SKY MOVIES SCREEN 1
Astra V 11.436GHz

06.00 **The Adventures of Baron Munchausen** (1989) (approx 121 mins) CERT: PG (DS) Terry Gilliam's epic fantasy following the unbelievable adventures of the ageing Baron Munchausen. John Neville, Eric Idle, Uma Thurman, Oliver Reed. Directed by Terry Gilliam 85053424 (Text 129)
08.05 **Memories of Me** (1988) (approx 99 mins) CERT: PG Please see 13.15 for details 21277530
09.45 **Project X** (1987) (approx 103 mins) CERT: PG Please see 17.00 for details 35315424
11.35 **The Stupids** (1996) (approx 89 mins) CERT: PG Please see 19.00 for details 97657882
13.15 **Memories of Me** (1988) (approx 99 mins) CERT: PG Comedy-drama starring Billy Crystal as a doctor who sets out to find his father after a heart attack gives him a sense of his own mortality 54233375
15.00 **Tap** (1989) (approx 107 mins) CERT: PG Drama in which a talented tap dancer, just released after a spell in jail, teams up with his old girlfriend and a retired legendary tap dancer to develop his art. Gregory Hines, Sammy Davis Jr 16998
17.00 **Project X** (1987) (approx 103 mins) CERT: PG Futuristic drama starring Matthew Broderick as a young military operative who is sent to a top secret research centre where he discovers that some chimps have been trained to operate flight simulators 61578
19.00 **The Stupids** (1996) (approx 89 mins) CERT: PG Wacky comedy about the most ignorant, brainless family on the planet who are convinced that an evil Mr Sender has been stealing the nation's mail and taking away people's valuable rubbish. Tom Arnold, Christopher Lee. Directed by John Landis 50801
21.00 **Die Hard with a Vengeance** (1995) (approx 123 mins) CERT: 15 (888) (DS) Tthriller which sees cop John McClane plunged into a deadly game when a terrorist genius named Simon decides to challenge him to a game of 'Simon Says', using the whole of Manhattan as his stakes. Bruce Willis, Samuel L Jackson, Jeremy Irons 33677530 (L)
23.10 **To Sir, with Love II** (1995) (approx 89 mins) CERT: TBC Drama sequel in which a teacher (Sidney Poitier) in Britain retires to Chicago, but finds himself back in an inner-city school 415004
00.45 **Nadja** (1994) (approx 89 mins) CERT: 15 Off-beat drama about a sexy young bloodsucker who hangs out in Manhattan nightclubs, but who finds her very existence threatened by the arrival of Van Helsing (Peter Fonda), the man who killed her father 263080
02.20 **Restoration** (1996) (approx 113 mins) CERT: 15 Period drama about an adventurous scientist whose courage takes him into the court of King Charles II to become a Royal Physician. Here he will confront power, seduction and an offer from the King which will force him to realise that he is capable of falling in love. Robert Downey Jr, Hugh Grant, David Thewlis, Sam Neill, Meg Ryan, Polly Walker 812202
04.20 **Life, Liberty and the Pursuit of Happiness on the Planet of the Apes** (1974) (approx 91 mins) CERT: PG Sci-fi tale about the adventures of astronauts who find themselves stranded on a future Earth where apes have taken control 227196

SKY MOVIES SCREEN 2
Astra V 11.479GHz

06.00 **The Bandit of Sherwood Forest** (1946) (approx 83 mins) CERT: PG Cornel Wilde is Robin Hood Jr in this adventure about Britain's most popular outlaw 77085 (Text 129)
08.00 **Munchie Strikes Back** (1995) (approx 86 mins) CERT: U Please see 16.30 for details 30787
09.30 **The Girl in the News** (1940) (approx 73 mins) CERT: U Suspenseful tale of a nurse who is labelled a murderess after two of her patients die, and the lawyer who does his best to defend her 1460581
10.50 **Great Day** (1945) (approx 76 mins) CERT: U Comedy-drama about a British village expecting a visit from Eleanor Roosevelt 6730153
12.15 **Seduction in a Small Town** (1996) (approx 88 mins) CERT: PG Drama about a mother whose children are taken away when she is falsely accused of abusing them 705563
13.50 **Don't Bother to Knock** (1952) (approx 73 mins) CERT: PG Drama starring Marilyn Monroe as a mentally unbalanced young woman who is taken on as a hotel babysitter 5548462
15.10 **Lancer Spy** (1937) (approx 74 mins) CERT: U WW1 drama about a Nazi spy who is captured and substituted with an English double 7065356
16.30 **Munchie Strikes Back** (1995) (approx 86 mins) CERT: U Adventure in which a young boy who is being bullied at school is visited by a friendly alien, and with its help, he is rid of the bully, becomes a superb baseball player and is showered with gifts and a girlfriend! 72820
18.00 **A Stranger to Love** (1996) (approx 88 mins) CERT: PG Drama about a man who begins a new life after losing his memory and his former family assume he has died, despite the fact that he just is a few miles away 22301462
19.40 **US Top 10** 592882
20.00 **The Arrival** (1996) (approx 110 mins) CERT: 12 (888) Sci-fi thriller in which Zane Zaminski (Charlie Sheen), a radio astronomer, believes he has heard an extra-terrestrial signal, but whose discovery is deemed worthless and he's sacked. Undeterred, he establishes a makeshift radio telescope to find out more about this alien lifeforce 55022
22.00 **Cannes Report** 669397
22.10 **Virtuosity** (1995) (approx 102 mins) CERT: 15 (888) High-tech thriller about a malevolent computer simulator which assumes human form and goes on the rampage. Denzel Washington, Kelly Lynch, Russell Crowe 619608
00.00 **Emmanuelle 5** (1986) (approx 77 mins) CERT: 18 Erotic drama in which Emmanuelle is kidnapped after the preview of her latest movie 1681196
01.25 **The Passion of Darkly Noon** (1995) (approx 97 mins) CERT: 18 Thriller in which the arrival of a stranger in a house spells trouble for the couple who live there. Brendan Fraser, Ashley Judd 606047
03.10 **Visitors of the Night** (1995) (approx 90 mins) CERT: 12 Science fiction thriller about a mother and daughter who are pursued by aliens who want to use them for experiments 724028
04.45 **Peter No Tail** (1983) (approx 78 mins) CERT: U Swedish drama about an inquisitive cat 2770844

BOX OFFICE 1
11.597GHz PAY-PER-VIEW (PPV: see below)

22.00 **Scream** (1997) (110 mins) CERT: 18 Blockbusting horror tale about a teenager (Neve Campbell) trying to come to terms with the brutal murder of her mother several years before. Directed by Wes Craven (rpt 00.00, 02.00 and 04.00)

BOX OFFICE 2
10.877GHz PAY-PER-VIEW (PPV: see below)

18.00 **Space Jam** (1997) (84 mins) CERT: PG Michael Jordan is sucked into Looney Tune Land to help Bugs Bunny and Co. in a basketball game against some Space Invaders (rpt 19.30, 21.00, 22.30, 00.00, 01.30, 03.00 & 04.30)

BOX OFFICE 3
10.862GHz PAY-PER-VIEW (PPV: see below)

06.00 **Jungle 2 Jungle** (1997) (105 mins) CERT: PG Tim Allen plays a commodities trader who must finalise his divorce from his first wife (JoBeth Williams) before he can marry his fiancée (rpt 08.00, 10.00, 12.00, 14.00, 16.00, 20.30, 22.30, 00.30 & 02.30)

BOX OFFICE 4
10.847GHz PAY-PER-VIEW (PPV: see below)

20.00 **The Relic** (1996) (110 mins) CERT: 15 Comedy horror tale in which the curators of a big city museum introduce a mysterious new exhibit which unleashes a demonic force. Tom Sizemore, Penelope Ann Miller (rpt 22.00 and 04.00)

SKY MOVIES GOLD
Astra V
11.127GHz from 16.00-05.00 (weekdays)
11.127GHz from 11.00-05.00 (weekends)
11.597GHz from 22.00-06.00 (weekdays)

16.00 **The Scarlet Empress** (1934) (100 mins) CERT: PG Drama starring Marlene Dietrich as the 18th-century Empress of Russia 6738172
18.00 **Almost an Angel** (1990) (95 mins) CERT: PG Comedy starring Paul Hogan as a professional thief who winds up in hospital after performing an uncharacteristically heroic good deed 5478795
20.00 **K-9** (1989) (97 mins) CERT: 15 A cop (James Belushi) finds himself teamed with an Alsatian in an effort to crack a drugs ring 5473240
22.00 **Wild at Heart** (1990) (119 mins) CERT: 18 (DS) Twisted road movie following the fortunes of two lovers, (Nicolas Cage and Laura Dern), as they make their way from the Deep South to the centre of America 15716004 (Text 129)
00.05 **Cobra** (1986) (83 mins) CERT: 18 Explosive action adventure in which Sylvester Stallone plays a cop on the warpath 45669660
01.35 **The Prime of Miss Jean Brodie** (1969) (110 mins) CERT: 15 Comedy drama in which Maggie Smith plays an Edinburgh teacher who leads her impressionable school-girls astray 3979863
03.30 **Touch and Go** (1986) (96 mins) CERT: 15 An ice-hockey star befriends a mother and her juvenile delinquent son 2554689
05.10 **Closedown**

TNT Classic Movies
Astra H 11.023GHz

21.00 **Conagher** (1991) Frontier tale of the Old West about a lone woman and a cowboy who helps her 35083337 (Text 100)
23.00 **The Adventures of Don Juan** (1948) Errol Flynn swashbuckler in which he plays a fencing-master who prevents Spain from raising a second Armada against England 70349838
01.00 **The Devil Makes Three** (1952) Thriller about an American soldier (played by Gene Kelly) who returns to Munich after WW2 24444842
03.00 **Conagher** Please see 21.00 for details 82034863

bravo
Astra V 11.097GHz

20.00 **The A-Team** 9676820
21.00 **Real Stories of the Highway Patrol** 8213714 (Text 210)
21.30 **Cops** 2273375
22.00 **The Basement** 1619356
22.15 **Bravo's Briefs** A short film 1607511
22.30 **Red Shoe Diaries** 7320530
23.00 **Film: Cyborg Cop** (1993) Action adventure in which an ex-DEA agent tracks down his missing brother only to find that a crazed scientist has turned him into a hi-tech killer cyborg 6648530
01.00 **Beverly Hills Bordello** 7357863
01.30 **Red Shoe Diaries** 6602738
02.00 **Tour of Duty** 2572950
03.00 **Film: Henry - Portrait of a Serial Killer** (1986) Horror tale, loosely based on the exploits of serial killer Henry Lee Lucas 6009405
05.00 **The A-Team** 5327660
06.00 **Closedown**

DISNEY CHANNEL
Astra V 11.597GHz

06.00 Under the Umbrella Tree 95207 **06.30** Jungle Cubs 86085 **07.00** Recess 16714 **07.30** Pepper Ann 35849 **08.00** Brand Spanking New Doug 42356 **08.30** The Lion King's Timon and Pumbaa 41627 **09.00** Aladdin - the series 65207 **09.30** Quack Pack 67153 **10.00** Mouse & Mole 3751998 **10.05** Amazing Animals 4059646 **10.30** Sesame Street 71733 **11.30** New Adventures of Winnie the Pooh 7450462 **11.45** Alphabet Castle 7455917 **12.00** Little Hippo 2999207 **12.10** Let's Wiggle! 6769909 **12.15** Animal Shelf 2978714 **12.30** Rosie and Jim 56599443 **12.45** Small Stories 97477004 **12.50** Bear in the Big Blue House 8753269 **13.20** New Adventures of Winnie the Pooh 71588820 **13.35** Chip 'n' Dale's Rescue Rangers 19648627 **14.00** Goof Troop 9207 **14.30** Jungle Cubs 3998 **15.00** The Lion King's Timon and Pumbaa 8714 **15.30** Brand Spanking New Doug 8443 **16.00** Pepper Ann 7578 **16.30** Recess 6462 **17.00** Smart Guy 1789 **17.30** Student Bodies 7714 **18.00** Teen Angel 4627 **18.30** Boy Meets World 8207 **19.00 Film:** The Black Hole (1979) Adventure tale in which an explorer craft spots a 'black hole' 85578 **20.30** The Wonder Years 8578 **21.00** Touched By an Angel 98172 **22.00** Closedown

UK TV
UK TV PREVIEW
Astra V 10.817GHz

07.00 Vampires, Devilbirds and Spirits **08.00** Pandora's Box **09.00** The Ascent of Man **10.00** Great Mysteries and Myths **10.30** Vets in Practice **11.00** The Human Animal **12.00** CIA **13.00** Nature Detectives **13.30** Making Babies **14.00** Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Change That **15.30** Garden Roadshow **16.00** Dream Ticket **16.30** Food and Drink **17.00** Antiques Roadshow **18.00** Animal Hospital Week **18.30** Big Cat Diary **19.00** The Power and the Glory **19.30** Storm Warning **20.00** Pride and Prejudice **20.30** Plastic Fantastic **21.00** Light in the Dark **22.00** Superstore **22.30** Time of Their Lives **22.45** Robert Mapplethorpe **23.00** Later on... **00.00** Closedown

5
FilmNet Transponder 63 10.920GHz

06.00 News 3215085 **07.00** Wideworld 3409646 **07.30** Milkshake! 3347820 **07.35** Wimzie's House 7297191 **08.00** Havakazoo 1882882 **08.30** Wishbone 1881153 **09.00** Espresso 8125998 **10.00** Life at the Edge 3185795 **10.30** Sunset Beach 8590443 **11.10** Leeza 8185207 **12.00** News 1892269 **12.30** Family Affairs 4589627 **13.00** The Bold and the Beautiful 3408917 **13.30** Sons and Daughters 4588998 **14.00** Burke's Law 3186424 **15.00** 100 % Gold 1863917 **15.30** Film 8731795 **17.30** HouseBusters 2692820 **18.00** 100 Per Cent 2699733 **18.30** Family Affairs 2680085 **19.00** 5 News 1855998 **19.30** Life at the Edge 2686269 **20.00** Water Rats 1602240 **21.00** Film 41988207 **22.50** The Morwenna Banks Show 1445998 **23.20** Film 5945153 **00.05** Live and Dangerous 47521234 **01.20** Live and Dangerous 2167641 **03.00** Live and Dangerous 9392776 **04.40** Prisoner Cell Block H 1174776 **05.30** 100 % 8106863

P Premiering Film — L Last Play — WS Widescreen — DS Dolby Surround Sound — 888 Subtitled
PPV INFORMATION LINE: 0990 800 888 OR CHECK SKY TEXT 177

SKY one
Astra V 11.318GHz

07.00 **Tattooed Teenage Alien Fighters from Beverly Hills** 52269 Text 126
07.30 **Games World** 5941172
07.45 **The Simpsons** (888) 53375
08.15 **The Oprah Winfrey Show** 9013559
09.00 **Hotel** 99085
10.00 **Another World** 60288
11.00 **Days of Our Lives** 40424
12.00 **Married...with Children** (888) 55917
12.30 **M*A*S*H** (888) 74530
13.00 **Geraldo** 79085
14.00 **Sally Jessy Raphael** 17608
15.00 **Jenny Jones** 72608
16.00 **The Oprah Winfrey Show** 84443
17.00 **Star Trek: The Next Generation** (888) See 23.00 for details 7424
18.00 **The Nanny** 9379
18.30 **Married...with Children** (888) 4801
19.00 **The Simpsons** (888) 8153
19.30 **The Simpsons** (888) 9135
20.00 **The Simpsons** (888) 7801
20.30 **The Simpsons** (888) 3608
21.00 **Friends** 80627
21.30 **Veronica's Closet** (888) 61066
22.00 **ER** (888) 33207
23.00 **Star Trek: The Next Generation** (888) The crew go on a re-supply mission 61917
00.00 NEW! **The Adventures of Ned Blessing** 13405
01.00 **Long Play**

NATIONAL GEOGRAPHIC CHANNEL
Astra H 11.303GHz

19.00 **The Reserves** 6034269
19.30 **Moving Giants** 1952117
20.00 **Antarctic Challenge** An attempt to scale the Holtedahl and Drygalski mountains 6043917
20.30 **Lifeboat: In Safe Hands** 6022424
21.00 **Mysteries of the Maya** 5979733
21.30 **Earthquake** 1727882
22.00 **Herculaneum: Voices of the Past** 8181443
22.30 **Opal Dreamers** 8190191
23.00 **Elephant Journeys** 4018171
00.00 **Lifestyles of the Wet and Muddy** 3572115
01.00 **Closedown**

UK GOLD
Astra H 11.553GHz

07.00 **Never the Twain** 5916172
07.35 **Neighbours** 7526153
08.00 **Crossroads** 3757882
08.25 **EastEnders** 7599917
09.00 **The Bill** 7345849
09.30 **Howards' Way** 2264627
10.00 **Shelley** 4327288
10.30 **The Sullivans** 7334733
11.00 **Casualty** 9404917
12.00 **Crossroads** 27829733
12.25 **Neighbours** 27822820
12.55 **EastEnders** 8865396
13.30 **Keeping Up Appearances** 7074530
14.05 **Ever Decreasing Circles** 2569820
14.45 **Dangerfield** 8406066
15.45 **The Bill** 4144004
16.15 **Juliet Bravo** 43432462
17.20 **EastEnders** 3719646
17.55 **Big Break** 6852068
18.30 **The Bill** 7894714
19.00 **Dad's Army** 5659004
19.40 **Yes, Minister** 5282066
20.20 **May to December** Zoe accuses Alec of being old fashioned 9663725
21.00 **Bugs** The Bugs team tackle a gang who attack a power plant 42827462
22.05 **Minder** An old friend of Terry's escapes from prison and asks for his help 42227207
23.10 **Live at Jongleurs** 7486795
23.40 **Not the Nine O'Clock News** 4604406
00.10 **Hold the Dream** 3320080
01.55 **The Equalizer** 9074221
02.45 **Shopping at Night**

SCI FI CHANNEL
Astra V 11.568GHz

20.00 **Quantum Leap** Sam has become a naval pilot who is accused of rape and murder 3215356
21.00 **PSI Factor: Chronicles of the Paranormal** Aliens clone the inhabitants of an isolated farm 3228820
22.00 **Film: Downdraft** (1996) Adventure set in the near future about a mad doctor who plans to use a supercomputer to start WW3 7338085
00.00 **Sightings** Extraordinary real-life stories 1262047
01.00 **The Bionic Woman** 2537028
02.00 **Friday the 13th** 9381825
03.00 **Tales of the Unexpected** 7427757
03.30 **Dark Shadows** 7960573
04.00 **Closedown**

GRANADA PLUS
Astra H 11.244GHz

06.00 **The Box** 6236284
07.00 **E! Mysteries and Scandals** 2432849
07.30 **Classic Coronation Street** 2411356
08.00 **Blind Date** 5305820
09.00 **Hadleigh** 6845066
10.00 **The Saint** 2400240
11.00 **Hawaii Five-O** 2420004
12.00 **Classic Coronation Street** 7827375
12.30 **Families** 5583998
13.00 **A Fine Romance** 2424820
13.30 **Me and My Girl** 5582269
14.00 **Hadleigh** 7480530
15.00 **Jason King** 6107443
16.00 **Hawaii Five-O** With Jack Lord 6126578
17.00 **The Saint** 4175646
18.00 **Families** Mike goes out looking for the distraught Amanda 1364578
18.30 **Classic Coronation Street** 1348530
19.00 **Doctor in Charge** Duncan makes mischief when he meets up with Lawrence's twin brother 4176375
19.30 **Singles** At last Jackie meets her millionaire 1344714
20.00 **Jason King** Jason walks into a trap searching for a president's kidnapped daughter 7590530
21.00 **Classic Coronation Street** 6115462
21.30 **The Comedians** With Charlie Williams, Colin Crompton and Bernard Manning 5596462
22.00 **The Saint** Why should a trusted diplomat steal a fortune from the country he loves? 7580153
23.00 **Closedown**

MEN & MOTORS
Astra H 11.244GHz

23.00 Motor Week. With Mike Rutherford 6127207 **23.30** 4 Wheels Good 7485085 **00.00** Rally World 6825202 **00.30** Through the Gears 8636860 **01.00** The E! True Hollywood Story 5286757 **02.00** Closedown

The Racing Channel
Astra V 10.877GHz

11.00 Racing Review 9054733
12.00 Live at lunchtime 1227511
13.00 Live racing from Perth, Salisbury and York 2992004
18.00 Closedown

EUROSPORT
Astra V 11.259GHz

07.30 **Sailing** 19578 Text 127
08.00 **CART: FedEx Championship Series** 51066
10.00 **Touring Car: BTCC in Donington Park** 22202
11.00 **Football: World Cup Legends** 95998
12.00 **Motorsports** 90240
13.30 **Mountain Bike: Grundig/UCI World Cup in Germany** Fourth round of the Cross-Country World Cup 31714
14.00 **Live Tennis: ATP Tour - Mercedes Super 9 Tournament** Fourth day 4979838
18.00 **Football: International U-21 Festival of Toulon, France** Argentina v South Africa 40462
19.00 **Live Football: International U-21 Festival of Toulon, France** France v Argentina at Stade des Costieres, Nimes 12608
20.30 **Tennis: ATP Tour - Mercedes Super 9 Tournament** 80646
22.00 **Football: Road to the World Cup** 51627
23.00 **Motorsports: Motors Magazine** 86356
00.30 **Closedown**

SKY sports 2
SKY SPORTS 2
Astra H 11.170GHz

UPDATE 0336 413 416

07.00 Aerobics Oz Style 9057882 **07.30** Racing News 9076917 **08.00** Sports Centre 2346085 **08.30** FA Cup Classics 6687066 **09.30** Golf Extra 2215733 **12.00** European Tour Weekly 2349172 **12.30** Full Throttle 8829085 **13.00** Football League Review 7238240 **14.30** Futbol Mundial 9155064 **15.00** World of Super League with Eddie & Stevo 3057530
17.00 **Full Throttle** 9910004
17.30 **Wild Spirits** 6401220
18.00 **Irish Showjumping** 9651743
18.30 **Formula Three** 5956135
19.00 **The Rugby Club** 8196443
20.30 **Trans World Sport** 3689424
21.30 **Inside the PGA Tour** 8849849
22.00 **Ford Golf USA** 8303646
00.00 **Irish Showjumping** 7224047
00.30 **Sports Centre** 4959776
01.00 **FA Cup Classics** 6667202
02.00 **Closedown**

SKY sports 1
SKY SPORTS 1
Astra V 11.509GHz

07.00 **Sports Centre** 72725 Text 127
07.30 **FA Cup Classics** 80882
08.30 **Full Throttle** 10733
09.00 **Racing News** 90135
09.30 **Aerobics Oz Style** 43559
10.00 **World of Super League with Eddie & Stevo** 23795
12.00 **Aerobics Oz Style** 21849
12.30 **Dr Martens Premier League Snooker: Hendry v White** 62998
14.30 **Sports Unlimited** 52375
15.30 **Watersports World** 69462
16.30 **Futbol Mundial** 4462
17.00 **WWF: Superstars** 7066
18.00 **Sports Centre** 2627
18.30 **FA Cup Classics** 37066
19.30 **Futbol Mundial** Club and international soccer focus 5191
20.00 **Spanish Football** Coverage of a match from the Primera Liga 47424
22.00 **Sports Centre** 22578
22.30 **FA Cup Classics: Luton v West Ham '94 & Middlebrough v Chesterfield '97** 78337
23.30 **Ringside** 52714
00.30 **The Rugby Club** 57414
02.00 **Spanish Football** 30318
04.00 **Sports Centre** 74776
04.30 **FA Cup Classics** 53405
05.30 **Closedown**

SKY sports 3
SKY SPORTS 3
Astra H 11.671GHz

11.00 **Live Cricket: Worcestershire v South Africa** Ball-by-ball coverage from New Road in Worcestershire 37316795
13.00 **Second Innings** Half an hour of essential viewing for cricket fans 36455820
13.30 **Live Cricket: Worcestershire v South Africa** Continued live first day action 17252191
18.30 **Inside the PGA Tour** Experience life behind the scenes with the stars of the American Tour 57853714
19.00 **Fish TV** 35006288
20.00 **Ringside** Punch-by-punch coverage of boxing up and down the country 35082608
21.00 **Formula Three** Coverage of a Formula Three race that may well feature a future world champion 26594337
21.30 **Wild Spirits** 58563849
22.00 **Bobby Charlton's Football Scrapbook** 61107838
23.30 **Closedown**

	6pm	7pm	8pm	9pm	10pm	11pm
SKY MOVIES SCREEN 1	Cont Project X	The Stupids		Die Hard with a Vengeance		
SKY MOVIES SCREEN 2	A Stranger to Love		The Arrival		Virtuosity	
SKY MOVIES GOLD	Almost an Angel		K-9		Wild at Heart	
SKY ONE	The Nanny	Married with Children The Simpsons	The Simpsons	The Simpsons Friends	Veronica's Closet ER	Star Trek: The Next Generation
UK GOLD	Cont Big Break The Bill	Dad's Army Yes, Minister	May to December	Bugs	Minder	Live at Jongleurs
EUROSPORT	Football	Live Football: France v Argentina	Tennis: ATP Tour		Football	Motorsports
SKY SPORTS 1	News FA Cup Classics	Football	Spanish Football		News FA Cup Classics	Ringside

Double-check today's listings on the teletext page shown below each channel logo or use the Update telephone lines

PARAMOUNT COMEDY
Astra V 11.156GHz

19.00 Cosby 6337 **19.30** Roseanne: Thanksgiving '94 3733 **20.00** Grace Under Fire: Fire Music 5085 **20.30** Caroline in the City 7820 **21.00** Cybill 28801 **21.30** Ellen: When The Vow Breaks 25153 **22.00** Frasier: Slow Tango in South Seattle 13820 **22.30** Cheers: Loverboyd. Woody tries to keep the flame alive between Kelly and himself by giving her a promise ring 99240 **23.00** Duckman 30646 **23.30** Mad For It 56511 **00.00** Nurses 71370 **00.30** It's Garry Shandling's Show 66950 **01.00** Frasier 70844 **01.30** Cheers 15405 **02.00** Caroline in the City 58738 **02.30** Mad For It 60573 **03.00** Roseanne 50080 **03.30** Cybill 51825 **04.00** Closedown

CHALLENGE TV
Astra H 10.993GHz

17.00 Cross Wits 6733 **17.30** Family Days Out 692801 **17.35** Prize Time 843207 **17.45** Family Fortunes 778443 **18.15** Prize Time 111511 **18.30** Catchphrase 1153 **19.00** Prize Time 189207 **19.15** Fifteen to One 766608 **19.45** Family Days Out 757917 **19.50** Prize Time 738882 **20.00** The Crystal Maze 81882 **21.00** Prize Time 917998 **21.15** Strike It Lucky 601248 **21.45** Prize Time 618375 **22.00** 3-2-1 **23.00** Prize Time 69743 **23.15** Sticky Moments 525004 **00.00** Sale of the Century 28202 **00.30** Harts of the West 66283 **01.30** The Fall Guy 54660 **02.30** Big Brother Jake 17405 **03.00** Snowy River - The McGregor Saga 44283 **04.00** The Big Valley 70196 **05.00** Screenshop 67573 **06.00** Closedown

Text 120

LIVING
Astra V 10.979GHz

06.00 Tiny Living 1430191 **09.00** Rolonda 4441191 **09.50** Ready, Steady, Cook 8398153 **10.30** The Young and the Restless 2190707 **11.20** Brookside 55072733 **11.50** Jimmy's 89357288 **12.20** Animal Rescue 60556658 **12.50** Rescue 911 3365882 **13.25** Hart to Hart 1691795 **14.20** Living It Up! 1200608 **15.20** Rolonda 8455191 **16.10** Tempestt 9250530 **17.00** The Heat Is On 6737443 **17.30** Ready, Steady, Cook 3740066 **18.10** Jerry Springer Uncut 1973240 **19.00** Rescue 911 6757207 **19.30** Mysteries, Magic and Miracles 3560424 **20.00** Adrenalin Junkies 5477066 **21.00** Film: Nothing Lasts Forever. The story of three young woman doctors who juggle complicated love lives and demanding careers in the high-pressure, male dominated medical profession. Part 1 of 2 5470153 **23.00** The Jerry Springer Show 9035608 **00.00** Closedown

Text 204

CHRISTIAN CHANNEL
Astra H 11.170GHz

04.00 Thought **04.05** Voice **04.30** Good Morning **04.45** Avanzini **05.00** Osgood **05.30** Webb **06.00** Hallam **06.30** Changing Your World **07.00** Voice **07.30** Kidz **07.45** Hinn **08.15** Good Morning **08.30** Potters House **09.00** Day of Victory **09.30** Meyer **10.00** Joyner **10.30** Avanzini **10.40** Good Morning **10.45** CMTV **11.00** Closedown

SKY SOAP
Astra V 11.568GHz

11.00 Take the High Road **11.30** Emmerdale **12.00** Emmerdale **12.30** As the World Turns **13.15** Families **13.45** Guiding Light **14.30** Take the High Road **15.00** Emmerdale **15.30** Emmerdale **16.00** Closedown

THE HISTORY CHANNEL
Astra V 11.568GHz

16.00 American Caesar: The Last Shogun **17.00** Weapons at War: Attack Aircraft **18.00** Ancient Mysteries: The Sacred Waters of Lourdes **19.00** Biography: Ava Gardner **20.00** Closedown

SKY TRAVEL
Astra V 11.126GHz

11.00 Round Trip **11.30** Globetrotter **12.00** American Adventurer **12.30** Getaway **13.00** Dales Diaries **13.30** California Gold **14.00** American Vacation **15.00** Globetrotter: Maui, Egypt, Adironacks **15.30** Great Chefs of Europe **16.00** Closedown

TV TRAVEL SHOP
Astra H 10.993GHz

12.00-17.00 Home Travel Shopping Service

QVC
Astra V 11.038GHz

Text 205

24 Hour Shopping Service

Astra H 11.273GHz

05.00-12.00 Sell-a-Vision

Discovery Home & Leisure
Astra H 11.082GHz

ALSO ON CABLE

09.00 **Simply Painting** 7336191
09.30 **The Garden Show** 2262269
10.00 **Garden Calendar** 4318530
10.30 **New Yankee Workshop** 7332375
11.00 **Rex Hunt's Fishing World** 8206424
11.30 **Hometime** 8207153
12.00 **The Close Guide** 7323627
12.30 **This Old House with Steve & Norm** 2266085
13.00 **Cookabout** 9406375
13.30 **Furniture on the Mend** 2265356
14.00 **Doing It Up** 6737375
14.30 **Antiques Challenge** 7800375
15.00 **Two's Country** 6716882
15.30 **Home Again with Bob Vila** 7805820
16.00 **Closedown**

DISCOVERY CHANNEL
Astra H 11.082GHz

16.00 **Rex Hunt's Fishing World** 7891627
16.30 **Zoo Story** 7880511
17.00 **First Flights: Locusts of War** 6728627
17.30 **Time Travellers: The Ancients of North America** 7804191
18.00 **Animal Doctor** 7801004
18.30 **Mysteries of the Ocean Wanderers: Wild Discovery** Tracking albatross and King penguins to discover why their populations have changed dramatically 9525849
19.30 **Futureworld: Future Fantastic - Wings Over the World** Military and civilian aircraft of the future 7881240
20.00 **Science Frontiers: Kaboom** A programme charting the history of the ultimate chemical reaction, the explosion 9656066
21.00 **Science of the Impossible: Facing Doomsday** 9669530
22.00 **Forensic Detectives: Out of the Grave** 9679917
23.00 **Professionals: Don't Be a Dummy** 9483424
00.00 **First Flights: Locusts of War** 9613399
00.30 **Futureworld: Future Fantastic - Wings Over the World** 5642009
01.00 **Crocodile Hunter: Part One** 7452009
02.00 **Closedown**

Text 200

.tv
Astra V 10.847GHz

18.00 Creative.TV - CRE@TE! **18.30** Game Over **18.45** Chips With Everything **19.00** Masterclass Pro. Ideal programme for the advanced computer user **19.30** Creative.TV **20.00** Closedown

SKY SCOTTISH
Astra H 10.862GHz

18.00 Kirsty **18.30** The Hearts Club **19.00** Touchdown Scotland. All the action from the Claymore's game against the Rhein Fire **19.30** The Hibs Club **19.55** Scotland Today **20.00** Closedown

breeze
Astra V 10.847GHz

06.00 **E! Uncut** 65338004
06.30 **E! Mysteries and Scandals** 24326220
07.00 **Cook's Garden** 73715801
07.30 **Rosemary Conley's Cookbook** 73701608
08.00 **The View** 13346337
09.00 **Sally Jessy Raphael** 65314424
10.00 **Thirtysomething** 73723820
11.00 **E! Uncut** 35219511
11.30 **E! Mysteries and Scandals** 35210240
12.00 **The View** 10355240
13.00 **Cook's Garden** 73714172
13.30 **Rosemary Conley's Cookbook** 10375004
14.00 **Thirtysomething: I'll Be Home for Christmas** Michael struggles with the reality of Melissa's burgeoning career and his own insecurities about his Jewish heritage 39271171
15.00 **Livetime** 35221356
16.00 **Sally Jessy Raphael: I Wanted a Baby But Got Scammed Instead** Talk show 35233191
17.00 **Livetime** 47850288
18.00 **Closedown**

SKY NEWS
Astra V 11.377GHz

Sky News on the hour plus **06.00** Sunrise **10.30** ABC Nightline **11.30** World News **14.30** Parliament Live **15.30** Parliament Live **16.30** World News **17.00** Live at Five **19.30** Sportsline **20.30** Sky Business Report **21.30** Sky World News **22.00** Prime Time. A round-up of the national headlines presented by Laurie Mayer and Vivien Creegor **00.30** CBS Evening News **01.30** ABC World News Tonight **02.30** Sky Business Report **03.30** Global Village **04.30** CBS Evening News **05.30** ABC World News Tonight

Text 128

CNN INTERNATIONAL
Astra V 11.627GHz

News on the hour plus **05.00** This Morning **05.30** Insight **06.00** This Morning **06.30** Moneyline **07.00** This Morning **07.30** Sport **08.30** Showbiz **09.00** Larry King **10.30** Sport **11.30** American Edition **11.45** World Report **12.30** Science **13.15** Asian Edition **13.30** Business Asia **14.30** Newsroom **15.30** Sport **16.30** Travel **17.00** Larry King **18.45** American Edition **19.30** Business **20.30** Q&A **21.30** Insight **22.00** Business **22.30** Sport **23.00** World View **00.30** Moneyline **01.15** Asian Edition **01.30** Q&A **02.00** Larry King **03.30** Showbiz **04.15** American Edition **04.30** World Report

Text 200

CNBC
Astra V 10.729GHz

05.00 Europe Today **08.00** European Money Wheel. Analysis and commentary on the impact of the news on stocks, companies , bonds and currencies **13.00** CNBC's US Squawk Box **15.00** US Market Watch **17.00** US Power Lunch. Inside look at the day's most influential deals and dealmakers. Also focuses on entertainment, advertising and media **18.00** Europe Tonight **19.00** Future File **19.30** Street Signs. Following financial market activity during the last hour of trading on Wall Street **21.00** US Market Wrap **23.00** Future File. Daily close-up on the latest IT, new media, science and technological developments **23.30** Europe Tonight **00.00** Breakfast Briefing **01.00** CNBC Asian Squawk Box **02.00** Trading Day. Regional and global news **03.00** Trading Day **04.00** Trading Day

Bloomberg TELEVISION
Astra H 11.361GHz

24 hour business news with **06.00** Markets **06.19** Boarding **07.19** Clips **08.00** Trading **13.49** Clarke's Chronicle **16.00** Money Makers **16.57** Travel **17.15** Money **17.49** Clarke's Chronicle **19.45** Germany **20.19** Clips **20.49** Boarding **21.15** Money **22.57** Travel

CARTOON NETWORK
Astra H 11.023GHz

05.00 Omer and the Starchild **05.30** The Fruitties **06.00** Blinky Bill **06.30** Thomas the Tank Engine **06.45** The Magic Roundabout **07.00** Bugs Bunny **07.15** Road Runner **07.30** Tom and Jerry **07.45** Dexter's Laboratory **08.00** Cow and Chicken **08.15** Scooby Doo. The gang solve more supernatural mysteries **08.30** Tom and Jerry Kids **09.00** The Magic Roundabout **09.30** Thomas the Tank Engine **10.00** Blinky Bill **10.30** Cave Kids **11.00** Perils of Penelope Pitstop **11.30** Help! It's the Hair Bear Bunch **12.00** Scooby Doo **12.30** Popeye **13.00** Droopy **13.30** Tom and Jerry **14.00** Yogi Bear **14.30** The Jetsons **15.00** The Addams Family **15.30** Scooby Doo **16.00** Scooby Doo **16.30** Dexter's Laboratory **17.00** Johnny Bravo **17.30** Cow and Chicken **18.00** Tom and Jerry **18.15** Road Runner **18.30** The Flintstones **19.00** Scooby Doo **19.30** The Mask **20.00** The Real Adventures of Jonny Quest **20.30** The Bugs and Daffy Show **21.00** Closedown

Text 102

NICKELODEON
Astra V 11.156GHz

06.00 Count Duckula **06.30** Grimmy **07.00** Hey Arnold! **07.30** Rugrats **08.00** Doug **08.30** Arthur **09.00** Children's BBC **10.00** Wimzie's House **10.30** Babar **11.00** The Magic School Bus **11.30** PB Bear - Little Red Tractor - Mr Men - Magic Mountain **12.00** Rugrats **12.30** Blues Clues **13.00** Bananas in Pyjamas **13.30** Franklin **14.00** Little Bear Stories **14.30** Children's BBC on Nickelodeon **15.00** Children's BBC on Nickelodeon **15.30** Doug **16.00** Pippi Longstocking **16.30** Rugrats **17.00** Sister, Sister **17.30** Kenan & Kel **18.00** Sabrina the Teenage Witch **18.30** Moesha **19.00** Closedown

Text 110

FOX KIDS network
Astra H 11.303GHz

06.00 Power Rangers ZEO **07.00** X-Men **07.25** Casper **07.35** Spiderman **08.00** Goosebumps **08.25** Sam & Max **08.35** Beetleborgs **09.00** Masked Rider **09.30** Fairy Tales **10.00** Pinocchio **10.30** Peter Pan **11.00** Oliver Twist **11.30** Huckleberry Finn **12.00** Gulliver **12.30** Eek!Stravaganza **12.42** Mouse and the Monster **12.54** Casper **13.06** Thunderlizards **13.18** Sam & Max **13.30** Extreme Heroes **14.00** Eagle Riders **14.30** Conan **15.00** Skysurfer **15.30** Donkey Kong **16.00** Casper **17.00** Goosebumps **17.25** Eerie, Indiana **17.50** Sam & Max **18.00** Goosebumps **18.25** Eerie, Indiana **18.50** Toonslyvania **19.00** Closedown

Trouble
Astra V 11.097GHz

07.00 Batman 9494530 **07.30** Earthworm Jim 9480337 **08.00** California Dreams 7317066 **08.30** Hang Time 7316337 **09.00** Ready or Not 7330917 **09.30** Heartbreak High 2161269 **10.30** Echo Point 7329801 **11.00** Batman. Terrifying treasures! Batman and the Boy Wonder take on a tank made from gold bullion 8233578 **11.30** Earthworm Jim 8234207 **12.00** Sweat 7310153 **12.30** Heartbreak High. The students have to work together on a project, But Stassy is forbidden to stay after school to help. Tom's friendship with his student Allie worries head teacher Dyson 8942608 **13.30** Echo Point 2252882 **14.00** Hollyoaks 6724801 **14.30** Blast 7897801 **15.00** Sweat 6710608 **15.30** California Dreams 7809646 **16.00** Ready or Not. A Canadian teen drama that tackles the fears and fun of growing up, seen through the lives of best friends, Busy and Amanda 7888153 **16.30** Saved by the Bell 7884337 **17.00** Hollyoaks 6715153 **17.30** USA High 7808917 **18.00** Hang Time 7898530 **18.30** Bangs 3439356 **18.45** On the Make 3452207 **19.00** Saved by the Bell. Zack poses as Bambi, a girl Screech has the hots for, and Screech falls for the ruse 6735917 **19.30** USA High. A famous fashion photographer is on campus for a shoot, and Lauren wants to be one of his models 7885066 **20.00** Closedown

Check the telephone numbers above for

VH1 — Astra V 11.538GHz

Text 200

07.00 **Power Breakfast** 73704795
09.00 **Pop-Up Video** 40562375
09.30 **VH1 Upbeat** 34951578
12.00 **Ten of the Best: Edwyn Collins** 10388578
13.00 **Mills 'n' Tunes** 10364998
14.00 **Jukebox** 43776581
15.00 **Toyah & Co** 30932066
17.00 **Five @ Five** 47857191
17.30 **Pop-Up Video** 17655820
18.00 **Hit for Six** 10377462
19.00 **Mills 'n' Tunes** 50543578
20.00 **VH1 Hits** 50523714
22.00 **American Classic** A rummage through the archives of vintage American music 50542849
23.00 **Talk Music** VH1's music magazine show 73724559
00.00 **The Nightfly** 13318554
01.00 **VH1 Spice** 17573329
02.00 **VH1 Late Shift** 17089202

MTV — Astra H 11.421GHz

Text 102

06.00 **Kickstart** 698191
09.00 **MTV Mix** 303511
12.00 **Non Stop Hits** 95733
14.00 **So '90s** The greatest hits of the decade with Armstrong & Miller 83998
15.00 **Non Stop Hits** An hour of continuous music videos 69172
16.00 **Select MTV** Viewer choice video jukebox with Donna Air 7462
18.00 **Big Picture Special** The latest cinema news 9559
18.30 **Daria** 3511
19.00 **European Top 20** Continental chart 19220
20.00 **Hot** News, videos and gossip with Sara Cox 83240
21.00 **Up for It** Live show with Eddy Temple-Morris 19284
22.00 **Amour** With Cat Deeley 69761
23.00 **The Lick R&B Chart** 39086
00.00 **Beavis and Butt-Head** 20660
00.30 **Night Videos** 4041221

THE BOX — Astra H 11.244GHz

ALSO ON CABLE

From 02.00-07.00 music channel featuring viewers' requests, videos, interviews and competitions

FOREIGN CHANNELS

CANAL+ — Thor1 H 12.015 GHz

0336 413 421

06.00 Morning programmes **11.30** Vildmarksturism. Documentary **12.25** Film: Muppet Treasure Island (1996) **14.00** Film: Pretty Poison (1996) **15.30** Film: Who Framed Roger Rabbit? (1988) **17.10** Film: Mission - Impossible (1996) **19.00** Film: Othello (1995) **21.00** Film: Beck (1997) **22.30** Hunger **23.00** Film: Coming to Ibiza 1 (1996 - erotic) **00.35** NHL: Conference Semi-Final **03.25** Film: The Craft (1996) **05.05** Seinfeld **05.30** NHL Resumé

TV 1000 — Intelsat 707 1°W V 11.054GHz

0336 413 428

05.00 Morning programmes **11.00** Film: Min andra familj (1996) **13.00** Film: Heavenly Creatures (1994) **15.00** Film: Slutspel (1997) **16.45** Film: Down Came a Blackbird (1995) **18.45** Film Magazine **19.00** Film: Die Hard (1988) **21.10** Film: Persons Unknown (1996) **23.00** Film: Flesh (erotic) **01.00** Närbild: James Woods **01.30** Film: Undertow (1996) **03.00** Film: Fair Game (1995) **04.30** Bakom kulisserna

Astra V 10.788GHz

04.00 Morning programmes **09.00** Jeevan Jyoti **09.30** Massaya di Raat **10.00** Karb **11.00** Pot Luck **11.30** Daraar **12.00** Hindi Film: Badaltey Farishtey **15.00** Chashme Badoor **15.30** Dastaan **16.00** Campus **16.30** Vikram Aur Betaal **17.00** Aur Ek Minute **17.30** Antakshari **18.00** Banegi Apni Baat **18.30** Lollywood **19.00** Dam Dama Dam **19.30** Cinemagic **20.00** News **20.30** Andaz **21.00** Hasratein **22.00** The Big Debate **22.30** Thursday Suspense **23.30** Zee Horror Show **00.00** Closedown

ZDF — Astra H 10.964GHz

TEXT 300

04.30 Morning programmes **13.00** Gesundheit! **13.15** ZDF Expedition **14.00** heute **14.03** Mensch Ohrner! **15.00** heute **15.10** Risiko **16.00** heute **16.15** hallo Deutschland **16.40** heute **16.50** Ein Fall für zwei **18.00** heute **18.20** Wetter **18.25** Evelyn Hamanns **19.15** Die volkstümliche Hitparade **20.15** ausland journal **20.45** heute **21.15** Was nun **21.45** Johannes B Kerner **22.30** Rothschilds **23.00** heute **23.15** Night programmes

3sat — Astra V 11.347GHz

TEXT 300

05.50 Morning programmes **12.00** Unterwegs **12.30** Aufgegabelt in Österreich **12.55** Kostbarkeiten aus Österreich **13.00** Muuh! **13.45** Spectrum **14.30** Frauen heute **15.30** Reise durch die Nacht **16.15** Terranet c@fé **16.45** Geldbörse **17.15** Ländermagazin **18.00** heute **18.20** Kulturzeit **19.00** Tagesschau **19.15** Film: My Beautiful Laundrette (1985) **20.50** Kurzfilm **21.00** Zeit im Bild 2 **21.25** Bilderstreit **22.25** Atombombe für den Frieden? **23.10** Seitenblicke **23.15** 10 voir 10 **23.45** Kulturzeit **00.20** Bilderstreit **01.20** Night programmes

RTL TELEVISION — Astra V 11.229GHz

TEXT 300

05.00 Morning programmes **12.00** Stadtklinik **13.00** Bärbel Schäfer **14.00** Ilona Christen **15.00** Hans Meiser **16.00** Teen Jeopardy! **16.30** Unter uns **17.00** Guten Abend RTL **17.30** Exclusiv: Das Star-Magazin **17.45** RTL aktuell **18.10** Explosiv: Das Magazin **18.40** Gute Zeiten, schlechte Zeiten **19.15** Alarm für Cobra 11 **20.15** Balko **21.15** Die Wache **22.15** Burkes Gesetz **23.00** RTL-Nachtjournal **23.30** Verrückt nach Dir **00.00** Love & War **00.30** Der Hogan Clan **01.00** Bärbel Schäfer **01.50** RTL-Nachtjournal **02.20** Hans Meiser **03.10** Night programmes

SAT.1 — Astra V 11.288GHz

0336 413 426

TV TEXT 300

04.30 Morning programmes **12.00** Sonja **13.00** MacGyver **14.00** Star Trek: Raumschiff Voyager **15.00** Baywatch Nights **16.00** Jeder gegen Jeden **16.30** 17:30 **17.00** blitz **17.30** 18:30 **17.47** SAT.1 Wetter **17.50** ran: SAT.1-Sport **18.00** Geliebte Schwestern **18.30** Glücksrad **19.15** Zugriff **20.15** Für alle Fälle Stefanie **21.15** alphateam: Die Lebensretter im OP **22.15** Die Harald Schmidt Show **23.15** Monty Python's Flying Circus **23.55** Ein Witzbold namens Carey **00.25** The Making of... **00.55** Star Trek: Raumschiff Voyager **01.45** Baywatch Nights **02.40** Jörg Pilawa **03.30** Geliebte Schwestern **04.00** blitz

ADULT ADULT ADULT ADULT

PLAYBOY TV — Astra H 11.671GHz

23.30 Free Teaser 24377424 **23.35** Peep Show 92063240 **23.45** Playboy's Most Wanted 61596191 **00.15** Naughty Amateur Home Videos: Best of 98027298 **01.20** Film: Allyson is Watching. A young aspiring actress gives the performance of her life for a particularly demanding audience 28876554 **03.00** Stripsearch: Atlanta 44036979 **04.00** Closedown

The Adult Channel — Astra V 10.788GHz

0336 413 400

00.00 Dish of the Day 26902085 **00.10** Girls Who Like Girls: Part 2. Erotic programme 85596545 **00.25** Strap on Sally: Series - Part 2 67349630 **01.00** Film: Girls' Affair 5. More stunning females get together to enjoy each other's company 84258998 **02.15** Girls About Town: Part 5 76894801 **02.35** The Corner. Erotic thriller 34957191 **04.00** Closedown

Fantasy Channel Astra V 10.979GHz from 00.00-04.00

0336 413 400

00.00 Free 3513240 **00.10** Stripper of the Year 3519424 **00.20** Sorority Sex Kittens 3389820 **00.45** Film: Dante's Dick 7977559 **01.00** Free 6228153 **01.05** Film cont. 9903269 **02.00** Visions 72565172 **02.20** Film: Allure 2313191 **03.55** What's on Tomorrow 35256172 **04.00** Closedown

GAY TV — Astra V 10.979GHz from 04.00-05.30

All programmes are subject to change

Gay TV is Britain's first adult gay television station and it features a mix of erotic series, special programmes and gay films from both Europe and America - full programme details for May were unavailable at the time of going to press

CABLE & MULTI SATELLITE CHANNELS

TARA — Cable

12.00 The Room Outside **12.30** The Pulse **13.00** Dodge the Question **13.30** Why Me? **14.00** Forum 2000 **14.30** PM Live **16.30** Vintage Glenroe **17.00** Here to Stay **17.30** Job Talk **18.00** Six-One **19.00** Gourmet Ireland. Cookery series in which Paul and Jeanne Rankin tour Ireland **19.30** Undercover **20.00** Know Your Sport. Sports quiz **20.30** Glenroe **21.00** Classic Irish Soccer **23.00** News **23.20** Planet Rock Profiles **23.50** Chart Highlights **00.00** Closedown

LIVE TV — Cable

06.00 Morning programmes **12.00** The Why Files **12.30** Serial Killers **13.00** Lie Detector **13.30** Judge Judy **14.00** Fashion Show **14.30** Revelations **15.00** Fate and Fortune **15.30** Lie Detector **16.00** Living Room Legends **16.30** Judge Judy **17.00** Agony **17.30** Odds on Sport **18.00** Fashion Show **18.30** Dial a Doc **18.45** What's in the Box **19.00** Living Room Legends **19.30** Agony **19.59** City Tips **20.00** Lie Detector **20.30** Judge Judy **20.59** City Tips **21.00** Dog Night Live **22.00** Darts **22.02** Odds on Sport **22.30** Sex Show **23.00** City Tips **23.01** Darts **23.02** Exotica **00.00** Night programmes

KNOWLEDGE — Cable

11.00 Open University **11.30** Open University **12.00** Open University **12.30** Open University **13.00** World Business Review **13.30** New Media News **14.00** JEC Virtual Trade Show **15.00** World Geography & History **15.30** Azimuths **16.00** Performing Arts Theatre **17.00** Open University **17.30** Open University **18.00** Open University **18.30** New Media News **19.00** JEC Virtual Trade Show **20.00** Open University **20.30** World Business Review. Leading executives interviewed **21.00** World Geography & History **21.30** Azimuths **22.00** Performing Arts Theatre **23.00** Closedown

CABLE & MULTI SATELLITE CHANNELS

travel — TRAVEL Cable

TEXT 200

12.00 Great Escape **12.30** The Wonderful World of Tom **13.00** Sports Safaris **13.30** The Food Lover's Guide **14.00** On Tour **14.30** Floyd on Spain **15.00** The People and Places of Africa **15.30** Whicker's World **16.00** On Top of the World **17.00** Sports Safaris **17.30** Aspects of Life **18.00** The Food Lover's Guide **18.30** On Tour **19.00** Great Escape **19.30** The Wonderful World of Tom **20.00** Go Portugal **20.30** Flavours of France **21.00** Mekong **22.00** On the Horizon **22.30** Far Flung Floyd **23.00** Aspects of Life **23.30** Whicker's World **00.00** Closedown

SCI-FI CHANNEL — Cable

ALSO ON ASTRA H 11.170GHz

07.30 Bloomberg Television **08.00** G-Force **08.30** Bionic Six **09.00** Battlestar Galactica **10.00** The Tomorrow People: A Man For Emily **10.30** Jupiter Moon **11.00** Dark Shadows **11.30** New Alfred Hitchcock **12.00** The Twilight Zone **12.30** The Twilight Zone **13.00** Tales of the Unexpected **13.30** Ray Bradbury Theatre **14.00** Voyagers! **15.00** The Six Million Dollar Man **16.00** Swamp Thing **16.30** My Secret Identity **17.00** Amazing Stories **17.30** Inside Space **18.00** C/Net Central **18.30** The New Edge **19.00** Battlestar Galactica **20.00** Quantum Leap **21.00** PSI Factor: Chronicles of the Paranormal **22.00** Film: Downdraft (1996) A mad doctor aims to start World War Three, from the safety of the obligatory underground bunker, with the help of a supercomputer which will launch every missile in the United States of America **00.00** Sightings **01.00** The Bionic Woman **02.00** Friday the 13th **03.00** Tales of the Unexpected **03.30** Dark Shadows **04.00** Closedown

Performance — PERFORMANCE Cable

19.00 Vienna Philharmonic **19.30** Great Arias **20.00** John Williams **21.15** Classic Century **21.30** Ballet **23.00** Soul Extra **00.00** Midnight Jazz **01.00** Closedown

Discovery Animal Planet — ANIMAL PLANET Eutel 13°E H 11.052GHz

09.00 Nature Watch **09.30** Kratt's Creatures **10.00** Rediscovery **11.00** From Monkeys to Apes **11.30** Amphibians **12.00** Dogs **12.30** Flying Vet **13.00** Zoo Life **13.30** Animal Doctor **14.00** Nature Watch **14.30** Kratt's Creatures **15.00** Human/Nature **16.00** Hunters **17.00** Animal Planet Classics **18.00** Nature Watch **18.30** Kratt's Creatures **19.00** Zoo Life **19.30** Animal Doctor **20.00** It's a Vet's Life **20.30** Wildlife SOS **21.00** Wild at Heart **21.30** Animal Adventures **22.00** Human/Nature **23.00** Rediscovery of the World **00.00** Closedown

CHANNEL ONE — Cable

Local news on the hour plus: **10.30** Album Show **11.30** The Catwalk Show **12.30** Cybernet **13.30** Inside Hollywood **14.30** Album Show **15.30** PDQ **16.30** Cinema **17.30** PDQ **18.30** Album Show **19.30** PDQ **20.30** The A-Z of Food **21.30** Cinema **22.30** PDQ **23.30** Album Show **00.00** News & music all night

BBC WORLD — Eutel II F1 13°E V 11.620GHz

News on the hour plus: **05.30** Money Programme **06.30** Clothes Show **07.30** Hard Talk **08.30** Film '98 **09.30** Money Programme **10.30** Hard Talk **11.30** Holiday **12.00** Today **13.30** Money Programme **14.15** Business **14.30** Today **15.30** Top Gear **16.30** Hard Talk **17.30** Clothes Show **18.00** Today **19.30** Hard Talk **20.30** Panorama **21.10** Business **21.30** Earth Report **22.10** Europe **23.15** Business **23.30** Hard Talk **00.00** Night programmes

BET — Cable

06.00 Video Soul **08.00** Jazz Moods **09.00** Un Real. Rising stars of R&B **11.00** Jazz Central. Concert series **12.00** Schedule repeats 06.00-11.00

NBC — NBC Europe Cable/~ Eutel 13°E V 10.987GHz

CNBC: EUROPEAN BUSINESS SERVICE ON ASTRA V 10.729GHz

TEXT 300

0336 413 429

05.00 Europe Today **08.00** European Money Wheel CNBC Europe **11.00** Internight **12.00** Time and Again **13.00** European Living: Travel Xpress **13.30** VIP **14.00** The Today Show **15.00** Home and Garden Television: Company of Animals **15.30** Dream Builders **16.00** Time and Again **17.00** European Living: Wines of Italy **17.30** VIP **18.00** Europe Tonight Live **18.30** The Ticket NBC **19.00** Dateline NBC **20.00** NBC Super Sports: NHL Power Week **21.00** The Tonight Show with Jay Leno. Celebrity guests, comedy and gossip with the American comedian Jay Leno **22.00** Late Night with Conan O'Brien **23.00** The Ticket NBC **23.30** NBC Nightly News with Tom Brokaw **00.00** The Tonight Show with Jay Leno **01.00** MSNBC Internight **02.00** VIP **02.30** Executive Lifestyles **03.00** The Ticket NBC **03.30** Hello Austria, Hello Vienna **04.00** MSNBC's The News with Brian Williams

CARLTON SELECT — Cable

17.00 Blockbusters **17.30** Gridlock **18.00** Byker Grove **18.30** A Country Practice **19.00** London Bridge **19.30** Desmond's **20.00** The Bounder **20.30** That's Love **21.00** Rose Against the Odds **22.00** Auf Wiedersehen, Pet **23.00** St Elsewhere **00.00** Doctor Down Under **00.30** Tales of the Unexpected **01.00** Closedown

CARLTON FOOD AND COOKERY — Cable

09.00 FND **09.30** Food for Thought **10.00** Who's Cooking? **10.30** What's Cooking? **11.00** Thompson **11.30** Kerr's Kitchen **12.00** FND **12.30** Caribbean **13.00** Food for Thought **13.30** Ideal **14.00** Perfect Pasta **14.30** FND **15.00** Ballymaloe **15.30** Thompson **16.00** From the Ground Up **16.30** Country Cooking **17.00** Closedown

HVC — Cable

20.00 Wild Manoeuvres **21.25** The Elite **23.00** Film: Lovers' Paradise 2. Erotic feature film **00.00** Closedown

UK ARENA — UK ARENA cable

18.00 To Serve Them All My Days **19.00** Beethoven Symphonies **20.00** The Frame **20.30** Sounds of the Seventies **21.00** Sounds of the Seventies **21.30** Sounds of the Seventies **22.00** Robert Mapplethorpe **23.00** Later on... **00.00** Closedown

UK HORIZONS — cable

07.00 Vampires, Devilbirds and Spirits **08.00** Pandora's Box **09.00** The Ascent of Man **10.00** Great Mysteries and Myths **10.30** Vets in Practice **11.00** The Human Animal **12.00** CIA **13.00** Nature Detectives **13.30** Making Babies **14.30** Pioneers **15.00** Sylvania Waters **15.30** Crime Limited **16.00** The Skipper **16.30** Alien Empire **17.00** Wildlife on UK Horizons **17.30** Great Mysteries and Myths **18.00** Animal Hospital Week **18.30** Big Cat Diary **19.00** The Power and the Glory **19.30** Storm Warning **20.00** Pride and Prejudice **20.30** Plastic Fantastic **21.00** Light in the Dark **22.00** Superstore **22.30** Time of Their Lives **23.30** Flatmates **00.30** Four Tarts and a Tenor **01.00** Closedown

UK STYLE — UK STYLE cable

14.00 Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Change That **15.30** Stefan's Garden Roadshow **16.00** Dream Ticket **16.30** Food and Drink **17.00** Antiques Roadshow **18.00** Call My Bluff **18.30** Real Rooms **19.00** From A to B: Tales of Modern Motoring **20.00** Dream Ticket **20.30** Change That. Mark Curry presents the interior design roadshow **21.00** Can't Cook, Won't Cook **21.30** Style Challenge **22.00** Call My Bluff. Chaired by Bob Holness **22.30** Des Res **23.00** Holiday in Style **00.00** Closedown

English translations of the foreign channels

FOR MORE CHANNELS SEE LISTINGS EXTRA