SKY MOVIES SCREEN 1
Astra V 11.436GHz

06.00 **The Blue Bird** (1976) (approx 94 mins) CERT: TBC Fairy-tale fantasy about the children of a poor woodcutter who embark on a quest through many magical lands seeking the blue bird of happiness 52941770 Text 129
07.40 **Jane and the Lost City** (1987) (approx 88 mins) CERT: PG Comical, African adventure with an English colonel and his secretary, Jane 67258954
09.20 **Dangerous Curves** (1987) (approx 89 mins) CERT: PG Comedy in which two teenagers, asked to deliver a new Porsche to a high-flying businessman, find themselves in a lot of trouble when they lose the car and discover it has become first prize in a beauty contest 15271867
11.00 **Ghostbusters** (1984) (approx 101 mins) CERT: PG (DS) Please see 17.00 for details 42190
13.00 **Woman of Straw** (1964) (approx 112 mins) CERT: PG Drama about the plot to murder a wealthy man, hatched by his nephew and the man's own nurse 98577
15.00 **Blue Rodeo** (1996) (approx 88 mins) CERT: TBC Please see 21.00 for details 98374
17.00 **Ghostbusters** (1984) (approx 101 mins) CERT: PG (DS) Action comedy about three parapsychology students who decide to set up a ghostbusting business when they are thrown off their course. But the harmless ghosts begin to be replaced by more sinister ones and the end of the world seems nigh. Bill Murray, Dan Aykroyd, Sigourney Weaver 36664
19.00 **Last of the Dogmen** (1995) (approx 113 mins) CERT: PG Western about a bounty hunter who heads into Montana's wilds to find three escaped prisoners, but who ends up being intrigued by a mystery. Tom Berenger, Barbara Hershey 36225
21.00 **Blue Rodeo** (1996) (approx 88 mins) CERT: TBC Bittersweet drama about a mother who feels responsible for the accident which left Peter, her teenage son deaf and she struggles to rebuild their relationship. But while Peter himself finds solace in the arms of a female classmate, his mother gets romantic support from a mysterious cowboy. Ann-Margret, Kris Kristofferson, Corbin Allred 26126683
P
22.45 **Waiting to Exhale** (1995) (approx 118 mins) CERT: 15 Drama following the lives of four African-American women through a modern labyrinth of husbands and lovers, jobs and make-overs, as they search for a man good enough to make them gasp. Whitney Houston, Angela Bassett 82306374
00.50 **Jailbreak** (1997) (approx 88 mins) CERT: 15 Action drama about a young woman whose car is stolen and she finds herself accused of theft in a store close to where she has been stranded. Having been arrested and taken to jail, she winds up in a cell next to a slippery felon who promptly breaks out, taking her with him as a hostage 735455
02.25 **Higher Learning** (1995) (approx 123 mins) CERT: 15 Drama about the lives of a multi-racial group of students charting one semester in the lives of these and other students, with the fun, pain and anguish that college life can entail 41465504
L
04.30 **Dangerous Curves** (1987) (approx 89 mins) CERT: PG Please see 09.20 for details 18146

SKY MOVIES SCREEN 2
Astra V 11.479GHz

06.00 **The Sting II** (1983) (approx 98 mins) CERT: PG Drama about a pair of con artists who decide to rig a boxing match 59461 Text 129
08.00 **The Pirates of Blood River** (1962) (approx 81 mins) CERT: PG Please see 16.00 for details 32157
10.00 **Farewell My Lovely** (1944) (approx 91 mins) CERT: PG Drama starring Dick Powell as private eye Philip Marlowe, who finds danger and murder whilst on the trail of a missing woman 65664
12.00 **The Sting II** (1983) (approx 97 mins) CERT: PG Drama about a pair of con artists who decide to rig a boxing match. Jackie Gleason, Mac Davis 88190
14.00 **Blood and Sand** (1941) (approx 120 mins) CERT: PG Romance starring Tyrone Power as a bullfighter caught between the two women he loves 20515
16.00 **The Pirates of Blood River** (1962) (approx 81 mins) CERT: PG Action adventure in which the titular pirates invade a Huguenot settlement in their ongoing search for treasure 6472
18.00 **Horses and Champions** (1994) (approx 90 mins) CERT: U Drama about a stable girl who harbours a dream of becoming a horse-riding champion and is given her chance for glory 22976770
19.40 **US Top 10** 123954
20.00 **Escape From L.A.** (1996) (approx 97 mins) CERT: 15 Futuristic action thriller in which outlaw Snake Plissken is sent into a prison-like Los Angeles in order to retrieve a precious black box which controls the city's energy supplies and has been stolen by the President's daughter. Kurt Russell, Stacy Keach, Steve Buscemi 12596
22.00 **Johnny Mnemonic** (1995) (approx 93 mins) CERT: 18 (888) Keanu Reeves stars in this futuristic adventure about a courier who transports top secret documents around the world - inside a unique data storage facility within his own brain. Now Johnny wants to leave this high-risk world behind - but not before he has run one last trip... Dolph Lundgren, Ice-T, Takeshi, Dina Meyer, Udo Kier 128119
23.40 **Intimate Obsession** (1996) (approx 90 mins) CERT: 18 Adult thriller about a wife who embarks on an affair, little realising that her husband has already done the same 339683
01.15 **Escape to Nowhere** (1996) (approx 89 mins) CERT: 18 Supernatural thriller in which a family move from Ireland to an inherited house in California with their daughter. But sinister events in the house soon lead the family to call in a team of paranormal inventors, who discover that a young girl went missing in the house in the 1800s and that her remains were never found 916702
02.50 **Termination Man** (1997) (approx 88 mins) CERT: 15 Action thriller in which a biologically-enhanced secret agent becomes the ultimate secret weapon in a battle for democracy itself. Steve Railsback, James Farentino, Athena Massey 448639
04.25 **Willy Fog: Around The World In 80 Days** (1995) (approx 75 mins) CERT: PG Eccentric explorer Willy Fog gets to grips with the big blue in this animated adventure, based upon the classic Jules Verne novel 671726

BOX OFFICE 1 11.597GHz PAY-PER-VIEW (PPV: see below)

22.00 **The Saint** (1997) (116 mins) CERT: 12 Val Kilmer plays Simon Templar - a gentleman and a master thief with a thousand different identities - in this big screen version of the classic '60s TV series. Also stars Elizabeth Shue (rpt 00.00, 02.00 and 04.00)

BOX OFFICE 2 10.877GHz PAY-PER-VIEW (PPV: see below)

19.00 **Batman & Robin** (1997) (130 mins) CERT: PG Batman (played by George Clooney) is back for his wildest, most outrageous adventure to date! Also starring Chris O'Donnell as Robin and Alicia Sylverstone as Batgirl (rpt 21.30, 00.00 and 02.30)

BOX OFFICE 3 10.862GHz PAY-PER-VIEW (PPV: see below)

06.00 **Honey, We Shrunk Ourselves** (1997) (75 mins) CERT: PG Comedy with the shrinking inventor (rpt 07.30, 09.00, 10.30, 12.00, 13.30, 15.00 & 16.30)
20.00 **Everyone Says I Love You** (1996) (98 mins) (12) Woody Allen musical (22.00, 00.00, 02.00 & 04.00)

BOX OFFICE 4 10.847GHz PAY-PER-VIEW (PPV: see below)

20.00 **Scream** (1997) (110 mins) CERT: 18 Blockbusting horror tale about a teenager (Neve Campbell) trying to come to terms with the brutal murder of her mother several years before. Directed by Wes Craven (rpt 22.00 and 04.00)

SKY MOVIES GOLD
Astra V
11.127GHz from 16.00-05.00 (weekdays)
11.127GHz from 11.00-05.00 (weekends)
11.597GHz from 22.00-06.00 (weekdays)

16.00 **Grease** (1978) (105 mins) CERT: PG Please see 22.00 for full details 6303480
18.00 **The Borrowers** (1974) (76 mins) CERT: U Drama about a young boy who discovers a group of tiny people living underneath the floor of his old house. Eddie Albert, Judith Anderson 5043003
20.00 **Short Circuit II** (1988) (105 mins) CERT: PG Sequel to the popular sci-fi adventure about a military robot which accidentally becomes 'humanised' and sets out to explore the world. Starring *Early Edition's* Fisher Stevens 5055848
22.00 **Grease** (1978) (105 mins) CERT: PG Blockbusting musical, set in the 1950s, following the high school romance between a well-to-do girl (Olivia Newton-John) and a boy from the other side of the tracks (John Travolta) 3577480 Text 129
23.50 **Lenny Live and Unleashed** (1989) (93 mins) CERT: 15 (DS) Film of stand-up comic Lenny Henry in concert at the Hackney Empire 9289732
01.30 **Like Father, Like Son** (1987) (95 mins) CERT: 15 Body-swap comedy in which a father and son accidentally change bodies. Dudley Moore, Kirk Cameron 3400897
03.10 **Pulse** (1988) 87 mins) CERT: 15 Thriller in which electrical appliances come to life 95236320
04.40 **Closedown**

TNT Classic Movies
Astra H 11.023GHz

21.00 **Foreign Affairs** (1993) Romantic comedy about a college professor on a sabbatical in England whose peace is shattered by a loud fellow American 35658645 Text 100
23.00 **In the Cool of the Day** (1963) Romantic drama in which a young woman trapped in a loveless marriage is attracted to a middle-aged publisher. Jane Fonda, Peter Finch 85170374
00.45 **Shoes of the Fisherman** (WS) (1968) Drama with a Russian Catholic priest 42555436
03.20 **Foreign Affairs** Please see 21.00 66981748

bravo
Astra V 11.097GHz

20.00 **The A-Team** 9258428
21.00 **Real Stories of the Highway Patrol** 8888022 Text 210
21.30 **Cops** 2848683
22.00 **The Basement** 1284664
22.15 **Bravo's Briefs** A short film 1289119
22.30 **Red Shoe Diaries** 7902138
23.00 **Film: Night Trap** (1992) Action-packed horror tale in which a cop pursues an apparently unstoppable satanic serial killer on the loose during Mardi Gras. Robert Davi, Lesley-Anne Down 6220138
01.00 **Beverly Hills Bordello** 7859271
01.30 **Red Shoe Diaries** 6104146
02.00 **Tour of Duty** 2154558
03.00 **Film: Hokers, Hustlers, Pimps and Their 'Johns'** (1993) Documentary on New York's sex business 6501813
05.00 **The A-Team** 5836368
06.00 **Closedown**

DISNEY CHANNEL
Astra V 11.597GHz

06.00 Bear in the Big Blue House 77683 **06.30** Jungle Cubs 68461 **07.00** Recess 98190 **07.30** Pepper Ann 17225 **08.00** Brand Spanking New Doug 10751 **08.30** Ned's Newt 19022 **09.00** Smart Guy 28454 **09.30** Smart Guy 45935 **10.00** Teen Angel - Double Bill 13409 **11.00** Boy Meets World - Double Bill 93645 **12.00** Student Bodies - Double Bill 68886 **13.00** The Wonder Years - Double Bill 44206 **14.00** Disney's Honey, I Shrunk the Kids - the TV series 8687931 **14.45** Nightmare Ned 8591698 **15.00** The Lion King's Timon and Pumbaa 1886 **15.30** Brand Spanking New Doug 1515 **16.00** Pepper Ann 4062 **16.30** Recess 6206 **17.00** Smart Guy 3003 **17.30** Student Bodies 4206 **18.00** Teen Angel 7799 **18.30** Boy Meets World 1751 **19.00 Film:** Little Ghost (1996) Melodrama about a young boy called Kevin who is very lonely because his film-star mother has no time for him, so when Kevin meets a little ghost in an Italian castle he's delighted to have a friend at last 50664 **20.30** The Wonder Years: Fate. Kevin takes a beating in order to make things right with Winnie, but they both come to realise that hurting each other is not the way to build a relationship 1022 **21.00** Touched By an Angel 77206 **22.00** Closedown

UK TV
UK TV PREVIEW
Astra V 10.817GHz

07.00 Nomads of the Wind **08.00** Dog Trouble **09.00** The Ascent of Man **10.30** Vets in Practice **11.00** The Human Animal **12.00** CIA **13.00** The Living Isles **13.30** Making Babies **14.00** Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Going for a Song **15.30** Garden Roadshow **16.00** Dream Ticket **16.30** Food and Drink **17.00** Antiques Roadshow **18.00** Back to the Wild **18.30** Alien Empire **19.00** Power and the Glory **19.30** Disaster **20.00** Pigeon Pie **20.30** Plastic Fantastic **21.00** Auschwitz, the Blueprints of Genocide. Investigating the engineers and architects of the gas chambers **22.00** Superstore **22.30** Dirty Work **22.45** The Frame **23.00** Later on... **00.00** Closedown

5
FilmNet Transponder 63 10.920GHz

06.00 News 3880393 **07.00** Wideworld 3074954 **07.30** Milkshake! 3929428 **07.35** Wimzie's House 7879799 **08.00** Havakazoo 1457190 **08.30** Wishbone 1456461 **09.00** Espresso 8790206 **10.00** Life at the Edge 3750003 **10.30** Sunset Beach 8165751 **11.10** Leeza 8750515 **12.00** News 1467577 **12.30** Family Affairs 4154935 **13.00** The Bold and the Beautiful 3073225 **13.30** Sons and Daughters 4153206 **14.00** Burke's Law 3751732 **15.00** 100 % Gold 1438225 **15.30** Film 8306003 **17.30** HouseBusters 2274428 **18.00** 100 Per Cent 2264041 **18.30** Family Affairs 2255393 **19.00** 5 News 1420206 **19.30** Life at the Edge 2251577 **20.00** Water Rats 1284848 **21.00** Film 41553515 **22.50** The Morwenna Banks Show 1010206 **23.20** Film 3646521 **00.05** Live and Dangerous 90276702 **01.20** Live and Dangerous 2676349 **03.00** Live and Dangerous 9894184 **04.40** Prisoner Cell Block H 1676184 **05.30** 100 % 8608271

P Premiering Film — L Last Play — WS Widescreen — DS Dolby Surround Sound — 888 Subtitled
PPV INFORMATION LINE: 0990 800 888 OR CHECK SKY TEXT 177

THURSDAY

SKY one — Astra V 11.318GHz

Text 126

07.00 **Tattooed Teenage Alien Fighters from Beverly Hills** 21393
07.30 **Meego** 40428
08.00 **Meego** 27916
08.30 **Games World** 1471374
08.45 **The Simpsons** (888) 930374
09.15 **The Simpsons** (888) 960515
09.45 **Games World** 9703393
10.00 **Another World** 39312
11.00 **Days of Our Lives** 26848
12.00 **Married...with Children** (888) 20003
12.30 **M*A*S*H** (888) 63206
13.00 **Geraldo** 51461
14.00 **Sally Jessy Raphael** 83645
15.00 **Jenny Jones** 87312
16.00 **The Oprah Winfrey Show** 73119
17.00 **Star Trek: The Next Generation** (888) See 23.00 for details 7886
18.00 **The Nanny** 9119
18.30 **Married...with Children** (888) 3799
19.00 **The Simpsons** (888) 8515
19.30 **Real TV** 2683
20.00 **America's Dumbest Criminals** 4935
20.30 **3rd Rock from the Sun** (888) 6770
21.00 **Friends** 62003
21.30 **Veronica's Closet** (888) 76770
22.00 **ER** (888) 63503
23.00 **Star Trek: The Next Generation** (888) Data turns traitor 30041
00.00 **Police Rescue** (888) 15691
01.00 **Long Play**

NATIONAL GEOGRAPHIC CHANNEL — Astra H 11.303GHz

19.00 **The Great Return** Animals facing extinction 6609577
19.30 **The Swallow** Three species of swallow in western Europe 9653585
20.00 **Tale of the Crayfish** The crayfish's voyage across the sea 8347751
21.00 **Mind the Waters** Wild dolphins in Mauritania 5544041
21.30 **Fire!** 1392190
22.00 **Above New Zealand** 8337374
23.00 **Ark of Africa** 8214139
00.00 **The Animals Nobody Loved** 3074523
01.00 **Closedown**

UK GOLD — Astra H 11.553GHz

07.00 **Never the Twain** 5581480
07.35 **Neighbours** 7191461
08.00 **Crossroads** 3322190
08.25 **EastEnders** 7164225
09.00 **The Bill** 7910157
09.30 **Howards' Way** 2839935
10.00 **Shelley** 4992596
10.30 **The Sullivans** 7909041
11.00 **Casualty** 9079225
12.00 **Crossroads** 27494041
12.25 **Neighbours** 27404428
12.55 **EastEnders** 8499044
13.30 **Some Mothers Do 'Ave 'Em** 7656138
14.05 **Open All Hours** 2141428
14.45 **Dangerfield** 8071374
15.45 **The Bill** 4719312
16.15 **Juliet Bravo** 43007770
17.20 **EastEnders** 3384954
17.55 **Big Break** 4553436
18.30 **The Bill** 7469022
19.00 **Last of the Summer Wine** 5224312
19.40 **Yes, Minister** 5857374
20.20 **Butterflies** Comedy with Wendy Craig 7364193
21.00 **Bugs** The team discover that their old adversary, master villain Jean Daniel, is back on the scene 42492770
22.05 **Minder** Terry helps out an old friend and is in danger of being run in by the law 42892515
23.10 **Live at Jongleurs** 7051003
23.40 **Not the Nine O'Clock News** 8367454
00.10 **Act of Will** 3853368
02.00 **The Equalizer** 6903455
02.50 **Shopping at Night**

SCIFI CHANNEL — Astra V 11.568GHz

20.00 **Quantum Leap** Sam beams into the body of a man in the midst of a macabre ritual 3880664
21.00 **PSI Factor: Chronicles of the Paranormal** A transplant recipient begins to see frightening visions 3800428
22.00 **Space** The nation's six new astronauts undergo rigorous training for their mission 7903393
00.00 **Sightings** Extraordinary real-life stories from the paranormal 1764455
01.00 **The Bionic Woman** 2039436
02.00 **Friday the 13th** 9883233
03.00 **Tales of the Unexpected** 7929165
03.30 **Dark Shadows** 7462981
04.00 **Closedown**

GRANADA PLUS — Astra H 11.244GHz

06.00 **The Box** 4937652
07.00 **E! Mysteries and Scandals** 2007157
07.30 **Classic Coronation Street** 2086664
08.00 **Dempsey & Makepeace** 5987428
09.00 **Hadleigh** 6410374
10.00 **The Saint** 2082848
11.00 **Hawaii Five-0** 2095312
12.00 **Classic Coronation Street** 7492683
12.30 **Families** 5158206
13.00 **Second Thoughts** 2006428
13.30 **On the Buses** 5157577
14.00 **Hadleigh** 7062138
15.00 **Dempsey & Makepeace** 6772751
16.00 **Hawaii Five-0** 6791886
17.00 **The Saint** 4740954
18.00 **Families** 1939886
18.30 **Classic Coronation Street** 1920138
19.00 **Doctor in Charge** When Duncan plays the Good Samaritan, little does he suspect a dark secret 4741683
19.30 **Singles** Clive is thrilled when Dennis fills his autograph book with famous names 1919022
20.00 **Dempsey & Makepeace** A collection of priceless antique jade is stolen in the dead of night from Harriet's father 7172138
21.00 **Classic Coronation Street** 6780770
21.30 **The New Comedians** With Gary Marshall and Don Reid 5161770
22.00 **The Saint** Icy immortality faces The Saint when he is chosen for the subject of an experiment 7155461
23.00 **Closedown**

MEN & MOTORS — Astra H 11.244GHz

23.00 Motor Week. Test-driving the Isuzu Trooper 6792515 **23.30** 4 Wheels Good 7050393 **00.00** Rally World 6327610 **00.30** Through the Gears 7886928 **01.00** The E! True Hollywood Story 5788165 **02.00** Closedown

The Racing Channel — Astra V 10.877GHz

11.00 Racing Review 9629041
12.00 Live at lunchtime 1809119
13.00 Live racing from Ayr, Brighton and Uttoxeter 2567312
18.00 Closedown

EUROSPORT — Astra V 11.259GHz

Text 127

07.30 **Athletics: Outdoor Invitational Meeting** 97954
08.30 **Motorsports** 64916
09.30 **Motocross** 125cc and 250cc Grand Prix 12683
10.00 **Live Tennis: French Open in Paris** Fourth day 1464041
14.30 **Live Cycling: Tour of Italy** 12th stage - San Marino to Carpi 79670
16.00 **Live Tennis: French Open in Paris** 409312
19.00 **Aerobics: 1998 Fisaf European Championship in Kiev, Ukraine** Womens & Mens Individuals, Teams and Mixed Pairs 34732
20.00 **Boxing** 43480
21.00 **Football: Road to the World Cup** Argentina, Japan, Jamaica and Argentina 30916
22.00 **Tennis: French Open Rendez-vous** Highlights 33003
23.00 **Olympic Games** 16848
23.30 **Motorsports** Spider Trophy in Monaco, Ferrari Challenge Ouest in Jarama, British Superbike in Snetterton, and European Road-Racing Open in Salzburg 45206
00.30 **Closedown**

SKY SPORTS 1 — Astra V 11.509GHz

Text 127

07.00 **Sports Centre** 78225
07.30 **WWF: Shotgun Challenge** 84026
08.30 **Sports Centre** 68374
09.00 **Racing News** 82954
09.30 **Aerobics Oz Style** 27515
10.00 **Watersports World** 53916
11.00 **Trans World Sport** 66480
12.00 **Aerobics Oz Style** 62190
12.30 **Dr Martens Premier League Snooker: Williams v Davis** 44374
14.30 **World of Super League with Eddie & Stevo** 17645
16.30 **Fastrax** 3916
17.00 **WWF: Superstars** 7428
18.00 **Sports Centre** 4409
18.30 **Futbol Mundial** 8461
19.00 **Cycling** 8157
19.30 **Ringside** Punch-by-punch coverage from Britain's top boxers 65867
20.30 **Trans World Sport** The latest sporting action from across the globe 45664
21.30 **Formula Three** 18867
22.00 **Sports Centre** 70119
22.30 **Cycling** 89867
23.00 **Ringside** 54645
00.00 **Sports Centre** 99504
00.30 **Formula Three** 77894
01.00 **World Wide Rugby** 6853558
04.00 **Sports Centre** 90542
04.30 **Closedown**

SKY SPORTS 2 — Astra H 11.170GHz

UPDATE 0336 413 416

07.00 Aerobics Oz Style 9622190 **07.30** Sports Centre 9641225 **08.00** Racing News 2911393 **08.30** Cycling: Prutour 2910664 **09.00** Fish TV 2901916 **09.30** Golf Extra 2322041 12.30 Ford International Football 5636022
14.00 **Futbol Mundial** 9561732
14.30 **Watersports World** 9818732
15.30 **Full Throttle** 9257747
16.00 **Ford International Football** 4548664
17.30 **Wild Spirits** 5577248
18.00 **Irish Showjumping** 7352111
18.30 **Inside the PGA Tour** 3657503
19.00 **World Wide Rugby** 9602409
22.00 **Ford Golf USA** 8978954
00.00 **Irish Showjumping** 7726455
00.30 **Trans World Sport** 6170726
01.30 **Sports Centre** 3512417
02.00 **Closedown**

SKY SPORTS 3 — Astra H 11.671GHz

12.00 **WWF: Superstars** 58137428
13.00 **Cycling: Prutour** 36037428
13.30 **Fish TV** 58117664
14.00 **Motor Racing** 67916596
15.00 **Golf Extra** 67860206
18.00 **Full Throttle** 57437770
18.30 **Formula Three** Coverage of a Formula Three race that may well feature a future world champion 57428022
19.00 **Fish TV** Reel in the information provided by fishing experts 35671596
20.00 **Motor Racing: Czech Republic** Catch up with the very latest race action from the GTR International series 35657916
21.00 **Full Throttle** 26169645
21.30 **Irish Showjumping** Another chance to see some of showjumping's most talented riders 58138157
22.00 **Bobby Charlton's Football Scrapbook** 79808206
23.30 **Closedown**

	6pm	7pm	8pm	9pm	10pm	11pm
SKY MOVIES SCREEN 1	Cont Ghostbusters	Last of the Dogmen		Blue Rodeo	Waiting to Exhale	
SKY MOVIES SCREEN 2	Horses and Champions		Escape from L.A.		Johnny Mnemonic	
SKY MOVIES GOLD	The Borrowers		Short Circuit II		Grease	
SKY ONE	The Nanny	Married with Children / The Simpsons / Real TV	America's Dumbest Criminals / 3rd Rock from the Sun	Friends / Veronica's Closet	ER	Star Trek: The Next Generation
UK GOLD	Cont Big Break / The Bill	Last of the Summer Wine / Yes, Minister	Butterflies	Bugs	Minder	Live at Jongleurs
EUROSPORT	Cont Live Tennis	Aerobics	Boxing	Football	Tennis	Olympic Games
SKY SPORTS 1	News / Football	Cycling / Ringside	Trans World Sport	Formula 3	News / Cycling	Ringside

Double-check today's listings on the teletext page shown below each channel logo or use the Update telephone lines

PARAMOUNT COMEDY
Astra V 11.156GHz

19.00 Cosby 6799 **19.30** Roseanne: All About Rosey 5515 **20.00** Grace Under Fire 2119 **20.30** Caroline in the City 4954 **21.00** Cybill 17577 **21.30** Ellen 16409 **22.00** Frasier 61461 **22.30** Cheers: Norm and Cliff's Excellent Adventure. Cliff and Norm have gone too far when a practical joke played on Sam and Frasier leads to real trouble between the two friends 87409 **23.00** Monty Python's Flying Circus 12022 **23.30** Mad For It 26374 **00.00** Nurses 97146 **00.30** It's Garry Shandling's Show 75436 **01.00** Frasier 99252 **01.30** Cheers 37900 **02.00** Caroline in the City 74504 **02.30** Mad For It 93639 **03.00** Roseanne 86788 **03.30** Cybill 77691 **04.00** Closedown

CHALLENGE TV
Astra H 10.993GHz

17.00 Cross Wits 6577 **17.30** Family Days Out 216683 **17.35** Prize Time 434751 **17.45** Family Fortunes 309515 **18.15** Prize Time 742683 **18.30** Catchphrase 4225 **19.00** Prize Time 770751 **19.15** Fifteen to One 380480 **19.45** Family Days Out 355751 **19.50** Prize Time 343916 **20.00** The Crystal Maze 96596 **21.00** Prize Time 531770 **21.15** Strike It Lucky 642732 **21.45** Prize Time 232157 **22.00** 3-2-1 **23.00** Prize Time 86119 **23.15** Sticky Moments 123848 **00.00** Sale of the Century 37788 **00.30** Moonlighting 88287 **01.30** Sweet Justice 89184 **02.30** Big Brother Jake 26981 **03.00** Snowy River - The McGregor Saga 79707 **04.00** The Big Valley 12900 **05.00** Screenshop 14542 **06.00** Closedown

Text 120

LIVING
Astra V 10.979GHz

06.00 Tiny Living 1012799 **09.00** Rolonda 4023799 **09.50** Ready, Steady, Cook 8963461 **10.30** The Young and the Restless 2324525 **11.20** Brookside 55647041 **11.50** Jimmy's 89922596 **12.20** Animal Rescue 78257026 **12.50** Rescue 911 3930190 **13.25** Hart to Hart 1266003 **14.20** Living It Up! 1875916 **15.20** Rolonda 8037799 **16.10** Tempestt 9832138 **17.00** The Heat Is On 6302751 **17.30** Ready, Steady, Cook 3315374 **18.10** Jerry Springer Uncut 1555848 **19.00** Rescue 911 6322515 **19.30** Mysteries, Magic and Miracles 3135732 **20.00** Adrenalin Junkies 5042374 **21.00** Film: Search for Sarah (1995) When a youngster fails to return home one evening, her parents start fearing the worst. They start a tireless search which soon becomes a nightmare 5045461 **23.00** The Jerry Springer Show 9600916 **00.00** Closedown

Text 204

CHRISTIAN CHANNEL
Astra H 11.170GHz

04.00 Thought **04.05** Voice **04.30** Good Morning **04.45** Avanzini **05.00** Osgood **05.30** Webb **06.00** Hallam **06.30** Changing Your World **07.00** Voice **07.30** Kidz **07.45** Hinn **08.15** Good Morning **08.30** Potters House **09.00** Day of Victory **09.30** Meyer **10.00** Joyner **10.30** Avanzini **10.40** Good Morning **10.45** CMTV **11.00** Closedown

SKY SOAP
Astra V 11.568GHz

11.00 Take the High Road **11.30** Emmerdale **12.00** Emmerdale **12.30** As the World Turns **13.15** Families **13.45** Guiding Light **14.30** Take the High Road **15.00** Emmerdale **15.30** Emmerdale **16.00** Closedown

THE HISTORY CHANNEL
Astra V 11.568GHz

16.00 Air Power: Great WW2 Airwars - Fight for the Sky **17.00** Weapons at War: Combat Medicine **18.00** Ancient Mysteries: Witches **19.00** Biography...Reel Men: Clint Eastwood **20.00** Closedown

SKY TRAVEL
Astra V 11.126GHz

11.00 Round Trip **11.30** Globetrotter **12.00** American Adventurer **12.30** Getaway **13.00** Dales Diaries **13.30** California Gold **14.00** American Vacation **15.00** Globetrotter: New York, Asia, Alaska **15.30** Great Chefs of Europe **16.00** Closedown

TV TRAVEL SHOP
Astra H 10.993GHz

12.00-17.00 Home Travel Shopping Service

QVC
Astra V 11.038GHz

Text 205

24 Hour Shopping Service

Sell-a-Vision
Astra H 11.273GHz

05.00-12.00 Sell-a-Vision

Discovery Home & Leisure
Astra H 11.082GHz

ALSO ON CABLE

09.00 **Simply Painting** 7918799
09.30 **The Garden Show** 2837577
10.00 **Garden Calendar** 4990138
10.30 **New Yankee Workshop** 7907683
11.00 **Rex Hunt's Fishing World** 8871732
11.30 **Hometime** 8872461
12.00 **The Close Guide** 7998935
12.30 **This Old House with Steve & Norm** 2831393
13.00 **Cookabout** 9071683
13.30 **Furniture on the Mend** 2830664
14.00 **Hammer It Home** 6302683
14.30 **Period Rooms** 7475683
15.00 **The Diceman** 6381190
15.30 **Home Again with Bob Vila** 7487428
16.00 **Closedown**

DISCOVERY CHANNEL
Astra H 11.082GHz

16.00 **Rex Hunt's Fishing World** 7466935
16.30 **Bush Tucker Man: Wet Season** 7462119
17.00 **First Flights: Attack Aircraft** 6393935
17.30 **Time Travellers: Mummies of Ancient Chile** 7486799
18.00 **Animal Doctor** 7476312
18.30 **Bugs and Beasties: Wild Discovery** 9190157
19.30 **Disaster: Melt Down** Three times the world has faced disastrous nuclear accidents. We look at how they happened 7463848
20.00 **Science Frontiers: Killer Quake** In 1994 Los Angeles suffered a devastating earthquake, which scientists discovered was caused by a blind thrust fault - the most difficult type to predict 9221374
21.00 **Flightline** 8891596
21.30 **Ultra Science: Spies R Us** 2851157
22.00 **Forensic Detectives: From the Ashes** 9244225
23.00 **The Professionals: Demolition Men** 9058732
00.00 **First Flights: Attack Aircraft** 9115707
00.30 **Disaster: Melt Down** 5144417
01.00 **Crocodile Hunter: Where Devils Run Wild** 7954417
02.00 **Closedown**

Text 200

.tv
Astra V 10.847GHz

18.00 Creative.TV - CRE@TE! **18.30** Game Over **18.45** Chips With Everything **19.00** Masterclass Pro. Ideal programme for the advanced computer user **19.30** Creative.TV **20.00** Closedown

SKY SCOTTISH
Astra H 10.862GHz

18.00 Kirsty **18.30** The Blind School **19.00** Touchdown Scotland. Action from the Claymore's game against the Frankfurt Galaxy plus highlights **19.30** T in the Park **19.55** Scotland Today **20.00** Closedown

breeze
Astra V 10.847GHz

06.00 **E! Uncut** 65903312
06.30 **E! Mysteries and Scandals** 28522288
07.00 **Cook's Garden** 73397409
07.30 **Rosemary Conley's Cookbook** 73376916
08.00 **The View** 13911645
09.00 **Sally Jessy Raphael** 65989732
10.00 **Thirtysomething** 73305428
11.00 **E! Uncut** 35891119
11.30 **E! Mysteries and Scandals** 35892848
12.00 **The View** 10937848
13.00 **Cook's Garden** 73389480
13.30 **Rosemary Conley's Cookbook** 10940312
14.00 **Thirtysomething: Undone** An old college flame of Michael's resurfaces and causes tensions in Hope and Michael's marriage 33477139
15.00 **Livetime** 35896664
16.00 **Sally Jessy Raphael: I'm Ready to Divorce My Twelve Year Old** Audience participation talk show from America 35815799
17.00 **Livetime** 47425596
18.00 **Closedown**

SKY NEWS
Astra V 11.377GHz

Sky News on the hour plus **06.00** Sunrise **10.30** ABC Nightline **11.30** World News **14.30** Parliament Live **15.30** Parliament Live **16.30** World News **17.00** Live at Five **19.30** Sportsline **20.30** Sky Business Report **21.30** Sky World News **22.00** Prime Time. A round-up of the national headlines presented by Laurie Mayer and Vivien Creegor **00.30** CBS Evening News **01.30** ABC World News Tonight **02.30** Sky Business Report **03.30** Global Village **04.30** CBS Evening News **05.30** ABC World News Tonight

Text 128

CNN INTERNATIONAL
Astra V 11.627GHz

News on the hour plus **05.00** This Morning **05.30** Insight **06.00** This Morning **06.30** Moneyline **07.00** This Morning **07.30** Sport **08.30** Showbiz **09.00** Larry King **10.30** Sport **11.30** American Edition **11.45** World Report **12.30** Science **13.15** Asian Edition **13.30** Business Asia **14.30** Newsroom **15.30** Sport **16.30** Travel **17.00** Larry King **18.45** American Edition **19.30** Business **20.30** Q&A **21.30** Insight **22.00** Business **22.30** Sport **23.00** World View **00.30** Moneyline **01.15** Asian Edition **01.30** Q&A **02.00** Larry King **03.30** Showbiz **04.15** American Edition **04.30** World Report

Text 200

CNBC
Astra V 10.729GHz

05.00 Europe Today **08.00** European Money Wheel. Analysis and commentary on the impact of the news on stocks, companies , bonds and currencies **13.00** CNBC's US Squawk Box **15.00** US Market Watch **17.00** US Power Lunch. Inside look at the day's most influential deals and dealmakers. Also focuses on entertainment, advertising and media **18.00** Europe Tonight **19.00** Future File **19.30** Street Signs. Following financial market activity during the last hour of trading on Wall Street **21.00** US Market Wrap **23.00** Future File. Daily close-up on the latest IT, new media, science and technological developments **23.30** Europe Tonight **00.00** Breakfast Briefing **01.00** CNBC Asian Squawk Box **02.00** Trading Day. Regional and global news **03.00** Trading Day **04.00** Trading Day

Bloomberg Television
Astra H 11.361GHz

24 hour business news with **06.00** Markets **06.19** Boarding **07.19** Clips **08.00** Trading **13.49** Clarke's Chronicle **16.00** Money Makers **16.57** Travel **17.15** Money **17.49** Clarke's Chronicle **19.45** Germany **20.19** Clips **20.49** Boarding **21.15** Money **22.57** Travel

CARTOON NETWORK
Astra H 11.023GHz

05.00 Omer and the Starchild **05.30** Ivanhoe **06.00** The Fruitties **06.30** Blinky Bill **07.00** Thomas the Tank Engine **07.15** The Magic Roundabout **07.30** The Real Story of... **08.00** Scooby Doo **09.00** Johnny Bravo **10.00** Beetlejuice **11.00** The Mask. Stanley finds himself transformed into the devishly funny human dynamo whenever he slips on the green mask **12.00** Taz-Mania. More mayhem with antipodean devil **13.00** Tom and Jerry Cat and mouse capers **14.00** The Jetsons. Meet George and the rest of the family in space **15.00** Road Runner **16.00** Dexter's Laboratory. More scientific experiments with the youngest genius in the world **17.00** Cow and Chicken **18.00** Sylvester and Tweety **19.00** The Flintstones. Fred and Barney get into more mischief, under the ever-watchful eyes of Wilma and Betty **20.00** The Bugs and Daffy Show. The buck-toothed rabbit outsmarts the duck with the lisp once again **21.00** Closedown

Text 102

NICKELODEON
Astra V 11.156GHz

All week from 25th May to 29th May, 07.00 - 19.00
For one week only. All day, every day - Find out who are the most popular cartoon characters with Nickelodeon's Watch Your Own Week. Will Tommy and the rest of the *Rugrats* out-toon Daggett and Norbert from the *Angry Beavers*? Are two better than one when it comes to girl power with *Sister, Sister* against *Moesha*? There's only one way to find out...tune into Watch Your Own Week and decide which are the best toons.

Text 110

FOX KIDS
Astra H 11.303GHz

May Half-Term Special Double Bills
06.00 Power Rangers Turbo **06.30** Power Rangers Turbo **07.00** Spiderman **07.30** Spiderman **08.00** Beetleborgs Metallix **08.30** Beetleborgs Metallix **09.00** The Incredible Hulk **09.30** The Incredible Hulk **10.00** Goosebumps **10.30** Goosebumps **11.00** Sam and Max **11.25** Sam and Max **12.00** The Tick **12.30** The Tick **13.00** Donkey Kong Country **13.30** Donkey Kong Country **14.00** Ace Ventura **14.30** Ace Ventura **15.00** Casper **15.30** Casper **16.00** Mortal Kombat **16.30** Mortal Kombat **17.00** Goosebumps **17.30** Goosebumps **18.00** Eerie, Indiana **18.30** Eerie, Indiana **19.00** Closedown

Trouble
Astra V 11.097GHz

07.00 Batman 9076138 **07.30** Earthworm Jim 9055645 **08.00** California Dreams 7982374 **08.30** Hang Time 7981645 **09.00** Ready or Not 7905225 **09.30** Heartbreak High 2736577 **10.30** Echo Point 7901409 **11.00** Batman 8808886 **11.30** Earthworm Jim 8809515 **12.00** Sweat 7985461 **12.30** Heartbreak High. A surprise visit from Con on the day of the first big exam distracts Katerina and causes pain for Charlie. Meanwhile Ronnie does her best to help Declan 8517916 **13.30** Echo Point 2827190 **14.00** Hollyoaks 6306409 **14.30** Blast 7479409 **15.00** Sweat 6385916 **15.30** California Dreams. The band is ready for the Battle of the Bands, but Jake hasn't awoken from his blind love to realise that Lorena cannot actually sing 7474954 **16.00** Ready or Not 7453461 **16.30** Saved by the Bell 7459645 **17.00** Hollyoaks 6380461 **17.30** USA High 7473225 **18.00** Hang Time 7470138 **18.30** Bangs 3004664 **18.45** On the Make 3027515 **19.00** Saved by the Bell. Two school teams play pranks in a homecoming game against the Valley 6300225 **19.30** USA High. Jackson is just about to tell Katherine that he loves her when she announces that she is leaving the American Academy to attend the prestigious Chicago School for the Blind 7450374 **20.00** Closedown

Check the telephone numbers above for

VH1 — Astra V 11.538GHz

Text 200

07.00 **Power Breakfast** 73379003
09.00 **Pop-Up Video** 40137683
09.30 **VH1 Upbeat** 34526886
12.00 **Ten of the Best: Bjorn Again** 10953886
13.00 **Mills 'n' Tunes** 10939206
14.00 **Jukebox** 47972549
15.00 **Toyah & Co** 30507374
17.00 **Five @ Five** 47439799
17.30 **Pop-Up Video** 17237428
18.00 **Hit for Six** 10942770
19.00 **Mills 'n' Tunes** 50118886
20.00 **VH1 Hits** Two hours of hit videos 50198022
22.00 **American Classic** John Fugelsang presents another batch of vintage Stateside music 35888645
00.00 **The Nightfly** 13810962
01.00 **Spice** 60228897
02.00 **VH1 Late Shift** 17581610

MTV — Astra H 11.421GHz

Text 102

06.00 **Kickstart** 296935
09.00 **MTV Mix** 934683
12.00 **Non Stop Hits** 84409
14.00 **So '90s** 65374
15.00 **Non Stop Hits** 74886
16.00 **Select MTV** Viewer choice video jukebox with Donna Air 7206
18.00 **Big Picture Special** 2003
18.30 **Daria** 6683
19.00 **European Top 20** What's hot on the continent 89206
20.00 **Hot** Presented by Sara Cox 98954
21.00 **Up for It** With Eddy Temple-Morris 78190
22.00 **Amour** The Erogenous Zone with Cat Deeley 88577
23.00 **The Lick R&B Chart** The latest UK R&B chart run-down hosted by Trevor Nelson 12770
00.00 **Beavis and Butt-Head** The future leaders of the world's last super-power continue to vegetate in front of the television 39146
00.30 **Night Videos** 4623829

THE BOX — Astra H 11.244GHz

ALSO ON CABLE

From 02.00-07.00 music channel featuring viewers' requests, videos, interviews and competitions

FOREIGN CHANNELS

CANAL+ — Thor1 H 12.015 GHz

0336 413 421

06.00 Morning programmes **11.30** Den lekfulla Gibbonapan **12.30** Film: The Stupids (1996) **14.00** Film: Generation X (1996) **15.35** Film: The Craft (1996) **17.15** Film: Virtuosity (1995) **19.00** Film: Mendel (1996) **20.35** Film: Vol-au-vent (1996) **22.00** Film: Head of the Family - Full Moon (1996) **23.20** Film: Studfinders (1996 - erotic) **00.35** NHL: Conference Final **03.30** Film: Carriers (1997)**05.00** George och Leo **05.30** NHL Resumé

TV 1000 — Intelsat 707 1°W V 11.054GHz

0336 413 428

05.00 Morning programmes **13.00** Bakom kulisserna **13.30** Film: Bottle Rocket (1996) **15.00** Närbild: Morgan Freeman **15.30** Film: In Cold Blood (1996) **17.00** Film: Mighty Morphin Power Rangers - The Movie (1995) **18.45** Film Magazine **19.00** Film: Mrs Munck (1995) **20.45** Film: Bad Boys (1995) **23.00** Film: The Shocking Truth 2 (erotic) **01.30** Film: Tashunga (1996) **03.00** Film: La Machine (1994) **04.45** Bakom kulisserna

Astra V 10.788GHz

04.00 Morning programmes **09.00** Jeevan Jyoti **09.30** Massaya di Raat **10.00** Karb **11.00** Pot Luck **11.30** Kurukshetra **12.00** Hindi Film: Paraya Dhan **15.00** Chashme Badoor **15.30** Dastaan **16.00** Campus **16.30** Vikram Aur Betaal **17.00** Aur Ek Minute **17.30** Antakshari **18.00** Banegi Apni Baat **18.30** Lollywood **19.00** Dam Dama Dam **19.30** Cinemagic **20.00** News **20.30** Andaz **21.00** Hasratein **22.00** The Shotgun Show **22.30** Thursday Suspense **23.30** Zee Horror Show **00.00** Closedown

ZDF — Astra H 10.964GHz

Text 300

04.30 Morning programmes **13.00** Gesundheit! **13.15** ZDF Expedition **14.00** heute **14.03** Mensch Ohrner! **15.00** heute **15.10** Risiko **16.00** heute **16.15** hallo Deutschland **16.40** heute **16.50** Ein Fall **18.00** heute **18.20** Wetter **18.25** Girl Friends **19.15** große Los **20.15** auslandjournal **20.45** heute **21.13** Wetter **21.15** Johannes B Kerner-Show **22.00** Dokumentation **22.30** heute **22.45** Film: Cattiva (1990) **00.20** Night programmes

3sat — Astra V 11.347GHz

Text 300

05.50 Morning programmes **12.00** ServiceZeit Reisen **12.30** Aufgegabelt in Österreich **13.00** Freut euch des Nordens **13.45** Erinnern Sie sich **15.30** Die Warheit ist **16.15** Terranet c@fé **16.45** Geldbörse **17.15** Ländermagazin **18.00** heute **18.20** Kulturzeit **19.00** Tagesschau **19.15** Film: Schwellenjahre (1988) **20.55** Aktueller Kinotip **21.00** Zeit im Bild 2 **21.25** Lebenskünstler **22.25** Einsamkeit **22.55** Seitenblicke **23.00** 10 vor 10 **23.25** Kulturzeit **00.05** Lebenskünstler **01.05** Ländermagazin **01.50** Orientierung **02.20** Geldbörse **02.50** 7 Tage anders fernsehen

RTL TELEVISION — Astra V 11.229GHz

Text 300

05.00 Morning programmes **12.00** Stadtklinik **13.00** Bärbel Schäfer **14.00** Ilona Christen **15.00** Hans Meiser **16.00** Teen Jeopardy! **16.30** Unter uns **17.00** Guten Abend RTL **17.30** Exclusiv: Das Star-Magazin **17.45** RTL aktuell **18.10** Explosiv: Das Magazin **18.40** Gute Zeiten, schlechte Zeiten **19.15** Alarm für Cobra 11 **20.15** Balko **21.15** Die Wache **22.15** Burkes Gesetz **23.00** RTL-Nachtjournal **23.30** Verrückt nach Dir **00.00** Love & War **00.30** Der Hogan Clan **01.00** Bärbel Schäfer **01.50** RTL-Nachtjournal **02.20** Hans Meiser **03.10** Night programmes

SAT.1 — Astra V 11.288GHz

0336 413 426

TV TEXT 300

04.30 Morning programmes **12.00** Sonja **13.00** MacGyver **14.00** Star Trek: Raumschiff Voyager **15.00** Baywatch Nights **16.00** Jeder gegen Jeden **16.30** 17:30 **17.00** blitz **17.30** 18:30 **17.47** SAT.1 Wetter **17.50** ran: SAT.1-Sport **18.00** Geliebte Schwestern **18.30** Glücksrad **19.15** Zugriff **20.15** Für alle Fälle Stefanie **21.15** alphateam: Die Lebensretter im OP **22.15** Die Harald Schmidt Show **23.15** Monty Python's Flying Circus **23.55** Ein Witzbold namens Carey **00.25** The Making of... **00.55** Star Trek: Raumschiff Voyager **01.45** Baywatch Nights **02.40** Jörg Pilawa **03.30** Geliebte Schwestern **04.00** blitz

ADULT ADULT ADULT ADULT ADULT

PLAYBOY TV — Astra H 11.671GHz

23.30 Free Teaser 24942732 **23.35** Peep Show 92645848 **23.45** Playboy's Most Wanted 43059683 **00.45** Film: Shadows of Lust. A salesman falls for a beautiful client and breaks all the rules 78154542 **02.05** Essentially Juli: Fantasy 86667165 **03.05** UK Celebrity Centrefold: Emma Harrison. Special show featuring the ex-*Neighbours* star 20913691 **04.00** Closedown

The Adult Channel — Astra V 10.788GHz

0336 413 400

00.00 Dish of the Day 26577393 **00.10** Girls Who Like Girls: Part 4 93297913 **00.25** Strap on Sally: Series - Part 4 11127799 **00.55** Film: Girls' Affair 7 79694770 **02.10** Girls About Town: Part 7 76477138 **02.30** Lesbian Kama Sutra 14238022 **03.10** Hollywood Models Part 2 57238770 **03.40** Teri Diver's Bedtime Tale 5 43010867 **04.00** Closedown

Fantasy Channel Astra V 10.979GHz from 00.00-04.00

0336 413 400

00.00 Free View 3195848 **00.10** New Series 3184732 **00.20** Sorority Sex Kittens 3961428 **00.45** Film Premiere 7542867 **01.00** Free View 6893461 **01.05** Film cont. 9578577 **02.00** Exposer 72130480 **02.20** Film: Helen & Louise 2 2995799 **03.55** On Tomorrow 35821480 **04.00** Closedown

GAY TV — Astra V 10.979GHz from 04.00-05.30

All programmes are subject to change

Gay TV is Britain's first adult gay television station and it features a mix of erotic series, special programmes and gay films from both Europe and America - full programme details for May were unavailable at the time of going to press

CABLE & MULTI SATELLITE CHANNELS

TARA — Cable

12.00 The Room Outside **12.30** The Pulse **13.00** Dodge the Question **13.30** Star Treks **14.00** Forum 2000 **14.30** PM Live **16.30** Vintage Glenroe. Old soap **17.00** Here to Stay **17.30** Job Talk **18.00** Six-One **19.00** Gourmet Ireland **19.30** Undercover. Literary magazine show **20.00** Know Your Sport. Presented by George Hamilton **20.30** Glenroe **21.00** Classic Irish Soccer **23.00** News **23.20** Planet Rock Profiles **23.50** Chart Highlights **00.00** Closedown

LIVE TV — Cable

06.00 Morning programmes **12.00** The Why Files **12.30** Serial Killers **13.00** Lie Detector **13.30** Judge Judy **14.00** Fashion Show **14.30** Revelations **15.00** Fate and Fortune **15.30** Lie Detector **16.00** Living Room Legends **16.30** Judge Judy **17.00** Agony **17.30** Odds on Sport **18.00** Fashion Show **18.30** Dial a Doc **18.45** What's in the Box **19.00** Living Room Legends **19.30** Agony **19.59** City Tips **20.00** Lie Detector **20.30** Judge Judy **20.59** City Tips **21.00** Dog Night Live **22.00** Darts **22.02** Odds on Sport **22.30** Sex Show **23.00** City Tips **23.01** Darts **23.02** Exotica **00.00** Night programmes

KNOWLEDGE — Cable

11.00 Open University **11.30** Open University **12.00** Open University **12.30** Open University **13.00** World Business Review **13.30** New Media News **14.00** JEC Virtual Trade Show **15.00** World Geography & History **15.30** Azimuths **16.00** Performing Arts Theatre **17.00** Open University **17.30** Open University **18.00** Open University **18.30** New Media News **19.00** JEC Virtual Trade Show **19.30** Open University **20.30** World Business Review **21.00** World Geography & History. Educational programme **21.30** Azimuths **22.00** Performing Arts Theatre **23.00** Closedown

CABLE & MULTI SATELLITE CHANNELS

travel — TRAVEL Cable

Text 200

12.00 Great Escape **12.30** The Wonderful World of Tom **13.00** Sports Safaris **13.30** The Food Lover's Guide **14.00** On Tour **14.30** On the Horizon **15.00** The People and Places of Africa **15.30** Whicker's World **16.00** On Top of the World **17.00** Sports Safaris **17.30** Aspects of Life **18.00** The Food Lover's Guide **18.30** On Tour **19.00** Great Escape **19.30** The Wonderful World of Tom **20.00** Go Portugal **20.30** Flavours of France **21.00** Mekong **22.00** On the Horizon **22.30** Far Flung Floyd **23.00** Aspects of Life **23.30** Whicker's World **00.00** Closedown

SCIFI — Cable

ALSO ON ASTRA H 11.170GHz

07.30 Bloomberg Television **08.00** G-Force **08.30** Bionic Six **09.00** Battlestar Galactica **10.00** The Tomorrow People: One Law **10.30** Jupiter Moon **11.00** Dark Shadows **11.30** New Alfred Hitchcock **12.00** The Twilight Zone **12.30** The Twilight Zone **13.00** Tales of the Unexpected **13.30** Ray Bradbury Theatre **14.00** Voyagers **15.00** The Six Million Dollar Man **16.00** Swamp Thing **16.30** My Secret Identity **17.00** Amazing Stories **17.30** Inside Space **18.00** C/Net Central **18.30** The New Edge **19.00** Battlestar Galactica **20.00** Quantum Leap **21.00** PSI Factor: Chronicles of the Paranormal. Spooky stories of a transplant recipient who sees frightening visions and a security guard with psychokinetic abilities **22.00** Space. Six new astronauts face a rigorous training programme in preparation for their mission **00.00** Sightings. Presented by Tim White **01.00** The Bionic Woman **02.00** Friday the 13th **03.00** Tales of the Unexpected **03.30** Dark Shadows **04.00** Closedown

Performance — PERFORMANCE Cable

19.00 Vienna Philharmonic **19.30** Great Arias **20.00** Murray Perahia **21.15** Classic Century **21.30** Dance **23.00** Soul Extra **00.00** Midnight Jazz **01.00** Closedown

Animal Planet — ANIMAL PLANET Eutel 13°E H 11.052GHz

09.00 Nature Watch **09.30** Kratt's Creatures **10.00** Animal Planet Classics **11.00** Monkeys to Apes **11.30** The Blue Wilderness **12.00** Dogs **12.30** Vet School **13.00** Zoo Life **13.30** Animal Doctor **14.00** Nature Watch **14.30** Kratt's Creatures **15.00** Human/Nature **16.00** Hunters **17.00** Animal Planet Classics **18.00** Nature Watch **18.30** Kratt's Creatures **19.00** Zoo Life **19.30** Animal Doctor **20.00** It's a Vet's Life **20.30** Wildlife SOS **21.00** Wild at Heart **21.30** Animal Adventures **22.00** Human/Nature **23.00** Rediscovery **00.00** Closedown

CHANNEL ONE — Cable

Local news on the hour plus: **10.30** Album Show **11.30** The Catwalk Show **12.30** Cybernet **13.30** Inside Hollywood **14.30** Album Show **15.30** PDQ **16.30** Cinema **17.30** PDQ **18.30** Album Show **19.30** PDQ **20.30** The A-Z of Food **21.30** Cinema **22.30** PDQ **23.30** Album Show **00.00** News & music all night

BBC WORLD — Eutel II F1 13°E V 11.620GHz

News on the hour plus: **05.30** The Money Programme **06.30** Future Fantastic **07.30** Hard Talk **08.30** Film '98 **09.30** The Money Programme **10.30** Hard Talk **11.30** Holiday **12.00** Today **13.30** Money Programme **14.15** Business **14.30** Today **15.30** Top Gear **16.30** Hard Talk **17.30** Future Fantastic **18.00** Today **19.30** Hard Talk **20.30** Panorama **21.10** Business **21.30** Earth Report **22.10** Europe **23.15** Business **23.30** Hard Talk **00.00** Night programmes

BETI — Cable

06.00 Video Soul **08.00** Jazz Moods **09.00** Un Real **11.00** Jazz Central. Jazz concert series **12.00** Schedule repeats 06.00-11.00

NBC — NBC Europe Cable/ Eutel 13°E V 10.987GHz

CNBC: EUROPEAN BUSINESS SERVICE ON ASTRA V 10.729GHz

Text 300

0336 413 429

05.00 Europe Today **08.00** European Money Wheel CNBC Europe **11.00** Internight **12.00** Time and Again **13.00** European Living: Travel Xpress **13.30** VIP **14.00** The Today Show **15.00** Home and Garden Television: Company of Animals **15.30** Dream Builders **16.00** Time and Again **17.00** European Living: Wines of Italy **17.30** VIP **18.00** Europe Tonight Live **18.30** The Ticket NBC **19.00** Dateline NBC **20.00** NBC Super Sports: NHL Power Week. Ice hockey news and action **21.00** The Tonight Show with Jay Leno. American chat show **22.00** Late Night with Conan O'Brien **23.00** The Ticket NBC **23.30** NBC Nightly News with Tom Brokaw **00.00** The Tonight Show with Jay Leno **01.00** MSNBC Internight **02.00** VIP **02.30** Executive Lifestyles **03.00** The Ticket NBC **03.30** Hello Austria, Hello Vienna **04.00** MSNBC's The News with Brian Williams

CARBON SELECT — Cable

17.00 Blockbusters **17.30** Gridlock **18.00** Byker Grove **18.30** A Country Practice **19.00** London Bridge **19.30** Desmond's **20.00** The Bounder **20.30** That's Love **21.00** Rose Against the Odds **22.00** Auf Wiedersehen, Pet **23.00** St Elsewhere **00.00** Doctor Down Under **00.30** Relative Strangers **01.00** Closedown

CARLTON FOOD AND COOKERY — Cable

09.00 FND **09.30** Food for Thought **10.00** Who's Cooking? **10.30** What's Cooking? **11.00** Thompson **11.30** Kerr's Kitchen **12.00** FND **12.30** Caribbean **13.00** Food for Thought **13.30** Ideal **14.00** Perfect Pasta **14.30** FND **15.00** Ballymaloe **15.30** Thompson **16.00** From the Ground Up **16.30** Travels à la Carte **17.00** Closedown

HVC — Cable

20.00 Danger Games **21.25** I'll Take Manhattan **22.00** Lounge People **23.30** Bikini Seasons 2 **00.00** Closedown

UK ARENA — UK ARENA cable

18.00 The Barchester Chronicles **19.00** Beethoven Symphonies **19.45** Sister Wendy's Odyssey **20.00** The Frame **20.30** Sounds of the Seventies **21.00** Not Only... but Also... **21.30** Darker than Blue: Curtis Mayfield **22.30** The Frame **23.00** Later on... **00.00** Closedown

UK HORIZONS — cable

07.00 Nomads of the Wind **08.00** Dog Trouble **09.00** The Ascent of Man **10.30** Vets in Practice **11.00** The Human Animal **12.00** CIA **13.00** The Living Isles **13.30** Making Babies **14.30** Pioneers **15.00** Sylvania Waters **15.30** Crime Limited **16.00** The Skipper **16.30** Grand Canyon: From Dinosaurs to Dams **17.30** Great Mysteries and Myths **18.00** Back to the Wild **18.30** Alien Empire **19.00** Power and the Glory **19.30** Disaster **20.00** Pigeon Pie **20.30** Plastic Fantastic **21.00** Auschwitz, the Blueprints of Genocide. Investigating the engineers and architects of the gas chambers **22.00** Superstore **22.30** Dirty Work **23.30** Savagery and the American Indian **00.30** Great Mysteries and Myths **01.00** Closedown

UK STYLE — UK STYLE cable

14.00 Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Going for a Song **15.30** Stefan's Garden Roadshow **16.00** Dream Ticket **16.30** Food and Drink **17.00** Antiques Roadshow **18.00** Call My Bluff **18.30** Real Rooms **19.00** Clive James: Postcard From Miami **20.00** Dream Ticket **20.30** Going for a Song. Antiques panel game hosted by Michael Parkinson **21.00** Can't Cook, Won't Cook **21.30** Style Challenge **22.00** Call My Bluff **22.30** Des Res. With Ulrika Jonsson **23.00** Holiday in Style **00.00** Closedown