SUNDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Sunday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
7.30 **Match of the Day** (S)(R)
9.00 **The Andrew Marr Show** (S)
10.00 **Politics England** (S)
10.30 **The Big Questions** New edition Moral and religious discussions. (S)
11.30 **Animal Park Summer Special** (R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition The semi-final of the Gospel Singer of the Year competition. (S)
1.55 **Lifeline** New edition (S)
2.05 **Money for Nothing** (S)(R)
3.05 **FILM The NeverEnding Story** Fantasy adventure starring Barret Oliver. (S) (1984, U, 90min) ★★★
4.35 **A Perfect Planet** How the oceans support marine life. (S)(R)(AD)
5.35 **BBC News** (S)
5.50 **Local News** (S)



8.00 A Perfect Planet

6 PM

6.00 Countryfile
New edition Ellie Harrison visits communities in Gloucestershire pulling together to support one another, and finds out why hedgehogs are facing a precarious future. (S)

7 PM

7.00 Antiques Roadshow
New edition Fiona Bruce and the team head to Newby Hall & Gardens in Ripon, North Yorkshire, where treasures include an intriguing letter from Lord Nelson. (S)

8 PM

8.00 A Perfect Planet
Series finale 5/5. A look at the effect human activity is having, revealing how the carbon dioxide being produced is destabilising life on Earth. (S)(AD)
■ Entire series on BBC iPlayer

9 PM

9.00 The Serpent
New episode 6/8. Charles is in Karachi attempting to set up business in Europe, while Herman's behaviour becomes increasingly erratic. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **Match of the Day 2**
A review of the day's Premier League action, featuring West Ham United v Liverpool. (S)

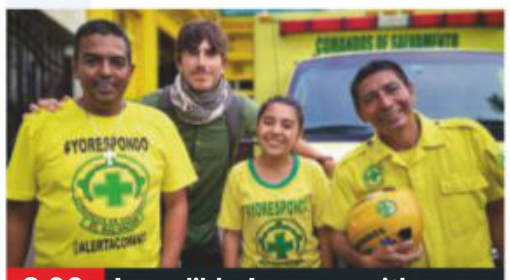
11.40 **The Women's Football Show** The latest Super League action. (S)
12.10 AM **FILM The Bling Ring** Sofia Coppola's satirical fact-based tale starring Katie Chang. (S) (2013, 15, 85min) ★★★★
1.35 **Weather for the Week Ahead** (S)
1.40 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.25 AM **Wanted Down Under Revisited** Catch-up series. (S)(R)
7.10 **Glorious Gardens from Above** Exploring Northumberland. (S)(R)
7.55 **Meerkat Manor** (S)(R)(AD)
9.05 **Countryfile** (S)(R)
10.00 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.30 **Rick Stein's Cornwall** (S)(R)(AD)
12.00 NOON **Celebrity Best Home Cook** 2/8. The nine remaining celebrity home cooks are put through their paces. (S)(R)(AD)
1.00 PM **FILM Le Mans** Motor-racing drama starring Steve McQueen. (S) (1971, PG, 105min) ★★
2.45 **FILM The Train** Wartime adventure with Burt Lancaster. (S) (1964, b/w, PG, 130min) ★★★★
4.55 **Flog It!** (S)(R)
5.45 **Lightning** Quiz show. (S)(R)



8.00 Incredible Journeys with...

6.15 Ski Sunday
A look back at action from the night slalom from Schladming, Austria, and the women's downhill from Garmisch-Partenkirchen, Germany. (S)

7.00 Cornwall: This Fishing Life
2/6. Following the Toms as they try to resurrect the last boat built in Looe and invest in the future of the town's fishing fleet with three generations getting involved. (S)(R)(AD)

8.00 Incredible Journeys with Simon Reeve
New edition 2/4. Simon recalls the most dangerous experiences of his travels, looking back at his experiences with ambulance crews in San Salvador. (S)(AD)

9.00 **NEW TO BBC2 Stacey Dooley: Back on the Psych Ward**
Working during the pandemic. *Previously on BBC3*. (S)(AD)
9.45 **NEW TO BBC2 Rhod Gilbert: Stand Up to Infertility**
The comedian investigates male infertility. *Previously on BBC1 Wales*. (S)
10.45 Lance
Series finale 2/2. A personal examination of the rise and fall of Lance Armstrong. (S)

12.30 AM **FILM The Homesman** Western directed by and starring Tommy Lee Jones, with Hilary Swank and Meryl Streep. (S) (2014, 15, 115min) ★★★★
2.25 **Heroes** *Cold Wars:* 17/25. Matt interrogates Noah. (S)(R)(AD)
3.05 *Exposed:* 18/25. Sylar learns about his mother. (S3) (S)(R)(AD)
3.50 **Sign Zone: Question Time** (S)(R)
4.50 **Sign Zone: Holby City** (S)(R)(AD)
5.30 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
7.30 **Scrambled!**
9.25 **ITV News** (S)
9.30 **Cornwall and Devon Walks with Julia Bradbury** (S)(R)(AD)
10.00 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.55 **Simply Raymond Blanc** (S)(R)
12.55 PM **Love Your Garden** (S)(R)(AD)
1.55 **ITV News** (S)
2.00 **South Africa with Gregg Wallace** 4/6. Gregg explores the coast of the Western Cape. (S)(R)(AD)
2.30 **FILM Kindergarten Cop** Comedy thriller with Arnold Schwarzenegger. (S)(AD) (1990, 15, 125min) ★★★
4.35 **ITV News** (S)
4.50 **Local News** (S)
5.00 **The Chase Celebrity Special** With Perry Fenwick, Jenny Eclair, Ore Oduba and Richard Madeley. (S)(R)



9.10 Finding Alice

6.00 Dancing on Ice
New edition 3/10.
All 11 celebrities and their professional skating partners perform a routine from a famous musical in the hope of avoiding the dreaded skate-off. Jayne Torvill and Christopher Dean head up the Ice Panel, alongside Ashley Banjo and entertainer John Barrowman. Hosted by Phillip Schofield and Holly Willoughby. (S)

8.10 Who Wants to Be a Millionaire?
Jeremy Clarkson hosts the big-prize quiz, with another line-up of contestants answering questions that could change their lives. (S)

9.10 Finding Alice
New episode 3/6. Before the inquest into Harry's death, the police must identify the figure on the CCTV. (S1) (S) (AD)
■ Entire series is available on ITV Hub & Britbox

10.10 **ITV News** (S)
10.30 **Bradley & Barney Walsh: Breaking Dad**
A visit to Switzerland. (S)(R)(AD)
10.55 **The Chasers Road Trip: Trains, Brains and Automobiles**
2/3. Uncovering the cognitive abilities of children. (S)(R)(AD)

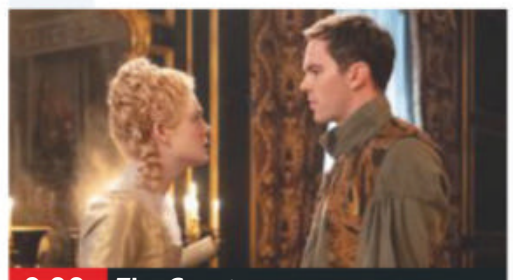
11.55 **Long Lost Family** (S)(R)(AD)
12.45 AM **Ideal World**
3.00 **FYI Extra**
3.15 **Motorsport UK** (S)
4.05 **Nightscreen**
5.05 **to 6.00** AM **Tipping Point** (SL)(R)

+1 hour 203 | 114 | 34 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.05 AM **Everybody Loves Raymond** 21-23/25. (S2) (S)(R)(AD)
7.20 **The Big Bang Theory** (S)(R)(AD)
8.30 **The Simpsons** (S)(R)(AD)
9.30 **Sunday Brunch** New edition With guests Mel Giedroyc, Mark Wright, Richard Hammond and Marian Keyes. Plus, music from Celeste. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
2.30 **FILM Evolution** Sci-fi comedy starring David Duchovny. A meteor lands in the desert, bringing with it a simple alien life form that begins to evolve at an astonishing rate. (S) (2001, PG, 120min) ★★★★
4.30 **FILM Bumblebee** *Transformers* prequel starring Hailee Steinfeld. A teenager discovers and revives the battle-scarred Autobot Bumblebee in a junkyard. (S)(AD) (2018, PG, 130min) ★★★★



9.00 The Great

6.40 **News** (S)

7.00 **NEW Grayson's Art Club: Get Creating**
Grayson and Philippa Perry share advice and tips about the art for the public to send in for the new run of *Grayson's Art Club*. (S)(AD)

8.00 The Great Pottery Throw Down
New edition 4/10. It's Naked Raku Week, and the potters throw, burnish and fire a pair of vases to impress Rich Miller and Keith Brymer Jones. (S)(AD)

9.00 The Great
New episode 5/10. A sudden turn of events moves Catherine closer to either becoming empress or being executed. Guest stars Jamie Demetriou and Miles Jupp. (S1) (S)(AD)

10.05 8 Out of 10 Cats Does Countdown
Sean Lock and Harriet Kemsley take on Jon Richardson and Joe Lycett, while Mat Ewins joins Susie Dent in Dictionary Corner. Hosted by Jimmy Carr. (S)(R)
11.05 **FILM Exodus: Gods and Kings** Biblical epic starring Christian Bale. (S)(AD) (2014, 12, 160min) ★★★
1.45 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
2.35 **FILM Men & Chicken** Danish comedy. (2015, 15, 102min) ★★★★
4.20 **Fifteen to One** (S)(R)
5.10 **Coach Trip: Road to Marbs** (S)(R)
5.35 **Kirstie's Handmade Treasures** (R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
10.00 **SpongeBob SquarePants** (S)(R)
10.15 **The Loud House** New episode Lincoln channels his inner Sherlock Holmes. (S)
10.25 **Entertainment News** (S)
10.40 **WWE Raw Highlights** (S)
11.40 **Friends** 15/24. (S4) (S)(R)
12.05 PM **Friends** 16/24. (S4) (S)(R)
12.40 **Friends** 17&18/24. (S4) (S)(R)
1.40 **Greatest Hits of the 70s** 1/2. The stories behind six songs from the decade, including *You Sexy Thing*, *Stayin' Alive* and *Wuthering Heights*. (S)(R)
3.10 **The Great Plague: Outbreak** 1/3. Xand van Tulleken, Raksha Dave and John Sergeant follow the spread of the Great Plague of 1665. (S)(R)
5.55 **News** (S)



6.00 Wonderful World of Cakes

6.00 **Wonderful World of Cakes** New series finale 6/6. A look behind the scenes at Ben and Jerry's Vermont HQ. (S)
6.55 **News** (S)
7.00 **Filthy House SOS** New edition 4/12. The extreme cleaners come to the aid of Natasha, a working mum whose Upminster house has become too much for her to handle. (S)
8.00 **Bargain-Loving Brits in the Sun** New edition 4/6. A family running a British convenience store need to make some money to move to a bigger home. (S)
9.00 **Rich Holiday, Poor Holiday** New edition 3/6. Impoverished single parent Nadine and her mum Tina swap holidays with self-made multimillionaires Gail and Matt from South Yorkshire. (S)
10.00 **NEW Shocking Truth About Talent Shows** Nicki Chapman looks at the most incredible moments from talent shows, ranging from *Strictly Come Dancing* to *Dancing on Ice*. (S)
12.50 AM **Entertainment News** (S)
1.00 **21.co.uk Live Casino Show** (S)
3.10 **On Benefits & 40 Grand in Debt** Life for a father-of-three who is severely in debt. (S)(R)
4.00 **The Nightmare Neighbour Next Door** (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **to 6.00** AM **Britain's Great Cathedrals with Tony Robinson** (S)(SL)(R)

+1 hour 205 | 155 | 45 | 128

SKY ONE

106 106 806 | 110 109 | 340 355

6.00 AM **Hour of Power** (R)
7.00 **The Mighty Ones** (R)
7.25 **Home: Adventures with Tip & Oh** Animation. (R)
7.50 **All Hail King Julien** (S)(R)
8.15 **Where's Wally** (R)
8.40 **Madagascar: A Little Wild** (R)
9.05 **Modern Family** (S9) (S)(R)
10.30 **The Simpsons** (S)(R)
12.00 NOON **Magnum P.I.** (S3) (S)(R)
1.00 PM **MacGyver** 16-18/21. Triple bill. (S1) (S)(R)(AD)
4.00 **Must See Movies 2021** (R)
5.00 **The Simpsons** *Kill the Alligator and Run:* The family accidentally kill an alligator while on holiday in Florida. (S)(R)
5.30 *Last Tap Dance in Springfield:* A film about a sexy tango expert inspires Lisa to take up dancing. (S)(R)



9.00 Magnum P.I.

6.00 **The Simpsons** *It's a Mad, Mad, Mad, Mad Marge:* Otto breaks up with his new bride. (S)(R)
6.30 *Behind the Laughter:* Featuring the voice of music star Willie Nelson. (S)(R)
7.00 **The Simpsons** *Bonfire of the Manatees:* Marge begins a new life protecting creatures. (S)(R)
7.30 *Now Museum, Now You Don't:* Lisa fantasises about the history of art. (S)(R)
8.00 **Rob & Romesh vs Cricket: The Test** 4/4. The concluding part of Rob Beckett and Romesh Ranganathan's trip to follow England on their Test tour of South Africa. (S)(R)(AD)
9.00 **Magnum P.I.** New episode *The Day Danger Walked In:* 5/16. As a hurricane hits the island, Thomas and his friends find shelter, along with two armed killers. (S3) (S)
10.00 **NCIS: Los Angeles** New episode *Raising the Dead:* 5/18. Kensi must come face to face with a sociopath who has been obsessed with her since she put him in jail. (S12) (S)
11.00 **Bulletproof: South Africa** 2/3. Pike and Bishop's trip to Cape Town takes a turn when they are sent to prison. (S3) (S)(R)
12.00 M'T **S.W.A.T.** 5/21. Street reconnects with his estranged foster brother. (S3) (S)(R)(AD)
1.00 AM **The Force: Essex** (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **Brit Cops: War on Crime** (S)(R)
4.00 **to 6.00** AM **Air Ambulance ER**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
11.30am Reflections at the Quay New edition (S) **12.00noon-1.00pm** Homes Under the Hammer New edition (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
4.35pm Weatherman Walking (S)(R) **5.05-5.35pm** Tudur's TV Flashback (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
9.00pm Groundbreakers: Helen Waddell – Living The Past (S)(R) **10.00** NEW SERIES Afeared (S) **10.30** NEW Stacey Dooley: Back on the Psych Ward (S)(AD) **11.10** Sunday Politics Northern Ireland (S)(R) **11.40pm-12.30am** Battlestar Galactica (S)(R)(AD)

WALES
Sky **971**, Freesat **971**
7.00pm Scrum V Six Nations Preview (S) **7.30-8.00pm** The Hairy Bikers' Pubs That Built Britain (S)(R)

ITV

No variations

S4C

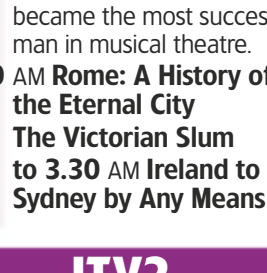
Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.50** Penblwyddi Cyw New edition **9.00** Cefn Gwlad (AD) **10.00** Priodas Pum Mil **11.00** Oedfa Dechrau Canu Dechrau Canmol New edition **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Yr Wythnos New edition **12.30pm** Adre **12.55** Crwydro Gaeaf **1.20** Gwesty Aduniad **2.20** Iolo: Deifio yn y Barrier Reef **3.15** Dudley **3.45** Dudley **4.15** Y Fets (AD) **5.15** Ffermio **5.45** Pobol y Cwm (AD) **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Am Dro! New edition (AD) **9.00** Dic Jones **10.00** Y Byd yn ei Le **10.30-11.35pm** Deuawdau Rhys Meirion

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/24 | 106 | 107 107

BBC4 programmes start at 7.00pm



7.00 PM **The Victorian Slum** 4/5. The volunteers experience the living and working conditions of the 1890s, with cheap foodstuff and mass-manufactured goods.
8.00 **Rome: A History of the Eternal City** 2/3. Rome's rise to become the capital of Western Christendom.
9.00 **Ireland to Sydney by Any Means** 3/6. The team finally reach Dubai and catch a container ship to Mumbai.
10.00 **West Side Stories – The Making of a Classic** Bruno Tonioli and Suzy Klein examine the creation of the Broadway musical
11.00 **Imagine – Cameron Mackintosh: The Musical Man** How a merchant's son became the most successful man in musical theatre.
12.30 AM **Rome: A History of the Eternal City**
1.30 **The Victorian Slum**
2.30 **to 3.30** AM **Ireland to Sydney by Any Means**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **George Clarke's Amazing Spaces**
9.55 **Ugly House to Lovely House with George Clarke**
11.00 **George Clarke's Old House, New Home**
12.00 NOON **Come Dine with Me** Five editions of the show in the Welsh Valleys.
2.40 PM **Four in a Bed**
5.20 **Come Dine with Me**
6.25 **Come Dine with Me** Hairdresser Becci hosts the third dinner party. **6.55** Lecturer Adam hosts the fourth dinner party in Eastbourne, East Sussex. **7.25** Sales consultant Russell hosts the final night.
8.00 **Grand Designs** Kevin McCloud meets two artists who are battling the elements to construct a home on the Isle of Skye.
9.00 NEW SERIES **999: On the Front Line** Paramedics treat a man who wraps his pick-up truck around a tree.
10.00 **24 Hours in A&E** A 20-year-old attacked outside a nightclub.
11.05 **24 Hours in A&E** A woman arrives at King's College Hospital with dangerous swelling on her brain following an attack.
12.10 AM **999: On the Front Line** As shown at 9.00pm.
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Ellen DeGeneres Show**
8.45 **Love Bites**
11.50 **The Masked Singer**
1.20 PM **Celebrity Catchphrase**
2.15 FILM **What a Girl Wants** Teen comedy starring Amanda Bynes. A teenager discovers that her estranged father is a British aristocrat. (2003, PG, 103min) ★★
4.20 FILM **Dr Seuss' The Lorax** Animated comedy adventure featuring the voice of Danny DeVito. (2012, U, 82min) ★★★
6.05 FILM **Despicable Me 2** Animated comedy sequel featuring the voices of Steve Carell and Kristen Wiig. The reformed super-villain falls in love with a secret agent. (2013, U, 97min) ★★★
8.00 FILM **Skyfall** Thriller starring Daniel Craig and Judi Dench. James Bond returns from the 'dead' when MI6 comes under attack and comes up against a ruthless villain with a grudge. With Javier Bardem. (2012, 12, 137min) ★★★★
10.55 **Family Guy** *Baking Bad:* 3/18. Peter and Lois open a cookie store. (S13)
11.20 **Family Guy** 11/21. Brian's estranged TV star son Dylan turns up in Quahog. (S12)
11.50 **Family Guy** (S12)
12.20 AM **American Dad!**
1.20 **The Cleveland Show**
2.20 **to 3.15** AM **Hell's Kitchen**

+1 hour 218 | 116 | 28 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
8.30 **Rude(ish) Tube Shorts**
8.45 **Ramsay's Kitchen Nightmares USA**
10.40 **Married at First Sight Australia**
3.10 PM **Ramsay's Kitchen Nightmares USA**
5.10 **The Big Bang Theory** 23/24. Penny tries to bond with Leonard's mother during an extended visit. **5.40** 24/24. Leonard's recently divorced parents come to town. (S9)
6.10 **The Big Bang Theory** 1/24. The gang gather for Penny and Leonard's second wedding ceremony. **6.40** 2/24. Penny accidentally reveals that Bernadette is pregnant. (S10)
7.10 FILM **Shrek the Third** Animated comedy adventure featuring the voice of Mike Myers. (2007, U, 88min) ★★★★
9.00 **Celebs Go Dating: The Mansion** New edition Kimberly and Shane try out archery. (S9)
10.00 NEW SERIES **Temptation Island** Relationships are put to the test. (S1)
11.00 **Taskmaster**
12.00 M'T **Gogglebox**
1.05 AM **Celebs Go Dating: The Mansion** As 9.00pm.
2.10 **Temptation Island**
3.00 **The Big Bang Theory**
3.50 **to 6.00** AM **Hollyoaks**

+1 hour 235 | 146 | 29 | 123

SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 112 111 341 356

6.00 AM **Nothing to Declare**
9.00 **Border Patrol**
10.00 **The Real A&E**
11.00 **Paramedics: Life on the Line**
12.00 NOON **Customs UK** Officers board a suspicious yacht. **12.30** PM A man is caught smuggling cocaine in Bristol.
1.00 **UK Border Force** The enforcement team raid a nail bar in Southampton.
2.00 **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.



7.00 Ghost Whisperer

7 PM

7.00 **Ghost Whisperer** *The Curse of the Ninth:* 9/22. Melinda meets a nightclub waiter who is being haunted by two ghosts.

8 PM

8.00 **Ghost Whisperer** *Giving Up the Ghost:* 10/22. Melinda tries to help a possessed baseball player. (S2)

9 PM

9.00 **For Life** *Switzerland:* 11/13. Aaron is in trouble as Cassius begins to suspect he is a snitch and seeks revenge. (S1)

10 PM

10.00 **Law & Order: Special Victims Unit** *Informed:* 1/22. Benson tries to help a woman who was beaten and raped. (S8)
11.00 **Law & Order: Special Victims Unit** 2/22. (S8)
12.00 M'T **Law & Order: Special Victims Unit** 3/22. (S8)
1.00 AM **Ghost Whisperer** As 7pm. **2.00** As shown at 8.00pm.
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 180

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **The British**
8.00 **Richard E Grant's Hotel Secrets** Double bill.
10.00 **Must See Movies 2021**
11.00 **CSI** Five episodes. (S5&S6)
4.00 PM **The Sopranos** 8/13. Rumours of an FBI clampdown on the New York underworld lead to panic. **5.00** 9/13. Carmela learns Junior's intimate secrets. **6.00** 10/13. Tony's henchmen kill a Colombian drug dealer doing business on their patch. (S1)



9.00 The Sunset Limited

7.00 **The Sopranos** *Nobody Knows Anything*: 11/13. Tony suspects Big Pussy is an informant, and asks Paulie to find out. (S1)
8.00 **The Sopranos** *Isabella*: 12/13. Tony is targeted by killers and Junior sends two hitmen to kill his nephew. (S1)
9.00 **FILM The Sunset Limited** Drama based on a stage play by Cormac McCarthy, with Tommy Lee Jones and Samuel L Jackson. (2011, 15, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.45 **Euphoria: F*** Anyone Who's Not A Sea Blob**
11.45 **Banshee** 1/8. Lucas becomes immersed in a new Banshee crisis involving a vicious serial murderer. (S4)
1.00 AM **Californication** (S7)
2.10 **Richard E Grant's Hotel Secrets** Double bill.
4.10 **to 6.00** AM **The British**

+1 hour 208/209

GOLD

110/111 110/111 810 124 343 358

7.15 AM **Porridge**
9.40 **Only Fools and Horses**
12.20 PM **Only Fools and Horses** Eight episodes, including at: **5.00** The Trotters agree to do a spot of decorating for Denzil. **5.40** Christmas special from 1983. Del and Rodney's Christmas celebrations are disrupted by the unexpected arrival of their estranged father. **6.20** Raquel's father finds an old watch among the Trotters' junk, which he claims could net them a fortune at auction.



7.40 Only Foolsand Horses

7.40 **Only Fools and Horses** Christmas special from 1987. Del Boy sets out to find his dear departed mother's treasure trove. Guest stars Joan Sims.

9.00 **Mrs Brown's Boys** The family await the fruits of their insurance fraud. **9.40** Agnes throws Trevor a leaving party, and a family counselling session descends into chaos. **10.20** The Brown children suspect one of them may be adopted.
11.00 **Harry Enfield and Chums** The Wobbly Randy Old Ladies take a trip to the petrol station to fill the car up. **11.40** Kevin and Perry discover the opposite sex.
12.20 AM **Peep Show**
3.00 **to 4.00** AM **The Interviews**

+1 hour 210/211 194

ITV3

119 119 817 117 177 10 115

6.00 AM **George and Mildred**
7.05 **Coronation Street**
10.00 **Emmerdale**
12.55 PM **Midsomer Murders** *Painted in Blood:* Joyce finds the body of an amateur artist. **3.00** *A Tale of Two Hamlets:* An actor's death exposes a centuries-old feud.
5.00 **Agatha Christie's Marple** *Endless Night:* A couple build their dream home on supposedly cursed land. With Wendy Craig, Glynis Barber and Hugh Dennis.



9.00 Long Lost Family Special...

7.00 **Midsomer Murders** *Garden of Death:* A commercial decision to turn Midsomer Deverell's memorial garden into a tea shop proves fatal for members of the Inkpen family, prompting DCI Barnaby to investigate.

9.00 **Long Lost Family Special: The Unknown Soldiers** The search for the remains of soldiers killed during World War One with no known graves.
10.30 **Vera** *On Harbour Street:* The detective investigates the death of a pensioner found stabbed on a train.
12.25 AM **Wycliffe** 4/8. A local fisherman is killed at sea. **1.40** 5/8. A psychiatrist's wife is murdered in a seemingly unprovoked attack. **2.35** 6/8. The detective looks into the death of a baby. (S3)
3.30 **to 5.50** AM **Emmerdale**

+1 hour 219 174 58 116

ITV4

120 120 818 118 178 25 117

6.00 AM **Football Rivalries**
6.10 **Auto Mundial** New edition
6.35 **Motorsport UK**
7.35 **World Rally Championship Highlights** Rallye Monte-Carlo.
8.40 **Minder**
9.50 **The Sweeney**
10.55 **Giant Lobster Hunters**
11.50 **Extreme Salvage Squad**
12.45 PM **LIVE Darts: The Masters** Coverage of the quarter-finals.
5.00 **World Cup Rivalries**
5.20 **River Monsters**
5.55 **The Big Fish Off**



11.00 Under Siege 2

7.00 **LIVE Darts: The Masters** Jacqui Oatley presents coverage of the semi-finals and final from Marshall Arena in Milton Keynes. Analysis by Chris Mason and Alan Warriner-Little, with commentary from Ned Boulting, Stuart Pyke and John Rawling.

11.00 **FILM Under Siege 2** Action thriller sequel starring Steven Seagal and Eric Bogosian. (1995, 18, 99min) ★★★
1.05 AM **Jeremy Wade's Mighty Rivers** Jeremy investigates the health of the Mississippi.
2.05 **to 2.40** AM **The Protectors**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 108

12.00 NOON **The Service** New edition
12.30 PM **This Is BBC Scotland**
7.00 **The Seven**
7.15 **The Hector: From Scotland to Nova Scotia** New edition The story of the migrants who left Scotland to settle in Nova Scotia.
8.15 **Rewind 2000s**
8.30 **The Harbour** 6/6. Princess Anne makes the Port Chaplain's day. (S2)
9.00 **Paramedics on Scene** New edition 4/8. An out-of-control car ends up in a tree. (S2)
10.00 **Still Game** 2/7. Jack and Victor pretend to be socialites. (S6)
10.30 **Celtic Connections at The Quay** Series finale 2/2. Highlights from the festival.
11.00 PM **to 12.00** M'T **Seven Days** New edition

Sky Replay

145 160

7.00 AM **Four Weddings**
10.00 **Supergirl** (S3)
1.00 PM **Supergirl** (S3)
3.00 **Stargate SG-1** (S8)
7.00 **Stargate SG-1** *Threads:* 18/20. Daniel faces a difficult decision. (S8)
8.00 **Road Wars** A cannabis factory is raided.
9.00 **The Resident** *Support System:* 19/20. An emergency situation unfolds at the hospital, and Cain turns to Ezra to help keep it under wraps. (S3)
10.00 **Transplant** *Far From Home:* 7/13. Bash and Amira's lives are turned upside down. (S1)
11.00 **For Life** *Switzerland:* 11/13. Aaron is in trouble as Cassius begins to suspect he is a snitch and seeks revenge. (S1)
12.00 M'T **Night Cops**
3.55 AM **Wild Vets**
4.45 **to 6.00** AM **All Hail King Julien**

Pick

159 165 35 144

6.00 AM **Border Patrol**
8.00 **Border Security USA**
10.00 **Highway Cops**
11.00 **Motorway Patrol**
12.00 NOON **Highway Patrol**
1.00 PM **Highway Patrol**
2.00 **Monkey Life**
5.00 **Brit Cops: Law & Disorder** Double bill.
7.00 **Highway Patrol** New editions Double bill of the documentary series following Australia's traffic enforcers.
8.00 **Nothing to Declare** Double bill of the series.
9.00 **World's Most Evil Killers** The life and crimes of serial killer Daniel Lee Siebert.
10.00 **Britain's Most Evil Killers** The case of serial killer Peter Tobin.
11.00 **Killer Families**
12.00 M'T **Road Wars**
2.00 AM **The Force: Essex**
4.00 **to 6.00** AM **Highway Patrol**

+1 hour 259 145

Dave

111/112 127 227 19 157 387

7.10 AM **Yianni: Supercar Customiser** Double bill.
8.00 **Rick Stein's Spain**
9.00 **Top Gear** Double bill.
11.00 **Red Bull Soapbox Race**
12.00 NOON **American Pickers**
2.00 PM **Road To Riches** New edition
3.00 **Top Gear** Double bill.
5.00 **Would I Lie to You?**
6.20 **Mortimer & Whitehouse: Gone Fishing**
7.00 **Travel Man: 48 Hours in Ibiza**
7.30 **Travel Man: 48 Hours in Slovenia**
8.00 **Expedition with Steve Backshall**
9.00 **Have I Got a Bit More News for You**
10.00 **QI XL** With Jo Brand.
11.00 **Live at the Apollo**
12.00 M'T **Hypothetical**
1.00 AM **Have I Got a Bit More Old News for You**
2.10 **QI XL** As 10.00pm.
3.00 **to 4.00** AM **Expedition with Steve Backshall**

+1 hour 211 131 23

Comedy Central

112/113 812 132 181 344 359

8.00 AM **Friends** (S1)
9.00 **Baywatch** (S3)
11.00 **Friends** (S2)
1.00 PM **Friends** (S2)
7.00 **FILM National Security** Comedy starring Martin Lawrence and Steve Zahn. A police academy reject turned security guard finds himself partnered with the cop he tried to frame months earlier. (2003, 12, 88min) ★
9.00 **FILM American Reunion** Raunchy comedy sequel starring Jason Biggs, Alyson Hannigan and Chris Klein. (2012, 15, 108min) ★★
11.20 **FILM The Break-Up** Comedy drama starring Vince Vaughn and Jennifer Aniston. (2006, 12, 107min) ★★★
1.30 AM **South Park**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 179 27 118

7.00 AM **Dallas Cowboys Cheerleaders**
8.50 **Be Beautiful**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.25 PM **The Real Housewives of New Jersey** Four editions.
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **Don't Be Tardy**
6.00 **Chrisley Knows Best**
7.00 **Dinner Date** Dai from Swansea goes on three blind dates. **8.00** Emma from London looks for love.
9.00 **Botched** New edition Paul Nassif helps a dog bite victim.
10.00 **The Real Housewives of Jersey** Tension lingers in the air following Jane's spat with Margaret.
11.00 **Atlanta Plastic**
11.55 PM **to 12.55** AM **Marriage Boot Camp: Reality Stars**

+1 hour 231 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 212 | 312 | 382

7.10 AM **Murdoch Mysteries** (S2)
9.00 **WPC 56** (S2)
11.00 **Father Brown**
1.00 PM **Father Brown**
3.00 **Death in Paradise**(S3)
4.00 **The Coroner** 10/10. A woman dies in the build-up to a Latin dance festival. (S1)
5.00 1/10. Jane and Davey investigate a suspicious skydiving accident.
6.00 2/10. Building work at an abandoned cottage unearths the hidden remains of a child. (S2)



7.00 Hudson & Rex

7.00 **Hudson & Rex** New episode *The French Connection:* 7/16. Charlie and Rex partner with a French detective.
8.00 **Hudson & Rex** New episode *Rex Machina:* 8/16. A tech engineer is found dead in a self- driving car. (S2)
9.00 **Murdoch Mysteries** *Rough and Tumble:* 2/11. Brackenreid learns that his son is wanted for murder. (S14)
10.00 **Frankie Drake Mysteries** *Scavenger Hunt:* 1/10. Frankie and Trudy look into a murder during a scavenger hunt. (S4)
11.00 **Inspector George Gently** *Gently Between the Lines:* Bacchus and Gently look into the death of a man in custody.
1.00 AM *Blue for Bluebird:* The duo investigate a murder in a family holiday camp.
3.00 **to 4.00** AM **WPC 56**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 346 | 361

6.00 AM **FILM Descent** Disaster drama starring Luke Perry. (2005, PG, 90min) ★★
8.00 **Teleshopping**
11.00 **Marvel's Runaways** (S2)
1.00 PM **Marvel's Runaways** (S2)
4.00 **Fact or Faked: Paranormal Files** A strange playground creature and a feline ghost.
5.00 **FILM The Pirates! In an Adventure with Scientists** Stop-motion adventure featuring the voices of Hugh Grant and Martin Freeman. (2012, U, 87min) ★★★★



9.00 The Shanghai Job

7.00 **FILM Open Season** Animated comedy with the voices of Martin Lawrence and Ashton Kutcher. A domesticated grizzly bear back in the wild teams up with a mule deer to survive the hunting season. (2006, PG, 86min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **FILM The Shanghai Job** Action thriller starring Orlando Bloom. A private security agent has to escort a valuable antique out of Shanghai, but is ambushed during the journey. With Lei Wu. (2017, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **FILM Monster Hunters** Thriller. (2020, 15, 88min) ★
12.50 AM **FILM Mythica: The Darkspore** Fantasy. (2015) ★★
3.00 **Fact or Faked: Paranormal Files** As shown at 4.00pm.
4.00 **to 6.00** AM **FILM Collision Earth** Sci-fi. (2020, 12) ★★

+1 hour 252 229

W

109/110 109/110 | 125 211 | 311 | 383

6.10 AM **Tipping Point**
11.00 **Doctor Who** 8&9/13. (S5)
1.00 PM **Doctor Who** Four episodes, including at:
4.00 *The Big Bang:* 13/13. Part two of two. With the Tardis destroyed and the Doctor gone, only one person can stop the universe collapsing. (S5)
5.00 **Inside the Ambulance: Coast and Country** The medics help a man bleeding profusely.
6.00 **999 Rescue Squad** A high-speed crash leaves a woman seriously injured.



9.00 Louis Theroux: Talking...

7.00 **999 Rescue Squad** Paramedics race to help a man who has been stabbed in the back with a screwdriver.
8.00 **Inside the Operating Theatre** A three-year-old needs an operation on his tongue, and a woman has her toes straightened.
9.00 **Louis Theroux: Talking to Anorexia** The reporter meets patients at two of London's largest eating disorder facilities.
10.00 **Louis Theroux: The City Addicted to Crystal Meth** The journalist examines drug addiction in Fresno, California.
11.00 **999 Rescue Squad**
12.00 M'T **One Born: What Happened Next?**
1.00 **John Bishop: In Conversation with Jeremy Corbyn**
1.50 **Bryan Inc: Find It Fix It, Sell It**
2.35 **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209/210 190

Sky Comedy

113/114 113/114 | 122 121 | 345 | 360

8.00 AM **Parks and Recreation**
10.30 **30 Rock** (S2&3)
1.00 PM **Silicon Valley** (S4)
4.00 **The Fresh Prince of Bel Air** 7/24. Will is arrested.
4.30 8/24. Uncle Phil takes Will and Carlton camping.
5.00 9/24. The family appear on *The Oprah Winfrey Show.*
5.30 10/24. Philip is defeated in the elections.
6.00 11/24. Will meets a pregnant sports writer.
6.30 12/24. Carlton and Will argue over a girl. (S3)



8.00 The Fresh Prince of Bel...

7.00 **The Fresh Prince of Bel Air** 13/24. Will refuses to return to Philadelphia.
7.30 14/24. Geoffrey decides to quit his job.
8.00 **The Fresh Prince of Bel Air** 15/24. Philip hires an ex-convict as a handyman.
8.30 16/24. The family discuss the future. (S3)
9.00 **Saturday Night Live** New edition American sketch show, taking a satirical sideswipe at cultural and political issues.
10.30 **Silicon Valley** *Exit Event:* 7/7. Last episode of the comedy. Richard makes a startling discovery. (S6)
11.30 **Veep** 7/8. Selina turns against her aides as her public image deteriorates.
12.15 AM 8/8. Selina discovers an unlikely path to redemption. (S1)
12.50 **2 Dope Queens** 3/4. Jessica and Phoebe are joined by guest Titus Burgess.
2.05 **to 5.00** AM **Entourage**

FOX

124 124 821 | 157 199 | 349 | 364

8.00 AM **Bull** 11/22. (S3)
9.00 **The Mentalist** 7&8/24. (S4)
11.00 **Bones** 2-4/23. (S6)
2.00 PM **NCIS: New Orleans** (S4)
3.00 **NCIS** 20/24. The team search for a wanted petty officer.
4.00 21/24. Sara Carter begs Gibbs to investigate her mother's murder.
5.00 22/24. Evidence reveals an NCIS team member is a hitman's latest target.
6.00 23/24. Gibbs attends the memorial service for a friend lost at sea. (S15)



1.00 Bones

7.00 **NCIS** *Date with Destiny:* 24/24. Sloane believes she has seen the man who tortured her years ago in Afghanistan. (S15)
8.00 **NCIS** *Sturgeon Season:* 1/16. Gibbs and Fornell track down the person who supplied drugs to Fornell's daughter.
9.00 **NCIS** *Everything Starts Somewhere:* 2/16. A retrospective instalment of the US drama, marking its 400th episode. (S18)
10.00 **Family Guy** 17/21. Mayor West marries Lois's sister.
10.30 18/21. Bertram goes back in time to kill Leonardo da Vinci. (S9)
11.00 **Family Guy** 12/20. Peter is grounded by Lois. (S18)
11.30 9/21. Brian becomes a best-selling writer. (S9)
12.00 M'T **Family Guy** (S9)
12.30 AM **Family Guy** (S9)
3.00 **American Dad!** (S12)
4.00 **to 5.00** AM **Bull**

+1 hour 224 158

7 PM
8 PM
9 PM
10 PM

Sunday

Sony Channel

157 189 49 | 142

6.00 AM **Crazy Like a Fox**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote**
7.00 **Murder, She Wrote** *A Very Good Year for Murder:* A wealthy businessman's 75th birthday party is interrupted by a sudden death.
8.00 *Benedict Arnold Slipped Here:* Jessica executes the will of an eccentric recluse.
9.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz hosted by Chris Tarrant.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **Randall and Hopkirk (Deceased)**
2.00 **The Persuaders!** (S1)
3.00 **M*A*S*H** 21/24. (S3)
3.30 **Touched by an Angel**
5.00 **Sony Movie News Extra**
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 143

Sky Arts

122 122 123 156 11 | 147 | 363

6.00 AM **Dante & the Invention of Hell**
6.55 **La Dolce Vita: The Music of Italian Cinema**
8.30 **Tales of the Unexpected**
11.00 **Discovering Film**
1.00 PM **Battle of the Brass Bands**
2.00 **Portrait Artist of the Year 2019**
3.00 **Bafta: Life in Pictures**
4.00 **Robert Burns: No Holds Bard**
5.00 **Rush: Time Machine – Live in Cleveland**
8.00 **Landscape Artist of the Year**
9.00 **The Eagles: Live from the LA Forum** A performance by the rock band.
12.00 M'T **The Shadows Final Tour** From Cardiff.
2.45 AM **Classic Artists: Jethro Tull**
5.00 **to 6.00** AM **The Grapes of Wrath: The Ghost of Modern America**

4seven

137 143 203 48 | 127

9.00 AM **Coach Trip: Road to Marbs**
9.30 **Come Dine with Me**
12.00 NOON **A Place in the Sun** Five editions.
5.00 PM **Ramsay's Kitchen Nightmares USA** Four editions, including at:
8.00 A restaurant in Pennsylvania run by warring siblings.
9.00 **Location, Location, Location** Kirstie and Phil go house-hunting in south-east London.
10.00 **Naked Attraction** Mother-of-two Michelle from Hampshire and 30-year-old Adam from Essex take part.
11.05 **The Great Pottery Throw Down**
12.10 AM **First Dates**
1.15 **Secret Safari: Into the Wild**
2.20 **21 Kids and Counting**
3.25 **The Supervet: Noel Fitzpatrick**
4.20 **to 4.50** AM **Four in a Bed**

5USA

141 141 | 153 | 21 | 129

9.00 AM **Ransom for a Dead Man** Mystery drama.
10.55 **Columbo: Lady in Waiting** Murder mystery.
12.30 PM **Columbo: Last Salute to the Commodore** Mystery.
2.30 **Columbo: Forgotten Lady** Murder mystery.
4.30 **Columbo: Lovely But Lethal** Murder mystery.
6.00 **Columbo: Mind Over Mayhem** Crime mystery.
7.30 **Columbo: Blueprint for Murder** Crime mystery.
9.00 **Columbo: Murder with Too Many Notes** Crime thriller starring Peter Falk and Billy Connolly.
10.55 **Law & Order: Special Victims Unit** *Funny Valentine:* 16/24. A singer is brutally beaten. (S14)
11.55 **Law & Order: Special Victims Unit** (S14)
1.50 AM **Bull** 15&16/22. (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 | 151 | 31 | 131

8.00 AM **Entertainment News**
8.10 **Rich Kids Go Skint**
11.00 **The Nightmare Neighbour Next Door**
3.00 PM **Can't Pay? We'll Take It Away!**
7.00 **Nightmare Tenants, Slum Landlords** Triple bill, including at:
9.00 Stavros and Emily try to get their house back from squatters.
10.00 **Countdown to Murder** Documentary examining some of Britain's most notorious murders.
11.00 **Harold Shipman: 5 Mistakes That Caught a Killer**
12.05 AM **Angel of Death: The Crimes of Beverly Allitt**
1.05 **Murdered By My Husband** Documentary.
2.05 **Riots & Robbers: Caught on Camera**
3.05 **Empire** 8/18. (S5)
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

Drama

143 | 130 | 20 | 158

7.10 AM **The Bill**
11.00 **Sense and Sensibility**
2.00 PM **Catherine Cookson's The Secret**
5.20 **Call the Midwife** 7/8. A new mother and her baby go missing.
6.40 8/8. Chummy discovers her mother has discharged herself from hospital. (S3)
8.00 **Death in Paradise** *A Deadly Curse:* 4/8. A treasure hunter is killed. Guest stars Michael Brandon and Kelly Adams. (S2)
9.20 **Silent Witness** *Hope:* A skeleton is found in a concrete pillar in a multi-storey car park.
11.30 **Taggart** *Death Trap:* A politician's son threatens his father's ambitions.
1.40 **to 4.00** AM **FILM Gregory's Girl** Teen comedy. (1980, 12, 91min) ★★★★

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SUNDAY

Documentaries

Sunday

CBS Drama

147 197 67 134

7.30 AM **The Key of David**
8.00 **Teleshopping**
9.00 **Father Dowling Mysteries** Five episodes.
2.00 PM **Unsolved Mysteries**
6.00 **Matlock** *The Picture – Part Two:* 13/22. Matlock's cousin is accused of murder. **7.00** *The Outcast – Part One:* 14/22. Matlock decides to retire. **8.00** *The Outcast – Part Two:* 15/22. Matlock investigates a suspicious death. **9.00** *The Big Payoff:* 16/22. Michelle attempts to prove that a man killed his wife. **10.00** *The Abduction:* 17/22. Michelle is kidnapped by a gang of mobsters. (S6)
11.00 **CSI: Miami** *Innocent:* 24/24. Vital evidence is destroyed. (S2)
12.00 M'T **CSI: Miami** (S3)
4.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 40 137

9.00 AM **CSI: NY** (S2)
12.00 NOON **Scorpion** (S2)
2.00 PM **NCIS** (S10)
7.00 **Scorpion** *Satellite of Love:* 1/25. A nuclear-powered satellite is knocked out of orbit. **8.00** *Cuba Libre:* 2/25. The team travel to Cuba to track down a Serbian war criminal. (S2)
9.00 **NCIS** *React:* 15/24. The Secretary of the Navy's daughter is kidnapped. **10.00** *Loose Cannons:* 16/24. Gibbs' surgeon Dr Cyril Taft helps the team investigate a raid on a naval base. **11.00** *After Hours:* 17/24. A seemingly simple case haunts the agents after it has been closed. (S13)
12.00 M'T **NCIS** (S13)
2.00 AM **Scorpion** (S2)
3.50 **Medium** 10/16. (S1)
4.40 **JAG** 16/22. (S1)
5.30 **to 6.00** AM **Bondi Rescue**

Challenge

160 164 47 146

7.00 AM **The Chase**
9.00 **Wheel of Fortune**
11.30 **Catchphrase**
1.00 PM **Bruce's Price Is Right** Double bill.
2.00 **Bruce Forsyth's Play Your Cards Right**
3.00 **Pointless** Double bill.
5.00 **Lily Savage's Blankety Blank** Double bill.of the comedy quiz show with celebrity guests. Hosted by Lily Savage.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Matthew Wright, Suzi Perry, Ian 'H' Watkins and Crissy Rock try to win thousands of pounds for charity.
10.00 **The Chase** Quiz show hosted by Bradley Walsh.
11.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz hosted by Chris Tarrant.
2.00 **to 6.00** AM **The Chase**

Comedy Central Extra

127 182 308

6.00 AM **The Middle** (S1)
7.00 **Teleshopping**
9.00 **Everybody Loves Raymond** (S2)
1.00 PM **Everybody Loves Raymond** (S2&3)
7.00 **Friends** 9/24. Phoebe learns the truth about her father. **7.30** 10/24. Joey gets a part in a daytime soap. **8.00** 13/24. Guest stars Julia Roberts and Jean-Claude Van Damme. **8.30** 14/24. An old prom video helps Rachel see Ross in a different light. **9.00** 15/24. Monica falls for an old family friend. **9.30** 16/24. Joey decides to move out. (S2)
10.00 **Friends** (S3)
12.00 M'T **Andy Parsons: Slacktivist**
2.10 AM **Rufus Hound: Being Rude**
3.25 **Russell Howard's Stand Up Central**
4.15 **to 6.00** AM **The Middle**

Sky Documentaries

114/115 814 277 353 368

6.00 AM **Discovering: Sidney Poitier**
7.00 **Discovering: Steve McQueen**
8.00 **The British**
1.00 PM **My Icon**
1.15 **Fabergé: A Life of Its Own** Documentary.
2.55 **Margaret Atwood: A Word After a Word After a Word Is Power**
4.40 **Never Surrender: A Galaxy Quest Documentary**
6.20 **The Lawman**
8.00 **Micah Richards: Tackling Racism**
9.00 **NEW The End of the Storm** Liverpool FC's 2019/20 season.
11.00 **My Name Is Francesco Totti** Documentary.
1.00 AM **Bright Lights: Starring Carrie Fisher and Debbie Reynolds**
2.45 **Brillo Box (3¢ off)**
3.30 **PL Legends**
4.00 **to 6.00** AM **The Guest Wing**

Sky Nature

130 130 893 279 335 372

6.00 AM **Secrets of Wild Australia** Six editions.
12.00 NOON **Coastal Africa**
4.00 PM **Extreme Animals: One Wild Day**
7.00 **Monkey Life** New editions Alison receives an update on Monkey World's sister sanctuary, Dao Tien in Vietnam. **7.30** Pichihua becomes a member of Levar's top woollies.
8.00 **NEW Kingdom of the Tides** The creatures in the realm between ocean and land.
9.00 **Big Cats: An Amazing Animal Family**
10.00 **Animals Decoded**
11.00 **Monkey Life**
12.00 M'T **Kingdom of the Tide** As 8.00pm.
1.00 AM **The Wild Wild East**
2.00 **America's Wild Seasons**
3.00 **Big Cats: An Amazing Animal Family**
4.00 **to 6.00** AM **Wild Rockies**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians**
5.00 **Celebrity Game Face**
6.00 **DR. 90210** A woman with six cysts on the back of her head seeks Dr Lee's help. **7.00** A woman seeks Dr Kelly's help to fix her 'hip-dips'.
8.00 **Total Bellas** Nicole and Brie break the news to Kathy about the move to Napa. **9.00** New edition The Bellas head to Napa to see their new homes.
10.00 **Celebrity Game Face** New edition Well-known faces take part in a range of physical challenges.
11.00 **Botched** Double bill.
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **Married to Jonas**
4.00 **to 5.00** AM **Total Bellas**

Food Network

140 285 42 148

6.00 AM **Diners, Drive-Ins and Dives** Double bill.
8.00 **The Pioneer Woman**
11.00 **Barefoot Contessa – Back to Basics**
1.30 PM **Gok Cooks Chinese**
2.00 **Tom Kerridge's American Feast**
3.00 **John Torode's Korean Food Tour** Double bill.
5.00 **Paul Hollywood's Pies & Puds** Double bill.
7.00 **Ainsley Eats The Streets** In Osaka, Japan, Ainsley discovers the art of making okonomiyaki.
8.00 **Diners, Drive-Ins and Dives** Guy Fieri digs into tasty pork dishes. **9.00** Guy dives into joints serving up spins on surf and turf. **10.00** A whirlwind tour of Chicago.
11.00 **Mystery Diners**
12.00 M'T **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Police Patrol**
12.00 NOON **Hardcore Pawn**
5.00 PM **19 Kids & Outnumbered: Bringing Up Bates**
8.00 **19 Kids & Outnumbered: Bringing Up Bates** Erin and Chad's baby shower unites the whole family. **8.30** Gil and Kelly Jo fly to Florida to welcome their new granddaughter. **9.00** Gil and Kelly Jo meet baby Allie Jane. **9.30** The reality of planning a wedding long distance hits Michael and Brandon.
10.00 **Poisonous Liaisons** A devious woman goes as far as to fake her own death to escape justice.
11.00 **Sex, Lies and Murder** A burnt corpse is discovered, and a love triangle is revealed.
12.00 M'T **to 4.00** AM **Sex, Lies and Murder**

Paramount Network

150 187 150 32 132

9.00 AM **Police Interceptors**
1.00 PM **Police Interceptors**
2.05 **FILM Arizona Raiders** Western starring Audie Murphy, Ben Cooper and Michael Dante. (1965, PG, 88min) ★★
4.10 **FILM Hour of the Gun** Western starring James Garner and Jason Robards. (1967, PG, 101min) ★★★
6.15 **FILM First Knight** Romantic mythical drama starring Sean Connery, Richard Gere and Julia Ormond. (1995, PG, 134min) ★★
9.00 **FILM Hard Target** Thriller starring Jean-Claude Van Damme and Yancy Butler. (1993, 18, 95min) ★★★
11.05 **FILM F/X 2: The Deadly Art of Illusion** Thriller starring Bryan Brown and Brian Dennehy. (1991, 15, 107min) ★★
1.15 **to 5.00** AM **Airwolf**

Sky Crime

121 121 819 136 135 347 362

6.00 AM **Road Wars**
7.00 **Motorway Patrol**
11.00 **Highway Patrol**
12.00 NOON **Highway Cops**
1.00 PM **Brit Cops: Rapid Response**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Road Wars** Triple bill.
6.00 **Snapped** Double bill.
8.00 **Killer in My Village**
9.00 **How I Caught the Killer** A newlywed man murdered by his wife's long-term stalker.
10.00 **Thought Crimes: The Case of the Cannibal Cop** Exploring the case of former NYPD officer Gilberto Valle.
11.30 **World's Most Evil Killers** William Bonin.
12.30 AM **Made for Murder**
1.30 **World's Most Evil Killers**
2.30 **Road Wars**
4.30 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

CBS Reality

146 148 66 135

8.00 AM **The Key of David**
8.30 **The Lord's Challenge**
9.00 **Judge Judy**
1.00 PM **Judge Judy**
5.00 **48 Hours: Mystery**
7.00 **Unsolved Mysteries** The case of a novelist writing a book about mysterious disappearances who vanished without trace.
8.00 **World's Most Unexplained...** New editions Tales of the strange phenomena in which human bodies catch fire. **8.30** Examining tales of a supposedly haunted town in rural Buckinghamshire.
9.00 **Fatal Vows**
1.00 AM **World's Most Unexplained...**
2.00 **Killer Cops**
3.00 **Death Row Stories**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In North Wales.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **A Place in the Sun: Winter Sun** Five editions.
3.00 PM **Antiques Road Trip**
8.00 **The Weekend Workshop**
9.00 **Helicopter ER** The team treat a man who has crashed his car into the back of a bin lorry.
10.00 **Violent Child, Desperate Parents** A nine-year-old who is exhibiting disturbingly violent behaviour.
11.00 **Embarrassing Fat Bodies** Examining the impact obesity can have on fertility.
12.00 M'T **Road Cops**
1.00 AM **Trust Me, I'm a Dealer** Double bill.
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Highway Thru Hell**
7.00 **UFO Files**
8.00 **UFO Hunters**
9.00 **Swamp People**
10.00 **Wicked Tuna**
11.00 **Storage Wars**
4.00 PM **Dickinson's Real Deal** Five editions.
9.00 **The Curse of Oak Island** New evidence suggests Samuel Ball was guarding something big.
10.00 **The Curse Of Oak Island: Digging Deeper** Matty Blake visits Oak Island days before the Coronavirus pandemic changes the world.
11.00 **Paranormal: Caught on Camera** Alleged footage of Bigfoot and UFOs over Texas.
12.00 M'T **Haunted History**
1.00 AM **Swamp People**
2.00 **Wicked Tuna**
5.00 **to 6.00** AM **American Restoration**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: Atlanta**
10.00 **Say Yes to the Dress**
1.00 PM **Say Yes to the Dress** Four editions.
3.00 **Say Yes to the Dress: UK** Four editions.
5.00 **Counting On**
6.00 **Little People, Big World** Tori's worst fears are realised.
7.00 **Love After Lock Up** An unexpected guest turns up to Lacey and Shane's wedding.
8.00 **Dr Pimple Popper** With pandemic safety protocols in place, Dr Lee reopens her office.
9.00 **90 Day Fiancé** Natalie meets Mike's mum.
11.00 **Life After Lockup**
12.00 M'T **Dr Pimple Popper**
1.00 AM **Life After Lockup**
2.00 **90 Day Fiancé**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hour 233 172

5SELECT

153 152 55 133

9.00 AM **Entertainment News**
9.05 **The Dog Rescuers**
10.10 **FILM Time Without Pity** Thriller. (1957, b/w) ★★
12.05 PM **FILM Twice Round the Daffodils** Comedy. (1962, b/w, PG) ★★★
2.00 **Chris Tarrant: Extreme Railways** Double bill.
5.00 **Hitler's Invisible U-Boats: Draining the Ocean** Documentary.
6.00 **Warship: Life Below Deck** Double bill.
8.00 **Secrets of SS Great Britain** Documentary.
9.00 **HMS Victory: Nelson's Great Warship**.
10.00 **HMS Belfast: WW2's Great Survivor**
11.00 **Ben Fogle: New Lives in the Wild**
12.00 M'T **Atlantic: A Year in the Wild**
1.00 AM **Inside the World's Greatest Hotels**
2.00 **The Dog Rescuers**
3.55 **to 4.00** AM **Entertainment News**

Quest

144 144 831 169 12 114 172

6.00 AM **Combat Dealers**
8.00 **Wheeler Dealers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **EFL on Quest**
12.00 NOON **Salvage Hunters**
4.00 PM **American Pickers**
7.00 **Salvage Hunters**
9.00 **The Repair Shop**
10.00 **Outback Opal Hunters**
11.00 **Life Below Zero: Canada** A diverse group of people grapple with deadly weather while trying to find food, water and shelter.
12.00 M'T **Robson Green's Australian Adventure**
1.00 AM **Bear Grylls: Escape from Hell**
2.00 **American Chopper**
3.00 **Richard Hammond's Big** Richard boards the *C-5M Super Galaxy*.
4.00 **Mega Shippers**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 69 168

Quest Red

149 170 39 169

6.00 AM **Say Yes to the Dress: The Big Day**
7.00 **Animal Cops Houston**
9.00 **My 600lb Life: Where Are They Now?**
11.00 **My 600lb Life**
1.00 PM **Disappeared**
2.00 **Say Yes to the Dress**
6.00 **Long Island Medium**
8.00 **The Bad Skin Clinic** Help for a man with a bright red face.
9.00 **Bloodline Detectives** A look at cold cases solved using the revolutionary technique of familial DNA testing.
10.00 **My 600lb Life**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 60 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 350 365

6.00 AM **Alaska: The Last Frontier** Six editions of the series.
12.00 NOON **Building Off the Grid** Six editions, including at: **4.00** PM A builder constructs a modular home high on a cliff off the coast of Vancouver. **5.00** A builder constructs an off-grid luxury home in the heart of Canada's East Coast.
6.00 **Fast N' Loud** Richard's beloved Mustang breaks down weeks before he is supposed to show it at the Shelby Car Show in Tulsa.



8.00 Combat Dealers

7.00 **Building Off the Grid** First-time builders want to construct a home using five shipping containers in Oklahoma.
8.00 **Combat Dealers** New edition Bruce Crompton and his team, buy, repair and sell World War Two military gear.
9.00 **Alaska: The Last Frontier** New edition An earthquake strikes Homer, triggering a tsunami warning and evacuation.
10.00 **NEW SERIES** **Undercover Billionaire: Comeback City** Billionaire Glenn Stearns rescues more small businesses.
11.00 **Edge of Alaska** Neil starts the first Motherlode tour, but complications could bring his work to an end, while Jeremy embarks on a bear hunt.
12.00 M'T **Alaska: The Last Frontier**
1.00 AM **Gold Divers**
5.30 **to 6.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 251 325 378

6.00 AM **My Cat from Hell**
12.00 NOON **Alaska: Homestead Rescue** Four editions of the series, including at: **3.00** PM The Raneys restore a failed homestead in Ohio.
4.00 **Dr Jeff: Rocky Mountain Vet** Dr Amy performs surgery on a dog impaled with a stick.
5.00 **Vet Gone Wild** In Vietnam, Chris Brown performs surgery on two endangered turtles.
6.00 **Dog Detectives** Alsatian Thor joins a firearms unit and storms a derelict building.



11.00 My Cat from Hell

7.00 **Alaska: Homestead Rescue** In the Smoky Mountains, the Raneys visit a homestead on the brink of collapse.
8.00 **Alaskan Bush People** The Browns rush to build livestock shelters as a life-threatening cold front reaches the mountain.
9.00 **Pit Bulls & Parolees** The dogs that have had a major impact on Tia's family and the parolees who helped them.
10.00 **Animal Cops Phoenix** An investigator has to act quickly to save the pups of a dog that has given birth in an alley.
11.00 **My Cat from Hell** Double bill.
1.00 AM **Dr Jeff: Rocky Mountain Vet** As shown at 4.00pm.
2.00 **Alaska: Homestead Rescue**
3.00 **Pit Bulls & Parolees**
3.50 **Animal Cops Phoenix**
4.40 **Nature's Strangest Mysteries: Solved**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 352 367

8.00 AM **Egypt's Female Pharaohs**
9.00 **Ultimate Viking Sword**
10.00 **Buried Secrets of Keros**
11.00 **Buried Secrets of the Bible**
1.00 PM **Two Million Year Old Boy**
2.00 **Sex in the Stone Age**
3.00 **Lost Tombs of the Pyramids**
4.00 **Uncovering Herod's Lost Tomb** The architectural genius of the tyrannical ruler.
5.00 **Lost Tomb of Genghis Khan**
6.00 **The Lost Tomb of Alexander the Great** Pepi Papakosta goes in search of the conqueror's final resting place.



8.00 Valley of the Mummies

7.00 **NEW SERIES** **Lost Treasures of Egypt** Unlocking the mysteries of Egypt's most famous pharaoh, Tutankhamen.
8.00 **NEW SERIES** **Valley of the Mummies** Experts unearth new clues to the Egyptians' burial practices.
9.00 **Trafficked with Mariana Van Zeller** Mariana retraces one of the world's most intractable drug smuggling routes.
10.00 **New Air Force One: Flying Fortress** A first look at the overhaul of the two presidential planes.
11.00 **Lost Cities with Albert Lin** Albert explores the secrets of Stonehenge, visiting a structure that may explain why the ancient monument was built.
12.00 M'T **Lost Treasures of the Maya** Double bill of editions.
2.00 **to 5.00** AM **Lost Treasures of Egypt**

+1 hour 229 267

Sky History

123 130 825 270 354 369

6.00 AM **Pirate Treasure of the Knights Templar**
8.00 **Top Secret UFO Projects Declassified** An exploration of the secretive organisation known as the MJ-12.
9.00 **The Plague**
11.00 **The Nostradamus Effect**
12.00 NOON **Pawn Stars**
5.00 PM **The Curse of Oak Island** A stone roadway is revealed under the muck of the swamp. **6.00** Powerful currents threaten Alex and Tony's dive in the Northern Atlantic.



9.00 Anne Frank Remembered

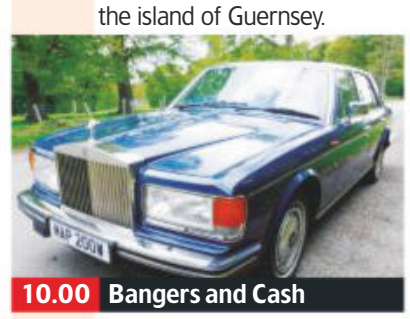
7.00 **Hitler's Circle of Evil** SS deputy head Reinhard Heydrich, who was ordered to enact a plan of ethnic cleansing.
8.00 **Hitler's Circle of Evil** Hitler's promotion of architect Albert Speer to galvanise Germany's manufacturing industry.
9.00 **FILM** **Anne Frank Remembered** Documentary chronicling the life of Anne Frank, the Jewish girl whose diary recorded her two years in hiding from the Nazis in Amsterdam during World War Two. (1995, PG, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.30 **Pawn Stars** The guys check out two antique telephones and a rare porcelain bowl originating from the Ch'ien-lung dynasty.
12.00 M'T **Pawn Stars**
4.00 AM **The Curse of Oak Island**
5.00 **to 6.00** AM **Top Secret UFO Projects Declassified**

+1 hour 223 271

Yesterday

155 129 26 159

6.05 AM **The Man Who Killed Richard III** Documentary.
7.10 **Impossible Engineering**
8.00 **Mike Hawthorn: On the Limit**
9.00 **Sounds of the Seventies**
11.00 **Narrow Escapes of World War Two** Five editions.
4.00 PM **Abandoned Engineering** A dream town that turned into a nuclear nightmare. **5.00** A concrete line through the French countryside. **6.00** The vast monolithic structures that dominate the island of Guernsey.



10.00 Bangers and Cash

7.00 **Abandoned Engineering** Projects include a maze of tunnels filled with haunting remains beneath the streets of Paris.
8.00 **'Allo 'Allo!** The general, the colonel and Gruber play a round of golf. **8.40** Last episode. The end of the war sees Rene and the gang welcoming in the Allied troops. **9.20** Herr Flick tries to trace a valuable painting in the village.
10.00 **Bangers and Cash** A 1971 Mercedes SL and a 1989 Jaguar XJS emerge from a barn on a chicken farm.
11.00 **Bangers and Cash** Derek takes a shine to a rare 1958 Armstrong Siddeley Sapphire.
12.00 M'T **Bangers and Cash**
1.00 AM **The Man Who Killed Richard III** The king's death at the Battle of Bosworth.
2.00 **to 3.00** AM **Impossible Engineering**

+1 hour 255 200 74

7 PM
8 PM
9 PM
10 PM

Sunday

Disc. History

177 257

6.00 AM **Combat Dealers: Reloaded** As 3.00pm.
7.00 **Mighty Ships**
8.00 **Expedition Unknown**
10.00 **Secret Service Secrets**
1.00 PM **Spies Beneath Berlin** Cold War agents.
2.00 **Spies in the Sky**
3.00 **Combat Dealers: Reloaded** Uniforms from World War Two.
4.00 **Mighty Ships**
5.00 **Expedition Unknown**
6.00 **Mysteries at the Museum** A man who turned a pile of rocks into a gold mine.
7.00 **History in the Making**
8.00 **NASA's Unexplained Files** Triple bill.
11.00 **World War II: Witness to War** Double bill.
1.00 AM **Secret Service Secrets** Triple bill.
4.00 **Spies Beneath Berlin**
5.00 **to 6.00** AM **Spies in the Sky**

+1 hour 277 261

Eden

166 245 247 315 389

9.00 AM **Animal Homes**
10.00 **David Attenborough's Natural Curiosities**
10.30 **The Life of Mammals**
12.30 PM **Madagascar**
3.30 **David Attenborough's Natural Curiosities**
4.00 **Animal Homes**
5.00 **The Mating Game – Natural World Special**
6.00 **Attenborough's Wonder of Eggs**
7.00 **Madagascar**
10.00 **Wonders of the Solar System** Double bill.
12.00 M'T **The Mating Game – Natural World Special**
1.00 AM **NASA's Ten Greatest Achievements**
3.00 **David Attenborough's Natural Curiosities**
3.25 **Close Up with Hippos**
4.15 **Natural Curiosities**
4.40 **NASA's Ten Greatest Achievements**
5.30 **to 6.00** AM **Jungle Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Alaska Fish Wars**
12.00 NOON **Monster Croc Wrangler** Four editions.
2.00 PM **The Leopard Rocks**
3.00 **Big Cat Games**
4.00 **The Real Black Panther**
5.00 **Savage Kingdom**
6.00 **NEW** **Wild Korea** Exploring Korea's staggering wildlife.
7.00 **Gordon Ramsay: Uncharted** Gordon Ramsay embraces the freezing temperatures of Norway in December.
8.00 **Wild Korea** As 6.00pm.
9.00 **Sharks Vs Dolphins: Blood Battle** The relationship between sharks and dolphins.
10.00 **Volcano Sharks**
11.00 **World's Biggest Tiger Shark** Marine biologist Kori Garza sets out to find a giant tiger shark.
12.00 M'T **When Sharks Attack** Double bill.
2.00 **to 5.00** AM **Alaska Fish Wars**

Sky History 2

163 163 894 272 330 390

8.00 AM **Monsterquest**
10.00 **The Silent Service**
1.00 PM **The Silent Service**
6.00 **Digging for the Truth** Examining the rose-coloured walls of Petra. **7.00** An ancient city in the Bolivian Andes.
8.00 **Walking Through History: King John's Ruin – Peak District** Tony Robinson explores the story of the medieval monarch.
9.00 **9/11: Escape from the Towers** Survivors from two of the 110 floors of the World Trade Centre tell their stories.
11.00 **KGB: The Sword and the Shield** The history of the KGB.
12.00 M'T **Walking Through History: King John's Ruin – Peak District**
1.00 AM **9/11: Escape from the Towers** As 9.00pm.
3.00 **to 5.00** AM **Digging for the Truth**

PBS America

174 273 91 155

8.00 AM **Beautiful Serengeti**
8.30 **A Life Among Monkeys**
9.40 **Corona: The Pandemic and the Pangolin**
10.50 **Decoding COVID-19**
11.55 **A Life Among Monkeys**
1.00 PM **Beautiful Serengeti**
1.30 **This Is Greece**
7.20 **A Life Among Monkeys** The story of Dr Wolfgang Dittus, a primatologist who went to study toque macaques in Sri Lanka for 18 months in 1968, a project that has now lasted over 50 years.
8.35 **Corona: The Pandemic and the Pangolin** The potential for deadly viruses to jump species.
9.50 **Decoding COVID-19** Scientists trying to develop a vaccine for the COVID-19 pandemic.
11.00 **This Is Greece**
12.05 **to 4.00** AM **This Is Greece**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **Unusual Suspects**
10.00 **Secrets of the Morgue**
11.00 **Murdered By Morning**
12.00 NOON **Homicide Hunter** Double bill.
2.00 PM **Cruise Ship Killers**
3.00 **Deadly Deception**
7.00 **Homicide Hunter**
8.00 **Crimes That Shook Britain** Dermot Murnaghan examines the riots that killed PC Keith Blakelock. **9.00** A sex abuse scandal which occurred in the north of England.
10.00 **Frozen In Time: Most Shocking Murders**
11.00 **Very Scary People**
1.00 AM **Britain's Darkest Taboos** Kirsty Treloar.
2.00 **Crimes That Shook Britain** As 8.00pm.
3.00 **Secrets of the Morgue**
4.00 **to 6.00** AM **Homicide Hunter**

+1 hour 256 222

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Sky Cinema Premiere

301 301 842 401 501 515

6.10 AM **I Used To Go Here** Drama. (2020, 15) ★★★
7.50 **Henchmen** As 3.10am.
9.30 **The King of Staten Island**
12.00 NOON **Twist** As 5.40pm.
1.50 PM **PREMIERE Pay Dirt**
3.30 **Thank You for Your Service** Drama. (2017, 15) ★★★
5.40 **Twist** Drama starring Michael Caine. (2021, 12) ★★★★
7.30 **The King of Staten Island** Comedy drama starring Pete Davidson. (2020, 15) ★★★★



10.00 Pay Dirt

Sky Cinema Hits

303 403 503 517

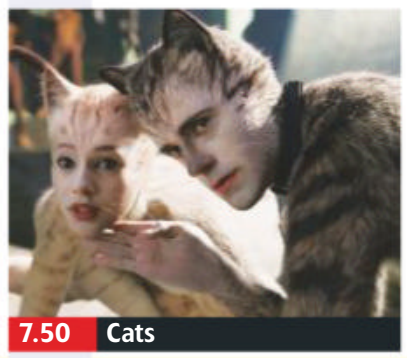
7.15 AM **The Secret Garden** Drama. (2020, PG) ★★★★
9.00 **Fantastic Beasts and Where to Find Them** As 5.00pm.
11.15 **Dolittle** As shown at 7.15pm.
1.00 PM **Bloodshot** As 9.00pm.
3.00 **Last Christmas** Comedy. (2019, 12, 103min) ★★
5.00 **Fantastic Beasts and Where to Find Them** Fantasy. (2016, 12, 133min) ★★★★
7.15 **Dolittle** Fantasy adventure. (2020, PG, 101 min) ★★


7.15 Dolittle

Sky Cinema Family

306 306 846 406 506 520

6.45 AM **Hocus Pocus** As 9.50pm.
8.35 **Confessions of a Teenage Drama Queen** As 11.30pm.
10.15 **Sonic the Hedgehog**
12.00 NOON **Cats** As 7.50pm.
2.00 PM **Father of the Bride** Comedy, as shown at 1.10am.
4.00 **Four Kids and It** Fantasy. (2020, PG, 110min) ★★★
6.00 **Sonic the Hedgehog** Fantasy. (2020, PG, 99min) ★★★
7.50 **Cats** Musical starring Judi Dench. (2019, U, 110min) ★


7.50 Cats

Sky Cinema Action

307 307 847 407 507 521

6.00 AM **Batman: The Killing Joke** Thriller. (2016, 15, 75min) ★★
7.20 **Sherlock Holmes** As 3.40pm.
9.30 **Sherlock Holmes: A Game of Shadows** As 5.50pm.
11.40 **The Rhythm Section**
1.35 PM **The Iron Mask** As 1.20am.
3.40 **Sherlock Holmes** Adventure. (2009, 12, 128min) ★★★★
5.50 **Sherlock Holmes: A Game of Shadows** Guy Ritchie's action adventure sequel. (2011, 12, 128min) ★★★


5.50 Sherlock Holmes: A Game...

Sky Cinema Comedy

308 308 848 408 508 522

7.20 AM **Corporate Animals**
9.00 **Misbehaviour** As 8.00pm.
10.50 **Yesterday** As 6.00pm.
12.50 PM **3 Men and a Baby** Comedy. (1987, PG) ★★★★
2.40 **Austin Powers: The Spy Who Shagged Me** Comedy. (1999, 12, 94min) ★★★
4.20 **Austin Powers in Goldmember** Comedy. (2002, 12, 93min) ★★
6.00 **Yesterday** Fantasy comedy. (2019, 12, 113min) ★★★


6.00 Yesterday

8 PM

The King of Staten Island (film started at 7.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

Dolittle (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

Cats (film started at 7.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **Lucy** Sci-fi thriller starring Scarlett Johansson. A courier seeks revenge on the gangsters who kidnapped her after a drug grants her superhuman abilities. (2014, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **Misbehaviour** Comedy drama starring Keira Knightley. The 1970 Miss World beauty pageant is disrupted by the newly formed women's liberation movement. (2020, 12, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.00 **Bloodshot** Fantasy thriller starring Vin Diesel. While waging a secret war, a resurrected Marine with augmented abilities tries to solve a conspiracy that robbed him of the woman he loved. With Eliza Gonzalez. (2020, 12, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Hocus Pocus** Supernatural comedy starring Bette Midler, Sarah Jessica Parker and Kathy Najimy. (1993, PG, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **The Rhythm Section** Thriller starring Blake Lively. A grieving woman discovers the plane crash that killed her family was a terrorist attack. (2019, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

10.00 **PREMIERE Pay Dirt** Crime thriller with Luke Goss. (2020, 15, 82min) ★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.40 **Narco Soldiers** Crime thriller starring Rafael Amaya. (2020, 15, 94min) ★★
1.35 AM **Faith Based** Comedy written starring Luke Barnett. (2020, 15, 92min) ★★
3.10 **Henchmen** Animation with the voice of Thomas Middleditch. (2018, PG, 89min) ★★
4.35 **to 6.05** AM **PREMIERE Pay Dirt** As 10.00pm.

11.00 **Zombieland: Double Tap** Comedy horror sequel starring Woody Harrelson. (2019, 15, 105min) ★★★
12.45 AM **Once Upon a Time... in Hollywood** Drama starring Leonardo DiCaprio. (2019, 18, 161 min) ★★★★★
3.30 **The Lighthouse** Thriller. (2019, b/w, 15, 109min) ★★★
5.30 **to 7.30** AM **Can You Ever Forgive Me?** Comedy. (2018, 15, 106min) ★★★★

11.30 **Confessions of a Teenage Drama Queen** Teen comedy starring Lindsay Lohan. (2004, PG, 90min) ★★
1.10 AM **Father of the Bride** Comedy starring Steve Martin, Diane Keaton and Martin Short. (1991, PG, 105min) ★★
3.05 **Strike** Animated adventure with the voice of Ken Stott. (2018, PG, 100min) ★★★
4.55 **to 6.55** AM **Four Kids and It** Fantasy, as shown at 4.00pm.

11.35 **American Fighter** Thriller starring Tommy Flanagan. (2020, 15, 98min) ★★★
1.20 AM **The Iron Mask** Action adventure starring Jason Flemyng and Yao Xington. (2019, 12, 120min) ★★
3.30 **Iron Sky: The Coming Race** Fantasy adventure starring Lara Rossi and Vladimir Burlakov. (2019, 15, 90min) ★
5.15 **to 6.00** AM **Sky Cinema Preview**

11.50 **Corporate Animals** Comedy starring Demi Moore. A boss takes her staff on a corporate team-building caving weekend to New Mexico. (2019, 15, 86min) ★★
1.20 AM **Austin Powers: The Spy Who Shagged Me** Comedy sequel, as 2.40pm.
3.00 **Austin Powers in Goldmember** As 4.20pm.
4.40 **to 6.30** AM **3 Men and a Baby** As 12.50pm.

+1 hour 312

Sky Cinema Greats

304 304 845 404 504 518

8.00 AM **The Lion King** Animation. (1994, PG, 88min) ★★★★★
9.30 **The Bridge on the River Kwai** World War Two drama. (1957, PG, 161 min) ★★★★★
12.15 PM **The Italian Job** Crime caper starring Michael Caine. (1969, PG, 100min) ★★★★★
2.00 **The Lord of the Rings: The Fellowship of the Ring** Fantasy. (2001, PG, 178min) ★★★★★

5.00 **The Lord of the Rings: The Two Towers** Epic fantasy adventure continuing JRR Tolkien's mythical saga, starring Elijah Wood and Ian McKellen. (2002, 12, 179min) ★★★★★
8.00 **The Lord of the Rings: The Return of the King** Epic fantasy adventure concluding Peter Jackson's trilogy based on JRR Tolkien's mythical saga, starring Elijah Wood, Ian McKellen, and Viggo Mortensen. (2003, 12, 201 min) ★★★★★

11.20 **Jaws** Thriller with Roy Scheider. (1975, 12, 125min) ★★★★★
1.30 AM **District 9** Sci-fi action thriller starring Sharlto Copley. (2009, 15, 112min) ★★★★
3.30 **to 6.45** AM **Spartacus** Stanley Kubrick's spectacular epic. (1960, PG, 184min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Ratatouille** As 10.25pm.
7.55 **Dinosaur** As shown at 5.35pm.
9.25 **Turbo** As shown at 7.00pm.
11.05 **Thumbelina** As 1.50am.
12.35 PM **Casper** As 8.40pm.
2.20 **Astro Kid** Animated adventure. (2019, PG, 89min) ★★★
4.00 **Polar Squad** Animated comedy adventure. (2019, U, 92min) ★★
5.35 **Dinosaur** Animated adventure. (2000, PG, 82min) ★★★★

7.00 **Turbo** Animated comedy adventure featuring the voice of Ryan Reynolds. A snail enters the Indy 500 car race after a freak accident gives him super speed. (2013, U, 96min) ★★★
8.40 **Casper** Fantasy comedy starring Christina Ricci and Bill Pullman about a young girl's friendship with a ghost. (1995, PG, 96min) ★★★★
10.25 **Ratatouille** Animation featuring the voice of Patton Oswalt. (2007, U, 106min) ★★★★★

12.20 AM **Leo Da Vinci: Mission Mona Lisa** Animated adventure. (2018, U, 85min) ★★
1.50 **Thumbelina** Animated fantasy. (1994, U, 83min) ★★
3.20 **Polar Squad** As 4.00pm.
5.00 **to 6.30** AM **Leo Da Vinci: Mission Mona Lisa** As 12.20am.

TCM Movies

315 415 416 512 526

6.00 AM **Off Set** With Ben Miller.
6.20 **Sherlock Holmes and the Secret Weapon** (1942) ★★
7.55 **The Pearl of Death** (1944)
9.30 **Sherlock Holmes: Terror by Night** Mystery. (1946) ★★
10.50 **The Adventures of Sherlock Holmes** (1939) ★★★★★
12.40 PM **The Lusty Men** (1952)
3.00 **The Navajo Trail** (1945) ★★
4.15 **The Denver and Rio Grande**

6.10 **Action in the North Atlantic** World War Two drama about a US oil tanker torpedoed in the Atlantic, starring Humphrey Bogart and Raymond Massey. (1943, b/w, PG, 127min) ★★★
9.00 **The Revenant** Western starring Leonardo DiCaprio and Tom Hardy. A frontiersman left for dead by his hunting party goes on a gruelling journey through the wilderness seeking revenge. With Domhnall Gleeson. (2015, 15, 153min) ★★★★★

12.15 AM **Replicant** Sci-fi action thriller. (2001, 18, 96min) ★
2.25 **Cool Hand Luke** (1967)
4.45 **Off Set** With Ben Miller.
5.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Where There's a Will**
7.35 **Penny and the Pownall Case**
8.35 **Calling All Cars**
9.30 **Black Saddle** 16/20. (S1)
10.00 **Johnny Ringo** 14/38. (S1)
10.30 **Rogue's Rock** 2/8. (S3)
11.00 **The Common Touch** (1941)
1.05 PM **New Towns for Old**
1.15 **Theatre Royal** (1943) ★★
2.30 **Danger on Dartmoor** (1980)
3.40 **The Ghosts of Berkeley Square**

5.30 **The Adventures of Robin Hood**
6.00 **Upstairs, Downstairs** (S1)
7.00 **Hannay** 4/6. (S1)
8.00 **Sunday Night at the London Palladium** Jimmy Tarbuck hosts.
9.00 **Enemy at the Door** 9/13. (S2)
10.00 **A New Kind of Love** Romantic comedy starring Paul Newman and Joanne Woodward. A journalist mistakes a fashion buyer for a prostitute, and romance blossoms as he sets out to write about her life. (1963, PG, 110min) ★★

12.10 AM **Over the Hill** Melodrama. (1993, PG, 102min) ★★
2.10 **Three Steps to the Gallows** Crime drama. (1953, b/w) ★★
3.50 **Post Haste**
4.00 **Hannay** 5/7. (S2)
5.00 **The Westerner** 6/13. (S1)
5.30 **to 6.00** AM **Tate**

Horror

317 149 68 138

8.00 AM **Planet of the Sharks** Horror starring Alex Anlos. (2016, 15, 90min) ★★
10.00 **Star Trek: Enterprise** (S1)
3.00 PM **Mammoth** Sci-fi action thriller starring Vincent Ventresca and Summer Glau. (2006, 12, 90min) ★★★
4.50 **Sharknado** Shark-attack thriller starring Tara Reid and Ian Ziering. (2013, 15, 86min) ★★

6.40 **End of the World** Sci-fi comedy starring Greg Grunberg. (2013, PG, 85min) ★★
8.30 **Tales from the Darkside** *My Own Place:* A man moves into what he thinks is his dream apartment.
9.00 **The Frighteners** Horror comedy starring Michael J Fox. A psychic falls under suspicion when the ghost of a dead serial killer continues his murderous spree from beyond the grave. (1996, 15, 110min) ★★★

11.10 **Another Wolfcop** Horror comedy. (2017, 15, 90min) ★★
12.40 AM **Fright Fest** Horror. (2018, 15, 90min) ★
2.30 **to 4.30** AM **Boo** Horror. (2005, 15, 100min) ★★

+1 hour 318 202 139

primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 849 409 509 523

6.25 AM **Cold Blood Legacy** Action thriller starring Jean Reno. (2018, 15, 91min) ★★
8.00 **Apartment 1BR** As 4.40pm.
9.35 **Munich** As shown at 6.15pm.
12.20 PM **Captain Phillips** Fact-based thriller, as 9.00pm.
2.35 **Lone Survivor** As 1.10am.
4.40 **Apartment 1BR** Horror. (2019, 15, 90min) ★★★
6.15 **Munich** Controversial political thriller starring Eric Bana. (2005, 15, 164min) ★★★★


9.00 Captain Phillips

Munich
(film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Captain Phillips** Fact-based thriller starring Tom Hanks and Barkhad Abdi. Four Somali pirates hijack a US container ship, putting its veteran captain through a terrifying ordeal. (2013, 12, 131min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Snatch** Crime comedy drama starring Jason Statham, Benicio Del Toro and Brad Pitt. (2000, 18, 102min) ★★
1.10 AM **Lone Survivor** Fact-based Afghanistan war drama with Mark Wahlberg. (2013, 15, 118min) ★★★★
3.20 **Domino** Crime thriller starring Nikolaj Coster-Waldau. (2019, 18, 100min) ★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 850 410 510 524

7.10 AM **My Girl** As 2.30pm.
8.55 **Judy** As shown at 6.00pm.
10.55 **The Man Inside** As 12.10am.
12.40 PM **St Elmo's Fire** Brat Pack drama, as shown at 10.10pm.
2.30 **My Girl** Bitter-sweet comedy. (1991, PG, 105min) ★★
4.15 **Love Story** Romantic melodrama with Ryan O'Neal. (1970, PG, 100min) ★★★★
6.00 **Judy** Biopic starring Renée Zellweger and Jessie Buckley. (2019, 12, 118min) ★★★★


8.00 An Officer and a...

8.00 **An Officer and a Gentleman** Romantic drama starring Richard Gere and Debra Winger. A working-class naval cadet strives to become an aviation officer and a mill worker dreams of marrying one. (1981, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **St Elmo's Fire** Brat Pack drama starring Emilio Estevez, Demi Moore, Rob Lowe and Ally Sheedy. A group of recent college graduates confront the harsh realities of the adult world. (1985, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Man Inside** British crime drama starring Peter Mullan. (2012, 15, 95min) ★★
2.05 **Burning an Illusion** Drama. (1981, 15, 103min) ★★★
4.05 **to 6.00** AM **Love Story** Romantic drama, as 4.15pm.

Sky Cinema Sci-Fi/Horror

311 411 511 525

6.05 AM **The Field Guide to Evil** Horror. (2018, 15, 117min) ★★
8.15 **The Sorcerer's Apprentice**
10.10 **Blumhouse's Fantasy Island**
12.05 PM **The Faculty** As 9.00pm.
1.55 **Black Christmas** Horror. (2019, 15, 50min) ★★★
3.30 **Beetlejuice** As 10.50pm.
5.05 **The Sorcerer's Apprentice** Fantasy. (2010, PG) ★★★★
7.00 **Blumhouse's Fantasy Island** Horror comedy with Michael Pena. (2020, 15, 109min) ★★


9.00 The Faculty

Blumhouse's Fantasy Island
(film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Faculty** Sci-fi horror chiller starring Elijah Wood and Jordana Brewster. A bunch of teenagers suspect that their school is being taken over by aliens. (1998, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Beetlejuice** Fantasy comedy starring Michael Keaton and Geena Davis. (1988, 15, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Uncle Peckerhead** Comedy with David Bluvband. (2020, 18, 97min) ★★
2.05 **Butt Boy** Comedy with Tyler Rice. (2019, 15, 99min) ★★
3.55 **The Drone** Horror. (2019, 18, 82min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Must See

302 402 502 516

6.00 AM **The Goonies** As 2.45pm.
8.00 **The Social Network** (2010)
10.00 **Die Hard** As 6.45pm.
12.15 PM **The Shawshank Redemption** As 9.00pm.
2.45 **The Goonies** Adventure. (1985, 12, 111min) ★★★★
4.45 **Crouching Tiger, Hidden Dragon** Chinese romantic period adventure. Subtitled. (2000, 12, 120min) ★★★★★
6.45 **Die Hard** Action thriller. (1988, 15, 131min) ★★★★★


9.00 The Shawshank...

Die Hard
(film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Shawshank Redemption** Prison drama starring Tim Robbins and Morgan Freeman. A banker convicted of murder forms an unlikely friendship with a fellow convict. (1994, 15, 142min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Social Network** Oscar-winning drama about the founding of Facebook, starring Jesse Eisenberg and Andrew Garfield. (2010, 12, 120min) ★★★★★
1.45 AM **Crouching Tiger, Hidden Dragon** As shown at 4.45pm.
4.00 **to 6.00** AM **Breakfast at Tiffany's** Classic romantic comedy with Audrey Hepburn and George Peppard. (1961, PG, 106min) ★★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Harry Hill Movie** Comedy starring Harry Hill. (2013, PG, 88min) ★★
12.45 PM **Percy Jackson: Sea of Monsters** Fantasy sequel. (2013, PG, 102min) ★★★
2.45 **Cocoon** Fantasy drama. (1985, PG, 117min) ★★★
5.00 **27 Dresses** Romantic comedy. (2008, 12, 106min) ★★★
7.10 **Max Steel** Fantasy adventure. (2016, 12, 92min) ★★


9.00 Transporter 3

Max Steel
(film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Transporter 3** Action thriller sequel starring Jason Statham and Natalya Rudakova. The Transporter is pressured into taking the kidnapped daughter of a Ukranian official from Marseilles to Odessa. (2008, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Kiss the Girls** Thriller starring Morgan Freeman and Ashley Judd. A forensic psychologist strives to catch a kidnapper with the help of a doctor who escaped his clutches. (1997, 18, 115min) ★★★
1.20 **to 3.50** AM **Sicilian Ghost Story** Italian drama starring Julia Jedlikowska. Subtitled. (2017, 15, 122min) ★★★

+1 hour 314 430 46 301

8 PM
9 PM
10 PM
11 PM

Sony Movies Classic

319 424 51 303

6.00 AM **Journey into Fear** (1942)
7.25 **The Two-Headed Spy** (1958)
9.20 **Bullet to Beijing** (1995) ★★
11.25 **The Silencers** Spy thriller spoof. (1966, PG, 103min) ★★★
1.30 PM **The Traitors** Spy drama. (1962, b/w, PG, 70min) ★★★
3.00 **Midnight in Saint Petersburg** Thriller. (1995, 15, 85min) ★★
4.50 **The Jigsaw Man** Spy drama. (1983, 15, 91min) ★★

6.45 **Gambit** Suspense caper starring Michael Caine and Shirley MacLaine. A crook hires a nightclub singer to help him steal a priceless sculpture. (1966, U, 109min) ★★★
9.00 **The Deadly Affair** Thriller starring James Mason as an intelligence agent whose investigation of an apparent suicide leads to a spy ring. (1966, PG, 107min) ★★★
11.05 **The Blue Lagoon** Adventure. (1980, 15, 101min) ★
1.10 AM **The Big Heat** Thriller. (1953, b/w, 15, 90min) ★★★★
2.55 **Tunes of Glory** Drama. (1960, PG, 107min) ★★★★
4.45 **to 6.00** AM **Operation Dames** War drama. (1959, b/w, PG) ★★

+1 hour 320 303 304

Sony Movies

321 425 33 302

9.00 AM **Real Murders: An Aurora Teagarden Mystery** Crime drama. (2015, PG, 90min) ★★
10.40 **Dangerous Company** Thriller. (2015, PG, 87min) ★
12.25 PM **A Mother Betrayed** Thriller. (2015, PG, 110min) ★★
2.15 **Bridge to Terabithia** Fantasy. (2007, PG, 95min) ★★★★★
4.10 **Tracker** Period action drama. (2010, 12, 101min) ★★★

6.15 **Robin Hood** Ridley Scott's epic adventure starring Russell Crowe. A humble archer takes on the identity of a dead knight while returning from the Crusades and goes to the aid of the dead man's widow. (2010, 12, 140min) ★★★
9.00 **The Forgotten** Sci-fi thriller starring Julianne Moore. A woman's son is killed in a plane crash, but then close family deny the boy ever existed. (2004, 12, 91min) ★★★★
10.50 **The Colony** Drama starring Emma Watson. (2015, 15) ★★★
1.05 AM **Drive** Film-noir thriller. (2011, 18, 100min) ★★★★★
3.20 **to 6.00** AM **Julie & Julia** Comedy. (2009, 12) ★★★★

+1 hour 322

Sony Movies Action

323 426 41 305

6.00 AM **Jack Mccall, Desperado** Western. (1953, U, 76min) ★★
7.40 **Angel and the Badman** (1947)
9.45 **Back to Bataan** War drama. (1945, b/w, PG, 97min) ★
11.35 **Flying Leathernecks** War drama. (1951, PG, 102min) ★★
1.45 PM **Hellfighters** Adventure. (1969, PG, 120min) ★★
4.10 **Reap the Wild Wind** Drama. (1942, PG, 124min) ★★★

6.40 **Jet Pilot** Cold War drama starring John Wayne. An American flier falls in love with a beautiful Russian pilot who has defected to the US. Then he discovers she is really a secret agent. (1957, U, 112min) ★★
9.00 **The Shepherd of the Hills** Western drama starring John Wayne as an embittered man determined to track down his estranged father, who deserted his mother years earlier. (1941, PG, 98min) ★★
11.05 **Kill 'em All** Thriller starring Jean-Claude Van Damme. (2017, 15, 96min) ★★
12.55 AM **The Art of War II: Betrayal** Thriller. (2008, 15, 103min) ★★
3.00 **to 4.00** AM **The JU 87 Stuka**

+1 hour 324

Movies 24

325 419

7.00 AM **A New Year's Resolution**
9.00 **Love in Harmony Valley** Drama. (2020, PG, 88min) ★★
11.00 **The Good Witch's Charm** Fantasy. (2012, PG, 90min) ★★
1.00 PM **From the Heart** Romantic drama. (2020, PG, 90min) ★★
3.00 **PREMIERE** **All Summer Long** Drama. (2019, PG, 89min) ★★
5.00 **The Last Bridesmaid** Romantic drama. (2019, PG, 90min) ★★

7.00 **Love on Safari** Romantic drama starring Lacey Chabert and Jon Cor. When a woman inherits a wildlife reserve in South Africa, the no-nonsense head ranger tries to convince her to keep it. (2018, PG, 84min) ★★
9.00 **Pearl in Paradise** Romantic comedy drama starring Jill Wagner and Kristoffer Polaha. A photographer and a writer team up to hunt for an elusive pearl that could changes their lives. (2018, PG, 90min) ★★
11.00 **A New Year's Resolution** Drama. (2019, PG, 88min) ★★
1.00 AM **The Chronicle Mysteries: The Deep End** (2019) ★★
3.00 **to 5.00** AM **An Emma Fielding Mystery 2 – Past Malice** (2018)

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.05 PM **Despicable Me 2** *ITV2* ★★★
6.15 **First Knight** *Paramount Network* Romantic drama. ★★
7.00 **National Security** *Comedy Central* Comedy. ★
7.00 **Open Season** *Syfy* ★★★
7.10 **Shrek the Third** *E4* ★★★★
8.00 **Skyfall** *ITV2* Thriller. ★★★★
9.00 **American Reunion** *Comedy Central* Comedy sequel. ★★
9.00 **The Shanghai Job** *Syfy* ★★
9.00 **Hard Target** *Paramount Network* Action thriller. ★★★
11.00 **Under Siege 2** *ITV4* ★★★
11.00 **Monster Hunters** *Syfy* ★
11.05 **Exodus: Gods and Kings** *Channel 4* Biblical epic. ★★★
11.05 **F/X 2: The Deadly Art of Illusion** *Paramount Network* ★★
11.20 **The Break-Up** *Comedy Central* Comedy drama. ★★★
12.10 AM **The Bling Ring** *BBC1* Fact-based drama. ★★★★
12.25 **The Homesman** *BBC2* ★★★★
12.50 **Mythica: The Darkspore** *Syfy* Fantasy adventure sequel. ★★
1.40 **Gregory's Girl** *Drama* ★★★★
2.35 **Men & Chicken** *Channel 4* Comedy. Subtitled. ★★★★
4.00 **Collision Earth** *Syfy* ★★

SUNDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Goals on Sunday** A look back at yesterday's action around the country, with all the goals and discussion of the big talking points.
8.30 **LIVE European Tour Golf** The fourth and final day of the Omega Dubai Desert Classic at the Emirates Golf Club in Dubai.
1.00 PM **LIVE Renault Super Sunday Leicester City v Leeds United.** Coverage of the Premier League match from the King Power Stadium. Kick-off **1.30pm**.
4.00 **LIVE Renault Super Sunday West Ham United v Liverpool.** Coverage of the Premier League match from the London Stadium. Kick-off **4.30pm**.
7.00 **LIVE Renault Super Sunday Brighton & Hove Albion v Tottenham Hotspur.** The Premier League match from the AMEX Stadium. Kick-off **7.15pm**.
10.00 **LIVE PGA Tour Golf** Coverage of the fourth and final day of the Farmers Insurance Open at Torrey Pines Golf Course in California.
11.30 PM **to 6.00** AM **Sky Sports News** The latest sports news.

Sky Sports Premier League

402 402 856 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Best PL Goals: Manchester United** Memorable goals.
7.30 **PL Greatest Games**
7.45 **Premier League**
1.00 PM **LIVE Renault Super Sunday Leicester City v Leeds United.** Coverage of the top-flight clash from the King Power Stadium. Kick-off **1.30pm**.
4.00 **LIVE Renault Super Sunday West Ham United v Liverpool.** All the action from the top-flight clash at the London Stadium. Kick-off **4.30pm**.
7.00 **LIVE Renault Super Sunday Brighton & Hove Albion v Tottenham Hotspur.** Coverage of the top-flight clash from the AMEX Stadium. Kick-off **7.15pm**.
10.00 **Matchday Plus**
10.15 **Premier League** Action from Leicester City v Leeds United. **12.00** M'T Highlights from West Ham United v Liverpool. **1.45** AM Brighton & Hove Albion v Tottenham Hotspur.
3.30 **PL Greatest Games**
4.00 **Best PL Goals 17/18**
5.00 **to 6.00** AM **Best PL Goals: Man City v Liverpool**

Sky Sports Football

403 403 857 | 513 503 | 422 442

6.00 AM **EFL Greatest Games**
6.45 **SPFL Greatest Games**
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **EFL Highlights**
9.30 **EFL Goals: Leagues 1 & 2**
10.00 **EFL Highlights**
11.00 **EFL Goals: Leagues 1 & 2**
11.30 **EFL Highlights**
1.30 PM **EFL Goals: Leagues 1 & 2**
2.00 **EFL Highlights**
3.00 **EFL Goals: Leagues 1 & 2**
3.30 **EFL Highlights**
4.30 **EFL Goals: Leagues 1 & 2**
5.00 **EFL Highlights**
6.00 **EFL Goals: Leagues 1 & 2**
6.30 **SPFL Greatest Games**
11.00 **SPFL Highlights**
11.30 **SPFL** Rangers v Celtic.
12.00 M'T **Championship Season Review 19/20**
1.00 AM **EFL Play Off Finals C'Ship 19/20** Brentford v Fulham.
2.00 **EFL Play Off Final League 1 19/20** Action from Oxford United v Wycombe Wanderers.
3.00 **EFL Play-Off Final: League 2 19/20** Action from Exeter City v Northampton Town.
4.00 **EFL Cup Final 20**
5.00 **to 6.00** AM **Championship Season Review 19/20**

Sky Sports Cricket

404 404 858 | 514 504 | 423 443

6.00 AM **How the 2009 ICC World Twenty20 Was Won**
8.00 **IPL Bitesize**
8.30 **Abu Dhabi T10**
10.45 **IPL Bitesize**
11.30 **LIVE Abu Dhabi T10 Team Abu Dhabi v Pune Devils.** Coverage of the T10 match from Sheikh Zayed Cricket Stadium.
1.45 PM **LIVE Abu Dhabi T10 Bangla Tigers v Northern Warriors.** The T10 match from Sheikh Zayed Cricket Stadium.
4.00 **LIVE Abu Dhabi T10 Qalandars v Deccan Gladiators.** The T10 match from Sheikh Zayed Cricket Stadium.
6.15 **IPL Bitesize**
7.00 **Abu Dhabi T10** Action from Team Abu Dhabi v Pune Devils.
9.15 **Abu Dhabi T10** Bangla Tigers v Northern Warriors.
11.30 **IPL Bitesize**
12.00 M'T **How the 2009 ICC World Twenty20 Was Won**
2.00 AM **World Cup Cricket Classics**
3.00 **Best of the Women's World T20**
4.00 **World Cup Cricket Classics**
5.00 **to 6.00** AM **Best of the Women's World T20**

Sky Sports Golf

405 405 859 | 515 505 | 424 444

6.00 AM **Golf Academy**
6.30 **European Tour Golf**
7.30 **PGA Tour Golf**
8.30 **LIVE European Tour Golf** The fourth and final day of the Omega Dubai Desert Classic at the Emirates Golf Club in Dubai.
1.00 PM **PGA Tour Golf**
2.00 **Fore! Golf's Funniest Videos**
2.15 **The Golf Fitness Show**
2.45 **Life Lessons Through Sport: Ian Poulter**
3.15 **European Tour Golf**
4.15 **LIVE PGA Tour Golf** Coverage of the featured groups on the fourth and final day of the Farmers Insurance Open in California.
6.00 **LIVE PGA Tour Golf** Further coverage of the final day of the Farmers Insurance Open.
11.30 **European Tour Golf**
12.30 AM **On the Range: Scottish Open** From Gullane Golf Club.
12.45 **The Sky Sports Golf Podcast**
1.00 **Feherty Talks To**
2.00 **European Tour Golf**
3.00 **The Golf Fitness Show**
3.30 **Mark Roe's Short Game School**
4.00 **PGA Tour Golf**
5.00 **to 6.00** AM **European Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

7.00 AM **ESPN FC** Football news.
7.30 **LIVE Hyundai A-League Macarthur Bulls v Sydney FC.** Kick-off **7.00am**.
9.45 **BT Sport Reload**
10.00 **Champions League Magazine**
10.30 **Premier League World**
11.00 **Premier League Today**
11.30 **LIVE Premier League Chelsea v Burnley.** The top-flight clash at Stamford Bridge. Kick-off **12noon**.
2.15 PM **LIVE Barclays FA Women's Super League Everton Ladies v Manchester United Women.** Kick-off **2.30pm**.
4.45 **LIVE Bundesliga VfL Wolfsburg v SC Freiburg.** At Volkswagen Arena. Kick-off **5pm**.
7.00 **BT Sport Big Bash Reload**
7.15 **National League Highlights**
7.45 **LIVE Ligue 1 Nantes v Monaco.** Kick-off **8.00pm**.
10.00 **Champions League Magazine**
10.30 **LIVE T20 Super Smash Auckland Aces v Otago Volts.**
2.00 AM **BT Sport Reload**
2.15 **LIVE Women's T20 Super Smash Auckland Hearts v Otago Sparks.** In New Zealand.
5.45 **to 6.00** AM **BT Sport Reload**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **Premier League**
7.30 **Ultimate Kricket Challenge**
8.00 **LIVE Cricket: Big Bash League** All the action from a Big Bash League Cricket match.
11.30 **Ultimate Kricket Challenge**
12.00 NOON **WWE NXT Highlights**
1.00 **Gallagher Premiership Rugby Union** Recent action.
2.00 PM **LIVE Gallagher Premiership Rugby Union Wasps v Harlequins.** Coverage of the encounter from Ricoh Arena. Kick-off **2.30pm**.
5.15 **Gallagher Premiership Tonight**
6.00 **LIVE NHL Buffalo Sabres v New Jersey Devils.** From KeyBankCentre. Face-off **6pm**.
8.30 **Coppa Italia Show** A look back at all the highlights from the quarter finals of the Coppa Italia.
9.00 **The Run-In**
10.00 **WWE NXT UK**
11.00 **WWE SmackDown Highlights**
12.00 M'T **D. Wade: Life Unexpected** The life of Dwayne Wade both on and off the court.
2.00 AM **Gallagher Premiership Rugby Highlights** Recent action.
3.30 **ESPN Films: Infinite Race**
5.00 **to 6.00** AM **WRC Review**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **LIVE Badminton** Coverage of the HSBC BWF World Tour Finals from Thailand.
11.30 **ESPN FC** Football news.
12.00 NOON **LIVE Ligue 1 Nice v Saint-Etienne.** Coverage of the French top-flight clash from Allianz Riviera. Kick-off **12.00noon**.
2.00 PM **LIVE Ligue 1 Lorient v Paris Saint-Germain.** Coverage of the French top-flight clash from Stade du Moustoir. Kick-off **2pm**.
4.00 **LIVE Ligue 1 Lille v Dijon.** Coverage of the French top-flight encounter from Stade Pierre Mauroy. Kick-off **4.00pm**.
6.00 **Cricket: Big Bash League**
7.00 **The Football's On**
8.00 **LIVE College Basketball** Coverage of an NCAA clash.
10.00 **Gallagher Premiership Rugby Highlights** Recent action.
11.30 **Vanarama National League Highlights** Recent action.
12.00 M'T **Hyundai A-League**
2.00 AM **Inside Sailing**
2.30 **Champions League Magazine**
3.00 **Badminton Unlimited**
3.30 **DTM 2020 Season Review**
4.30 **to 6.00** AM **Bundesliga**

Sky Sports NFL

407 407 861 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Pro Bowl**
9.00 **NFL Highlights** Back-to-back action, including at: **10.00** Action from the 2019 match at Camping World Stadium in Orlando, Florida. **11.00** Action from Baltimore Ravens v Kansas City Chiefs.
12.00 NOON **NFL Highlights**
2.00 PM **NFL Gameday** The team looks ahead to the upcoming Conference Championship games.
5.00 **NFL Pro Bowl** Action from the 2016 match at the Aloha Stadium in Honolulu.
6.00 **NFL Pro Bowl** Action from the 2017 match at Camping World Stadium in Orlando, Florida.
7.00 **NFL Highlights** Action from the 2018 match at Camping World Stadium in Orlando, Florida.
8.00 **NFL Highlights** Action from the 2019 Pro Bowl at Camping World Stadium in Orlando, Florida.
9.00 **All Or Nothing: Cardinals**
11.00 **NFL Super Bowl LIV Highlights**
1.00 AM **NFL Bitesize Highlights**
4.00 **to 6.00** AM **NFL Super Bowl LIV Highlights** Kansas City Chiefs v San Francisco 49ers.

Sky Sports Mix

416 416 838 | 520 510 | 429 449

6.00 AM **Drone Racing League**
8.00 **Fighting Fit 2020**
8.30 **My Icon**
8.55 **America's Cup Sailing**
11.00 **The Women's Football Show**
12.00 NOON **Driving Force**
1.00 PM **World Darts Championship** Action from this year's final at Alexandra Palace in London.
3.45 **Legends of Darts**
4.00 **NBA: LA Lakers @ Boston** Highlights from Boston Celtics v Los Angeles Lakers.
6.00 **Black Roses**
7.00 **Motorsport Mundial** The latest motorsport news and action from around the globe.
7.30 **Abdul Musa Adam: The Journey** Profile of the child refugee who ended up working at Park House Stables.
7.45 **My Icon**
7.55 **America's Cup Sailing** The fifth and sixth semi-final races from the Prada Cup in Auckland.
10.00 **Rise With Us**
11.00 **EFL Cup Highlights**
12.00 M'T **British Basketball**
2.30 AM **World Darts Championship**
5.15 **Legends of Darts**
5.30 **to 6.00** AM **Darts Gold**

BT Sport/ESPN

423 423 872 | 530 | 411 434

7.00 **LIVE W-League Football Sydney FC Women v Newcastle Jets Women.** From Cromer Park. Kick-off **7.00am**.
9.00 **ESPN FC** Football news.
9.30 **WRC Review**
10.30 **BT Sport Reload**
10.45 **College Basketball**
12.30 PM **NHL**
2.30 **LIVE Bundesliga FC Cologne v Arminia Bielefeld.** Coverage from RheinEnergieStadion. Kick-off **2.30pm**.
4.30 **BT Sport Reload**
5.00 **LIVE College Basketball** Coverage of an NCAA clash.
7.00 **LIVE College Basketball** Coverage of an NCAA clash.
9.00 **WRC Review**
10.00 **LIVE College Basketball** Coverage of an NCAA clash.
12.00 M'T **BT Sport Reload**
12.15 AM **College Basketball**
5.30 **to 6.00** AM **BT Sport Reload**

Eurosport 1

410 410 864 | 521 | 412 435

6.00 AM **LIVE ATP Tennis** Day one of the Great Ocean Road Open.
8.00 **LIVE ATP Tennis** Day one of the Murray River Open.
12.00 NOON **LIVE Biathlon** Coverage from Duszniki-Zdroj, Poland.
1.15 PM **Snooker: German Masters**
1.55 **LIVE Snooker: German Masters** Coverage of the opening session of the final at Marshall Arena in Milton Keynes.
5.00 **ATP Tennis**
6.00 **Snooker: German Masters**
6.55 **LIVE Snooker: German Masters** Coverage of the second session of the final.
10.00 **Snooker: Shoot-Out**
12.00 M'T **Ultra Trail: World Tour**
12.35 AM **Snooker 147s**
2.00 **Alpine Skiing**
3.00 **Cyclo-Cross**
4.00 **Aus Open: Women's Final 2020**
5.30 **to 7.00** AM **Aus Open: Men's Final 2020**

Eurosport 2

411 411 865 | 522 | 413 436

6.00 AM **Alpine Skiing**
8.20 **LIVE Alpine Skiing** In France.
9.30 **LIVE Alpine Skiing** In Germany.
11.30 **LIVE Alpine Skiing** The World Cup meeting in Chamonix, France.
12.30 PM **LIVE Cross-Country Skiing** From Falun in Sweden.
2.10 **LIVE Nordic Combined Skiing** From Seefeld in Austria.
3.10 **LIVE Ski Jumping** In Germany.
5.00 **Alpine Skiing**
7.00 **Ski Jumping**
8.00 **Cyclo-Cross**
9.00 **The Cycling Show**
9.35 **Alpine Skiing World Cup 2019**
10.00 **LIVE Biathlon** From Poland.
10.30 **Ski Jumping**
11.30 **Alpine Skiing**
12.30 AM **LIVE Luge** From Germany.
1.00 **LIVE Luge** From Germany.
2.00 **Snooker: Shoot-Out**
4.00 **Cycling: Tour de France**
5.00 **to 6.00** AM **Ski Jumping**

Sky Sports Arena

408 408 862 | 518 508 | 427 447

6.00 AM **Tony Tuesday**
7.30 **Currie Cup Rugby Union**
10.00 **Driving Force**
11.00 **S/Lge: Grand Final 2015 Hlts**
12.00 NOON **Super League Grand Final Highlights** Recent action.
1.00 PM **Super League Highlights**
2.00 **Fight Night**
6.00 **LIVE NBA New York Knicks v Los Angeles Clippers.** Coverage of the clash from Madison Square Garden. Tip-off **8.00pm**.
8.30 **LIVE NBA Denver Nuggets v Utah Jazz.** Tip-off **8.30pm**.
11.00 **NBA Classic Games: Splash Bros And Bad Boys Part 1**
11.30 **NBA Classic Games: Splash Bros And Bad Boys Part 2**
12.00 M'T **World Darts Championship** The semi-finals.
4.00 AM **Haye v Bellew: The Gloves Are Off**
4.30 **Boxing Rivalries**
5.30 **to 6.00** AM **Tony Bellew: Chasing Greatness**

Sky Sports F1

406 406 860 | 516 506 | 425 445

6.00 AM **The Home of F1**
12.30 PM **Ted's Story of Ferrari**
12.35 **The Race to Perfection** Back-to-back editions.
6.00 **LIVE Virtual Grand Prix-Austria**
7.30 **The Race to Perfection** The most controversial moments and fallouts in F1 history.
8.40 **Moss Cars Feature** A special on racing legend Sir Stirling Moss.
8.50 **Brundle on Schumacher** Martin Brundle analyses the amazing career of Michael Schumacher.
9.00 **The Race to Perfection** A look at the most successful teams to dominate the sport.
10.10 **Lando and Jenson** Jenson Button talks to Lando Norris about his debut season.
10.20 **Brundle on Schumacher**
10.30 **The Race to Perfection**
11.45 **Albon and Crofty Challenge**
11.50 **Sergio Perez IV**
12.00 M'T **to 6.00** AM **The Home of F1**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD VIRGIN HD BT HD