THURSDAY

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Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** New edition A case in which two men were kidnapped. (S)(AD)
11.15 **Homes Under the Hammer** New edition Properties in south London, Norfolk and Essex. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition Bag-maker Neil Wragg pitches an idea for an old tent. (S)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** (S)(R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)



4.30 Bridge of Lies

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Vicki broaches the subject of suspicious invoices with Bernie again, and Linda is at loggerheads with Elaine. (S)(AD)

8.00 **Dragons' Den** The Den welcomes a guest Dragon, as Emma Grede, CEO behind fashion brand Good American, helps consider pitches including an innovative frozen food business. (S)(R)(AD)

9.00 **Who Do You Think You Are?** Adventurer Bear Grylls traces his ancestry, beginning by exploring his paternal army-serving grandfather Ted Grylls' old trunk, intriguingly full of documents marked 'Top Secret'. (S)(R)(AD)

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate, inviting a panel of guests in St Andrews, Fife, to answer questions from an invited audience on subjects that have made the headlines over the past week. (S)
11.40 **Newscast** A panel of journalists host a weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.10 AM **Celebrity Bridge of Lies** With Faye Tozer, Jay McGuiness, Cheryl Baker and Snoochie Shy. (S)(R)
12.55 **Weather for the Week Ahead** (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Beechgrove Garden** (S)(R)
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **The Edge** Game show. (S)(R)
1.45 **Lightning** Quiz show. (S)(R)
2.15 **Unbeatable** Game show. (S)(R)
3.00 **Murder, Mystery and My Family**
3.45 **Weatherman Walking** New edition 3/4. Derek Brockway treks along the Abergavenny hills. (S)
4.15 **Hidden Treasures of the National Trust** Cragside. (S)(R)(AD)
5.15 **Flog It!** From Cumbria. (S)(R)
6.00 **Richard Osman's House of Games** With Mark Chapman, Rachel Parris, Will Kirk and Amanda Lamb. (S)(R)
6.30 **Robson Green's Weekend Escapes** The actor is joined by ex-footballer Shola Ameobi. (S)(R)(AD)



8.00 Gardeners' World

7.00 **The Great House Revival** Series finale 8/8. Twenty-six-year-old Kieran renovates his grandmother's traditional stone farm cottage in Knocknagoshel, Co Kerry. (S)
7.50 **The North York Moors: A Wild Year** (S)(R)(AD)

8.00 **Gardeners' World** New edition Monty Don adds perennials to Longmeadow, Toby Buckland visits Stockton Bury Gardens in Herefordshire, and cameras follow a self-confessed fern fanatic. (S)

9.00 **Marie Antoinette** Series finale *The End of the Beginning:* 8/8. Louis's queen's low standing is a stumbling block as he struggles to salvage economic control. (S2) (S)(AD)
■ Entire series on BBC iPlayer

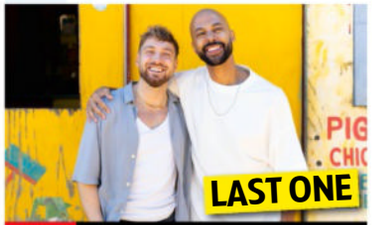
10.00 **NEW Glastonbury** Clara Amfo and Lauren Laverne launch coverage of this year's festival. *See feature, page11* .(S)
■ Coverage continues tomorrow on BBC1, BBC2 & BBC4
10.30 **Newsnight** (S)

11.00 **Murder 24/7** 4-6/6. Triple bill of the crime documentary. (S)(R)(AD)
2.00 AM **Sign Zone: Springwatch** Iolo Williams continues his road trip by heading to Rathlin Island. (S)(R)
3.00 **Sign Zone: Walking with Dinosaurs** 4/6. An albertosaurus must find her place within a pack or risk starvation. (S)(R)(AD)
3.50 **Sign Zone: The Power of Parker** 4/6. Kath has a run in with the police. (S2) (S)(R)(AD)
4.20 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition James cooks teriyaki steak for Kimberley Walsh, with help from chefs Galton Blackiston and Lenny Carr-Roberts. (S)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)



9.00 DNA Journey

7.30 **Emmerdale** Sarah is grateful for Charity's support, Joe makes an order, and Paddy shares his worries over Bear's behaviour. (S)(AD)

8.30 **Bradley & Barney Walsh: Breaking Dad** 3/6. The pair continue their European adventure in Poland, going sightseeing in Krakow before attending a performance by the Polish National Radio Symphony Orchestra. (S)(R)(AD)

9.00 **DNA Journey** Series finale Sam Thompson and Marvin Humes explore their respective family histories. Sam is terrified of what he might uncover, while Marvin is keen to learn more about his Jamaican roots. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Quantum of Solace** James Bond action thriller starring Daniel Craig. Agent 007 embarks on a mission of revenge against the shadowy crime organisation that caused his lover's death. With Olga Kurylenko. (S)(AD) (2008, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Teleshopping**
3.00 **Long Lost Family: Born Without Trace** Two adults abandoned as babies attempt to find out who left them, and why. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 | 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 6-9/26. (S10) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** (S2&3) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From Kansas City. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** Steve and Chris cruise to Chester to help plan their daughter's wedding. (S)(R)(AD)
5.00 **Chateau DIY** Julia converts her former artist's studio into living accommodation. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** New edition In Almeria, Sharon Garner and her husband Steve help a couple from Essex find their perfect retirement property. (S)



10.00 Pushers

7.00 **News** (S)

8.00 **Dispatches: Will Nigel Farage Be Prime Minister?** New edition Fraser Nelson goes beyond the headlines to explore the rise of Reform, assessing the impact of Nigel Farage and his party on the political infrastructure. (S)(AD)

9.00 **Taskmaster** New edition 9/10. Fatiha El-Ghorri knocks down an egg-shaped Alex Horne, Rosie Ramsey bravely faces her fear of heights, while Stevie Martin constructs something special with a fishing line. (S)(AD)

10.00 **Pushers** New episodes 3/6. Emily and Ewen's colleague Sean loses a consignment of spice. (S)(AD)
10.30 4/6. Ewen decides that it's time to get out of the drugs game. (S1) (S)(AD)
■ Entire series on C4 Streaming

11.05 **24 Hours in A&E** (S)(R)(AD)
12.05 AM **Sky Coppers** (S)(R)(AD)
1.00 **Ramsay's Hotel Hell** (S)(R)(AD)
1.50 **Dover 24/7: Britain's Busiest Port**
2.45 **Dispatches: Britain's Car Theft Gangs Exposed** (S)(R)(AD)
3.40 **NEW Iris Prize Best British Shorts** *Fairview Park*. (S)
3.55 **Sarah Beeny's New Life in the Country** (S)(SL)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **FILM Did I Kill My Son?** Thriller starring Sarah Smyth. (S) (2024, 12, 105min) ★★★
4.00 **Bargain-Loving Brits in the Sun** New edition Shane launches a bingo event to keep his bar afloat, and Kirstie from Warrington embarks on a solo road trip in Spain. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme helps identical twins whose dogs are at odds. (S)(R)
6.55 **News** (S)



8.00 Murder Most Puzzling

7.00 **Celebrity Puzzling** New edition Sam Quek and Dom Joly join Carol Vorderman, Sally Lindsay and host Jeremy Vine. (S) ■ Continues tomorrow
7.55 **News** (S)

8.00 **Murder Most Puzzling** New episode 2/3. At Bakerbury Prison, Cora interviews the unlikeable Darren who, five years ago, was found guilty of murdering his ex-girlfriend Anita. He insists he didn't do it, and points the finger at an eccentric local man, Roy Gleeson. Cora suspects Darren is telling the truth, and her suspicions grow when prison boss, Governor Peacock, warns her off the investigation. Stars Phyllis Logan. (S1) (S)(AD)

10.00 **A&E After Dark** An ambulance crew bring in a patient who is acting aggressively and is a regular at the hospital, and a 45-year-old suffers life-threatening anaphylaxis from an allergic reaction. (S)(R)

11.05 **Trauma Room One** A race to save a patient's eyesight. (S)(R)
12.05 AM **Ambulance: Code Red** (R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S6&7) (S)(R)(AD)
3.50 **Carol Drinkwater's Secret Provence** Carol takes a boat trip on the Côte d'Azur. (S)(R)
4.40 **The QE2: Queen of the Seas**
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S10) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
2.00 **Hawaii Five-0** 1/25. (S8) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 5/18. (S4) (S)(R)(AD)
5.00 **The Simpsons** *Paths of Glory:* Marge and Homer suspect Bart might be a sociopath. (S)(R)
5.30 *500 Keys:* Lisa finds a classroom hidden beneath Springfield Elementary. (S)(R)
6.00 **The Office (US)** 4/26. Michael is forced to get in touch with his former lovers. (S)(R)
6.30 5/26. Michael, Dwight and Jim spy on a rival salesman. With Timothy Olyphant. (S7) (S)(R)



8.00 Rob & Romesh vs...

7.00 **The Simpsons** *Barthood:* A coming-of-age story chronicling Bart's life from the age of six. (S)(R)
7.30 *The Girl Code:* A female coder makes Lisa her protégée. With the voice of Stephen Merchant. (S)(R)

8.00 **Rob & Romesh vs Restaurants: Second Course** Rob Beckett and Romesh Ranganathan prepare for the opening of Robandroms – London's first hip-hop curry house. (S)(R)(AD)

9.00 **Poker Face** *The Big Pump:* 10/12. Charlie makes a new friend while investigating a suspicious death at the local gym. Guest stars Jason Ritter. (S2)

10.00 **The Walking Dead: Dead City** *People Are a Resource:* 3/6. Dark instincts reveal themselves as Maggie and Negan form a strategy, and Ginny embarks on a daring journey. (S1) (S)(R)(AD)

11.00 **The Walking Dead: Dead City** 4/6. Maggie and Negan carry out an attack, but not everything goes to plan. (S1) (S)(R)(AD)
11.55 **Curb Your Enthusiasm** 5&6/10. Double bill. (S2) (S)(R)
1.10 AM **The Force: Manchester** (R)
2.05 **Road Wars** (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 5/18. (S4) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.15am Bargain Hunt (S)(R)(AD) **12.00noon-1.00pm** First Minister's Questions (S) **7.00-7.30pm** River City (S)(R)(AD) **12.10am** Scotcast S)(R) **12.40** Celebrity Bridge of Lies (S)(R) **1.25** Weather for the Week Ahead (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm The View (S) **11.20** Question Time (S) **12.20am** Newscast (S) **12.50** Celebrity Bridge of Lies (S)(R) **1.35-6.00am** BBC News (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
8.00pm Rewind: 60 Years of Welsh Pop – Wales at Glastonbury (S)(R) **8.30-9.00pm** The Great Ticket Rip-Off New edition (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cysgu O Gwmpas (AD) **12.30** Heno **1.00** Ffasiwn Drefn (AD) **1.30** Y Byd ar Bedwar **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Gronyn Gobaith: Cymry Cern **4.00** Awr Fawr **5.00** Stwnsh **6.00** Radio Fa'ma (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Byd yn ei Le New edition **9.45** Y Gêm **10.15** Stori'r Iaith **11.15pm-12.20am** Siwrna Scandi Chris

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm



7.00 PM **My Super Sweet 16** Featuring a girl whose father owns five nightclubs. **7.20** Triplets celebrate their 18th birthdays. **7.45** With R'n'B singer Gerald Levert's daughter.
8.05 **The Catch Up**
8.10 **The Traitors NZ** New edition 8/12. A letter threatens to derail the course of the game.
9.00 **Hunting the Catfish Crime Gang** An entrepreneur whose identity was stolen and used for criminal activities.
10.00 **Drugs Map of Britain** 3/4. The drug culture in Fife. **10.30** 4/4. Investigating the impact of cocaine on London's 16-24-year-olds.
11.00 **Ladhood** 3&4/6. (S1)
11.45 **The Kim Kardashian Diamond Heist**
12.30 AM **The Big Proud Party Agency** Double bill.
1.30 **Hunting the Catfish...**
2.30 **Ladhood** 3&4/6. (S1)
3.15 **Squad Goals: Dorking 'Til I Die** Documentary.
3.45 **to 4.00** AM **Cable Tied**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm



7.00 PM **Secrets of Skin**
7.30 **War Walks**
8.00 **Prost** New editions 3/6. The story of Alain Prost's second World Championship title victory. **8.25** 4/6. The emergence of a rivalry with Ayrton Senna. ■ Entire series on BBC iPlayer
8.50 **The Dragon Lizards**
9.00 **The Day the Dinosaurs Died** An expedition to determine if an asteroid strike killed off the dinosaurs.
10.00 **NEW Amanda Root and Sophie Thompson Remember... Persuasion** Reflecting on the 1995 Jane Austen adaptation.
10.15 **FILM Persuasion** Period drama based Jane Austen's novel, starring Amanda Root. (1995, U, 102min) ★★★★★
12.00 M'T **FILM Nine to Five** Comedy with Jane Fonda, Dolly Parton and Lily Tomlin. (1980, 15, 110min) ★★★
1.45 AM **Secrets of Skin**
2.15 **War Walks** As 7.30pm.
2.45 **to 3.40** AM **The Day the Dinosaurs Died**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Swansea.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Tim Shaw and Fuzz Townshend take on possibly their most obscure car to date, a little-known 1964 trials competition car. **6.55** Restoring a 1990s Japanese super saloon.
8.00 **PopMaster TV** New edition Ken Bruce hosts the fourth heat of the music quiz.
9.00 **24 Hours in A&E** A train driver is rushed in with fractured ankles after falling 12ft from a tree, and a woman is admitted as her heart has been beating at over 150bpm for eight hours. **10.00** A five-year-old is rushed to A&E after being hit by a car and trapped underneath it, and a 26-year-old man is treated after slicing through his leg with a circular saw.
11.05 **Top Guns: Inside the RAF** The RAF struggle to keep their new jet under wraps.
12.05 AM **The Good Doctor**
1.05 **Emergency Helicopter Medics** Documentary.
2.10 **24 Hours in A&E**
3.15 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill of the animated comedy.
8.00 **Below Deck: Mediterranean** New edition Aesha's patience is tested when her stewards' work starts slipping, and she must step in to restore order and ensure the deckhands get their rest.
9.00 **Gogglebox** *Great British History Hunters* and *Britain's Got Talent* are appraised. **10.00** Opinions on *Made in Chelsea* and *Heartstopper*.
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.05 **Rick and Morty**
1.40 **Mike Tyson Mysteries** New episodes (S3)
2.10 **The Simpsons**
2.35 **Brooklyn Nine-Nine**
3.25 **Below Deck: Mediterranean**
4.15 **Kitchen Nightmares USA**
5.05 **Modern Family**
5.35 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

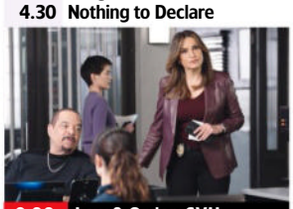
THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Law & Disorder**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **UK Border Force**
11.00 **Bondi Rescue**
12.00 NOON **The Good Doctor**
1.00 PM **FBI: Most Wanted** 13/14. The team hunt for a vengeful cyber-stalker. (S1)
2.00 **Caught on Dashcam** Spectacular real-life crashes.
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**



9.00 Law & Order: SVU

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 The Equalizer *It Takes a Village:* 4/10. McCall investigates the staged suicide of a community activist. (S1)

9 PM
9.00 Law & Order: Special Victims Unit New episode *Extinguished:* 13/20. Velasco teams up with a security guard. (S26)

10 PM
10.00 FBI: International *June:* 1/13. The Fly Team face the aftermath of the bombing of their headquarters. (S3)
11.00 **FBI: International** 2/13. (S3)
12.00 M'T **FBI** 7/22. (S4)
1.00 AM **Chicago Med** New episode
2.00 **Chicago Fire** New episode
3.00 **Chicago PD** New episode
4.00 **The Real A&E**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town** Double bill.
8.00 **The Sopranos** 11 & 12/13. (S4)
10.05 **Westworld** 7&8/10. (S1)
12.15 PM **Game of Thrones** (S6)
1.20 **ZeroZeroZero** 7&8/8. (S1)
3.35 **The Sopranos** 10/13. Anthony Jr visits Furio's house.
4.40 11/13. Tony's housing development funds scam hangs in the balance. (S4)
5.45 **Westworld** 7/10. Delores and William continue to tread into dangerous territory.
6.50 8/10. Maeve looks to change her script. (S1)



10.05 Big Little Lies

7.55 Game of Thrones *The Door:* 5/10. Tyrion seeks a new, strange ally, and Brienne goes on a mission while Arya is given a chance to prove herself. (S6)

9.00 The Gilded Age *Who Is in Charge Here?:* 1/8. Bertha prepares for the duke's imminent arrival. (S3)

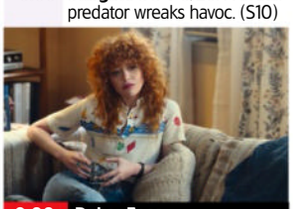
10.05 Big Little Lies *What Have They Done?* 1/7. Celeste's deceased husband's grieving mother arrives in town. (S2)
11.05 **Homicide: Life on the Street** 18/23. Crime drama. (S6)
12.05 AM **The Staircase** 6/8. (S1)
1.15 **The Night Of** 2/8. (S1)
2.25 **Mildred Pierce** 3/5. (S1)
3.45 **Game of Thrones** As 7.55pm.
4.50 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S7)
8.00 **The Flash** 15/20. (S8)
9.00 **Stargate SG-1** (S10)
11.00 **Poker Face** New episode 10/12. Charlie makes a friend while investigating a suspicious death at the local gym. Guest stars Jason Ritter. (S2)
12.00 NOON **The Flash** 16/20. (S8)
1.00 PM **Hawaii Five-0** (S7&8)
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 5/18. (S4)
5.00 **Supergirl** 22/22. (S4)
6.00 **Stargate SG-1** 5/20. A brutal predator wreaks havoc. (S10)



9.00 Poker Face

7.00 Stargate SG-1 *200:* 6/20. Film-maker Martin Lloyd contacts the team looking for assistance in writing a movie script. (S10)

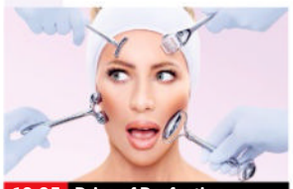
8.00 Rob & Romesh vs Restaurants: Second Course 2/2. The comedians open London's first hip-hop curry house.

9.00 Poker Face *The Big Pump:* 10/12. Charlie makes a friend while investigating a suspicious death at the local gym. (S2)
11.00 **The Walking Dead: Dead City** 4/6. Maggie and Negan carry out an attack, but not everything goes to plan. (S1)
11.55 **An Idiot Abroad 3**
1.00 AM **SEAL Team** 1/22. (S1)
2.00 **Road Wars**
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 5/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.35 **Olivia Meets Her Match**
9.30 **The Only Way Is Essex**
10.20 **Real Housewives of Miami**
11.10 **Real Housewives of Beverly...**
12.10 PM **Dinner Date**
1.10 **Olivia Meets Her Match**
2.10 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**



10.05 Price of Perfection

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 Million Dollar Listing: LA Altman hunts for his own office space to create some distance from Fredrik Eklund.

9.00 Love Island New edition Reality show in which singletons compete in the hopes of finding love and winning a £50,000 prize.

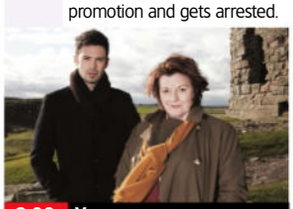
10.05 Olivia Attwood: The Price of Perfection New edition 3/6. Olivia investigates the global skincare market.
11.05 **Family Guy** 15&7/22. (S11)
12.05 AM **American Dad!** (S10&8)
1.05 **Bob's Burgers** 16/22. (S13)
1.35 **Totally Bonkers Guinness World Records** The longest ears on a rabbit.
2.05 **Count Abdulla** 6/6. (S1)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **Where the Heart Is**
10.20 **The Royal** As 2.00am.
11.25 **Heartbeat** Double bill.
1.25 PM **Classic Emmerdale**
2.25 **Classic Coronation Street**
3.25 **Agatha Christie's Poirot**
4.30 **Downton Abbey** 1/9. Secrets and rifts threaten the unity of the family. (S6)
6.00 **Heartbeat** *Keep on Running:* Nick's relationship with Kate suffers when he is offered a promotion and gets arrested.



8.00 Vera

7.00 Heartbeat *Secrets:* Nick hears of a flasher on the moors, and Kate is confronted by a pregnant village girl.

8.00 Vera *Hidden Depths:* The detectives investigate two murders in which the victims have been placed in water and surrounded by flowers, and believe the culprit may be linked to a group of birdwatchers.

10.00 Grantchester 7/8. Leonard's cell-mate Joe Davies finds himself accused of murdering another inmate. (S6)
11.00 **Grantchester** 8/8. (S6)
11.55 **Cracker** 3/7. (S3)
1.00 AM **Agatha Christie's Poirot**
2.00 **The Royal** *Starting Over:* Mr Middleditch makes a surprise return to the hospital in the back of an ambulance.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Forest**
8.00 **Beechgrove Garden** New edition A visit to the June border.
8.30 **Landward** New edition The team head to Ingliston Showground.
9.00 **Mrs Brown's Boys** 3/4. Rumours spread that Agnes has won the Lotto jackpot. (S4)
9.30 **Two Doors Down** 1/6. Beth and Eric celebrate Ian and Gordon's anniversary. (S5)
10.00 **Situationships with Sophie and Christine** New edition 2/8. Sophie Gravia and Christine McGuinness offer relationship advice.
10.30 **Scotland Stands Up** A night of comedy.
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Scot Squad** 1/5. (S3)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Bored to Death**
9.15 **The Conners** (S3)
10.15 **Entourage** (S6)
11.25 **Crashing** 2&3/8. (S1)
12.45 PM **Eastbound & Down**
1.55 **Entourage** (S6)
3.05 **Bored to Death** (S3)
4.25 **Crashing** 2&3/8. (S1)
5.45 **The Office (US)**
6.45 **The Conners** (S3)
7.45 **Divorce** 5&6/6. (S3)
9.00 **Girls** 1/10. Hannah enrols in a writers' workshop at the University of Iowa.
9.40 2/10. Hannah attends her first workshop seminar. (S4)
10.20 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.20 **Barry** 7&8/8. (S4)
12.40 AM **Curb Your Enthusiasm** (S2)
2.00 **And Just Like That...** New episode 5/12. (S3)
3.00 **Somebody Somewhere**
4.20 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Highlights**
7.40 **The Joy of Painting**
8.50 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Inside Art**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist of Year** From Llanberis.
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **The Directors**
10.00 **Sean Connery vs James Bond**
11.15 **Science Fiction in the Atomic Age**
12.15 AM **Oscar Micheaux: The Superhero of Black Film-making**
2.00 **John Malkovich: Just Call Me God**
3.25 **Boys** Short drama.
3.50 **The South Bank Show**
4.45 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **911 Crisis Centre**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: Voyager** *Renaissance Man:* 24/26. Captain Janeway is taken hostage. (S7)
8.00 **Star Trek: Deep Space Nine** *Necessary Evil:* 8/26. An attempt on Quark's life reopens an old murder case. (S2)
9.00 **Murder Uncut**
10.00 **How I Caught the Killer**
11.00 **Grimm** 2/22. (S4)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **In with a Shout**
3.00 **Tenable** Warwick Davis hosts as a team of friends from Dudley take part.
4.00 A team of choir singers tackle a series of Top 10 list questions.
5.00 **Deal or No Deal**
6.00 **Lingo** Featuring contestants from Bolton, Liverpool and London.
7.00 With contestants from Doncaster, Newbury and Hull.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
11.55 **In with a Shout** Game show hosted by Joel Dommett.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S3)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 12/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 15/19. (S3)
1.00 PM **Hart to Hart** (S3)
2.00 **Father Dowling Mysteries** 17/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 1014/25. (S5)
9.00 **Randall and Hopkirk (Deceased)** *Just for the Record:* 6/26. Jeff and Jeannie escort two beauty queens. (S1)
10.00 **The Avengers** *Who's Who??* 16/24. Emma and Steed fall into a trap. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S5)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Derby Through the Years**
6.15 **Minder**
7.15 **The Professionals**
8.20 **Dempsey and Makepeace**
9.25 **Magnum, PI**
10.25 **Kojak**
11.30 **Giant Lobster Hunters**
12.30 PM **The Adventures of Sherlock Holmes**
1.35 **Dempsey and Makepeace**
2.40 **Magnum, PI**
3.40 **Kojak**
4.45 **Minder**
5.55 **The Professionals**



8.00 Police Academy 4

7.00 Junk and Disorderly The team head to Tewkesbury auction, and they buy so much stuff that they have got their work cut out.

8.00 FILM Police Academy 4: Citizens on Patrol Zany comedy sequel starring Steve Guttenberg. A police chief decides to recruit civilian volunteers and mayhem ensues. (1987, PG, 87min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 FILM Jaws Steven Spielberg's monster thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

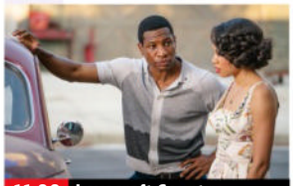
12.15 AM **The Professionals**
1.10 **Minder**
2.10 **The Protectors**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S3)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 22/26. (S6)
2.00 **Atlantis** 2/13. (S1)
3.00 **Stargate Atlantis** 13/20. (S1)
4.00 **Star Trek: Voyager** (S6)
5.00 **Star Trek: The Next Generation** 22/26. (S6)
6.00 **Star Trek: Enterprise** 7/24. Archer, Reed and Major Hayes infiltrate a Xindi-Sloth industrial colony. (S3)



11.00 Lovecraft Country

7.00 Atlantis *A Girl By Any Other Name:* 2/13. Jason and his friends promise to find an old man's missing daughter. (S1)

8.00 Stargate Atlantis *Hot Zone:* 13/20. The city is forced to shut down by the outbreak of a potentially fatal virus. (S1)

9.00 Grimm *Blood Magic:* 10/13. Nick is perplexed when a series of brutal attacks are linked to a local nursing home. (S6)

10.00 The Walking Dead *What Comes After:* 5/16. Rick faces the past as he tries to maintain the safety of the communities. (S9)

11.00 Lovecraft Country 7/10. Hippolyta's relentless search for answers takes her on a journey of self-discovery. **12.00** M'T 8/10. Diana finds herself in Captain Lancaster's crosshairs. (S1)
1.00 AM **True Blood** 11 & 12/12. (S4)
3.00 **Room 104** 3&4/12. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **Father Brown**
10.00 **The Coroner** 9/10. (S2)
11.00 **Hudson & Rex** 5/16. (S3)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 8/10. (S3)
1.00 PM **Death in Paradise** (S12)
2.00 **Murdoch Mysteries** (S7)
4.00 **The Coroner** 9/10. (S2)
5.00 **Hudson & Rex** 5/16. (S3)
6.00 **Father Brown** *The Darkest Noon:* The gang must save Mallory and Father Brown from a man hell-bent on revenge.



9.00 Murdoch Mysteries

7.00 Shakespeare & Hathaway: Private Investigators 8/10. Frank and Lu investigate a car accident. (S3)

8.00 Death in Paradise *A Murder Forewarned:* 6/8. Part one of two. The team look into the murder of a taxi driver. (S12)

9.00 Murdoch Mysteries New episode *The Body Electric:* 21/22. A man's death is linked to financial impropriety. (S18)

10.00 Father Brown *The Tower of Lost Souls:* Father Brown attempts to uncover a dark secret at Helmsley House.

11.00 Father Brown As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators**
1.00 AM **Elementary** 9/21. Holmes investigates the poisoning of a biology professor. (S6)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.20 **Ever Decreasing Circles**
10.00 **Are You Being Served?**
10.40 **Porridge**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **Ever Decreasing Circles**
2.00 **Dad's Army**
2.40 **Porridge**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **Ever Decreasing Circles**
6.00 **The Green Green Grass**
6.40 **Are You Being Served?**



6.00 The Green Green Grass

7.20 Dad's Army Frazer is asked to look after the platoon's Lewis gun, but finds himself in hot water.

8.00 Porridge The inmates decide on a wager as the parole board gathers.
8.40 The Vicar of Dibley Geraldine is keen to find a celebrity to open the autumn fair in style. **9.20** Geraldine raises funds to replace a broken stained glass window.

10.00 The Royle Family The family gather to celebrate Jim's birthday.
10.40 The Fast Show Ted and Ralph discuss overalls.
11.20 **Not Going Out**
12.00 M'T **The Vicar of Dibley**
12.40 AM **The Royle Family**
1.20 **Not Going Out**
2.00 **The Fast Show**
2.40 **Porridge**
3.15 **to 4.00** AM **Ever Decreasing Circles**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **How Britain Worked**
11.00 **Rick Stein's Road to Mexico**
12.00 NOON **Storage Hunters UK**
2.00 PM **How Britain Worked**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si and Dave explore the nation's love of beer and cider.
6.00 **Rick Stein's Road to Mexico** The seafood chef retraces a road trip he took in 1968 from northern California to Mexico.



7.40 House of Games

7.00 Would I Lie to You? With guests Sean Lock Richard Hammond, Judy Murray and Trevor Noah.
7.40 Richard Osman's House of Games With Tim Key and Sunetra Sarker. **8.20** With Matt Forde, Fred MacAulay, Michelle Ackerley and Judy Murray.

9.00 QI XL Host Sandi Toksvig goes back to university with panellists Guz Khan, Morgana Robinson, Joe Lycett and Alan Davies.

10.00 Have I Got a Bit More News for You Diane Morgan hosts the satirical quiz, with guests Desiree Burch and Matt Chorley.
11.00 **8 Out of 10 Cats** With Sara Pascoe and Oti Mabuse.
12.00 M'T **Mock the Week Christmas Special**
12.40 AM **Would I Lie to You?**
2.00 **The Weakest Link**
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Sun, Sea and Selling Houses**
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From France.
12.00 NOON **A Place in the Sun** Double bill.
1.30 PM **Narrow Escapes**
2.30 **Sun, Sea and Selling Houses** From Almeria.
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** Double bill.
8.00 **George Clarke's Remarkable Renovations**
9.00 **Bake Off: The Professionals**
10.00 **In the Footsteps of Killers** True-crime.
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.10 **Bake Off: The...**
2.15 **Taskmaster**
3.20 **Death in the Desert: The Nurse Helen Mystery** Documentary.
4.15 **to 4.45** AM **Kirstie and Phil's Love It or List It**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Bone Yard:* 5/23. The remains of an FBI agent are found. **7.00** *Terminal Leave:* 6/23. The team try to protect a naval officer. **8.00** *Call of Silence:* 7/23. A US Marine veteran confesses to murder. (S2)
9.00 **Blue Bloods** *Unbearable Loss:* 10/22. The son of Frank's most outspoken critic is killed. (S7)
10.00 **Law & Order: Special Victims Unit** *Lost Traveller:* 9/23. A Romany boy goes missing. **11.00** *Spiralling Down:* 10/23. The detectives learn a girl is working as a prostitute. (S13)
12.00 M'T **Law & Order: Special Victims Unit**
1.50 AM **Criminal Minds**
2.45 **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** New edition At Birmingham's Queen Elizabeth Hospital, a fire alarm causes chaos.
10.00 **Skin A&E** Dr Spierings struggles to see the acne a patient has hidden with make-up.
11.00 **Banged Up Abroad**
12.00 M'T **My Lover, My Killer**
1.00 AM **Ambulance: Code Red** Medical series.
2.00 **Quantico** (S1)
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
10.00 **Traffic Cops**
11.00 **Police Interceptors**
12.00 NOON **FILM Stagecoach** Classic Western. (1939, b/w, U, 99min) ★★★★★
2.05 PM **FILM Day of Anger** Western with Lee Van Cleef and Walter Rilla. (1967, 15, 95min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Officers are on the hunt for an uninsured driver who might be drunk.
9.00 **Trucking Hell** New edition The Alpha team rescue a lorry stuck in deep mud.
10.00 **Extreme Tow Truckers**
11.00 **Quantum Leap** (S1)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **My Dream Home**
11.00 **Property Brothers: Family Flashback**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Ski A&E**
8.00 **One Born: Twins and Triplets** Documentary following four couples through their multiple pregnancies and births.
9.00 **One Born: What Happened Next?**
10.00 **Killer Women with Piers Morgan** Amber Wright.
11.00 **Multiple Birth Wards**
1.00 AM **Louis Theroux: Dark States – Trafficking Sex**
2.00 **to 3.00** AM **Stacey Dooley Investigates: Second Chance Sex Offenders**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.30 **Pie in the Sky**
8.25 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Kingdom**
4.00 **Lovejoy**
5.15 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Shakespeare & Hathaway: Private Investigators** (S2)
9.00 **Outrageous** New episode *Girl on the Rebound:* 2/6. *See feature, page 12.* (S1) ■ Entire series on U
10.00 **New Tricks**
11.20 **Spooks**
12.40 AM **Hope Street**
1.40 **The Bletchley Circle**
2.35 **Birds of a Feather**
3.20 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

THURSDAY Entertainment

Thursday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Brighton.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Help! My House Is Haunted** New edition Tim and Christine want to reclaim their home after experiencing hatred from something sinister.
10.00 **The Osbournes Want to Believe** Jack pushes Ozzy and Sharon to question reality with a ghostly canine, a Canadian Bigfoot and a UFO sighting, and Sharon serenades her cat.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill.
10.00 **All Star Family Fortunes** Duncan James and Will Greenwood compete for charity.
10.40 **Richard Osman's House of Games**
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **War Machines**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Broken Lance** Western. (1954, U, 96min) ★★★★
3.10 **FILM Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
5.00 **FILM Coroner Creek** Western adventure. (1948, PG, 89min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Big Kill** Western starring Jason Patric. (2019, 15, 126min) ★★
11.50 **FILM Breakout** Thriller starring Brendan Fraser. (2013, 15, 85min) ★
1.50 AM **FILM Bermuda Tentacles** Action thriller. (2014, 12, 86min) ★★
3.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Ties That Bind** Thriller. (2010, PG) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Crash Site: A Family in Danger** Thriller. (2011, 15, 90min) ★★
3.00 **FILM Nanny Surveillance** Thriller. (2018, 12, 90min) ★★
5.05 **FILM An Aurora Teagarden Mystery: The Julius House** Thriller. (2016, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Con Air** Thriller with Nicolas Cage. (1997, 18, 115min) ★★★★
11.25 **FILM Eye for an Eye** Mystery thriller. (2019, 15, 98min) ★
1.40 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Eve of Abduction** Thriller. (2018, 12, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Hats Off to Christmas!** Drama. (2013, PG, 85min) ★★
10.00 **FILM Christmas Joy** Drama. (2018, U) ★★
12.00 NOON **FILM Christmas Romance Al Dente** Drama. (2020, PG) ★★
2.00 PM **FILM Christmas at Plumhill Manor** Drama. (2024, PG, 85min) ★★
4.05 **FILM My Sweet Holiday** Drama. (2020, PG) ★★
6.05 **FILM Christmas at Holly Lodge** Drama. (2017, U, 90min) ★★
8.00 **FILM Welcome to Christmas** Drama. (2018, PG, 91min) ★★
9.55 **FILM A Christmas Village** Festive drama. (2018, U, 84min) ★★
11.50 **FILM Christmas Makeover** (2018) ★★
1.50 **Highway to Heaven**
3.00 **to 5.00** AM **FILM Christmas at Plumhill Manor** As 2.00pm.

+1 hour 320 317

Rewind TV

182 81 141

6.00 AM **Highlights**
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Diff'rent Strokes**
12.30 PM **A Sharp Intake of...**
1.00 **Please Sir!** 7/21. (S4)
1.30 **You're Only Young Twice**
2.00 **Brass** 12/13. (S2)
2.30 **Secrets of the Coast**
3.00 **Bramwell** 5/8. (S2)
4.00 **Bubblegum & Cheese**
5.00 **I Dream of Jeannie**
5.30 **The Monkees** (S1)
6.00 **Watching** 1/7. (S7)
6.30 **Don't Drink the Water**
7.00 **Brass** 12/13. (S2)
7.30 **A Sharp Intake of Breath** 3/7. (S1)
8.00 **In Loving Memory** (S4)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** 7/21. (S4)
9.30 **Soap** 22/25. (S1)
10.00 **Don't Drink the Water**
10.30 **Stereo Underground**
11.00 **Doctor in the House**
11.30 **Haggard** 1/7. (S1)
12.00 M'T **Bramwell** 5/8. (S2)
1.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The crews of the *Seabrooke*, *Time Bandit*, *Wizard*, *Kodiak*, *Northwestern*, and *Ramblin' Rose* return to the perilous waters of the Bering Sea.
9.00 **Expedition X** Jess and Phil venture deep into the Ozarks to investigate a predatory beast.
10.00 **Expedition Unknown**
11.00 **Gold Divers**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **The Hairy Bikers' Northern Exposure**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Seafood Lovers' Guide**
10.00 **Hairy Bikers Go Local**
11.00 **Great British Bake Off**
1.00 PM **The Hairy Bikers' Northern Exposure**
2.00 **James Martin: Delicious**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Seafood Lovers' Guide**
6.00 **Hairy Bikers Go Local**
7.00 **Great British Bake Off**
9.00 **Secrets of the Curry Kitchen** New edition
9.30 **Nadiya's Simple Spices**
10.00 **Tom Kerridge Secrets of the Pub Kitchen**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 14/22. (S6)
9.00 **The Fall Guy** 13/23. (S1)
10.00 **Knight Rider** 2/22. (S3)
11.00 **FILM Avalon: Beyond the Abyss** Adventure. (1999, PG, 86min) ★★
1.00 PM **The Poseidon Adventure** Drama.
5.00 **Star Trek** 8/26. (S2)
6.00 **Knight Rider** 3/22. (S3)
7.00 **The Fall Guy** 14/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Posse** Western starring Kirk Douglas and Bruce Dern. (1975, 15, 94min) ★★
10.55 **FILM Red Sun** Western starring Charles Bronson and Toshiro Mifune. (1971, 15, 112min) ★
1.05 AM **FILM Nowhere to Run** Romantic action thriller starring Jean-Claude Van Damme (1993, 15, 95min) ★★
3.05 **to 5.00** AM **FILM Southern Fury** Thriller. (2017, 18, 97min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **Killer Wave**
8.00 **FILM Flight World War II** Sci-fi thriller. (2015, 12, 85min) ★★
10.00 **The Lost World** (S2)
11.00 **FILM Malibu Shark Attack** Disaster movie. (2009, 15, 90min) ★★
1.00 PM **FILM Wyvern** Monster movie. (2009, 15, 84min) ★★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 8/25. (S3)
5.00 **Killer Wave**
7.00 **The Lost World** (S2)
8.00 **The A-Team** 9/25. (S3)
9.00 **FILM Rogue Hostage** Thriller starring Tyrese Gibson, John Malkovich and Michael Jai White. (2021, 15, 93min) ★★
10.55 **FILM The Humanity Bureau** Thriller starring Nicolas Cage, Sarah Lind and Jakob Davies. (2017, 15, 95min) ★★
1.00 **to 3.00** AM **FILM Rogue Hostage** (2021)

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle: Into Cursed Waters**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Alien Abductions**
11.00 **Evidence of the Unexplained**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Secret Life of the Forest** Winter arrives.
11.00 **Ben Fogle: New Lives in the Wild** The Cairngorms.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Documentary.
7.00 **Sue Perkins: Discovering Thailand**
8.00 **Ben Fogle: New Lives in the Wild** From Ireland.
9.00 **Inside the Four Seasons Park Lane** Restaurant founder Yannick Alleno visits.
10.00 **Zara & Anne: Like Mother, Like Daughter?** The relationship between Princess Anne and Zara Tindall.
11.15 **Prisoner: Cell Block H**
1.15 AM **22 Kids & Counting**
3.10 **to 4.00** AM **Secret Life of the Forest**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Your Garden Made Perfect** From Enfield.
3.00 **Fantasy Homes by the Sea** Property series.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Your Garden Made Perfect** From Essex.
9.00 **NEW SERIES Flipping Impossible** Renovating a beach bungalow.
10.00 **Fixer to Fabulous** New edition A mother and son compromise on a renovation plan suitable for his first home.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **Breaking New Ground** New edition
9.00 **Trixie Motel: Drag Me Home** New edition
10.00 **1000-lb Sisters**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **1000-lb Sisters**
3.00 **Sex Sent Me to the ER**
4.00 **Breaking New Ground**
5.00 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Blockbusters**
12.00 NOON **The Ren & Stimpy Show** (S3)
1.00 PM **Friends** (S5&6)
8.00 **Friends** 14/25. Phoebe is mistaken for a porn star. **8.30** 15/25. Part one of two. The pals ponder what might have been if things were different. (S6)
9.00 **FILM Happy Gilmore** Comedy starring Adam Sandler and Christopher McDonald. (1996, 12, 92min) ★★★
10.45 **Whose Line Is It Anyway? USA**
11.45 **8 Out of 10 Cats**
12.45 AM **South Park** (S8)
1.45 **Beavis and Butt-Head**
3.00 **Comedy Central Live**
3.45 **Kevin Hart: Comedy Central Live** Stand-up.
4.10 **Modern Horror Stories**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Daria** 11 &12/23. (S3)
11.00 **Friends** (S2&3)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** (S3&4)
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **Friends** 12/24. Monica is annoyed by the laugh Chandler uses at work. **9.30** 13/24. Phoebe meets her real father. **10.00** 14/24. Ross rents a new flat. (S5)
10.30 **Friends** (S5)
2.00 AM **The Ren & Stimpy Show** 1&2/6. (S1)
2.55 **Dara O Briain – Voice of Reason** Stand-up.
4.10 **Teachers** 1/20. (S2)
4.30 **Jonathan Pie: Back to the Studio** Stand-up.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **Nothing to Declare**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **New Amsterdam** (S5)
7.00 **Air Ambulance ER** The helicopter battles against bad weather.
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E**
10.00 **Stella** 7&8/10. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own: Mexican Road Trip** Day of the Dead.
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom: Young & Pregnant** Reality series.
6.45 **Teen Mom OG**
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Wannabees** Reality show.
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Rich Kids Go Skint**
9.00 **Help! I'm in a Secret Relationship!**
10.00 **Jersey Shore Family Vacation** The roomies try to heal old wounds.
11.00 **The Challenge: Untold History** Documentary.
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina Agdal dream about hitting the ground with 'Sleep Falls'.
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **True Love or True Lies?**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** Herb builds an off-the-grid home on his ancestors' homestead.
6.00 **Border Control: Spain** At Barcelona Airport, the Civil Guard uncover cocaine. **6.30** At Barcelona Airport, the Civil Guard catch a trespasser in a control tower.



9.00 Naked and Afraid: Last...

7.00 **Wheeler Dealers** Mike Brewer takes a gamble on a TVR Griffith, but mechanic Marc 'Elvis' Presley picks it apart.
8.00 **Scrap Kings** In Suffolk, airplane parts are repurposed, and in Cambridgeshire, a discount store is deconstructed.
9.00 **Naked and Afraid: Last One Standing** New edition The competitors scramble in a dome shelter challenge, Laura suffers whiplash, Trish gets toxic sap in her eye, and a survivalist is evacuated by stretcher.
11.00 **Border Control: Spain**
12.00 M'T **Moonshiners** A fire marshal tracks the source of Josh's house fire.
1.00 AM **Naked and Afraid: Last One Standing** As 9.00pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** An exotic tank.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Lone Star Law**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Project Grizzly** Double bill.
4.00 **My Cat from Hell** A couple who are afraid to have a child due to their hostile cat.
5.00 **Lone Star Law** An overloaded boat and unruly jet skiers.
6.00 **Tanked** The two brothers-in-law build an aquarium based on a couple's wedding location.



8.00 Pet Nation Renovation

7.00 **Pit Bulls & Parolees** Adopters want a puppy Tania rescued at birth, but Tia is unsure he will fit in with their other dog.
8.00 **Pet Nation Renovation** Bandit's Adoption and Rescue of K9s in Ashland, Virginia is given a top-to bottom makeover.
9.00 **Growing Up** Charting a year in the lives of baby marsupials being raised by humans in Tasmania.
10.00 **Edge of Alaska** Neil defies nature and the wishes of the locals with his mine tour and secret construction project.
11.00 **Tiger Shark Beach** Facts about the tiger shark's life.
12.00 M'T **Isle of Jaws: Blood Brothers** The mystery of where great white sharks mate.
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Lone Star Law**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Northwoods Survival**
9.00 **Air Crash Investigation**
12.00 NOON **Pirates: Behind the Legends** Double bill.
2.00 PM **World War II: The Apocalypse** Documentary.
3.00 **Liberation: D-Day to Berlin**
4.00 **Egypt's Sunken City: Drain the Oceans** The remains of an ancient city in the Nile delta.
5.00 **Car S.O.S** Tim and Fuzz restore a Triumph TR4.
6.00 **Nazi Megastructures** Hitler's plan to land troops in southern England in 1940.



10.00 Lawless Island

7.00 **Air Crash Investigation** An investigation into the 1979 crash of American Airlines Flight 191, which killed all 271 people.
8.00 **Car S.O.S** Fuzz and Tim take on a rundown Renault Alpine GTA belonging to a former computer technician.
9.00 **Car S.O.S** Tim and Fuzz take on their first Honda to help a man whose life has been blighted by a cruel genetic condition
10.00 **Lawless Island** New edition Troy and Sarah face a set of challenges as they grapple with a new water system.
11.00 **Air Crash Investigation**
12.00 M'T **Seconds from Disaster** The crash of an RAF Chinook.
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy**
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Salvage Kings**
8.00 **American Pickers**
9.00 **Pawn Stars** Documentary.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Rust Valley Restorers**
2.00 **Mountain Men**
3.00 **Secrets in the Ice**
5.00 **What on Earth?** A possible smokescreen over North Korea.
6.00 **American Pickers** Mike gets a tour of Detroit's abandoned Packard plant.



8.00 Swamp People

7.00 **Forged in Fire** The team try to turn a snowmobile's blades into a kukri knife, before the last two fight to forge an sacrificial sword.
8.00 **Swamp People** New edition A storm disrupts alligator-hunting season, while Leron and Porkchop attract gators.
9.00 **The UnBelievable with Dan Aykroyd** New edition A dog's unlikely voyage into space, and a chilling story of Arctic survival.
10.00 **Alien Corridors** A strange formation is seen in the sky over the sleepy suburbs of Tinley Park, Illinois.
11.00 **What on Earth?** As 5.00pm.
12.00 M'T **Strange Evidence** A mysterious UFO over Chile.
1.00 AM **UFOs: The Lost Evidence** A look at whether Earth could have been visited by extra-terrestrials in its ancient past.
2.00 **The UnBelievable with Dan Aykroyd** As 9.00pm.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **The World at War** The Allied offensive in the Pacific.
5.00 **Adolf Hitler's War** The war moves to its endgame as the Soviets cross Germany's border.
6.00 **Antiques Roadshow** Fiona Bruce and the team visit Tatton Park in Cheshire.



8.00 Bangers & Cash

7.00 **Great American Railroad Journeys** Michael Portillo's journey through California takes him to San Francisco.
8.00 **Bangers & Cash** Derek picks up a couple of unusual vehicles – a red 1970 Opel GT and a 1956 Ford Hot Rod pickup.
9.00 **Bangers & Cash: Restoring Classics** The team invest in a piece of French art – a 1971 Citroën DS21 Pallas.
10.00 **Bangers & Cash** Derek takes delivery of a beautiful green Renault van, previously used for bread delivery in Paris.
11.00 **Bangers & Cash** Paul collects a Jaguar E-Type and a Morgan three-wheeler Supersport.
12.00 M'T **Abandoned Engineering** A towering structure with an explosive past, and a mysterious top-secret facility.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Outback Crystal Hunters** New edition Crystal hunters travel to the Outback to unearth lucrative gems.
9.00 **Aussie Gold Hunters** New edition The Desert Diggers venture underground in search of gold-rich paydirt.
10.00 **Outback Car Hunters**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... Atlanta**
10.00 **Say Yes... UK**
11.00 **Say Yes to the Dress**
12.00 NOON **Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories** Documentary.
8.00 **Murder on CCTV**
9.00 **Evil Lives Here: The Killer Speaks** New edition True-crime.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **The Murder of Arthur Labinjo-Hughes: A Faking It Special**
1.00 AM **Ted Bundy: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** Investigating the disappearance of a socialite in Charleston.
8.00 **Murder She Solved** Kids playing on the shore of the Wisconsin river make a grisly discovery – body parts in bags.
9.00 **World's Most Evil Killers** A profile of Ed Gein, the killer and body-snatcher who came to be known as the Butcher of Plainfield.
10.00 **The Killer You Know** Couty Alexander calls police saying that he found his wife shot, but there's a gap in his story.
11.00 **Murder by the Sea**
1.00 AM **World's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** The discovery of evidence helps detectives piece together a case. **4.30** The body of a woman is found 20 years after disappearing. **5.00** Police dogs trace a killer's scent and reveal a twisted perpetrator. **5.30** An investigation into a blaze which killed a middle-aged woman. **6.00** A victim is unsuspectingly poisoned with arsenic. **6.30** Investigators use a reconstructive process to bring a killer to justice.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **What the Killer Did Next** True-crime.
1.00 PM **Britain's Most Evil...**
2.00 **Killer Siblings**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **The Real Manhunter**
6.00 **Killer Siblings**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Killing Mum and Dad**
10.00 **Murdered at First Sight**
11.00 **Britain's Most Evil Killers**
12.00 M'T **The Real Manhunter**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Snapped** Documentary.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **The Rise and Fall of the Rust Belt**
9.50 **Treasures Decoded**
10.50 **Britain on Film with Tony Robinson**
12.00 NOON **Hitler's Gold**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **The Rise and Fall of the Rust Belt**
2.50 **Treasures Decoded**
3.50 **Britain on Film with Tony Robinson**
5.00 **Grand Tours of the Scottish Islands**
5.40 **Hitler's Gold**
6.35 **The Rise and Fall of the Rust Belt**
7.50 **Treasures Decoded**
8.50 **Britain on Film with Tony Robinson**
10.00 **Hitler's Gold**
11.00 **Treasures Decoded**
12.00 M'T **Britain on Film with Tony Robinson**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

THURSDAY

Thursday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Civil War**
7.00 **Discovering: Bill Murray**
8.00 **The Directors**
9.00 **Murder in Boston: Roots, Rampage and Reckoning**
10.00 **Chimp Crazy**
11.00 **Dublin Narcos**
12.00 NOON **Yacht Rock: A Dockumentary**
2.00 PM **The Lawman**
3.30 **PL Legends: Teddy Sheringham**
4.00 **The Directors**
5.00 **Discovering: Bill Murray**
6.00 **Murder in Boston: Roots, Rampage and Reckoning**
7.00 **Chimp Crazy**
8.00 **Dublin Narcos**
9.00 **The Mortician** New edition 2/3. Allegations of abuse lead to David Sconce's arrest. **10.10** Series finale 3/3. Members of the Lamb family are convicted of various crimes.
11.15 **The Truth vs Alex Jones**
1.30 AM **Bobby Robson: More Than a Manager**
3.30 **The Lawman**
5.00 **to 6.00** AM **Discovering: Bill Murray**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Elliot Turner.
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **The First 48 Presents: Critical Minutes** New edition
10.00 **Fugitive Hunters: Mexico** New edition Documentary.
11.00 **Fugitives Caught on Tape**
12.00 M'T **Murder By Medic**
1.00 AM **The First 48 Presents...**
2.00 **Fugitive Hunters: Mexico**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 151

9.00 AM **Secret Army**
1.40 PM **Secret Army**
8.40 **Secret Army** *Lisa – Code Name Yvette:* 1/16. World War Two drama starring Bernard Hepton and Jan Francis. Lifeline's activities start to attract attention as London sends an agent to coordinate their efforts – but the Gestapo are also interested in the operation. **9.50** *Sergeant on the Run:* 2/16. A group of fugitives are caught and shot, except for one timid sergeant, who is held by Kessler. **11.00** *Radishes with Butter:* 3/16. Curtis brings funds from England, and gets involved both with a Jewish family and Yvette. **12.10** AM *Child's Play:* 4/16. Brandt gets hold of an article that he hopes will reveal clues about Lifeline's escape route. **1.20** *Second Chance:* 5/16. An RAF deserter is given shelter by a barge-owner. (S1)
2.30 **Secret Army** 1–3/16. (S1)
5.25 **to 6.00** AM **The Bill**

+1 hour 266 376

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life**
8.00 **Wildlife ER**
9.00 **Extreme Africa**
10.00 **Animals Like Us**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Nomads of the Serengeti** Documentary.
1.00 PM **Monkey Life**
2.00 **Wildlife ER**
3.00 **Extreme Africa**
4.00 **Animals Like Us**
5.00 **Secret Life of the Koala**
6.00 **Nomads of the Serengeti**
7.00 **Monkey Life** Double bill.
8.00 **Arabian Seas**
9.00 **Arctic from Above** Liz Bonnin comes face to face with caribou.
10.00 **Nomads of the Serengeti** Wildlife expert Jean Du Plessis climbs Mount Kilimanjaro.
11.00 **Secret Life of the Koala**
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Ocean Parks**
2.00 **Arabian Seas**
3.00 **Arctic from Above**
4.00 **Wildlife ER**
5.00 **to 6.00** AM **Extreme Africa**

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo**
9.00 **Monster Fish**
10.00 **Savage Kingdom: Uprising**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Winter's Hidden Wonders**
3.00 **Return of the Hunters**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** A black mamba callout turns into a canine rescue mission.
7.00 **Critter Fixers: Country Vets** The vets come to the aid of a seizing dog and a dizzy bunny.
8.00 **Europe from Above: Summer** Highlights from the series, focusing on the summer.
9.00 **Asia's Wild Secrets** A look at the importance of water across Asia's varied wildlife.
10.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

ID

154 141 166

8.00 AM **Cold Hearted**
9.00 **American Monster**
11.00 **Deadline: Crime with Tamron Hall** Double bill of editions.
1.00 PM **Broken Trust**
2.00 **Shattered**
3.00 **To Catch a Killer**
5.00 **Til Death Do Us Part**
7.00 **The Murder Tapes** A group of men discover a woman's body in a park in Red Valley, Arizona. **8.00** A case in which a man alerted police when he sensed something was gravely wrong at his uncle's house. Two officers entered the home and discovered a gruesome crime.
9.00 **Does Murder Sleep?** A teenager sleeps through the brutal murder of her father.
10.00 **Devil in the Web**
11.00 **Deadly Influence: The Social Media Murders** The case of an anime-obsessed teenager.
12.00 M'T **Scene of the Crime with Tony Harris** Double bill.
2.00 AM **Til Death Do Us Part**
4.00 **to 6.00** AM **The Murder Tapes**

+1 hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens: The Ultimate Evidence**
7.00 **Ancient Aliens**
8.00 **Medieval Dead**
9.00 **Secret Societies: In the Shadows**
10.00 **River Hunters**
11.00 **Ancient Aliens: The Ultimate...**
12.00 NOON **Ancient Aliens**
1.00 PM **Medieval Dead**
2.00 **Weird Britain**
3.00 **Truthseekers**
4.00 **Secrets of the Lost Liners**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Worlds**
7.00 **Craig Charles: UFO Conspiracies**
8.00 **Mysteries of the Ancient Dead**
9.00 **Viking Dead**
10.00 **Life After People**
11.00 **Haunted Hospitals**
12.00 M'T **Ancient Aliens: The Ultimate Evidence**
1.00 AM **Ancient Aliens**
2.00 **Royal Autopsy**
3.00 **Truthseekers**
4.00 **Secrets of the Lost Liners**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Discovery History

174 147 181 320 325

7.00 AM **Concorde: Anatomy of a Disaster** As shown at 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Exploring the secret history of the solar system.
8.00 **Concorde: Anatomy of a Disaster** An investigation into the causes of the plane crash in France on 25 July 2000, which killed 113 people, featuring interviews with pilots and crew.
9.00 **Ancient Unexplained Files**
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos** The brothers work on a 1988 Blazer.
9.00 **Car Fix** Double bill of editions.
10.00 **World's Greatest Motorcycle Rides** A brand new Norton Domiracer takes Henry along the A-roads of East Anglia.
11.00 **Shed and Buried**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

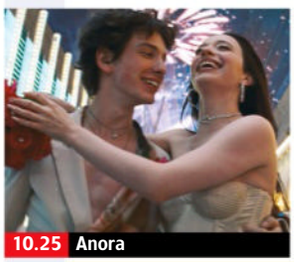
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.25 AM **A Nice Indian Boy** Comedy. (2024, 12, 96min)
8.15 **Piece By Piece** As 4.15pm.
10.00 **Salem's Lot** As 12.50am.
12.10 PM **Joker: Folie à Deux** Action comedy. (2024, 15, 94min) ★★★
2.35 **Old Guy** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★
4.15 **Piece By Piece** Animation featuring the voice of Pharrell Williams. (2024, PG, 94min)
6.00 **Venom: The Last Dance** (2024, 15, 110min) ★★★



10.25 Anora

8.00 Joker: Folie à Deux Musical thriller starring Joaquin Phoenix and Lady Gaga. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. With Brendan Gleeson and Catherine Keener. (2024, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Anora Comedy drama starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia attempt to get the marriage annulled. (2024, 18, 139min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Salem's Lot** Horror thriller starring Lewis Pullman. (2024, 15, 109min) ★★★
2.55 **Exhibiting Forgiveness** Drama. (2024, 15, 117min)
5.00 **to 6.40** AM **The Front Room** Horror. (2024, 15, 94min)

Sky Cinema Originals

303 303 403 503 517

7.05 AM **Robin and the Hoods** Comedy. (2024, PG) ★★
8.50 **The Night Before Christmas...**
10.20 **Bonus Track** Music comedy. (2023, 12, 98min) ★★★
12.05 PM **The Cinema List: Pride**
12.25 **The Radleys** Horror comedy. (2024, 15, 115min) ★★★
2.20 **To Catch a Killer** Thriller. (2023, 15, 119min) ★★★★
4.25 **She Came to Me** As 1.50am.
6.10 **Marlowe** Crime thriller. (2022, 15, 110min) ★★



6.10 Marlowe

8.00 Ferrari Biographical drama starring Adam Driver. During the summer of 1957, ex-racecar driver Enzo Ferrari embarks on an epic race across Italy. With Shailene Woodley, Penélope Cruz and Jack O'Connell. (2023, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Maggie Moore(s) Comedy thriller starring Jon Hamm. A police chief investigates the murders of two women with the same name. (2023, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Daddio** Drama with Sean Penn and Dakota Johnson. (2023, 15, 101min) ★★★★
1.50 AM **She Came to Me** Comedy drama. (2023, 15) ★★★★
3.50 **The Night Before Christmas in Wonderland** Animation. (2024, U, 80min) ★★★★
5.25 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.20 AM **Phantom Thread** (2017)
9.35 **P.S. I Love You** As 8.00pm.
11.45 **Jackie** Biopic starring Natalie Portman and Greta Gerwig. (2016, 15, 100min) ★★★★
1.35 PM **The Shawshank Redemption** Prison drama. (1994, 15, 142min) ★★★★★
4.10 **Whiplash** Drama starring Miles Teller and JK Simmons. (2014, 15, 106min) ★★★★★

6.10 **Eternal Sunshine of the Spotless Mind** Offbeat romantic comedy starring Jim Carrey and Kate Winslet. (2004, 15, 108min) ★★★★★
8.00 **P.S. I Love You** Romantic comedy drama based on the novel by Cecelia Ahern, starring Hilary Swank and Gerard Butler. (2007, 12, 121min) ★★★
10.20 **Phantom Thread** Drama starring Daniel Day-Lewis in his final role before retirement. (2017, 15, 130min) ★★★★★

12.45 AM **What Dreams May Come** Romantic fantasy drama. (1998, 15, 106min) ★★★
2.55 **The Cinema List: Pride**
3.15 **Eternal Sunshine of the Spotless Mind** As 6.10pm.
5.20 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.55 AM **Turn Me On** As 12.15am.
8.40 **Silent Running** As 2.00am.
10.20 **Ex Machina** As 3.45am.
12.20 PM **A Quiet Place: Day One** Horror starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
2.10 **The Nun** Horror starring Demián Bichir. (2018, 15, 96min) ★★★
4.00 **Total Recall** Sci-fi thriller remake starring Colin Farrell. (2012, 12, 113min) ★★★

6.05 **I Am Legend** Sci-fi horror thriller starring Will Smith. (2007, 15, 101min) ★★★★
8.00 **Terminator Salvation** Sci-fi action thriller sequel starring Christian Bale, Sam Worthington and Anton Yelchin. In 2018, resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★★
10.05 **Paycheck** Sci-fi thriller starring Ben Affleck and Uma Thurman. (2003, 12, 119min) ★★★★

12.15 AM **Turn Me On** Fantasy. (2024, 15, 99min) ★★★
2.00 **Silent Running** Sci-fi drama. (1972, U, 90min) ★★★★
3.45 **Ex Machina** Sci-fi drama. (2014, 15, 104min) ★★★★
5.45 **to 7.45** AM **The Frighteners** Horror comedy. (1996, 15) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.10 AM **Jack the Giant Slayer** Fantasy. (2013, 12) ★★★
9.10 **Ride On** (2023, PG) ★★★
11.25 **Paul Blart: Mall Cop 2** Comedy sequel. (2015, PG) ★★
1.05 PM **Cats & Dogs** Comedy. (2001, PG, 87min) ★★★
2.40 **Friend or Foe** As 12.55am.
4.00 **Cats & Dogs: The Revenge of Kitty Galore** Comedy sequel. (2010, U, 82min) ★★
5.30 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★



9.40 The SpongeBob...

7.15 **Hook** Steven Spielberg's fantasy adventure based on JM Barrie's *Peter Pan*, starring Robin Williams, Dustin Hoffman, Julia Roberts and Bob Hoskins. (1991, U, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The SpongeBob SquarePants Movie** Animated adventure based on the TV series set in an undersea world. Stars David Hasselhoff. (2004, U, 87min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Beethoven's 2nd** Comedy sequel. (1993, U, 89min) ★★
12.55 AM **Friend or Foe** Drama. (1981, U, 70min) ★★★
2.15 **Reuniting the Rubins** Comedy drama. (2010, PG, 98min) ★
4.00 **Muppets from Space** Children's sci-fi comedy. (1999, U, 85min) ★★★
5.35 **to 7.10** AM **Big Fat Liar** Teen comedy with Frankie Muniz. (2002, PG, 88min) ★★★

Sky Cinema Action

307 307 407 507 521

6.10 AM **Last Action Hero** Fantasy. (1993, 15, 130min) ★★★
8.25 **King of Killers** As 1.50am.
10.00 **The Three Musketeers: Milady**
12.00 NOON **The Mechanic** Action thriller. (2011, 15, 93min) ★★
1.40 PM **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
3.30 **The Amazing Spider-Man** Fantasy with Andrew Garfield. (2012, 12, 136min) ★★★
5.50 **The Mummy** Adventure. (1999, 15, 124min) ★★★★



8.00 Godzilla

8.00 **Godzilla** Thriller remake starring Aaron Taylor-Johnson and Bryan Cranston. A giant monster may be the only hope of stopping a race of underground creatures on a deadly global rampage. With Ken Watanabe. (2014, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

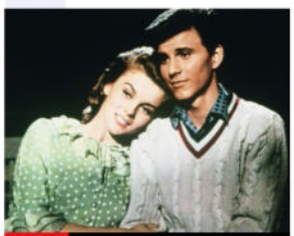
10.05 **Bad Boys: Ride or Die** Action comedy sequel starring Will Smith and Martin Lawrence. Miami cops Lowrey and Burnett go on the run to clear their late captain's name. (2024, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Game of Death** Thriller. (1978, 18, 82min) ★★★
1.50 **King of Killers** Action thriller. (2023, 15, 92min) ★
3.25 **The Three Musketeers: Milady** Adventure sequel. (2023, 12, 115min) ★★★★
5.25 **to 7.05** AM **R.I.P.D** Fantasy. (2013, 12, 96min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Bye Bye Birdie** (1963)
9.15 **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
11.00 **David Brent: Life on the Road** Comedy. (2016, 15, 96min) ★★
12.45 PM **School of Rock** Comedy. (2003, PG, 109min) ★★★★
2.45 **Sweethearts** Comedy. (2024, 15, 94min) ★★★
4.30 **Bowfinger** Comedy. (1999, 12, 97min) ★★★★
6.15 **Sixteen Candles** Teen comedy. (1984, 12, 89min) ★★★



10.05 Bye Bye Birdie

8.00 **Baywatch** Action comedy based on the TV series, starring Dwayne Johnson and Zac Efron. A veteran lifeguard teams up with an Olympic swimmer to scupper a criminal scheme. With Alexandra Daddario. (2017, 15, 121min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Bye Bye Birdie** Musical starring Janet Leigh, Dick Van Dyke and Ann-Margret. A pop singing heart-throb is called up for military service. (1963, PG, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The 4:30 Movie** Comedy. (2024, 15, 88min) ★★★
1.35 AM **The Fortune Cookie** Billy Wilder's satire. (1966, b/w, U, 125min) ★★★★★
3.45 **48 Hrs** Comedy thriller. (1982, 15, 97min) ★★★★★
5.30 **to 7.10** AM **Dad's Army** Film spin-off from the TV sitcom. (1971, U, 95min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

8.00 AM **The Independent** (2022)
9.55 **Zero Dark Thirty** Kathryn Bigelow's fact-based drama. (2012, 15, 157min) ★★★★★
12.35 PM **Assassin** Action thriller. (2023, 15, 88min) ★★★
2.10 **We Own the Night** Crime drama. (2007, 15, 117min) ★★★
4.15 **The Independent** Drama. (2022, 12, 108min) ★★★
6.10 **Trap** M Night Shyamalan's thriller starring Josh Hartnett. (2024, 15, 105min) ★★★★



6.10 Trap

8.00 **The Firm** Legal thriller based on John Grisham's novel, starring Tom Cruise, Jeanne Tripplehorn and Gene Hackman. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (1993, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Jack Reacher** Action thriller starring Tom Cruise as bestselling author Lee Child's vigilante hero. With Rosamund Pike. (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Jack Reacher: Never Go Back** Action thriller sequel. (2016, 12, 118min) ★★★
3.10 **K-19: The Widowmaker** Cold War thriller starring Harrison Ford. (2002, 12, 138min) ★★★
5.35 **to 7.15** AM **Barber** Mystery. (2023, 15, 90min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Mandy** Ealing drama. (1952, b/w, U, 93min) ★★★
12.50 PM **True Grit** Oscar-winning Western starring John Wayne. (1969, PG, 128min) ★★★★★
3.25 **The Caine Mutiny** Naval drama with Humphrey Bogart. (1954, U, 119min) ★★★★
6.00 **Le Mans '66** Fact-based drama starring Matt Damon, Christian Bale and Jon Bernthal. (2019, 12, 152min) ★★★★



9.00 The Green Mile

Le Mans '66 (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Green Mile** Supernatural prison drama based on the novella by Stephen King, starring Tom Hanks and Michael Clarke Duncan. A Depression-era prison guard encounters a death-row inmate who possesses a magical gift. With David Morse and Sam Rockwell. (1999, 18, 189min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 **to 3.45** AM **Nightmare Alley** Guillermo del Toro's thriller starring Bradley Cooper and Cate Blanchett. A manipulative carnival worker joins forces with a female psychiatrist who is even more dangerous than he is. (2021, 15, 150min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 5 Star Movies

302 302 402 502 516

7.30 AM **The Cinema List: Pride**
8.00 **Black Dog** British drama. (2023, 15, 96min) ★★★
9.40 **Twilight of the Warriors: Walled In** Chinese crime thriller. (2024, 15, 126min) ★★★
11.50 **The Lord of the Rings: The Fellowship of the Ring** Fantasy. (2001, PG, 178min) ★★★★★
2.50 PM **Boyz N the Hood** Drama. (1991, 15, 111min) ★★★★★
4.50 **Stand by Me** Nostalgic drama. (1986, 15, 89min) ★★★★★
6.20 **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
8.00 **Dunkirk** Christopher Nolan's war drama starring Kenneth Branagh, Tom Hardy, Mark Rylance and Fionn Whitehead. (2017, 12, 106min) ★★★★★
9.50 **The Lord of the Rings: The Two Towers** Epic fantasy starring Elijah Wood, Ian McKellen and Viggo Mortensen. (2002, 12, 179min) ★★★★★
12.50 AM **Star Trek: First Contact** Sci-fi adventure starring Patrick Stewart and Brent Spiner. (1996, 12, 110min) ★★★★
2.50 **Restore Point** Czech sci-fi thriller. (2023, 15, 115min) ★★★★
5.00 **to 7.15** AM **Twilight of the Warriors: Walled In** As 9.40am.

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Drop Dead Fred** Comedy. (1991, 12, 99min) ★★
7.55 **Death Becomes Her** Fantasy. (1992, PG, 103min) ★★★
9.55 **Young Guns II: Blaze of Glory** Western sequel starring Emilio Estevez. (1990, 15, 104min) ★★★
11.55 **Zulu** As shown at 11.30pm.
2.15 PM **Ben-Hur** Spectacular multi-Oscar-winning epic. (1959, PG, 212min) ★★★★★
5.55 **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★★
8.00 **Two Mules for Sister Sara** Comedy Western starring Clint Eastwood and Shirley MacLaine. (1969, 15, 114min) ★★★
10.00 **High Noon** Oscar-winning Western starring Gary Cooper as a small-town marshal determined to stand up to the killer arriving on the midday train. With Grace Kelly. (1952, b/w, U, 85min) ★★★★★
11.30 **Zulu** Epic historical adventure starring Stanley Baker, Michael Caine and Jack Hawkins. (1963, PG, 138min) ★★★★★
1.55 AM **Ben-Hur** As 2.15pm.
5.45 **to 6.00** AM **The Cinema List: Westerns** Exploring modern and classic Western movies.

Sky Cinema Animation

305 305 412 500 514

6.10 AM **Boonie Bears: Guardian...**
7.50 **The Adventures of Tintin: The Secret of the Unicorn** Animation. (2011, PG) ★★★★★
9.45 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
11.15 **Madagascar** Animated comedy. (2005, U, 86min) ★★★
12.50 PM **The Pirates! In an Adventure with Scientists** Comedy. (2012, U) ★★★★
2.25 **Two by Two** Animated adventure. (2015, U, 85min) ★★
4.00 **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
5.35 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
7.30 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
9.00 **The Nut Job** Animated family comedy. (2014, U, 85min) ★★★
10.30 **Boonie Bears: Guardian Code** Animation. (2023, PG) ★★★
12.10 AM **Batman Unlimited: Mechs vs Mutants** (2016, PG) ★★★
1.35 **Megamind vs The Doom Syndicate** (2024, U) ★★★
3.05 **DC Super Hero Girls: Legends of Atlantis** (2018, PG) ★★★
4.25 **to 6.10** AM **Noah's Ark** Animation. (2024, U) ★★★

Movies 24

312 313 419

7.00 AM **Sweeter than Chocolate** Comedy. (2023, PG, 84min) ★★
9.00 **Pumpkin Everything** Comedy drama. (2022, PG, 84min) ★★
11.00 **Falling Together** Romantic drama. (2024, U, 90min) ★★
1.00 PM **The Best Version of Love** Romantic comedy drama. (2023, PG, 86min) ★★
3.00 **Junebug** Fantasy drama. (2024, PG, 84min) ★★
5.00 **Sparks Over Brooklyn** Drama starring AnnaMaria Demara. (2023, PG, 89min) ★★
7.00 **The Journey Ahead** Comedy starring Holly Robinson Peete. (2022, PG, 102min) ★★
9.00 **A Scottish Love Scheme** Romantic drama starring Erica Durance and Jordan Young. Two childhood friends are reunited during a holiday in Scotland, and their mothers plot to bring them together. (2024, PG, 84min) ★★
11.00 **Planning for Joy** Romantic comedy. (2022, PG, 86min) ★★
1.00 AM **His and Hers** Romantic drama. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Sweet as Pie** Comedy. (2022, PG, 93min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sherlock Holmes** (S1)
6.35 **Night Ride** Drama starring Julian Vedey and Jimmy Hanley. (1937, b/w, U, 72min) ★★★
8.05 **Web of Evidence** Crime thriller. (1959, b/w, PG, 90min) ★★★
9.50 **Part-Time Wife** Comedy. (1961, b/w, PG, 70min) ★★★
11.10 **As Long as They're Happy** Musical farce starring Jack Buchanan. (1955, U, 76min) ★★
1.00 PM **Blanche Fury** Melodrama. (1947, PG, 90min) ★★★
3.00 **Crown Court** Triple bill.
4.30 **A Tale of Two Cities** Charles Dickens' famous tale set during the French Revolution. (1958, b/w, U, 117min) ★★★
6.50 **Cinebox Memories**
6.55 **Those British Faces**
7.30 **The Cheaters** 4/27. (S2)
8.00 **The Brothers** 2/16. (S7)
9.05 **In a Lonely Place** Thriller starring Humphrey Bogart. (1950, b/w, PG, 89min) ★★★★
11.00 **Up Pompeii** Bawdy comedy. (1971, 15, 90min) ★★
12.50 AM **Arizona Dream** Offbeat comedy. (1993, 15, 136min) ★★
3.35 **The Curse of the Wraydons** Drama. (1946, b/w, PG) ★★★
5.25 **to 6.00** AM **A Lifetime Ago with The Baim Collection**

THURSDAY Sport 26 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News** A round-up of all the latest sports news.
10.30 LIVE **WTA & ATP Tennis** Coverage of the WTA and ATP Tours, including the ATP Mallorca Championships and the WTA Bad Homburg Open.
12.30 PM LIVE **DP World Tour Golf** Coverage of the first day of the Italian Open, which takes place at the Argentario Golf Club in Tuscany.
5.30 LIVE **LPGA Tour Golf** Coverage of day one of the Dow Championship staged at Midland Country Club in Midland, Michigan.
7.00 LIVE **PGA Tour Golf** Coverage from the opening day of the Rocket Classic at the Detroit Golf Club in Michigan. Four of the six winners of this competition have been American, which includes Rickie Fowler, Tony Finau, Bryson DeChambeau and Nate Lashley, who won the first event in 2019.
11.00 LIVE **US Seniors Tour Golf** Day one of the US Senior Open at the Broadmoor Golf Club in Colorado Springs, Colorado.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League**
7.30 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** Liverpool v Manchester City from 2018.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights**
8.00 **Gary Neville's Soccerbox**
9.00 **We're Not Really Here: Man City** A look at Manchester city's season in the third tier.
9.30 **Transfer 360** The inside story of Juninho's move to Middlesbrough.
10.00 **Class of '92: Full Time** Class of '92-owned Salford City embark on their first season in the Football League – but the club are finding life in the new division tougher than expected.
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Play-off Final C'Ship 15/16** Hull v Sheff Wednesday.
7.00 **EFL Play-off Final League 1 15/16** Barnsley v Millwall.
8.00 **EFL Play-off Final League 2 15/16** Wimbledon v Plymouth.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2015 final.
12.00 NOON **EFL Highlights**
1.00 PM **EFL** The League One Play-Off Final between Sunderland and Wycombe Wanderers.
2.00 **EFL Highlights** Action from Mansfield Town v Port Vale.
3.00 **EFL Greatest Games**
4.00 **Championship Retro** Leeds United v Derby County from 2019.
6.00 **EFL** Aston Villa v Fulham in the 2017/18 Championship play-off final at Wembley Stadium.
7.00 Rotherham United v Shrewsbury Town in the 2017/18 League One play-off final.
8.00 Coventry v Exeter City in the 2017/18 League Two play-off final.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Aston Villa v Manchester City in the 2020 final.
12.00 M'T **There's Only One Sauzee**
12.30 AM **SPFL** Archive action.
2.00 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **Best of England v India**
8.00 **Test Cricket** The First Test between England and India.
1.00 PM **Women's One-Day International Cricket** The three-match ODI series between England and West Indies.
4.00 **One-Day International Cricket** The three-match series between England and West Indies.
7.00 **Best of England v India** Action from the sixth ODI in the 2007 series between the sides.
7.30 Action from the sole T20 in the 2014 series at Edgbaston.
8.00 The 2013 ICC Champions Trophy final between the sides.
8.30 **Best of England v Windies** The West Indies chase 322 in the second Test of August 2017.
9.00 **Test Cricket** Action from all five days of the First Test in the five-match series between England and India, held at Headingley Cricket Stadium.
2.00 AM **Women's One-Day International Cricket**
4.00 **One-Day International Cricket**
5.00 **to 6.00** AM **Women's One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour: The Cut**
6.30 **HotelPlanner Tour Golf Highlights** Open De Bretagne.
7.00 **Legends Tour Golf**
8.00 **PGA Tour Champions**
9.00 **Ladies European Tour Golf**
10.00 **Golf** Amateur Championship.
11.00 **Rose Ladies Series**
11.30 **PGA Tour: The Cut**
12.00 NOON **HotelPlanner Tour Golf Highlights** Open De Bretagne.
12.30 PM LIVE **DP World Tour Golf** The first day of the Italian Open.
5.30 LIVE **PGA Tour Golf** Coverage from the opening day of the Rocket Classic.
11.00 LIVE **US Seniors Tour Golf** Day one of the US Senior Open.
2.00 AM **PGA Tour Champions Learning Centre**
2.30 **Rose Ladies Series**
3.00 **DP World Tour Golf**
4.00 **PGA Tour Golf**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA Tennis** Highlights.
6.30 **WTA & ATP Tennis** Highlights.
10.30 LIVE **WTA & ATP Tennis** The WTA and ATP Tours, featuring the ATP Mallorca Championships and the WTA Bad Homburg Open.
7.00 PM **ATP Tour This Week**
7.30 **Tennis** Tour highlights.
8.00 **WTA Tennis** The Berlin Open.
9.00 **WTA & ATP Tennis** Highlights.
1.00 AM **US Open Classic Matches**
2.00 **Billie Jean King: My Story**
2.15 **Martina Navratilova: Unstoppable** Interview.
2.30 **ATP Sizzle Reel 2024**
2.45 **WTA Sizzle Reel 2024**
3.00 **US Open Tennis Classic Matches**
4.00 **ATP Tour This Week**
4.30 **to 6.00** AM **Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA Tennis** Berlin Open final.
8.00 **ATP Tennis** Halle Open final.
9.00 **Formula 1** Austrian Grand Prix.
11.00 **PGA Tour Champions**
12.00 NOON **Women's PGA Championship** Day four.
1.00 PM **PGA Tour Golf**
2.00 LIVE **Ladies European Tour Golf** Coverage of the first day of the German Masters.
5.00 **Fight Night** Boxing highlights.
7.00 **PGA Tour Golf**
8.00 **PGA Tour Champions**
9.00 **One-Day International Cricket**
12.00 M'T **PL Greatest Games**
1.00 AM **Fight Night**
3.00 **EFL Greatest Games**
4.00 **PGA Tour Golf**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 1

410 413 521 408 430

5.15 AM LIVE **Test Cricket Sri Lanka v Bangladesh.** Coverage of day two of the second Test in the two-match series at Sinhalese Sports Club Cricket Ground in Colombo.
1.30 PM **TNT Sports Reload**
1.45 **Test Cricket Highlights** West Indies v Australia.
2.45 LIVE **Test Cricket West Indies v Australia.** Coverage of day two of the first Test in the three-match series at Kensington Oval in Bridgetown, Barbados. The visitors have won eight of the last 10 Test matches between the two countries, including three of the last five meetings. The Baggy Greens also have a long unbeaten run against their hosts in terms of Test series, winning 11 of the last 13 series since the Windies last won in Australia in 1993.
11.00 **Test Cricket Highlights**
12.00 M'T LIVE **MLB New York Mets v Atlanta Braves.** Coverage of the National League match from Citi Field. Start-time **12.10am**.
3.15 AM **MLB Plays of the Week**
3.45 **NBA Action**
4.15 **to 5.15** AM **Test Cricket Highlights**

TNT Sports 2

411 414 522 409 431

6.00 AM **Classic Premier League**
8.00 **Premier League Stories**
8.30 **Discovery Golf** The latest news.
9.00 **Test Cricket Highlights**
10.00 **Tom Aspinall's Fight Lab**
10.30 LIVE **AFL Port Adelaide v Collingwood.** Coverage of the match staged at Adelaide Oval. Bounce-up **10.30am**.
1.30 PM **MLB Highlights**
2.30 **ABB FIA Formula E World Championship Highlights**
3.30 **Ultimate Pool** The Pairs Cup.
5.00 **NBA Action** The latest highlights.
5.30 **MLB Plays of the Week**
6.00 **MLB Highlights** Recent action.
7.00 LIVE **MLB Houston Astros v Philadelphia Phillies.** Coverage of the inter-league match at Daikin Park. Start-time **7.10pm**.
10.15 **MLB Plays of the Week**
10.45 **NBA Action** The latest highlights.
11.15 **MotoGP Highlights**
12.15 AM **British Superbikes Highlights**
1.15 **British Speedway**
2.15 **FIM Speedway Grand Prix Highlights** Recent action.
3.15 **TNT Sports Reload**
3.30 **AFL** A replay of a recent match.
5.00 **to 6.00** AM **UEFA Champions League – Classics**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **NFL Bitesize Highlights**
6.50 **Women's State of Origin**
9.50 **State of Origin Rugby League**
10.50 LIVE **NRL Penrith Panthers v Canterbury Bulldogs.** Coverage of the match from the 17th round of fixtures, which takes place at CommBank Stadium in Sydney. Kick-off **10.50am**.
12.50 PM **My Icon** Leon Pryce.
1.00 **Good Morning Football**
3.00 **Super League** St Helens v Leeds.
5.45 **NFL Bitesize Highlights**
6.00 **Lions Greatest Games**
7.30 **Rugby Union Retro**
7.45 **Lions Legends** Finlay Calder.
8.00 **Women's State of Origin** Queensland Maroons v New South Wales Sky Blues.
9.00 New South Wales Sky Blues v Queensland Maroons.
10.00 **Lions Greatest Games** Australia v British & Irish Lions from 2013.
11.30 **Rugby Union Retro**
11.45 **Lions Legends** Finlay Calder.
12.00 M'T **The Insiders**
1.00 AM **State of Origin Rugby League Highlights**
1.15 **Women's State of Origin**
4.15 **NFL Bitesize Highlights**
5.00 **to 6.00** AM **PDC Classics**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights** Action from AFC Wimbledon v Walsall in the League Two play-off final.
7.00 **Good Morning Sports Fans** News and views on today's early stories and a look at the back pages.
10.00 **Sky Sports News** A round-up of all the latest sports news.
10.30 LIVE **WTA & ATP Tennis** Coverage of the WTA and ATP Tours, including the ATP Mallorca Championships and the WTA Bad Homburg Open.
4.00 PM LIVE **LPGA Tour Golf** Coverage of day one of the Dow Championship at Midland Country Club in Midland, Michigan.
7.00 **Sky Sports News** A round-up of all the latest sports news.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News** A round-up of all the latest sports news.
12.00 M'T **Premier League Darts** Another chance to see night seven from Utilita Arena in Cardiff.
4.00 **EFL Highlights** A look at action from Chesterfield v Walsall.
4.30 All the action from Notts County v AFC Wimbledon.
5.00 **to 6.00** AM **EFL Highlights**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** F1 highlights.
12.00 NOON **Formula 1** F1 highlights.
2.00 PM **F1 Drivers Press Conference** Austrian Grand Prix.
2.40 **F1 Feature**
2.45 **Formula 1** Austrian Grand Prix.
3.45 **F1 Drivers Press Conference**
4.25 **F1 Feature**
4.30 **Formula 1** Canadian Grand Prix.
5.30 **F1 Drivers Press Conference**
6.10 **F1 Feature**
6.15 **Formula 1** F1 highlights.
8.15 **F1 Drivers Press Conference**
8.55 **F1 Feature**
9.00 **Formula 1** F1 highlights.
11.00 **F1 Drivers Press Conference**
11.40 **F1 Feature**
11.45 **Formula 1** Austrian Grand Prix.
12.45 AM **F1 Feature**
1.00 **to 6.00** AM **The Home of F1**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Women's Champions League** A look back at the action.
1.00 PM **UEFA Women's Champions League** Arsenal Women v Barcelona Women in the final.
2.30 **Sign Up – Into Football**
3.15 LIVE **World Rally Championship** Coverage of the Acropolis Rally Greece.
6.00 **FIM Speedway Grand Prix Highlights** From Gorzow, Poland.
7.00 **AFL** Port Adelaide v Collingwood.
8.30 **NBA Action** The latest action.
9.00 **Fight Week** Topuria v Oliveira.
9.45 **UFC Countdown**
10.45 **Tom Aspinall's Fight Lab**
11.15 **UFC** Hill v Rountree Jr.
2.15 AM **UFC Countdown**
3.15 **Fight Week** Topuria v Oliveira.
4.00 **Tom Aspinall's Fight Lab**
4.30 **Discovery Golf** The latest news.
5.00 **TNT Sports Reload**
5.15 **to 7.30** AM LIVE **World Rally Championship** Coverage of the Acropolis Rally Greece.

TNT Sports 4

414 416 524 411 434

6.00 AM **Ultimate Pool**
7.30 **TCR World Tour Review**
8.00 **MotoGP Highlights**
9.00 **British Superbikes Highlights**
10.00 **British Speedway**
11.00 **FIM Speedway Grand Prix Highlights** From Gorzow, Poland.
12.00 NOON LIVE **National Road Championship: Women** The Elite Individual Time Trial in France.
2.00 PM LIVE **National Road Championship: Men** The Elite Individual Time Trial in France.
4.45 **TCR World Tour Review**
5.15 **TNT Sports Reload**
5.30 **IFSC Climbing World Cup Highlights** Action from Bern.
6.30 LIVE **IFSC Climbing World Cup** Coverage of the men's bouldering final in Innsbruck.
9.00 **Powerlifting World Classic Championship** Recent action.
10.00 **Spanish Women's Liga F**
12.00 M'T **to 6.00** AM **Spanish Women's Liga F**

Premier Sports 1

419 551

6.00 AM **Highlights**
10.00 **Sporting Countdowns**
10.30 **Desafio China by La Vuelta**
11.30 **NASCAR Highlights**
12.30 PM **UK Independent Kart Racing**
2.00 **MotorSport** Le Tour Auto.
2.30 **Scottish Rally Championship**
3.00 **FIA World Endurance Championship** From Le Mans.
4.00 **Ultimate Karting Championship**
5.00 **FIM Sidecarcross** From Gdansk.
6.00 **Desafio China by La Vuelta**
7.00 **Women's Football Weekly**
7.30 **MotorSport** Drew Gibson.
8.30 **Sporting Greats**
9.00 **PSA Squash Highlights**
10.00 **LaLiga Highlights**
11.00 **FIA World Endurance Championship** From Le Mans.
12.00 M'T **Ultimate Karting Championship** In Whilton Mill.
1.00 AM **FIM Sidecarcross**
2.00 **Desafio China by La Vuelta**
3.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 552

6.00 AM **German Cup** Arminia Bielefeld v V Stuttgart in the final.
8.20 **LaLiga Match Highlights**
8.30 **Bike World** Magazine.
9.00 **FastZone** Motorsports action.
9.30 **GP Confidential** F1 news.
10.00 **Major League Cricket** Seattle Orcas v San Francisco Unicorns.
2.00 PM **Temples of Sport**
2.30 **United Rugby Championship** Action from the Grand Final.
4.30 **Temples of Sport** A look at some of the iconic sporting venues from around the globe.
5.00 **Scottish Cup Football** Aberdeen v Celtic in the final.
8.00 **Major League Cricket** Seattle Orcas v San Francisco Unicorns.
12.00 M'T **Temples of Sport**
12.30 AM **Bike World** Magazine.
1.00 **Top 14 Rugby Union** Action from the first semi-final.
3.00 **German Cup** The final.
5.20 **LaLiga Match Highlights**
5.30 **to 6.00** AM **Temples of Sport**

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