SKY MOVIES SCREEN 1
Astra V 11.436GHz

06.00 **Life, Liberty and the Pursuit of Happiness on the Planet of the Apes** (1974) (approx 91 mins) CERT: PG Another sci-fi tale about a pair of astronauts from the 20th Century who get stranded on an Earth of the future where apes have taken control 20995602 Text 129
07.35 **Rhinestone** (1984) (approx 107 mins) CERT: PG (DS) Please see 13.10 for details 85943850
09.25 **Invisible Dad** (1996) (approx 86 mins) CERT: U Please see 17.00 for details 3326805
10.55 **Sense and Sensibility** (1995) (approx 131 mins) CERT: U (888) Please see 18.45 for details 32071756
13.10 **Rhinestone** (1984) (approx 107 mins) CERT: PG (DS) Musical comedy in which Sylvester Stallone plays a cabbie who becomes the object of a bet between a nightclub singer and her boss 54823992
15.00 **In Like Flynn** (1985) (approx 91 mins) CERT: PG Adventure starring Jenny Seagrove as a book editor who leads a double life as the author for whom she claims to work 74027
17.00 **Invisible Dad** (1996) (approx 86 mins) CERT: U Family film about a boy named Doug whose father's machine renders himself invisible. Now Doug has to reverse the process before his father is doomed to spend his life being unseen! 58197260
18.45 **Sense and Sensibility** (1995) (approx 131 mins) CERT: U (888) Lavish adaptation of the Jane Austen novel about two sisters who are left nothing in the will when their father dies and set out on a quest to find themselves well-off husbands. Emma Thompson, Alan Rickman, Kate Winslet 40448718
21.00 **Roseanne: An Unauthorized Biography** (1994) (approx 86 mins) CERT: PG Fact-based drama which follows television comedienne Roseanne Barr from her troubled teenage years when her father regularly performed incestuous acts upon her and her two younger sisters to her tempestuous and ultimately doomed second marriage to Tom Arnold. Denny Dillon, David Graf 80621
22.30 **Braveheart** (1995) (approx 170 mins) CERT: 15 (888) Stirring, Oscar-winning Scottish drama starring Mel Gibson as legendary hero William Wallace who becomes the leader of a ramshackle yet courageous army determined to vanquish the greater English forces, and his bravery and passion unites his people behind him. Patrick McGoohan, Sophie Merceau. Directed by Mel Gibson 95685379
01.25 **The Innocent Sleep** (1995) (approx 95 mins) CERT: 15 British thriller about a journalist who sets out to uncover the truth behind the apparent suicide of a businessman when she finds a homeless man who has become an inadvertent pawn in what is actually a murder case. Annabella Sciorra, Rupert Graves, Michael Gambon, Franco Nero 905732
03.05 **The Effects of Gamma Rays on Man-in-the-moon Marigolds** (1972) (approx 97 mins) CERT: 15 Affectionate, tender tale in which Paul Newman directs his wife Joanne Woodward, who plays a depressed mother struggling to rear her two young daughters, one of whom is played by the couple's real-life daughter Nell Potts 48072935

SKY MOVIES SCREEN 2
Astra V 11.479GHz

06.00 **Tennessee's Partner** (1955) (approx 83 mins) CERT: PG Western about a gambler and a crook who become unlikely buddies when one saves the other's life 35114 Text 129
08.00 **Leapin' Leprechauns!** (1994) (approx 80 mins) CERT: PG Please see 18.00 for details 34602
10.00 **Sister Kenny** (1946) (approx 111 mins) CERT: U Drama based on the real-life Australian nurse who pioneered the battle against polio 81824
12.00 **The Stars Fell on Henrietta** (1995) (approx 105 mins) CERT: PG Drama about the conflicts which arise when a prospector discovers oil during the Depression 57553
14.00 **Joan of Paris** (1941) (approx 88 mins) CERT: U WW2 drama in which a French barmaid helps some British soldiers to avoid the Nazis 26911
16.00 **Merlin's Shop of Mystical Wonders** (1997) (approx 90 mins) CERT: TBC Family adventure in which King Arthur's magician, Merlin, arrives in the 20th century and sets up a magic shop. Ernest Borgnine, George Milan 9398
18.00 **Leapin' Leprechauns!** (1994) (approx 80 mins) CERT: PG Fantasy about a group of leprechauns who try to stop an American conglomerate from turning their home into a theme park. John Bluthal, Grant Cramer, Sharon Lee Jones 32805
L
19.30 **E! News Week in Review** 4331
20.00 **Major Payne** (1995) (approx 93 mins) CERT: 12 Comedy about a born fighter who is thrown out of the army after he has killed everyone and that there is no one left to fight. In desperation, he finds a job teaching combat skills to a bunch of kids. Damon Wayans, Karyn Parsons, William Hickey 18992
22.00 **Swimming with Sharks** (1995) (approx 90 mins) CERT: TBC Hollywood satire about Guy, a young man with high hopes of building a career in the movie world. But his first job finds him working for Buddy Ackerman, one of the most-feared men in the business whose temper is legendary. Buddy's behaviour towards Guy grows increasingly unpleasant and eventually Guy decides to exact a grim revenge against his tyrant of a boss... Kevin Spacey, Frank Whaley, Michelle Forbes 964176
P
23.35 **Denise Calls Up** (1995) (approx 76 mins) CERT: 15 Comedy-drama about a group of people who communicate by telephone but never meet. Sooner or later, however, they are going to realise exactly what is missing from their lives 631640
L
01.00 **Mute Witness** (1995) (approx 92 mins) CERT: 18 Thriller about a mute woman called Billy who witnesses a murder in a deserted film studio. Some so-called 'film makers' are using the set to make a snuff movie and they kill the unsuspecting starring actress while mute Billy watches 944596
02.40 **Deadly Illusion** (1988) (approx 86 mins) CERT: 15 Thriller in which Billy Dee Williams plays a streetwise cop who, framed for a homicide, is given 48 hours by his lieutenant to uncover the truth and prove his innocence 371680
04.15 **Travels of Marco Polo** (1993) (approx 47 mins) CERT: U Animated drama about the adventures of the legendary explorer 682008

BOX OFFICE 1 11.597GHz PAY-PER-VIEW (PPV: see below)

22.00 **The Saint** (1997) (116 mins) CERT: 12 Val Kilmer plays Simon Templar - a gentleman and a master thief with a thousand different identities - in this big screen version of the classic '60s TV series. Also stars Elizabeth Shue (rpt 00.00, 02.00 and 04.00)

BOX OFFICE 2 10.877GHz PAY-PER-VIEW (PPV: see below)

19.00 **Batman & Robin** (1997) (130 mins) CERT: PG Batman (played by George Clooney) is back for his wildest, most outrageous adventure to date! Also starring Chris O'Donnell as Robin and Alicia Sylverstone as Batgirl (rpt 21.30, 00.00 and 02.30)

BOX OFFICE 3 10.862GHz PAY-PER-VIEW (PPV: see below)

06.00 **Honey, We Shrunk Ourselves** (1997) (75 mins) CERT: PG Comedy with the shrinking inventor (rpt 07.30, 09.00, 10.30, 12.00, 13.30, 15.00 & 16.30)
P
20.00 **Everyone Says I Love You** (1996) (98 mins) (12) Woody Allen musical (22.00, 00.00, 02.00 & 04.00)

BOX OFFICE 4 10.847GHz PAY-PER-VIEW (PPV: see below)

20.00 **Scream** (1997) (110 mins) CERT: 18 Blockbusting horror tale about a teenager (Neve Campbell) trying to come to terms with the brutal murder of her mother several years before. Directed by Wes Craven (rpt 22.00 and 04.00)

SKY MOVIES GOLD
Astra V
11.127GHz from 16.00-05.00 (weekdays)
11.127GHz from 11.00-05.00 (weekends)
11.597GHz from 22.00-06.00 (weekdays)

16.00 **Zulu** (1963) (133 mins) CERT: PG War drama about a British outpost in Africa which is besieged by Zulu warriors. Stanley Baker, Jack Hawkins, Michael Caine 97329621
18.20 **The Seventh Voyage of Sinbad** (1958) (84 mins) CERT: PG Fun-filled fantasy as Sinbad (Kerwin Mathews) takes to the seas to find the cure for the curse which has shrunk his girlfriend, the Princess (Kathryn Grant) 71915621
20.00 **Bird on a Wire** (1990) (106 mins) CERT: 15 Quick-witted and fast-paced action-comedy: Mel Gibson, his cover blown after years on the FBI Witness Protection Programme, finds his life threatened by a gang of drug dealers. Charitably, he drags ex-girlfriend Goldie Hawn into the deadly milieu 5088176 Text 129
22.00 **Zulu** (1963) (133 mins) CERT: PG Please see 16.00 for details 96551114
00.20 **The Krays** (1989) (114 mins) CERT: 18 (DS) The dramatic story of the notorious gangsters Reggie and Ronnie Kray (Gary and Martin Kemp), who terrorised East London during the 1960s 2977645
02.20 **A Touch of Zen** (1969) (169 mins) CERT: 12 (WS) Taiwanese action movie about an artist who encounters a young woman 32082119
05.10 **Closedown**

TNT Classic Movies
Astra H 11.023GHz

21.00 **Crucifer of Blood** (1991) Sherlock Holmes investigates the disappearance of a young woman's father 35681973 Text 100
23.00 **Treasure Island** (1934) The first sound version of Robert Louis Stevenson's classic pirate yarn 54745094
P
01.00 **The Girl and the General** (1967) WW1 drama about a one-armed army general who escapes from his incompetent captor with Ada, a female freedom fighter 94345698
03.00 **Crucifer of Blood** Please see 21.00 82649799

bravo
Astra V 11.097GHz

20.00 **The A-Team** 9281756
21.00 **Real Stories of the Highway Patrol** 8811350 Text 210
21.30 **Cops** 2871911
22.00 **The Basement** 1217992
22.15 **Bravo's Briefs** A short film 1212447
22.30 **Red Shoe Diaries** 7935466
23.00 **Film: Hookers, Hustlers, Pimps and Their 'Johns'** (1993) Documentary on New York's sex business including a glimpse through the keyhole of Mistress Scarlet - speciality: genital torture 6253466
01.00 **Beverly Hills Bordello** 7962799
01.30 **Red Shoe Diaries** 6200374
02.00 **Tour of Duty** 2187886
03.00 **I Don't Kiss** (1991) Prostitution tale in which a young man leaves rural France for the bright lights of Paris and ends up as a rent boy 6607041
P
05.00 **The A-Team** 5932596
06.00 **Closedown**

DISNEY CHANNEL
Astra V 11.597GHz

06.00 Bear in the Big Blue House 20008 **06.30** Jungle Cubs 37824 **07.00** Recess 67553 **07.30** Pepper Ann 46060 **08.00** Brand Spanking New Doug 63176 **08.30** Ned's Newt 62447 **09.00** Smart Guy - Double Bill 39756 **10.00** Teen Angel - Double Bill 42244 **11.00** Boy Meets World - Double Bill 62008 **12.00** Student Bodies - Double Bill 49981 **13.00** The Wonder Years - Double Bill 80331 **14.00** Disney's Honey I Shrunk the Kids - the TV series 3252749 **14.45** Nightmare Ned 4296486 **15.00** The Lion King's Timon and Pumbaa 8404 **15.30** Brand Spanking New Doug 7843 **16.00** Pepper Ann 6350 **16.30** Recess 2534 **17.00** Smart Guy 2669 **17.30** Student Bodies 6114 **18.00** Teen Angel 3027 **18.30** Boy Meets World 4379 **19.00 Film:** Dance 'Till Dawn (1997) Romantic comedy about a Prom Night which turns into a nightmare with couples splitting up and spying parents lurking around! Starring Christina Applegate, Matthew Perry and Kelsey Grammer 38319 **20.30** The Wonder Years: Nemesis. While going out with Becky, Kevin said some unkind things about Winnie. Now they've split up he's frightened Becky will tell everyone, especially Winnie 8260 **21.00** Touched By an Angel 94350 **22.00** Closedown

UK TV
UK TV PREVIEW
Astra V 10.817GHz

07.00 Nomads of the Wind **08.00** Goodbye, Dear Friend **09.00** The Aristocracy **10.00** Great Mysteries and Myths **10.30** Vets in Practice **11.00** Miracle Babies: The Story of the Dionne Quintuplets **12.00** Joy Adamson **13.00** The Living Isles **13.30** The Look **14.00** Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Going for a Song **15.30** The Terrace **16.00** Tracks **16.30** Antonio Carluccio's Italian Feast **17.00** Really Useful Week **18.00** Back to the Wild **18.30** Alien Empire **19.00** The Contenders **19.30** Disaster **20.00** 999 **21.00** Vets in Practice **21.30** The Cruise **22.00** Sylvania Waters **22.30** Top Gear GTi **22.45** The Frame **23.00** Later On... Danny Thompson **00.00** Closedown

5
FilmNet Transponder 63 10.920GHz

06.00 News 3813621 **07.00** Wideworld 3007282 **07.30** Milkshake! 3952756 **07.35** Wimzie's House 7802027 **08.00** Havakazoo 1497718 **08.30** Wishbone 1496089 **09.00** Espresso 8723534 **10.00** Life at the Edge 3783331 **10.30** Sunset Beach 8105379 **11.10** Leeza 8783843 **12.00** News 1490805 **12.30** Family Affairs 4187263 **13.00** The Bold and the Beautiful 3006553 **13.30** Sons and Daughters 4186534 **14.00** Burke's Law 3784060 **15.00** 100 % Gold 1461553 **15.30** Film 9370114 **17.25** Russell Grant's Postcards 27749992 **17.30** The Great Garden Game 2207756 **18.00** 100 Per Cent 2204669 **18.30** Family Affairs 2288621 **19.00** 5 News 1453534 **19.30** Life at the Edge 2284805 **20.00** The Pepsi Chart 1462282 **20.30** Food Fight 1458089 **21.00** Film 41586843 **22.50** Film 94285089 **00.20** Live and Dangerous 63104732 **04.45** Monsters 60298664 **05.05** Throb 97433747 **05.30** 100 % 8711799

P Premiering Film — L Last Play — WS Widescreen — DS Dolby Surround Sound — 888 Subtitled
PPV INFORMATION LINE: 0990 800 888 OR CHECK SKY TEXT 177

SKY one
Astra V 11.318GHz

07.00 **Tattooed Teenage Alien Fighters from Beverly Hills** 74718 Text 126
07.30 **Meego** 86553
08.00 **Meego** 53553
08.30 **Games World** 1404602
08.45 **The Simpsons** (888) 763466
09.15 **The Simpsons** (888) 760379
09.45 **Games World** 9736621
10.00 **Another World** 82737
11.00 **Days of Our Lives** 62973
12.00 **Married...with Children** (888) 56640
12.30 **M*A*S*H** (888) 89466
13.00 **Geraldo** 77621
14.00 **Sally Jessy Raphael** 52008
15.00 **Jenny Jones** 86805
16.00 **The Oprah Winfrey Show** 98640
17.00 **Star Trek: The Next Generation** (888) Please see 23.00 for details 6824
18.00 **The Nanny** 1485
18.30 **Married...with Children** (888) 2737
19.00 **The Simpsons** (888) The Simpsons visit a theme park based on Itchy and Scratchy cartoons 7553
19.30 **Real TV** 1621
20.00 **Stargate SG-1** 21466
21.00 **Outer Limits** 51242
22.00 **Millennium** (888) 11089
23.00 **Star Trek: The Next Generation** (888) (Part One) Featuring the return of the Borg and Data's brother, Lore 83466
00.00 **Police Rescue** (888) 82206
01.00 **Long Play**

NATIONAL GEOGRAPHIC CHANNEL
Astra H 11.303GHz

19.00 Science and Animals 6632805 **19.30** Ice Tombs of Siberia 5358373 **20.00** Lifeboat: Not a Cross Word Spoken 6641553 **20.30** Okinawa: The Generous Sea 6620060
21.00 **Wild Horses of Namib** 5584669
21.30 **In the Shadow of Vesuvius** 5153350
22.30 **The Most Dangerous Jump in the World** 8705027
23.00 **Panama Wild** 4919927
00.00 **Cape Followers** 8374652
00.30 **Springtime for the Weddell Seals** 4132190
01.00 **Closedown**

UK GOLD
Astra H 11.553GHz

07.00 **Never the Twain** 5521008
07.35 **Neighbours** 7131089
08.00 **Crossroads** 3362718
08.25 **EastEnders** 7197553
09.00 **The Bill** 7943485
09.30 **Howards' Way** 2862263
10.00 **Shelley** 4925824
10.30 **The Sullivans** 7949669
11.00 **Casualty** 9002553
12.00 **Crossroads** 27434669
12.25 **Neighbours** 27437756
12.55 **EastEnders** 4194832
13.30 **Some Mothers Do 'Ave 'Em** 7689466
14.05 **Open All Hours** 2174756
14.45 **Dangerfield** 8004602
15.45 **The Bill** 4742640
16.15 **Juliet Bravo** 43047398
17.20 **EastEnders** 3317282
17.55 **Big Break** 1954804
18.30 **The Bill** 7492350
19.00 **Last of the Summer Wine** 5257640
19.40 **Yes, Minister** 5880602
20.20 **May to December** 3069981
21.00 **Fawlty Towers** Havoc ensues when a public health inspector threatens to close the hotel 1965640
21.45 **Shooting Stars** 1288669
22.25 **Between the Lines** 98759640
23.30 **Paul Merton: The Series** 2291447
00.10 **Spitting Image** 5734867
00.40 **Chelmsford 123** 4590935
01.05 **The Equalizer** 5140003
01.50 **The Equalizer** 4731577
02.35 **Shopping at Night**

SCIFI CHANNEL
Astra V 11.568GHz

20.00 **Quantum Leap** Sam takes over the body of sex therapist Dr Ruth Westheimer 3813992
21.00 **PSI Factor: Chronicles of the Paranormal** A fog creates terror in prison's death row 3833756
22.00 **Space** After 10 failed launch attempts it appears Russia will win the space race 7936621
00.00 **Sightings** Extraordinary real-life stories 1860683
01.00 **Battlestar Galactica** A cyclon cannon threatens to destroy the Galactica and her fleet 2135664
02.00 **Friday the 13th** 9989461
03.00 **Tales of the Unexpected** 7025393
03.30 **Dark Shadows** 7575409
04.00 **Closedown**

GRANADA PLUS
Astra H 11.244GHz

06.00 **The Box** 9952240
07.00 **E! Mysteries and Scandals** 2030485
07.30 **Classic Coronation Street** 2019992
08.00 **Dempsey & Makepeace** 5910756
09.00 **Hadleigh** 6443602
10.00 **The Saint** 2015176
11.00 **Hawaii Five-0** 2028640
12.00 **Classic Coronation Street** 7425911
12.30 **Families** 5181534
13.00 **Second Thoughts** 2039756
13.30 **On the Buses** 5180805
14.00 **Hadleigh** 7095466
15.00 **Dempsey & Makepeace** 6712379
16.00 **Hawaii Five-0** 6724114
17.00 **The Saint** 4773282
18.00 **Families** Chris worries about being with Corrie 1962114
18.30 **Classic Coronation Street** 1953466
19.00 **Doctor in Charge** Duncan comes under suspicion when hospital equipment is stolen by a thief 4774911
19.30 **Singles** Clive is thrilled when Dennis fills his autograph book with famous names 1942350
20.00 **Dempsey & Makepeace** Spikings discovers something rotten at the heart of SI-10 7105466
21.00 **Classic Coronation Street** 6720398
21.30 **The New Comedians** With Gary Marshall and Don Reid 5101398
22.00 **The Saint** When an ex-king cheats at cards, it's not merely for greed 7195089
23.00 **Closedown**

MEN & MOTORS
Astra H 11.244GHz

23.00 Centrefolds 6725843 **23.30** Talking Dirty 1028602 **23.50** Lovelies 8674669 **00.00** Electric Ladyland 6430138 **00.30** Studs 1511312 **00.50** Lovelies 9320312 **01.00** E! Gossip 3654867 **01.30** E! 8920596 **02.00** Closedown

The Racing Channel
Astra V 10.877GHz

11.00 Racing Review 9669669 **12.00** Live at lunchtime 1832447 **13.00** Live racing from Cartmel, Folkestone and Yarmouth 2590640 **18.00** Closedown

EUROSPORT
Astra V 11.259GHz

07.30 **Football: Eurogoals** 40379 Text 127
08.30 **Touring Car: BTCC in Brands Hatch** The fourth event (rounds 7 and 8) of the BTCC 40669
09.30 **Tennis: A look at the ATP Tour** This week's round up of the latest news in the world of tennis 58718
10.00 **Live Tennis: French Open in Roland Garros stadium, Paris** Third day 869008
13.00 **Live Football: UEFA Under-21 Championship in Bucharest** Quarter-finals' losers - Match 8: Losers Match 3 v Losers Match 4 90843
14.30 **Live Cycling: Tour of Italy** 11th stage - Macerata to San Marino 52195
16.00 **Live Tennis: French Open in Paris** 978195
19.00 **Athletics: Outdoor Invitational Meeting in Germany** 70737
20.30 **Football: UEFA Under-21 Championship** Second semi-final: winners Match 3 v winners Match 4 15447
22.00 **Tennis: French Open Rendez-vous** Highlights 44331
23.00 **Motorsports** 4485
00.30 **Closedown**

SKY SPORTS 2
Astra H 11.170GHz

UPDATE 0336 413 416

07.00 **Aerobics Oz Style** 9662718
07.30 **Sports Centre** 9674553
08.00 **Racing News** 2944621
08.30 **Cycling: Prutour** 2943992
09.00 **Fish TV** 2934244
09.30 **Fastrax** 8423805
10.00 **LPGA Golf: Corning Classic** 8443669
12.00 **Golf Extra** 2345992
15.00 **Dr Martens Premier League Snooker: Williams v Davis** 3662466
17.00 **Live Ford International Football: Morocco v England** Action from Casablanca in the latest King Hassan clash 2632398
22.30 **Futbol Mundial** Club and international soccer focus 2964485
23.00 **Trans World Sport** 9671466
00.00 **Ford International Football: Morocco v England** 5221664
01.30 **Sports Centre** 3618645
02.00 **Closedown**

SKY SPORTS 1
Astra V 11.509GHz

07.00 **Sports Centre** 35260 Text 127
07.30 **WWF: Live Wire** 48911
08.30 **Sports Centre** 37737
09.00 **Racing News** 28089
09.30 **Aerobics Oz Style** 56350
10.00 **The Footballers' Football Show** 22379
11.00 **Live Cricket: Benson & Hedges Cup Quarter-finals** With Mark Nicholas and commentary from Bob Willis, Paul Allott and Ian Botham 9924553
14.30 **Second Innings** 7918
15.00 **Live Cricket: Benson & Hedges Cup Quarter-finals** Continued live, ball-by-ball coverage 4670486
19.00 **Cycling** 7195
19.30 **Sports Centre** 1263
20.00 **Dr Martens Premier League Snooker: Williams v Davis** 70756
22.00 **Sports Centre** 32282
22.30 **Cycling** 18602
23.00 **World of Super League with Eddie & Stevo** 95534
01.00 **Sports Centre** 49995
01.30 **Dr Martens Premier League Snooker** 12461
03.30 **Ford International Football** 29138
05.00 **Sports Centre** 20480
05.30 **Closedown**

SKY SPORTS 3
Astra H 11.671GHz

12.00 **WWF: Shotgun Challenge** 58160756
13.00 **Cycling: Prutour** 36060756
13.30 **Fish TV** 58140992
14.00 **Superbouts: Arroyo v Alli** 67949824
15.00 **Rugby Union Classics: Wales v France** 52838669
15.30 **Watersports World** 62140027
16.30 **Euro Tour Weekly** 57456805
17.00 **WWF: Shotgun Challenge** 52812621
18.00 **Live The Winning Post: Newbury & Ripon** Live action from the race track 35612843
20.00 **World of Super League with Eddie & Stevo** Featuring every try scored over the past week, plus a preview of the forthcoming action 35684060
22.00 **Cricket: Benson & Hedges Cup Quarter-finals** 45503094
23.30 **Closedown**

	6pm	7pm	8pm	9pm	10pm	11pm
SKY MOVIES SCREEN 1	Sense and Sensibility			Roseanne	Braveheart	
SKY MOVIES SCREEN 2	Leapin' Leprechauns!		Major Payne		Swimming with Sharks	
SKY MOVIES GOLD	The Seventh Voyage of Sinbad		Bird on a Wire		Zulu	
SKY ONE	The Nanny	The Simpsons Married with Children Real TV	Stargate SG-1	Outer Limits	Millennium	Star Trek: The Next Generation
UK GOLD	Cont Big Break The Bill	Last of the Summer Wine Yes, Minister	May to December	Fawlty Towers	Shooting Stars Between the Lines	Paul Merton
EUROSPORT	Cont Live Tennis	Athletics	Football		Tennis	Motorsports
SKY SPORTS 1	Cont Live Cricket	Cycling News	Dr Martens Premier League Snooker		News Cycling	Super League

Double-check today's listings on the teletext page shown below each channel logo or use the Update telephone lines

PARAMOUNT COMEDY
Astra V 11.156GHz

19.00 Cosby 5737 **19.30** Roseanne: All About Rosey 9805 **20.00** Grace Under Fire 4485 **20.30** Caroline in the City 3992 **21.00** Cybill 21992 **21.30** Ellen: The Boyfriend Stealer 45244 **22.00** Frasier: Retirement is Murder 30824 **22.30** Cheers: Veggie Boyd. Woody acts in his first television commercial but is mortified to find that the product tastes awful 16244 **23.00** Monty Python's Flying Circus 33737 **23.30** Unnatural Acts 95737 **00.00** Nurses 46799 **00.30** It's Garry Shandling's Show 91751 **01.00** Frasier 31515 **01.30** Cheers 46935 **02.00** Caroline in the City 16867 **02.30** Unnatural Acts 95374 **03.00** Roseanne 11751 **03.30** Cybil! 19954 **04.00** Closedown

CHALLENGE TV
Astra H 10.993GHz

17.00 Cross Wits 8843 **17.30** Family Days Out 792756 **17.35** Prize Time 910824 **17.45** Family Fortunes 280718 **18.15** Prize Time 228756 **18.30** Catchphrase 7963 **19.00** Prize Time 249534 **19.15** Fifteen to One 294911 **19.45** Family Days Out 824534 **19.50** Prize Time 845027 **20.00** The Crystal Maze 87060 **21.00** Prize Time 507963 **21.15** Strike It Lucky 559350 **21.45** Prize Time 778602 **22.00** 3-2-1 **23.00** Prize Time 65981 **23.15** Sticky Moments 685331 **00.00** Sale of the Century 79041 **00.30** Moonlighting 86454 **01.30** The Fall Guy 89461 **02.30** Big Brother Jake 42206 **03.00** Snowy River - The McGregor Saga 24652 **04.00** The Big Valley 38225 **05.00** Screenshop 92374 **06.00** Closedown

Text 120

LIVING
Astra V 10.979GHz

06.00 Tiny Living 1045027 **09.00** Rolonda 4056027 **09.50** Ready, Steady, Cook 8903089 **10.30** The Young and the Restless 6596963 **11.20** Brookside 55687669 **11.50** Jimmy's 89955824 **12.20** Living Issues 44952814 **12.50** Rescue 911 3970718 **13.25** Hart to Hart 1299331 **14.20** Living It Up! 1808244 **15.20** Rolonda 8060027 **16.10** Tempestt 9865466 **17.00** The Heat Is On 6342379 **17.30** Ready, Steady, Cook 3348602 **18.10** Jerry Springer Uncut 1588176 **19.00** Rescue 911 6355843 **19.30** Mysteries, Magic and Miracles 3168060 **20.00** Adrenalin Junkies 5075602 **21.00** Film: Runaway Father (1991) After a wife discovers her runaway husband has faked his death in order to enable him to commit bigamy, she decides to bring him to justice 5085089 **23.00** The Jerry Springer Show 9633244 **00.00** Closedown

Text 204

CHRISTIAN CHANNEL
Astra H 11.170GHz

04.00 Thought **04.05** Voice **04.30** Good Morning **04.45** Avanzini **05.00** McCauley **05.30** Vauclair **06.00** Houston **06.30** Changing Your World **07.00** Voice **07.30** Kidz **07.45** Hinn **08.15** Good Morning **08.30** Day of Victory **09.00** Let The Fire Burn **09.30** Meyer **10.00** Tompkins **10.30** Avanzini **10.40** Good Morning **10.45** CMTV **11.00** Closedown

SKY SOAP
Astra V 11.568GHz

11.00 Take the High Road **11.30** Emmerdale **12.00** Emmerdale **12.30** As the World Turns **13.15** Families **13.45** Guiding Light **14.30** Take the High Road **15.00** Emmerdale **15.30** Emmerdale **16.00** Closedown

THE HISTORY CHANNEL
Astra V 11.568GHz

16.00 Air Power: The Spitfire Diamond Jubilee Air Show **17.00** The Longest Hatred: Enemies of the People **18.00** Ancient Mysteries: Temples of Eternity **19.00** Biography...Reel Men: Michael Caine **20.00** Closedown

SKY TRAVEL
Astra V 11.126GHz

11.00 Round Trip **11.30** Globetrotter **12.00** American Adventurer **12.30** Getaway **13.00** Dales Diaries **13.30** Walker's World **14.00** American Vacation: Great Plains **15.00** Globetrotter: Missouri, Tampa **15.30** Way of Life **16.00** Closedown

TV TRAVEL SHOP
Astra H 10.993GHz

12.00-17.00 Home Travel Shopping Service

QVC
Astra V 11.038GHz

Text 205

24 Hour Shopping Service

Astra H 11.273GHz

05.00-12.00 Sell-a-Vision

Discovery Home & Leisure
Astra H 11.082GHz

ALSO ON CABLE

09.00 **Simply Painting** 7941027
09.30 **The Garden Show** 2860805
10.00 **Grassroots** 4923466
10.30 **New Yankee Workshop** 7930911
11.00 **Rex Hunt's Fishing World** 8804060
11.30 **Hometime** 8812089
12.00 **The Close Guide** 7921263
12.30 **This Old House with Steve & Norm** 2864621
13.00 **Cookabout with Greg and Max** 9004911
13.30 **Furniture on the Mend** 2863992
14.00 **Hammer It Home** 6335911
14.30 **Period Rooms** 7408911
15.00 **The Diceman** 6321718
15.30 **Home Again with Bob Vila!** 7410756
16.00 **Closedown**

DISCOVERY CHANNEL
Astra H 11.082GHz

Text 200

16.00 **Rex Hunt's Fishing World** 7499263
16.30 **Bush Tucker Man: Aurukun** 7495447
17.00 **First Flights: Mass Transit in the Skies** 6326263
17.30 **Time Travellers: Clash of the Mayan Kings** 7419027
18.00 **Animal Doctor** 7409640
18.30 **The Ant Hill Mob: Wild Discovery** Ants live in colonies up to 8,000 strong and employ hunting and self-defence systems in their complex. Tiny cameras reveal their many secrets 9123485
19.30 **Disaster: No Escape** What lessons have been learned from the 1986 fire at King's Cross underground station? 7496176
20.00 **Animal X** 6322447
20.30 **The Supernatural: Giant Squid** 6334282
21.00 **Ultimate Guide: Sharks** 9274466
22.00 **Crocodile Hunter: Where Devils Run Wild** 9277553
23.00 **Outlaws: Shops and Robbers** 9081060
00.00 **First Flights: Mass Transit in the Skies** 9211935
00.30 **Disaster: No Escape** 5240645
01.00 **Shipwreck: Deadly Harbour** 7050645
02.00 **Closedown**

.tv
Astra V 10.847GHz

18.00 Buyer's Guide. Consumer programme guide to hardware and software **18.30** Game Over **18.45** Chips With Everything **19.00** Mini Masterclass **19.30** Buyer's Guide **20.00** Closedown

SKY SCOTTISH
Astra H 10.862GHz

18.00 High Road **18.30** The Home Show **19.00** Blind School **19.30** T in the Park. Highlights include Beth Orton, Spearhead and The Delgados **19.55** Scotland Today **20.00** Closedown

breeze
Astra V 10.847GHz

06.00 **E! Uncut** 65936640
06.30 **E! Model** 94227076
07.00 **The Good Housekeeping Show** 73320737
07.30 **Style Wars** 73309244
08.00 **The View** 13944973
09.00 **Sally Jessy Raphael** 65912060
10.00 **Thirtysomething** 73338756
11.00 **E! Uncut** 35824447
11.30 **E! Model** 35825176
12.00 **The View** 10960176
13.00 **The Good Housekeeping Show** 73329008
13.30 **Style Wars** 10973640
14.00 **Thirtysomething: Nancy's First Date** Following her break-up from Elliot, Nancy goes on her first date Melissa, meanwhile, is experiencing romantic difficulties 95764417
15.00 **Livetime** Live magazine programme 35829992
16.00 **Sally Jessy Raphael: Mom, Stop Dressing Like a Hooker** Audience participation talk show from America 35848027
17.00 **Livetime** 47458824
18.00 **Closedown**

SKY NEWS
Astra V 11.377GHz

Sky News on the hour plus **06.00** Sunrise **10.30** ABC Nightline **11.30** World News **14.30** PMQ's. A closer look at events during Prime Minister's Question Time in the house of Commons. Hosted by Adam Boulton **16.30** Sky World News **17.00** Live at Five **19.30** Sportsline **20.30** Sky Business Report **21.30** World News **22.00** Prime Time **00.30** CBS Evening News **01.30** ABC World News Tonight **02.30** Sky Business Report **03.30** Reuters Reports **04.30** CBS Evening News **05.30** ABC World News Tonight

Text 128

CNN INTERNATIONAL
Astra V 11.627GHz

News on the hour plus **05.00** This Morning **05.30** Insight **06.00** This Morning **06.30** Moneyline **07.00** This Morning **07.30** Sport **08.30** Showbiz **09.00** Larry King **10.30** Sport **11.30** American Edition **11.45** World Report **12.30** Your Health **13.15** Asian Edition **13.30** Business Asia **14.30** Newsroom **15.30** Sport **16.30** Your Health **17.00** Larry King **18.45** American Edition **19.30** Business **20.30** Q&A **21.30** Insight **22.00** Business **22.30** Sport **23.00** World View **00.30** Moneyline **01.15** Asian Edition **01.30** Q&A **02.00** Larry King **03.30** Showbiz **04.15** American Edition **04.30** World Report

Text 200

CNBC
Astra V 10.729GHz

05.00 Europe Today **08.00** European Money Wheel **13.00** CNBC's US Squawk Box **15.00** US Market Watch. Up-to-the-minute market reports and economic and corporate news **17.00** US Power Lunch **18.00** Europe Tonight. Round-up of events in Europe, including a high profile interview with the chief executive whose company is making the headlines **19.00** Directions **19.30** Street Signs **21.00** US Market Wrap **23.00** Directions. Essential guide to the business of travel. Everything from airlines to arranging overseas business meetings **23.30** Europe Tonight **00.00** Breakfast Briefing. Summary of top global and regional business stories and a preview of the business day ahead **01.00** CNBC Asian Squawk Box **02.00** Trading Day **03.00** Trading Day **04.00** Trading Day

Bloomberg
Astra H 11.361GHz

24 hour business news with **06.00** Markets **08.00** Trading Day **09.19** Fund Manager **11.45** Entertainment **14.15** Germany **15.19** Fund Manager **16.00** Money Makers **16.57** Travel **18.45** Entertainment **19.45** Germany **21.19** Fund Manager **22.57** Travel

CARTOON NETWORK
Astra H 11.023GHz

05.00 Omer and the Starchild **05.30** Ivanhoe **06.00** The Fruitties **06.30** Blinky Bill **07.00** Thomas the Tank Engine **07.15** The Magic Roundabout **07.30** The Real Story of... **08.00** Scooby Doo.The lumbering and lovable Great Dane reluctantly follows his ghost-busting teenage detective gang as they investigate all kinds of spooky and supernatural doo-ings **09.00** Johnny Bravo **10.00** Beetlejuice **11.00** The Mask. Can Stanley shake off his old image once and for all, get the girl, and save Edge City from the evil villains craving for the mask **12.00** Taz-Mania **13.00** Tom and Jerry **14.00** The Jetsons **15.00** Road Runner **16.00** Dexter's Laboratory. More adventures with the boy genius who creates fantastic inventions in his huge bedroom laboratory despite the interference of his ditsy big sister Dee Dee **17.00** Cow and Chicken **18.00** Sylvester and Tweety **19.00** The Flintstones **20.00** The Bugs and Daffy Show **21.00** Closedown

Text 102

NICKELODEON
Astra V 11.156GHz

All week from 25th May to 29th May, 07.00 - 19.00
For one week only. All day, every day - Find out who are the most popular cartoon characters with Nickelodeon's Watch Your Own Week. Will Tommy and the rest of the *Rugrats* out-toon Daggett and Norbert from the *Angry Beavers*? Are two better than one when it comes to girl power with *Sister, Sister* against *Moesha*? There's only one way to find out...tune into Watch Your Own Week and decide which are the best toons.

Text 110

FOX KIDS
Astra H 11.303GHz

May Half-Term Special Double Bills
06.00 Power Rangers Turbo **06.30** Power Rangers Turbo **07.00** Spiderman **07.30** Spiderman **08.00** Beetleborgs Metallix **08.30** Beetleborgs Metallix **09.00** The Incredible Hulk **09.30** The Incredible Hulk **10.00** Goosebumps **10.30** Goosebumps **11.00** Sam and Max **11.25** Sam and Max **12.00** The Tick **12.30** The Tick **13.00** Donkey Kong Country **13.30** Donkey Kong Country **14.00** Ace Ventura **14.30** Ace Ventura **15.00** Casper **15.30** Casper **16.00** Mortal Kombat **16.30** Mortal Kombat **17.00** Goosebumps **17.30** Goosebumps **18.00** Eerie, Indiana **18.30** Eerie, Indiana **19.00** Closedown

Trouble
Astra V 11.097GHz

07.00 Batman 9009466 **07.30** Earthworm Jim 9088973 **08.00** California Dreams 7915602 **08.30** Hang Time 7914973 **09.00** Ready or Not 7938553 **09.30** Heartbreak High 2769805 **10.30** Echo Point 7934737 **11.00** Batman. The dynamic duo try to rescue a young damsel 8831114 **11.30** Earthworm Jim 8832843 **12.00** Sweat 7925089 **12.30** Heartbreak High. The students of Hartley High experience exam stress when Charlie's computer breaks down, Declans domestic situation seems sure to destroy his chances of success and Bolton and Stassy resort to buying a stolen past paper 8540244 **13.30** Echo Point 2867718 **14.00** Hollyoaks 6339737 **14.30** It's in the Jeans 4373669 **14.45** Teenage Urban Adventurers 4361824 **15.00** Sweat 6318244 **15.30** California Dreams 7407282 **16.00** Ready or Not 7493089 **16.30** Saved by the Bell 7482973 **17.00** Hollyoaks 6320089 **17.30** USA High 7406553 **18.00** Hang Time 7403466 **18.30** Blast 7494718 **19.00** Saved by the Bell. Slater's lizard dies while the children are minding it for him. They try to subsitute another one, but without much success 6333553 **19.30** USA High. When Ashley falls for a leather-clad motorcyclist, the reaction of her family and friends force her to call off the relationship 7483602 **20.00** Closedown

Check the telephone numbers above for

Astra V 11.538GHz

Text 200

07.00 **Power Breakfast** 73302331
09.00 **Pop-Up Video** 40160911
09.30 **VH1 Upbeat** 34559114
12.00 **Ten of the Best: Babyface** 10986114
13.00 **Mills 'n' Tunes** 10962534
14.00 **Jukebox** 13677337
15.00 **Toyah & Co** 30530602
17.00 **Five @ Five** 47462027
17.30 **Pop-Up Video** 17260756
18.00 **Hit for Six** 10982398
19.00 **Mills 'n' Tunes** Bob Mills takes a wry look at the VH1 playlist 50141114
20.00 **VH1 Hits** More hits than you can shake a stick at 50121350
22.00 **The VH1 Classic Chart** 50140485
23.00 **VH1 Country** 73322195
00.00 **The Nightfly** 13916190
01.00 **Soul Vibration** 91979585
02.00 **VH1 Late Shift** 17694138

Astra H 11.421GHz

Text 102

06.00 **Kickstart** 765718
09.00 **MTV Mix** 403466
12.00 **Non Stop Hits** 13244
14.00 **European Top 20** 34737
15.00 **Non Stop Hits** 84485
16.00 **Select MTV** 6244
18.00 **MTV Live** 8331
18.30 **So '90s** 2911
19.00 **The Lick R&B Chart** The latest R&B chart run-down hosted by Trevor Nelson 10398
20.00 **Hot** News, videos and gossip with Ben Norris 96718
21.00 **Up for It** Live show with Eddy Temple-Morris 15422
22.00 **Amour** The Erogenous Zone with Cat Deeley 19669
23.00 **Yo!** The latest rap and hip hop videos 58805
00.00 **Beavis and Butt-Head** Hank Hill's next door neighbours create more havoc armed with little more than a sofa and a remote control 88799
00.30 **Night Videos** Music through the night 4656157

THE BOX Astra H 11.244GHz

ALSO ON CABLE

From 02.00-07.00 music channel featuring viewers' requests, videos, interviews and competitions

FOREIGN CHANNELS

CANAL+ Thor1 H 12.015 GHz

0336 413 421

06.00 Morning programmes **12.00** Seinfeld **12.30** Film: Who Framed Roger Rabbit? (1988) **14.10** Film: Poker Face (1996) **15.40** Film: Persikoblomman (1996) **17.30** Film: The Barefoot Executive (1995) **19.00** Film: Fist of the North Star (1995) **20.30** Film: Dracula - Dead and Loving It (1995) **22.00** Film: Beck (1997) **23.30** Film: Steel Chariots (1997) **01.00** Film: Mary Reilly (1996) **02.45** Film: Café Society (1995) **04.30** Film: Generation X (1996)

TV 1000 Intelsat 707 1°W V 11.054GHz

0336 413 428

05.00 Morning programmes **13.00** Film: Agnes of God (1985) **15.00** Närbild **15.30** Film: In Cold Blood (1996) **17.00** Film: Bye Bye Love (1995) **18.45** Film Magazine **19.00** Film: Diabolique (1996) **20.45** Film: The Quick and the Dead (1995) **22.30** Bakom **23.00** Film: Taking It to the Limit 3 (erotic) **00.30** Bakom **01.00** Film: Min hemlighets blomma (1995) **03.00** Närbild **03.30** Film: A Promise to Carolyn (1996)

Astra V 10.788GHz

04.00 Morning programmes **09.00** Manabi **09.30** Satsang **10.00** Tara **11.00** The Low Cal Show **11.30** Kurukshetra **12.00** Urdu Film: Jungle Ka Kanoon **15.00** Hum Aap Ke Hai Woh **15.30** Daraar **16.00** Campus **16.30** Liberty 1-10 **17.00** Chalo Cinema **17.30** Mr Mintoo **18.00** Banegi Apni Baat **18.30** All Time Hits **19.00** Yehi Hai Zindagi **19.30** Baat Ban Jaaye **20.00** News **20.30** Dastaan **21.00** Dhoop Mein **22.00** Zee Business Show **22.30** Amaanat **23.00** Purush Kshetra **00.00** Closedown

ZDF Astra H 10.964GHz

TEXT 300

04.30 Morning programmes **10.04** Tennis: French Open - Paris **16.00** heute **16.15** hallo Deutschland **16.45** Leute heute **16.55** SOKO 5113 **17.45** Lotto am Mittwoch **18.00** heute **18.20** Wetter **18.25** Die Geliebte **19.15** OP **20.00** Mondän **20.45** heute-journal **21.13** Wetter **21.15** Kennzeichen D **22.00** Der Alte **23.00** heute nacht **23.15** Nachtstudio **00.15** Noch Offen **01.45** heute nacht **02.00** Night programmes

3sat Astra V 11.347GHz

TEXT 300

05.50 Morning programmes **12.00** Reiselust **12.30** Genießen auf gut deutsch **13.00** Hitparade **13.45** 100 GRAD **14.45** PuR: Tivi mit Durchblick **15.15** Die Reportage **15.45** Tier-Report **16.10** offen **16.15** ServiceZeit Reisen **16.45** Aufgegabelt in Österreich **17.15** Bilder aus der Schweiz **18.00** heute **18.20** Kulturzeit **19.00** Tagesschau **19.15** Bhutan: Das letzte Geheimnis (AT) **20.00** Das Dorf in der blauen Wüste **20.50** offen **21.00** Zeit im Bild 2 **21.25** House of Cards **23.15** Seitenblicke **23.20** 10 vor 10 **23.45** Kulturzeit **00.20** Sternstunde Philosophie **01.20** Night programmes

RTL TELEVISION Astra V 11.229GHz

TEXT 300

05.00 Morning programmes **12.00** Stadtklinik **13.00** Bärbel Schäfer **14.00** Ilona Christen **15.00** Hans Meiser **16.00** Teen Jeopardy! **16.30** Unter uns **17.00** Guten Abend RTL **17.30** Exclusiv: Das Star-Magazin **17.45** RTL aktuell **18.10** Explosiv: Das Magazin **18.40** Gute Zeiten, schlechte Zeiten **19.15** Film **20.05** TV Tip **20.15** Film continues **21.05** stern TV **23.00** RTL-Nachtjournal **23.30** Verrückt nach Dir **00.00** Love & War **00.30** Der Hogan Clan **01.00** Bärbel Schäfer **01.50** RTL-Nachtjournal **02.20** Hans Meiser **03.10** Ilona Christen **04.10** Night programmes

SAT.1 Astra V 11.288GHz

0336 413 426

TV TEXT 300

04.30 Deutschland heute morgen **08.00** Jake und McCabe **09.00** Hast du Worte!? **09.30** Bube, Dame, Hörig **10.00** Jörg Pilawa **11.00** Vera am Mittag **12.00** Sonja **13.00** MacGyver **14.00** Star Trek: Raumschiff Voyager **15.00** Baywatch Nights **16.00** Jeder gegen Jeden **16.30** 17:30 **17.00** blitz **17.30** 18:30 **17.47** Wetter **17.50** ran: SAT.1-Sport **18.00** Geliebte Schwestern **18.30** Glücksrad **19.15** Hallo, Onkel Doc! **20.15** Alice auf der Flucht **22.10** Die Harald Schmidt Show **23.10** Der Anderson-Clan **00.55** Star Trek: Raumschiff Voyager **01.45** Baywatch Nights **02.40** Jörg Pilawa **03.30** Geliebte Schwestern **04.00** blitz

ADULT ADULT ADULT ADULT ADULT

Astra H 11.671GHz

23.30 Free Teaser 24975060 **23.35** Peep Show 92678176 **23.45** Sex Guides: Best of. Highlights from the series 61101027 **00.15** Naughty Amateur Home Videos: Best of. Highlights compilation 72423454 **01.20** Adult Stars Close Up: Kinky 93012428 **02.15** Film: The Seduction of Jill Kelly. Behind the scenes of an X-rated movie 52061157 **04.00** Closedown

Astra V 10.788GHz

0336 413 400

00.00 Dish of the Day 26500621 **00.10** Girls in Uniform 05. Erotic special programme 47828843 **01.05** Film: Boiling Point. A story of lust and vengeance 48342282 **02.30** Double D Dreams Part 2 77241973 **03.00** Film: The Dirty Little Mind of Martin Fink. Erotic comedy about a seemingly innocent and conservative nerd 44647089 **04.00** Closedown

Fantasy Channel Astra V 10.979GHz from 00.00-04.00

0336 413 400

00.00 Free View 3128176 **00.10** Bedtime Stories 3117060 **00.20** Film: Merry Widows 4164783 **01.00** Free View 6833089 **01.05** Film cont. 5189089 **01.30** Film: Sister Snatch 93639843 **02.40** Film: Women on Fire 82218398 **03.55** What's on Tomorrow 35861008 **04.00** Closedown

GAY TV Gay TV Astra V 10.979GHz from 04.00-05.30

All programmes are subject to change

Gay TV is Britain's first adult gay television station and it features a mix of erotic series, special programmes and gay films from both Europe and America - full programme details for May were unavailable at the time of going to press

CABLE & MULTI SATELLITE CHANNELS

TARA Cable

12.00 Our House **12.30** Home Movie Nights **13.00** Challenging Times **13.30** Sandy **14.30** PM Live **15.30** Not Fade Away **16.30** Fair City: The Early Years **17.00** Lie of the Land **17.30** Dodge the Question **18.00** Six-One **19.00** Pot Luck **19.30** How Does Your Garden Grow? **20.00** School Around the Corner **20.30** Fair City **21.00** Top 30 Hits. Ireland's best selling singles **22.00** No Disco **23.00** News **23.20** Serial Numbers. Dark thriller **23.35** Pips **23.50** 2TV CV **00.00** Closedown

LIVE TV Cable

06.00 Morning programmes **12.00** Why Files **12.30** Serial Killers **13.00** Lie Detector **13.30** Judge Judy **14.00** Fashion **14.30** Revelations **15.00** Fate and Fortune **15.30** Lie Detector **16.00** Living Room Legends **16.30** Judge Judy **17.00** Agony **17.30** Odds on Sport **18.00** Fashion **18.30** Dial a Doc **18.45** What's in the Box **19.00** Living Room Legends **19.30** Agony **19.59** City Tips **20.00** Lie Detector **20.30** Judge Judy **20.59** City Tips **21.00** Serial Killers **21.30** Fashion **21.59** City Tips **22.00** Darts **22.02** Odds on Sport **22.30** Sex Show **23.00** City Tips **23.01** Darts **23.02** Exotica **00.00** Night programmes

KNOWLEDGE Cable

11.00 Communication: The Human Imperative **12.00** Open University **12.30** Open University **13.00** Strategies **13.30** New Media News **14.00** Hot Topix **14.30** Future Tech **15.00** Open University **15.30** Open University **16.00** Performing Arts Theatre **17.00** Communication: The Human Imperative **18.00** Open University **18.30** New Media News **19.00** Hot Topix. Chat show for the technology minded **19.30** Future Tech **20.00** Open University **20.30** Strategies. Business report **21.00** Open University **21.30** Open University **22.00** Performing Arts Theatre **23.00** Closedown

CABLE & MULTI SATELLITE CHANNELS

travel TRAVEL Cable

TEXT 200

12.00 Reel World **12.30** The Wondertul World of Tom **13.00** On the Loose in Wildest Africa **13.30** Floyd on Oz **14.00** On Tour **14.30** Great Escape **15.00** Across the Line **15.30** Oceania **16.00** Whicker's World **16.30** Go Greece **17.00** On the Loose in Wildest Africa **17.30** Worldwide Guide **18.00** Floyd on Oz **18.30** On Tour **19.00** Reel World **19.30** The Wonderful World of Tom **20.00** Go Portugal **20.30** The Flavours of France **21.00** On Top of the World **22.00** Great Escape **22.30** Floyd on Spain **23.00** Worldwide Guide **23.30** Oceania **00.00** Closedown

SCI FI CHANNEL Cable

ALSO ON ASTRA H 11.170GHz

07.30 Bloomberg Television **08.00** G-Force **08.30** Bionic Six **09.00** Battlestar Galactica **10.00** The Tomorrow People: One Law **10.30** Jupiter Moon **11.00** Dark Shadows **11.30** New Alfred Hitchcock **12.00** The Twilight Zone **12.30** The Twilight Zone **13.00** Tales of the Unexpected **13.30** Ray Bradbury Theatre **14.00** Voyagers! **15.00** The Six Million Dollar Man **16.00** Swamp Thing **16.30** My Secret Identity **17.00** Amazing Stories **17.30** Inside Space **18.00** C/Net Central **18.30** The New Edge **19.00** Battlestar Galactica **20.00** Quantum Leap. Sam becomes Dr Ruth Westheimer **21.00** PSI Factor: Chronicles of the Paranormal. Tales of an eerie fog on death row and a home wrecking apparition **22.00** Space. Following ten launch attempts and ten dismal failures, it appears that Russia could beat the United States in the race to the moon **00.00** Sightings **01.00** Battlestar Galactica **02.00** Friday the 13th **03.00** Tales of the Unexpected **03.30** Dark Shadows **04.00** Closedown

Performance PERFORMANCE Cable

19.00 Moonlight Sonata **19.30** Beethoven's 3rd **20.30** Artsweek **21.00** Arts Council Showcase **22.00** American Playhouse **00.00** Soul **01.00** Closedown

Discovery Animal Planet ANIMAL PLANET Eutel 13°E H 11.052GHz

09.00 Nature Watch **09.30** Kratt's Creatures **10.00** Animal Planet Classics **11.00** Hunters **12.00** All Bird TV **12.30** Emergency Vets **13.00** Zoo Life **13.30** Animal Doctor **14.00** Nature Watch **14.30** Kratt's Creatures **15.00** Human/Nature **16.00** Oceans Wild **16.30** The Big Animal Show **17.00** Animal Planet Classics **18.00** Nature Watch **18.30** Kratt's Creatures **19.00** Zoo Life **19.30** Animal Doctor **20.00** Dogs **20.30** Vet School **21.00** Monkeys to Apes **21.30** The Blue Wilderness **22.00** Human/Nature **23.00** Animal Planet Classics **00.00** Closedown

CHANNEL ONE TELEVISION CHANNEL ONE Cable

Local news on the hour plus: **10.30** The Album Show **11.30** Cinema **12.30** The A-Z of Food **13.30** Cybernet **14.30** The Album Show **15.30** PDQ **16.30** American Chart Show **17.30** PDQ **18.30** The Album Show **19.30** PDQ **20.30** Cinema **21.30** Cybernet **22.30** PDQ **23.30** The Album Show **00.00** News & music all night

BBC WORLD BBC WORLD Eutel II F1 13°E V 11.620GHz

News on the hour plus: **05.30** Reporters **06.30** Holiday **07.30** Hard Talk **08.30** Earth Report **09.30** Reporters **10.30** Hard Talk **11.30** Film '98 **12.00** Today **13.30** Reporters **14.15** Business Report **14.30** Today **15.30** Future Fantastic **16.30** Hard Talk **17.30** Holiday **18.00** Today **19.30** Hard Talk **20.30** Money Programme **21.10** Business Report **21.30** Top Gear **22.10** Europe Direct **23.15** Business Report **23.30** Hard Talk **00.00** Night programmes

BETI Cable

06.00 Jazz Discovery **07.00** Jazzy Vocals **08.00** Jazz Moods **09.00** Rap City **11.00** Jazz Central **12.00** Schedule repeats 06.00-11.00

NBC Europe Cable/ Eutel 13°E V 10.987GHz

CNBC: EUROPEAN BUSINESS SERVICE ON ASTRA V 10.729GHz

TEXT 300

0336 413 429

05.00 Europe Today **08.00** European Money Wheel CNBC Europe **11.00** Internight **12.00** Time and Again **13.00** European Living: Flavors of France **13.30** VIP **14.00** The Today Show **15.00** Home and Garden Television: The Art and Practice of Gardening **15.30** Awesome Interiors **16.00** Time and Again **17.00** European Living: Travel Xpress **17.30** VIP **18.00** Europe Tonight Live **18.30** The Ticket NBC **19.00** Dateline NBC **20.00** NBC Super Sports: European Tour Golf - Volvo PGA Championship **21.00** The Tonight Show with Jay Leno **22.00** Late Night with Conan O'Brien **23.00** The Ticket NBC **23.30** NBC Nightly News with Tom Brokaw **00.00** The Tonight Show with Jay Leno **01.00** MSNBC Internight **02.00** VIP **02.30** Europe à la Carte **03.00** The Ticket NBC **03.30** European Living: Flavors of France **04.00** MSNBC's The News with Brian Williams

CARTOON SELECT Cable

17.00 Blockbusters **17.30** Gridlock **18.00** Byker Grove **18.30** A Country Practice **19.00** London Bridge **19.30** Desmond's **20.00** Switch On **20.30** Goodnight Sweetheart **21.00** Head Over Heels **22.00** The Darling Buds of May **23.00** St Elsewhere **00.00** Movie Club **00.30** Relative Strangers **01.00** Closedown

CARLTON FOOD AND COOKERY Cable

09.00 FND **09.30** Food for Thought **10.00** Feasts **10.30** What's Cooking? **11.00** Thompson **11.30** Kerr's Kitchen **12.00** FND **12.30** Ballymaloe **13.00** Food for Thought **13.30** From the Ground Up **14.00** Travels à la Carte **14.30** FND **15.00** Wok Wiz **15.30** Thompson **16.00** New Chefs **16.30** Red Hot **17.00** Closedown

HVC Cable

20.00 Tokyo Cowboy **21.35** The Space **22.00** Red Blooded **23.30** LA Women **23.55** Private Moments **00.00** Closedown

UK ARENA UK ARENA cable

18.00 The Barchester Chronicles **19.00** Good Music **20.00** The Frame **20.30** Sounds of the Sixties **21.00** Marty **21.30** Trouble Man: The Last Years of Marvin Gaye **22.45** The Frame **23.00** Later On... Danny Thompson **00.00** Closedown

UK HORIZONS cable

07.00 Nomads of the Wind **08.00** Goodbye, Dear Friend **09.00** The Aristocracy **10.00** Great Mysteries and Myths **10.30** Vets in Practice **11.00** Miracle Babies: The Story of the Dionne Quintuplets **12.00** Joy Adamson: Born Wild? **13.00** The Living Isles **13.30** The Look **14.30** Animal Hospital **15.00** Island Race **15.30** Clive James: Postcard from Rome **16.30** Spirit of the Jaguar **17.30** Great Mysteries and Myths **18.00** Back to the Wild **18.30** Alien Empire **19.00** The Contenders **19.30** Disaster **20.00** 999 **21.00** Vets in Practice. A calf struggles for breath **21.30** The Cruise **22.00** Sylvania Waters **22.30** Top Gear GTi **23.30** A Knife to the Heart **00.30** The World's Longest Flight **01.00** Closedown

UK STYLE UK STYLE cable

14.00 Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Going for a Song **15.30** The Terrace **16.00** Tracks **16.30** Antonio Carluccio's Italian Feast **17.00** Really Useful Week **18.00** Call My Bluff **18.30** Des Res **19.00** Antiques Roadshow **20.00** The Victorian Kitchen Garden **20.30** Going for a Song **21.00** Can't Cook, Won't Cook **21.30** Style Challenge. Leading fashion experts give people makeovers **22.00** Call My Bluff **22.30** Real Rooms **23.00** The Terrace **23.30** Stefan's Garden Roadshow **00.00** Closedown

English translations of the foreign channels

FOR MORE CHANNELS SEE LISTINGS EXTRA