SKY MOVIES SCREEN 1
Astra V 11.436GHz

06.00 **What a Way to Go!** (1964) (approx 106 mins) CERT: U Comedy about an eccentric young woman who gets hitched to a series of very different men who all seem to die very suddenly, leaving her richer and richer as time goes on. Gene Kelly, Shirley MacLaine, Dean Martin, Paul Newman, Robert Mitchum 86286
08.00 **In Like Flynn** (1985) (approx 91 mins) CERT: PG Please see 13.00 for details 13538
09.30 **Looking for Trouble** (1995) (approx 79 mins) CERT: U Please see 17.00 for details 94880
11.00 **Jack** (1996) (approx 108 mins) CERT: PG Please see 19.00 for details 16880
13.00 **In Like Flynn** (1985) (approx 91 mins) CERT: PG Adventure starring Jenny Seagrove as a book editor who leads a double life as the author for whom she claims to work 16644
15.00 **Sahara** (1983) (approx 102 mins) CERT: PG Adventure starring Brooke Shields as the daughter of a racing driver who disguises herself as a man to compete in a race across the desert 16441
17.00 **Looking for Trouble** (1995) (approx 79 mins) CERT: U Comical adventure about a girl who believes her mother doesn't love her anymore after marrying someone she can't stand, befriends a stray elephant who has run away from the local circus, and her adventures begin! Peter Tors, Susan Gallagher, Holly Butler 54731
19.00 **Jack** (1996) (approx 108 mins) CERT: PG Comedy-drama about Jack, a 10-year-old boy with a disease which makes him age four times faster than a normal boy and has been sheltered from the world by his parents. But now Jack wants to go to school and his parents have no choice but to allow him to experience life in the harsh and frequently ignorant world outside. Robin Williams, Diane Lane, Bill Cosby. Directed by Francis Ford Coppola 21064
21.00 **Fair Game** (1995) (approx 87 mins) CERT: 15 (888) Thriller about a Miami lawyer who has discovered a ship which is the key to a major operation planned by Kasak, an international fiend and she is assigned a cop to provide protection for her. However, Kasak's men are never too far behind them. William Baldwin, Cindy Crawford, Steven Berkoff 28424
23.00 **My Family** (1994) (approx 121 mins) CERT: 15 Epic drama about two brothers, Chucho and Jimmy (Jimmy Smits). When Chucho is tragically killed by the cops, Jimmy becomes bitter and turns to a life of crime, although he eventually finds love in the arms of a woman from El Salvador 51940557
01.10 **Showgirls** (1995) (approx 125 mins) CERT: 18 (888) (DS) Outrageous drama about a woman who dreams of being famous, but on arriving in Las Vegas she realises that she must start at the bottom and becomes a stripper and lap dancer in the city's Cheetah Club. Elizabeth Berkley, Kyle MacLachlan. Directed by Paul Verhoeven 64653652
03.20 **Desperate for Love** (1989) (approx 90 mins) CERT: 15 The close friendship of teenage boys is shattered when a new girlfriend comes between them. Christian Slater, Tammy Lauren 29382229

Text 129

SKY MOVIES SCREEN 2
Astra V 11.479GHz

06.00 **The Lodger** (1944) (approx 80 mins) CERT: PG Chiller about a lodger at a turn-of-the-century London boarding house may be none other than Jack the Ripper 84828
08.00 **Sun Valley Serenade** (1941) (approx 82 mins) CERT: U Musical about a young refugee and her event-filled journey to the Sun Valley resort 90606
10.00 **The Englishman who went up a Hill, but came down a Mountain** (1995) (approx 92 mins) CERT: PG (888) (DS) Please see 20.00 for details 76441
12.00 **Redwood Curtain** (1995) (approx 95 mins) CERT: U Please see 18.00 for details 13557
14.00 **Here Comes Mr Jordan** (1940) (approx 90 mins) CERT: PG Comedy about a boxer who dies early and who returns in another man's body. Robert Montgomery, Claude Rains, Evelyn Keyes 15354
16.00 **My Cousin Rachel** (1952) (approx 94 mins) CERT: PG Murder mystery starring Richard Burton as a man trying to uncover the facts behind his adoptive father's sudden death. Olivia de Havilland, Audrey Dalton, Ronald Squire 5996
18.00 **Redwood Curtain** (1995) (approx 95 mins) CERT: U Drama about a girl who is adopted by a wealthy couple who is obsessed with finding her natural father and travels to Northern California, where thousands of Vietnam veterans have taken refuge to escape the harsh realities of life. John Lithgow, Jeff Daniels, Debra Monk, Lea Salonga 35118
20.00 **The Englishman Who Went Up a Hill, But Came Down a Mountain** (1995) (approx 92 mins) CERT: PG (888) (DS) Comedy-drama set in WW1 about a pair of English map-makers who arrive in Wales to decide whether the local elevation is officially a hill or a mountain. When it appears that the hill does not quite make it into the 'mountain' category, they resolve to make the hill a little bigger themselves! Hugh Grant, Tara Fitzgerald, Colm Meaney 52985
22.00 **Michael Collins** (1996) (approx 127 mins) CERT: TBC Award-winning epic about the life of Michael Collins. It is early in the 20th century, and Collins is a dedicated republican who wants to see a united, independent Ireland, free from British rule. Forming a secret force known as the Irish Volunteers to fight back against the British, Collins becomes the state's public enemy number one. Liam Neeson, Julia Roberts, Alan Rickman, Aidan Quinn 71591267
00.15 **Animal Instincts: The Seductress** (1995) (approx 90 mins) CERT: 18 Erotic drama about an authoress who becomes involved with a rock promoter and the pair head for a fiery showdown of burning sexual lust 490497
01.50 **Mulholland Falls** (1996) (approx 103 mins) CERT: TBC Thriller set in the 1950s about Max Hoover, who is shattered when he learns that his own mistress is the victim of the killing, and his investigation becomes personal. Nick Nolte, Chazz Palminteri, Melanie Griffith, Michael Madsen 574584
03.45 **A Low Down Dirty Shame** (1994) (approx 96 mins) CERT: 18 Action comedy about a detective who sets out to track down some missing drugs money that a mobster has taken. Keenen Ivory Wayans, Charles S Dutton, Jada Pinkett 37906836

P
L

Text 129

BOX OFFICE 1 11.597GHz PAY-PER-VIEW (PPV: see below)

22.00 **The Relic** (1996) (110 mins) CERT: 15 Comedy horror tale in which the curators of a big city museum introduce a mysterious new exhibit which unleashes a demonic force. Tom Sizemore, Penelope Ann Miller (rpt 00.00, 02.00 and 04.00)

BOX OFFICE 2 10.877GHz PAY-PER-VIEW (PPV: see below)

19.00 **Blood and Wine** (1996) (97 mins) CERT: 15 Thriller about a crook (Jack Nicholson) who juggles his wife (Judy Davis), his stepson (Stephen Dorff) and his mistress (Jennifer Lopez), while at the same time plotting robberies (rpt 21.00, 23.00, 01.00 & 03.00)

BOX OFFICE 3 10.862GHz PAY-PER-VIEW (PPV: see below)

06.00 **Space Jam** (1997) (84 mins) CERT: PG Michael Jordan is sucked into Looney Tune Land to help Bugs Bunny and Co. in a basketball game (rpt 07.30, 09.00, 10.30, 12.00, 13.30, 15.00, 16.30, 20.00, 21.30, 23.00, 00.30, 02.00 & 03.30)

BOX OFFICE 4 10.847GHz PAY-PER-VIEW (PPV: see below)

20.00 **Twin Town** (1997) (95 mins) CERT: 18 Comedy set in urban Swansea about a handyman (Huw Ceredig) who falls from a ladder while working for a contractor and is then refused compensation (rpt 22.00 and 04.00)

SKY MOVIES GOLD
Astra V

11.127GHz from 16.00-05.00 (weekdays)
11.127GHz from 11.00-05.00 (weekends)
11.597GHz from 22.00-06.00 (weekdays)

11.00 **The Party** (1968) (94 mins) CERT: PG Peter Sellers comedy 53787489
12.45 **The Pink Panther** (1964) (110 mins) CERT: PG Inspector Clouseau comedy 8730354
14.45 **The Pink Panther Strikes Again** (1976) (98 mins) (PG) More Inspector Clouseau capers 68077489
16.30 **Trail of the Pink Panther** (1982) (90 mins) CERT: PG Another comic adventure which sees the return of Peter Sellers' Inspector Clouseau 21872625
18.15 **The Thomas Crown Affair** (1968) (97 mins) CERT: PG Action caper about a mischievous millionaire (Steve McQueen) who decides to commit an elaborate bank robbery 11087422
20.00 **Cocoon** (1985) (112 mins) CERT: PG Fantasy starring Steve Guttenberg as a skipper who witnesses elderly locals being rejuvenated by some alien 'pods' 5671880
22.00 **Night Sun** (1990) (107 mins) CERT: 15 Drama in which a man discovers that his fiancée was the king's mistress 5079538
23.55 **Pulse** (1988) (87 mins) CERT: 15 Thriller in which electrical appliances come to life 2512712
01.30 **Compulsion** (1959) (98 mins) CERT: 15 Thriller in which two law students murder a boy 3932652
03.15 **Beat Street** (1984) (15) Hip-hop musical 1543107
05.00 **Closedown**

Text 129

TNT Classic Movies
Astra H 11.023GHz

21.00 **Cat on a Hot Tin Roof** (1958) Drama based on Tennessee Williams's play. Elizabeth Taylor, Paul Newman 35281977
23.00 **High Society** (1956) Musical remake of *The Philadelphia Story*. On the eve of high-class Tracy Lord's second marriage, her first husband realises that he is still madly in love with her. Frank Sinatra, Bing Crosby, Grace Kelly 36341278
01.00 **Savage Messiah** (1972) Biopic of the French sculptor Henri Gaudier-Brzeska 25490382
03.00 **Cat on a Hot Tin Roof** See 21.00 82232403

Text 100

bravo
Astra V 11.097GHz

20.00 **Monkey** 9874460
21.00 **Real Stories of the Highway Patrol** 8411354
21.30 **Cops** 2471915
22.00 **Twisted** *Dancing Partners* 7519422
22.30 **Italian Stripping Housewives** 7528170
23.00 **Film: American Yakuza** (1993) Explosive thriller in which an FBI agent goes undercover in the US branch of the Japanese mob and finds his loyalties tested as he rises in the organisation 6846170
01.00 **Beverly Hills Bordello** 7555403
01.30 **Film: Dreamboat** Hijinks on the high seas in this sex comedy about a love triangle that develops aboard a deep-sea charter fishing boat 5543652
03.30 **Film: Ticks** (1993) Horror tale about a group of inner-city kids on a trip to the backwoods who are attacked by blood-sucking mutant bugs 6825687
05.30 **Twisted** Please see 22.00 9736294
06.00 **Closedown**

Text 210

DISNEY CHANNEL
Astra V 11.597GHz

06.00 Eyewitness 62422 **06.30** Jungle Cubs 93828 **07.00** Aladdin - the series 23557 **07.30** Mighty Ducks 86444 **08.00** Men in Black 45118 **08.30** Ned's Newt - Double Bill 22625 **09.30** Brand Spanking New Doug 63002 **10.00** Recess 77880 **10.30** Teen Angel 24625 **11.00** Student Bodies 59248 **11.30** Smart Guy 50977 **12.00** Boy Meets World 15977 **12.30** Disney's Honey, I Shrunk the Kids - the TV series 4542915 **13.10** Woof 16816977 **13.35** Flash Forward 19846267 **14.00** Double Dinosaurs 85809 **15.00** The Wonder Years - Double Bill 54793 **16.00** Home Improvement - Double Bill 73828 **17.00** Disney's Honey, I Shrunk the Kids - the TV series 6226489 **17.45** Smart Guy 165199 **18.10** Teen Angel 667170 **18.35** Boy Meets World 485557 **19.00 Film:** Rock 'n' Roll Mom (1988) Comedy drama with a mum who is getting on a bit but still likes to rock 'n' roll. The question is, should she be taken seriously or not? Starring Dyan Cannon 52793 **20.30** The Wonder Years: Dance with Me. Kevin asks Lisa to the junior high school dance, and she agrees to go - but then stands him up 9422 **21.00** Second Noah: Julio is my Dad. Luis claims that Julio Inglesias is his father 98625 **22.00** Closedown

UK TV
UK TV PREVIEW
Astra V 10.817GHz

07.00 Future Fantastic **08.00** Tomorrow's World Plus **09.00** Top Gear GTi **10.00** Clive James: Postcard from London **11.00** Holiday Reps **11.30** Hot Gadgets **12.00** Mysteries with Carol Vorderman **12.30** Animal Hospital **13.00** The Private Life of Plants **14.00** Call My Bluff **14.30** How Does Your Garden Grow? **15.30** Travel Show Guide **16.00** From A to B: Tales of Modern Motoring **17.00** Really Useful Week **18.00** 999 **19.00** 1914-18 **20.00** Miracle Babies: The Story of the Dionne Quintuplets **21.00** Jobs for the Girls **21.30** Film: Glengarry Glen Ross (1992) A tale of battling salesmen **23.20** Later on... Joan Baez, Gretchen Peters & Matraca Berg **00.15** The Frame **00.30** Closedown

5
FilmNet Transponder 63 10.920GHz

06.00 Dappledown Farm 8347118 **06.30** Havakazoo 3392083 **07.00** 5 News Early 3607286 **07.30** Milkshake! 3545460 **07.35** Wimzie's House 7495731 **08.00** Alvin and the Chipmunks 1080422 **08.30** Wishbone 1089793 **09.00** Milkshake! 6786809 **09.05** Captain Power and the Soldiers of the Future 9058335 **09.30** Knight Rider 3699644 **10.30** Kablam! 1009557 **11.00** The Pepsi Chart 7858335 **11.30** USA High 7859064 **12.00** The Mag 8474083 **13.50** News 32853625 **14.00** Sportsweek 6983489 **15.30** Sunset Beach Omnibus 37951286 **17.55** News and Sport 3635441 **18.00** Dr Fox's Chart Update 9781286 **18.05** Hercules 9790793 **18.55** Beverly Hills, 90210 4675170 **19.45** News and Sport 5670373 **20.05** Police Academy: The Series 1278335 **21.00** Film 22607915 **23.10** Film 7545793 **01.10** Film 25953652 **04.40** Prisoner: Cell Block H 1372316 **05.30** Whittle/ Followed by 5 News Update 8304403

P Premiering Film — L Last Play — WS Widescreen — DS Dolby Surround Sound — 888 Subtitled
PPV INFORMATION LINE: 0990 800 888 OR CHECK SKY TEXT 177

SKY one
Astra V 11.318GHz

Text 126

07.00 **Double Dragon** 49460
07.30 **Free Willy** 35267
08.00 **Wild West Cowboys of Moo Mesa** 45083
08.30 **Super Human Samurai Syber-squad** 44354
09.00 **What-a-Mess** 35606
09.30 **Orson & Olivia** 70267
10.00 **Games World** 24151
11.00 **Bump in the Night** 5940170
11.10 **Tarzan: The Epic Adventures** 7252286
12.00 **WWF: Live Wire** 93118
13.00 **WWF: Shotgun** 79538
14.00 **Kung Fu** 71052
15.00 **Star Trek** The crew become involved in a series of murders 72151
16.00 **Star Trek: The Next Generation** (888) The Enterprise crew turn to leisure pursuits 91286
17.00 **Star Trek: Deep Space Nine** A celebration serves as the backdrop for romantic attractions 2422
18.00 **Xena: Warrior Princess** (888) 82002
19.00 **Hercules: The Legendary Journeys** (888) 34489
20.00 **Buffy the Vampire Slayer** (888) 10809
21.00 **Cops II** 80170
21.30 **Cops II** 94847
22.00 **South Park** 56199
22.30 **Married...with Children** (888) 65847
23.00 **Showbiz Weekly** 92915
23.30 **The Movie Show** 21557
00.00 **VR.5** (888) 33768
01.00 **Dream On** 42045
01.30 **Dream On** 84565
02.00 **Long Play**

NATIONAL GEOGRAPHIC CHANNEL
Astra H 11.303GHz

19.00 **Desperately Seeking Sanctuary** On tour at the National Wildlife Refuge System 8961335
20.00 **Treasure Hunt: Quest for Atocha** The search for the site of a Spanish shipwreck 8970083
21.00 **Nature's Nightmares: The Chemistry of War** The weapons nature use for protection 8990847
22.00 **Predators: Side by Side** 8960606
23.00 **Lizards** 5189118
23.30 **The Firstborn** 2752248
00.00 **Panama: Paradise Found** 3607855
01.00 **Closedown**

UK GOLD
Astra H 11.553GHz

07.00 **The Sullivans** 60573828
09.05 **You're Only Young Twice** 7874460
09.35 **In Loving Memory** 2694625
10.05 **Neighbours** 52476248
12.05 **EastEnders** 80899847
14.55 **Film: Pillow Talk** (1959) Comedy starring Rock Hudson and Doris Day as two garrulous neighbours forced to share a party line 12832915
17.00 **Bruce Forsyth's Generation Game** 73190199
18.10 **Film: Carry On Again, Doctor** (1969) Comedy about a doctor who stumbles upon a witch doctor's weight-reducing potion 63914921
20.00 **French and Saunders** 9265129
20.35 **The Black Adder** Edmund tries to get his rival appointed as the archbishop 4458712
21.20 **Fawlty Towers** Basil tries to conceal the body of a dead guest 9871606
22.00 **Shooting Stars** Hosted by Vic Reeves and Bob Mortimer 7785422
22.40 **The Young Ones** 6829267
23.25 **The Comic Strip Presents...** War 4912996
00.00 **Paul Merton: The Series** 2275687
00.35 **A Woman of Substance** 9362861
02.20 **Shopping at Night**

SCI FI CHANNEL
Astra V 11.568GHz

20.00 **Quantum Leap** Sam leaps into the body of a controversial TV talk show host 3413996
21.00 **Sleepwalkers** Haunted by a disturbing dream, Ben Costigan seeks the help of the Morpheus Institute 3426460
22.00 **The Hunger** 7871712
22.30 **Dark Skies** 2769625
23.30 **The Making of Deep Impact: An SF Scene Special** 8654354
00.00 **Mystery Science Theatre 3000** 1386671
02.00 **Planet Mirth** 7092126
02.30 **Space Academy** 7177861
03.00 **Tales of the Unexpected** 7552497
03.30 **Dark Shadows** 7095213
04.00 **Closedown**

GRANADA PLUS
Astra H 11.244GHz

06.00 **The Box** 2238624
07.00 **Bootsie & Snudge** 2630489
07.30 **Nearest and Dearest** 2619996
08.00 **The Cuckoo Waltz** 7022828
08.30 **Beadle's About** 7021199
09.00 **Blind Date** 6043606
10.00 **E! Uncut** 7687441
10.30 **E! Extreme Close-up** 7001335
11.00 **The E! True Hollywood Story** 2628644
12.00 **Hart to Hart** 5793373
13.00 **Blind Date** 5779793
14.00 **The Jewel in the Crown** 7688170
15.00 **Streets Away** Granada Plus presents six classic episodes which follow Britain's favourite soap stars on their holidays 4359606
15.30 **Streets Away** 1533606
16.00 **Streets Away** 1545441
16.30 **Streets Away** 1541625
17.00 **Streets Away** 4354151
17.30 **Streets Away** 1532977
18.00 **The Saint** 5799557
19.00 **Hawaii Five-0** An agent exposes McGarrett to the grim possibility of germ warfare 7789422
20.00 **The Jewel in the Crown** Barbie makes two shattering discoveries 7798170
21.00 **All or Nothing At All** Leo's apparently lucrative investment plan brings out the greed in his friends and family 7785606
22.00 **The Comedians** 7026644
22.30 **First Exposure** 7002064
23.00 **Closedown**

MEN & MOTORS
Astra H 11.244GHz

23.00 Bikini Babes 6325847 **23.30** Noddy's Electric Ladyland 7683625 **00.00** Lord Lust's Lovelies 8932855 **00.10** V.P.L. 4558300 **00.40** Studs 7500942 **01.00** E! Talk Soup 3174671 **01.30** E! Uncut 8440300 **02.00** Closedown

The Racing Channel
Astra V 10.877GHz

11.00 Racing Review 9252373
12.00 Live at lunchtime 1425151
13.00 Live racing from Beverley, Lingfield and Worcester 2190644
18.00 Closedown

EUROSPORT
Astra V 11.259GHz

Text 127

07.30 **Xtrem Sports** 55809
09.30 **Mountain Bike: Grundig/UCI World Cup in Budapest, Hungary** 23460
10.00 **Motorcycling** 66151
11.00 **Football: World Cup Legends** 86915
12.00 **Strongest Man: '96 World's Strongest Man** 13083
13.00 **Live Touring Car: Super Tourenwagen Cup in Nürburgring, Germany** Practice 22731
14.00 **Supersport World Series** 36422
15.00 **Live Superbike: World Championship in Italy** The qualifying practice 47489
16.00 **Tennis: ATP Tour - Mercedes Super 9 Tournament** Semi-finals 701809
18.30 **Rally: FIA World Rally Championship - Tour of Corsica** Highlights 5985
19.00 **Roller Skating: Tatoo Roller in Line in Paris-bercy, France** 78996
21.00 **Boxing** 58083
22.00 **Trickshot: World Championship** 39460
00.00 **Darts: European Big Open in Turkey** 68478
01.00 **Closedown**

SKY SPORTS 1
Astra V 11.509GHz

Text 127

06.00 **Hold the Back Page** 15002
07.00 **Sports Centre** 19489
08.00 **Aerobics Oz Style** 70880
08.30 **Racing News** 79151
09.00 **Hold the Back Page** 46460
10.00 **Super League: Bradford v St Helens** 25828
12.00 **Futbol Mundial** 80267
12.30 **Live Euro Tour Golf: Turespana Masters** Ball-by-ball, third day action from Santa Ponsa in Mallorca 488731
15.30 **Gillette Sports Saturday** Previews of the day's football with regular updates 98354
17.30 **Bobby Charlton's Football Scrapbook** Bobby and Dickie Davies are joined by a football legend 93809
19.00 **Live Spanish Football** Coverage from the Primera Liga 430809
21.30 **Live Saturday Fight Night** Championship boxing featuring the best of British fighters 37642
23.30 **Cricket: Benson & Hedges Cup** Another chance to see the latest action from the B&H Cup 14170
01.00 **Spanish Football** 35213
03.00 **NFL Europe** 6393126

SKY SPORTS 2
Astra H 11.170GHz

UPDATE 0336 413 416

06.00 **NHL Powerweek** 4184460
07.00 **Aerobics Oz Style** 9255422
07.30 **Racing News** 9274557
08.00 **Soccer AM** 8737538
12.00 **End Zone** 8039460
13.00 **Live Ford Rugby Union: Tetley's Bitter Cup Final - Saracens v Wasps** 9623489
16.30 **World Wide Rugby** 4172625
18.00 **Live NFL Europe: Rhein v Scotland** Action from the latest NFL clash 9219793
21.00 **Live Ford Golf USA: Bellsouth Classic** Ball-by-ball coverage from the TPC at Georgia 3493625
23.00 **Australian Rules Football** 3254441
01.00 **Rugby Union Update: Tetley's Bitter Cup Final** 9929300
02.30 **World Wide Rugby** 1580671
04.00 **Saturday Fight Night** 4288861

SKY SPORTS 3
Astra H 11.671GHz

11.00 **Live Cricket: Benson & Hedges Cup** 57321199
14.30 **Gillette Sports Saturday: Football Preview** Jeff Stelling presents a preview of the weekend's football fixtures 57069373
15.00 **Live Cricket: Benson & Hedges Cup** Action from the latest Benson & Hedges Cup as two sides meet in county cricket's first limited overs competition of the season 58552170
19.00 **Euro Tour Golf: Turespana Masters** The best of the action from the third day's play at Santa Ponsa in Mallorca 36641625
21.00 **Rugby Union Update: Tetley's Bitter Cup Final** Coverage of the Tetley's Bitter Cup Final from Twickenham 26793606
22.30 **Gillette World Sport Special** 80189557
23.00 **Sports Unlimited** 36647809
00.00 **Closedown**

	6pm	7pm	8pm	9pm	10pm	11pm
SKY MOVIES SCREEN 1		Jack		Fair Game		My Family
SKY MOVIES SCREEN 2	Redwood Curtain		The Englishman Who Went Up A Hill...		Michael Collins	
SKY MOVIES GOLD	The Thomas Crown Affair		Cocoon		Night Sun	
SKY ONE	Xena: Warrior Princess	Hercules: The Legendary Journeys	Buffy the Vampire Slayer	Cops II / Cops II	South Park / Married with Children	Showbiz Weekly
UK GOLD	Film: Carry On Again, Doctor		French and Saunders / The Black Adder	Fawlty Towers	Shooting Stars / The Young Ones	
EUROSPORT	Rally	Roller Skating		Boxing	Trickshot: World Championships	
SKY SPORTS 1	Cont Football Scrapbook	Live Spanish Football		Live Saturday Fight Night		Cricket

Double-check today's listings on the teletext page shown below each channel logo or use the Update telephone lines

PARAMOUNT COMEDY
Astra V 11.156GHz

19.00 Clueless 8625 **19.30** Mork and Mindy: Putting the Ork Back in Mork 2793 **20.00** Wings. Off-beat regulars in a small island airport 7373 **20.30** Cosby 6880 **21.00** Due South 61557 **22.00** Frasier: Fortysomething 89538 **22.30** Cheers: Woody or Won't He. Woody finally meets Kelly's mum, a beautiful older woman who proceeds to make sexual advances towards him 98286 **23.00** Duckman 30199 **23.30** Absoloutely 917489 **00.15** Lancelot Link 6391720 **00.30** It's Garry Shandling's Show 66403 **01.00** Frasier 97519 **01.30** Cheers 39039 **02.00** Due South 64403 **03.00** Mork and Mindy 70805 **03.30** Cosby 95768 **04.00** Closedown

CHALLENGE TV
Astra H 10.993GHz

Text 120

17.00 Don't Drink the Water 4977 **17.35** Prize Time 516809 **17.45** Family Fortunes 485286 **18.15** Prize Time 811064 **18.30** Sale of the Century 3441 **19.00** Prize Time 872460 **19.15** Winner Takes All 466151 **19.50** Prize Time 438335 **20.00** The Crystal Maze 81335 **21.00** Prize Time 633489 **21.15** Strike It Lucky 744441 **21.45** Prize Time 301538 **22.00** Endurance UK 632606 **22.45** Prize Time 911267 **23.00** Jools Holland's Name That Tune 70731 **23.30** Prize Time 949335 **23.45** Karaoke Challenge 730248 **00.15** Prize Time 9732381 **00.30** CATS EYES 17346 **01.30** Christy 81213 **02.30** Bagdad Cafe 17958 **03.00** Film: Lost in the Barrens (1991) 34720 **05.00** Screenshop 85478 **06.00** Closedown

LIVING
Astra V 10.979GHz

Text 204

06.00 Tiny Living 1638731 **09.00** Entertainment Now 6906183 **09.10** Ready, Steady, Cook 6434373 **09.50** The Heat Is On 3042422 **10.20** Cheap Chic 9693064 **10.50** Rescue 911 11644248 **11.20** Jimmy's 55270373 **11.50** Tempestt 9269828 **12.40** Rolonda 2556101 **13.30** Living It Up! 3534538 **14.30** I Dream of Jeannie 3787199 **15.00** Film: Picking up the Pieces (1985) A woman struggles for self-esteem after her wish for a simple divorce goes wrong when her vindictive husband closes the bank account and strips the house of furniture 58679712 **17.05** Hart to Hart 2423064 **18.00** Film: Shattered Family (1993) Tug-of-Love tale based on the true story of a fostered child whose mother couldn't let go 5674977 **20.00** Animal Rescue 6931267 **20.30** Rescue 911 6943002 **21.00** Jerry Springer Double Bill 41843880 **22.50** Sex Life Down Under 8692267 **00.00** Closedown

CHRISTIAN CHANNEL
Astra H 11.170GHz

04.00 Thought **04.05** Just For Parents **04.30** This Is Your Day **05.00** Agape Today **06.00** 700 Club **06.30** Jones / Youngren **07.00** Ekman **07.30** Hickey **08.00** KIDZ Club **08.30** Secret Adventures **09.00** Edges/Standing on the Rock **09.30** Jesse Duplantis **10.00** CCM Weekend Jam **10.30** This Is Your Day - Benny Hinn **11.00** Closedown

SKY SOAP
Astra V 11.568GHz

11.00 Emmerdale **12.00** Emmerdale **12.30** Emmerdale **13.00** Emmerdale **13.30** Take the High Road **14.00** Take the High Road **14.30** Take the High Road **15.00** Take the High Road **15.30** Take the High Road **16.00** Closedown

THE HISTORY CHANNEL
Astra V 11.568GHz

16.00 The Great Ships: The Whalers **17.00** Weapons at War: Coast Guard **18.00** Unsolved Mysteries of WW2: The Eagle and the Swastika **18.30** I, Witness: Aftermath **19.00** Biography: Pretty Boy Floyd **20.00** Closedown

SKY TRAVEL
Astra V 11.126GHz

The Travel Channel does not broadcast on Saturdays

TV TRAVEL SHOP
Astra H 10.993GHz

12.00-17.00 Home Travel Shopping Service

QVC
Astra V 11.038GHz

Text 205

24 Hour Shopping Service

Astra H 11.273GHz

05.00-12.00 Sell-a-Vision

Discovery Home & Leisure
Astra H 11.082GHz

ALSO ON CABLE

09.00 **The History Makers** 9857731
10.00 **Go Fishing** 4516170
10.30 **Hooked on Fishing** 7530915
11.00 **Home Savvy** 8404064
11.30 **Our House** 8405793
12.00 **Doing It Up** 7521267
12.30 **The Close Guide** 2464625
13.00 **Hometime** 9604915
13.30 **Hometime** 2463996
14.00 **Rex Hunt's Fishing World** 6935915
14.30 **Two's Country** 7008915
15.00 **Home Again with Bob Vila** 6914422
15.30 **Home Again with Bob Vila** A coastal tour of his home town Miami, and a visit to Teresa Lopez, the owner of a cramped 25-year old house 7003460
16.00 **Closedown**

DISCOVERY CHANNEL
Astra H 11.082GHz

Text 200

16.00 **Saturday Stack: Tanks. Weapons of War** 8428644
17.00 **Battlefields: The Battle for North Africa** 6938002
18.00 **Battlefields: The Battle for North Africa- Part Two** 2472644
19.00 **Extreme Machines: Tanks** Gripping archive footage documents tanks in action from the first world war to Desert Storm 9878286
20.00 **Raging Planet: Earthquake** A documentary exploring the natural destructive force of nature that is the earthquake 9854606
21.00 **Extreme Machines: Power Boats** 9867170
22.00 **Weapons of War: Carrier Warfare** When the bulk of the US fleet was sunk at Pearl Harbor, the American aircraft carriers had a lucky escape, later proving crucial at Midway 9877557
23.00 **UFO: Abducted by UFOs** Ordinary people who claim to have been abducted by aliens recall their frightening experiences, revealing how their lives have profoundly changed. 9681064
00.00 **Strike Force: Wellington** 5555497
01.00 **Justice Files: Unlikely Villains** 7587749
02.00 **Closedown**

.tv
Astra V 10.847GHz

18.00 Game Over. Reviews, previews, tips and features, all containing the most up-to-date games possible **19.00** Masterclass. Get the most out of your PC **20.00** Closedown

SKY SCOTTISH
Astra H 10.862GHz

18.00 Kirsty **18.30** Faith, Hope...Calamity. The first ever TV broadcast of all the goals from Celtic's 7-1 League Cup Final win over Rangers in 1957 **19.00** The Ibrox Club Hour **20.00** Closedown

breeze
Astra V 10.847GHz

06.00 **E! Uncut** 65536644
06.30 **E! Extreme Close-up** 80328660
07.00 **Cook's Garden** 73913441
07.30 **'Great British Food' Goes Down Under** 73909248
08.00 **The View** 13544977
09.00 **Sally Jessy Raphael** 65512064
10.00 **The Good Housekeeping Show** 96623052
10.30 **Style Wars** 40773489
11.00 **Roddy Llewellyn's Indoor Garden** 35417151
11.30 **Rosemary Conley's Cookbook** 35418880
12.00 **The View** 10553880
13.00 **Cook's Garden** 73912712
13.30 **'Great British Food' Goes Down Under** Charles Metcalfe looks at the vast selection of ethnic cuisine on offer in the city of Melbourne 10573644
14.00 **E! in Focus** 95273511
15.00 **Livetime** 35429996
16.00 **Sally Jessy Raphael: My Man Is a Disgusting Slob** Lively studio discussion 35431731
17.00 **Livetime** 47058828
18.00 **Closedown**

SKY NEWS
Astra V 11.377GHz

Text 128

Sky News on the hour plus **06.00** Sunrise **09.30** The Entertainment Show. Round-up of all the celebrity gossip **10.30** Fashion TV **11.30** Sky Destinations **12.30** ABC Nightline **13.30** Westminster Week **14.30** Newsmaker **15.30** Fashion TV **16.30** Week in Review **17.00** Live At Five **19.30** Sportsline **20.30** The Entertainment Show **21.30** Global Village **22.00** Prime Time **23.30** Sportsline Extra **00.30** Sky Destinations **01.30** Fashion TV **02.30** Century **03.30** Week in Review **04.30** Newsmaker **05.30** The Entertainment Show

CNN INTERNATIONAL
Astra V 11.627GHz

Text 200

News on the hour plus **05.30** Inside Europe **06.30** Moneyline **07.30** World Sport **08.30** World Business This Week **09.30** Pinnacle Europe **10.30** World Sport **11.30** 7 Days **12.30** Moneyweek **13.30** World Report **14.30** Travel Guide **15.30** World Sport **16.30** Pro Golf **17.00** Larry King **18.30** Inside Europe **19.30** Showbiz This Week **20.30** Style **21.30** The Art Club **22.30** World Sport **23.00** World View **23.30** Global View **00.30** 7 Days **01.00** World Today **01.30** Diplomatic License **02.00** Larry King Weekend **03.00** World Today **03.30** Both Sides with Jesse Jackson **04.30** Evans and Novak

CNBC
Astra V 10.729GHz

05.00 Europe this Week **05.30** Future File **06.00** Media Report **06.30** Asia **07.00** Story Board **07.30** Dot. Com **08.00** Europe **08.30** Media Report **09.00** Directions **09.30** Far East **10.00** Story Board **10.30** Dot. Com **11.00** Europe **11.30** Directions **12.00** Future File **12.30** Asia **13.00** Europe **13.30** Future File **14.00** Media Report **14.30** Asia **15.00** Story Board **15.30** Dot. Com **16.00** Europe **16.30** Media Report **17.00** Directions **17.30** Far East **18.00** Story Board **18.30** Dot. Com **19.00** Europe **19.30** Directions **20.00** Future File **20.30** Asia **21.00** Europe **21.30** Future File **22.00** Media **22.30** Asia **23.00** Story Board **23.30** Dot. Com **00.00** Europe **00.30** Media **01.00** Directions **01.30** Far East **02.00** Story Board **02.30** Dot. Com **03.00** Europe **03.30** Directions **04.00** Future File **04.30** Far East

Bloomberg
Astra H 11.361GHz

24 hour business news with Reports, Sports and Worldwatch, plus **06.49** Market Review **07.19** Clips **12.19** Bloomberg Entertainment **12.49** World Cup Countdown **15.19** Clips **15.49** Boarding Pass **18.49** Market Review **20.19** Bloomberg Entertainment

CARTOON NETWORK
Astra H 11.023GHz

Text 102

05.00 Omer and the Starchild **05.30** Ivanhoe **06.00** The Fruitties **06.30** Blinky Bill **07.00** Thomas the Tank Engine **07.15** The Magic Roundabout **07.30** The Real Story of... **08.00** Scooby Doo **08.30** Dastardly and Muttley's Flying Machines **08.45** Wacky Races **09.00** Dexter's Laboratory **09.30** Johnny Bravo **10.00** Cow and Chicken **10.30** Beetlejuice **11.00** The Mask **11.30** Tom and Jerry **11.45** Road Runner **12.00** Scooby Doo **12.30** The Bugs and Daffy Show **13.00** Johnny Bravo **13.30** Cow and Chicken **14.00** Popeye **14.30** The Jetsons **15.00** Taz-Mania. More crazy adventures with the antipodean whirlwind **15.30** Scooby Doo **16.00** Scooby Doo **16.30** Dexter's Laboratory **17.00** Johnny Bravo **17.30** Cow and Chicken **18.00** Tom and Jerry **18.30** The Flintstones **19.00** Scooby Doo **19.30** 2 Stupid Dogs **20.00** Hong Kong Phooey. Who is our superhero? The janitor? Could be! **20.30** Help! It's the Hair Bear Bunch **21.00** Closedown

NICKELODEON
Astra V 11.156GHz

Text 110

07.00 Tales From the Cryptkeeper **07.30** Extreme Ghostbusters **08.00** Rocko's Modern Life **08.30** Hey Arnold! **09.00** Rugrats **10.00** Angry Beavers **10.30** Doug **11.00** Aaahh!!! Real Monsters **11.30** The Ren and Stimpy Show **12.00** Wishbone **12.30** Moesha **13.00** Sister, Sister **13.30** The Secret World of Alex Mack **14.00** Kenan and Kel **14.30** Clarissa Explains It All **15.00** The Adventures of Pete and Pete **15.30** Captain Star **16.00** Hey Arnold! **16.30** Rugrats **17.00** Sister, Sister **17.30** Kenan and Kel **18.00** Sabrina the Teenage Witch **18.30** Moesha **19.00** Closedown

FOX KIDS
Astra H 11.303GHz

06.00 Power Rangers Turbo **06.30** Power Rangers Turbo **07.00** Bureau of Alien Detectors **07.30** Futbol Mundial **08.00** The Incredible Hulk **08.25** Casper **08.35** Tonnsylvania **09.00** Hero Turtles **09.30** Mortal Kombat **10.00** Goosebumps **10.30** Eerie, Indiana **11.00** Sam and Max **11.30** Life With Louie **12.00** The Tick **12.30** Fantastic Four **13.00** Power Rangers Turbo **14.00** Bureau of Alien Detectors **14.30** Futbol Mundial **15.00** The Incredible Hulk **15.30** Toonsylvania **16.00** Hero Turtles **16.30** Mortal Kombat **17.00** Goosebumps **17.30** Eerie, Indiana **18.00** The Pepsi Chart **18.30** Sweet Valley High **19.00** Closedown

Trouble
Astra V 11.097GHz

07.00 Batman 9692170 **07.30** Earthworm Jim 9688977 **08.00** California Dreams 7515606 **08.30** Hang Time 7514977 **09.00** Ready or Not 7538557 **09.30** Heartbreak High 2369809 **10.30** Sweat 7527441 **11.00** Sweet Valley High 8431118 **11.30** Smash Hits Poll Winners' Party 1997 2790354 **12.30** On the Make 30013354 **12.45** It's in the Jeans 30018809 **13.00** Saved by the Bell 9691441 **13.30** Saved by the Bell 2450422 **14.00** USA High 6922441 **14.30** Earthworm Jim 7095441 **15.00** Batman 6918248 **15.30** Echo Point 7007286 **16.00** Hang Time. Things get out of hand when an impromptu party begins at Coach Fuller's apartment 7086793 **16.30** Sweet Valley High. Jessica delves into the past of a mysterious motocross champion 7082977 **17.00** Blast 6913793 **17.30** California Dreams. Jake takes part in a TV dating show and wins a date on the same night as his wedding anniversary 7006557 **18.00** Hollyoaks 2469170 **19.00** USA High. Jackson agrees to take the daughter of his father's business associate to the costume ball 6933557 **19.30** Sweat. Teenage drama series following the fortunes of a group of talented athletes at an Australian sports academy as they experience love, laughter, victory and defeat 7083606 **20.00** Closedown

Check the telephone numbers above for

VH1 — Astra V 11.538GHz

07.00	**Breakfast in Bed** 64022977	Text 200
10.00	**Saturday Brunch** 10576731	
12.00	**Ten of the Best: Gabrielle** 10586118	
13.00	**Greatest Hits of...: Madonna** An hour of her biggest hits 10562538	
14.00	**The Clare Grogan Show** 71186691	
15.00	**The VH1 Classic Chart** 35412606	
16.00	**Greatest Hits of...: Soul** 35424441	
17.00	**Five @ Five** 47055731	
17.30	**VH1 to 1: Jerry Lee Lewis** 17853460	
18.00	**The VH1 Classic Chart** 10575002	
19.00	**American Classic** 50741118	
20.00	**The VH1 Disco Party** 50721354	
22.00	**Mills 'n' Tunes** 50740489	
23.00	**Spice** 73922199	
00.00	**Madonna: The Girlie Show** Live 1992 performance in Sydney 55928942	
03.00	**VH1 Late Shift** 31684687	

MTV — Astra H 11.421GHz

07.00	**Kickstart** 27373	Text 102
09.00	**So 90's** 86002	
10.00	**European Top 20** 58170	
12.00	**Now That's What I Call Up for It** 68557	
13.00	**Select MTV** 70977	
15.00	**Hitlist UK** 18847	
17.00	**MTV News Weekend Edition** 6335	
17.30	**MTV Live** 1606	
18.00	**The Lick R&B Chart** 57441	
19.00	**Dancefloor Chart** The latest club cuts with June Sarpong 16183	
20.00	**Dance Anthems** 83793	
21.00	**Oasis Unplugged** A live acoustic special featuring Manchester's finest band since The Stone Roses 16147	
22.00	**Hot** 66624	
23.00	**Beavis and Butt-Head** Channel surfing with the intellectually challenged twosome 89489	
23.30	**Austin Stories** 88996	
00.00	**Saturday Night Music Mix** 1772045	
03.00	**Chill-Out Zone** 43478	
05.00	**Night Videos** 53045	

THE BOX — THE BOX Astra H 11.244GHz

ALSO ON CABLE

From 02.00-07.00 music channel featuring viewers' requests, videos, interviews and competitions

FOREIGN CHANNELS

CANAL+ — Thor1 H 12.015 GHz

0336 413 421

06.00 Morning programmes 09.05 Film: **10.35** Film: Grumpier Old Men (1995) **12.15** Film: The Stars Fell on Henrietta (1995) **14.10** Film: Rapa Nui (1994) **15.55** NBA Resumé **17.00** Film: Phenomenon (1996) **19.00** Film: Run of the Country (1995) **20.45** Film: The Cable Guy (1996) **22.30** Seinfeld **23.00** Film: Expose Me Again (1996 - erotic) **00.35** NHL: Conference Semi-Final **03.45** Film: Undertakings (1994) **04.20** Film: In the Bleak Midwinter (1995)

TV 1000 — Intelsat 707 1°W V 11.054GHz

0336 413 428

05.15 Morning programmes **10.00** Film: Kidnapped (1996) **13.00** Film: The Fantasy Worlds of Irwin Allen (1995) **15.00** Astrid Lindgren-timmen **15.50** I kväll Mupparna! **16.15** Film: Oliver! (1968) **18.45** Film Magazine **19.00** Film: Braveheart (1995) **22.00** Bakom kulisserna **23.00** Film: Buttman in Barcelona (erotic) **01.30** Film: Three Steps to Heaven (1995) **03.00** Film: Copycat (1995)

Astra V 10.788GHz

04.00 Hindi Film: Sindoor Ki Keemat **07.00** Jaagran **07.30** Shabads **08.00** News **08.30** Prakash's Predictions **09.00** Vacum **09.30** Satsang **10.00** Mr Mintoo **10.30** Cinemagic **11.00** Khana Khazana **11.30** Pakistan Business Update **12.00** Hindi Film: Beta **15.00** Video Countdown **16.00** Big Debate **16.30** Dekh Bhai Dekh **17.00** Navras **17.30** Filmi Baatein **18.00** Ladkiwale Ladkewale **18.30** Sa Re Ga Ma **19.30** Hum Paanch **20.00** News **20.30** Adhikar **21.00** Film: Rakshak **00.00** Closedown

ZDF — Astra H 10.964GHz

TEXT 300

04.30 Morning programmes **12.00** Chart Attack **12.30** Michel aus Lönneberga **13.00** Tabaluga tivi **14.30** Kaffeeklatsch **15.00** Conrad und Co **15.50** moment mal **16.00** heute **16.05** Länderspiegel **16.45** mach mit **16.55** Forsthaus Falkenau **18.00** heute **18.20** Wetter **18.25** Jetzt kannst **19.15** Eine Lüge zuviel **20.45** heute **20.58** Wetter **21.00** Sport-Studio **22.20** Film: Ladykillers (1988) **23.55** heute **00.00** Night programmes

3sat — Astra V 11.347GHz

TEXT 300

05.50 Morning programmes **10.30** Vor 30 Jahren **11.00** In Concert **11.15** quer **12.15** Absolut live **13.00** Neues **13.30** Rein - Rhein - Rhin - Rijn **14.00** Hierzulande **14.15** Frau-TV **14.45** Straßenbekanntschaften **15.00** offen **15.05** Film: Outback (1989) **16.35** tips & trends mobil **17.00** Hitlers Ostwall **17.30** ausland **18.00** heute **18.20** Eintritt frei **19.00** Tagesschau **19.15** Berliner Theatertreffen **22.15** Boulevard Bio **23.15** Seitenblicke: Revue **23.40** Das aktuelle Sport-Studio **01.00** Projekt X **01.30** Jazznacht: Jazzfestival Bern 1997 **03.20** 7 Tage anders fernsehen

RTL TELEVISION — Astra V 11.229GHz

TEXT 300

04.30 Morning programmes **13.15** Der Prinz von Bel-Air **13.40** Auf schlimmer und ewig **14.05** Die Nanny **14.35** Living Single **15.05** Beverley Hills, 90210 **16.00** Party of Five **16.50** Melrose Place **17.45** RTL aktuell weekend **18.10** Explosiv: Weekend **19.15** Dr Monika Lindt: Kinderärztin, Geliebte, Mutter **21.15** Wie Bitte?! **22.15** RTL Samstag Nacht **23.15** Ned & Stacey **23.40** Auf schlimmer und ewig **00.05** Living Single **00.30** Der Prinz von Bel-Air **01.00** Melrose Place **01.45** RTL Samstag Nacht **02.40** Beverley Hills, 90210 **03.25** Das A-Team **04.10** Zeichentrickserie

SAT.1 — Astra V 11.288GHz

0336 413 426

TV TEXT 300

04.40 Morning programmes **08.25** Captain Future **08.55** James Bond, jr **09.25** Arsène Lupin, der Meisterdieb **09.50** Miami Fun **10.40** Pacific Drive **11.35** Heartbreak High **12.30** Scharfe Schüsse auf Jamaica **14.05** Raumschiff Enterprise **15.00** Star Trek: Deep Space Nine **16.00** BZZZ: Singles am Drücker **16.45** SAT.1-Nachrichten **16.55** Das Millionenspiel **17.00** ran: SAT.1-Fussball **19.15** Die Flucht von Alcatraz **21.25** Film: The Dead Pool (1988) **23.05** Clint Eastwood: Hollywoods letzter Outlaw **00.20** Star Trek: Raumschiff Voyager **01.15** Immer wieder Fitz **03.10** alphateam: Die Lebensretter im OP **04.00** ran

ADULT ADULT ADULT ADULT ADULT

PLAYBOY TV — Astra H 11.671GHz

00.00 Free Teaser 26113199 **00.05** Peep Show 26196422 **00.15** Playboy's Hard Drive: Jet Strip 16088921 **01.15** Film: Ultimate Sensations. Two shy patients meet at a sex clinic and begin a session of specialised therapy 84462199 **02.35** Women of South Beach: Swimwear 84960557 **03.30** Naked Confessions: Shelly Goodair 77852083 **04.00** Closedown

The Adult Channel — Astra V 10.788GHz

0336 413 400

00.00 Dish of the Day 26100625 **00.10** New Model File 2: Audition 14613354 **00.35** Lap It Up: Episode 2 91675880 **00.50** The Spicier Side of Asia Carrera 62317793 **02.00** Sex Files and Computer Discs: Part 1 77855170 **02.30** Film: Cry Baby. Tale of a psychiatrist who specialises in dealing with sexual problems 73500538 **04.00** Closedown

The Fantasy Channel — Fantasy Channel Astra V 10.979GHz from 00.00-04.00

0336 413 400

00.00 Free 3711880 **00.10** David Dickie's Shorts 3717064 **00.20** Superdick 3587460 **00.45** Film: Bite the Big Apple 7175199 **01.00** Free 6426793 **01.05** Film cont. 9101809 **02.00** Sex Talk 72763712 **02.20** Film: Darker Side 2511731 **03.55** On Tomorrow 35454712 **04.00** Closedown

GAY — Gay TV Astra V 10.979GHz from 04.00-05.30

All programmes are subject to change

Gay TV is Britain's first adult gay television station and it features a mix of erotic series, special programmes and gay films from both Europe and America - full programme details for May were unavailable at the time of going to press

CABLE & MULTI SATELLITE CHANNELS

travel — TRAVEL Cable

TEXT 200

12.00 On the Horizon **12.30** Cities of the World **13.00** No Truckin' Holiday **13.30** The Food Lover's Guide **14.00** The Flavours of France **14.30** Go Greece **15.00** Swiss Railway Journeys **16.00** Ribbons of Steel **16.30** Railway Adventures **17.00** Innocent Abroad **17.30** On Tour **18.00** The Food Lover's Guide **18.30** Go Greece **19.00** Travel Live Stop the Week **20.00** Scandinavian Summers **21.00** Of Tales and Travels **22.00** On the Horizon **22.30** No Truckin' Holiday **23.00** Across the Line **23.30** In the Footsteps of Champagne Charlie **00.00** Closedown

SCIFI CHANNEL — Cable

ALSO ON ASTRA H 11.170GHz

07.30 Knightmare **08.00** The Bionic Woman **09.00** The Six Million Dollar Man **10.00** The Web **10.55** The New Edge **11.25** Inside Space **11.55** Earthscan **12.00** The Making of Deep Impact: An SF Scene Special **12.30** Fire From the Sky **13.30** Film: It Came from Outer Space (1953) An astronomer has an encounter with extraterrestrials when their space craft crash-lands in the discerning alien's favourite parking lot, otherwise known as the Arizona desert **15.05** On a Collision Course with Earth **16.00** Mystery Science Theatre 3000 **18.00** Amazing Stories **18.30** Swamp Thing **19.00** The Cape **20.00** Quantum Leap. Dr Beckett leaps into the body of a controversial talk show host **21.00** Sleepwalkers. Dream exploration drama series **22.00** The Hunger **22.30** Dark Skies **23.30** The Making of Deep Impact: An SF Scene Special **00.00** Mystery Science Theatre 3000 **02.00** Planet Mirth **02.30** Space Academy **03.00** Tales of the Unexpected **03.30** Dark Shadows **04.00** Closedown

Performance — PERFORMANCE Cable

19.00 The Saturday Ballet: The Nutcracker **21.00** Opera: Puccini's Trittico. Puccini's famous trilogy **00.00** Midnight Jazz: The Modern Jazz Quartet **01.00** Closedown

Animal Planet — ANIMAL PLANET Eutel 13°E H 11.052GHz

09.00 It's a Vet's Life **09.30** Dogs with Dunbar **10.00** Giant Grizzlies of the Kodiak **11.00** Beware... the Ice Bear **11.30** The Beauty of the Beast **12.00** Great Bears of North America **13.00** Kratt's Creatures **13.30** Zoo Life **14.00** Rediscovery **15.00** Giant Grizzlies of the Kodiak **16.00** Beware... the Ice Bear **16.30** The Beauty of the Beast **17.00** Great Bears of North America **18.00** Horse Tales **18.30** All Bird TV **19.00** Animal Doctor **20.00** Man Eating Tigers **21.00** Superhunt **22.00** Hunters **23.00** Animal Planet Classics **00.00** Closedown

CHANNEL ONE — CHANNEL ONE Cable

Local news on the hour plus: **10.30** Album Show **11.30** Sport **12.30** American Chart **13.30** Inside Hollywood **14.30** Album Show **15.30** PDQ **16.30** Movies, Games & Videos **17.30** PDQ **18.30** Album Show **19.30** PDQ **20.30** A-Z of Food **21.30** Inside Hollywood **22.30** PDQ **23.30** Album Show **00.00** News & music all night

BBC WORLD — BBC WORLD Eutel II F1 13°E V 11.620GHz

News on the hour plus: **05.30** Reporters **06.30** Panorama **07.30** Earth Report **08.30** Hard Talk **09.30** Correspondent **10.05** Pole to Pole **11.30** Holiday **12.30** This Week **13.05** Horizon **14.30** Film '98. Presented by Barry Norman **15.05** The Search For Peace **16.05** Pole to Pole **17.30** Holiday **18.30** This Week **19.30** Correspondent **20.05** Horizon **21.30** Top Gear **22.30** Hard Talk **23.30** Simpson's World **00.00** Night programmes

BET — BETI Cable

06.00 Performances **06.30** Grooves **07.00** Jazzy Vocals **08.00** Impressions **09.00** Planet Groove **11.00** Jazz Central **12.00** Schedule repeats 06.00-11.00

NBC — NBC Europe Cable/ Eutel 13°E V 10.987GHz

CNBC: EUROPEAN BUSINESS SERVICE ON ASTRA V 10.729GHz

TEXT 300

0336 413 429

05.00 Hello Austria, Hello Vienna **05.30** NBC Nightly News with Tom Brokaw **06.00** MSNBC's The News with Brian Williams **07.00** The McLaughlin Group **07.30** Europa Journal **08.00** Cyberschool **10.00** Super Shop **11.00** NBC Super Sports: World Cup '98 **11.30** NBC Super Sports **12.00** European Tour Golf: Conte Italian Open **13.00** NHL Power Week **14.00** Top 10 Motor Racing '98: Oschersleben **15.00** Five Star Adventure **15.30** Europe à la Carte **16.00** The Ticket NBC **16.30** VIP **17.00** Classic Cousteau: The Cousteau Odyssey **18.00** National Geographic Television **19.00** Mr Rhodes **19.30** Union Square **20.00** Profiler **21.00** The Tonight Show with Jay Leno **22.00** Mancuso FBI **23.00** The Ticket NBC **23.30** VIP **00.00** NBC Super Sports: Major League Baseball Live **03.30** European Living: Flavors of France **04.00** Executive Lifestyles **04.30** The Ticket NBC

CARLTON SELECT — Cable

17.00 Switch On **17.30** We Are Seven **18.30** Haggard **19.00** The Upper Hand **19.30** Birds of a Feather **20.00** Lovejoy **21.00** The Ruth Rendell Mysteries **22.00** Two Nations Celebrate: The Nelson Mandela Concert **23.15** St Elsewhere **00.15** Film: Wall of Tyranny. Romantic drama **02.00** Closedown

CARLTON FOOD AND COOKERY — Cable

09.00 FND **09.30** Food for Thought **10.00** Surprise Chefs **10.30** Perfect Pasta **11.00** Assignment **11.30** Kerr's Kitchen **12.00** FND **12.30** Scotland's Larder **13.00** Chez Bruno **13.30** Seasonal Kitchen **14.00** Slice of Life **14.30** FND **15.00** Food for Thought **15.30** Assignment **16.00** Ballymaloe **16.30** Caribbean Light **17.00** Closedown

HVC — Cable

20.00 Wild Passion **21.30** Blue Movies **23.05** LA Swimstyles 2: Feel Me **23.40** Interludes: The Puzzle **00.00** Closedown

UK ARENA — UK ARENA cable

18.00 Horseman Riding By **19.00** Good Music **20.00** Nairn's Europe **20.30** How Buildings Learn **21.00** Marty **21.30** Film: Glengarry Glen Ross (1992) A tale of battling salesmen **23.20** Later on... Joan Baez, Gretchen Peters & Matraca Berg **00.15** The Frame **00.30** Closedown

UK HORIZONS — cable

07.00 Future Fantastic **08.00** Tomorrow's World Plus **09.00** Top Gear GTi **10.00** Clive James: Postcard from London **11.00** Holiday Reps **11.30** Hot Gadgets **12.00** Mysteries with Carol Vorderman **12.30** Animal Hospital **13.00** The Private Life of Plants **14.00** Wildlife Special: Great White Shark **15.00** The Private Life of Plants **16.00** Echo of the Elephants **17.00** Tomorrow's World Plus **18.00** 999 **19.00** 1914-18 **20.00** Miracle Babies: The Story of the Dionne Quintuplets **21.00** Jobs for the Girls **22.00** Savagery and the American Indian. First of two programmes which focus on the lot of the vanishing American **23.00** Savagery and the American Indian **00.00** DEA **01.00** Closedown

UK STYLE — UK STYLE cable

14.00 Call My Bluff **14.30** How Does Your Garden Grow? **15.30** Travel Show Guide **16.00** From A to B: Tales of Modern Motoring **17.00** Really Useful Week **18.00** Call My Bluff **18.30** Change That **19.00** Wild Harvest with Nick Nairn **19.30** Italian Regional Cookery **20.00** Food and Drink **20.30** Madhur Jaffrey's Far Eastern Cookery **21.00** Can't Cook, Won't Cook **21.30** Style Challenge **22.00** Des Res **22.30** Real Rooms **23.00** Our Man in... With Clive Anderson **23.45** Heaven in Your Hands **00.00** Closedown

CABLE & MULTI SATELLITE CHANNELS

TARA — TARA Cable

12.00 Top 30 Hits **13.00** Showjumping Grand Prix '98 **13.30** Pocket Rocket **14.00** The Professionals **14.30** Beyond the Hall Door **15.00** Waterways **16.00** Upwardly Mobile **16.30** Fair City **17.00** Fair City **17.30** Fair City **18.00** Six-One Saturday News **18.20** 2TV CV **18.30** Brendan O'Carroll's Hot Milk and Pepper **19.00** Star Treks **19.30** Telling Tales **20.00** The Ante Room **21.00** The Treaty **22.50** No Disco **23.50** The Scare at Bedtime **00.00** Closedown

LIVE TV — Cable

06.00 Morning programmes **12.00** The Why Files **12.30** Serial Killers **13.00** Lie Detector **13.30** Agony Omnibus **14.30** Revelations **15.00** Fate and Fortune **15.30** Lie Detector **16.00** Judge Judy Omnibus **17.00** Agony **17.30** Odds on Sport **18.00** The Look of Legs **18.30** Dial a Doc **18.45** What's in the Box **19.00** Serial Killers **19.30** Agony **19.59** City Tips **20.00** Lie Detector **20.30** Judge Judy **20.59** City Tips **21.00** Serial Killers **21.30** Fashion Show **21.59** City Tips **22.00** Darts **22.02** Odds on Sport **22.30** Sex Show **23.00** City Tips **23.01** Darts **23.02** Exotica **00.00** Night programmes

Knowledge TV — KNOWLEDGE Cable

11.00 Communication: The Human Imperative **12.00** More Simply Spanish **12.30** Writer's Block **13.00** Azimuths **13.30** New Media News **14.00** Digital Gurus **14.30** Azimuths **15.00** Open University **15.30** Azimuths **16.00** Performing Arts Theatre **17.00** Communication: The Human Imperative **18.00** More Simply Spanish **18.30** New Media News **19.00** Digital Gurus. Tips and techniques for computer software **19.30** Azimuths **20.00** Writer's Block **20.30** Azimuths **21.00** Open University **21.30** Azimuths **22.00** Performing Arts Theatre **23.00** Closedown

English translations of the foreign channels

FOR MORE CHANNELS SEE LISTINGS EXTRA