SKY MOVIES SCREEN 1
Astra V 11.436GHz

06.00 **Through the Olive Trees** (1994) (approx 99 mins) CERT: U Iranian drama based around the making of a film in the countryside 52265302 Text 129
07.45 **The Buddy System** (1984) (approx 106 mins) CERT: PG Please see 13.15 for details 327031
09.45 **Runaway Car** (1996) (approx 87 mins) CERT: PG Please see 19.00 for details 625925
11.15 **Jack** (1996) (approx 108 mins) CERT: PG Please see 17.00 for details 81800383
13.10 **The Buddy System** (1984) (approx 106 mins) CERT: PG Romance about a young boy who sets up his single mother with an inventor and part-time author. But various problems ensue when the couple grow close 54123944
15.00 **High Stakes** (1997) (approx 88 mins) CERT: PG Drama about a radio reporter who becomes addicted to gambling when she leaves her big city newsroom and moves to a smaller town 25470
17.00 **Jack** (1996) (approx 108 mins) CERT: PG Comedy-drama about Jack (Robin Williams), a 10-year-old boy with a disease which makes him age four times faster than a normal boy and has been sheltered from the world by his parents. But now Jack wants to go to school and his parents have no choice but to allow him to experience life in the harsh and frequently ignorant world outside 63760
19.00 **Runaway Car** (1996) (approx 87 mins) CERT: PG Action thriller, based on a true story, about a woman whose accelerator becomes stuck and who finds herself in a speeding car with no way of stopping. The authorities are soon alerted to the danger but with a minefield of obstacles for her to avoid, time is rapidly running out 14876
20.30 **The Movie Show** 5234
21.00 **To Wong Foo, Thanks for Everything, Julie Newmar** (1995) (approx 104 mins) CERT: 12 (888) (DS) Comedy about three drag queens who go on a trip across America when they are victors in a New York drag contest. But, they get marooned in a small-town where they must face the locals' prejudice at first hand. Patrick Swayze, Wesley Snipes, John Leguizamo, Chris Penn 26459963
22.45 **Profile for Murder** (1996) (approx 91 mins) CERT: 18 Sexual thriller about a millionaire who is the prime suspect in a series of killings of beautiful young women and a female doctor who finds herself strangely drawn to his sexual magnetism and begins to doubt his guilt 36543429
00.25 **Critical Choices** (1996) (approx 85 mins) CERT: 15 Drama about a pro-abortion supporter who sets up her town's only abortion clinic, and is forced to do battle with a right-wing anti-abortion campaigner who wants to close her clinic for good 1599161
01.55 **Panther** (1995) (approx 119 mins) CERT: 15 (DS) Drama chronicling 1960s vigilantes, the Black Panther who become a threat to the FBI 88214635
04.00 **Jack's Back** (1988) (approx 93 mins) CERT: 18 A thriller which updates the Jack The Ripper legend to modern-day Los Angeles when a series of prostitutes are murdered on dates 100 years to the day after the original Ripper killings 49703

SKY MOVIES SCREEN 2
Astra V 11.479GHz

06.00 **Sun Valley Serenade** (1941) (approx 82 mins) CERT: U Musical about a young refugee and her event-filled journey to the resort of Sun Valley 72673 Text 129
07.30 **The Beast from 20,000 Fathoms** (1953) (approx 76 mins) CERT: PG Adventure in which a test bombing in the ocean leads to the revival of a frozen prehistoric creature which proceeds to terrorise New York 1462654
08.55 **Farewell My Lovely** (1944) (approx 91 mins) CERT: PG Crime drama starring Dick Powell as private eye Philip Marlowe, who finds danger and murder on the trail of a missing woman 70127050
10.35 **The Lodger** (1944) (approx 80 mins) CERT: PG Chiller about a lodger at a London boarding house may be none other than Jack the Ripper 3815321
12.00 **Horses and Champions** (1994) (approx 90 mins) CERT: U Please see 18.00 for details 22586
14.00 **The War Lover** (1962) (approx 101 mins) CERT: PG Steve McQueen and Robert Wagner star as a couple of pilots who both fall for Shirley Anne Field in this WW2 melodrama 24383
16.00 **Here Comes Mr Jordan** (1940) (approx 90 mins) CERT: PG Comedy about a boxer who dies early and returns to Earth in another man's body 4128
18.00 **Horses and Champions** (1994) (approx 90 mins) CERT: U Drama about a stable girl who harbours a dream of becoming a horse-riding champion and is finally given her chance for glory 30166
19.30 **Special Feature** 9789
20.00 **Taken Away** (1996) (approx 86 mins) CERT: PG Drama about a woman with a heart condition who is kidnapped by two students and her life is placed in great danger. While her husband battles to find her, she faces the terrifying realisation that she has been left in the middle of nowhere by her captors with only two more pills to keep her heart problems at bay... Michael Tucker, Jill Eikenberry 49692 P
22.00 **Cannes Report** 980857
22.10 **Se7en** (1995) (approx 122 mins) CERT: 18 (888) (DS) Thriller about two cops on the trail of a serial killer leaving a trail of bodies each one killed in a manner representing one of the Deadly Sins. But as the detectives build a picture of the motivations they realise that his killings are aimed directly at them. Brad Pitt, Morgan Freeman 79521166
00.20 **The Ultimate Lie** (1996) (approx 83 mins) CERT: 15 Drama about a father, who has been cheating on his wife but when he hires his latest hooker, he is shocked to discover that the girl sent to him is his own daughter! 1598432
01.50 **Marked Man** (1996) (approx 90 mins) CERT: 18 Thriller about a car mechanic who winds up in jail after murdering the drunken driver who killed his girlfriend but is framed for a murder in jail 236600
03.25 **Vampires in Venice** (1988) (approx 89 mins) CERT: 18 Horror tale starring Klaus Kinski as Nosferatu who returns to Venice in search of a virgin to satisfy his lust for blood 250616
05.00 **Willy Fog: Around the World in 80 Days** (1995) (approx 75 mins) CERT: PG Explorer Willy Fog gets to grips with the big blue 5485722

BOX OFFICE 1 11.597GHz PAY-PER-VIEW (PPV: see below)

22.00 **Scream** (1997) (110 mins) CERT: 18 Blockbusting horror tale about a teenager (Neve Campbell) trying to come to terms with the brutal murder of her mother several years before. Directed by Wes Craven (rpt 00.00, 02.00 and 04.00)

BOX OFFICE 2 10.877GHz PAY-PER-VIEW (PPV: see below)

18.00 **Space Jam** (1997) (84 mins) CERT: PG Michael Jordan is sucked into Looney Tune Land to help Bugs Bunny and Co. in a basketball game against some Space Invaders (rpt 19.30, 21.00, 22.30, 00.00, 01.30, 03.00 and 04.30)

BOX OFFICE 3 10.862GHz PAY-PER-VIEW (PPV: see below)

06.00 **Jungle 2 Jungle** (1997) (105 mins) CERT: PG Tim Allen plays a commodities trader who must finalise his divorce from his first wife (JoBeth Williams) before he can marry his fiancée (rpt 08.00, 10.00, 12.00, 14.00, 16.00, 20.30, 22.30, 00.30 & 02.30)

BOX OFFICE 4 10.847GHz PAY-PER-VIEW (PPV: see below)

20.00 **The Relic** (1996) (110 mins) CERT: 15 Comedy horror tale in which the curators of a big city museum introduce a mysterious new exhibit which unleashes a demonic force. Tom Sizemore, Penelope Ann Miller (rpt 22.00 and 04.00)

SKY MOVIES GOLD
Astra V
11.127GHz from 16.00-05.00 (weekdays)
11.127GHz from 11.00-05.00 (weekends)
11.597GHz from 22.00-06.00 (weekdays)

16.00 **The Virginian** (1929) (87 mins) CERT: PG Western starring Gary Cooper as a cowboy who steps in to help his friend (Richard Allen) when he finds himself in trouble with the law 6636760
18.00 **Ladyhawke** (1985) (115 mins) CERT: PG Medieval fantasy in which a knight and his sidekick must battle against a powerful spell in order to rescue a beautiful damsel in distress. Rutger Hauer, Matthew Broderick, Michelle Pfeiffer 5376383
20.00 **Back to the Future: Part 3** (1990) (113 mins) CERT: PG (888) The concluding chapter of the ever-popular time-travelling saga with Michael J Fox as Marty McFly heading back through the ages to America's Old West 5388128 Text 129
22.00 **Dead Bang** (1989) (97 mins) CERT: 18 (DS) Cop thriller which sees Don Johnson playing an obsessed LA detective with his fair share of personal problems 3826708
23.45 **Conan the Barbarian** (1982) (123 mins) CERT: 15 Action fantasy starring Arnold Schwarzenegger as a sword-fighting hero 76410418
01.55 **The Sand Pebbles** (1966) (171 mins) CERT: 15 War drama about a ship's engineer (Steve McQueen) who finds himself drawn reluctantly into battle in the 1920s 79080432
04.50 **Closedown**

TNT Classic Movies
Astra H 11.023GHz

21.00 **It Happened at the World's Fair** (WS) (1963) Musical romance set at Seattle's World Fair, in which Elvis Presley is a bush pilot who falls in love with a nurse caring for an appealing toddler 35981925 Text 100
23.00 **The Gypsy Moths** (1969) Action-packed story of three skydivers. Burt Lancaster, Deborah Kerr, Gene Hackman 45098186
01.00 **Somebody Up There Likes Me** (1956) Biography of heavyweight boxer Rocky Marciano 99193190
03.00 **It Happened at the World's..** See 21.00 82932451

bravo
Astra V 11.097GHz

20.00 **The A-Team** 9581708
21.00 **Real Stories of the Highway Patrol** 8111302 Text 210
21.30 **Cops** 2171963
22.00 **The Basement** 1517944
22.15 **Bravo's Briefs** A short film 1512499
22.30 **Red Shoe Diaries** 7235418
23.00 **Film: House II - The Second Story** (1987) Horror sequel: a young man inherits a mansion where his grandfather is buried in the garden with a valuable and magical crystal skull 6553418
01.00 **Beverly Hills Bordello** 7255451
01.30 **Red Shoe Diaries** 6437426
02.00 **Tour of Duty** 2487838
03.00 **Film: Eleven Days, Eleven Nights - Part 2** (1988) Erotic drama in which a young woman is made executor of a millionaire's will 6907093
05.00 **The A-Team** 5232548
06.00 **Closedown**

DISNEY CHANNEL
Astra V 11.597GHz

06.00 Under the Umbrella Tree 11079 **06.30** Jungle Cubs 36447 **07.00** Recess 32586 **07.30** Pepper Ann 44321 **08.00** Brand Spanking New Doug 54147 **08.30** The Lion King's Timon and Pumbaa 53418 **09.00** Aladdin - the series 37470 **09.30** Quack Pack 72031 **10.00** Mouse and Mole 3659586 **10.05** Amazing Animals 4957234 **10.30** Sesame Street 97505 **11.30** New Adventures of Winnie the Pooh 7358050 **11.45** Alphabet Castle 7353505 **12.00** Little Hippo 2897895 **12.10** Let's Wiggle! 5575627 **12.15** Animal Shelf 2876302 **12.30** Rosie and Jim 56497031 **12.45** Small Stories 97375692 **12.50** Bear in the Big Blue House 8651857 **13.20** New Adventures of Winnie the Pooh 71493708 **13.35** Chip 'n' Dale's Rescue Rangers 19546215 **14.00** Goof Troop 6147 **14.30** Jungle Cubs 3166 **15.00** The Lion King's Timon and Pumbaa 5654 **15.30** Brand Spanking New Doug 5383 **16.00** Pepper Ann 4418 **16.30** Recess 3302 **17.00** Smart Guy 7499 **17.30** Student Bodies 4654 **18.00** Teen Angel 4895 **18.30** Boy Meets World 5147 **19.00 Film:** Just in Time (1996) Melodrama about a man who loses his wife in a car crash 87760 **20.30** The Wonder Years 5418 **21.00** Touched By an Angel 20334 **22.00** Closedown

UK TV
UK TV PREVIEW
Astra V 10.817GHz

07.00 Sperm Whales **08.00** The Mind Traveller **09.00** Simon's Peace **10.00** Great Mysteries & Myths **10.30** Vets in Practice **11.00** Off Your Trolley **11.30** Superstore **12.00** An Edge of Conspiracy **13.00** Nature Detectives **13.30** Doctors to Be **14.00** Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Change That **15.30** The Terrace **16.00** Tracks **16.30** Food and Drink **17.00** How Does Your Garden Grow? **18.00** Animal Hospital Week **18.30** Wildlife **19.00** Hot Gadgets **19.30** Storm Warning **20.00** Decisive Weapons **20.30** Hunters in the Wild **21.00** The Great Pyramid **22.00** Crime Limited **22.30** Inside 25 Cromwell Street **22.45** The Frame **23.00** Later on... **00.00** Closedown

5
FilmNet Transponder 63 10.920GHz

06.00 Mixing It 8047166 **06.30** Havakazoo 3092031 **07.00** Dappledown Farm 3307234 **07.30** Milkshake! 3252708 **07.35** Wimzie's House 7102079 **08.00** Do You Believe In? 1780470 **08.30** Alpha Zone 1789741 **09.00** Stickin' Around 1703321 **09.30** The Incredible Hulk 3399692 **10.30** The Valley Between 1709505 **11.00** Deepwater Black 7558383 **11.30** USA High 7559012 **12.00** The Mag 20431876 **13.10** Mariella Frostrup's Brunch 82407760 **13.40** 5 News 32564789 **13.50** Exclusive! 30460321 **15.10** Family Affairs Omnibus 14524876 **17.25** Mixing It 48651760 **17.55** 5 News and Sport 3342789 **18.00** Rugby Express 4495234 **19.00** Aliens Among Us 1753586 **19.30** 100 Per Cent 2584857 **20.00** Sci-Five: UFOs 1517128 **21.00** Film 4352418 **23.30** Film 5135296 **01.10** Indycar Racing 2490277 **01.55** Sport 86828819 **04.40**Monsters 29941155 **05.05** Throb 88786839 **05.30** Whittle 8004451

P Premiering Film — L Last Play — WS Widescreen — DS Dolby Surround Sound — 888 Subtitled
PPV INFORMATION LINE: 0990 800 888 OR CHECK SKY TEXT 177

SKY one
Astra V 11.318GHz

Text 126

07.00 **Tattooed Teenage Alien Fighters from Beverly Hills** 65789
07.30 **Games World** 5849760
07.45 **The Simpsons** (888) 79147
08.15 **The Oprah Winfrey Show** 9911147
09.00 **Hotel** 22147
10.00 **Another World** 73708
11.00 **Days of Our Lives** 53944
12.00 **Married...with Children** (888) 64499
12.30 **M*A*S*H** (888) 90302
13.00 **Geraldo** 95857
14.00 **Sally Jessy Raphael** 10741
15.00 **Jenny Jones** 21708
16.00 **The Oprah Winfrey Show** 52465
17.00 **Star Trek: The Next Generation** (888) Please see 23.00 for details 1654
18.00 **The Nanny** 6215
18.30 **Married...with Children** (888) 8645
19.00 **The Simpsons** (888) Milhouse is unable to cope with fame 2383
19.30 **Real TV** Footage of real-life events 6079
20.00 **Star Trek: Voyager** 52166
21.00 **Sliders** (888) 32302
22.00 **Chicago Hope** 42789
23.00 **Star Trek: The Next Generation** (888) (Part Two) Worf finds himself at odds with both the Romulans and the elder Klingons 74437
00.00 **The Adventures of Ned Blessing** 22987
01.00 **Long Play**

NATIONAL GEOGRAPHIC CHANNEL
Astra H 11.303GHz

19.00 **Wardens and Rangers** 6932857
19.30 **Yanomami Homecoming** 6601465
20.00 **Ocean Drifters** 8670031
21.00 **Out of the Melting Pot** 5877321
21.30 **Flight from the Volcano** 1625470
22.00 **The Jason Project** 8660654
23.00 **Africa Unbottled: Preserving the Heritage** 5262019
00.00 **School for Feds** 9627744
00.30 **Swan Lake** 4369242
01.00 **Closedown**

UK GOLD
Astra H 11.553GHz

07.00 **Never the Twain** 5814760
07.35 **Neighbours** 7424741
08.00 **Crossroads** 3655470
08.25 **EastEnders** 7497505
09.00 **The Bill** 7243437
09.30 **Howards' Way** 2162215
10.00 **Shelley** 4225876
10.30 **The Sullivans** 7232321
11.00 **Casualty** 9302505
12.00 **Crossroads** 27727321
12.25 **Neighbours** 27737708
12.55 **EastEnders** 5447924
13.30 **Keeping Up Appearances** 7989418
14.05 **Open All Hours** 2474708
14.45 **Dangerfield** 8304654
15.45 **The Bill** 4042692
16.15 **Juliet Bravo** 43330050
17.20 **EastEnders** 3617234
17.55 **Big Break** 1501316
18.30 **The Bill** 7792302
19.00 **Dad's Army** 5557692
19.40 **Yes, Minister** 5180654
20.20 **May To December** Alecis over-apologetic towards Zoe after she suffers a miscarriage 4312073
21.00 **Casualty** A chlorine spillage at a swimming pool has disastrous consequences 42725050
22.05 **Taggart** A mysterious death leads Taggart into a new case 63653708
23.15 **Canned Carrott** 7260147
23.55 **Between the Lines** 4632708
00.55 **Spitting Image** 7717093
01.25 **Best of the Old Grey Whistle Test** 3046987
01.55 **The Equalizer** 9989109
02.45 **Shopping at Night**

SCI
Astra V 11.568GHz

20.00 **Quantum Leap** Sam finds himself inhabiting the body of a 1950s mass murderer 3113944
21.00 **PSI Factor: Chronicles of the Paranormal** 3133708
22.00 **Film: Close Encounters of the Third Kind** (1977) Spielberg's classic tells the story of an engineer who witnesses a UFO over Indiana 5737578
00.30 **Sightings** 5128109
01.00 **The Tomorrow People** 7345109
01.30 **Flash Gordon's Trip to Mars** 2420906
02.00 **Friday the 13th** 9116513
03.00 **Tales of the Unexpected** 7325345
03.30 **Dark Shadows** 7868161
04.00 **Closedown**

GRANADA PLUS
Astra H 11.244GHz

06.00 **The Box** 1985532
07.00 **E! Mysteries and Scandals** 2330437
07.30 **Classic Coronation Street** 2319944
08.00 **Blind Date** 5210708
09.00 **Hadleigh** 6743654
10.00 **The Saint** 2315128
11.00 **Hawaii Five-O** 2328692
12.00 **Classic Coronation Street** 7725963
12.30 **Families** 5481586
13.00 **A Fine Romance** 2339708
13.30 **Me and My Girl** 5480857
14.00 **Hadleigh** 7395418
15.00 **Jason King** 6005031
16.00 **Hawaii Five-O** McGarrett seeks a killer whose targets have been wives of army men 6024166
17.00 **The Saint** 4073234
18.00 **Families** Mike tells Amanda that it is over between him and Diana 1262166
18.30 **Classic Coronation Street** 1253418
19.00 **Doctor in Charge** Duncan falls foul of militant trade unionists 4074963
19.30 **Singles** Malcolm tries to protect Clive from Moon Madness 1242302
20.00 **Jason King** A film script comes to life in a very strange way 7405418
21.00 **Classic Coronation Street** 6013050
21.30 **The Comedians** 5494050
22.00 **The Saint** A business tycoon claims he is being impersonated by a perfect double 7488741
23.00 **Closedown**

MEN & MOTORS
Astra H 11.244GHz

23.00 Performance Power. Sarah Donohue introduces action sports from Florida 2316857 **00.00** 2 Wheels Better 6723890 **00.30** Motor Week 9880708 **01.00** E! in Focus: Hollywood Glamour Girls 5184345 **02.00** Closedown

The Racing Channel
Astra V 10.877GHz

11.00 Racing Review 9952321
12.00 Live at lunchtime 1132499
13.00 Live racing from Bath and Southwell 2890692 **18.00** Closedown

EUROSPORT
Astra V 11.259GHz

Text 127

07.30 **Sailing** 86296
08.00 **Diving: Red Bull Cliff Diving World Championships** 21895
08.30 **NASCAR: Winston Cup Series** 91012
09.30 **Football: International U-21 Festival** Germany v Brazil 83079
11.00 **Football: International U-21 Festival** 60437
12.30 **Football: Road to the World Cup** 51789
13.30 **Sports Car: FIA GT Championship in Silverstone** The race 52418
14.30 **Live Cycling: Tour of Italy** Second stage - Alba v Imperia 43166
16.00 **Tennis: Peugeot ATP Tour World Team Championship** First day 6128
18.00 **Live Football: International U-21 Festival** Argentina v England 72166
19.30 **Xtrem Sports** 87031
20.30 **Boxing: European Championships** Preliminaries 51 and 60 kg 39578
22.00 **Football: Eurogoals** 51673
23.30 **Boxing** 72302
00.30 **Closedown**

SKY sports 2
SKY SPORTS 2
Astra H 11.170GHz

UPDATE 0336 413 416

07.00 **Aerobics Oz Style** 9955470
07.30 **Fastrax** 9974505
08.00 **Racing News** 2244673
08.30 **Gillette World Sport Special** 2243944
09.00 **Ford Golf USA: GTE Byron Nelson Classic** 2654692
12.00 **Saturday Fight Night** 4342418
14.00 **NASCAR: Corestates 200** 3102321
16.00 **Motor Cycling: Italian Grand Prix** 9817963
18.00 **Live The Winning Post: Musselburgh & Windsor** 3199857
20.00 **Ford Football Special: The Story of the FA Cup** 3194302
22.00 **High 5** 2255789
22.30 **Watersports World** 6506147
23.30 **International Bowls: New Zealand v Australia** 7147944
01.30 **Sports Centre** 3845797
02.00 **Closedown**

SKY sports 1
SKY SPORTS 1
Astra V 11.509GHz

Text 127

07.00 **Spanish Football** 38470
08.30 **Futbol Mundial** 95470
09.00 **Racing News** 19050
09.30 **Aerobics Oz Style** 21383
10.00 **Football: FA Umbro Trophy Final** 48857
11.30 **This Week in Baseball** 34296
12.00 **Aerobics Oz Style** 99906
12.30 **Super League: Salford v Sheffield** 71470
14.30 **Football: FA Umbro Trophy Final** 18470
16.00 **Watersports World** 57147
17.00 **World Ten Pin Bowling Masters** 1296
18.00 **Sports Centre** 1505
18.30 **Survival of the Fittest** Athletes are put through their paces 2857
19.00 **World Motor Sport** A round-up of the latest developments in the race world 472708
22.00 **Sports Centre** 49465
22.30 **Survival of the Fittest** 16963
23.00 **World Ten Pin Bowling Masters** 81741
00.00 **Sports Centre** 26600
00.30 **Ford Football Special: the Story of the FA Cup** 65364
02.30 **Sports Centre** 95093
03.00 **Closedown**

SKY sports 3
SKY SPORTS 3
Astra H 11.671GHz

12.00 **World Ten Pin Bowling Masters** 58460708
13.00 **NFL Europe: Scotland v England** The best of the action between Scotland and England 67106050
16.00 **Spanish Football** Stadiums packed with fanatical fans witness some of the world's finest talents 52132437
18.00 **This Week In Baseball** Take a look at what is coming up in baseball 57760050
18.30 **High 5** The team hangs out with the GT boys at their secret test track 57751302
19.00 **Fish TV** The very latest angling tips 35904876
20.00 **International Bowls: New Zealand v Australia** The best of the action from the third Test 35984012
22.00 **Sports Classics: Golf US Masters** 35903147
23.00 **Wrestling Classics** 26497470
23.30 **Closedown**

	6pm	7pm	8pm	9pm	10pm	11pm
SKY MOVIES SCREEN 1	Cont Jack	Runaway Car		To Wong Foo, Thanks for Everything...	Profile for Murder	
SKY MOVIES SCREEN 2	Horses and Champions		Taken Away		Se7en	
SKY MOVIES GOLD	Ladyhawke		Back to the Future: Part III		Dead Bang	
SKY ONE	The Nanny	The Simpsons Married with Children	Star Trek: Voyager Real TV	Sliders	Chicago Hope	Star Trek: The Next Generation
UK GOLD	Cont Big Break The Bill	Dad's Army Yes, Minister	May to December	Casualty	Taggart	Canned Carrott
EUROSPORT	Live Football	Xtrem Sports	Boxing: European Championships		Football: Eurogoals	Boxing
SKY SPORTS 1	News Athletics	World Motor Sport			News Athletics	Ten Pin Bowling

Double-check today's listings on the teletext page shown below each channel logo or use the Update telephone lines

PARAMOUNT COMEDY
Astra V 11.156GHz

19.00 Cosby 3895 **19.30** Roseanne: The Parenting Trap 9383 **20.00** Grace Under Fire: A Holly Jolly Christmas 9215 **20.30** Caroline in the City 1050 **21.00** Cybill 44673 **21.30** Ellen: Pilot 43505 **22.00** Frasier: Flour Child 49447 **22.30** Cheers: Cry Harder. Sam regains ownership of the bar for turning Robin over to the authorities for insider trading 14505 **23.00** Monty Python's Flying Circus 56418 **23.30** In Bed With Medinner 53470 **00.00** Nurses 24242 **00.30** It's Garry Shandling's Show 75432 **01.00** Frasier 35708 **01.30** Cheers 48068 **02.00** Caroline in the City 53600 **02.30** In Bed With Medinner 93635 **03.00** Roseanne 13884 **03.30** Cybill 84987 **04.00** Closedown

CHALLENGE TV
Astra H 10.993GHz

17.00 Cross Wits 3673 **17.30** Family Days Out 550079 **17.35** Prize Time 778147 **17.45** Family Fortunes 603383 **18.15** Prize Time 438609 **18.30** Catchphrase 1321 **19.00** Prize Time 886037 **19.15** Fifteen to One 624876 **19.45** Family Days Out 699147 **19.50** Prize Time 670012 **20.00** The Crystal Maze 23692 **21.00** Prize Time 875166 **21.15** Strike It Lucky 986128 **21.45** Prize Time 536925 **22.00** 3-2-1 **23.00** Prize Time 13215 **23.15** Sticky Moments 450944 **00.00** Sale of the Century 64884 **00.30** Harts of the West 19155 **01.30** The Fall Guy 89180 **02.30** Big Brother Jake 33277 **03.00** Snowy River - the McGregor Saga 79703 **04.00** The Big Valley 23068 **05.00** Screenshop 21838 **06.00** Closedown

Text 120

LIVING
Astra V 10.979GHz

06.00 Tiny Living 1345079 **09.00** Rolonda 4356079 **09.50** Ready, Steady, Cook 8296741 **10.30** The Young and the Restless 7849055 **11.20** Brookside 55970321 **11.50** Jimmy's 89255876 **12.20** Living Issues 35205906 **12.50** Rescue 911 3263470 **13.25** Hart to Hart 1599383 **14.20** Living It Up! 1108296 **15.20** Rolonda 8360079 **16.10** Tempestt 9165418 **17.00** The Heat Is On 6635031 **17.30** Ready, Steady, Cook 3648654 **18.10** Jerry Springer Uncut 1888128 **19.00** Rescue 911 6655895 **19.30** Mysteries, Magic and Miracles 3468012 **20.00** Adrenalin Junkies 5375654 **21.00** Film: Evidence of Love (1990) When a Bible school teacher begins a an affair with a married man, the wife confronts her brandishing an axe, but is killed in a struggle. Who will believe that the teacher acted in self-defence? 5378741 **23.00** The Jerry Springer Show 9933296 **00.00** Closedown

Text 204

CHRISTIAN CHANNEL
Astra H 11.170GHz

04.00 Thought **04.05** Voice of Victory **04.30** Money **04.45** Avanzini **05.00** Daugherty **05.30** Van Impe **06.00** Global Harvest Force **06.30** Changing Your World **07.00** Voice of Victory **07.30** Kidz Tv **07.45** Hinn **08.15** Money **08.30** Day of Victory **09.00** Catch The Fire **09.30** Meyer **10.00** Power of Praise/Israel Vision **10.30** Hammond **11.00** Closedown

SKY SOAP
Astra V 11.568GHz

11.00 Take the High Road **11.30** Emmerdale **12.00** Emmerdale **12.30** As the World Turns **13.15** Families **13.45** Guiding Light **14.30** Take the High Road **15.00** Emmerdale **15.30** Emmerdale **16.00** Closedown

THE HISTORY CHANNEL
Astra V 11.568GHz

16.00 Sea Power **16.30** Victory at Sea...Sea Power **17.00** China Rising: Roads to Freedom **18.00** Ancient Mysteries: Before Their Time **19.00** Legend of the Isles **19.30** Edward Windsor Presents...Crown and Country **20.00** Closedown

SKY TRAVEL
Astra V 11.126GHz

11.00 Round Trip **11.30** Globetrotter **12.00** American Adventurer **12.30** Getaway **13.00** Dales Diaries **13.30** Ticket to Paradise **14.00** American Vacation **15.00** Globetrotter **15.30** Earth Journeys: River Trips **16.00** Closedown

TV TRAVEL SHOP
Astra H 10.993GHz

12.00-17.00 Home Travel Shopping Service

QVC
Astra V 11.038GHz

Text 205

24 Hour Shopping Service

Astra H 11.273GHz

05.00-12.00 Sell-a-Vision

Discovery Home & Leisure
Astra H 11.082GHz

ALSO ON CABLE

09.00 **Simply Painting** 7241079
09.30 **Gardeners' Diary** 2160857
10.00 **Grassroots** 4223418
10.30 **New Yankee Workshop** 7230963
11.00 **Rex Hunt's Fishing World** 8104012
11.30 **Hometime** 8105741
12.00 **The Close Guide** 7221215
12.30 **This Old House with Steve & Norm** 2164673
13.00 **Cookabout with Greg and Max** 9304963
13.30 **Furniture on the Mend** 2163944
14.00 **Doing It Up** 6635963
14.30 **Antiques Challenge** 7708963
15.00 **Two's Country** 6614470
15.30 **Home Again with Bob Vila** 7710708
16.00 **Closedown**

DISCOVERY CHANNEL
Astra H 11.082GHz

16.00 **Rex Hunt's Fishing World** 7799215
16.30 **Bush Tucker Man: Arnhem Land** 7795499
17.00 **First Flights: First in Speed - Air Racing** 6626215
17.30 **Time Travellers: A Quest for Gold** 7719079
18.00 **Animal Doctor** 7709692
18.30 **Cheetah: The Winning Streak -Wild Discovery** 9423437
19.30 **Disaster: Lost in Seconds** The Derbyshire sank in the Sea of Japan with the loss of all on board. Initially, bad weather was blamed, but on closer scrutiny structural faults became clear, placing the whole class of ship in danger 7796128
20.00 **Ancient Warriors: The Hawaiians** 6622499
20.30 **Bush Tucker Man: Stories of Survival** 6634234
21.00 **Lonely Planet: South India** 9574418
22.00 **Super Bridge: Episode One** 9577505
23.00 **Wings of Tomorrow: Final Frontier** 9381012
00.00 **First Flights: First in Speed - Air Racing** 9511987
00.30 **Disaster: Lost in Seconds** 5477797
01.00 **Extreme Machines: Power Boats** 7287797
02.00 **Closedown**

Text 200

.tv
Astra V 10.847GHz

18.00 Eat My Mouse. Quiz show with the mission to find the 'Computer Family of the Year' **18.30** Game Over **18.45** Chips With Everything **19.00** Mini Masterclass **19.30** Eat My Mouse **20.00** Closedown

SKY SCOTTISH
Astra H 10.862GHz

18.00 Blind School **19.00** Women's International Futsal Tournament. 5-a-side competition with teams from Scotland, England, Norway and Holland **19.55** Scotland Today **20.00** Closedown

breeze
Astra V 10.847GHz

06.00 **E! Uncut** 65236692
06.30 **E! Gossip** 85570168
07.00 **The Good Housekeeping Show** 73620789
07.30 **Ready to Wear** 73609296
08.00 **The View** 13244925
09.00 **Sally Jessy Raphael** 65212012
10.00 **Thirtysomething** 73638708
11.00 **E! Uncut** 35124499
11.30 **E! Gossip** 35125128
12.00 **The View** 10260128
13.00 **The Good Housekeeping Show** 73612760
13.30 **Ready to Wear** 10273692
14.00 **Thirtysomething: Therapy** In a desperate attempt to salvage their marriage, Nancy and Elliot try marriage counselling 90425019
15.00 **Livetime** Live magazine programme covering health and beauty 35129944
16.00 **Sally Jessy Raphael: Be Honest Are You Cheating?** Lively studio discussion, chaired by the 'queen of talk' Sally Jessy Raphael 35148079
17.00 **Livetime** 47758876
18.00 **Closedown**

SKY NEWS
Astra V 11.377GHz

Sky News on the hour plus **06.00** Sunrise. Start the day with Simon McKoy and Kay Burley as they present the latest news, sport, weather and business **11.30** World News **14.30** Parliament Live **15.30** Parliament Live **16.30** World News **17.00** Live at Five **19.30** Sportsline **20.30** Sky Business Report **21.30** World News **22.00** Prime Time **00.30** CBS Evening News **01.30** ABC World News Tonight **02.30** Sky Business Report **03.30** The Entertainment Show **04.30** CBS Evening News **05.30** ABC World News Tonight

Text 128

CNN INTERNATIONAL
Astra V 11.627GHz

News on the hour plus **05.00** This Morning **05.30** Insight **06.30** Managing **07.00** This Morning **07.30** Sport **08.30** World Cup **09.00** Impact **10.30** Sport **11.30** American Edition **11.45** World Report **12.30** Pinnacle Europe **13.15** Asian Edition **13.30** Business Asia **14.30** Newsroom **15.30** Sport **16.30** Art Club **17.00** Impact **18.45** American Edition **19.30** Business **20.30** Q&A **21.30** Insight **22.00** Business **22.30** Sport **23.00** World View **00.30** Moneyline **01.15** Asian Edition **01.30** Q&A **02.00** Larry King **03.30** Showbiz **04.15** American Edition **04.30** World Report

Text 200

CNBC
Astra V 10.729GHz

05.00 Europe Today. Kick-start to the morning with an up-to-the-minute digest of news and a preview of the top European business stories that are likely to shape the day ahead **08.00** European Money Wheel **13.00** CNBC's US Squawk Box **15.00** US Market Watch **17.00** US Power Lunch. Live, behind the scenes business news programme taking an inside look at the day's most influential deals and dealmakers **18.00** Europe Tonight **19.00** Future File **19.30** Street Signs **21.00** US Market Wrap **23.00** Direction **23.30** Europe Tonight **00.00** Breakfast Briefing **01.00** CNBC Asian Squawk Box. Fast-paced insider's guide to the markets in Asia, featuring live reports from Singapore headquarters and the Hong Kong Bureau **02.00** Trading Day **03.00** Trading Day **04.00** Trading Day

Bloomberg
Astra H 11.361GHz

24 hour business news with **06.00** Markets **08.00** Trading Day **08.45** Eastern Europe **11.49** Weekly Bond Outlook **13.45** Financial Goals **16.00** Money Makers **19.15** Movie Minute **19.45** Germany **20.45** Eastern Europe **21.19** Entertainment **21.45** Financial Goals

CARTOON NETWORK
Astra H 11.023GHz

05.00 Omer and the Starchild **05.30** The Fruitties **06.00** Blinky Bill **06.30** Thomas the Tank Engine **06.45** The Magic Roundabout **07.00** Bugs Bunny **07.15** Road Runner **07.30** Tom and Jerry **07.45** Dexter's Laboratory **08.00** Cow and Chicken **08.15** Scooby Doo **08.30** Tom and Jerry Kids **09.00** The Magic Roundabout **09.30** Thomas the Tank Engine **10.00** Blinky Bill **10.30** Cave Kids **11.00** Perils of Penelope Pitstop **11.30** Help! It's the Hair Bear Bunch **12.00** Scooby Doo **12.30** Popeye. More spinach-fuelled adventures **13.00** Droopy **13.30** Tom and Jerry **14.00** Yogi Bear **14.30** The Jetsons **15.00** The Addams Family **15.30** Scooby Doo **16.00** Scooby Doo **16.30** Dexter's Laboratory **17.00** Johnny Bravo **17.30** Cow and Chicken **18.00** Tom and Jerry **18.15** Road Runner **18.30** The Flintstones **19.00** Scooby Doo **19.30** The Mask **20.00** The Real Adventures of Jonny Quest **20.30** The Bugs and Daffy Show **21.00** Closedown

Text 102

NICKELODEON
Astra V 11.156GHz

06.00 Count Duckula **06.30** Grimmy **07.00** Hey Arnold! **07.30** Rugrats. Life's adventures from a baby's perspective **08.00** Doug **08.30** Arthur **09.00** Children's BBC **10.00** Wimzie's House **10.30** Babar **11.00** The Magic School Bus **11.30** PB Bear - Little Red Tractor - Mr Men - Magic Mountain **12.00** Rugrats **12.30** Blues Clues **13.00** Bananas in Pyjamas **13.30** Franklin **14.00** Little Bear Stories **14.30** Children's BBC **15.00** Children's BBC **15.30** Doug **16.00** Pippi Longstocking **16.30** Rugrats **17.00** Sister, Sister **17.30** Kenan & Kel **18.00** Sabrina the Teenage Witch **18.30** Moesha **19.00** Closedown

Text 110

FOX KIDS network
Astra H 11.303GHz

06.00 Power Rangers ZEO **07.00** X-Men **07.25** Casper **07.35** Spiderman **08.00** Goosebumps **08.25** Sam & Max **08.35** Beetleborgs **09.00** Masked Rider **09.30** Fairy Tales **10.00** Pinocchio **10.30** Peter Pan **11.00** Oliver Twist **11.30** Huckleberry Finn **12.00** Gulliver **12.30** Eek! Stravaganza **12.42** Mouse & the Monster **12.54** Casper **13.06** Thunderlizards **13.18** Sam & Max **13.30** Extreme Heroes **14.00** Eagle Riders **14.30** Conan **15.00** Skysurfer **15.30** Donkey Kong **16.00** B.A.D. **16.50** Casper **17.00** Goosebumps **17.25** Eerie, Indiana **17.50** Sam & Max **18.00** Goosebumps **18.25** Eerie **18.50** Toonslyvania **19.00** Closedown

Trouble
Astra V 11.097GHz

07.00 Batman 9309418 **07.30** Earthworm Jim 9388925 **08.00** California Dreams 7215654 **08.30** Hang Time 7214925 **09.00** Ready or Not 7238505 **09.30** Heartbreak High 2069857 **10.30** Echo Point 7234789 **11.00** Batman 8131166 **11.30** Earthworm Jim 8132895 **12.00** Sweat 7218741 **12.30** Heartbreak High. Charlie revamps his image to impress Katerina. Stassy's modelling career gets off to a shaky start. Danni's green-eyed monster works overtime when an old flame of Declan's arrives back in town looking to rekindle the relationship 8840296 **13.30** Echo Point 2150470 **14.00** Hollyoaks 6639789 **14.30** It's in the Jeans 4666321 **14.45** Teenage Urban Adventurers 4661876 **15.00** Sweat 6618296 **15.30** California Dreams 7707234 **16.00** Ready or Not 7786741 **16.30** Saved by the Bell 7782925 **17.00** Hollyoaks 6613741 **17.30** USA High 7706505 **18.00** Hang Time. Teen comedy drama about an underdog basketball team 7703418 **18.30** Bangs 3337944 **18.45** On the Make 3350895 **19.00** Saved by the Bell. Zack bets a bully his dirtbike that Slater will win a wrestling contest 6633505 **19.30** USA High. When Winnie's old boyfriend shows up unexpectedly at her door, she is forced to admit that she never formally broke up with him 7783654 **20.00** Closedown

Check the telephone numbers above for

Astra V 11.538GHz

Text 200

07.00 **Power Breakfast** 73602383
09.00 **Pop-Up Video** 40460963
09.30 **VH1 Upbeat** 34859166
12.00 **Ten of the Best: Isaac Hayes** 10286166
13.00 **Mills 'n' Tunes** 10262586
14.00 **Jukebox** 33925559
15.00 **Toyah & Co** 30830654
17.00 **Five @ Five** 47762079
17.30 **Pop-Up Video** 17560708
18.00 **Hit for Six** 10275050
19.00 **Mills 'n' Tunes** 50441166
20.00 **The VH1 Album Chart Show** 50427586
21.00 **Talk Music** 50430050
22.00 **Greatest Hits of...: The Bee Gees** 50440437
23.00 **Soul Vibration** 73622147
00.00 **Nightfly** 13143242
01.00 **Around and Around** 82222677
02.00 **VH1 Late Shift** 17987890

Astra H 11.421GHz

Text 102

06.00 **Kickstart** 523031
09.00 **MTV Mix** 278079
12.00 **Non Stop Hits** 11505
14.00 **US Top 10** 92470
15.00 **Non Stop Hits** An hour of continuous music videos 78654
16.00 **Select MTV** Viewer choice video jukebox with Donna Air 4302
18.00 **Gallaghers Uncut** Everything you always wanted to know about the infamous Oasis brothers 6499
18.30 **The Real World: LA** 2609
19.00 **Hitlist UK** The UK chart hosted by Cat Deeley 16302
20.00 **Hot** News, videos and gossip with Richard Blackwood 25050
21.00 **Up for It** Live show with Eddy Temple-Morris 12586
22.00 **Amour** Presented by Cat Deeley 15673
23.00 **Superock** The best rock and metal with Julia Valet 19857
01.00 **Night Videos** Music through the night 1338635

THE BOX Astra H 11.244GHz

ALSO ON CABLE

From 02.00-07.00 music channel featuring viewers' requests, videos, interviews and competitions

FOREIGN CHANNELS

CANAL+ Thor1 H 12.015 GHz

0336 413 421

06.00 Morning programmes **11.30** På naturens villkor **12.30** Film: And God Created Woman (1956) **14.10** Film: Muppet Treasure Island (1996) **15.50** Film: Return to Snowy River (1988) **17.30** Film: Pretty Poison (1996) **19.00** Once A Thief **19.45** Film: Dead By Midnight (1997) **21.15** Film: Othello (1995) **23.15** Film: Den hemliga kärleken (1997) **00.35** NHL: Conference Semi-Final **03.30** Film: In the Bleak Midwinter (1995) **05.05** George och Leo **05.30** NHL Resumé

TV 1000 Intelsat 707 1°W V 11.054GHz

0336 413 428

05.00 Morning programmes **12.30** Bakom **13.00** Film: Once You Meet a Stranger (1996) **14.30** Närbild **15.00** Film: Grumpier Old Men (1995) **17.00** Film: The Inheritance (1997) **18.45** Film Magazine **19.00** Film: Eva Perón - The True Story (1996) **21.00** Film: Heavenly Creatures (1994) **23.00** Film: Passenger 69 (erotic) **00.30** Film: Suite 16 (1996 - erotic) **02.30** Film: Sugartime (1995) **04.30** Film: Bottle Rocket (1996)

Astra V 10.788GHz

04.00 Punjabi Film: Jaaga Daku **06.30** Massiya di Raat **07.00** Jaagran **07.30** Ru Ba Ru **08.00** News **08.30** Buniyaad **09.00** B/W Hindi Film: Kinare Kinare. Starring Dev Anand and Meena Kumari **11.30** Kurukshetra **12.00** Live Cricket: Coca Cola Cup - Australia versus New Zealand. Live unscrambled coverage of the second match from the tri-nation tournament taking place in Dubai **20.00** News **20.30** Sailaab **21.00** Hindi Film: Lovers. Starring Kumar Guarav and Padmani Kolapuri **00.00** Closedown

ZDF Astra H 10.964GHz

TEXT 300

04.30 Morning programmes **12.00** Mittagsmagazin **13.00** Gesundheit! **13.15** Expedition **14.00** heute **14.03** Mensch, Ohrner! **15.00** heute **15.10** Risiko **16.00** heute **16.15** hallo Deutschland **16.40** heute **16.50** Derrick **18.00** heute **18.20** Wetter **18.25** WISO **19.15** Film: Callboy **20.45** heute **21.13** Wetter **21.15** Film: The Young Americans (1993) **22.55** heute nacht **23.10** Das kleine Fernsehspiel **00.10** Night programmes

3sat Astra V 11.347GHz

TEXT 300

05.50 Morning programmes **12.00** Gesundheitsmagazin Praxis **12.45** Schätze der Weit **13.00** Blurneninsel Mainau **13.45** Seniorenclub **14.30** tips & trends **14.55** offen **15.00** Blickfeld **15.45** Schatzhaus Österreich **16.15** ServiceZeit **16.45** Das Entdeckermagazin **17.15** Bilder aus Österreich **18.00** heute **18.20** Kulturzeit **19.00** Tagesschau **19.15** 50 Jahre Israel **20.00** Hitec **20.30** Neues **21.00** Zeit im Bild 2 **21.25** Sister Wendy's Kunstgeschichte(n) **21.30** Ich bin ein Jenischer **22.00** Jankel Adler **23.20** Seitenblicke **23.25** 10 vor 10 **23.50** Kulturzeit **00.30** Night programmes

RTL TELEVISION Astra V 11.229GHz

TEXT 300

05.00 Morning programmes **12.00** Stadtklinik **13.00** Bärbel Schäfer **14.00** Ilona Christen **15.00** Hans Meiser **16.00** Teen Jeopardy! **16.30** Unter uns **17.00** Guten Abend RTL **17.30** Exclusiv: Das Star-Magazin **17.45** RTL aktuell **18.10** Explosiv: Das Magazin **18.40** Gute Zeiten, schlechte Zeiten **19.15** OP ruft Dr Bruckner **20.15** Hinter Gittern **21.15** Extra: Das RTL-Magazin **22.30** Future Trend **23.00** RTL-Nachtjournal **23.35** 10 vor 11 **00.00** Love & War **00.30** Der Hogan Clan **01.00** Bärbel Schäfer **01.50** RTL-Nachtjournal **02.20** Hans Meiser **03.10** Night programmes

SAT.1 Astra V 11.288GHz

0336 413 426

TV TEXT 300

04.30 Morning programmes **09.30** Bube, Dame, Hörig **10.00** Jörg Pilawa **11.00** Vera am Mittag **12.00** Sonja **13.00** MacGyver **14.00** Star Trek: Raumschiff Voyager **15.00** Baywatch Nights **16.00** Jeder gegen Jeden **16.30** 17:30 **17.00** blitz **17.30** 18:30 **17.47** SAT.1 Wetter **17.50** täglich ran: SAT.1-Sport **18.00** Geliebte Schwestern **18.30** Glücksrad **19.15** Steins Fälle **20.15** Wolffs Revier **21.15** Fahndungsakte **22.00** News & Stories **23.45** Star Trek: Raumschiff Voyager **00.40** Baywatch Nights **01.30** Bube, Dame, Hörig **02.00** Jörg Pilawa **02.50** Geliebte Schwestern **03.20** Fahndungsakte **04.00** blitz

ADULT ADULT ADULT ADULT ADULT

PLAYBOY TV Astra H 11.671GHz

23.30 Free Teaser 24275012 **23.35** Peep Show 92978128 **23.45** Film: Sex and The Director. Erotic feature film 76955925 **01.05** Film: Generation Sex. Erotic tale set in an art gallery 39529074 **02.10** Film: Reality and Fantasy. The story of a group of beautiful women who are prepared to do anything to make their dreams come true 39158161 **04.00** Closedown

The Adult Channel Astra V 10.788GHz

0336 413 400

00.00 Dick of the Day 26800673 **00.10** Gay Night: Part 1. Magazine programme 26806857 **00.20** Boys 'n' Toys. Erotic gay feature 56955760 **01.15** Gay Night: Part 2 86107673 **01.30** Euroboy 08. Erotic gay programme 80273876 **02.20** Gay Night: Part 3 14150012 **02.30** Man for Man: Volume 4. Blokes with their kit off 73200586 **04.00** Closedown

The Fantasy Channel Fantasy Channel Astra V 10.979GHz from 00.00-04.00

0336 413 400

00.00 Free View 3428128 **00.10** Screen Tests 3417012 **00.20** Northern Exposer 3294708 **00.45** Film: Smooth Ride 7875147 **01.00** Free 6126741 **01.05** Film cont. 9801857 **02.00** Pussy 72454012 **02.25** Film: Steamy 77670857 **03.55** On Tomorrow 35154760 **04.00** Closedown

GAY Gay TV Astra V 10.979GHz from 04.00-05.30

All programmes are subject to change

Gay TV is Britain's first adult gay television station and it features a mix of erotic series, special programmes and gay films from both Europe and America - full programme details for May were unavailable at the time of going to press

CABLE & MULTI SATELLITE CHANNELS

TARA Cable

12.00 Simply Delicious **12.30** The Late Late Show **14.30** PM Live **16.30** Fair City: The Early Years **17.00** McGilloway's Way **17.30** Blackboard Jungle **18.00** Six-One **19.00** Pot Luck **19.30** Beyond the Hall Door **20.00** Brendan O'Carroll's Hot Milk and Pepper **20.30** Fair City **21.00** The Loop. Arts and music series blending live performances with contemporary music issues **21.30** The Monday Game **22.30** The Dog's Dinner **23.00** News **23.20** Drive **00.00** Closedown

LIVE TV Cable

06.00 Morning programmes **12.00** Why Files **12.30** Serial Killers **13.00** Lie Detector **13.30** Judge Judy **14.00** Fashion **14.30** Revelations **15.00** Fate and Fortune **15.30** Lie Detector **16.00** Living Room Legends **16.30** Judge Judy **17.00** Agony **17.30** Odds on Sport **18.00** Fashion **18.30** Dial a Doc **18.45** What's in the Box **19.00** Serial Killers **19.30** Agony **19.59** City Tips **20.00** Lie Detector **20.30** Judge Judy **20.59** City Tips **21.00** Serial Killers **21.30** Fashion Show **21.59** City Tips **22.00** Darts **22.02** Odds on Sport **22.30** Sex Show **23.00** City Tips **23.01** Darts **23.02** Exotica **00.00** Night programmes

Knowledge TV KNOWLEDGE Cable

11.00 Open University **11.30** Open University **12.00** Open University **12.30** Azimuths **13.00** World Business Review **13.30** New Media News **14.00** JEC Virtual Trade Show **15.00** Open University **15.30** Open University **16.00** Performing Arts Theatre **17.00** Open University **17.30** Open University **18.00** Open University **18.30** New Media News **19.00** JEC Virtual Trade Show **20.00** Azimuths **20.30** World Business Review. Interviews with leading executives from the world of business **21.00** Open University **21.30** Open University **22.00** Performing Arts Theatre **23.00** Closedown

CABLE & MULTI SATELLITE CHANNELS

travel TRAVEL Cable

TEXT 200

12.00 Travel Trails **12.30** The Wonderful World of Tom **13.00** Pathfinders **13.30** The Food Lover's Guide **14.00** On Tour **14.30** Tales from the Flying Sofa **15.00** Destinations **16.00** Amazing Races **16.30** Bruce's American Postcards **17.00** Pathfinders **17.30** No Truckin' Holiday **18.00** The Food Lover's Guide **18.30** On Tour **19.00** Travel Trails **19.30** The Wonderful World of Tom **20.00** Go Portugal **20.30** The Flavours of France **21.00** Of Tales and Travels **22.00** Tales from the Flying Sofa **22.30** Floyd on Spain **23.00** Destinations **00.00** Closedown

SCIFI Cable

ALSO ON ASTRA H 11.170GHz

07.30 Bloomberg Television **08.00** G-Force **08.30** Bionic Six **09.00** Battlestar Galactica **10.00** SF Scene **10.30** Jupiter Moon **11.00** Dark Shadows **11.30** New Alfred Hitchcock **12.00** The Twilight Zone **12.30** The Twilight Zone **13.00** Tales of the Unexpected **13.30** Ray Bradbury Theatre **14.00** Voyagers! **15.00** The Six Million Dollar Man **16.00** Swamp Thing **16.30** My Secret Identity **17.00** Amazing Stories **17.30** Inside Space **18.00** The Web **19.00** Battlestar Galactica **20.00** Quantum Leap. Sam leaps into the middle of a hostage situation **21.00** PSI Factor: Chronicles of the Paranormal. Featuring an ancient Egyptian burial chamber and a freak electrical storm **22.00** Film: Close Encounters of the Third Kind (1977) Stephen Spielberg's story of an engineer who witnesses a UFO over Indiana **00.30** Sightings **01.00** The Tomorrow People: A Rift in Time **01.30** Flash Gordon's Trip to Mars **02.00** Friday the 13th **03.00** Tales of the Unexpected **03.30** Dark Shadows **04.00** Closedown

Performance PERFORMANCE Cable

19.00 European Concert **19.30** Inside **20.00** Harold Clurman **21.00** Artsweek **21.30** Ballet: Manon **23.30** Inside **00.00** Midnight Jazz **01.00** Closedown

Discovery Animal Planet ANIMAL PLANET Eutel 13°E H 11.052GHz

09.00 Nature Watch **09.30** Kratt's Creatures **10.00** Animal Planet Classics **11.00** Wild Sanctuaries **11.30** Wildlife Days **12.00** Breed All about It **12.30** Zoo Story **13.00** Zoo Life **13.30** Animal Doctor **14.00** Nature Watch **14.30** Kratt's Creatures **15.00** Human/Nature **16.00** Wild at Heart **16.30** Animal Adventures **17.00** Rediscovery **18.00** Nature Watch **18.30** Kratt's Creatures **19.00** Zoo Life **19.30** Animal Doctor **20.00** ESPU **20.30** Horse Tales **21.00** Oceans Wild **21.30** Big Animal Show **22.00** Human/Nature **23.00** Rediscovery **00.00** Closedown

CHANNEL ONE Cable

Local news on the hour plus: **10.30** Album Show **11.30** The A-Z of Food **12.30** World of Sport **13.30** Real Gardening Show **14.30** Album Show **15.30** PDQ **16.30** Cybernet **17.30** PDQ **18.30** Album Show **19.30** PDQ **20.30** Cybernet **21.30** World of Sport **22.30** PDQ **23.30** Album Show **00.00** News & music all night

BBC WORLD Eutel II F1 13°E V 11.620GHz

News on the hour plus: **05.30** Correspondent **06.30** Earth Report **07.30** Hard Talk **08.30** The Clothes Show **09.30** Correspondent **10.30** Hard Talk **11.30** Top Gear **12.00** Today **13.30** Correspondent **14.15** Business **14.30** Today **15.30** Film '98 **16.30** Hard Talk **17.30** Earth Report **18.00** Today **19.30** Hard Talk **20.30** Science World **21.10** Business **21.30** Holiday **22.10** Europe **23.15** Business **23.30** Hard Talk **00.00** Night programmes

BETI Cable

06.00 Performances **06.30** Grooves **07.00** Jazzy Vocals **08.00** Impressions **09.00** Planet Groove **11.00** Jazz Central **12.00** Schedule repeats 06.00-11.00

NBC Europe Cable/ Eutel 13°E V 10.987GHz

CNBC: EUROPEAN BUSINESS SERVICE ON ASTRA V 10.729GHz

TEXT 300

0336 413 429

05.00 Europe Today **08.00** European Money Wheel CNBC Europe **11.00** Internight **12.00** Time and Again **13.00** European Living: Flavors of Italy **13.30** VIP **14.00** The Today Show **15.00** Home and Garden Television: Gardening by the Yard **15.30** Interiors by Design **16.00** Time and Again **17.00** European Living: Europe à la Carte **17.30** VIP **18.00** Europe Tonight Live **18.30** The Ticket NBC **19.00** Dateline NBC **20.00** NBC Super Sports: Major League Baseball Highlights **21.00** The Best of the Tonight Show with Jay Leno. American chat show highlights **22.00** Late Night with Conan O'Brien **23.00** The Ticket NBC **23.30** NBC Nightly News with Tom Brokaw **00.00** The Best of the Tonight Show with Jay Leno **01.00** MSNBC Internight **02.00** VIP **02.30** Travel Xpress **03.00** The Ticket NBC **03.30** European Living: Flavors of Italy **04.00** MSNBC's The News with Brian Williams

CARLTON SELECT Cable

17.00 Blockbusters **17.30** Gridlock **18.00** Byker Grove **18.30** A Country Practice **19.00** London Bridge **19.30** Desmond's **20.00** Birds of a Feather **20.30** Tracey Takes on... **21.00** Frank Stubbs Promotes **22.00** Big Sky **23.00** St Elsewhere **00.00** Pull the Other One **00.30** Tales of the Unexpected **01.00** Closedown

CARLTON FOOD AND COOKERY Cable

09.00 FND **09.30** Food for Thought **10.00** Dilly Dines **10.30** What's Cooking? **11.00** Thompson **11.30** Kerr's Kitchen **12.00** FND **12.30** First **13.00** Food for Thought **13.30** A Taste of England **14.00** Seasonal Kitchen **14.30** FND **15.00** Surprise Chefs **15.30** Thompson **16.00** Assignment **16.30** Kerr's Kitchen **17.00** Closedown

HVC Cable

20.00 Altered Love **21.35** Where Angels Dance **23.30** Secrets **23.35** Close Arrest **00.00** Closedown

UK ARENA UK ARENA cable

18.00 To Serve Them All My Days **19.00** Good Music **20.00** The Frame **20.30** Sounds of the Sixties **21.00** Wodehouse Playhouse **21.30** Family **22.45** The Frame **23.00** Later on... Joan Baez, Gretchen Peters and Matraca Berg **00.00** Closedown

UK HORIZONS cable

07.00 Sperm Whales: Back from the Abyss **08.00** The Mind Traveller **09.00** Simon's Peace **10.00** Great Mysteries & Myths **10.30** Vets in Practice **11.00** Off Your Trolley **11.30** Superstore **12.00** An Edge of Conspiracy **13.00** Nature Detectives **13.30** Doctors to Be **14.30** Talking to Horses **15.00** Plastic Fantastic **15.30** 999 **16.30** Nomads of the Wind **17.30** Great Mysteries and Myths **18.00** Animal Hospital Week **18.30** Wildlife on UK Horizons **19.00** Hot Gadgets **19.30** Storm Warning **20.00** Decisive Weapons **20.30** Hunters in the Wild **21.00** The Great Pyramid **22.00** Crime Limited **22.30** Inside 25 Cromwell Street **23.30** Man Seeks Woman **00.30** The Power and the Glory **01.00** Closedown

UK STYLE UK STYLE cable

14.00 Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Change That **15.30** The Terrace **16.00** Tracks **16.30** Food and Drink **17.00** How Does Your Garden Grow? **18.00** Call My Bluff **18.30** Going for a Song **19.00** Des Res **19.30** Holiday in Style **20.30** Change That. Presented by Mark Curry **21.00** Can't Cook, Won't Cook. Clueless in the kitchen **21.30** Style Challenge **22.00** Call My Bluff. Chaired by Bob Holness **22.30** Antiques Roadshow **23.30** The Victorian Kitchen Garden **00.00** Closedown

English translations of the foreign channels

FOR MORE CHANNELS SEE LISTINGS EXTRA