 The Brits Are Coming
Alice Levine announces the
2020 Brit Awards nominees.
With performances by Liam
Payne, Mabel and Aitch. (S)(R)

- 11.40 Cold Feet 1/6. Adam finds
himself in hot water at work,
while his relationship with Karen
continues to affect the group,
and David begins to see Mary
in a new light. (S9) (S)(R)(AD)
12.30 AM Ideal World
3.00 Who's Doing the Dishes?
Rowland Rivron plays mystery host
to four strangers. Presented by
Brian McFadden. (S)(R)(AD)
3.50 to 6.00 AM Nightscreen

+1 hour 203 114 33 112

CHANNEL 4

104 104/138 803 104/141 4 104 104

- 6.30 AM Cheers 13&14/27. (S9) (S)(R)
7.20 The King of Queens (S)(R)(AD)
8.10 Everybody Loves Raymond (S)(R)
9.10 Frasier 7&8/25. (S11) (S)(R)(AD)
10.10 Undercover Boss USA (S)(R)
11.05 Ramsay's Kitchen Nightmares
USA A restaurant in California. (R)
12.00 NOON News (S)
12.05 PM Sun, Sea and Selling Houses
A property in Almeria. (S)(R)
1.05 Escape to the Chateau: DIY
Stephanie finishes her mother
Isobel's apartment. (S)(R)
2.10 Countdown **New edition** (S)
3.00 A Place in the Sun (S)(R)
4.00 A New Life in the Sun **New edition**
Storms flood a B&B in Spain. (S)
5.00 Couples Come Dine with Me
New edition From Newcastle. (S)
6.00 The Simpsons (S)(R)(AD)
6.30 Hollyoaks (S)(AD)



10.00 The Last Leg

- 7.00 News (S)

- 8.00 Jamie and Jimmy's
Friday Night Feast
New edition Rob Beckett
joins Jamie Oliver and Jimmy
Doherty in their cafe, and
makes Peking-style roast duck,
served with cucumber batons
and hoisin sauce. (S)(AD)

- 9.00 Deadwater Fell
New episode 2/4. The
residents of Kirkcaldaroch come
out in force for the funerals
of the girls and Kate, and
Jess meets an old friend of
Kate - and is shocked by what
she discovers. (S1) (S)(AD)

- 10.00 NEW SERIES The Last Leg
Adam Hills, Josh Widdicombe
and Alex Brooker are joined
by celebrity guests for a comic
review of the significant
moments of the past week. (S)

- 11.05 Naked Attraction Flight attendant
Alex from Bristol hopes he can
find the perfect man. (S)(R)(AD)
12.10 AM FILM Transporter 3 Thriller
sequel starring Jason Statham.
The Transporter is pressured into
taking the daughter of a Ukrainian
official from Marseilles to Odessa.
(S) (2008, 15, 105min) ★★★
1.55 Come Dine with Me (S)(R)
5.05 to 6.00 AM Kirstie's
Celebrity Craft Masters (S)(R)

+1 hour 204 142 15 109 121

CHANNEL 5

105 105 805 154 105 5 105 105 105

- 6.00 AM Milkshake!
- 9.15 Jeremy Vine (S)
- 11.15 The Dog Rescuers with Alan Davies (S)(R)
- 12.10 PM News (S)
- 12.15 Police Interceptors (S)(R)
- 1.10 Access Showbiz news. (S)
- 1.15 Home and Away (S)(R)(AD)
- 1.45 Neighbours (S)(AD)
- 2.20 **FILM** Hidden Intentions Thriller starring Ashlynn Yennie. (S) (2018, 12, 100min) ★★
- 4.00 Friends 3&4/24. (S1) (S)(R)
- 5.00 News (S)
- 5.30 Neighbours After Hendrix's latest misdemeanour, Chloe loses patience. (S)(R)(AD)
- 6.00 Home and Away Justin is missing Tori and snaps at those dearest to him. (S)(R)(AD)
- 6.30 News (S)



9.00 Holidaying with Jane...

- 7.00 **Humpback Whale: Birth of a Giant** Documentary following the first few months of a newborn humpback whale's life, as it prepares for one of the longest animal migrations on Earth. (S)(R)

- 8.00 **Secret Scotland with Susan Calman** **New edition** 3/5. Susan explores Glasgow, and in its oldest building, Glasgow Cathedral, she discovers a seat fit for only a Queen. Plus a trip to Hampden Park. (S)

- 9.00 **Holidaying with Jane McDonald & Friends** **New edition** 3/6. Jane heads to New York and stays in the heart of the city, while Greg Rutherford and his family sample a hotel in the French Alps. (S)

- 10.00 **Inside the World's Greatest Hotels** **New edition** 3/6. The Beverly Hills Hotel, on Sunset Boulevard in Los Angeles. Also known as the Pink Palace, it has been greeting guests for 107 years. (S)

- 11.00 **FILM** Notting Hill Romantic comedy starring Julia Roberts. (S) (1999, 15, 145min) ★★★★★
- 1.25 AM 21.co.uk Live Casino Show
- 3.25 Access Showbiz news. (S)
- 3.30 The Motorway (S)(R)
- 4.15 Bargain-Loving Brits in the Sun (S)(R)
- 5.05 House Doctor (S)(SL)(R)
- 5.30 Great Artists (S)(SL)(R)
- 5.55 to 6.00 AM Access (S)

+1hour 205 155 44 128

SKY ONE

106 106 806 110 109

- 6.00 AM Monkey Business (S)(R)
- 7.00 Animal 999 (S)(R)
- 8.00 The Dog Whisperer: UK (R)
- 9.00 Motorway Patrol (S)(R)
- 10.00 **Attenborough at 90: Behind the Lens** (S)(R)(AD)
- 11.00 NCIS: Los Angeles (S10) (S)(R)
- 1.00 PM Hawaii Five-0 (S7) (S)(R)
- 3.00 Firefighters (S)(R)
- 4.00 Modern Family (S7) (S)(R)
- 5.00 The Simpsons Lisa Gets the Blues: The family end up in New Orleans. (S)(R)
- 5.30 Futurama Calculon 2.0: Bender and Fry resurrect robot actor Calculon. (S)(R)
- 6.00 **Assie Come Home:** Bender is robbed. (S)(R)
- 6.30 The Simpsons Lisa's First Word: The family remember Lisa's early days. (S)(R)



10.00 Sick of It

- 7.00 **The Simpsons** Homer's Triple Bypass: Homer has a heart attack, but cannot afford surgery. (S)(R)
- 7.30 Marge v the Monorail: Marge tackles a con man. Featuring the voice of Leonard Nimoy. (S)(R)

- 8.00 **NEW SERIES** The Simpsons The Winter of Our Monetised Content: A video of Bart and Homer goes viral.

- 8.30 **NEW SERIES** Modern Family Manny hopes to win back his ex-girlfriend. (S11)

- 9.00 **NEW SERIES** COBRA 1/6. Thriller starring Robert Carlyle. The prime minister deals with an unfolding national emergency after catastrophic events throw the nation into darkness. See feature, page 4 (S1)

- 10.00 **Sick of It** **New episodes** 3/6. Karl decides to travel to his hometown to right a wrong that has held him back.
- 10.30 4/6. A comedy club gig provides an unexpected revelation for Karl. (S2)

- 11.00 The Russell Howard Hour Topical comedy and entertainment show. (R)
- 12.00 MT Micky Flanagan Thinking Aloud (S)(R)(AD)
- 1.00 AM Brit Cops: Rapid Response
- 2.00 The Force: Manchester (S)(R)
- 3.00 Road Wars (S)(R)
- 4.00 Futurama (S)(R)
- 5.00 to 6.00 AM Stargate SG-1 10/22. (S4) (S)(R)

+1hour 206

LOCAL VARIATIONS

BBC1

- SCOTLAND** Sky 951, Virgin 862, Freesat 960
- 12.30am The State of It (S)(R) 1.00 Weather for the Week Ahead (S) 1.05-6.00am BBC News (S)
- N. IRELAND** Sky 953, Virgin 863, Freesat 957
- 10.35pm Give My Head Peace **New episode** (S)
- 11.05 The Graham Norton Show **New edition** (S)
- 11.55 RuPaul's Drag Race UK **New edition** (S) 1.00-6.00am BBC News (S)
- WALES** Sky 952, Virgin 864, Freesat 964
- 7.30-8.00pm Dirty Vegan **New edition** (S) 9.30-10.00 The Tuckers **New episode** (S) 11.25 King Gary **New episode** (S)
- 11.55 RuPaul's Drag Race UK **New edition** (S) 1.00-6.00am BBC News (S)

BBC2

- N. IRELAND** Sky 972, Freesat 969
- No variations
- WALES** Sky 971, Freesat 971
- 7.00pm LIVE Scrum V (S)
- 9.00-10.00 Monty Don's American Gardens **New edition** (S)(AD) 11.05 QI **New edition** (S) 11.35 **NEW SERIES** Front Row Late (S) 12.15am Snooker: The Masters (S) 1.05-2.35 Snooker: The Masters - Extra (S) 5.30-6.45am Previews (S)

ITV

No variations

S4C

- Sky 134, Virgin 166, Freesat 120
- 6.00am Cyw 12.00noon Newyddion S4C a'r Tywydd
- 12.05pm Straeon y Ffin
- 12.30 Heno 1.00 Y Fets (AD) 2.00 Newyddion S4C a'r Tywydd 2.05 Prynhawn Da **New edition** 3.00 Newyddion S4C a'r Tywydd
- 3.05 Walliau'n Siarad
- 4.00 Awr Fawr 5.00 Stwrsh 6.00 Byd o Liw: Cestyll 6.30 Heno **New edition** 7.30 Newyddion S4C a'r Tywydd 7.55 **LIVE** Rygbi Cwpan Her Ewrop
- 10.15 Goleuon Ryan a Ronnie 11.15pm-12.20am Dim Byd Sbeishial

TV&Satellite
New issue
on sale
now

BBC4

116 116 107 9/68 106 173 107

BBC4 programmes start at 7.00pm



- 7.00 PM World News Today Followed by Weather
- 7.30 Top of the Pops: 1989 With Fine Young Cannibals.
- 8.00 Sound of Musicals with Neil Brand 1/3. How the modern shape of the musical was established.
- 9.00 Top of the Pops: 1989 Featuring Then Jerico, Adeva and Brother Beyond.
- 9.30 **NEW SERIES** Stewart Copeland's Adventures in Music 1/3. Looking at the power music has to bring people together. (S1)
- 10.30 Duran Duran: There's Something You Should Know The band members discuss their career.
- 11.30 Smashing Hits! The 80s Pop Map of Britain and Ireland Manchester.
- 12.30 AM I Can Go for That: The Smooth World of Yacht Rock
- 1.30 Stewart Copeland's Adventures in Music
- 2.30 to 3.30 AM Sound of Musicals with Neil Brand

ITV2

118 118 816 115 176 6 113

- 7.00 AM Dinner Date
- 8.00 Emmerdale
- 9.00 You've Been Framed!
- 9.30 Ellen DeGeneres Show
- 10.25 Superstore
- 11.20 Dress to Impress
- 12.15 PM Emmerdale
- 1.15 You've Been Framed!
- 1.50 The Ellen DeGeneres Show **New edition**
- 2.45 Supermarket Sweep
- 3.50 Dinner Date
- 4.50 Dress to Impress
- 5.55 Take Me Out
- 7.00 You've Been Framed! Gold Top 100 Talent Talent-themed clips.
- 8.00 Two and a Half Men 14/16. Walden decides he wants a divorce. (S12)
- 8.30 Superstore **New episode** 5/22. Mateo holds interviews for a new position. (S5)
- 9.00 Love Island **New edition** Relationship-based reality show with Laura Whitmore.
- 10.05 Family Guy Business Guy: 9/22. Peter runs his father-in-law's company. 10.35 Big Man on Hippocampus: 10/22. Peter bangs his head and develops amnesia. (S8)
- 11.05 Family Guy
- 11.30 American Dad!
- 12.25 AM The Cleveland Show
- 1.25 Two and a Half Men
- 1.50 Superstore
- 2.20 to 3.15 AM Celebrity Juice: Gogglyboxers

+1hour 218 116 27 114

MORE4

136 136 830 147 195 18 124

- 8.55 AM A Place in the Sun: Summer Sun On Kefalonia.
- 9.55 A Place in the Sun: Winter Sun On Antigua.
- 11.00 The Great British Bake Off: The Final
- 12.15 PM Find It, Fix It, Flog It
- 2.20 Four in a Bed
- 4.55 The Secret Life of the Zoo A Sumatran tiger faces losing its cubs, who are being moved to other zoos.
- 5.55 Kirstie and Phil's Love It or List It A couple who have fallen out of love with a home in Walthamstow.
- 6.55 Car S.O.S Fuzz Townshend and Tim Shaw secretly restore a Ford Anglia.
- 7.55 Escape to the Chateau The Strawbridges prepare for Angel's parents' 50th wedding anniversary.
- 9.00 24 Hours in A&E A 35-year-old is man is rushed to St George's Hospital struggling to breathe.
- 10.00 **NEW SERIES** The Passenger Minotaur: 1/6. Drama with Raphaelle Agogue and Jean-Hugues Anglade. Subtitled. (S1)
- 11.05 24 Hours in A&E
- 12.10 AM 8 Out of 10 Cats Does Countdown With David Walliams.
- 1.15 Ramsay's Kitchen Nightmares USA
- 2.15 24 Hours in A&E
- 3.20 to 3.45 AM Food Unwrapped

+1hour 236 196 86 125

E4

135 135 829 106 145 13 122

- 6.00 AM Hollyoaks
- 7.00 Celebrity Coach Trip
- 8.00 Mike & Molly
- 9.00 Young Sheldon
- 10.00 The Big Bang Theory
- 11.00 The Goldbergs
- 12.00 NOON Brooklyn Nine-Nine
- 1.00 PM The Big Bang Theory
- 2.00 Mike & Molly
- 3.00 Young Sheldon
- 4.00 The Goldbergs
- 5.00 Brooklyn Nine-Nine
- 6.00 The Big Bang Theory
- 7.00 Hollyoaks
- 7.30 Celebrity Coach Trip **New edition** 10/15. Kadeena Cox and Olympian Perri Shakes-Drayton join the party.
- 8.35 The Big Bang Theory 13/24. Leonard and Penny try to give their relationship another chance. (S5)
- 9.00 **Celebrity Gogglebox** Shows under scrutiny include Love Island and Nigella: At My Table.
- 10.00 **Gogglebox: The Best Bits** Including One Born Every Minute and The Wine Show.
- 11.10 Rick and Morty
- 11.40 Mr Pickles
- 11.55 Robot Chicken
- 12.10 AM Rick and Morty
- 12.40 The Big Bang Theory
- 1.40 Brooklyn Nine-Nine
- 2.30 Gogglebox
- 3.25 Tattoo Fixers: Extreme
- 4.20 to 6.00 AM The Big Bang Theory

+1hour 235 146 28 123

Friday

primetime

primetime

Sky Witness

107 107 807 112 111

- 6.00 AM Nothing to Declare
- 8.00 Air Ambulance ER
- 9.00 Blue Bloods 17/22. (S4)
- 10.00 Criminal Minds 16/24. (S8)
- 11.00 CSI 14/25. A hunter is found mauled by a bear. (S5)
- 12.00 NOON Elementary 7/24. (S5)
- 1.00 PM Blue Bloods 18/22. (S4)
- 2.00 Law & Order 10/24. (S11)
- 3.00 The Real A&E
- 4.00 Air Ambulance ER
- 5.00 Border Security: Australia's Front Line Four editions of the documentary series.



9.00 Chicago Fire

Sky Atlantic

108 108 808

- 6.00 AM Storm City Earthquakes.
- 7.00 The British
- 8.00 The Guest Wing
- 9.00 CSI 11/23. (S4)
- 10.00 The West Wing (S7)
- 12.00 NOON Without a Trace (S6)
- 2.00 PM Blue Bloods 15/22. (S5)
- 3.00 The West Wing (S7)
- 5.00 Without a Trace 3/18. Jack and the team investigate when a TV reporter disappears.
- 6.00 4/18. The girlfriend of a man killed in a police shooting goes missing. (S6)



9.00 Band of Brothers

GOLD

110 110 810 124 310 392

- 7.15 AM Chef!
- 7.45 As Time Goes By
- 8.20 2point4 Children
- 9.00 Open All Hours
- 9.40 Hi-de-Hi!
- 10.20 Last of the Summer Wine
- 12.20 PM Keeping Up Appearances
- 1.00 Open All Hours
- 1.40 Hi-de-Hi!
- 2.20 dinnerladies
- 3.00 Keeping Up Appearances
- 3.40 Dad's Army
- 4.20 Last of the Summer Wine
- 6.20 dinnerladies



10.25 Peep Show

ITV3

119 119 817 117 177 10 115

- 6.00 AM Classic Coronation Street
- 7.00 Classic Emmerdale
- 7.55 Heartbeat
- 9.00 Rising Damp
- 10.00 Man About the House
- 10.30 A Touch of Frost
- 12.40 PM Heartbeat
- 1.45 Classic Emmerdale
- 2.50 Classic Coronation Street
- 3.55 The Durrells
- 4.55 Heartbeat
- 5.55 Foyle's War *Enemy Fire*: The detective's son, Andrew, becomes a murder suspect.



8.00 Doc Martin

ITV4

120 120 818 118 178 24 117

- 6.00 AM Football's Greatest
- 6.15 Quincy ME
- 7.05 Kojak
- 7.55 The Adventures of Sherlock Holmes
- 9.05 Minder
- 10.10 The Professionals
- 11.20 The Sweeney
- 12.25 PM Quincy ME
- 1.30 Kojak
- 2.35 The Adventures of Sherlock Holmes
- 3.40 Minder
- 4.50 The Professionals
- 5.50 The Sweeney



8.00 River Monsters

7 PM

- 7.00 Border Security: Australia's Front Line Following the work of Australian Customs and Border Protection officers.

8 PM

- 8.00 Chicago Med *New episode* In the Valley of the Shadows: 3/10. Rumours start to circulate about Maggie. (S5)

9 PM

- 9.00 Chicago Fire *New episode* Badlands: 3/10. Brett and Foster look into a brutal attack at a youth detention centre. (S8)

10 PM

- 10.00 Chicago PD *New episode* Familia: 3/10. Voight's unit come up against a smart drug kingpin. (S7)

- 11.00 Law & Order: SVU (S14)
- 12.00 MT CSI 11/25. (S5)
- 1.00 AM The InBetween (S1)
- 2.00 Elementary 5/24. (S5)
- 3.00 Ghost Whisperer 4/22. (S1)
- 4.00 Road Wars
- 5.00 to 6.00 AM Brit Cops: Law & Disorder

+1 hour 207 180

- 7.00 CSI *Butterflyed*: 12/23. Grissom becomes obsessed with finding the killer of a nurse who resembles Sara. (S4)

- 8.00 Blue Bloods *Only in New York*: 16/22. A distraught man holds Baez at gunpoint in an interrogation room. (S5)

- 9.00 Band of Brothers *Crossroads*: 5/10. Winters is promoted to a desk job, while news arrives of a planned Axis raid on the Allied lines.

- 10.05 *Bastogne*: 6/10. Easy Company spend a grim Christmas in the trenches. (S1)

- 11.25 The Outsider 1&2/10. (S1)
- 1.45 AM *FILM* And Starring Pancho Villa as Himself Historical drama with Antonio Banderas and Eion Bailey. (2003, 15, 107min) ★★ ★★
- 3.50 Life Itself: Special
- 4.05 to 6.00 AM The West Wing

+1 hour 208

- 7.00 Open All Hours Arkwright is reluctant to buy himself a new suit.

- 7.40 Dad's Army Captain Mainwaring's men head off for a weekend at a training camp.
- 8.20 Mainwaring gives the platoon a lecture in communications.

- 9.00 The Good Life A journalist writes a story about Tom and Barbara.

- 9.40 Fawlty Towers The hotel is plunged into chaos by the death of a guest. Guest stars Geoffrey Palmer.

- 10.25 Peep Show Jeremy is called up for jury service.

- 11.00 Peep Show Mark decides to propose to Sophie.
- 11.35 All Round to Mrs Brown's
- 12.55 AM The Good Life As 9pm.
- 1.35 Fawlty Towers As 9.40pm.
- 2.15 Peep Show Double bill.
- 3.10 to 4.00 AM Harry Hill's TV Burp

+1 hour 210 194

- Foyle's War (started at 5.55pm)

- 8.00 Doc Martin *It's Good to Talk*: 3/8. The irascible medic decides to move out of the surgery to give Louisa some space.

- 9.00 Doc Martin *Education, Education, Education*: 4/8. Louisa and Martin have their first therapy session together. (S7)

- 10.00 The Bay 5/6. A confession to Lisa shines a possible new light on Dylan's killer. Meanwhile, Abbie has a terrifying experience. (S1)

- 11.00 The Bay 6/6. Manning and Med question Holly about the other person present when Dylan died, determined to get to the truth. (S1)
- 12.05 AM A Touch of Frost
- 2.00 Tutankhamun
- 2.55 to 3.20 AM Rising Damp

+1 hour 219 174 34 116

- 7.00 The Chase Celebrity Special Phil Daniels, Janette Manrara, Isabel Hodgins and Roy Hudd play for charity.

- 8.00 River Monsters A bloody attack in the Paraná River. 8.30 A mysterious bodysnatcher in the jungles of Guyana.

- 9.00 *FILM* The Untouchables Director Brian De Palma's gangster thriller, starring Kevin Costner and Sean Connery. US treasury agent Eliot Ness vows to bring down Chicago crime boss Al Capone. (1987, 15, 119min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.25 All Elite Wrestling: Dynamite Action from the latest edition of the weekly AEW event, featuring all of the biggest stars on the roster, including Adam Page, Chris Jericho, Cody Rhodes and Jon Moxley.
- 1.40 to 2.40 AM The Sweeney

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106

REST OF UK 457 162 108

- 12.15 to 7.00 PM As shown on BBC2.
- 7.00 PM Scotland '78 - A Love Story The story of the Scotland football team in 1978, which included the likes of Kenny Dalglish and Graeme Souness.
- 8.00 Paramedics on Scene The Special Operations teams are called to support the fire service at a major wildfire.
- 9.00 The Nine
- 10.00 Gary: Tank Commander The lads defy orders while transporting a tank back to the barracks.
- 10.30 SportsScene Highlights of recent events.
- 11.00 Group Comedy by Annie Griffin and Denise Mina, starring Grant O'Rourke.
- 11.30 PM to 12.00 MT Soft Border Patrol Staff remain alert and ready.

Sky Two

168 160

- 7.00 AM 60 Minute Makeover Double bill.
- 9.00 The Chef's Line
- 10.00 My Kitchen Rules: Australia Double bill.
- 1.00 PM Four Weddings
- 3.00 The Chef's Line
- 4.00 A Town Called Eureka
- 5.00 Babylon 5 9/22. (S5)
- 6.00 Stargate SG-1 (S4)
- 8.00 Inside the Freemasons
- 9.00 Stella 7/10. Luke has a 25th birthday party, but his mind is elsewhere. With Joe Calzaghe.
- 10.00 8/10. The weekend of the stag and hen parties arrives. (S1)
- 11.00 COBRA 1/6. Political thriller starring Robert Carlyle and Victoria Hamilton. (S1)
- 12.00 MT Chicago Med (S5)
- 1.00 AM Chicago Fire (S8)
- 2.00 Chicago PD 3/10. (S7)
- 3.00 Sick of It 3&4/6. (S2)
- 4.00 Animal House
- 5.00 to 6.00 AM Most Haunted

Pick

152 165 11 144

- 7.00 AM Nothing to Declare
- 8.00 Canada's Front Line
- 9.00 Border Patrol
- 10.00 Police Ten 7
- 11.00 Police Force: Australia
- 12.00 NOON Highway Patrol
- 1.00 PM Motorway Patrol
- 2.00 Border Patrol
- 3.00 Nothing to Declare
- 4.00 Border Security: America's Front Line
- 5.00 Stop, Search, Seize
- 6.00 Star Trek: The Next Generation 11/26. (S1)
- 7.00 Hawaii Five-0 (S4)
- 8.00 Elementary (S2)
- 9.00 Crazy on a Plane
- 10.00 The Force: North East
- 11.00 The Force: Manchester
- 12.00 MT Brit Cops: Rapid Response
- 1.00 AM Banged Up Abroad
- 2.00 Road Wars
- 3.00 Highway Patrol
- 4.00 Border Patrol
- 5.00 to 6.00 AM Nothing to Declare

+1 hour 252 92 145

Dave

111 111 127 227 19 157 19

- 7.10 AM Cops UK
- 8.00 American Pickers: Best Of Sci-fi memorabilia.
- 9.00 Storage Hunters
- 10.00 American Pickers
- 12.00 NOON Sin City Motors
- 1.00 PM Top Gear
- 2.00 Bodycam Squad
- 3.00 Sin City Motors
- 4.00 Top Gear Double bill.
- 6.00 QI XL With Cally Beaton.
- 7.00 Richard Osman's House of Games
- 7.40 Would I Lie to You? The Unseen Bits
- 8.20 Would I Lie to You? At Christmas
- 9.00 Live at the Apollo
- 10.00 Taskmaster
- 11.00 QI Double bill.
- 12.20 AM The Mick 2/20. (S2)
- 1.00 QI Double bill.
- 2.25 Richard Osman's House of Games
- 3.00 Mock the Week
- 3.35 to 4.00 AM Mock the Week

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

- 8.00 AM Will & Grace
- 9.00 My Name Is Earl
- 10.00 Impractical Jokers: Inside Jokes
- 12.00 NOON Friends (S3)
- 1.00 PM Friends (S3)
- 4.00 My Name Is Earl (S1)
- 5.00 Friends (S3&4)
- 9.00 Kevin Bridges Live: The Story Continues The stand-up comedian performs in his home town of Glasgow.
- 10.00 *FILM* Jackass: The Movie Slapstick comedy based on the cult MTV show, with Johnny Knoxville, Steve-O and Bam Margera. (2002, 18, 87min) ★
- 12.00 MT The Mick 1/20. (S2)
- 12.30 AM The Mick 2/20. (S2)
- 1.00 South Park (S4)
- 3.00 The Daily Show *New edition* Talk show.
- 3.25 Drunk History
- 4.15 to 5.00 AM Takeshi's Castle

+1 hour 212 133

ITV Be

131 119 179 26 118

- 7.00 AM Bachelor in Paradise
- 8.50 Be Beautiful
- 9.00 LittleBe
- 12.00 NOON Be Beautiful
- 12.10 PM The Real Housewives of Atlanta
- 1.05 Buying and Selling
- 2.05 Million Dollar Listing: LA
- 3.10 The Real Housewives of Orange County
- 4.05 The Real Housewives of New Jersey
- 6.00 Buying and Selling
- 8.00 Dinner Date With Adam from Edinburgh.
- 9.00 Botched Dr Terry Dubrow transforms a woman's chest.
- 10.00 Paul Nassif performs a rhinoplasty.
- 11.00 Kendra on Top Patti has a meeting at a well-known publishers.
- 11.30 Patti comes to a realisation about Hank's feelings for her.
- 11.55 PM to 12.45 AM The Only Way Is Essex

+1 hour 231 120 119

Alibi

132 132 826 126 212 312 382

- 7.10 AM Murdoch Mysteries (S11)
9.00 Miss Fisher's Murder Mysteries 5/13. (S1)
10.00 Father Brown
11.00 Inspector George Gently
1.00 PM Father Brown
2.00 Rosewood 5/22. (S2)
3.00 Murdoch Mysteries (S1)
5.00 Major Crimes 8/19. The media suspect racial motives lie behind the murder of a young Latino home intruder.
6.00 9/19. The squad investigate the death of an unpopular ICE agent. (S2)



10.20 Miss Fisher's Murder...

- 7.00 Unforgettable Carrie's Caller: 14/22. Carrie receives a call from a killer who tells her he will strike within minutes.
8.00 Unforgettable The Following Sea: 15/22. A key witness disappears, and Al and Carrie have 48 hours to find her. (S1)
9.00 Death in Paradise The Complex Murder: 1/8. A millionaire environmentalist is shot dead on his boat while out at sea. (S5)
10.20 Miss Fisher's Murder Mysteries Away with the Fairies: 8/13. A popular author is murdered. (S1)
11.20 Quantico Heaven's Fall: 6/13. An agent is killed during a high-stakes operation. (S3)
12.20 AM Inspector George Gently Gently Evil: The detective discovers a family are hiding a shocking secret.
2.25 to 4.00 AM Major Crimes

+1 hour 232 191

Syfy

114 114 814 138 137 319 375

- 6.00 AM Stargate Atlantis (S1)
8.00 Teleshopping
11.00 Star Trek: The Next Generation (S1)
1.00 PM Stargate Atlantis (S1)
3.00 Star Trek: Voyager 38/426. Double bill of episodes. (S2)
5.00 Star Trek: The Next Generation Coming of Age: 19/26. Picard finds his competence as captain called into question.
6.00 Heart of Glory: 20/26. Two Klingons try to take over the Enterprise. (S1)



9.00 Doomsday

- 7.00 Star Trek: Deep Space Nine Duet: 19/20. A Kobereian freighter transports a sick Cardassian visitor to DS9.
8.00 Star Trek: Deep Space Nine In the Hands of the Prophets: 20/20. Religious fundamentalists criticise Keiko O'Brien. (S1)
9.00 FILM Doomsday Sci-fi thriller starring Rhona Mitra. A major leads an elite team into a post-apocalyptic Scotland teeming with cannibalistic survivors in search of a cure to a deadly virus. With Bob Hoskins. (2008, 18, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 FILM Quarantine 2: Terminal Horror thriller sequel. (2011, 15, 82min) ★★
1.00 AM Star Trek: Deep Space Nine As 7.00pm & 8.00pm.
3.00 Midnight, Texas 2/10. (S1)
4.00 to 6.00 AM Star Trek: Voyager

+1 hour 214 229

W

109 109 809 125 211 311 383

- 6.10 AM MasterChef Australia
7.30 Renovate My Home: Leave It to Bryan
8.00 Tipping Point
10.00 The Bill
11.00 Inside the Ambulance
12.00 NOON 999 Rescue Squad
1.00 PM Tipping Point
2.00 Property Brothers A couple are desperate to move out of a tiny basement flat.
3.00 My Dream Home Double bill.
5.00 Tipping Point Double bill of the arcade-themed quiz show.



5.00 Tipping Point

- 7.00 Property Brothers Jonathan and Drew Scott help a couple expecting a baby to find their dream home.
8.00 Inside the Ambulance Husband-and-wife crewmates Ann and Kev treat a homeless man who has been assaulted.
9.00 999 Rescue Squad Featuring a stand-off involving a man wielding a samurai sword in South Yorkshire.
10.00 One Born Every Minute Career woman Charlene and 21-year-old Jess come to terms with pending motherhood.
11.00 Inside the Ambulance
12.00 M'T One Born Every Minute The midwives deal with a September baby boom.
1.00 AM This World
1.50 Love Connection
2.35 to 3.00 AM Renovate My Home: Leave It to Bryan

+1 hour 209 190

Universal

113 113 813 122 121 320 385

- 8.00 AM Numb3rs 16/16. (S6)
9.00 Sea Patrol 13/13. (S2)
10.00 Private Eyes 8/14. (S3)
11.00 NCIS 15/8/24. (S9)
1.00 PM CSI: Miami 25/25. (S4)
2.00 Law & Order Triple bill of the crime drama, including at: 4.00 19/22. The death of a Russian immigrant is linked to a prostitution ring. (S17)
5.00 NCIS 17/24. The team probe a chief petty officer's death.
6.00 18/24. The team join forces with PsyOps to tackle a blackmailer. (S9)



8.00 Numb3rs

- 7.00 NCIS The Good Son: 19/24. Vance's brother-in-law Michael Thomas is linked to the murder of a petty officer.
8.00 NCIS The Missionary Position: 20/24. Ziva and Tony are sent to Colombia to rescue a navy chaplain kidnapped by rebels. (S9)
9.00 Condor Death Is the Harvest: 9/10. Deacon's traumatic past comes into focus, and Mae makes a terrifying discovery. (S1)
10.00 Condor Mistrust Blossoms: 10/10. Joe's morality is tested as he tries to stop the plague from being released. (S1)
11.00 CSI: Miami 25/25. The death of a loved one galvanises Horatio. (S4)
12.00 M'T CSI: Miami 17/25. (S4)
1.00 AM Private Eyes 8/14. (S3)
2.00 Private Eyes 10/18. (S2)
3.00 Sea Patrol 13/13. (S2)
4.00 to 5.00 AM Numb3rs

+1 hour 213 206

FOX

124 124 821 157 199

- 8.00 AM Bull 10/22. (S3)
9.00 Bones 2/22. (S10)
10.00 Bull 11/22. (S3)
11.00 NCIS 9/25. (S14)
12.00 NOON Bones (S10)
2.00 PM The Mentalist 16/22. (S5)
3.00 NCIS 10/25. (S14)
4.00 Bull 12/22. (S3)
5.00 Bones 5/22. Hodgins becomes the prime suspect in a murder case. (S10)
6.00 The Mentalist 17/22. Lisbon and Jane look into the murder of an army medic. (S5)



9.00 NCIS

- 7.00 NCIS: New Orleans Ties That Bind: 13/24. A petty officer's murder leads the team to a family-owned nightclub.
8.00 NCIS: New Orleans A New Dawn: 14/24. A petty officer who was helping a refugee family is murdered. (S4)
9.00 NCIS New episode Going Mobile: The body of a Marine lieutenant is discovered hidden under a lorry. (S17)
10.00 The Fix Ghost Whisperer: 7/10. Sevy begins to have hallucinations about his departed ex-girlfriend, Jessica. (S1)
11.00 American Dad! 27/28/31. Double bill of episodes. (S15)
12.00 M'T Family Guy (S14)
12.30 AM Family Guy (S14)
1.00 American Dad! (S15)
2.00 Family Guy (S14)
3.00 American Dad! (S15)
4.00 to 5.00 AM Bull

+1 hour 224 158

Sony Channel

157 189 48 142

- 6.00 AM Days of Our Lives: The Story So Far
6.15 M'A'S'H 3/24. (S1)
6.45 Hart to Hart (S3)
8.45 Days of Our Lives: The Story So Far
9.00 Murder, She Wrote
10.00 Hart to Hart 6/23. (S1)
11.00 Charlie's Angels (S4)
12.00 NOON Starsky & Hutch
1.00 PM T.J. Hooker (S5)
2.00 Hart to Hart (S3)
4.00 Murder, She Wrote
6.00 Charlie's Angels (S4)
7.00 M'A'S'H (S3)
9.00 Classic Who Wants to Be a Millionaire? Triple bill of the big-prize quiz.
12.00 M'T M'A'S'H (S7)
12.30 AM M'A'S'H (S7)
2.00 Charlie's Angels (S4)
3.00 The Waltons (S7)
3.50 Days of Our Lives: The Story So Far
4.05 Touched by an Angel
4.55 to 6.00 AM Highway to Heaven

+1 hour 257 220 152

Sky Arts

122 122 820 123 156

- 6.00 AM Les Patineurs
6.30 Il Divo: Timeless - Live in Japan
8.00 The South Bank Show
8.30 Music Icons
9.00 The Sixties
10.00 Tales of the Unexpected
11.00 Discovering
1.00 PM South Bank Show
1.30 Music Icons
2.00 Trailblazers
3.00 The Art of Architecture
4.00 Tales of the Unexpected
5.00 Discovering
7.00 The Sixties
8.00 Soundtracks: Songs That Defined History
9.00 The Rolling Stones: Totally Stripped
11.00 Bob Dylan: No Direction Home
3.00 AM Trailblazers: Electronic Music
4.00 Discovering: James Coburn
5.00 to 6.00 AM Discovering: Dean Martin

4seven

137 143 203 47 110 127

- 9.00 AM Come Dine with Me
12.00 NOON Couples Come Dine with Me
1.00 PM Undercover Boss USA Documentary.
2.00 Ramsay's Kitchen Nightmares USA
3.00 Everybody Loves Raymond (S6)
4.00 Frasier 5/6/25. (S11)
5.00 A Place in the Sun
6.00 A New Life in the Sun
7.00 Ramsay's Kitchen Nightmares USA
8.00 The Supertv: Noel Fitzpatrick
9.00 Catching a Killer: A Diary from the Grave
10.45 SAS: Who Dares Wins
11.50 Jamie and Jimmy's Friday Night Feast
12.55 AM Bone Detectives: Britain's Buried Secrets
2.00 8 Out of 10 Cats Does Countdown
3.10 A New Life in the Sun
4.05 to 5.05 AM A Place in the Sun

5USA

141 141 153 21 129

- 9.00 AM Criminals: Caught on Camera
9.25 Remington Steele
10.15 CSI: NY
12.05 PM Perception
1.00 Law & Order (S13)
4.00 Murder, She Wrote
6.00 Law & Order (S12)
8.00 NCIS (S11)
9.00 Private Eyes Getaway with Murder: 12/18. Shade and Angie investigate an infidelity case. (S2)
10.00 Law & Order: Special Victims Unit Entitled: 15/22. The team join forces to investigate the murder of a suspected sex offender.
11.00 The Third Guy: 16/22. The detectives question two teenagers.
11.55 Wanderlust: 5/22. A travel writer is found murdered. (S1)
12.55 AM CSI: NY (S6)
3.50 to 4.00 AM Access

+1 hour 241 185 56 130

5STAR

128 151 30 131

- 7.00 AM High Street TV
8.00 3rd Rock from the Sun
9.10 Will & Grace
10.10 Last Man Standing
11.05 Two and a Half Men
12.00 NOON The Nightmare Neighbour Next Door
1.00 PM Can't Pay? We'll Take It Away!
3.00 Neighbours
3.30 Home and Away
4.00 House
6.00 Neighbours
6.30 Home and Away
7.00 Eaten By an Escalator: When Machines Bite Back
8.00 The Nightmare Neighbour Next Door
9.00 FILM The Expendables 3 Action thriller sequel. (2014, 12, 126min) ★★
11.35 Impact Wrestling
1.35 AM Sex Pod
2.35 Empire
3.25 Two and a Half Men
3.50 to 4.00 AM Access

+1 hour 228 186 55 141

Drama

143 130 20 158

- 7.10 AM Bramwell
8.00 Soldier, Soldier
9.00 The Bill
10.00 Classic Holby City
11.00 Classic Casualty
12.00 NOON The Bill
1.00 PM Classic EastEnders
2.20 London's Burning
3.20 Lovejoy
4.20 Bergerac
5.20 Bread
6.00 Are You Being Served?
6.40 As Time Goes By
7.20 Last of the Summer Wine Howard is worried about Clegg's memoirs.
8.00 Inspector George Gently Gently Going Under: Bacchus and Gently investigate the death of a miner.
10.00 New Tricks Prodigious Sons: UCOS investigate the death of a talented cricket prodigy.
11.20 Taggart Hostile Witness.
2.10 AM The House of Eliott
3.15 to 4.00 AM Bramwell

+1 hour 243 226

FRIDAY Entertainment & Lifestyle

Friday

AMC

332 381

Programmes start at 5pm.

- 5.00 PM **FILM** Miss Potter
Biopic. (2006, PG, 93min) ★★ ★★
- 6.50 **FILM** Never Back
Down Teen martial arts
drama with Sean Faris.
(2008, 15, 108min) ★
- 9.00 Into the Badlands
White Stork Spreads
Wings: 3/6. Quinn
seeks retribution
against the Widow.
9.55 Two Tigers Subdue
Dragons: 4/6. Sunny
and MK try to figure
out how to control the
boy's power. (S1)
- 10.50 The Terror Gore:
2/10. A scouting team
makes a discovery. (S1)
- 11.45 James Cameron's
Story of Science
Fiction Double bill.
- 1.25 AM Halt and Catch Fire
- 3.05 to 5.00 AM Into
the Badlands

E!

123 123 834 140 139 321 386

- 7.00 AM News
- 7.30 Keeping Up with
the Kardashians
- 10.00 Second Wives Club
- 11.00 Pop of the Morning
New edition
- 12.00 NOON Rob & Chyna
- 1.00 PM Keeping Up with
the Kardashians
- 3.00 Botched
- 5.00 News: Daily Pop
- 6.00 Keeping Up with
the Kardashians
- 8.00 Very Cavallari
- 9.00 Botched
- 10.00 Hollywood Medium
with Tyler Henry
- 11.00 Nightly Pop
New edition
- 11.30 Life of Kylie
- 12.00 MT Keeping Up with
the Kardashians
- 1.00 AM Botched
- 2.00 Teleshopping
- 3.00 Keeping Up with
the Kardashians
- 4.00 to 5.00 AM
Hollywood Medium...

Really

142 128 17 160

- 6.00 AM Fantasy Homes by
the Sea As 2.00pm.
- 7.00 Teleshopping
- 8.00 Homes Under the
Hammer Double bill.
- 10.00 Cops UK:
Bodycam Squad
- 11.00 Celebrity Road Trip
- 12.00 NOON Escape to the
Country Double bill.
- 2.00 PM Fantasy Homes by
the Sea Merseyside.
- 3.00 Homes Under the
Hammer In Salisbury.
- 4.00 Ghost Adventures
- 5.00 French Collection
- 6.00 Celebrity Road Trip
- 7.00 Antiques Road Trip
- 9.00 Ghost Adventures New
edition In Washington.
- 10.00 Haunted Hospitals
New edition
- 11.00 Ghost Chasers
- 12.00 MT Ghost Adventures
- 1.00 AM Most Haunted
- 2.00 Teleshopping
- 4.00 to 6.00 AM
Antiques Road Trip

CBS Drama

147 197 71 134

- 9.00 AM Medium 13/16. (S4)
- 10.00 ER 6/22. (S4)
- 11.00 The Love Boat
- 12.00 NOON Judge Judy
- 1.00 PM The High Chaparral
- 3.00 Walker, Texas Ranger
- 4.00 Unsolved Mysteries
- 6.00 The Love Boat
- 7.00 JAG People v Robb:
10/24. Harm is arrested
for murder. (S3)
- 8.00 Judge Judy
- 9.00 Medium Car Trouble:
14/16. Allison meets
Joe's new business
partner. (S4)
- 10.00 CSI: Miami 48 Hours
to Life: 4/25. Tripp
pressures a suspect
into confessing to the
murder of a divorcee
killed on her boat. (S4)
- 11.00 Walker, Texas Ranger
- 12.00 MT Judge Judy
- 1.00 AM ER 7/22. (S4)
- 2.00 Medium As 9.00pm.
- 3.00 CSI: Miami As 10.00pm.
- 4.00 Walker, Texas Ranger
- 5.00 to 6.00 AM Matlock

Food Network

140 278 41 148

- 6.00 AM Jamie at Home
- 7.00 Giada In Italy
- 9.00 The Pioneer Woman
- 11.00 Barefoot Contessa
- 12.00 NOON Hairy Bikers'
Best of British
- 1.00 PM The Great Comic
Relief Bake Off
- 2.00 James Martin's Brittany
- 3.00 Jamie at Home
- 4.00 The Pioneer Woman
- 6.00 Ainsley's Market Menu
- 7.00 The Great Comic
Relief Bake Off
- 8.00 Rick Stein's French
Odyssey In Marseille.
- 8.30 Rick Stein's Food
Heroes At Land's End.
- 9.00 Tom Kerridge's Proper
Pub Food Double bill.
- 11.00 Mystery Diners
- 12.00 MT Diners, Drive-Ins
and Dives Four editions.
- 2.00 to 3.00 AM
Mystery Diners
- +1 hour 240 149

Sky Crime

121 121 819 136 135

- 6.00 AM Motorway Patrol
- 7.00 Stop, Search, Seize
- 8.00 Canada's Front Line
- 9.00 Motorbike Cops
- 10.00 Road Wars
- 11.00 Brit Cops
- 12.00 NOON Banged Up...
- 1.00 PM Killer Colleagues
- 2.00 Canada's Front Line
- 3.00 Road Wars
- 4.00 Stop, Search, Seize
- 5.00 Brit Cops
- 6.00 Snapped
- 7.00 Banged Up Abroad
- 8.00 Killer In My Village
- 9.00 A Lie to Die For
New edition
- 10.00 Snapped
- 11.00 Britain's Most Evil
- 12.00 MT Banged Up Abroad
- 1.00 AM Killer Neighbours
- 2.00 Snapped
- 3.00 Killer In My Village
- 4.00 Brit Cops
- 5.00 to 6.00 AM
Motorway Patrol
- +1 hour 221 207

CBS Justice

148 192 39 137

- 9.00 AM Diagnosis Murder
- 11.00 Matlock 18/24. (S2)
- 12.00 NOON Perry Mason
- 1.05 PM Walker, Texas
Ranger 10/22. (S6)
- 2.05 CSI: Miami 14/24. (S5)
- 3.00 NCIS 11/25. (S6)
- 4.00 NCIS: Los Angeles (S1)
- 5.00 Matlock 19/24. (S2)
- 6.00 Perry Mason
- 7.05 NCIS 12/24. (S7)
- 8.00 Walker, Texas Ranger
- 9.00 CSI: Cyber Crowd
Sourced: 5/13.
A bomber challenges
society's reliance
on technology. (S1)
- 10.00 NCIS: Los Angeles
Search and Destroy:
4/24. An ex-Marine is a
suspected killer. (S1)
- 11.00 NCIS 13/24. (S7)
- 12.00 MT CSI: Miami (S5)
- 1.00 AM CSI: Cyber As 9pm.
- 2.00 Gunsmoke (S20)
- 3.05 Bonanza (S14)
- 4.50 to 6.00 AM
Mission: Impossible

Lifetime

187 208 329 384

- 7.00 AM Judge Judy
- 1.00 PM Pawn Stars
- 2.00 My Ghost Story:
Caught on Camera
- 3.00 Little Women: LA
- 4.00 Dance Moms
- 5.00 Pawn Stars
- 6.00 Flipping Vegas
- 7.00 Judge Judy
- 9.00 The Price of Duty
Detective Joe Costolnick
reflects on how a
personal tragedy gave
him the insight to help
find the killer of a
woman in rural Georgia.
- 10.00 Storage Wars Kenny
hunts for cougars in
California, but finds a
portable pulpit instead.
- 10.30 Justin's
congeniality earns
him Rene's goodwill.
- 11.00 Hardcore Pawn
- 12.00 MT Pawn Stars
- 1.00 AM The Price of Duty
- 2.00 Storage Wars
- 3.00 to 4.00 AM
Hardcore Pawn

Sony Crime

179 193 143

- 6.00 AM Speeders
- 7.00 Bait Car: New Orleans
- 8.00 Bait Car: LA
- 9.00 Speeders
- 11.00 Bait Car: New Orleans
- 12.00 NOON Bait Car: LA
- 1.00 PM Speeders
- 7.00 Speeders A deputy pulls
over a repeat offender.
- 7.30 A gaggle of
party girls are pulled
over in Maryland.
- 8.00 Officer Slaughter
pulls over a gun-totin'
cowboy for speeding.
- 8.30 A driver on
their way to a prom
is caught speeding.
- 9.00 Bait Car: New Orleans
Documentary series
about car criminals.
- 10.00 Bait Car: LA
- 11.00 Speeders
- 12.00 MT Bait Car
- 1.00 AM Speeders
- 3.00 Bait Car: LA
- 4.00 Speeders
- 5.00 to 6.00 AM Bait Car

CBS Reality

146 148 66 135

- 9.00 AM Judge Judy
- 1.00 PM Judge Judy Real-life
small-claims cases.
- 7.00 Medical Detectives
A mother and daughter
vanish whilst shopping.
- 7.30 The disappearance
of singer Walter Scott.
- 8.00 48 Hours: Mystery
New edition A team of
journalists explore
James Cross's story.
- 9.00 Cold Blood A case
unsolved for 21 years.
- 10.00 Killer Cops Steven Rios
and Jesse Valencia.
- 11.00 Evil Twins
- 12.00 MT Voice of a
Serial Killer
- 1.00 AM Cold Blood
- 2.00 Killer Cops
- 3.00 Beyond Scared
Straight
- 3.40 Hoarders
- 4.25 Unsolved Mysteries
- 5.10 to 6.00 AM
Bondi Rescue
- +1 hour 246 201 67 136

Paramount Network

150 187 150 31 132

- 9.00 AM The A-Team
- 11.00 Can't Pay? We'll
Take It Away!
- 1.00 PM Trucking Hell
- 2.00 Police Interceptors
- 3.00 Traffic Cops
- 4.00 All New Traffic Cops
- 5.00 The A-Team
- 7.00 Police Interceptors
Officers race to bring
three burglars to justice.
- 8.00 Traffic Cops
- 10.00 Shops & Robbers:
Caught on Camera
Nick Wallis meets a
seasoned CCTV
operator in Stafford.
- 11.00 Rapists & Robbers:
Inside the World's
Toughest Prison
- 12.00 MT Car Thieves &
Thugs: Caught
on Camera
- 1.00 AM Airwolf
- 3.05 Arrow
- 4.35 to 5.00 AM Criminals:
Caught on Camera
- +1 hour 57

5SELECT

153 152 54 133

- 9.00 AM Criminals:
Caught on Camera
- 9.25 **FILM** Do You Know Me
Thriller (2008, PG) ★
- 11.05 Killer Instinct: From
the Files of Agent
Candice DeLong
- 12.55 PM The Dog Rescuers
- 1.55 GPs: Behind Closed
Doors Double bill.
- 4.00 The Yorkshire Vet
- 5.00 The Dog Rescuers
- 6.00 GPs: Behind Closed
Doors Double bill.
- 8.00 The Yorkshire Vet
- 9.00 Ben Fogle: New
Lives in the Wild
- 10.00 Everest: World's
Greatest Mountain
- 11.00 Loch Ness Monster:
The Missing Evidence
- 12.00 MT Bad Tenants,
Rogue Landlords
- 1.00 AM On Benefits
- 2.00 Stonehenge: The
Final Mystery
- 3.00 to 4.00 AM The
Yorkshire Stead
Railway: All Aboard

Challenge

151 164 46 146

- 7.00 AM Wheel of Fortune
- 8.00 Catchphrase
- 9.00 Family Fortunes
- 10.00 Stake Out
- 11.00 Bruce's Price Is Right
- 12.00 NOON Wheel of
Fortune Game show.
- 1.00 PM Catchphrase
- 2.00 Family Fortunes
- 3.00 The Chase
- 5.00 The Cube
- 6.00 Weakest Link
- 7.00 Pointless Celebrities
- 8.00 Who Wants to Be a
Millionaire? Celebrity
Special - Part Two With
Antony Worrall Thompson
and Rory Bremner
- 9.00 The Chase
- 11.00 Bullseye
- 12.00 MT Classic Who Wants
to Be a Millionaire?
- 1.00 AM The Chase
- 4.00 The Cube
- 5.00 to 6.00 AM
Golden Balls
- +1 hour 251 230 147

Quest

144 144 831 169 12 114 172

- 6.00 AM How Do They Do It?
- 6.20 Salvage Hunters:
The Restorers
- 7.10 Deadliest Catch
- 8.00 Gold Divers
- 9.00 Outback Truckers
- 10.00 Wheeler Dealers
- 11.00 Supertrucks
- 12.00 NOON Secrets
Underground
- 1.00 PM Railroad Australia
- 2.00 Deadliest Catch
- 3.00 Gold Divers
- 4.00 Salvage Hunters
- 5.00 Outback Truckers
- 6.00 Wheeler Dealers
- 7.00 Salvage Hunters:
The Restorers
- 8.00 Salvage Hunters
- 9.00 The Unexplained Files
- 10.00 Nazi UFO Conspiracy
- 11.00 How Do They Do It?
- 12.00 MT Wheeler Dealers
- 1.00 AM Chasing Classic Cars
- 2.00 Deadliest Drivers
- 3.00 Destroyed in Seconds
- 4.00 to 6.00 AM Highlights
- +1 hour 244 213 72 168

Blaze

164 164 216 63 162

- 6.00 AM Hardcore Pawn
- 7.00 Pirate Treasure of the
Knights Templar
- 8.00 Alien Files: Unsealed
- 9.00 Ancient Aliens
- 10.00 American Restoration
- 11.00 Pawn Stars
- 12.00 NOON Storage Wars
- 1.00 PM Storage Wars:
Texas Double bill.
- 2.00 Forged in Fire
- 3.00 Pirate Treasure of the
Knights Templar
- 4.00 Alien Files: Unsealed
- 5.00 Ancient Aliens
- 6.00 Hardcore Pawn
- 7.00 Storage Wars
- 8.00 Pawn Stars
- 9.00 Mega Pit Stops
- 10.00 Ultimate Vehicles
- 11.00 Storage Wars
- 12.00 MT Pawn Stars
- 1.00 AM Hardcore Pawn
- 2.00 American Restoration
- 3.00 Pirate Treasure...
- 4.00 Unusual Suspects
- 5.00 to 6.00 AM Storage
Wars: Texas

Comedy Central Extra

127 182 308

- 6.00 AM Now That's Funny!
- 7.00 Teleshopping
- 9.00 Impractical Jokers
- 10.00 Friends (S7)
- 11.00 The Office (US) (S6)
- 12.00 NOON Bob's Burgers
- 1.00 PM The Middle (S3)
- 2.00 Impractical Jokers
- 3.00 Bad Robots
- 4.00 The Middle (S3)
- 6.00 Will & Grace (S6)
- 6.30 The Office (US) (S6)
- 8.00 My Name Is Earl (S1)
- 9.00 Friends (S7)
- 10.00 South Park (S16)
- 11.30 Tosh.O New edition
Daniel interviews a First
Amendment protector.
- 12.00 MT The Office (US)
- 1.00 AM Key & Peele
- 2.00 Russell Howard's Good
News Double bill.
- 3.45 Roast Battle
- 4.30 Bad Robots
- 5.15 to 6.00 AM
Bob's Burgers
- +1 hour 227

Quest Red

149 170 38 169

- 6.00 AM Say Yes to the Dress
- 6.25 Say Yes... Atlanta
- 7.00 Bondi Vet Top Ten
- 8.00 Animal Cops Houston
- 10.00 Money for Nothing
- 11.00 Forensic Files
- 12.00 NOON Disappeared
- 1.00 PM Murder, Mystery
and My Family
- 2.00 Say Yes to the Dress
- 6.00 Salvage Hunters
- 7.00 Money for Nothing
- 8.00 My 600lb Life: Where
Are They Now?
- 9.00 Murder Made Me
Famous Jodi Arias.
- 10.00 Dr G: Medical
Examiner
- 11.00 The Detectives:
My Killer Case
- 12.00 MT Forensic Detectives
- 1.00 AM Copycat Killers
- 2.00 Murder Comes to Town
- 3.00 FBI Files
- 3.50 Animal Cops SF
- 4.40 Bondi Vet
- 5.30 to 6.00 AM Say Yes...
- +1 hour 249 78 170

TLC

133 133 827 167 323 377

- 6.00 AM Say Yes to the
Dress: Bridesmaids
- 8.00 Say Yes to the Dress:
Lancashire
- 9.00 Say Yes to the Dress
- 10.00 Curvy Brides Boutique
- 11.00 Say Yes... Canada
- 12.00 NOON Say Yes to the
Dress: Atlanta
- 2.00 PM Dr Pimple Popper
- 3.00 Good Bones
- 4.00 Say Yes... Canada
- 5.00 Curvy Brides Boutique
- 6.00 Say Yes to the Dress
- 7.00 Say Yes to the Dress:
Lancashire
- 8.00 **NEW SERIES** Say Yes
to the Dress America
- 9.00 Say Yes to the Dress
- 10.00 Say Yes... Atlanta
- 11.00 Dr Pimple Popper
- 12.00 MT Say Yes... America
- 2.00 AM Say Yes... Atlanta
- 3.00 Dr Pimple Popper
- 4.00 to 6.00 AM Say Yes to
the Dress: Atlanta
- +1 hour 233 172

★★★★ Excellent ★★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

- 6.00 AM Combat Dealers
7.00 Alaskan Bush People
8.00 Building Off the Grid
9.00 Unexplained and Unexplored
10.00 Mummies Unwrapped
11.00 Fast N' Loud Revved Up
12.00 NOON Gold Rush
1.00 PM Alaska: The Last Frontier
2.00 Mysteries at the Museum
3.00 World War II in Colour
4.00 Building Off the Grid **New edition** From Denver.
5.00 Wheeler Dealers
6.00 Fast N' Loud



9.00 Code of the Wild

- 7.00 Outback Truckers
Husband-and-wife team Nick and Jo face tough driving conditions with volatile cargo.

- 8.00 Gold Rush Parker ploughs a lot of money into a new claim, and Tony gets a third operation running.

- 9.00 Code of the Wild **New edition** Chris and Casey hunt for a legendary silver mine worth many millions of dollars.

- 10.00 UFOs: The Lost Evidence Theories that contact with aliens may have influenced many sacred sites worldwide.

- 11.00 NASA's Unexplained Files Objects spotted by the Hubble telescope.

- 12.00 MT Code of the Wild
1.00 AM UFOs: The Lost Evidence
2.00 Deadliest Catch
3.00 Code of the Wild As 9.00pm.
3.50 Fast N' Loud
5.30 to 6.00 AM How It's Made

+1 hour 225 258

Animal Planet

162 162 836 251 325 378

- 6.00 AM Dr Jeff: Rocky Mountain Vet Double bill of editions.
8.00 Pit Bulls & Parolees
10.00 Bondi Vet
11.00 Animal Cops Houston
12.00 NOON Animal Cops Detroit
1.00 PM Dr Jeff: Rocky Mountain Vet Double bill of editions.
3.00 My Cat from Hell
4.00 Alaska: The Last Frontier
5.00 Venom Hunters Wildlife experts harvest venom from the world's deadliest snakes.
6.00 Bondi Vet Chris Brown handles a hit-and-run victim.



8.00 Pit Bulls & Parolees

- 7.00 Animal Cops Houston The investigators set out on a daring mission to rescue 11 bears and two tigers from cruelty.

- 8.00 Pit Bulls & Parolees **New edition** Two strays lead Lizzy and the Villalobos staff on a wild goose chase.

- 9.00 Amanda to the Rescue **New edition** Amanda teams up with Tia Torres to help a Great Dane with a serious brain issue.

- 10.00 Animal Cops Detroit Henry Ruiz and Kristi Adams investigate a call about a puppy with a deep wound on its neck.

- 11.00 Pit Bulls & Parolees
12.00 MT I Was Prey
1.00 AM Animal Cops Houston
2.00 Pit Bulls & Parolees
3.00 Alaska: The Last Frontier
3.50 Great White Appetite
4.40 Dogs 101: New Tricks
5.10 to 6.00 AM Treehouse Masters

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

- 8.00 AM Inside Incredible Machines USS Carl Vinson.
9.00 Supercar Megabuild
10.00 Strippers: Cars for Cash
11.00 Air Crash Investigation
1.00 PM Nazi Megastructures
2.00 WW2: Hell Under the Sea
3.00 Atlantis: Draining the Lost City Experts explore evidence of underwater cities.
4.00 Car 5.0.5 A Mazda Mx5.
5.00 A 1991 Range Rover.
6.00 Air Crash Investigation A crash that may have been caused by abusive behaviour.



10.00 UFO: Alien Invasion

- 7.00 Air Crash Investigation A plane crashes within a mile of the airport where it was attempting to make an emergency landing.

- 8.00 UFOs: The Untold Stories Cases of drivers whose engines cut out before a bright light appeared above them.

- 9.00 Chasing UFOs Footage of a floating object in California, and claims by people who believe they are being followed.

- 10.00 UFO: Alien Invasion A strange fireball-shooting craft that encircled a police helicopter in Louisville, Kentucky.

- 11.00 Air Crash Investigation The errors that caused the deaths of 118 people in the 2001 Linate airport disaster in Milan.
12.00 MT Banged Up Abroad
1.00 AM Banged Up Abroad
2.00 Border Wars
3.00 Ice Road Rescue
4.00 to 5.00 AM Wicked Tuna

+1 hour 229 267

History

130 130 825 270 327 379

- 6.00 AM American Pickers
8.00 Pawn Stars
9.00 Unidentified
10.00 Ancient Aliens
11.00 Ultimate Mysteries
12.00 NOON Conspiracy
1.00 PM Forged in Fire
2.00 American Pickers
4.00 Storage Wars
5.00 Forged in Fire
6.00 Pawn Stars Works thought to be by Vincent van Gogh.
6.30 A gold and silver Remington Arms gun.



9.00 Revelations: End of Days

- 7.00 Storage Wars The buyers go all out to score a big hit from a great locker.
7.30 The buyers visit auctions in Lake Elsinore.

- 8.00 Ultimate Mysteries **New edition** The mystery of labour union leader Jimmy Hoffa's disappearance in 1975.

- 9.00 Revelations: End of Days 2/2. As the world's demise continues, two men set out on a huge journey across war-ravaged America in the hope of witnessing the Second Coming of Christ.

- 11.00 Pawn Stars The guys stake a claim to an original 1800s vampire defence kit.
12.00 MT In Search Of
1.00 AM Pawn Stars As 6.00pm.
1.30 Pawn Stars As 6.30pm.
2.00 Ultimate Mysteries As 8pm.
3.00 Conspiracy
4.00 to 6.00 AM Storage Wars

+1 hour 230 271

Yesterday

155 129 25 159

- 6.00 AM Slow Train Through Africa with Griff Rhys Jones
7.10 Impossible Engineering
8.00 Abandoned Engineering
9.00 The World at War
10.00 Forbidden History
11.00 Impossible Engineering
12.00 NOON Wigan Pier: Walking Through History
1.00 PM Forbidden History
2.00 Frozen Planet
3.00 Bangers and Cash
4.00 Abandoned Engineering
5.00 The World at War
6.00 Bangers and Cash



8.00 War Factories

- 7.00 Abandoned Engineering The story behind an abandoned World War Two aviation facility in Farnborough, Hampshire.

- 8.00 War Factories The story of the Krupp company, who were responsible for manufacturing the Panzer Tank and U-boat.

- 9.00 Abandoned Engineering A closer look at a sprawling Wild West ghost town that sits abandoned in Montana, USA.

- 10.00 Impossible Engineering The history of modern-day megastructures.

- 11.00 Bangers and Cash A 1970s Bond Bug three-wheeler divides opinion among Mathewsons customers.
12.00 MT Abandoned Engineering
1.00 AM The World at War The battle for the Atlantic.
2.00 to 3.00 AM Impossible Engineering

+1 hour 255 200

Disc. History

171 257

- 6.00 AM Expedition Unknown
7.00 Aircraft Stories
8.00 Battlefield
9.00 Frontline Battle Machines with Brewer
10.00 Extreme Engineering
11.00 Aircraft Stories
12.00 NOON Blowing Up...
1.00 PM Expedition Unknown
2.00 Mysteries at the...
3.00 Battlefield
4.00 Frontline Battle...
5.00 Extreme Engineering
6.00 Blowing Up History
7.00 Mysteries at the Museum
8.00 Expedition Unknown
9.00 Ripley's Believe It or Not! Driven people.
10.00 Houdini's Last Secrets
11.00 Extreme Machines
12.00 MT Expedition...
1.00 AM Ripley's Believe It or Not! As 9.00pm.
2.00 Houdini's Last Secrets
3.00 Extreme Machines
4.00 to 6.00 AM Highlights

+1 hour 271 261

Eden

166 245 247 315 389

- 9.00 AM The Zoo
10.00 Polar Bear Town
11.00 Nature's Miracle Orphans
12.00 NOON Wild Caribbean
1.00 PM Life of Mammals
2.00 Wonders of the Moon
3.00 The Zoo
4.00 Polar Bear Town
5.00 Nature's Miracle Orphans
6.00 The Zoo
7.00 The Life of Mammals
8.00 Wild Caribbean
9.00 Polar Bear Town
10.00 Nature's Miracle Orphans
11.00 Wonders of the Moon
12.00 MT Wild Caribbean
1.00 AM Life of Mammals
2.00 Wonders of the Moon
3.00 The Zoo
3.50 Polar Bear Town
4.40 Nature's Miracle Orphans
5.30 to 6.00 AM Frontier Borneo

+1 hour 266 246

WILD

165 165 839 264 265 318 374

- 8.00 AM Animals Gone Wild
9.00 Cave Crops of Gabon
10.00 The Flood
12.00 NOON Snakes in the City As 7.00pm.
1.00 PM Wild Botswana
2.00 Into the Okavango
4.00 Monster Fish of the Congo
5.00 Monster Fish: Compilation
6.00 Animal Fight Club
7.00 Snakes in the City Snakes invade a university campus, a child's room and a family kitchen.
8.00 Sharktraz A dive into shark-infested waters surrounding Alcatraz.
9.00 Forecast: Shark Attack
10.00 Blitzkrieg Sharks
11.00 Snakes in the City
12.00 MT Animals Gone Wild
2.00 AM Snakes in the City
3.00 Wild Botswana
4.00 to 5.00 AM Blitzkrieg Sharks

History 2

163 272 330 390

- 8.00 AM How the Earth Was Made
9.00 Battle 360
11.00 Ancient Aliens
1.00 PM Ancient Discoveries
2.00 Cities of the Underworld Triple bill.
5.00 WW2 Treasure Hunters Duxford Fliers.
6.00 UFO Files
7.00 Dogfights Japanese Zeroes outnumber US bombers in tense aerial battles.
8.00 How the Earth Was Made Examining the creation of New York.
9.00 Shaun Ryder on UFOs A man who claims aliens cured his cancer.
10.00 Ancient Aliens The Eisenhower Briefing Document.
11.00 Patton 360
12.00 MT UFO Files
1.00 AM Ancient Aliens
3.00 to 5.00 AM Cities of the Underworld

PBS America

174 273 91 155

- 8.00 AM Clydebuilt
9.15 Egypt As 5.50pm.
10.30 Clydebuilt
11.45 Tutankhamun: The Truth Uncovered
1.00 PM Lost Cities of the Ancients
2.10 Clydebuilt
3.20 Lost Cities of the Ancients
4.35 Tutankhamun: The Truth Uncovered
5.50 Egypt 5/6. (S1)
7.10 Swallowed by the Sea: Ancient Egypt's Greatest Lost City
8.30 NEW Zero Tolerance President Trump's immigration policies.
9.45 Supreme Revenge
11.00 Swallowed by the Sea: Ancient Egypt's Greatest Lost City
12.20 AM Zero Tolerance
1.30 to 2.00 AM The Aviators

+1 hour 93

CI

156 156 835 209 328 380

- 6.00 AM The First 48
8.00 Homicide Hunter
10.00 Unusual Suspects
11.00 Homicide: Hours to Kill
12.00 NOON Crimes That Shook Britain
1.00 PM Nightmare in Suburbia
2.00 Buried in the Backyard
3.00 Homicide Hunter
4.00 Unusual Suspects
5.00 Homicide: Hours to Kill
6.00 The First 48
7.00 Homicide Hunter
8.00 Motive to Murder
9.00 PD Cam
10.00 Police Patrol **New edition** Double bill.
11.00 Homicide Hunter
12.00 MT Darkest Taboos
1.00 AM Court Cam
2.00 Police Patrol
3.00 Homicide Hunter
4.00 Buried in the Backyard
5.00 to 6.00 AM Motive to Murder

+1 hour 256 222

Sky Premiere

301 301 842 401 501

- 6.00 AM **Spy Cat** As 4.30pm.
 7.45 **Monster Family: Special**
 8.15 **Sometimes Always Never**
 10.00 **Out of Blue** Crime drama.
 (2018, 15, 109min) ★★
 12.00 **NOON PREMIERE Aladdin**
 As shown at 8.00pm.
 2.20 PM **Us** As shown at 10.10pm.
 4.30 **Spy Cat** Animated comedy.
 (2018, U, 92min) ★★
 6.15 **Sometimes Always Never**
 Comedy with Bill Nighy.
 (2018, 12, 91min) ★★



8.00 Aladdin

8.00 **PREMIERE Aladdin**
 Live-action re-imagining of the animated Disney movie, starring Will Smith. A street urchin unleashes the power of a genie, sparking a magical adventure. (2019, PG, 130min) ★★ ★★ See review, page 22
 SEX *** VIOLENCE *** LANG ***

10.10 **Us** Horror starring Lupita Nyong'o. A family's life turns into a nightmare when a group of strangers begin to terrorise them. (2019, 15, 116min) ★★ ★★
 SEX *** VIOLENCE *** LANG ***

12.10 AM **Rust Creek** Thriller starring Hermione Corfield. (2018, 15, 108min) ★★
 2.10 **Book of Monsters** Comedy horror with Lindsey Craine. (2018, 18, 84min) ★★
 3.45 **Vault** Thriller. (2019, 15) ★★
 to 6.00 AM
 Final Score: Special

+1 hour 312 412

Sky Disney

305 305 846 405 505

- 6.35 AM **Tangled** As 6.15pm.
 8.20 **The Jungle Book** As 3.05pm.
 9.45 **The Princess and the Frog**
 11.30 **Coco** As shown at 8.00pm.
 1.20 PM **Honey, I Shrunk the Kids**
 As shown at 2.10am.
 3.05 **The Jungle Book** Animation.
 (1967, U, 78min) ★★ ★★
 4.30 **The Princess and the Frog**
 Disney's animated musical.
 (2009, U, 97min) ★★ ★★
 6.15 **Tangled** Animated musical.
 (2010, PG, 100min) ★★ ★★



6.15 Tangled

8.00 **Coco** Animation featuring the voice of Anthony Gonzalez. A boy who longs to be a musician ventures into the land of the dead to find his ancestor. (2017, PG, 102min) ★★ ★★
 SEX *** VIOLENCE *** LANG ***

9.50 **Prince of Persia: The Sands of Time** Fantasy starring Jake Gyllenhaal. In ancient Persia, a young prince seizes a dagger that can turn back time. (2010, 12, 116min) ★★
 SEX *** VIOLENCE *** LANG ***

11.55 **John Carter** Sci-fi fantasy starring Taylor Kitsch. A US Civil War veteran becomes a heroic warrior on Mars. (2012, 12, 126min) ★★
 2.10 AM **Honey, I Shrunk the Kids**
 Family comedy fantasy.
 (1989, U, 93min) ★★ ★★
 3.55 **Fantasia 2000** Animation.
 (1999, U, 74min) ★★
 5.20 to 6.55 AM **Lilo & Stitch**
 Animated sci-fi comedy.
 (2002, U, 85min) ★★

6.05 AM **Tarzan** (1999) ★★ ★★
 7.40 **Spider-Man** (2002) ★★ ★★
 9.45 **Iron Man** (2008) ★★ ★★
 11.55 **Iron Man 2** Action adventure.
 (2010, 12, 119min) ★★
 2.05 PM **Harry Potter and the Order of the Phoenix** Fantasy.
 (2007, 12, 132min) ★★
 4.25 **Harry Potter and the Half-Blood Prince** Fantasy.
 (2009, 12, 153min) ★★ ★★

Sky Megahits

303 303 844 403 503

- 6.05 AM **Tarzan** (1999) ★★ ★★
 7.40 **Spider-Man** (2002) ★★ ★★
 9.45 **Iron Man** (2008) ★★ ★★
 11.55 **Iron Man 2** Action adventure.
 (2010, 12, 119min) ★★
 2.05 PM **Harry Potter and the Order of the Phoenix** Fantasy.
 (2007, 12, 132min) ★★
 4.25 **Harry Potter and the Half-Blood Prince** Fantasy.
 (2009, 12, 153min) ★★ ★★
 7.00 **Thor** *Marvel Comics'* fantasy adventure starring Chris Hemsworth. Thunder god Thor gets banished to Earth and is bewildered by his new surroundings. With Natalie Portman and Tom Hiddleston. (2011, 12, 114min) ★★
 9.00 **Thor: The Dark World**
 Fantasy adventure starring Chris Hemsworth, Natalie Portman and Tom Hiddleston. Thor strives to defeat an evil dark elf. (2013, 12, 112min) ★★
 11.00 **Avengers: Age of Ultron**
 Superhero adventure sequel. (2015, 12, 141min) ★★
 1.25 AM **The Bourne Ultimatum**
 Thriller. (2007, 12) ★★ ★★
 3.25 **Thor** As shown at 7.00pm.
 5.30 to 7.30 AM **Thor: The Dark World** As shown at 9.00pm.

Sky Greats

304 304 845 404 504

- 7.30 AM **Jason and the Argonauts**
 Adventure. (1963, U) ★★ ★★
 9.20 **Gran Torino** (2008) ★★ ★★
 11.20 **Kramer Vs Kramer** Drama.
 (1979, PG, 104min) ★★ ★★
 1.10 PM **Lawrence of Arabia** David Lean's biopic of British soldier and adventurer T.E. Lawrence. (1962, PG, 221min) ★★ ★★
 4.45 **Phantom Thread** Drama.
 (2017, 15, 130min) ★★ ★★
 7.00 **Twins** Action comedy starring Arnold Schwarzenegger and Danny DeVito as unlikely twins conceived as part of an experiment in genetic engineering. With Kelly Preston. (1988, PG, 107min) ★★
 9.00 **The Big Lebowski** Comedy from the Coen brothers, starring Jeff Bridges and John Goodman. An ageing LA hippy is mistaken for his millionaire namesake and drawn into a strange intrigue. (1998, 18, 117min) ★★ ★★
 11.00 **The Thin Red Line** Epic war drama starring Sean Penn. (1998, 15, 170min) ★★ ★★
 1.55 AM **Inglourious Basterds**
 Darkly comic war drama.
 (2009, 18, 152min) ★★ ★★
 4.30 to 6.00 AM **High Noon**
 Western. (1952, b/w) ★★ ★★

Sky Family

306 306 847 406 506

- 6.05 AM **The Grinch** As 4.35pm.
 7.40 **The Lego Movie 2: The Second Part** As 6.10pm.
 9.35 **Nanny McPhee & The Big Bang** As shown at 12.50am.
 Garfield As 9.40pm.
 11.35 **PM Babe: Pig in the City**
 Animation. (1998, U) ★★ ★★
 2.50 **The Prince of Egypt**
 Animation. (1998, U) ★★ ★★
 4.35 **The Grinch** Animation.
 (2018, U, 85min) ★★ ★★
 6.10 **The Lego Movie 2: The Second Part** (2019) ★★ ★★



8.00 Babe: Pig in the City

8.00 **Babe: Pig in the City**
 Comedy drama starring Magda Szubanski, James Cromwell and Mickey Rooney. Babe the talking pig saves the day when the farm is threatened with bankruptcy. (1998, U, 96min) ★★ ★★
 SEX *** VIOLENCE *** LANG ***

9.40 **Garfield** Comedy with Jennifer Love Hewitt, and featuring a computer-generated Garfield, voiced by Bill Murray. (2004, U, 80min) ★★
 SEX *** VIOLENCE *** LANG ***

11.05 **Look Who's Talking Now**
 Comedy sequel starring John Travolta and Kirstie Alley. (1993, 12, 95min) ★
 12.50 AM **Nanny McPhee & The Big Bang** Fantasy comedy sequel with Emma Thompson. (2010, U, 109min) ★★
 2.50 **Problem Child** Comedy with John Ritter and Michael Oliver. (1990, PG, 81min) ★
 4.20 to 6.10 AM **The Prince of Egypt** As shown at 2.50pm.

6.00 AM **Close Up**
 7.20 **Frankenstein** (1931) ★★ ★★
 8.50 **Revenge of the Pink Panther**
 Comedy (1978, PG) ★★
 11.10 **The Big Sleep** Thriller. (1946, b/w, PG, 114min) ★★ ★★
 1.30 PM **The Kid from Texas**
 Western. (1949, U, 78min) ★★
 3.15 **Murder Most Foul** (1964) ★★
 5.10 **Gremlins** Comedy fantasy.
 (1984, 12, 106min) ★★ ★★
 7.25 **Gun the Man Down** Western with James Arness and Emile Meyer. An ex-con hunts down the colleagues who double-crossed him during a bank robbery, determined to get even. (1956, b/w, U, 69min) ★★
 9.00 **Ocean's Eleven** Crime caper thriller starring George Clooney, Brad Pitt and Julia Roberts. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★ ★★

TCM Movies

315 415 416 512 526

- 6.00 AM **Close Up**
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 11.30 **Absolute Power** Thriller.
 (1996, 15, 121min) ★★
 2.00 AM **Dawn at Socorro** (1954)
 3.45 **TCM Shorts: Ben Miller Off Set**
 4.00 **Hollywood's Best Directors**
 5.30 to 6.00 AM **Close Up**

+1 hour 316 417

Sky Action

307 307 848 407 507

- 6.45 AM **The Darkest Minds**
 As shown at 3.30pm.
 8.45 **King Arthur** As 12.20am.
 11.00 **The Meg** As 8.00pm.
 1.10 PM **Glass** As 10.00pm.
 3.30 **The Darkest Minds** Dystopian thriller starring Amandla Stenberg and Mandy Moore. (2018, 12, 104min) ★★
 5.30 **Ready Player One** Steven Spielberg's fantasy, with Tye Sheridan and Olivia Cooke. (2018, 12, 140min) ★★ ★★



8.00 The Meg

8.00 **The Meg** Action thriller starring Jason Statham. Rescue diver Jonas Taylor is hired to save the crew of a deep-sea submersible from a 75ft-long shark, known as the Megalodon. With Bingbing Li, Rainn Wilson and Ruby Rose. (2018, 12, 113min) ★★ ★★
 SEX *** VIOLENCE *** LANG ***

10.00 **Glass** Fantasy thriller starring James McAvoy, Bruce Willis and Samuel L. Jackson. A gifted security guard uses his supernatural abilities to track a disturbed man with 24 personalities. (2019, 15, 129min) ★★ ★★
 SEX *** VIOLENCE *** LANG ***

12.20 AM **King Arthur** Action adventure starring Clive Owen. (2004, 12, 126min) ★★
 2.40 **Ready Player One** As 5.30pm.
 5.15 to 7.15 AM **Robin Hood**
 Adventure starring Patrick Bergin and Uma Thurman. (1991, PG, 104min) ★★

Talking Pictures

328 445 81 306

- 6.00 AM **The Shipbuilders** (1943) ★★
 7.35 **The Man Inside** (1957) ★★
 9.25 **Rose of Cimarron** (1952) ★★
 11.00 **June Allyson**
 11.30 **Glimpses: Motoring...**
 11.45 **Country Drama**. (1984) ★★
 2.00 PM **Rooms**
 2.30 **A French Mistress** (1960) ★★
 4.30 **West Country Gazette**
 4.40 **John and Julie** Comedy.
 (1953, U, 80min) ★★
 6.20 **North West Frontier** Adventure with Kenneth More and Lauren Bacall. A British officer in turn-of-the-century India rescues a Hindu prince. With Herbert Lom. (1959, U, 129min) ★★
 9.00 **Hazell** The private eye lends a hand to a fellow detective when a divorce case turns messy.
 10.00 **Forbidden** Thriller starring Douglass Montgomery. An ambitious actress refuses to grant her husband a divorce. (1948, b/w, PG, 87min) ★★
 11.50 **The Mind of Mr Soames** Drama.
 (1969, PG, 93min) ★★
 1.50 AM **Nosferatu the Vampire**
 Horror starring Klaus Kinski. (1979, 15, 107min) ★★ ★★
 4.05 to 6.00 AM **Blind Date**
 Suspense thriller. (1959, b/w, PG, 95min) ★★

Sky Comedy

308 308 849 408 508

- 7.05 AM **Class Rank** Comedy.
 (2017, 12, 108min) ★★ ★★
 8.55 **Father Figures** Comedy.
 (2017, 15, 113min) ★★
 11.00 **Make or Break** Comedy.
 (2018, 15, 91min) ★
 12.40 PM **What Men Want** As 9pm.
 2.40 **Marriage Material** Comedy.
 (2017, 15, 112min) ★
 4.40 **Spanglish** Comedy drama.
 (2004, 12, 131min) ★★ ★★
 7.00 **Night School** Comedy.
 (2018, 15, 111min) ★★



7.00 Night School

Night School
 (film started at 7.00pm)
 SEX *** VIOLENCE *** LANG ***

9.00 **What Men Want**
 Romantic comedy starring Taraji P. Henson and Aldis Hodge. An unappreciated female sports agent finds that everything changes when she gains the ability to hear men's thoughts. (2019, 15, 117min) ★★
 SEX *** VIOLENCE *** LANG ***

11.00 **Sex Tape** Comedy starring Cameron Diaz and Jason Segel. A couple try to recover copies of their intimate tape. (2014, 15, 92min) ★★
 12.45 AM **Little Monsters** Horror comedy with Lupita Nyong'o. (2019, 15, 93min) ★★ ★★
 2.35 **Night School** As 7.00pm.
 to 6.45 AM **Grease 2** Musical sequel starring Maxwell Caulfield and Michelle Pfeiffer. (1982, PG, 109min) ★

6.00 AM **Andromeda**
 9.00 **Star Trek: Voyager** 26/26. (S4)
 10.00 **Star Trek: Voyager** 1/26. (S2)
 11.00 **AE: Apocalypse Earth** (2013)
 12.50 PM **Horror Highlights**
 1.00 **Mega Shark vs. Giant Octopus**
 Thriller. (2009, 15, 90min) ★
 2.50 **Horror Highlights**
 3.00 **Sliders** 16/18. (S5)
 4.00 **Monster!** Horror thriller.
 (1999, 15, 86min) ★★

Horror

317 149 70 138

- 6.00 AM **Andromeda**
 9.00 **Star Trek: Voyager** 26/26. (S4)
 10.00 **Star Trek: Voyager** 1/26. (S2)
 11.00 **AE: Apocalypse Earth** (2013)
 12.50 PM **Horror Highlights**
 1.00 **Mega Shark vs. Giant Octopus**
 Thriller. (2009, 15, 90min) ★
 2.50 **Horror Highlights**
 3.00 **Sliders** 16/18. (S5)
 4.00 **Monster!** Horror thriller.
 (1999, 15, 86min) ★★
 5.50 **Horror Highlights**
 6.00 **Star Trek: Voyager** 2/26. (S2)
 7.00 **Star Trek: Voyager** 1/26. (S5)
 8.00 **Mutant X Power Play** 2/22.
 The team try to disempower a colonel who has threatened a nuclear holocaust. (S2)
 9.00 **Vacancy** Horror starring Luke Wilson. A bickering couple find themselves terrorised by the insane manager of a seedy motel. (2007, 15, 85min) ★★
 10.40 **Hollow Man** Sci-fi thriller.
 (2000, 18, 113min) ★★
 12.50 AM **Beyond the Gates** Thriller starring Graham Skipper. (2016, 15, 100min) ★★
 2.30 **Tucker & Dale vs. Evil** Comedy horror. (2011, 15, 88min) ★★
 4.20 to 4.30 AM **Horror Highlights**

+1 hour 318 202 139

Sky Thriller

- 309 309 850 409 509
- 6.20 AM Miss Bala (2019) ★★
 - 8.10 Pimped (2018) ★★★★★
 - 9.35 The First Purge (2018) ★★
 - 11.15 Three Billboards Outside Ebbing, Missouri Drama. (2017, 15, 115min) ★★★★★
 - 1.15 PM The 15:17 to Paris Thriller. (2018, 15, 94min) ★★
 - 2.50 The Bone Collector Thriller. (1999, 15, 117min) ★★
 - 4.50 Safe House (2012) ★★
 - 6.50 Widows Crime thriller. (2018, 15, 129min) ★★★★★



11.05 The Juror

Widows
(film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00 The Sisters Brothers Western with John C Reilly and Joaquin Phoenix. In the American West during the 1850s, two gunfighter brothers are hired to kill a man named Hermann Warm. With Jake Gyllenhaal. (2018, 15, 122min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.05 The Juror Legal thriller starring Demi Moore and Alec Baldwin. A hit-man puts pressure on a juror to swing a not-guilty verdict in a trial. (1996, 18, 118min) ★
- 1.05 AM DeJa Vu Sci-fi thriller starring Denzel Washington. (2006, 12, 126min) ★★★★★
- 3.15 Safe House As 4.50pm
- 5.20 to 6.55 AM Deep Family Secrets True-story thriller. (1997, PG, 89min) ★★

Sony Movies Classic

- 319 424 50 303
- 6.00 AM Enigma Espionage thriller. (1983, 15, 100min) ★
 - 8.05 Prisoners Of The Casbah
 - 9.45 Antony & Cleopatra Historical drama. (1972, PG, 160min) ★★
 - 12.50 PM Killers Of Kilimanjaro Drama. (1960, U, 91min) ★★
 - 2.45 My Foolish Heart Drama. (1949, b/w, U, 98min) ★★
 - 4.50 Sirocco Romantic thriller. (1951, b/w, PG, 98min) ★★
 - 6.55 Dead Reckoning Thriller starring Humphrey Bogart as an ex-GI investigating the disappearance of an old army friend. With Elizabeth Scott. (1946, b/w, U, 97min) ★★★★★
 - 9.00 Easy Rider Road movie with Peter Fonda and Dennis Hopper. Two bikers negotiate a coke deal in LA and set about riding across America to New Orleans, encountering hostility and bigotry along the way. (1969, 18, 94min) ★★★★★
 - 10.55 The Big Heat Thriller. (1953, b/w, 15, 90min) ★★★★★
 - 12.45 AM Enigma Thriller (1983) ★
 - 2.50 Conduct Unbecoming (1975)
 - 4.35 to 6.00 AM The Warrior and the Slave Girl (1958) ★★

+1hour 320 303 304

Sky Drama

- 310 310 851 410 510
- 6.00 AM American Summer Comedy, as shown at 1.50pm.
 - 7.50 Hope Floats As 11.55pm.
 - 9.50 Sorry Angel As 1.50am.
 - 12.05 PM The Greatest Showman As shown at 8.00pm.
 - 1.50 American Summer Comedy starring Donald Sutherland. (2016, 15, 100min) ★★
 - 3.35 Babel Thriller with Brad Pitt. (2006, 15, 143min) ★★
 - 6.00 Life Itself Drama with Oscar Isaac. (2018, 15, 120min) ★★



8.00 The Greatest Showman

- 8.00 The Greatest Showman Musical drama starring Hugh Jackman and Zac Efron. A former bank clerk attempts to develop his New York circus in the mid-1800s. (2017, PG, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.50 Crazy, Stupid, Love Romantic comedy starring Steve Carell, Ryan Gosling, Julianne Moore and Emma Stone. (2011, 12, 117min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.55 Hope Floats Romantic drama starring Sandra Bullock and Harry Connick Jr. A former beauty queen returns to her home town to make a new life for herself after her husband leaves. With Mae Whitman. (1998, PG, 113min) ★★
- 1.50 AM Sorry Angel Drama. (2018, 15, 132min) ★★
- 4.10 to 6.15 AM Chariots of Fire Historical sporting drama. (1981, U, 120min) ★★★★★

Sony Movies

- 321 425 32 302
- 9.00 AM Hunt for Truth Thriller. (2016, PG, 94min) ★★
 - 11.00 You Belong to Me Thriller. (2008, 12, 89min) ★★
 - 1.00 PM Snowmageddon Disaster thriller. (2011, 12, 89min) ★
 - 3.00 Ground Zero Sci-fi drama. (2008, 12, 85min) ★
 - 5.00 Dan in Real Life Romantic comedy starring Steve Carell. (2007, PG, 94min) ★★★★★
 - 7.05 The Pink Panther 2 Comedy caper with Steve Martin and Jean Reno. Bungling French cop Jacques Clouseau causes chaos when he leads the hunt for the master criminal behind the thefts of international treasures. (2009, PG, 91min) ★★
 - 9.00 Bad Boys Action comedy with Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. (1995, 15, 118min) ★★★★★
 - 11.25 Faster Action thriller. (2010, 15, 97min) ★★
 - 1.30 Get Shorty Crime comedy. (1995, 15, 105min) ★★
 - 3.40 to 6.00 AM Multiplicity Fantasy. (1996, 12, 117min) ★★

+1hour 322

Sky Sci-Fi/Horror

- 311 311 852 411 511
- 6.00 AM King Kong Monster thriller. (2005, 12, 187min) ★★★★★
 - 9.10 Slender Man As 3.50am.
 - 10.50 Star Wars: Episode IV – A New Hope As 5.45pm.
 - 1.00 PM Star Wars: Episode V – The Empire Strikes Back
 - 3.15 Star Wars: Episode VI – Return of the Jedi
 - 5.45 Star Wars: Episode IV – A New Hope Sci-fi adventure starring Mark Hamill. (1977, U, 124min) ★★★★★



10.15 Star Wars: Episode VI...

- 8.00 Star Wars: Episode V – The Empire Strikes Back Sci-fi with Harrison Ford and Mark Hamill. While Darth Vader's imperial forces pursue the Rebel Alliance, Luke Skywalker continues his Jedi training. (1980, U, 124min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.15 Star Wars: Episode VI – Return of the Jedi Sci-fi sequel with Harrison Ford. Princess Leia sets out to rescue space pilot Han Solo from the clutches of Jabba the Hutt. (1983, U, 133min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.45 AM Book of Monsters Comedy. (2018, 18, 84min) ★★
- 2.20 Pledge Horror thriller. (2018, 18, 77min) ★★
- 3.50 Slender Man Horror thriller. (2018, 15, 90min) ★
- 5.30 to 6.00 AM Gemini Man: Special

Sony Movies Action

- 323 426 40 305
- 6.00 AM Buffalo Bill: Hero of the West Western. (1965, 12) ★★
 - 7.50 Breaking the Codes
 - 8.50 Grey Wolves U-Boats
 - 10.05 The Great Train Robbery
 - 12.00 NOON The Persuaders!
 - 1.00 PM Rachel and the Stranger Western. (1948, b/w, PG) ★★
 - 2.55 Legion of the Damned (1969)
 - 4.50 The Aryan Couple Wartime drama. (2004, 12, 119min) ★
 - 7.10 Snowmageddon Seasonal disaster thriller with Michael Hogan and Magda Apanowicz. A boy acquires a supernatural snow-globe on Christmas Eve that triggers a series of catastrophes in his Alaskan town. (2011, 12, 89min) ★
 - 9.00 Days of Thunder High-speed drama starring Tom Cruise. A maverick stock-car racing driver enjoys a meteoric rise in the sport until he is involved in a crash. (1990, 15, 107min) ★★★★★
 - 11.10 Maximum Risk Action thriller. (1996, 18, 101min) ★★
 - 1.10 AM Predation Sci-fi thriller starring Ethan Hawke. (2014, 15, 95min) ★★★★★
 - 3.00 to 4.00 AM Submarine Warfare

+1hour 324

Sky Will Smith

- 302 302 842 402 502
- 6.00 AM I Am Legend As 1.40am.
 - 7.45 Bad Boys II As 11.15pm.
 - 10.15 After Earth As 5.30am.
 - 12.00 NOON Seven Pounds As shown at 3.25am.
 - 2.10 PM Hancock Comedy fantasy. (2008, 12, 92min) ★★
 - 3.45 Aladdin Fantasy starring Will Smith and Mena Massoud. (2019, PG, 135min) ★★
 - 6.00 Enemy of the State Thriller starring Will Smith. (1998, 15, 127min) ★★★★★



9.15 Bad Boys

- 8.15 Will Smith: Reel Life A profile of the actor.
- 9.15 Bad Boys Action comedy thriller starring Martin Lawrence and Will Smith. After \$100million worth of heroin is stolen, a bachelor cop and his married partner have to switch identities in their pursuit of the thieves. (1995, 15, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.15 Bad Boys II Action comedy thriller sequel starring Martin Lawrence and Will Smith. (2003, 15, 147min) ★★
- 1.40 AM I Am Legend Sci-fi horror thriller starring Will Smith. (2007, 15, 101min) ★★★★★
- 3.25 Seven Pounds Emotional drama starring Will Smith. (2007, 12, 117min) ★★★★★
- 5.30 to 7.20 AM After Earth Sci-fi adventure with Will and Jaden Smith. (2013, 12, 98min) ★★

Movies 24

- 325 419 513
- 7.00 AM Woman of the House Comedy. (2017, PG, 90min) ★★
 - 9.00 Road Less Travelled Romantic drama. (2017, PG, 87min) ★★
 - 11.00 Good Witch
 - 3.00 PM All of My Heart: The Wedding Romantic drama. (2018, U, 88min) ★★
 - 5.00 Mystery 101: Dead Talk Thriller starring Jill Wagner and Robin Thomas. (2019, PG, 88min) ★★
 - 7.00 Good Witch Spending time helping John leads Cassie to ponder on her past.
 - 8.00 Cassie's guest Dan still insists that he is seeing ghosts at Grey House.
 - 9.00 Cassie and Sam are together at Sam's new Lake House when an unexpected turn of events gives both of them plenty of food for thought.
 - 10.00 When Nick and Grace join Cassie and Sam for dinner, things turn awkward. (S2)
 - 11.00 Aurora Teagarden Mystery: Dead Over Heels Mystery.
 - 1.00 AM Sweet Home Carolina Drama. (2017, PG, 84min) ★★
 - 3.00 to 5.00 AM Groomzilla Comedy. (2017, PG, 90min) ★★

+1hour 326 420

Film4

- 313 313 853 428 429 14 300
- 11.00 AM Night Passage Western. (1957, U, 90min) ★★
 - 12.50 PM Decision at Sundown Western. (1957, PG) ★★
 - 2.25 Strategic Air Command Drama with James Stewart. (1955, U, 114min) ★★
 - 4.40 The Day Will Dawn Thriller. (1942, b/w, U, 98min) ★★
 - 6.40 Beautiful Creatures Supernatural fantasy. (2013, 12, 124min) ★★



9.00 The Great Wall

- Beautiful Creatures (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.00 The Great Wall Fantasy adventure starring Matt Damon. A mercenary is pulled into a battle between Chinese warriors and giant, lizard-like monsters. (2016, 12, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.05 The Survivalist Thriller starring Martin McCann and Mia Goth. A loner offers shelter to two women after the downfall of civilisation. (2015, 18, 101min) ★★
- 1.15 to 3.25 AM Danger: Diabolik Entertaining comic-strip adventure starring John Phillip Law and Marisa Mell. (1967, 12, 105min) ★★

+1hour 314 430 45 301

FILMS ON OTHER CHANNELS

- 6pm TILL LATE
- 6.00 PM Zombies Disney Musical starring Milo Manheim. ★★
 - 6.50 Never Back Down AMC Teen martial arts drama starring Sean Faris and Amber Heard. ★
 - 9.00 The Untouchables ITV4 Director Brian De Palma's gangster thriller starring Kevin Costner, Sean Connery and Charles Martin Smith. ★★★★★
 - 9.00 The Expendables 3 SSTAR Action thriller sequel starring Sylvester Stallone, Jason Statham and Mel Gibson. ★★
 - 9.00 Domsday Syfy Sci-fi thriller starring Rhona Mitra, Bob Hoskins and Adrian Lester. ★★
 - 10.00 Jackass: The Movie Comedy Central Comedy based on the cult MTV show with Johnny Knoxville and Ryan Dunn. ★
 - 11.00 Notting Hill Channel 5 Comedy starring Julia Roberts, Hugh Grant and Rhys Ifans. ★★★★★
 - 11.10 Quarantine 2: Terminal Syfy Horror thriller sequel with Josh Cooke and Mattie Liptak. ★★
 - 12.10 AM Transporter 3 Channel 4 Action thriller sequel with Jason Statham, Natalya Rudakova and François Berléand. ★★

Sky Sports Main Event

- 401 401 855 511 501 402 437**
- 6.00 AM Good Morning Sports Fans Bitesize The latest sports news.
 - 7.00 Good Morning Sports Fans
 - 7.30 **LIVE Test Cricket South Africa v England.** Coverage of day two of the third Test in the four-match series, held at St. George's Park in Port Elizabeth.
 - 4.00 PM Football Centre A round-up of the latest football news.
 - 4.30 **LIVE PGA Tour Golf** Coverage of the featured groups on day two of the American Express, formerly known as the Desert Classic, from PGA West Stadium Course at La Quinta Country Club in California.
 - 8.00 **LIVE PGA Tour Golf** Further coverage of the second day's play of the American Express from La Quinta Country Club in California.
 - 12.00 M'T Latin American Amateur Championship Highlights Day two of the golf event.
 - 1.00 AM Sky Sports News Round-up of the day's talking points.
 - 2.30 **LIVE NBA Dallas Mavericks v Portland Trail Blazers.** Coverage of the Western Conference clash from American Airlines Centre. Tip-off 2.30am.
 - 5.00 to 6.00 AM Sky Sports News

Sky Sports Premier League

- 402 402 856 512 502**
- 6.00 AM PL Greatest Games
 - 7.00 The Debate
 - 8.00 Best PL Goals: Man City v Liverpool Memorable strikes.
 - 8.30 Best PL Goals: Chelsea v Arsenal Memorable goals.
 - 9.00 Premier League 100 Club
 - 10.00 Premier League Years
 - 12.00 NOON The Debate
 - 1.00 PM Premier League Years
 - 3.00 PL Best Goals 02/03
 - 4.00 PL Greatest Games
 - 5.00 PL 100 Club: England's Finest
 - 6.00 Premier League Legends
 - 7.00 Premier League Preview
 - 7.30 Premier League Match Pack
 - 8.00 Premier League World
 - 8.30 Gary Neville's Soccerbox
 - 9.00 Premier League Preview
 - 9.30 Premier League Match Pack
 - 10.00 Premier League World
 - 10.30 The Tyler Archives
 - 11.00 Premier League Preview
 - 11.30 Premier League Match Pack
 - 12.00 M'T Premier League World
 - 12.30 AM PL Hat-Tricks
 - 1.00 Premier League Years
 - 3.00 PL Greatest Games
 - 4.00 PL Best Goals 05/06
 - 5.00 Best PL Goals
 - 5.30 to 6.00 AM PL 100 Club

Sky Sports Football

- 403 403 857 513 503**
- 6.00 AM EFL Greatest Games
 - 7.00 Football's Greatest Players
 - 8.00 Football Countdowns
 - 9.00 SPFL Greatest Games
 - 9.30 Football Years
 - 10.00 League Cup Final 2013/14
 - 11.00 One2Eleven
 - 11.30 Football's Greatest Players
 - 12.00 NOON EFL Greatest Games
 - 12.30 PM SPFL Greatest Games
 - 1.00 Football Countdowns
 - 2.00 Football Years
 - 3.00 League Cup Final 2014/15
 - 4.00 One2Eleven
 - 4.30 Football's Greatest Players
 - 5.00 EFL Greatest Games
 - 5.30 SPFL Greatest Games
 - 6.00 Championship Goals 2017/18
 - 6.30 Football Countdowns
 - 7.00 **LIVE EFL Fulham v Middlesbrough.** Coverage of the Championship encounter from Craven Cottage. Kick-off 7.45pm.
 - 10.30 Football Years
 - 11.00 EFL Highlights
 - 11.15 SPFL Greatest Games
 - 11.30 Play-Off Final Highlights
 - 12.30 AM Football Years
 - 1.00 Football Countdowns
 - 2.00 SPFL Greatest Games
 - 2.30 to 6.00 AM Highlights

Sky Sports Cricket

- 404 404 858 514 504**
- 6.00 AM My Icon
 - 6.15 Test Cricket Bitesize
 - 6.30 Cricket Debate
 - 7.15 Test Cricket Bitesize
 - 7.30 **LIVE Test Cricket South Africa v England.** Coverage of day two of the third Test in the four-match series, held at St. George's Park in Port Elizabeth.
 - 4.00 PM Test Cricket Bitesize
 - 4.15 Cricket Debate
 - 5.00 Test Cricket
 - 6.00 Cricket Debate
 - 6.45 Test Cricket Bitesize
 - 7.00 Test Cricket
 - 8.00 Cricket Debate
 - 8.45 Test Cricket Bitesize
 - 9.00 Test Cricket
 - 10.00 Cricket Debate
 - 10.45 Test Cricket Bitesize
 - 11.00 Test Cricket
 - 12.00 M'T Cricket Debate
 - 12.45 AM Test Cricket Bitesize
 - 1.00 Test Cricket
 - 2.00 Cricket Debate
 - 2.45 Test Cricket Bitesize
 - 3.00 Test Cricket
 - 4.00 Cricket Debate
 - 4.45 Test Cricket Bitesize
 - 5.00 to 6.00 AM Best of England v New Zealand

Sky Sports Golf

- 405 405 859 515 505**
- 6.00 AM European Tour Golf
 - 7.00 **LIVE European Tour Golf** Coverage of the second day of the Abu Dhabi HSBC Championship from the Abu Dhabi Golf Club in the United Arab Emirates.
 - 1.00 PM Ryder Cup Memories
 - 2.00 Chronicles of a Champion Golfer A profile of Tiger Woods.
 - 2.30 Ryder Cup Memories
 - 3.30 European Tour Golf
 - 4.30 **LIVE PGA Tour Golf** Coverage of the featured groups on day two of the American Express, formerly known as the Desert Classic, from PGA West Stadium Course at La Quinta Country Club in California.
 - 8.00 **LIVE PGA Tour Golf** Further coverage of the second day's play of the American Express.
 - 12.00 M'T Latin American Amateur Championship Highlights
 - 1.00 AM European Tour Golf
 - 2.00 Chronicles of a Champion Golfer Double bill of editions.
 - 3.00 European Tour Golf
 - 4.00 Chronicles of a Champion Golfer A profile of Tiger Woods.
 - 4.30 European Tour Golf
 - 5.30 to 6.00 AM Chronicles of a Champion Golfer

BT Sport 1

- 413 413 867 527 408 430**
- 6.00 AM **LIVE Cricket: Big Bash League Adelaide Strikers v Brisbane Heat.** The T20 clash.
 - 7.45 BT Sport Big Bash Reload
 - 8.00 Premier League Match Pack
 - 8.30 **LIVE Hyundai A-League Adelaide United v Melbourne Victory.** Kick-off 8.30am.
 - 10.30 BT Sport Score Best Bits
 - 11.00 Rugby Tonight On Tour
 - 11.30 Cricket: Big Bash League
 - 12.30 PM BT Sport Big Bash Reload
 - 12.45 **LIVE Bangabandhu BPL T20** The Bangabandhu BPL T20 Final.
 - 4.45 Cricket: Big Bash League
 - 5.45 BT Sport Big Bash Reload
 - 6.00 BT Sport Reload
 - 6.15 Bundesliga Special
 - 6.45 Bundesliga Weekly
 - 7.15 **LIVE Bundesliga Schalke 04 v Borussia Mönchengladbach.** At Veltins-Arena. Kick-off 7.30pm.
 - 9.30 Premier League Preview
 - 10.00 Premier League Match Pack
 - 10.30 Premier League World
 - 11.00 WWE SmackDown Highlights
 - 12.00 M'T WWE Raw Highlights
 - 1.00 AM **LIVE WWE Friday Night SmackDown** Wrestling action.
 - 3.00 WWE Specials
 - 4.00 to 6.00 AM WWE 24

BT Sport 2

- 414 414 868 528 409 431**
- 6.00 AM ESPN Classic Boxing
 - 3.45 PM Ali: The Mission Muhammad Ali's intervention in Iraq in 1990.
 - 4.00 WWE Raw Wrestling action.
 - 6.00 Rugby Tonight On Tour A round-up of the latest news and action from domestic and European rugby, plus a look ahead to this weekend's fixtures.
 - 6.30 V8 Supercars Highlights Action from the Virgin Australia Supercars Championship.
 - 8.30 30 for 30: Qualified The mercurial rise of Janet Guthrie, who became the first woman to earn her place on the starting grid of the famous Indy 500.
 - 10.00 Coppa Italia
 - 10.30 UFC Live
 - 11.00 UFC Countdown
 - 12.00 M'T **LIVE PSA Squash** The women's and men's finals from the J.P.Morgan Tournament of Champions in New York.
 - 2.30 AM UFC Countdown
 - 3.30 UFC Fight Flashback
 - 4.30 to 8.00 AM **LIVE Cricket: Big Bash League Melbourne Stars v Perth Scorchers.** Coverage of the T20 match from Melbourne Cricket Ground.

BT Sport 3

- 417 417 869 529 410 432**
- 6.00 AM Coppa Italia Another chance to see Napoli v Perugia.
 - 7.30 Coppa Italia Lazio v Cremonese.
 - 9.00 WWE Raw Wrestling action.
 - 11.00 Coppa Italia Another chance to see Inter Milan v Cagliari.
 - 12.30 PM Coppa Italia Another chance to see Fiorentina v Atalanta.
 - 2.00 Coppa Italia AC Milan v SPAL.
 - 3.30 Coppa Italia Juventus v Udinese.
 - 5.00 Coppa Italia Parma v AS Roma.
 - 6.30 Premier League Preview
 - 7.00 Premier League Match Pack
 - 7.30 Cricket: Big Bash League Adelaide Strikers v Brisbane Heat.
 - 8.30 Hyundai A-League Adelaide United v Melbourne Victory.
 - 10.00 PSA Squash Action from the women's semi-finals of the J.P.Morgan Tournament of Champions in New York.
 - 11.00 PSA Squash Action from the men's semi-finals of the J.P.Morgan Tournament of Champions in New York.
 - 12.00 M'T Bundesliga
 - 1.30 AM Premier League Preview
 - 2.00 Cricket: Big Bash League
 - 3.00 Bundesliga Special
 - 3.30 Free Spirits
 - 4.30 to 6.00 AM Hyundai A-League

Sky Sports Action

- 407 407 861 517 507**
- 6.00 AM Boxing Gold
 - 7.00 Sporting Records
 - 8.00 Boxing Gold
 - 9.00 NFL: America's Game
 - 10.00 Darts Gold
 - 11.00 Triathlon
 - 12.00 NOON NFL: A Football Life
 - 1.00 PM Boxing Gold
 - 2.00 Legends of Darts
 - 2.15 Darts Gold
 - 3.00 Triathlon Action from the Welsh Triathlon Super Series.
 - 4.00 NFL Highlights
 - 5.00 Cape To Cape Western Australia Mountain biking action.
 - 6.00 NFL Highlights
 - 7.00 NBC's ProFootballTalk American football discussion.
 - 9.00 NFL Highlights Action from Green Bay Packers v TBA.
 - 10.00 NFL Highlights Action from San Francisco 49ers v TBA.
 - 11.00 Cape To Cape Western Australia Mountain biking action.
 - 12.00 M'T NFL: America's Game
 - 1.00 AM NFL: A Football Life
 - 2.00 NFL - Greatest Games
 - 3.30 Legends of Darts
 - 3.45 Darts Gold
 - 4.00 Sporting Records
 - 5.00 to 6.00 AM Sporting Greats

Sky Sports Mix

- 145 145 838 520 510**
- 6.00 AM My Icon
 - 7.15 Sporting Records
 - 7.45 **LIVE ICC Under-19s World Cup Cricket South Africa v Afghanistan.** Coverage of the opening match of the tournament, held at the Diamond Oval in Kimberley, South Africa.
 - 3.45 PM My Icon: Tanni Grey-Thompson Two-part edition.
 - 4.15 My Icon: Solomon Wilcotts
 - 4.30 My Icon: Heather Watson
 - 4.45 My Icon: Nigel Owens
 - 5.00 Triathlon The Laguna Phuket Triathlon: Action from the prestigious annual race in Thailand.
 - 6.00 NBA Champions 2014 San Antonio Spurs The 2013/2014 NBA Championship-winning season of San Antonio Spurs.
 - 7.15 NBA Milwaukee Bucks v Boston Celtics: Action from the Eastern Conference clash at Fiserv Forum.
 - 9.00 NFL: A Football Life A profile of former quarterback Kurt Warner.
 - 10.00 NBA Classic Games: Nuggets/Thunder 2012 A memorable match between Denver Nuggets and Oklahoma City Thunder.
 - 12.00 M'T to 6.00 AM Mix Shorts: Masterclasses

BT Sport/ESPN

- 423 423 872 530 411 434**
- 6.00 AM Around the Horn
 - 6.30 ESPN FC Football news.
 - 7.00 Pardon the Interruption
 - 7.30 College Basketball
 - 11.00 BT Sport Reload
 - 11.30 Around the Horn
 - 12.00 NOON ESPN FC Football news.
 - 12.30 PM Pardon the Interruption
 - 1.00 XTERRA World Series
 - 1.30 College Basketball
 - 3.00 BT Sport Reload
 - 5.15 Around the Horn
 - 5.45 Pardon the Interruption
 - 6.15 ESPN FC Football news.
 - 6.45 College Basketball Triple bill of recent NCAA action.
 - 12.00 M'T **LIVE College Basketball** Saint Louis Billikens v Dayton Flyers. Coverage of the NCAA encounter from the Chaffetz Arena. Tip-off 12.00m't.
 - 2.00 AM BT Sport Reload
 - 2.30 XTERRA World Series
 - 3.00 to 6.00 AM World Series of Poker

Eurosport 1

- 410 410 864 521 412 435**
- 6.00 AM **LIVE Tennis: Australian Open Qualifying** Day four of qualifying from Melbourne Park.
 - 8.00 **LIVE ATP Tennis** Coverage of the second semi-final of the Adelaide International.
 - 10.00 Snowboarding
 - 11.00 **LIVE Snowboarding** Coverage from Laax, Switzerland.
 - 12.30 PM **LIVE Alpine Skiing** From Wengen, Switzerland.
 - 2.00 Snowboarding
 - 2.55 Biathlon
 - 4.55 **LIVE Ski Jumping** From Titisee-Neustadt in Germany.
 - 6.15 Alpine Skiing From Switzerland.
 - 7.15 Biathlon Action from Germany.
 - 8.00 ATP Tennis Action from the Adelaide International semi-finals.
 - 11.00 Alpine Skiing From Switzerland.
 - 12.00 M'T Biathlon From Germany.
 - 12.45 AM Hall of Fame: PyeongChang
 - 1.45 to 2.00 AM Snooker: Get to Know

Eurosport 2

- 411 411 865 522 413 436**
- 6.00 AM Snowboarding
 - 7.00 Alpine Skiing
 - 9.00 **LIVE Alpine Skiing** Coverage of the World Cup meeting in Wengen, Switzerland, featuring the men's downhill discipline in the combined event.
 - 11.00 Masters Snooker
 - 1.00 PM **LIVE Masters Snooker** The third quarter-final on day six from Alexandra Palace in London.
 - 4.30 Dakar Rally
 - 5.00 Tennis: Australian Open Qualifying Action from day four of qualifying at Melbourne Park.
 - 6.00 Masters Snooker Action from the third quarter-final.
 - 6.45 **LIVE Masters Snooker** Coverage of the fourth quarter-final on day six from Alexandra Palace in London.
 - 10.30 Dakar Rally
 - 11.05 Masters Snooker
 - 1.00 AM Dakar Rally
 - 1.30 to 2.00 AM Snooker 147s

Sky Sports Arena

- 408 408 862 518 508**
- 6.00 AM Highlights
 - 9.00 Sporting Records
 - 10.00 Boxing Gold
 - 11.00 Super League Gold
 - 12.00 NOON Inside the NBA
 - 1.00 PM Sporting Greats
 - 2.00 NBA Champions 2013
 - 3.15 Inside the Boardroom
 - 3.45 Sporting Greats
 - 4.45 Super League Gold
 - 5.30 Bettfred Super League
 - 5.45 NBA Classic Games
 - 6.45 Hooked on Africa
 - 7.15 Boxing Gold
 - 8.15 NBA
 - 10.00 NBA Heatcheck
 - 10.30 NBA Action
 - 11.00 NBA: The Warm Up
 - 12.00 M'T NBA: Kidd & Hill
 - 12.30 AM NBA Classic Games
 - 2.30 **LIVE NBA Dallas Mavericks v Portland Trail Blazers.** Coverage from American Airlines Centre. Tip-off 2.30am.
 - 5.00 to 6.00 AM Sporting Records

Sky Sports F1

- 406 406 860 516 506**
- 6.00 AM The Home of F1
 - 11.00 Formula 1 The 2019 German Grand Prix first practice session.
 - 12.45 PM Formula 1 Action from the 2019 German Grand Prix second practice session.
 - 2.30 Formula 1 The 2019 German Grand Prix third practice session.
 - 3.45 Formula 1 The 2019 German Grand Prix qualifying session.
 - 5.30 The F1 Show
 - 6.00 German F1 GP: Pit Lane
 - 7.00 German F1 GP: On The Grid
 - 7.35 Formula 1 The German Grand Prix. Another chance to see the 11th round of the 2019 season, held at the Hockenheimring.
 - 10.25 German F1 GP: Paddock
 - 11.00 German F1 GP: Notebook
 - 11.30 Formula 1 Highlights of the 2019 German Grand Prix.
 - 12.30 AM German F1 GP Best Bits The key moments from the 2019 German Grand Prix.
 - 1.00 to 6.00 AM The Home of F1