MONDAY

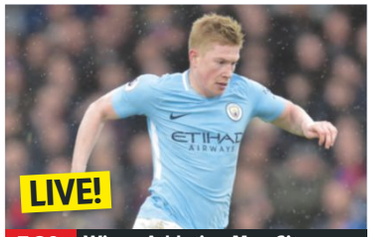
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TV&Satellite Week

Monday

BBC1

SKY 101 HD 115/141 | VIR 101 HD 108 | F'VIEW 1 HD 101 | F'SAT 101 HD 106/108

6.00am Breakfast (S)(HD)
9.15 LIVE Winter Olympics 2018 Clare Balding presents coverage of the latest events on day 10 of the 23rd staging of the Games, which includes bobsleigh, speed skating and curling. (S)(HD)
1.00pm BBC News (S)(HD) **1.30 Local News** (S) **1.45 Doctors** Daniel is caught in the middle of a troubled married couple. (S)(HD)(AD) **2.15 The Coroner** *Capsized:* 6/10. A man is found dead in a container on the beach. (S)(R)(HD)(AD) **3.00 Escape to the Country** From Northern Ireland. (S)(HD)(AD)
3.45 Get Away for Winter A Liverpool couple who want to rent a property in southern Spain. (S)(HD)(AD)
4.30 Antiques Road Trip (S)(R)(HD)
5.15 Pointless Quiz show. (S)(R)(HD)
6.00 BBC News (S)(HD)
6.30 Local News (S)



7.30 Wigan Athletic v Man City

7 PM

7.00 The One Show Matt Baker and Alex Jones present the topical show. (S)(HD)

7.30 LIVE MOTD Wigan Athletic v Manchester City: The FA Cup fifth-round clash at the DW Stadium, where the League One side host the Premier League club. Kick-off is at 7.55. (S)(HD)

8 PM

9 PM

10 PM

10.00 BBC News (S)(HD)

10.30 Local News (S)

10.45 Have I Got Old News for You Victoria Coren Mitchell hosts, with guests Adam Boulton and Richard Coles. (S)(R)(HD)

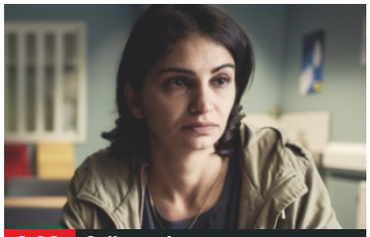
11.15 The Graham Norton Show 18/19. Graham is joined by Margot Robbie and Allison Janney, both stars of fact-based drama *I, Tonya*, as well as Alicia Vikander, who plays Lara Croft in the new *Tomb Raider* movie. Plus, singer-songwriter Camila Cabello performs. (S)(R)(HD)
12.05-6.00am LIVE Winter Olympics 2018 Radzi Chinyanganya presents coverage of the opening events on day 11 in Pyeongchang, including figure skating, curling and ice hockey. (S)(HD)

BBC2

SKY 141 HD 102/115 | VIR 102 HD 162 | F'VIEW 2 HD 102 | F'SAT 102 HD 108/106

● Today's red button sport coverage is listed in *Sport on Other Channels*, page 62

6.00am LIVE Winter Olympics 2018 Eilidh Barbour presents coverage of the latest events on day 10, which include curling and ice hockey. (S)(HD)
9.15 Animal Park Summer Special From Longleat Safari Park. (S)(R)(HD)(AD)
10.00 Homes Under the Hammer Properties in South Wales, Stoke and South London. (S)(R)(HD)
11.00 Bargain Hunt (S)(R)(HD)
12.00noon Daily Politics (S)(HD)
1.00pm LIVE Winter Olympics 2018 Coverage of the latest events, including bobsleigh and curling. (S)(HD)
6.00 Eggheads Quiz show. (S)(R)(HD)
6.30 Great British Railway Journeys The first leg of a trip from London to Edinburgh. (S)(R)(HD)(AD)


9.00 Collateral

7 PM

7.00 Winter Olympics – Today at the Games Clare Balding presents highlights of the 10th day's action, including the men's team ski jumping event, the men's two-man bobsleigh and THE men's 500m speed skating. (S)(HD)

8 PM

8.00 Only Connect Victoria Coren Mitchell hosts as the Detectives take on the Escapologists in the third round. (S)(HD)
8.30 University Challenge Jeremy Paxman presents the fourth of the quarter-final matches. (S)(HD)

9 PM

9.00 Collateral 2/4. Nathan learns Mikey is using Regal Pizza as a front to deliver drugs, while Fatima claims her brother Abdullah was killed because he had an explosive piece of information. (S)(HD)(AD)

10 PM

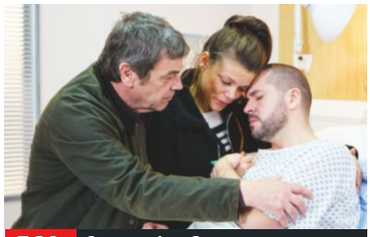
10.00 Two Doors Down 4/6. Beth's birthday lunch at the pub is disrupted by the arrival of a very drunk Colin. (Series 3) (S)(HD)(AD)
10.30 Newsnight (S)(HD)

11.10 Weather (S)(HD)
11.15 Horizon – My Amazing Brain: Richard's War Documentary. (S)(R)(HD)
12.15am Odyssey (S)(R)(HD)(AD)
12.55 Odyssey (S)(R)(HD)(AD)
1.40-5.20 Sign Zone: Countryfile (S)(R)(HD) **2.35 Shane: For the Love of the Game** (S)(R)(AD) **3.35 Hugh's Wild West** (S)(R)(HD)(AD) **4.35 Royal Recipes** An exotic dessert. (S)(R)(AD)
5.20 Weather for the Week Ahead (S)(HD) **5.25-6.00am BBC News** (S)(HD)

ITV

SKY 103 HD 178 | VIRGIN 103 HD 113 | F'VIEW 3 HD 103 | F'SAT 103 HD 111

6.00am Good Morning Britain (S)(HD)
8.30 Lorraine (S)(HD)
9.25 The Jeremy Kyle Show (S)(HD)
10.30 This Morning (S)(HD)
12.30pm Loose Women Comedian, writer and TV presenter Iain Stirling joins the panel for topical discussion. (S)(HD)
1.30 ITV News (S)
1.55 Local News (S)
2.00 James Martin's American Adventure 6/20. James visits a food market in Santa Monica. (S)(HD)(AD)
3.00 Tenable Warwick Davis hosts as a family-of-five from the north-east of England takes part. (S)(HD)
4.00 Tipping Point Quiz show hosted by Ben Shephard. (S)(HD)
5.00 The Chase General knowledge quiz show hosted by Bradley Walsh. (S)(HD)
6.00 Local News (S)
6.30 ITV News (S)


7.30 Coronation Street

7 PM

7.00 Emmerdale Tracy's past as a prostitute comes back to haunt her. (S)(HD)(AD)
■ Repeated tomorrow on ITV2
7.30 Coronation Street Aidan and Carla are wheeled to the operating theatre. (S)(HD)(AD)
■ Repeated tomorrow on ITV2

8 PM

8.00 The Martin Lewis Money Show 9/10. The financial journalist offers advice on children's savings. (S)(HD)
8.30 Coronation Street Johnny and Roy wait for news of Carla's operation. (S)(HD)(AD)
■ Repeated tomorrow on ITV2

9 PM

9.00 NEW SERIES Marcella 1/8. Return of the crime drama starring Anna Friel. A body is found and Marcella identifies the victim as a schoolboy who had been abducted a few years previously. *See feature, page15* (Series 2) (S)(HD)(AD)

10 PM

10.00 ITV News (S)

10.30 Local News (S)

10.45 NEW Boarding Schools: The Secret Shame – Exposure Alex Renton investigates sexual abuse in private schools, speaking with survivors to expose the failures that allowed paedophiles to go unpunished. (S)(HD)

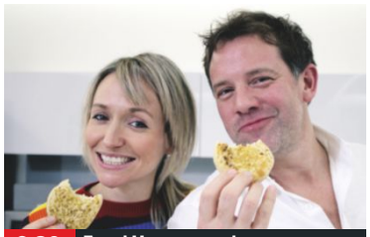
11.55 Children Who Kill (S)(R)(HD)(AD) **12.45am Ross Kemp Behind Bars – Inside Barlinnie** (S)(R)(HD)(AD) **1.35 Jackpot247 3.00 The Jeremy Kyle Show** (S)(SL)(R)(HD) **3.55 ITV Nightscreen** (HD) **5.05-6.00am The Jeremy Kyle Show** (S)(SL)(R)(HD)

+1 hour: SKY 131 | VIRGIN 114 | FREEVIEW 33 | FREESAT 112

CHANNEL 4

SKY 104 HD 227 | VIRGIN 104 HD 141 | F'VIEW 4 HD 104 | F'SAT 104 HD 126

6.00am Countdown (S)(R)(HD) **6.45 3rd Rock from the Sun** (S)(R)(AD) **7.35 Everybody Loves Raymond** (S)(R)(AD) **8.30-10.00 Frasier** (S)(R)(AD) **10.00 Ramsay's Kitchen Nightmares USA** (S)(R) **11.00 Undercover Boss USA** (S)(R)(HD)
12.00noon News (S)(HD)
12.05pm Couples Come Dine with Me From Manchester. (S)(R)(HD)
1.05 Posh Pawnbrokers (S)(R)(HD)
2.10 Countdown (S)(HD)
3.00 A Place in the Sun: Summer Sun A home on the Costa del Sol. (S)(R)(HD)
4.00 A New Life in the Sun (S)(HD)
5.00 Four in a Bed (S)(HD)
5.30 Extreme Cake Makers (S)(HD)
6.00 The Simpsons (S)(R)(HD)(AD)
6.30 Hollyoaks Glenn sets Esther up to ruin a romantic surprise proposal he has planned for Grace. (S)(HD)(AD)


8.30 Food Unwrapped

7 PM

7.00 News (S)(HD)

8 PM

8.00 NEW Dispatches Current affairs series. (S)(HD)

8.30 Food Unwrapped 2/6. Kate Quilton tasks Matt Tebbutt with making crumpets and finds out how the holes are made. (S)(HD)(AD)

9 PM

9.00 NEW SERIES 24 Hours in Police Custody The documentary following the work of Bedfordshire Police returns, beginning with a major investigation into an allegation of police corruption. (S)(HD)(AD)
■ Repeated on Wednesday on 4seven

10 PM

10.00 First Dates: Valentine's Special Blonde bombshell Dominique meets mortgage adviser Buddy, hoping he will match her conversational prowess and be willing to accept her just the way she is. (S)(R)(HD)(AD)

11.05 Married at First Sight (S)(R)(HD)(AD) **12.10am The £1 Houses: Britain's Cheapest Street** (S)(R)(HD)(AD) **1.05 The Job Interview** (S)(R)(HD) **2.00 Obsessive Compulsive Cleaners** (S)(R)(HD) **2.55 One Born Every Minute** (S)(R)(HD)(AD) **3.50 Four Rooms with Sarah Beeny** (S)(R)(HD)(AD) **4.40 Location, Location, Location** (S)(SL)(R)(HD) **5.35-6.00am Superfoods: The Real Story** (S)(R)(HD)(AD)

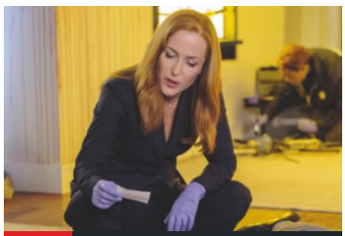
+1 hour: SKY 135 | VIRGIN 142 | F'VIEW 13 HD 109 | FREESAT 121

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

CHANNEL 5

SKY 105 HD 105/171 | VIR 105 HD 150 | F'VIEW 5 HD 105 | F'SAT 105 HD 105

6.00-9.15am Milkshake!
9.15am The Wright Stuff (HD)
11.15 GPs: Behind Closed Doors Documentary. (S)(R)(HD)(AD)
12.10pm News (S)(HD)
12.15 Can't Pay? We'll Take It Away Documentary. (S)(R)(HD)
1.10 Access Showbiz news. (S)(HD)
1.15 Home and Away (S)(HD)(AD)
1.45 Neighbours (S)(HD)(AD)
2.15 NCIS: Conspiracy to Murder (Series 5) (S)(R)(HD)(AD)
3.15 FILM Final Recourse Thriller with Teri Polo and Chazz Palminteri. (S)(HD) (2013, PG, 105min) ★★
5.00 News (S)(HD)
5.30 Neighbours Mark prepares to propose to Paige. (S)(R)(HD)(AD)
6.00 Home and Away Jarrod plans to have Ziggy to himself. (S)(R)(HD)(AD)
6.30 News (S)(HD)


9.00 The X-Files

7.00 Aviva Premiership Rugby Highlights Mark Durden-Smith and David Flatman present action from the 15th round of matches, including Newcastle Falcons v Bath, Leicester Tigers v Harlequins, and Wasps v Exeter Chiefs. (S)(HD)

8.00 The Nightmare Neighbour Next Door 4/11. A woman becomes embroiled in a dispute with a neighbour, certain that he is behind recent damage to her car and stones thrown at her window. (S)(HD)
■ Repeated on Wednesday

9.00 The X-Files *Plus One:* 3/10. A spate of deaths in which the victims were plagued by their own doppelgängers leads Mulder and Scully to a patient at a psychiatric hospital. (Series 11) (S)(HD)(AD)

10.00 When Game Shows Go Horribly Wrong Dale Winton narrates a compilation of disastrous game show moments, featuring *The Chase*, *The Million Pound Drop*, *The Krypton Factor*, *Catchphrase* and *100%*. (S)(R)(HD)

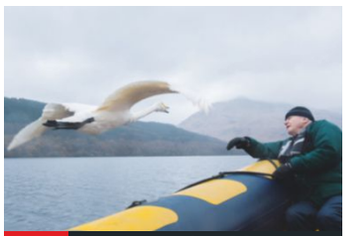
1.00am SuperCasino (S)(HD)
3.10 Cowboy Builders (S)(R)(HD)
4.00 Cruising with Jane McDonald (S)(SL)(R)(HD) **4.45 House Doctor** From West Sussex. (S)(SL)(R) **5.10 Divine Designs** (S)(SL)(R) **5.35-6.00am Wildlife SOS** (S)(SL)(R)

+1 hour SKY 177 | VIRGIN 155 | FREEVIEW 44 | FREESAT 128

SKY ONE

SKY 106 HD 106/221 | VIRGIN 110 HD 109

6.00-8.00am Modern Family (S)(R) (HD) **8.00 Futurama** (S)(R) **9.00 Road Wars** (R) **10.00 Warehouse 13** (S)(R)(HD) **11.00 NCIS: Los Angeles** *Tuhon:* 15/24. (Series 5) (S)(R)(HD)
12.00noon NCIS: Los Angeles *Fish Out of Water:* 16/24. An undercover DEA agent is seconded to the team. (Series 5) (S)(R)(HD)
1.00pm Hawaii Five-0 (S)(R)(HD)
2.00 NCIS: Los Angeles (R)(HD)
3.00 NCIS: Los Angeles (S)(R)(HD)
4.00 Stargate SG-1 (Series 5) (S)(R)
5.00 The Simpsons (S)(R)(HD)
5.30 Futurama (S)(R)(AD)
6.00 Futurama *That's Lobstertainment!* (S)(R)
6.30 The Simpsons *Dancin' Homer:* Homer becomes his local baseball team's mascot by accident. With the voice of Tony Bennett. (S)(R)(HD)


8.00 Attenborough at 90...

7.00 The Simpsons *Dead Putting Society:* Rivalry between the Simpsons and Flanders parents adds spice to a junior golf tournament. (S)(R)(HD) **7.30** *Bart v Thanksgiving:* Bart runs away from home at Thanksgiving. (S)(R)(HD)

8.00 Attenborough at 90: Behind the Lens A profile of broadcaster and naturalist David Attenborough, whose career has included being the first controller of BBC2 and making groundbreaking wildlife programmes. (S)(R)(HD)(AD)

9.00 FILM Jack Reacher Action thriller starring Tom Cruise as best-selling author Lee Child's vigilante hero. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. With Rosamund Pike, Richard Jenkins and Robert Duvall. (S)(HD) (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.25 The Force: Manchester Following the work of Greater Manchester Police. (S)(R)(HD)(AD)
12.25am Ross Kemp: Battle for the Amazon (S)(R)(HD)(AD) **1.25 Hawaii Five-0** (S)(R)(HD) **2.20 Hawaii Five-0** (S)(R)(HD) **3.15 NCIS: Los Angeles** (S)(R)(HD) **4.05 It's Me or the Dog** (S)(R) **5.05-6.00am The Dog Whisperer** (S)(R)(HD)

+1 hour SKY 130

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
No variations
N. IRELAND
Sky 953, Virgin 863, Freesat 957
10.40pm Beauty Queen and Single **11.10** Community Life **11.20** The Graham Norton Show
12.10-3.00am LIVE Winter Olympics 2018
WALES
Sky 952, Virgin 864, Freesat 964
No variations
BBC1 North/North East/North West/Yorkshire & Lincolnshire
Sky 956/955/958/957, Freesat 966/956/955/967
11.15pm-12.05am The Super League Show

BBC2

SCOTLAND
Sky 970, Freesat 970
No variations
N. IRELAND
Sky 972, Freesat 969
10.00-10.30pm Daltaí an Chaisleáin **11.15** Two Doors Down **11.45** Cleverman **12.40-1.40am** Horizon – My Amazing Brain: Richard's War
WALES
Sky 971, Freesat 971
11.15pm New Voices from Wales **11.25** Horizon – My Amazing Brain: Richard's War **12.25am** Odyssey **1.10-1.40am** Sign Zone: Addicted: Last Chance Mums – Panorama

ITV

As main ITV except:
WALES
10.45pm Sharp End **11.15** Boarding Schools: The Secret Shame – Exposure **12.20-12.45am** The Cruise: Return to the Mediterranean

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Ar y Lein **12.30** Tudur Owen a'r Cwmni Dillad **1.30** Ar y Dibyn **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Pengelli **3.30** Dilyn y Don **4.00** Awr Fawr **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Gwaith/Cartref **7.00** Heno **8.00** Pobol y Cwm **8.25** Ward Plant **9.00** Newyddion 9 a'r Tywydd **9.30** Ffermio **10.00** Ralio+ **10.30-11.35pm** Cynefin

TV&Satellite week
New issue on sale tomorrow

BBC4

SKY 116 HD 116/143 | VIR 107 HD 163 | F'VIEW 9 HD 106 | F'SAT 110 HD 107

7.00pm Beyond 100 Days Followed by **Weather** (HD)
7.30 The Taff: The River That Made Wales 1/3. The story of how the once-polluted river was brought back from the dead. (HD)(AD)
8.00 Winter Olympics Extra Highlights of day 10 from Pyeongchang, South Korea, including the ice dance short programme in the figure-skating event. (HD)
9.00 The Art of Japanese Life James Fox explores the country's mountainous forests, marvels at its zen gardens and admires centuries-old bonsai, to explore the connections between Japan's culture and natural environment. (HD)
10.00 Mary Beard's Ultimate Rome: Empire Without Limit The English classical scholar explores the myths and revolutions of the Roman Empire and gives her own personal take on the world-defining era. (HD)(AD)
11.00 How the Celts Saved Britain (HD)(AD) **12.00m't** Treasures of Heaven (HD) **1.00am** Top of the Pops: 1982: Double bill. **2.20-3.50am** Modus (HD)

ITV2

SKY 118 HD 118/207 | VIR 115 HD 176 | F'VIEW 6 | F'SAT 113

6.00am The Planet's Funniest Animals **6.20** Totally Bonkers Guinness World Records (HD) **7.10** Dress to Impress (HD) **7.55** Emmerdale (HD)(AD) **8.20** Coronation Street (HD)(AD) **9.25** The Ellen DeGeneres Show (HD) **10.15 FILM** Babe: Includes *FYI Daily* at 11.20. (HD)(AD) (1995, U, 92min) ★★★★★
12.10pm Emmerdale (HD)(AD) **12.45** Coronation Street (HD)(AD) **1.45** The Ellen DeGeneres Show **NEW EDITION** (HD) **2.35-5.50** The Jeremy Kyle Show (HD) **5.50** Take Me Out (HD)
7.00 You've Been Framed! Gold Double bill.
8.00 Two and a Half Men 12/16. Lyndsey tells Alan she is moving away. (HD) **8.30** 13/16. Lyndsey starts looking for a new apartment. (Series 12) (HD)
9.00 Survival of the Fittest NEW EDITION The contenders take part in the latest team challenge. (HD)
10.00 Family Guy *North by North Quahog:* 1/30. Chris gets into trouble. (HD)(AD) **10.30** *Fast Times at Buddy Cianci Jr High:* 2/30. Chris develops a crush on his teacher. (Series 4) (HD)(AD)
10.55 Family Guy (HD)(AD) **11.30** American Dad! (HD)(AD) **12.25am** Plebs (HD)(AD) **12.55** Two and a Half Men (HD) **1.50-2.20am** Totally Bonkers Guinness World Records (HD)

+1 hour SKY 179 | VIRG 116 | F'VIEW 27 | F'SAT 114

MORE4

SKY 138 HD 138/231 | VIR 147 HD 195 | F'VIEW 14 | F'SAT 124

8.55am Food Unwrapped (HD) **9.30** A Place in the Sun: Winter Sun: Double bill. (HD) **11.30am-2.10pm** Four in a Bed (HD)
2.10-4.50pm Come Dine with Me (HD) **4.50** A Place in the Sun: Winter Sun: Double bill. (HD) **6.55** The Supervet: A puppy requires a skin graft after being hit by a car. (HD)(AD)
7.55 Grand Designs Kevin McCloud returns to north Cornwall to see whether Rebecca Sturrock and Gregory Kewish were successful with their plans. (HD)(AD)
9.00 Car SOS NEW EDITION 7/10. Fuzz Townshend and Tim Shaw secretly restore a 1992 Mazda RX-7. (HD)(AD)
10.00 World's Most Expensive Cars Ant Anstead visits RM Sotheby's London office to view a rare Ferrari valued as being worth 19 million euros. (HD)(AD)
11.00 24 Hours in A&E: A man is put in a medically induced coma. (HD)(AD) **12.05am** Ramsay's Kitchen Nightmares (HD) **1.10** Car SOS (HD)(AD) **2.10** Grand Designs (HD)(AD) **3.10-3.50am** 8 Out of 10 Cats Uncut (HD)

+1 hour SKY 139 | VIRG 196 | F'VIEW 86 | F'SAT 125

E4

SKY 136 HD 136/202 | VIR 106 HD 145 | F'VIEW 28 | F'SAT 122

6.00am Hollyoaks (HD)(AD) **7.00** Coach Trip: Road to Tenerife (HD)(AD) **7.30** How I Met Your Mother (HD)(AD) **8.00** Baby Daddy (HD) **9.00** Melissa & Joey (HD) **10.00** How I Met Your Mother (HD)(AD) **11.00** Brooklyn Nine-Nine (HD)(AD)
12.00noon The Goldbergs (HD)(AD) **1.00pm** The Big Bang Theory (HD)(AD) **2.00** Melissa & Joey (HD) **3.00** Baby Daddy (HD) **4.00** Brooklyn Nine-Nine (HD)(AD) **5.00** The Goldbergs (HD)(AD) **6.00** The Big Bang Theory (Series 2) (HD)(AD) **7.00** Hollyoaks (HD)(AD)
7.30 Coach Trip: Road to Tenerife NEW EDITION The tourists go sea trekking in Lanzarote. (HD)(AD)
8.00 The Big Bang Theory 15/24. Leonard and Penny dog-sit. (Series 7) (HD)(AD) **8.30** 15/24. Leonard and Penny grapple with getting older. (Series 9) (HD)(AD)
9.00 Celebs Go Dating NEW EDITION 12/20. Following famous faces as they join a dating agency. (HD)(AD)
10.00 Naked Attraction (HD)(AD) **11.05** The Big Bang Theory (HD)(AD) **12.05am** First Dates (HD)(AD) **1.10** Celebs Go Dating (HD)(AD) **2.10** Gogglebox (HD) **3.05** Tattoo Fixers Valentine's Special (HD)(AD) **4.00** Rules of Engagement (HD) **4.25** How I Met Your Mother (HD)(AD) **4.45-6.00am** Rude(ish) Tube

+1 hour SKY 137 | VIRG 146 | F'VIEW 29 | F'SAT 123

Monday

Twitter.com/TVSatelliteWeek

(S) Subtitles (SL) Signing (R) Repeat (HD) High Definition (AD) Audio Description

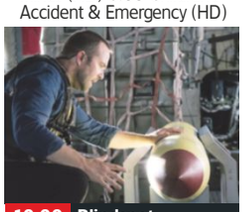
MONDAY Entertainment

Monday

Sky Living

SKY 107 HD 107/222 VIRGIN 112 HD 111

6.00am Highlights **7.55** Children's Accident & Emergency (HD) **9.05** Criminal Minds (HD) **10.00** Cold Case (HD) **11.00** The Biggest Loser: Australia **NEW EDITION** (HD) **12.00noon** Obese: A Year to Save My Life USA (HD)
1.00pm Chef's Line **NEW EDITIONS** (HD) **2.00** Nothing to Declare **4.00** Border Security USA (HD) **5.00** CSI (HD) **6.00** Criminal Minds (HD) **6.55** Children's Accident & Emergency (HD)



10.00 Blindspot

7.30 Children's Accident & Emergency The move to the new hospital arrives. (HD)

8.05 Elementary *Art Imitates Art:* 20/24. Holmes finds a link between a murder and a piece of artwork. (Series 4) (HD)

9.00 Criminal Minds SERIES RESUMES *Submerged:* 10/22. A series of backyard-pool murders are reported in California. (Series 13) (HD)

10.00 Blindspot SERIES RESUMES 9/22: *Hot Burning Flames* (Series 3) (HD)
11.00 Criminal Minds (HD) **12.00m't** CSI (HD) **1.00am** Cold Case (HD) **2.00** Jeffrey Dahmer (HD) **3.00** The Real A&E (HD) **4.00** The Biggest Loser: Australia (HD) **5.00-6.00am** Nothing to Declare

+1 hour SKY 129 VIRGIN 140

Sky Atlantic

SKY 108 HD 108/223

6.00am The British (HD) **7.00** The Guest Wing (HD) **8.00** Fish Town (HD) **9.00** The West Wing (HD) **11.00** House: Double bill. (HD)
1.00pm Without a Trace (HD) **2.00** Making of David Attenborough's Bachelor King **3.00** The West Wing (HD)
5.00 House: *Que Sera Sera:* 6/24. (HD) **6.00** *Son of a Coma Guy:* 7/24. A man is woken from a coma to help his dying son. (Series 3) (HD)



9.00 Active Shooter...

7.00 CSI *Drops' Out:* 14/17. A jailed nightclub owner helps Brass and Stokes investigate a double homicide. With Method Man. (Series 8) (HD)

8.00 Blue Bloods *My Funny Valentine:* 14/22. Police investigate the suspected kidnapping of a wealthy teenager. (Series 1) (HD)

9.00 Active Shooter: America Under Fire NEW EDITION 6/8. An examination of the mass shooting in Santa Monica in 2013. (HD)

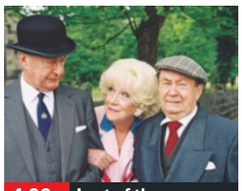
10.00 NEW SERIES Last Week Tonight with John Oliver Satirical talk show. (HD)
10.45 Real Time with Bill Maher (HD) **11.55** Billions (HD) **1.05am** Banshee **2.10** Dexter (HD) **3.25** Girls (HD) **4.00-6.00am** The West Wing: Double bill. (HD)

+1 hour SKY 217

GOLD

SKY 110 HD 110/289 VIRGIN 124

7.25am Yes, Minister **8.00** Ever Decreasing Circles **8.40** Goodnight Sweetheart **9.20-11.20** Last of the Summer Wine **11.20** My Family **12.00noon** As Time Goes By
12.40pm Ever Decreasing Circles **1.20** Keeping Up Appearances **2.00** Only Fools and Horses **3.20** As Time Goes By **4.00-6.00** Last of the Summer Wine **6.00** Keeping Up Appearances **6.40** Only Fools and Horses



4.00 Last of the...

7.20 Only Fools and Horses Del Boy launches his own chandelier-cleaning business.

8.00 Fawlty Towers Basil decides to host a night of gourmet cuisine. **8.35** Basil goes behind Sybil's back to save money on building costs.

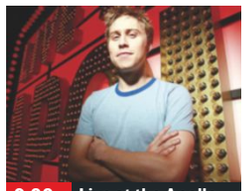
9.15 The Royle Family Almost seven years have passed since Baby David's christening, but Jim is still setting the world to rights from his armchair and Denise is pregnant again.
10.35 Gavin & Stacey **11.15** The Fast Show **11.50** Goodnight Sweetheart **12.30am** The Thick of It (HD)
1.50 The Fast Show **2.20** Harry Hill's Best of Christmas TV Burp **2.45** Harry Hill's the Best of TV Burp **3.10-4.00am** Harry Hill's TV Burp

+1 hour SKY 166 VIRGIN 190

Dave

SKY 111 HD 111/246 VIR 127 HD 194 F'VIEW 12 F'SAT 157

7.10am Scrapheap Challenge **8.10** American Pickers (HD) **9.00** Storage Hunters (HD) **10.00am-1.00pm** American Pickers: Triple bill. (HD)
1.00pm Top Gear: Double bill of the series. **3.00** The Hurting: Double bill. **4.00** Cops UK: Bodycam Squad
5.00 Top Gear: Richard Hammond celebrates the 40th anniversary of the Ferrari Daytona. **6.00** With actor Michael Fassbender.



9.00 Live at the Apollo

7.00 Cops UK: Bodycam Squad Following the work of the Staffordshire Police force. (HD)

8.00 Ross Noble: Off Road 2/3. Team Noble is in crisis as the challenges mount. (HD)

9.00 Live at the Apollo Jack Dee plays host at London's Hammersmith Apollo, introducing sets by Jason Manford and Russell Howard. (HD)

10.00 Dara O Briain's Go 8 Bit NEW EDITION 2/10. With Dr Maggie Aderin-Pocock. (HD)
11.00 Taskmaster (HD) **12.00m't** Dave Gorman: Modern Life Is Goodish (HD) **1.00am** QI **1.40** Would I Lie to You? at Christmas (HD) **2.20** Mock the Week **3.00-4.00am** Taskmaster (HD)

+1 hour SKY 214 VIRGIN 211 F'VIEW 79

ITV3

SKY 119 HD 119/208 VIR 117 HD 177 F'VIEW 10 F'SAT 115

6.00am Classic Coronation Street: Double bill. **6.55** Heartbeat **8.00** The Royal **9.00-10.25** Judge Judy (HD)
10.25 Barging Round Britain with John Sergeant (HD) **11.30** Love Your Garden (HD) **12.30pm** The Royal
1.35 Heartbeat **2.40** Classic Coronation Street **3.50** On the Buses **4.50** You're Only Young Twice **5.20** George and Mildred **5.55** Heartbeat: *Windows of Opportunity.*



10.00 DCI Banks...

7.00 Murder, She Wrote *How to Make a Killing Without Really Trying:* Jessica investigates when her stockbroker is murdered. (HD)

8.00 Lewis *Allegory of Love:* A woman's murder is copied from the pages of a novel – and it appears the author's family is in danger. Guest stars James Fox, Tom Mison and Art Malik. (HD)

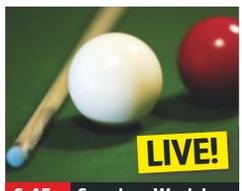
10.00 DCI Banks: Aftermath 1/2. DCI Alan Banks investigates the most difficult case of his career when five girls go missing. (HD)
11.00 DCI Banks: Aftermath: 2/2. (HD) **12.05-1.55am** Joe Maddison's War (HD)

+1 hour SKY 180 VIRGIN 174 F'SAT 116

ITV4

SKY 120 HD 120/225 VIR 118 HD 178 F'VIEW 24 F'SAT 117

6.00am The Chase (HD) **6.50** Pawn Stars: Double bill of the series. (HD) **7.45** Ironside **8.50** Quincy ME (HD) **9.50** Minder **10.55** The Sweeney
12.00noon The Professionals **1.00pm** Ironside **2.00** Quincy ME (HD) **3.05** Minder **4.05** The Sweeney
5.15 The Professionals: *The Ojuka Situation:* Bodie and Doyle protect a politician. **6.15** Counting Cars: Grandpa enjoys a lucky streak. (HD)



6.45 Snooker: Worl d...

6.45 LIVE Snooker: World Grand Prix Jill Douglas presents coverage of the opening day of the tournament at the Guild Hall in Preston, featuring matches in the first round involving Ronnie O'Sullivan and Luca Brecel. Analysis from Stephen Hendry, Alan McManus and Neal Foulds, and commentary by Clive Everton and Phil Yates. (HD)

11.20 FILM The Specialist: Action thriller starring Sylvester Stallone, Sharon Stone and James Woods. Includes *FYI Daily* at 12.20. (HD) (1994, 18, 110min) ★★
1.30 Car Crash Global: Caught on Camera (HD)
2.20-2.45am The Protectors

+1 hour SKY 193 VIRGIN 175 F'SAT 154

Real Lives

SKY 172 VIRG 160

6.00am Motorway Patrol **7.00** Highway Patrol **8.00** Medical Emergency **9.00** Monkey Life **10.00** It's Me or the Dog **11.00** Border Security: America's Front Line **12.00noon** Border Patrol **1.00pm** The Chase
2.00 Obese: A Year to Save My Life USA **3.00** 60 Minute Makeover **4.00** Coast Guard Alaska **5.00** Highway Cops **5.30** The Jerry Springer Show **7.00** Highway Patrol **8.00** Motorway Patrol **8.30** Police 10/7
9.00 Britcam: Emergency on Our Streets **10.00** A Haunting **11.00** Sexcetera **1.00am** Road Wars **2.00** Britcam: Emergency on Our Streets **3.00** Border Patrol **4.00** Coast Guard Alaska **5.00-6.00am** Medical Emergency

+1 hour SKY 173 VIRG 207

Sky Two

SKY 163 VIRG 121

6.00am The Real A&E **7.00** Police 10/7 **8.00** It's Me or the Dog **9.00** The Biggest Loser USA **10.00** Obese: A Year to Save My Life USA **11.00** The Real A&E
12.00noon Police 10/7 **1.00pm** Highway Cops **2.00** Motorway Patrol **3.00** Road Wars **4.00** The Flash **5.00** Stargate Atlantis (Series 2) **6.00** Stargate SG-1 (Series 5)
7.00 Relic Hunter
8.00 MacGyver (Series 2)
9.00 NCIS: Los Angeles *The Silo:* 7/24. (Series 9)
10.00 Hawaii Five-0 *Kau ka 'onohi ali'i i luna (The Royal Eyes Rest Above)* 7/24. (Series 8)
11.00 Duck Quacks Don't Echo **12.00m't** Criminal Minds **1.00am** Blindspot **2.00** Most Shocking **3.00** Motorway Patrol **4.00** Highway Patrol **5.00-6.00am** Road Wars

Pick

SKY 152 VIRG 123 F'VIEW 11 F'SAT 144

6.00am Nothing to Declare UK **7.00** Motorway Patrol **8.00** Send in the Dogs **9.00** Without a Trace **10.00** Babylon 5 **11.00** Stargate SG-1 **12.00noon** Stop, Search, Seize
1.00pm A Town Called Eureka **2.00** Without a Trace **3.00** Send in the Dogs Australia **4.00** Nothing to Declare **5.00** RSPCA Animal Rescue **6.00** Warehouse 13
7.00 Stargate SG-1
8.00 Babylon 5
9.00 Hawaii Five-0
10.00 Without a Trace *Pilot:* 1/23. (Series 1)
11.00 Brit Cops: War on Crime **12.00m't** Night Cops **1.00am** Police 10/7: Double bill. **2.00** Road Wars **3.00** Brit Cops: War on Crime **4.00** Nothing to Declare **5.00-6.00am** Motorway Patrol

+1 hour SKY 164 F'SAT 145

E!

SKY 151 HD 151/239 VIRG 156

7.00am News **8.00** Wags Atlanta **9.00** Kourtney and Khloe Take the Hamptons **10.00am-1.00pm** Keeping Up with the Kardashians: Triple bill.
1.00pm FILM A Kind of Magic: Romantic fantasy. (2015, PG, 90min) ★★
3.00 Botched by Nature **5.00** Keeping Up with the Kardashians
7.00 FILM Love Happens Romantic comedy drama with Aaron Eckhart and Jennifer Aniston. (2009, 12, 108min) ★★★
9.30 Keeping Up with the Kardashians Kim fears for her surrogate's safety.
10.30 Botched Transgender star Kimber James visits the clinic.
11.00pm-2.00am Botched: Triple bill. **2.00am** Teleshopping **3.00** Wags LA **4.00-5.00am** Hollywood Medium with Tyler Henry

Comedy Central

SKY 112 HD 112/205 VIRG 132 HD 181

8.00am The Middle (HD) **9.00** 8 Simple Rules (HD) **10.00am-12.00noon** Friends (HD) **12.00noon** 8 Simple Rules (HD) **1.00pm** Impractical Jokers (HD) **2.00-4.00** Friends (HD)
4.00 Scrubs **5.00-9.00** Friends (HD) **9.00** Russell Howard's Good News (HD) **9.30** 8 Out of 10 Cats (HD) **10.00** Impractical Jokers **NEW EDITION** The guys work at a botanical garden.
10.30 Impractical Jokers: After Party **NEW EDITION** (HD) **11.00** Impractical Jokers (HD) **12.00m't** Da Ali G Show (HD) **12.30am** The Cleveland Show (HD) **1.30-3.25** South Park (HD) **3.25** The Cleveland Show (HD) **4.15-5.00am** Two and a Half Men (HD)

+1 hour SKY 127 VIRG 133

ITV Be

SKY 149 VIR 119 HD 179 F'VIEW 26 F'SAT 118

9.00am The Only Way Is Essex **10.00** Married to Medicine (HD) **11.00** The Real Housewives of Atlanta **12.00noon** Dinner Date (HD) **1.00pm** Vanderpump Rules (HD)
2.00 Million Dollar Listing: NYC **NEW EDITION** (HD) **3.00** The Real Housewives of New York City (HD) **4.00** The Real Housewives of Dallas: Double bill. (HD) **6.00** Dinner Date (HD) **7.00** Buying and Selling (HD)
8.00 The Real Housewives of Orange County (HD) **9.00** The Real Housewives of Orange County **NEW EDITION** (HD) **10.00** Kendra on Top **NEW EDITIONS** (HD) **11.00** Atlanta Plastic (HD) **12.00m't-12.55am** The Real Housewives of Atlanta (HD)

+1 hour SKY 206 VIRG 120 F'SAT 119

ITV Encore

SKY 123 HD 123/263

6.00am Upstairs, Downstairs **7.55** The Chief **8.55** Always and Everyone **10.00** Heartbeat **11.00** Peak Practice
12.05pm The Chief **1.15** Always and Everyone **2.15** Peak Practice **3.20** Heartbeat **4.25** Upstairs, Downstairs **6.50** Agatha Christie's Poirot (HD)
7.55 Agatha Christie's Poirot *The Underdog.* (HD)
9.00 Broadchurch 7/8. Important pieces of evidence come to light against of all the key suspects. (HD) **10.00** 8/8. Last-ever episode. Hardy and Ellie finally uncover the truth. (Series 3) (HD)
11.00 Marcella: Double bill. (HD) **1.05am** Gold **3.05** The Chief **4.00** Always and Everyone **4.55-5.50am** Peak Practice

+1 hour SKY 268

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

SKY 132 HD 132/247 VIRGIN 126 HD 200

7.10am The Doctor Blake Mysteries (HD) **8.00** New Tricks **9.00** Murdoch Mysteries (Series 3) (HD)
10.00 The Doctor Blake Mysteries (HD) **11.00** Dangerfield **12.00noon** Father Brown (HD) **1.00pm** Death in Paradise (HD)
2.00 The Doctor Blake Mysteries (HD) **3.00** Murdoch Mysteries (HD) **4.00** New Tricks **5.00** Dangerfield **6.00** Father Brown (HD)



9.00 Murdoch Mysteries

7.00 Death in Paradise 8/8. The host of a charity fundraiser is shot dead. Guest stars Sean Pertwee, Lucy Davis and Julie Graham. (Series 2) (HD)

8.00 Miss Fisher's Murder Mysteries *Ruddy Gore:* 6/13. An actor dies during a production of the operetta *Ruddigore*. (Series 1) (HD)

9.00 Murdoch Mysteries NEW EPISODE *21 Murdoch Street:* 7/18. Crabtree and Brackenreid go undercover at a boys' school. (Series 11) (HD)

10.00 Death in Paradise 8/8. Humphrey investigates a suspected poisoning at a retirement home. (Series 3) (HD)

11.20 Murdoch Mysteries (Series 3) (HD) **12.25am** Miss Fisher's Murder Mysteries (HD) **1.30-4.00am** The Inspector Lynley Mysteries

+1 hour SKY 226 VIRGIN 130

Syfy

SKY 114 HD 114/201 VIRGIN 135 HD 165

6.00am Buffy the Vampire Slayer **8.00** Teleshopping **11.00** Star Trek: The Next Generation **12.00noon** The Librarians **1.00pm** Merlin
2.00 FILM Sleeping Beauty: Fantasy adventure. (2014, PG, 89min) ★ **4.00** Buffy the Vampire Slayer: Double bill.
6.00 Star Trek: The Next Generation: *The Best of Both Worlds – Part One:* 26/26. Picard is kidnapped by the Borg. (Series 3)



9.00 The Jackal

7.00 Star Trek: The Next Generation *The Best of Both Worlds – Part Two:* 1/26. Riker faces a life-or-death decision. (Series 4)

8.00 Merlin *Beauty and the Beast – Part Two:* 6/13. Queen Catrina forces Merlin into hiding. (Series 2)

9.00 FILM The Jackal Action thriller starring Bruce Willis and Richard Gere. An IRA terrorist helps the FBI track down a ruthless assassin who has been hired by the Russian mafia to kill a prominent US figure. (1997, 18, 124min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.30 FILM Hard Rain: Action thriller. (1997, 15, 97min) ★★ **1.30am** The Exorcist **2.30** Killjoys **3.30** The Captains Close Up **4.00-6.00am FILM** 2012: Supernova: Sci-fi. (2009, 12, 87min) ★★

+1 hour SKY 194 VIRGIN 136

W

SKY 109 HD 109/245 VIRGIN 125 HD 191

6.00am Judge Faith **6.20** MasterChef USA: Double bill. (HD) **8.00** Extreme Makeover: Home Edition:
10.00 The Bill **11.00** Tipping Point: Double bill. (HD) **1.00pm** Supernanny US **2.00** MasterChef USA (HD)
3.00 Extreme Makeover: Home Edition: Two families receive help. **5.00** Tipping Point: Double bill of the the arcade-themed quiz, hosted by Ben Shephard. (HD)



8.00 MasterChef USA

7.00 My Dream Home Drew and Jonathan Scott help couples turn ramshackle properties into dream homes. (HD)

8.00 MasterChef USA NEW EDITION The top 12 contestants cater for a dinner party celebrating 50 years of Caesar's Palace. (HD)

9.00 One Born Every Minute Two women in their twenties receive plenty of support from their mothers when they go into labour. (HD)

10.00 John Bishop: In Conversation with Jeremy Corbyn The Labour Party leader discusses his career. (HD)

11.40 My Dream Home (HD) **12.00m't** One Born Every Minute (HD) **1.00am** The Strain: Double bill. (HD) **2.35-3.00am** Judge Faith (HD)

+1 hour SKY 213 VIRGIN 131

Universal

SKY 113 HD 113/204 VIRGIN 137 HD 164

8.00am CSI: Miami **9.00am-2.00pm** Law & Order: Back-to-back episodes of the drama, including at: **1.00pm** *Bailout*: 15/22. (Series 19)
2.00-7.00pm NCIS: Back-to-back episodes, including at: **5.00** *Engaged – Part One*: 8/24. An aircraft carrying dead US Marines crashes. **6.00** *Engaged – Part Two*: 9/24. Ziva and Gibbs lead the mission to rescue the captured Marine. (Series 9).



9.00 Major Crimes

7.00 NCIS *Sins of the Father:* 10/24. Tony's father is found drunk in a car that has a dead body in the boot. Guest stars Robert Wagner. (Series 9)

8.00 CSI: Miami *Backstabbers:* 11/24. Terror suspect Sonya Barak goes on the run from assassins sent by her own side. (Series 5)

9.00 Major Crimes NEW EPISODE *By Any Means – Part One:* 10/13. A serial killer escapes from police custody to strike again. (Series 6)

10.00 Chicago Med *Mountains and Molehills:* 5/22. Reese is attacked in the emergency department. (Series 3)

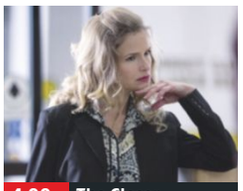
11.00 Law & Order: Special Victims Unit **1.00am** CSI: Miami **2.00** Law & Order **3.00-5.00am** Numb3rs

+1 hour SKY 150 VIRGIN 138

FOX

SKY 124 HD 124/188 VIRGIN 157 HD 199

8.00am Monk (Series 5) (HD) **9.00** The Closer: Double bill. (Series 5) (HD) **11.00** Bones: Double bill. (Series 9) (HD)
1.00pm NCIS: Double bill. (Series 14) (HD) **3.00** The Closer: Double bill of the drama. (Series 5) (HD)
5.00 Bones: *The Spark in the Park:* 11/24. (HD) **6.00** *The Ghost in the Killer:* 12/24. The body of a world-class sailor is delivered to Brennan's doorstep. (Series 9) (HD)



4.00 The Closer

7.00 NCIS *One Book, Two Covers:* 21/24. A Marine's murder is linked to a dirt-bike gang that Torres once joined as part of a sting operation. (HD)

8.00 *Beastmaster:* 22/24. A mounted police officer helps the team investigate the death of a Marine in a national park. (Series 14) (HD)

9.00 Family Guy Brian is sent to obedience classes. (HD) **9.30** Peter befriends a group of women. (HD)

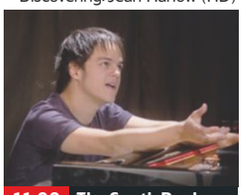
10.00 American Dad! Stan suffers a crisis of faith that ends up taking him to South Korea. (HD)
10.30 American Dad! **11.00** Family Guy **12.00m't** American Dad! **1.00am** The Walking Dead Walker World (HD) **2.00** American Dad! **3.00** Family Guy (HD) **4.00-5.00am** American Dad!

+1 hour SKY 165 VIRGIN 158

Sky Arts

SKY 122 HD 122/286 VIRGIN 122 HD 206

6.00am Highlights **9.00** Tales of the Unexpected **9.30** Artists in Love (HD) **10.30** Video Killed the Radio Star (HD)
11.00 Too Young to Die (HD) **12.00noon** Trailblazers: Funk (HD) **1.00pm** Discovering: Groucho Marx (HD) **2.00** Tales of the Unexpected
2.30 Artists in Love (HD) **3.30** Video Killed the Radio Star (HD) **4.00** Too Young to Die (HD) **5.00** Trailblazers: Punk: The origins of punk. (HD) **6.00** Discovering: Jean Harlow (HD)



11.00 The South Bank...

7.00 Auction NEW EDITION An 1897 painting by Klimt. (HD)
7.30 Hey, Boo: Harper Lee and To Kill a Mockingbird Exploring the life of author Nelle Harper Lee, shedding light on the context and history of her Pulitzer Prize-winning novel *To Kill a Mockingbird*. (HD)

9.00 André Rieu: Love in Maastricht The Dutch violinist performs a selection of love songs in a concert from his home town of Maastricht. (HD)

10.00 Portrait Artist of the Year 2018 (HD) **11.00** The South Bank Show Originals **NEW EDITIONS** (HD) **12.00m't** Inside the Actors Studio: Bryan Cranston (HD) **1.00am** Bettie Page Reveals All (HD)
2.00 The Pleasure of Rope (HD) **3.45** South Bank Masterclasses: Patrick Ness (HD) **4.00** Dag (HD) **4.30** Tales of the Unexpected **5.00-6.00am** Auction (HD)

Monday

7 PM
8 PM
9 PM
10 PM

CBS Action

SKY 148 VIRG 192 F'VIEW 39 F'SAT 137

9.00am Diagnosis Murder **11.00** Gunsmoke **1.00pm** Bonanza **2.00** Mission: Impossible
3.00 NCIS **4.00** NCIS: Los Angeles **5.00** CSI: Miami **6.00** Diagnosis Murder
7.00 Diagnosis Murder
8.00 Walker, Texas Ranger *'Til Death Do Us Part:* 5/25. (Series 3)
9.00 NCIS *Aliyah:* 25/25. The team flies to Israel for a final showdown. Guest stars Michael Nouri. (Series 6)
10.00 NCIS: Los Angeles *Sacrifice:* 5/24. The team investigates a shoot-out at a pawn shop. (Series 3)
11.00 NCIS **12.00m't** Ultimate Force **1.05am** NCIS **2.00** CSI: Miami **3.00** MacGyver **3.55** Walker, Texas Ranger **4.45-6.00am** Dr Quinn: Medicine Woman

+1 hour F'VIEW 64

CBS Drama

SKY 147 VIRG 197 F'VIEW 71 F'SAT 134

9.00am Gunsmoke **10.00** Dynasty **11.00** Touched by an Angel **12.00noon** Judge Judy **1.00pm** Wheel of Fortune
2.00 Medium **3.00** ER **4.00** Judge Judy **5.00** Wheel of Fortune: Double bill. **6.00** Dynasty
7.00 Touched by an Angel *Sins of the Father:* 4/30. (Series 3)
8.00 ER *Into That Good Night:* 5/25. Greene tries to find a heart donor for Sam Gasner. (Series 1)
9.00 Medium *Bring Me the Head of Oswaldo Castillo:* 19/19. A vision leaves Allison fearing for her family. (Series 5)
10.00 Dynasty *Fallon's Wedding:* 6/15. Jeff and Fallon get wed. (Series 1)
11.00 Bad Girls **12.05am** Judge Judy **1.00** ER **2.00** Matlock **3.00** Touched by an Angel **4.00-5.00am** The Wild Wild West

4Seven

SKY 140 VIRG 143 F'VIEW 110/47 F'SAT 127

9.00am Posh Pawnbrokers (HD) **11.00** Location, Location, Location (HD) **12.00noon** Coast vs Country (HD) **1.00pm** A Place in the Sun: Winter Sun (HD) **2.00** A Place in the Sun (HD)
3.00 Undercover Boss USA (HD) **4.00** Ramsay's Kitchen Nightmares USA **6.00** Couples Come Dine with Me (HD) **7.00** Joe Wicks: The Body Coach (HD) **8.00** The First Brit: Secrets of the 10,000 Year Old Man (HD) **9.00** The World's Most Luxurious Airline (HD)
10.00 24 Hours in A&E (HD) **11.05** 24 Hours in Police Custody (HD) **12.10am** Homeland **1.25** The World's Most Expensive Food (HD) **2.20** The Secret Life of the Zoo (HD) **3.10** The Supervet (HD) **4.05-5.05am** Undercover Boss USA (HD)

5USA

SKY 174 VIRG 153 F'VIEW 21 F'SAT 129

9.00am Access **9.10** Catch a Contractor **9.35** Rookie Blue **10.25** Law & Order **11.20** Person of Interest
1.15pm NCIS **2.10** Chicago PD **3.05** Law & Order **5.05** CSI: NY (Series 6)
7.00-11.00 NCIS *Reunion:* 2/24. Gibbs and his team investigate the bizarre death of a Marine. **8.00** *The Inside Man:* 3/24. A political blogger who accused the NCIS of a cover-up is found dead. (Series 7) **9.00** *The Enemy Within:* 12/24. The kidnapping of an American social worker in northern Syria is linked to a US citizen. **10.00** *We Build, We Fight:* 13/24. (Series 12)
11.00 Law & Order: Special Victims Unit **1.55am** CSI: NY **2.50** Chicago PD **3.50-4.00am** Access

SKY 191 VIRG 185 F'VIEW 56 F'SAT 130

5STAR

SKY 176 VIRG 151 F'VIEW 30 F'SAT 131

8.00am Access **8.05** Last Man Standing **8.25** Dance Moms **9.15-11.00** Milkshake! **11.00** Access **11.05** Funniest Fails, Falls & Flops **12.05pm** Can't Pay? We'll Take It Away
2.00 Police Interceptors **3.00** Neighbours **3.30** Home and Away **4.00** Will & Grace **5.00** Last Man Standing **6.00** Neighbours **6.30** Home and Away
7.00 Last Man Standing
8.00 FILM Big Daddy Comedy starring Adam Sandler. (1999, 12, 95min) ★★★
10.05 FILM The Expendables 3 Thriller. (2014, 12, 126min) ★★
12.30am Extreme Hair Wars **1.35** Celebrity 100% Hotter **2.35** The Shannara Chronicles **3.25** Last Man Standing **3.45-4.00am** Access

SKY 190 VIRG 186 F'VIEW 55 F'SAT 132

True Ent

SKY 182 VIRG 189 F'VIEW 61 F'SAT 142

6.00am The Waltons **7.00** Little House on the Prairie **8.00** The Waltons **10.00am-1.00pm** Little House on the Prairie
1.00pm FILM A Smile as Big as the Moon (2012, PG, 80min) ★★★ **3.00 FILM** The War Bride: Wartime drama. (2001, PG, 108min) ★★★ **5.00** Murder, She Wrote **6.00** Touched by an Angel
7.00 M*A*S*H Double bill.
8.00 Randall and Hopkirk (Deceased)
9.00 Taggart *Cause and Effect:* A woman from the Clydeside sailing fraternity is murdered.
10.30 FILM The Perfect Neighbor Thriller. (2005, 15, 93min) ★
12.30am FILM Love with a Perfect Stranger (1986, PG, 98min) ★★ **2.30-3.00am** Happy Days

+1 hour SKY 183 F'SAT 152

Drama

SKY 158 VIRG 128 F'VIEW 20 F'SAT 158

7.10am Crusoe **8.00** London's Burning **9.00** Casualty **10.00** Bergerac **11.00** The Bill **12.00noon** New Tricks **1.00pm** Last of the Summer Wine
1.40 Bread **2.20** Birds of a Feather **3.00** London's Burning **4.00** New Tricks **5.00** Bergerac **6.00** Steptoe and Son **6.40** Last of the Summer Wine
8.00 Ashes to Ashes 7/8. The discovery of a concrete-encased body at a building site leads to conflict. (Series 2)
9.00 Death in Paradise 7/8. A company boss is killed during a team-building exercise. With Michelle Collins. (Series 4)
10.05 New Tricks
11.20 Birds of a Feather **12.00m't** The Bill **1.00am** Life on Mars **2.10** London's Burning **3.00-4.00am** Crocodile Shoes

MONDAY Entertainment & Lifestyle

Monday

AMC

SKY 192 HD 192/276

Programmes start at 1pm.

1.00pm FILM Amazing Grace: Historical drama. (2006, PG, 118min) ★★★★ **3.10** Grey's Anatomy **4.05** Law & Order **5.00** Star Files **5.15 FILM** Texas Rangers: Western. (2001, 12, 86min) ★★

7.00 Grey's Anatomy

8.00 Law & Order *Born Bad:* 9/22. A murder occurs in a foster home. (Series 4)

9.00-11.45 Into the Badlands *The Fort:* 1/6. Action adventure starring Daniel Wu. **9.55** *Fist Like a Bullet:* 2/6. Sunny's loyalty is tested. **10.50** *White Stork Spreads Wings:* 3/6. Quinn seeks retribution against the Widow.

11.45pm-2.30am Into the Badlands: Triple bill. **2.30am** Halt and Catch Fire **3.20** Grey's Anatomy **4.10-5.30am** Law & Order

CBS Reality

SKY 146 | VIRGIN 148 | F'VIEW 66 | F'SAT 135

9.00am Judge Judy **10.00** Bondi Rescue **11.00** Dog Patrol **12.00noon** Beyond Belief: Fact or Fiction?

1.00-3.00pm Judge Judy: Back-to-back editions. **3.00pm** Bondi Rescue **4.00** Dog Patrol **5.00-7.00** Judge Judy: Real-life cases.

7.00 Bondi Rescue Double bill.

8.00 Hoarders A hoard of dead animal carcasses causes upset.

9.00 Click for Murder

10.00 Snapped: Killer Couples NEW EDITION A Las Vegas beauty queen and her millionaire boyfriend become suspects in a murder, hundreds of miles away.

11.00 48 Hours: Mystery **NEW EDITION 12.00m't** Cold Blood **1.00am** Click for Murder **2.00** Snapped: Killer Couples **3.00** Shopping **4.00** Raising Sextuplets **4.45** Cops **5.35-6.00am** Neighbours at War

+1 hour: SKY 269 | VIRG 201 | F'VIEW 67 | F'SAT 136

Challenge

SKY 145 | VIRGIN 139 | F'VIEW 46 | F'SAT 146

6.00am Golden Balls **7.00** Wheel of Fortune **8.00** Bruce's Price Is Right **9.00** The Chase **10.00** Family Fortunes **11.00** Bruce Forsyth's Play Your Cards Right: Game show.

12.00noon Wheel of Fortune **1.00pm** Catchphrase **2.00** Family Fortunes **3.00** The Chase **4.00** Takeshi's Castle **5.00** Ninja Warrior **6.00** The Cube: Game show.

7.00 Pointless Quiz hosted by Alexander Armstrong.

8.00 The Chase Double bill of the general knowledge quiz hosted by Bradley Walsh, in which four contestants take on quiz genius The Chaser.

10.00 Who Wants to Be a Millionaire? Chris Tarrant hosts the big-prize quiz.

11.00pm-1.00am Bullseye **1.00am** The Chase **3.00-5.00** Bullseye **5.00-6.00am** Golden Balls

+1 hour: SKY 170 | VIRG 180 | F'SAT 147

Comedy Central Extra

SKY 128 | VIRGIN 182

9.00-11.00am The Fresh Prince of Bel Air **11.00am-1.00pm** Impractical Jokers **1.00-3.00** The Fresh Prince of Bel Air **3.00pm** Wipeout USA **4.00** Wipeout USA **NEW EDITION 5.00-7.00** Impractical Jokers

7.00 Scrubs 5/22. JD's brother Dan comes to stay. **7.30** 6/22. JD strikes up a friendship with a woman he meets in a lift. (Series 3)

8.00-10.00 Bob's Burgers Back-to-back editions of the animated series.

10.00 South Park Double bill.

11.00 8 Out of 10 Cats **12.00m't** Russell Howard's Good News **12.30am** Michael McIntyre: Live at the Comedy Store **1.00** The Fresh Prince of Bel Air

2.00 8 Out of 10 Cats **3.00** Jim Jefferies: Contraband **4.00** Billy on the Street **4.25** Bob's Burgers **5.10-6.00am** Friends: Double bill.

+1 hour: SKY 159

Food Network

SKY 248 | VIRGIN 291 | F'VIEW 41 | F'SAT 148

6.00-7.45am Barefoot Contessa – Back to Basics **7.45** Anna Olson: Bake **8.40** Anna Olson: Fresh **9.10-11.00** The Pioneer Woman **11.00** Valerie's Home Cookin **12.00noon** Indian Food Made Easy: Double bill.

1.00pm Jamie's 15 Minute Meals **2.00** Valerie's Home Cooking **NEW EDITIONS** Double bill. **3.00** The Pioneer Woman **NEW EDITIONS** Double bill. **4.00** Giada at Home **5.00** Great British Menu **6.00** Ginormous Food **7.00** Jamie's 15 Minute Meals

8.00 Diners, Drive-Ins and Dives **9.00** Jamie's American Road Trip **10.00** Restaurant Stakeout **11.00** Mystery Diners: Double bill. **12.00m't** Diners, Drive-Ins and Dives: Double bill. **1.00am** Restaurant Stakeout **2.00-3.00am** Mystery Diners

+1 hour: SKY 250 | F'SAT 149

Good Food

SKY 133 HD 133/255 | VIRG 278 HD 280

6.10am Highlights **10.30 NEW SERIES** Donal's Asian Baking Adventure (HD) **11.00** Rick Stein's Taste of Shanghai (HD) **12.00noon** James Martin: Home Comforts (HD) **1.00pm** MasterChef (HD) **2.00** Michela's Tuscan Kitchen (HD)

2.30 Raymond Blanc's Kitchen Secrets **3.00** Tom Kerridge's Best Ever Dishes (HD) **3.30** Donal's Asian Baking Adventure (HD) **4.00** Rick Stein's Taste of Shanghai (HD) **5.00** Hairy Bikers' Best of British (HD) **6.00** James Martin: Home Comforts (HD)

7.00 Michela's Tuscan Kitchen (HD) **7.30** Raymond Blanc's Kitchen Secrets (HD) **8.00** Tom Kerridge's Best Ever Dishes (HD) **8.30** Donal's Asian Baking Adventure (HD) **10.00** James Martin: Home Comforts (HD) **11.00** MasterChef (HD) **12.00m't-6.00am** Highlights

+1 hour: SKY 243 | VIRG 279

Home

SKY 196 | VIRGIN 281 | F'VIEW 25 | F'SAT 166

7.05am Homes Under the Hammer **8.00** Flog It! **9.00** Ground Force: Double bill. **10.00** MasterChef Australia **11.30** My Flat-Pack Home

12.00noon Escape to the Country **1.00pm** DIY SOS: The Big Build **2.00** Escape to the Country **3.00** Flog It! **4.00** Timber Kings **5.00** Homes Under the Hammer **6.00** Ground Force

7.00 MasterChef Australia

8.30 My Flat-Pack Home An eco-friendly haven in the Scottish Highlands.

9.00 Escape to the Country Properties in rural Suffolk.

10.00 Battlechefs Ten amateur celebrity cooks traverse the Mediterranean.

11.00 Marbella Mansions **12.00m't** DIY SOS: The Big Build **1.00am** Homes Under the Hammer **2.00-4.00am** Cranford: Return to Cranford

+1 hour: SKY 244 | VIRG 282

Lifetime

SKY 156 HD 156/236 | VIRG 208 HD 209

7.00am Zombie House Flipping (HD) **8.00** Sarah Beeny's Selling Houses (HD) **9.00** Storage Wars (HD) **10.00** Hoarders (HD) **11.00am-1.00pm** Judge Judy. (HD)

1.00pm Hoarders (HD) **2.00** The Ghost Inside My Child (HD) **3.00** Property Brothers (HD) **4.00** Dance Moms (HD) **5.00** Real Housewives of Sydney (HD) **6.00** Storage Wars (HD)

7.00-9.00 Judge Judy (HD)

9.00 Atlanta Plastic A woman wants a body makeover. (HD)

10.00 The Joy of Sex Toys Celebrity endorsements are planned to sell lingerie. (HD)

11.00 Making a Model with Yolanda Hadid **12.00m't** Little Women: Couples Retreat (HD) **1.00am** The Joy of Sex Toys (HD) **2.00** The Ghost Inside My Child **3.00-4.00am** Dance Moms (HD)

+1 hour: SKY 197

Quest

SKY 144 | VIRG 172 | F'VIEW 37

6.00am The Great Rod Race **6.20** Total Fishing with Matt Hayes **7.10** Mighty Ships **8.00** Aircraft Stories **9.00-11.00** How It's Made **11.00** Classic Car Rescue

12.00noon Railroad Australia **1.00pm** Mighty Ships **2.00** Wheeler Dealers **4.00** Supertruckers **5.00** How Stuff's Made **6.00** How It's Made: Dream Cars

7.00 Gunslingers

8.00 Salvage Hunters A man who owns a steam train.

9.00 Rocky Mountain Railroad NEW EDITION

10.00 Alaska Mega Machines

1.00 How It's Made **11.30** World's Deadliest Drivers **12.00m't** Wheeler Dealers **1.00am** How It's Made: Dream Cars **2.00** Chasing Classic Cars **3.00** Destroyed in Seconds **4.00** Supertruckers **5.00-6.00am** Overhaulin'

+1 hour: SKY 195 | VIRG 173 | F'VIEW 83 | F'SAT 168

Quest Red

SKY 162 | VIRG 215 | F'VIEW 38 | F'SAT 167

6.00am Say Yes to the Dress: Bridesmaids **6.25** My Cat from Hell **7.10** Animal Cops Houston **8.00** Animal Cops Detroit **9.00** Animal Cops Houston **10.00** My 600lb Life **11.00** 60 Minute Makeover with Peter Andre

12.00noon Salvage Hunters **1.00pm** Homes Under the Hammer **2.00-6.00** Say Yes to the Dress: Back-to-back editions. **6.00** Salvage Hunters **7.00** 60 Minute Makeover with Peter Andre **NEW EDITION** The home of a former police officer.

8.00 Bondi Vet **9.00-11.00** Say Yes to the Dress **11.00** Forensic Detectives **12.00m't** FBI Files **1.00am** Couples Who Kill **2.00** Nightmare Next Door **3.00** FBI Files **3.50** Animal Cops Detroit **4.40** Bondi Vet **5.30-6.00am** Say Yes to the Dress

+1 hour: SKY 233 | F'VIEW 84 | F'SAT 170

Really

SKY 155 | VIRGIN 129 | F'VIEW 17 | F'SAT 169

6.00am DIY SOS: Double bill. **7.00** Home Shopping **8.00** Antiques Road Trip **9.00** Fantasy Homes by the Sea **10.00** DIY SOS: The Big Build **11.00** Countryside 999

12.00noon Antiques Road Trip **1.00pm** Escape to the Country **2.00** Fantasy Homes by the Sea **3.00** Countryside 999 **4.00** My Ghost Story: Caught on Camera **5.00** Most Haunted: Beaumanor Hall. **6.00** Antiques Road Trip

7.00 Escape to the Country

8.00 My Ghost Story: Caught on Camera

9.00 Helicopter ER

10.00 Into the Fire NEW EDITION A woman is trapped in her car after spinning across a dual carriageway.

11.00 Born to Kill? **12.00m't** Evil Up Close **1.00am** Into the Fire **2.00** Home Shopping **4.00** Evil Up Close **4.50** Helicopter ER **5.40-6.00am** A Garden for All Seasons

Shed

SKY 161 | VIRGIN 286

6.00am Thinking Tackle **7.00** Off the Hook: Extreme Catches **8.00** Wheeler Dealers **9.00** Hardcore Pawn **10.00am-12.00noon** Auction Hunters

12.00noon Treehouse Masters **1.00pm** Fast N' Loud Revved Up **3.00** Wheeler Dealers **4.00** Bear Grylls: Born Survivor **5.00** Mythbusters **6.00** Airplane Repo

7.00 Auction Hunters

8.00 Wheeler Dealers Mike Brewer bags a bargain Ford Fiesta XR2.

9.00 Hardcore Pawn

10.00 Pacific Warriors The fishing season draws to a close, and Jon Jon is finally tested by a monster fish.

11.00 Wheeler Dealers **12.00m't** Street Outlaws **1.00am** Misfit Garage **2.00** Manhunt **3.00** Overhaulin' **3.50** Fast N' Loud **4.40** Off the Hook: Extreme Catches **5.30-6.00am** Shedheads

Sony Crime

SKY 157 | VIRGIN 193 | F'VIEW 60 | F'SAT 143

7.00am 48 Hours: Mystery: Double bill. **9.00** Fatal Attraction: Double bill. **11.00** Hustle: Double bill. **1.00pm** CSI: Double bill. **3.00** Law & Order: Double bill. **5.00** Person of Interest **6.00** CSI

7.00 Hustle *As One Flew Out, One Flew In:* 1/6. Danny takes charge of the latest con. **8.00** *Signing Up to Wealth:* 2/6. Albert poses as a racing syndicate member. (Series 4)

9.00 Person of Interest *Number Crunch:* 10/23. Reese and Finch are puzzled when the machine brings up four numbers at once. (Series 1)

10.00 CSI *Father of the Bride:* 20/22. Serial killer Nate Haskell resurfaces after sending a video to the father of his fiancée. (Series 11)

11.00 Deadly Women: Double bill. **1.00am** CSI **2.00-4.00am** Hustle: Double bill.

+1 hour: SKY 181 | F'VIEW 69

5SELECT

SKY 175 | VIRGIN 152 | F'VIEW 54 | F'SAT 133

9.00am Access **9.10** Neighbours **9.35** Home and Away **10.00** The Railways That Built Britain with Chris Tarrant **11.00** Inside Windsor Castle **12.00noon** The Dog Rescuers with Alan Davies

1.00pm GPs: Behind Closed Doors **3.00** The Yorkshire Vet **4.00** The Hotel Inspector **5.00** The Dog Rescuers with Alan Davies **6.00** GPs: Behind Closed Doors

7.00 GPs: Behind Closed Doors

8.00 The Yorkshire Vet

9.00 Cruising with Jane McDonald The presenter visits Estonia, Russia, Finland and Sweden.

10.00 Ben Fogle New Lives in the Wild: Down Under Ben begins his travels in the remote Wilderness Island, off Australia.

11.00 Spectacular Spain with Alex Polizzi **12.00m't** The Hotel Inspector **1.00am** GPs: Behind Closed Doors **3.00-4.00am** To B&B the Best

5Spike

SKY 160 | VIRGIN 154 | F'VIEW 31 | F'SAT 141

9.00am The Classic Car Show **10.00** Car Crash TV **11.00** All New Traffic Cops **12.00noon** Police Interceptors

12.55pm FILM Exodus: Epic drama. (1960, PG, 220min) ★★ **5.00** Knight Rider **6.00** Traffic Cops: On the Edge

7.00 Police Interceptors

8.00 Criminals: Caught on Camera Nick Wallis joins the Met's robbery squads on a Friday night shift.

9.00 NEW SERIES World's Wildest Flights Stories of people who have experienced some of the world's most terrifying flights.

10.00 Spartacus: Blood and Sand *Kill Them All:* 13/13. Spartacus finally gets his chance for revenge. (Series 1)

11.05-2.05am The X-Files: Triple bill. **2.05am** Lip Sync Battle **2.30-3.00am** Caraoke Showdown

+1 hour: SKY 219 | F'VIEW 31

TLC

SKY 125 HD 125/234 | VIRG 167 HD 168

6.00am Cake Boss (HD) **7.00-9.00** Say Yes to the Dress: Atlanta (HD) **9.00** Say Yes to the Dress: Big Bliss (HD) **10.00** Little People, Big World (HD) **11.00** Gypsy Brides US (HD) **1.00pm** Say Yes to the Dress (HD)

2.00 Cake Boss (HD) **3.00** I Found the Gown (HD) **4.00** Say Yes to the Dress: Bridesmaids (HD) **5.00-7.00** Say Yes to the Dress: Atlanta (HD) **7.00 NEW** Little People, Big World (HD) **9.00 NEW SERIES** I Am Jazz (HD) **10.00** Gypsy Brides US (HD)

11.00 Hoarding: Buried Alive (HD) **12.00m't** Little People, Big World (HD) **2.00am** Say Yes to the Dress: Atlanta (HD) **3.00** I Found the Gown (HD) **4.00** Say Yes to the Dress: Bridesmaids (HD) **5.00-6.00am** Say Yes to the Dress: Double bill. (HD)

+1 hour: SKY 154 | VIRG 169

TruTV

SKY 185 | VIRGIN 212 | F'VIEW 68 | F'SAT 153

6.00-8.00am Speeders Fight Back **8.00-10.00** Bait Car **10.00am-12.00noon** Speeders **12.00noon** Caught Red Handed

1.00pm Fear Thy Neighbour **2.00-4.00** Masterminds **4.00** Caught Red Handed **5.00** Murder Detectives: Solved by CCTV **6.00** Psychic Detectives: Double bill.

7.00 Psychic Detectives Double bill. Uncovering clues to unsolved crimes.

8.00 Paranormal Survivor A teenager's obsession with a ghost almost proves fatal.

9.00 Ghosts in My Home

10.00 Murder Detectives: Solved by CCTV Unspeakable crimes solved with the help of CCTV.

11.00 Ink Master Redemption **12.00m't** RuPaul's Drag Race **1.00-3.00am** Speeders Fight Back: Back-to-back editions.

+1 hour: SKY 186

YourTV

SKY 199 | F'VIEW 72 | F'SAT 156

7.00-9.00am Corrupt Crimes: Back-to-back editions. **9.00** Murder She Solved: Double bill. **11.00am-2.00pm** Justice By Any Means: Triple bill. **2.00pm** Castle: Double bill. **4.00** Body of Proof: Double bill. **6.00** Bones

7.00 Bones *The Pinocchio in the Planter:* 20/23. A member of a radical 'honesty group' is murdered. (Series 6)

8.00 Castle *Head Case:* 3/23. A corpse disappears from the scene of a murder. **9.00** *Kick the Ballistics:* 4/23. A detective's stolen gun is used in a murder. (Series 4)

10.00 Bones *The Killer in the Crosshairs:* 15/23. Booth realises the killer he is looking for is an old friend. (Series 6)

11.00 Bones: *The Blackout in the Blizzard:* 16/23. (Series 6) **12.00m't** Body of Proof: *Buried Secrets.* **1.00am** Josef Fritzl: The Story of a Monster **2.00-3.00am** Serial Killers

Discovery

SKY 520 HD 520/561 VIRGIN 250 HD 251

6.00am Railroad Alaska (HD) **7.00** Alaska: The Last Frontier (HD) **8.00** Commander in Chief (HD) **9.00** Wheeler Dealers: Double bill. (HD) **11.00** Fast N' Loud: Double bill of editions. (HD) **1.00pm** Railroad Alaska (HD) **2.00** Alaska: The Last Frontier (HD) **3.00** Yukon Men (HD) **4.00** Gold Rush (HD) **5.00** Commander in Chief (HD) **6.00** Wheeler Dealers: A retro Citroën HY Van. (HD)



9.00 Wheeler Dealers

7.00-10.00 Wheeler Dealers Mike is ecstatic when he snaps up a cult VW Corrado coupé with only one previous owner for a bargain price. (HD)

8.00 Mike and Ant claim ownership of a seriously distressed 1965 Dodge A-100 Sportsman, and plan a custom-built surf inspired makeover. (HD)

9.00 NEW EDITION Mike and Ant bring a sought-after 1965 Austin-Healey 3000 MKIII to auction. (HD)

10.00 Bitchin' Rides **NEW EDITION** The team converts a 1957 Corvette for Charity's dad. (HD) **11.00** Street Outlaws (HD) **12.00m't** Wheeler Dealers (HD)

1.00-3.00am How It's Made **3.00am** Bitchin' Rides (HD) **3.50** Wheeler Dealers (HD) **4.40** Fast N' Loud (HD) **5.30-6.00am** How It's Made (HD)

+1 hour SKY 521 VIRGIN 252

Animal Planet

SKY 523 HD 523/562 VIRGIN 256 HD 257

6.00am Pit Bulls & Parolees (HD) **8.00** Bondi Vet (HD) **10.00** Animal Cops Houston (HD) **12.00noon** Alaska: The Last Frontier (HD) **1.00pm** Wild Planet (HD) **2.00** Pit Bulls & Parolees (HD) **4.00** Bondi Vet (HD) **6.00** Animal Cops Houston: The SPCA tries to save a dog that is found hanging by its neck, and investigators rush to reunite some puppies with their mother. (HD)



8.00 Wild Planet

7.00 Animal Cops Houston The team visits an animal hoarder who has been forced to sleep on her porch as her 60 dogs run riot. (HD)

8.00 Wild Planet An exploration of the Tibetan plateau, the vast Himalayan upland that stands three miles above sea level. (HD)

9.00 Alaska: The Last Frontier The Kilchers go fishing, and they need to catch hundreds of pounds of fish for them to eat and barter with. (HD)

10.00 Pit Bulls & Parolees: An adopted dog turns up in a Mississippi shelter. (HD) **11.00** The team helps victims of the 2016 Louisiana floods. (HD)

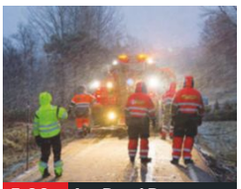
12.00m't Bondi Vet (HD) **2.00am** Animal Cops Houston (HD) **3.50** Wild Planet (HD) **4.40** Alaska: The Last Frontier (HD) **5.30-6.00am** Meet the Orangutans (HD)

+1 hour SKY 549 VIRGIN 258

Nat Geographic

SKY 526 HD 526/543 VIRGIN 266 HD 268

8.00am Impossible Bridges (HD) **9.00** WW2 Hell Under the Sea (HD) **10.00** Nazi Megastructures (HD) **11.00** Strippers: Cars for Cash (HD) **12.00noon** Car SOS (HD) **2.00pm** Wicked Tuna (HD) **3.00** Yukon Gold (HD) **4.00** Highway Thru Hell (HD) **5.00** Ice Road Rescue (HD) **6.00** Air Crash Investigation: The Ethiopian Airlines Flight 409 crash in 2010, which proved controversial. (HD)



5.00 Ice Road Rescue

7.00-11.00 Air Crash Investigation How a pilot saved the day when he lost all the engines of the aircraft after flying through a thunderstorm. (HD)

8.00 A terrorist group claims responsibility when a plane crashes 20 minutes after taking off in Egypt, but investigators are not convinced. (HD)

9.00 Investigators try to determine if the crash of a commercial airliner over a war zone in eastern Ukraine was caused by a missile. (HD)

10.00 The fate of Malaysia Airlines Flight MH370. (HD)

11.00 Air Crash Investigation (HD) **1.00am** The 90s: The Decade That Connected Us (HD) **2.00** Yukon Gold (HD) **3.00** Highway Thru Hell (HD) **4.00-5.00am** Ice Road Rescue (HD)

+1 hour SKY 527 VIRGIN 267

History

SKY 529 HD 529/545 VIRGIN 270

6.00-7.10am Pawn Stars (HD) **7.10** American Pickers **8.00** Counting Cars (HD) **9.00** Ancient Aliens (HD) **10.00** Missing in Alaska (HD) **11.00** Forged in Fire (HD) **12.00noon** Hunting Hitler **1.00pm** Pawn Stars (HD) **2.00** Counting Cars (HD) **3.00** Ice Road Truckers (HD) **4.00** Storage Wars (HD) **5.00** American Pickers **6.00** Forged in Fire: Four previously eliminated bladesmiths return. (HD)



8.00 Highway Thru Hell

7.00 American Pickers The guys pick the collection of a reclusive and mysterious businessman. (HD)

8.00 NEW SERIES Highway Thru Hell Winter strikes hard as Jamie Davis and his heavy rescue crew face new challenges. (HD)

9.00 Hunting Hitler NEW EDITION Mike and Lenny review newly declassified Chilean files that reveal a secret plot to attack the United States. (HD)

10.00 Project Nazi The V2 ballistic missile.

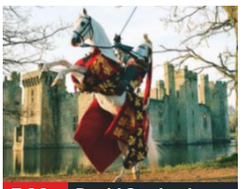
11.00 Forged in Fire (HD) **12.00m't** Vikings (HD) **1.00am** Highway Thru Hell (HD) **2.00** Homicide Hunter (HD) **3.00** The First 48 (HD) **4.00** Forged in Fire **5.00-6.00am** Pawn Stars (HD)

+1 hour SKY 530 VIRGIN 271

Yesterday

SKY 537 VIRGIN 245 F'VIEW 19 F'SAT 159

6.00am Coast **7.10** Pointless **8.00** Britain's Lost Roman Circus: A Time Team Special **9.00** Coast: The Western Isles. **10.00** David Starkey's Monarchy **11.00** Private Lives of the Monarchs **12.00noon** Britain's Lost Roman Circus: A Time Team Special **1.00pm** New Zealand: Earth's Mythical Islands **2.00** Wild China **3.00** Coast **4.00** A Tale of Two Sisters **5.00** Wartime Crime **6.00** Nazi Hunters



7.00 David Starkey's...

7.00 David Starkey's Monarchy The Wars of the Roses and the rise of Henry VII, who established the Tudor dynasty.

8.00 Private Lives of the Monarchs Queen Victoria's relationship with her husband and her eldest son.

9.00-11.00 Goodnight Sweetheart Gary gets drawn into a case of forged currency. **9.40** The women in Gary's lives feel they are being taken for granted and decide to have some fun on their own. **10.20** Ron moves in with Gary and Yvonne.

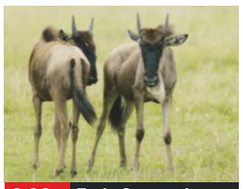
11.00pm-1.00am Ripping Yarns **1.00am** Battleplan **2.00-3.00am** Time Team

+1 hour SKY 538 VIRGIN 246

Eden

SKY 532 VIRGIN 247 HD 249

9.00am Polar Bear Town (HD) **10.00** How Earth Made Us (HD) **11.00** Bahama Blue (HD) **12.00noon** Martin Clunes: A Man and His Dogs (HD) **1.00pm** Trek: Spy on the Wildebeest (HD) **2.00** Wild Burma: Nature's Lost Kingdom (HD) **3.00** Bahama Blue (HD) **4.00** Martin Clunes: A Man and His Dogs (HD) **5.00** Trek: Spy on the Wildebeest (HD) **6.00** Bahama Blue (HD)



9.00 Trek: Spy on the...

7.00 Martin Clunes: A Man and His Dogs The actor looks at the health problems caused by selective breeding. (HD)

8.00 Wild Burma: Nature's Lost Kingdom Gordon Buchanan and Justine Evans search for the sun bear and Asian golden cat. (HD)

9.00 Trek: Spy on the Wildebeest A river presents a strong challenge for the calves, as crocodiles and hippos prey on stragglers. (HD)

10.00 Polar Bear Town (HD) **11.00** How Earth Made Us (HD) **12.00m't** Bahama Blue (HD) **1.00am** Martin Clunes: A Man and His Dogs (HD) **2.00** Wild Burma: Nature's Lost Kingdom: As 8.00pm. (HD) **3.00** Trek: Spy on the Wildebeest (HD) **3.50** Polar Bear Town (HD) **4.40** How Earth Made Us (HD) **5.30-6.00am** Wild Ones (HD)

+1 hour SKY 533 VIRGIN 248

Monday

7 PM

8 PM

9 PM

10 PM

Disc. History

SKY 535 VIRG 262

6.00am Top Tens **7.00** Off the Rails **8.00** Weapons of War **9.00** Edge of War **10.00** Battlefield **12.00noon** Top Tens **1.00pm** Weapons of War **2.00** Edge of War **3.00** Off the Rails **4.00** Battlefield **5.00** Blood and Fury: America's Civil War **6.00** Hitler's Henchmen **7.00 Edge of War** The Nazi invasion of Poland. **8.00 Blood and Fury: America's Civil War** **9.00 Hitler: A Profile** The formation of the Fuehrer's character. **10.00 Human Sacrifice** Examining the practice of human sacrifice. **11.00** Edge of War **12.00m't** Battlefield **2.00am** Human Sacrifice **3.00** Off the Rails **4.00** Tanks **5.00-6.00am** America: Facts vs Fiction

+1 hour SKY 536 VIRG 263

Disc. Science

SKY 525 VIRG 259

6.00am Kings of Construction **8.00** X-Machines **9.00** Food Factory USA **10.00** Food Factory **11.00** How It's Made **12.00noon** How Do They Do It? **1.00pm** Superyachts **2.00** How the Universe Works **4.00** Nasa's Unexplained Files **5.00** Megaquake: Hour That Shook Japan **6.00** How It's Made **7.00** Food Factory **8.00** How Do They Do It? **9.00** Blowing Up History **10.00** Mysteries of the Missing **11.00** How It's Made **12.00m't** Mountain Monsters **1.00am** The Unexplained Files **2.00** Ghost Asylum **3.00** Mythbusters **3.50** How It's Made **4.40** How the Universe Works **5.30-6.00am** How Stuff's Made: Perfume vials.

+1 hour SKY 557 VIRG 260

Nat Geo Wild

SKY 528 HD 528/544 VIRGIN 264 HD 265

8.00am Animal Fight Club (HD) **10.00** Savage Kingdom (HD) **12.00noon** Caught in the Act (HD) **1.00-4.00pm** Africa's Predator Zones: Triple bill. (HD) **4.00pm** Snakes in the City (HD) **6.00** Caught in the Act (HD) **7.00 Caught in the Act** Footage of animals displaying bravery and intelligence. (HD) **8.00 Lions v Hippos** (HD) **9.00 Hippo v Croc** Capturing the conflict between the two species – which clash when water supplies run low in the dry season. (HD) **10.00 Snakes in the City** More highlights from the series. (HD) **11.00** Snakes in the City (HD) **12.00m't** Animal Fight Club (HD) **2.00-5.00am** Africa's Predator Zones: Triple bill. (HD)

Turbo

SKY 524 VIRG 261

6.00am Kindig Customs **7.00** Wheeler Dealers **8.00** American Chopper **9.00** Diesel Brothers **10.00** Turbo Pickers **11.00** Wheeler Dealers **1.00pm** American Chopper **2.00** Diesel Brothers **3.00** Airplane Repo **4.00** Misfit Garage **5.00** Wheeler Dealers **6.00** Kindig Customs **7.00 Chasing Classic Cars** **8.00 Airplane Repo** A patch of turbulence could spell disaster for Mike Kennedy. **9.00 Dangerous Flights** Pilots Pete and Brad agree to fly a King Air from the UK to the US. **10.00 Wheeler Dealers** **12.00m't** Fast N' Loud **2.00am** Overhaulin' **3.50** Chasing Classic Cars **4.40** Airplane Repo **5.30-6.00am** A Racing Car Is Born

PBS America

SKY 534 VIRG 276 F'VIEW 94 F'SAT 155

8.00am Great Irish Journeys with Martha Kearney **9.15** Opium Brides **10.25** Isis and the Taliban: The Journey **11.35** Opium Brides **12.40pm** Poisoned Water **1.50** Great Irish Journeys with Martha Kearney **3.05** Isis and the Taliban: The Journey **4.15** Opium Brides **5.20** Poisoned Water **6.35** Great Irish Journeys with Martha Kearney **7.10 Great Irish Journeys with Martha Kearney** **7.50 In the Name of the Gene** The debunking of myths about gene types. **9.00** Death Camp Treblinka: Survivor Stories **10.15** Treblinka's Last Witness **12.15am** In the Name of the Gene **1.30-2.00am** Space Mistakes: How Nasa Failures Furthered Exploration

CI

SKY 553 HD 553/555 VIRG 275

6.00am Homicide Hunter (HD) **8.00** The First 48 (HD) **10.00** On the Case with Paula Zahn **11.00** Motives & Murders (HD) **12.00noon** Nightmare in Suburbia (HD) **1.00pm** Crimes That Shook Britain (HD) **2.00** First 48 (HD) **3.00** Homicide Hunter (HD) **4.00** Unusual Suspects (HD) **5.00** Cold Case Files (HD) **6.00** Motive to Murder (HD) **7.00** First 48 (HD) **8.00** On the Case with Paula Zahn **NEW EDITION** **9.00** Robbie Coltrane's Critical Evidence (HD) **10.00** Jo Frost on Britain's Killer Kids (HD) **11.00** The First 48 (HD) **12.00m't** Robbie Coltrane's Critical Evidence (HD) **1.00am** Motives & Murders (HD) **2.00** On the Case with Paula Zahn (HD) **3.00-6.00am** Highlights

+1 hour SKY 554

H2

SKY 531 VIRGIN 273 HD 274

8.00am The Lost Evidence: Double bill. **10.00** Clash of Warriors **11.00** Alien Files: Unsealed **12.00** Ancient Aliens **2.00pm** Ancient Impossible **3.00** The Lost Evidence: Double bill. **5.00** Top Shot **6.00** Alien Files: Unsealed **7.00 Ancient Aliens** Possible alien influences on rocket scientist Wernher von Braun. **8.00** People throughout history who have tapped into dark powers. **9.00 Ancient Assassins** Following the story of the Swiss Guard, bodyguards to the Papacy. **10.00 NEW** Strange History: Ancient Drugs **11.00** Battle 360 **12.00m't** Alien Files: Unsealed **1.00am** Ancient Aliens **3.00** America's Book of Secrets **4.00-5.00am** Battle 360

MONDAY Films

Monday

Sky Premiere

SKY 301 HD 301/314 VIRGIN 431 HD 401

6.00am Mune: Guardian of the Moon 7.40 Dive Olly Dive and the Octopus Rescue 9.15 Fast & Furious 8 11.35 PREMIERE Roxxy 1.25pm Honey 3: Dare to Dance 3.05 Dive Olly Dive and the Octopus Rescue

4.35 Mune: Guardian of the Moon Fantasy animation featuring the voice of Omar Sy. (2014, PG, 85min) ★★★ **6.15 Jarhead 3: The Siege** Action thriller sequel starring Scott Adkins. (2016, 15, 95min) ★



10.20 Roxxy

8 PM

8.00 Fast & Furious 8 Action sequel starring Vin Diesel. The crew faces its biggest test yet when leader Dominic betrays them out of the blue. (2017, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.20 PREMIERE Roxxy Drama starring Emile Hirsch. Romance blooms between a small-town loner and a rebellious punk. (2016, 15, 102min) ★★★
See review, page 19
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.15am Jarhead 3: The Siege Action thriller, as shown at 6.15pm.
2.00 It Had To Be You Romantic comedy. (2015, 15, 85min) ★★★
3.40 After the Reality Comedy drama. (2016, 15, 85min) ★★★
5.30-6.00am The Great Wall: Special

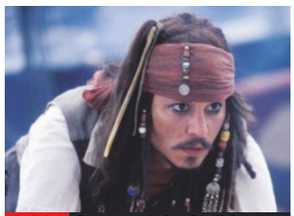
+1 hour SKY 302 VIRGIN 402

Sky Disney

SKY 305 HD 305/332 VIRGIN 435 HD 405

6.05am Lilo & Stitch 2: Stitch Has a Glitch 7.20 Mulan 8.55 Beauty and the Beast 11.15 Confessions of a Teenage Drama Queen 12.50pm Finding Dory 2.35 Brother Bear Animated adventure. (S) (2003, U, 85min) ★★★

4.05 Mulan Animated adventure. (S) (1998, U, 88min) ★★★ **5.40 Beauty and the Beast** Musical fairy tale starring Emma Watson. (S) (2017, PG, 129min) ★★★★



8.00 Pirates of the Caribbean...

8.00 Pirates of the Caribbean: The Curse of the Black Pearl Fantasy adventure starring Johnny Depp, Geoffrey Rush, Orlando Bloom and Keira Knightley. A ragged pirate join forces with a young blacksmith to pursue the fearsome pirate captain who has stolen his ship and kidnapped the local governor's daughter. (S) (2003, 12, 143min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 The Sword in the Stone Disney animated feature based on TH White's account of the legend of King Arthur. With the voice of Rickie Sorenson. (S) (1963, U, 75min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

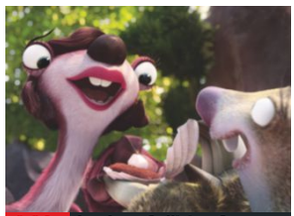
11.50 Honey, I Shrunk the Kids Fantasy comedy with Rick Moranis. (S) (1989, U, 93min) ★★★★
1.35am Pirates of the Caribbean: The Curse of the Black Pearl Fantasy adventure, as 8.00pm.
4.05-6.00am Prom Teen comedy drama. (S) (2011, U, 103min) ★★★

Sky Family

SKY 306 HD 306/333 VIRGIN 436 HD 406

6.10am Moana: Special 6.40 Scooby-Doo 8.15 The Lego Batman Movie 10.05 An Eskimo Tale 11.35 Ice Age: Collision Course 1.20pm Cloudy with a Chance of Meatballs

2.55 Blinky Bill the Movie Animated adventure. (S) (2015, U, 93min) ★★★ **4.30 The Lego Batman Movie** Animated comedy. (2017, U, 104min) ★★★★ **6.20 Ice Age: Collision Course** Animated comedy sequel. (S) (2016, U, 91min) ★★



6.20 Ice Age: Collision Course

8.00 Percy Jackson & the Lightning Thief Fantasy adventure based on the book by Rick Riordan. A New York teenager sets off on a perilous quest after learning that he is the son of the Greek god Poseidon. Stars Logan Lerman and Brandon T Jackson. (S) (2010, PG, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Pelé: Birth of a Legend Biopic charting the rise of Brazilian football great Pelé – from the slums of Sao Paulo to World Cup glory. Stars Kevin de Paula and Vincent D'Onofrio. (S) (2015, PG, 107min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 Snow Day Comedy with Chevy Chase. (S) (2000, PG, 89min) ★★
1.30am Turbo: A Power Rangers Movie Family adventure fantasy sequel. (S) (1997, PG, 99min) ★
3.20 Christmas in the Smokies Drama. (S) (2015, PG, 88min) ★★
5.00-6.40am Paulie Comedy. (S) (1998, U, 92min) ★★★

Sky Action

SKY 307 HD 307/334 VIRGIN 437 HD 407

6.00am The Great Escape 9.00 The Matrix 11.20 The Matrix Reloaded 1.45pm The Matrix Revolutions

4.00 The Great Escape Classic PoW escape adventure about Allied prisoners planning a mass breakout from a Nazi prison camp. Stars Steve McQueen. (S) (1963, PG, 166min) ★★★★★ **7.00 The Matrix** Thriller starring Keanu Reeves, Laurence Fishburne and Carrie-Anne Moss. (S) (1999, 15, 136min) ★★★★



7.00 The Matrix

The Matrix (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 The Matrix Reloaded Sci-fi action thriller sequel with Keanu Reeves, Laurence Fishburne and Carrie-Anne Moss. With only 36 hours to go before a machine army overwhelms the underground city of Zion, hope rests on the messiah-like Neo to save humanity from the Matrix. (S) (2003, 15, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

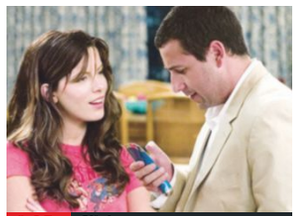
12.00m't The Matrix Revolutions Sci-fi action thriller starring Keanu Reeves and Laurence Fishburne. (S) (2003, 15, 129min) ★★★
2.15am Armageddon Sci-fi action adventure starring Bruce Willis. (S) (1998, 12, 151min) ★★
5.00-6.00am Sky Cinema Preview

Sky Comedy

SKY 308 HD 308/335 VIRGIN 438 HD 408

6.45am Black Panther: Special 7.15 Kicking Off 8.45 Turner & Hooch 10.30 Dude, Where's My Car? 12.00noon You Don't Mess with the Zohan 2.00pm Keeping Up with the Joneses As 10.00pm.

3.50 Knocked Up Romantic comedy starring Seth Rogen and Katherine Heigl. (S) (2007, 15, 129min) ★★★ **6.05 Click** Fantasy comedy starring Adam Sandler and Kate Beckinsale. (S) (2006, 12, 103min) ★★★



6.05 Click

8.00 You Don't Mess with the Zohan Comedy starring Adam Sandler. A top Israeli commando fakes his own death and moves to New York to follow his dream of becoming a hairstylist. With John Turturro, Emmanuelle Chriqui and Nick Swardson. (S) (2008, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Keeping Up with the Joneses Action comedy with Zach Galifianakis, Isla Fisher, Jon Hamm and Gal Gadot. A suburban couple discover their seemingly perfect neighbours are undercover spies. (S) (2016, 12, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 Dumb and Dumber Comedy starring Jim Carrey and Jeff Daniels. (S) (1994, 12, 107min) ★★
1.45am Meatballs Comedy with Bill Murray. (S) (1979, 15, 92min) ★★
3.30 Bad News Bears Sports comedy. (S) (2005, 12, 113min) ★★
5.30-6.00am Black Panther: Special

Sky Hits

SKY 303 HD 303/330 VIRGIN 433 HD 403

7.05am I Saw the Light 9.15 Kung Fu Panda 3 10.55 The Book of Henry As 7.00pm. **12.50pm X-Men: Apocalypse** As 9.00pm.

3.20 Ocean's Eleven Caper thriller with George Clooney. (S) (2001, 12, 116min) ★★★★ **5.20 Kung Fu Panda 3** Animated comedy sequel with the voice of Jack Black. (S) (2016, PG, 95min) ★★★★

7.00 The Book of Henry Drama starring Naomi Watts and Jacob Tremblay. (S) (2016, 12, 105min) ★
9.00 X-Men: Apocalypse Sci-fi adventure starring James McAvoy, Michael Fassbender and Jennifer Lawrence. (S) (2016, 12, 144min) ★★★
11.30 A Cure for Wellness Psychological thriller starring Dane DeHaan and Mia Goth. (S) (2017, 18, 146min) ★★★★
2.05am The Infiltrator Drama starring Bryan Cranston. (S) (2016, 15, 127min) ★★★
4.20-6.30am Jem and the Holograms Family drama. (S) (2015, PG, 118min) ★★

Sky Greats

SKY 304 HD 304/331 VIRGIN 434 HD 404

6.00am The Money Pit 7.45 The Ox-Bow Incident 9.10 Ghostbusters 11.00 The Frighteners 1.00pm The Prince of Tides Romance. (S) (1991, 15, 132min) ★★★
3.15 The Thin Red Line Epic war drama. (S) (1998, 15, 170min) ★★★★ **6.10 Ghostbusters** Supernatural comedy with Bill Murray. (S) (1984, 12, 105min) ★★★★

8.00 The Frighteners Horror comedy with Michael J Fox. (S) (1996, 15, 110min) ★★★
10.00 Airplane! Spoof of air-disaster movies, starring Robert Hays. (S) (1980, 12, 86min) ★★★★★
11.35 Airplane II – The Sequel Comedy sequel with Robert Hays and Julie Hagerty. (S) (1982, 15, 81min) ★★★
1.10am Pet Sematary Supernatural thriller. (S) (1989, 18, 103min) ★★
3.05 The Money Pit Comedy. (S) (1985, 15, 91min) ★★★
4.40-6.00am The Ox-Bow Incident Classic Western. (S) (1943, b/w, PG, 75min) ★★★

TCM

SKY 317 HD 317/341 VIRGIN 415 HD 416

7.10am Bonanza 8.15 The Virginian 9.55 Thunder Over the Plains 11.35 The Virginian 1.15pm Guns of Wyoming 3.00 Airplane! Spoof of air-disaster movies. (1980, 12, 86min) ★★★★★
4.55 Tribute to a Bad Man Western. (1955, PG, 95min) ★★★ **6.55 Larry Crowne** Romantic comedy with Tom Hanks. (2011, 12, 98min) ★★★

9.00 Blade Action adventure chiller based on the Marvel Comic character, starring Wesley Snipes as the half-human, half-vampire warrior Blade. With Stephen Dorff. (1998, 18, 121min) ★★★
11.25 Lethal Weapon 3 Action comedy thriller sequel with Mel Gibson and Danny Glover. (1992, 15, 118min) ★★
1.50am Conspiracy Theory with Jesse Ventura
3.45 Hollywood's Best Film Directors Double bill.
5.00-7.00am Tribute to a Bad Man Western, as 4.55pm.

+1 hour SKY 318 VIRGIN 417

Talking Pictures

SKY 343 VIRGIN 445 F'VIEW 81 F'SAT 306

6.00am Hangman's Wharf 7.15 The David Niven Show 7.45 Glimpses: Treetop Daredevils 8.00 The Passing Stranger 9.20 The Rogues
10.20 Be My Guest 12.00noon Call Me Mister 2.00pm The Big Valley 3.00 A Family at War 4.00 Glimpses: Beach Angling in Lowestoft 4.10 Beloved Enemy 6.00 Once a Jolly Swagman

8.00 The Winslow Boy Courtroom drama starring Robert Donat. A 13-year-old naval cadet is accused of stealing a postal order. (1948, b/w, U, 117min) ★★★★
10.20 Odd Man Out Drama starring James Mason as a wounded IRA gunman seeking shelter in Belfast. (1946, b/w, PG, 110min) ★★★★★
12.40am A Touch of Love Drama starring Sandy Dennis. (1969, 15, 105min) ★★
2.45 The Girl in the Picture Thriller with Donald Houston. (1956, b/w, U, 63min) ★★
4.00 The Big Valley
5.00-6.00am Burke's Law

Horror

SKY 319 VIRGIN 149 F'VIEW 70 F'SAT 138

8.00am Highlander 9.00 Star Trek: The Next Generation 10.00 Star Trek 11.00 Journey to the Centre of the Earth 2.50pm Horror Highlights 3.00 Earth: Final Conflict
4.00 Dark Storm Sci-fi drama starring Stephen Baldwin and William B Davis. (2006, 15, 89min) ★★ **5.50 Horror Highlights 6.00 Star Trek**

7.00 Star Trek: The Next Generation (Series 2)
8.00 seaQuest DSV
9.00 The Breed Horror thriller starring Michelle Rodriguez, Eric Lively and Taryn Manning. (2006, 15, 90min) ★★
10.50 We Are Still Here Horror with Barbara Crampton and Andrew Sensenig. (2015, 18, 82min) ★★
12.35am V/H/S Horror anthology with Adam Wingard. (2012, 18, 113min) ★★
2.45-4.30am Bad Milo! Comedy horror starring Ken Marino. (2013, 15, 85min) ★★

+1 hour SKY 320 VIRGIN 202

True Movies

SKY 321 VIRGIN 424 F'VIEW 62 F'SAT 302

6.00am Providence 7.00 Highway to Heaven 9.00 Freshman Father 11.00 Gettysburg 1.00pm The Waltons 2.00 Providence
3.00 Sherlock Holmes and the Leading Lady 1&2/2. Mystery with Christopher Lee and Patrick Macnee. The detective searches Vienna for a stolen bomb, leading to a run-in with an old foe.

7.00 Blonde 2/2. The story of Marilyn Monroe's life.
9.00 The Hessen Conspiracy Film noir starring Billy Zane. In post-World War Two Germany, a US colonel and his lover stumble across the Crown Jewels and decide to smuggle them back home. (2009, 15, 106min) ★★
11.15 A Perry Mason Mystery: The Case of the Wicked Wives Mystery drama.
1.00am The Waltons
3.00 Little House on the Prairie Double bill.
5.00-6.00am Providence

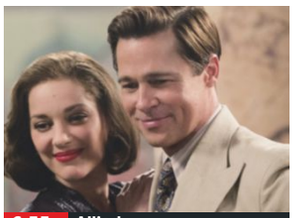
+1 hour SKY 322 F'SAT 303

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

SKY 309 HD 309/336 VIRGIN 439 HD 409

7.00am Breakdown 8.55 What Lies Beneath 11.05 U.S. Marshals 1.20pm Road to Perdition Period crime drama. (S) (2002, 15, 119min) ★★★★ **3.20 Marauders** Crime thriller starring Christopher Meloni. (S) (2016, 15, 107min) ★★
5.15 Hijacked Thriller starring Denise Richards. (S) (2017, 15, 88min) ★★ **6.55 Allied** Wartime thriller starring Brad Pitt and Marion Cotillard. (S) (2016, 15, 124min) ★★★★



Allied
(film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

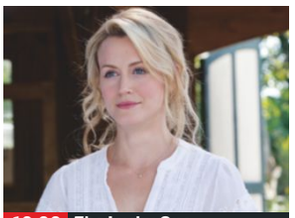
9.00 The Da Vinci Code Ron Howard's thriller based on the bestseller by Dan Brown, starring Tom Hanks. A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous albino monk. (S) (2006, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 Wall Street: Money Never Sleeps Oliver Stone's business drama sequel with Michael Douglas. (S) (2010, 12, 132min) ★★★
1.45am Sudden Death Action thriller. (S) (1995, 18, 110min) ★★★
3.45 ID2: Shadwell Army Thriller sequel. (S) (2016, 18, 92min) ★
5.30-7.10am Point Last Seen Drama. (S) (1998, PG, 87min) ★★

Sky Drama

SKY 310 HD 310/337 VIRGIN 440 HD 410

7.20am Aftermath 9.05 The Fisher King 11.30 Viceroy's House 1.30pm Sully 3.15 The Lucky One Romantic drama, as shown at 10.00pm. **5.00 The Top Ten Show 2018** The biggest box office hits.
5.20 Ray Biopic starring Jamie Foxx as soul music legend Ray Charles, who overcame poverty, racism and the loss of his sight to forge a ground-breaking musical career. (S) (2004, 15, 152min) ★★★★



8.00 Viceroy's House Drama starring Hugh Bonneville and Gillian Anderson. The final Viceroy of India, Lord Mountbatten, oversees the transition of British India to independence. With Manish Dyal and Huma Qureshi. (2017, 12, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 The Lucky One Romantic drama based on the novel by Nicholas Sparks, starring Zac Efron and Taylor Schilling. An Iraq war veteran resolves to find the unknown woman whose photo he credits with saving his life. (S) (2012, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 Sully Biographical drama with Tom Hanks and Aaron Eckhart. (S) (2016, 12, 96min) ★★★★
1.35am Truth Fact-based drama. (S) (2015, 15, 125min) ★★★★
3.50 Black Panther: Special
4.20-6.00am Bus Stop Comedy drama. (S) (1956, U, 96min) ★★★★

Sky Sci-Fi/Horror

SKY 311 HD 311/339 VIRGIN 441 HD 411

6.20am Arachnophobia 8.15 A.I. Artificial Intelligence 10.45 Life 12.45pm After Earth As 9.00pm. **2.30 Passengers** As 10.45pm.
4.30 A.I. Artificial Intelligence Steven Spielberg's sci-fi fantasy starring Haley Joel Osment and Frances O'Connor. (S) (2001, 12, 145min) ★★★★ **7.00 Life** Thriller starring Jake Gyllenhaal, Rebecca Ferguson and Ryan Reynolds. (S) (2017, 15, 104min) ★★★★



Life
(film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 After Earth Sci-fi adventure starring Will and Jaden Smith as a father and son stranded on a hostile future Earth after their spacecraft crash lands. (2013, 12, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

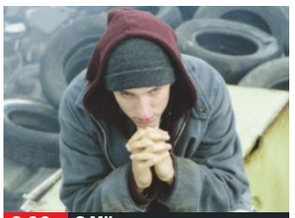
10.45 Passengers Fantasy adventure starring Jennifer Lawrence, Chris Pratt and Michael Sheen. (S) (2016, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45am Videodrome Sci-fi thriller starring James Woods and Deborah Harry. (S) (1982, 18, 88min) ★★★
2.20 Abattoir Horror starring Joe Anderson. (S) (2016, 18, 99min) ★★
4.05-6.00am Arachnophobia Horror thriller. (S) (1990, PG, 106min) ★★★

Sky Select

SKY 312 HD 312/340 VIRGIN 442 HD 412

6.00am Flirting with Love 7.25 American Honey 10.10 A Fistful of Dollars 11.55 Whiskey Tango Foxtrot 1.55pm Tora! Tora! Tora!
4.25 The Innocents Drama starring Lou de Laage. Subtitled. (2016, 15, 115min) ★★★★ **6.25 Rage** Baseball drama starring Johnny Simmons. A promising baseball pitcher is helped by a sports therapist who attempts to get to the root of his problems. (S) (2016, 15, 90min) ★★★



8.00 8 Mile Urban drama starring Eminem, Kim Basinger and Brittany Murphy. A Detroit youth dreams of escaping his dysfunctional home and dead-end job at a car parts factory and making it as a hip-hop star. With Mekhi Phifer. (S) (2002, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Nocturnal Animals Tom Ford's psychological thriller starring Amy Adams and Jake Gyllenhaal. An art gallery owner is tormented by the violent thriller penned by ex-husband. (S) (2016, 15, 116min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00m't The King's Choice Historical drama starring Jesper Christensen. Subtitled. (2016, 12, 133min) ★★★★
2.25am Boogie Nights Adult comedy drama starring Mark Wahlberg. (S) (1997, 18, 156min) ★★★★
5.10-6.40am Long Way North Animation with the voice of Chloe Dunn. (S) (2015, PG, 80min) ★★★

Film4

SKY 315 HD 315/342 VIRGIN 428 HD 429 F'VIEW 15 F'SAT 300

■ (HD) denotes HD on Sky or Virgin
■ Films start at 11.00am

11.00am The Wonderful Country 1.05pm All That Heaven Allows Romantic melodrama. (S) (1955, U, 89min) ★★★★ **2.50 Tomahawk** Western. (S) (1950, PG, 82min) ★★
4.30 Elephant Walk Melodrama. (S) (1954, U, 103min) ★★ **6.35 CutThroat Island** Adventure. (S) (1995, PG, 123min) ★★



CutThroat Island
(film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Salt Action thriller starring Angelina Jolie. A CIA agent goes on the run after a Russian defector convinces her superiors that she is a double agent. With Liev Schreiber and Chiwetel Ejiofor. (S) (2010, 12, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 PREMIERE Still Alice Drama starring Julianne Moore and Alec Baldwin. (S) (2014, 12, 101min) ★★★★ *See review, page 21*
1.00-3.25am The Best Man Holiday Comedy drama sequel starring Taye Diggs, Morris Chestnut and Monica Calhoun. (S) (2013, 15, 120min) ★★
+1 hour SKY 316 VIRGIN 430 F'VIEW 45 F'SAT 301

Monday

8 PM
9 PM
10 PM
11 PM

Sony Movies

SKY 323 VIRGIN 425 F'VIEW 32

9.00am Special Delivery 11.10 A Lover's Revenge Thriller. (2005, 12, 94min) ★★ **1.05pm Sony Movie News Extra 1.15 Burlesque** Musical romantic drama. (2010, 12, 118min) ★★★
3.50 Anonymous Historical conspiracy thriller. (2011, 12, 129min) ★★★ **6.45 The Shadow** Fantasy thriller. (1994, 12, 107min) ★★★

9.00 The Pledge Thriller directed by Sean Penn and starring Jack Nicholson. A detective vows to bring a child killer to justice by any means. (2000, 15, 123min) ★★★★
11.40 Ghosts of Mars John Carpenter's sci-fi thriller. (2001, 15, 97min) ★★★
1.40 I Am Wrath Crime thriller. (2016, 15, 90min) ★★
3.35 Sony Movie News Extra The latest film news.
3.45 Witch Hunt Drama. (1999, 12, 84min) ★★
5.50-6.00am Sony Movie News Extra Latest film news.

+1 hour SKY 324

Movies 24

SKY 327 VIRGIN 419

7.00am I Married Who? 9.00 Be My Valentine 11.00 Mr Fiction 1.00pm Bone to Pick: Teagarden Mystery
3.00 Mary: The Making of a Princess Biographical drama starring Emma Hamilton. (2015, PG, 89min) ★★ **5.00 Puppy Love** Romantic drama starring Candace Cameron Bure and Victor Webster. (2012, U, 90min) ★★

7.00 Secret Millionaire Romantic comedy starring Steve Lund. An industrialist's heir conceals his identity after falling for a woman protesting against his father's firm. (2017, PG, 120min) ★★
9.00 Groomzilla Romantic comedy with Darin Brooks. (2017, PG, 90min) ★★
11.00 Love Blossoms Drama starring Shantel VanSanten. (2017, PG, 80min) ★★★
1.00am Strawberry Summer Romantic drama starring Julie Mond. (2012, U, 120min) ★★
3.00-5.00am Letter Never Sent Romantic drama. (2015, PG, 85min) ★★★

Movies4Men

SKY 325 VIRG 426 F'VIEW 48 F'SAT 304

6.00am Stranded 7.40 Hijack 9.25 Machine-Gun Kelly 11.05 Doc West Western starring Terence Hill.
3.05 The Persuaders! 4.05 Eight Iron Men Wartime adventure starring Bonar Colleano, Lee Marvin and Arthur Franz. (1952, PG, 80min) ★★★ **5.50 In the Cockpit: Flat Tops** The cockpits of fighter jets.

7.10 Target Action thriller starring Stephen Baldwin. (2004, 15, 84min) ★★
9.00 I Am Wrath Crime thriller starring John Travolta. A grieving widower is shocked when his wife's killers manage to evade justice, so he takes the law into his own hands. (2016, 15, 90min) ★★
10.50 Active Stealth Action thriller starring Daniel Baldwin. (1999, 18, 95min) ★
12.55am Fifty/Fifty Thriller with Peter Weller and Robert Hays as warring mercenaries. (1992, 15, 97min) ★
3.00-4.00am The Lockheed Hercules Documentary.

FILMS SHOWN ON OTHER CHANNELS TONIGHT

EVENING (6-10pm)

7.00pm Love Happens *E!* Romantic comedy drama starring Aaron Eckhart. ★★★
8.00pm Big Daddy *5STAR* Comedy starring Adam Sandler, Joey Lauren Adams and Kristy Swanson. ★★★
9.00pm Jack Reacher *Sky One* Action thriller starring Tom Cruise. (HD) ★★★
9.00pm The Jackal *Syfy* Action thriller starring Bruce Willis and Richard Gere. ★★

10pm TILL LATE

10.05pm The Expendables 3 *5STAR* Action thriller sequel with Sylvester Stallone. ★★
11.20pm The Specialist *ITV4* Action thriller starring Sylvester Stallone, Sharon Stone and James Woods. (HD) ★★
11.30pm Hard Rain *Syfy* Action thriller starring Morgan Freeman, Christian Slater and Minnie Driver. ★★
4.00am 2012: Supernova *Syfy* Sci-fi action thriller starring Brian Krause. ★★

(S) Subtitles (SL) Signing

MONDAY Sport 19 February

Monday

Sky Sports Main Event
SKY 401 HD 401/435 | VIRGIN 511 HD 501

6.00am Good Morning Sports Fans (HD) **10.00** Premier League Daily (HD) **11.00** Sky Sports Daily (HD)

12.00noon Sky Sports News The latest news and developments. (HD)

5.00pm Sky Sports News at 5 (HD)

6.00 Sky Sports News at 6 (HD)

6.30 My Icon: Pam Cookey (HD)

6.45 LIVE Netball Superleague Manchester Thunder v UWS Sirens: From Wright Robinson Sports College. Centre-pass is at 7.00. (HD)

7.30 LIVE EFL Blackburn Rovers v Bury: Coverage of the League One match at Ewood Park. Kick-off is at 7.45. (HD)

10.00 The Debate Discussion on the latest news from the Premier League. (HD)

11.00 LIVE ATP Tennis The Rio Open: Coverage of the opening day of the ATP World Tour 500 event from the Jockey Club Brasileiro, featuring matches from the first round. (HD)

1.30am ATP Tour Classic Matches: Double bill. (HD) **2.00-6.00am** Sky Sports News (HD)

Sky Sports Prem League
SKY 402 HD 402/436 | VIRGIN 512 HD 502

6.00am Premier League Years **8.00** Premier League Best Goals (HD) **10.00** Premier League Daily (HD) **11.00** Premier League Years

1.00pm Best PL Goals: North London Derby Memorable strikes. (HD)

1.30 Best PL Goals: Man City v Liverpool (HD)

2.00 PL Best Goals 12/13 Memorable strikes. (HD)

3.00 Premier League Years From 2006/2007.

5.00 Soccer AM: The Best Bits (HD)

5.30 PL Greatest Games Double bill. (HD)

6.00-9.00 Gary Neville's Soccerbox Back-to-back editions. (HD)

9.00 PL Best Goals 13/14 Memorable strikes. (HD)

10.00 The Debate (HD)

11.00 Premier League Legends (HD) **11.30** Soccer AM: The Best Bits (HD) **12.00m't** Premier League Best Goals (HD) **1.00am** The Debate (HD) **2.00** Soccer AM: The Best Bits (HD)

2.30 Premier League Legends (HD) **3.00** The Debate (HD) **4.00** Premier League Best Goals (HD) **5.00** Soccer AM: The Best Bits (HD) **5.30-6.00am** Premier League Legends (HD)

Sky Sports Football
SKY 403 HD 403/439 | VIRGIN 513 HD 503

6.00am EFL Greatest Games (HD) **6.30** SPFL Greatest Games (HD) **7.00** La Liga Highlights (HD) **7.30** Football Countdowns (HD)

8.00 Football's Greatest Players **8.30** Football's Greatest Teams (HD) **9.00** La Liga Highlights (HD) **9.30am-3.45pm** La Liga Football (HD)

3.45pm La Liga Icons (HD)

4.00 Carling Cup Final 2007/08 (HD)

5.00 Carling Cup Final 2011/12 (HD)

6.00 Capital One Cup Final 2012/13 (HD)

7.00 Soccer AM: The Best Bits (HD)

7.30 LIVE EFL Blackburn Rovers v Bury: Kick-off is at 7.45. (HD)

10.00 The Debate (HD)

11.00 SPFL Round-Up (HD) **11.15** SPFL Greatest Games (HD) **11.30** Soccer AM: The Best Bits (HD) **12.00m't** EFL (HD) **2.30am** Soccer AM: The Best Bits (HD) **3.00** Football Years (HD)

3.30 Football Countdowns (HD) **4.00** EFL Greatest Games (HD) **4.30** SPFL Greatest Games (HD) **5.00** Football's Greatest Players **5.30-6.00am** Football's Greatest Teams (HD)

Sky Sports Cricket
SKY 404 HD 404/440 | VIRGIN 514 HD 504

6.00am Highlights **8.00** Jimmy Anderson: The Road to 500 **9.00** India's Amazing Run Chase **9.20** Battle of Trent Bridge – Atherton v Donald **9.30** Coaching Clinic with Rob Key (HD) **10.00** Cricket Masterclasses (HD) **12.00noon** Cricket's Greatest Games (HD)

1.00pm Jimmy Anderson: The Road to 500 **2.00** Graeme Smith: Making of a Captain (HD) **2.50** Battle of Trent Bridge – Atherton v Donald **3.00** How the Women's ICC World Cup 2017 Was Won (HD) **4.00** Great Women: Stars of ODI Cricket (HD) **5.00** Atherton Meets Sangakkara (HD) **5.45** Atherton Lord's Pavilion Portraits (HD) **5.50** Battle of Trent Bridge – Atherton v Donald **6.00** Being Monty Panesar (HD) **6.45** Sporting Triumphs (HD)

7.00 Jimmy Anderson: The Road to 500 **8.00** Ireland's Finest Hour **8.20** India's Amazing Run Chase **8.40** The Final Frontier (HD) **9.00** Ashes Memories (HD) **11.00** Jimmy Anderson: The Road to 500 **12.00m't** Ireland's Finest Hour **12.20am** India's Amazing Run Chase **12.40** The Final Frontier (HD) **1.00** Cricket's Greatest Games (HD) **2.00-6.00am** Highlights

Sky Sports Golf
SKY 405 HD 405/451 | VIRGIN 515 HD 505

6.00am Views of Golf (HD) **6.30** Chronicles of a Champion Golfer (HD) **7.00** British Masters Masterclass (HD) **7.30** Sporting Greats (HD) **8.00** PGA Tour Golf: The Genesis Open: Action from the final day. (HD)

1.30pm European Tour Golf The NBO Oman Open: Extended action from the final day. (HD)

6.00 British Masters Masterclass (HD)

6.30 The Best of Joe Miller (HD)

7.00 Golf Action from the World Long Drive Championship. (HD)

8.00 PGA Tour Golf The Genesis Open: Action from all four days of the tournament. (HD)

9.00 European Tour Golf The NBO Oman Open: Action from the fourth and final day. (HD)

10.00 European Tour Golf The NBO Oman Open: Further action from the final day. (HD)

11.00 PGA Tour Golf (HD) **12.00m't** Golf **1.00am** PGA Tour Classic **2.00** PGA Tour Golf (HD) **3.00** Chronicles of a Champion Golfer (HD) **3.30** Views of Golf (HD) **4.00-6.00am** Shell's Wonderful World of Golf (HD)

Sky Sports Action
SKY 407 HD 407/473 | VIRGIN 517 HD 507

6.00am Boxing Gold (HD) **7.00** Sporting Records (HD) **8.35** PRO14 Rugby Union (HD)

1.15pm Top 14 Rugby Union Racing 92 v La Rochelle. (HD)

3.05 Super Rugby Action from Stormers v Jaguares. (HD)

4.55 Top 14 Rugby Union Lyon v Clermont Auvergne. (HD)

6.45 LIVE Netball Superleague Manchester Thunder v UWS Sirens: Centre-pass 7.00. (HD)

8.45 My Icon (HD)

9.00 NFL: America's Game

10.00 Super League Fulltime (HD)

10.30 Netball Superleague (HD)

12.30am Super League Fulltime (HD) **1.00 LIVE** WWE Raw (HD) **4.15** WWE from the Vault (HD) **5.00-6.00am** NFL: America's Game

Sky Sports Arena
SKY 408 HD 408/474 | VIRGIN 518 HD 508

6.00am Sporting Triumphs (HD) **7.00** WWE Raw Hlts **8.00** ATP Tennis (HD) **10.00** ATP Tour Classic Matches (HD) **10.30** Sporting Records (HD) **11.00** Racing News (HD) **11.30** NFL: America's Game **1.30-3.00pm** Sporting Records (HD)

3.00 NFL: America's Game Double bill.

5.00 WWE Raw (HD)

7.00 Betfred Super League Highlights (HD)

7.30 LIVE ATP Tennis The Rio Open: The opening day one from the Jockey Club Brasileiro. (HD)

1.30am ATP Tour Classic Matches (HD) **2.00** Sporting Greats (HD) **2.30** Sporting Records (HD) **3.00** Sporting Greats (HD) **3.30** Sporting Records (HD) **4.00** Sporting Greats **4.30** Sporting Records (HD) **5.00** Sporting Greats **5.30-6.00am** Sporting Records (HD)

Sky Sports F1
SKY 406 HD 406/472 | VIRGIN 516 HD 506

6.00am-12.00noon The Home of Formula One **12.00noon-7.00pm** The Home of Formula One **7.00pm** Legends of F1: Profile of Frank Williams. (HD) **8.00** Formula 1: The Malaysian Grand Prix: Another chance to see the 15th round of the 2017 season, held at Sepang International Circuit. (HD) **10.15** Formula 2 Championship: Action from the 2017 British Grand Prix. (HD) **1.00-6.00am** The Home of Formula One

BT Sport 1
SKY 413 HD 413/427 | VIRGIN 531 HD 527

6.00am Classic MOTD – Thrillers **7.00** UEFA Champions League Magazine (HD) **7.30** Gillette World Sport (HD) **8.00** WTA Tennis (HD)

10.00 LIVE WTA Tennis: Dubai Day one of the Dubai Duty Free Tennis Championships. (HD)

2.00pm UEFA Champions League – Classics (HD)

3.00 LIVE WTA Tennis: Dubai Further coverage of the Dubai Duty Free Tennis Championships. (HD)

7.00 Gillette World Sport Global action. (HD)

7.30 The Outdoor Sports Show (HD)

8.00 WRC Review The Rally Sweden. (HD)

9.00 Fishing: On The Bank Angling magazine. (HD)

10.00 World's Strongest Man Recent action. (HD)

11.00 BT Sport Goals Reload (HD)

11.30 Vanarama National League Highlights (HD)

12.00m't LIVE College Basketball: Notre Dame Fighting Irish v Miami Hurricanes. (HD) **2.00am LIVE** College Basketball: Kansas Jayhawks v Oklahoma Sooners. (HD) **4.00** The Book of Manning (HD) **5.30-6.00am** Gillette World Sport (HD)

BT Sport 2
SKY 414 HD 414/433 | VIRGIN 532 HD 528

6.00am MotoGP Classics: Le Mans 2003 (HD) **7.00** MotoGP Classics: Sachsenring 2003 (HD) **8.00** MotoGP Classics: Brno 2003 (HD) **9.00am-1.00pm** The Emirates FA Cup (HD)

1.00pm Maradona '86 Documentary. (HD)

1.30 The Myth of Garrincha (HD)

2.00 Mysteries of the Rimet Trophy (HD)

2.30 Four Days in October Documentary. (HD)

3.30 NBA The 2018 All-Star game. (HD)

5.00 NBA Inside Stuff (HD)

5.30 UEFA Champions League Magazine (HD)

6.00 The Emirates FA Cup Highlights (HD)

6.30 Ladbrokes SPFL Highlights (HD)

7.00 Vanarama National League Highlights (HD)

7.30 LIVE Serie A Lazio v Hellas Verona: The Italian top-flight clash from the Stadio Olimpico. Kick-off is at 7.45. (HD)

9.45 I Am Yup'ik (HD)

10.00 UFC Donald Cerrone v Yancy Medeiros. (HD)

1.00am UFC Top 10: One-Round Wars (HD) **1.30** BT Sport Goals Reload (HD) **2.00-6.00am** The Big Match Revisited (HD)

BT Sport 3
SKY 417 HD 417/457 | VIRGIN 533 HD 529

6.00am-12.15pm Bundesliga: Back-to-back action from Germany. (HD)

12.15pm Bundesliga Action from FC Augsburg v VfB Stuttgart. (HD)

1.15 Bundesliga Borussia Monchengladbach v Borussia Dortmund. (HD)

3.00 Ligue 1 Highlights A round-up from matchday 26 in Ligue 1. (HD)

4.00 The Outdoor Sports Show (HD)

4.30 Aviva Premiership Rugby Highlights Extended action from the latest Aviva Premiership games, including Wasps v Exeter Chiefs, Worcester Warriors v Gloucester, and Northampton Saints v London Irish. (HD)

7.00 The High Five (HD)

7.15 LIVE Bundesliga Eintracht Frankfurt v RB Leipzig: Coverage of the German top-flight clash at Commerzbank-Arena. Kick-off is at 7.30. (HD)

9.30 Bundesliga Action from SC Freiburg v Werder Bremen. (HD)

11.15 Bundesliga Action from Hamburg SV v Bayer Leverkusen. (HD)

1.00-5.30am Bundesliga: Triple bill of action. (HD) **5.30-6.00am** Ladbrokes SPFL Highlights (HD)

BT Sport/ESPN
SKY 426 HD 426/458 | VIRGIN 534 HD 530

6.00am BT Sport Reload (HD) **6.30-11.45** College Basketball: Triple bill of action. (HD) **11.45** BT Sport Reload (HD)

12.00noon Gillette World Sport Global action. (HD)

12.30pm College Basketball Cincinnati Bearcats v Wichita State Shockers. (HD)

2.15 College Basketball Florida State Seminoles v Pittsburgh Panthers. (HD)

4.00 World Series Houston Astros v Los Angeles Dodgers. (HD)

7.15 BT Sport Reload (HD)

7.30 College Basketball East Carolina Pirates v Connecticut Huskies. (HD)

9.15 College Basketball California Golden Bears v Stanford Cardinal. (HD)

11.00 NBA Inside Stuff Behind the scenes. (HD)

11.30 NBA: The Jump (HD)

12.00m't LIVE College Basketball: North Carolina Central Eagles v Howard Bison: Tip-off is at 12.00. (HD) **2.00am LIVE** College Basketball: Alabama State Hornets v Alcorn State Braves: Tip-off is at 2.00. (HD) **4.00** Gillette World Sport (HD) **4.30** The Legend of Jimmy the Greek (HD) **5.30-6.00am** BT Sport Reload (HD)

Eurosport 1
SKY 410 HD 410/412 | VIRGIN 523 HD 521

8.00am Winter Olympic Curling (HD) **9.00** Winter Olympic Bobsleigh (HD) **9.30** Winter Olympic Freestyle Skiing (HD) **10.30** Winter Olympic Snowboarding (HD) **11.30** Winter Olympic Figure Skating (HD) **12.30pm LIVE** Winter Olympic Ski Jumping (HD) **2.30** Olympic Extra **3.00** Winter Olympic Figure Skating (HD)

4.00 Winter Olympic Snowboarding (HD) **5.00** Winter Olympic Bobsleigh (HD) **6.00** Winter Olympic Ski Jumping (HD) **7.00** Pyeongchang Today (HD) **8.30** Winter Olympic Bobsleigh (HD) **9.30** Winter Olympic Ski Jumping (HD) **10.30** Winter Olympic Nordic Combined Skiing (HD) **11.00** Pyeongchang Today (HD) **12.30am** Winter Olympic Nordic Combined Skiing (HD)

1.00 Winter Olympic Freestyle Skiing (HD) **1.30 LIVE** Winter Olympic Freestyle Skiing: The final of the women's half-pipe. (HD) **2.45 LIVE** Winter Olympic Figure Skating: The free dance programme. (HD) **4.30 LIVE** Winter Olympic Freestyle Skiing: Qualifying for the men's half-pipe. (HD) **5.45-8.00am LIVE** Winter Olympic Curling: The round-robin stage. (HD)

Eurosport 2
SKY 411 HD 411/443 | VIRGIN 524 HD 522

6.30am Winter Olympic Ice Hockey **8.15** Winter Olympic Alpine Skiing (HD) **9.15** Winter Olympic Figure Skating (HD) **10.15** Winter Olympic Bobsleigh **11.00 LIVE** Winter Olympic Bobsleigh: Coverage of the heats of the two-man discipline. (HD) **2.00pm LIVE** Winter Olympic Ice Hockey: The semi-finals of the women's ice hockey competition. (HD)

2.30 Winter Olympic Speed Skating (HD) **3.30** Winter Olympic Snowboarding **4.00** Winter Olympic Curling (HD) **6.00** Winter Olympic Figure Skating (HD) **7.00** Winter Olympic Snowboarding (HD) **9.00** Winter Olympic Speed Skating (HD) **10.00** Winter Olympic Snowboarding **11.00** Winter Olympic Bobsleigh

12.00m't Winter Olympic Nordic Combined Skiing (HD) **12.30am** Winter Olympic Ice Hockey (HD) **2.30** Winter Olympic Nordic Combined Skiing (HD) **3.00 LIVE** Winter Olympic Ice Hockey: Coverage of the play-off round of the men's ice hockey competition. (HD) **5.30-6.30am** Winter Olympic Ice Hockey (HD)

Sky Sports Mix
SKY 121 HD 121/287 | VIRGIN 520 HD 510

6.00am Mix Shorts (HD) **8.00** Best of Game Changers (HD) **9.00** Mix Shorts (HD) **10.00** NFL – A Football Life (HD) **11.00** Sporting Greats (HD) **12.00noon** Drone Racing League (HD)

1.00pm My Icon (HD)

1.30 Mixtreme: If3 (HD)

2.00 NFL – A Football Life Documentary. (HD)

3.00 Mix Shorts (HD)

3.30 Best of Game Changers (HD)

4.30 Mixtreme: World Championships of Snowboarding (HD)

5.00 WWE Raw Hlts

6.00 My Icon (HD)

6.30 Sporting Triumphs Memorable moments. (HD)

6.45 LIVE Netball Superleague Manchester Thunder v UWS Sirens: From Wright Robinson Sports College. Centre-pass is at 7.00. (HD)

8.45 Fishing: Hooked on Africa (HD)

9.15 Volvo Ocean Race The latest action. (HD)

9.45 My Icon (HD)

10.15 Volvo Ocean Race The latest action. (HD)

11.00 Sporting Triumphs (HD) **11.15** My Icon (HD) **11.30** Volvo Ocean Race (HD) **12.00m't-6.00am** Mix Shorts (HD)

LIVE SPORT ON OTHER CHANNELS TODAY

6.00am LIVE Winter Olympics 2018 *BBC2 (Also at 1.00pm)* Day 10 in Pyeongchang, South Korea.

9.15am LIVE Winter Olympics 2018 *BBC1* Day 10 coverage.

12.15pm LIVE Raceday *At The Races*

1.30pm LIVE Racing *Racing UK*

5.00pm LIVE Evening Racing *Racing UK* From Kempton.

6.45pm LIVE Snooker: World Grand Prix *ITV4* Day one.

7.30pm LIVE MOTD *BBC1* Wigan Athletic v Manchester City.

8.00pm LIVE Stateside *At The Races*

12.05am LIVE Winter Olympics 2018 *BBC1 (NI: 12.10am)* Day 11.

2.00am LIVE Australian Racing *At The Races* From Down Under.

WINTER OLYMPICS EXTRA COVERAGE

Additional Winter Olympics events can be viewed on:

BBC Red Button
Additional coverage is available on any digital TV service using the Red Button. Plus, via BBC iPlayer and at bbc.co.uk/winterolympics

Eurosport
Eurosport 3 HD (Virgin HD 552)
Eurosport 4 HD (Virgin HD 553)
Eurosport 5 HD (Virgin HD 554)

(HD) High Definition