Monday 7 December

SKY PREMIER
PREMIUM CHANNEL

6.00am A Christmas Carol
1984, rating Sky U, 97 mins
8.00 Magic in the Water
1995, rating Sky PG, 97 mins
10.00 Napoleon and Samantha
Michael Douglas, Jodie Foster
1972, rating Sky PG, 88 mins
12noon A Christmas Carol
George C Scott, Nigel Davenport
1984, rating Sky U, 97 mins
1.45pm Magic in the Water
Mark Harmon, Joshua Jackson
Family adventure. *1995, rating Sky PG, 97 mins*

3.30
Barry Norman's Film Night
Movie news, reviews and interviews with top stars.

4.00 The Staircase
Karen Arthur, Diane Ladd, Barbara Hershey, William L Petersen, Justin Louis
PREMIERE Drama in which a nun's prayers appear to have been answered when a mysterious carpenter arrives unexpectedly to construct a new spiral staircase for the church. *1998, rating Sky PG, 92 mins*

6.00 Amy
Jenny Agutter, Barry Newman, Kathleen Nolan, Lou Fant, Chris Robinson, Margaret O'Brien
Following the death of her son and fed up with her husband's lack of support for her career, Amy Medford leaves home and takes a job teaching deaf children in this drama set at the turn of the century. *1981, rating Sky U, 106 mins*

8.00 The Odyssey
Armand Assante, Greta Scacchi, Geraldine Chaplin, Jeroen Krabbé, Christopher Lee, Irene Papas, Bernadette Peters, Eric Roberts, Isabella Rossellini
Adaptation of Homer's tale of the adventures of Odysseus. After his victory at Troy, the gods decide to test Odysseus and send him off-course, forcing him to battle the Cyclops, Poseidon and Hades. *1997, rating Sky 12, 144 mins*

10.30 Liar Liar
Jim Carrey, Maura Tierney, Justin Cooper, Jennifer Tilly, Cary Elwes, Amanda Donohoe
When Fletcher fails to show at his son's birthday party, his son makes a wish – that his father could tell the truth for just one day. By magic, his request is granted. Text *1997, rating Sky 12, 83 mins*

12midnight
The Deliverance of Elaine
Mare Winningham, Lloyd Bridges
Drama. *1996, rating Sky 15, 85 mins*
1.30am The Abyss
Ed Harris, Michael Biehn
Sci-fi. *1989, rating Sky 15, 134 mins*
3.50-5.30am Mute Witness
Thriller. *1995, rating Sky 18, 92 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Jules Verne's 800 Leagues Down the Amazon
1993, rating Sky PG, 83 mins
7.30 Bury Me in Niagara
1993, rating Sky PG, 88 mins
9.00 A Holiday for Love
PREMIERE Seasonal drama. *1996, rating Sky U, 90 mins*
11.00 Trail of Tears
1995, rating Sky PG, 88 mins
1.00pm Cinema Paradiso
1988, rating Sky PG, 118 mins

3.00 800 Leagues Down the Amazon
Daphne Zuniga, Adam Baldwin, Barry Bostwick, Tom Verica
Garral is on the run, having been accused of involvement in a major diamond heist, but hope arrives in the form of Roja, a bounty hunter who claims he can prove Garral's innocence. *1993, rating Sky PG, 83 mins*

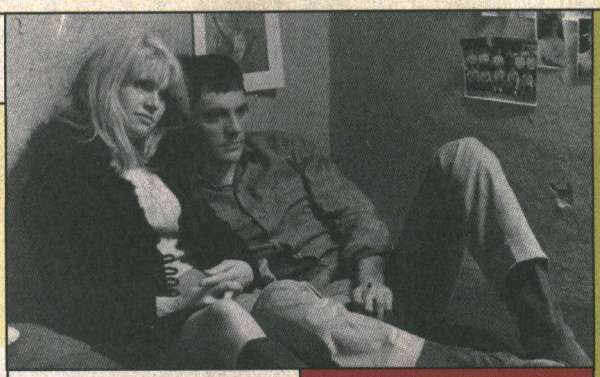
5.00 Bury Me in Niagara
Jean Stapleton, Geraint Wyn Davies, Shae D'Lyn, Denis Akiyama, Jayne Eastwood
Comedy in which a doctor operates on a Japanese gangster and discovers a rare jewel which he passes on to his nosy, meddling mother. But Mrs Mallory dies a few days later and is buried with the gem. *1993, rating Sky PG, 88 mins*

7.00 A Holiday for Love
Melissa Gilbert, Tim Matheson, Travis Tritt, Jayne Eastwood, Michelle Trachtenberg
When Jake Peterson is sent to his hometown at Christmas to close the local tractor company, he realises that it is up to him to fire the hard-working employees. Instead he decides not to tell anyone the real reason for his visit. *1996, 90 mins*

9.00 Gold in the Streets
Karl Geary, Ian Hart, Jared Harris, James Belushi
PREMIERE Drama. An Irishman emigrates to the US in search of the American dream. He moves to the Bronx to start his new life, but finds himself submersed in the immigrant community of the city and the hopes and dreams of the people he meets. *1996, rating Sky 15, 94 mins*

11.00 Turbulence
Ray Liotta, Lauren Holly
A flight attendant is looking forward to an easy shift but a mass murderer has other ideas. *1997, rating Sky 18, DS, 97 mins*

12.40am Don't Be a Menace to South Central While Drinking Your Juice In The Hood
1995, rating Sky 18, 85 mins
2.10 Escape to Nowhere
1996, rating Sky 18, 88 mins
3.45-5.30am Down, Out & Dangerous
1996, rating Sky 15, 87 mins



Taking a breather: Carol White and Terence Stamp star in 'Poor Cow'. FilmFour 8.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm The Blue Dahlia
Alan Ladd, Veronica Lake, William Bendix, Hugh Beaumont, Howard Da Silva, Doris Dowling, Tom Powers, Howard Freeman, Don Costello, Will Wright, Frank Faylen, Walter Sande
Thriller. A soldier returns from the forces to find that his wife has been cheating on him – but then she ends up dead. *1946, rating Sky PG, 95 mins*

6.00
The Notorious Landlady
Kim Novak, Fred Astaire, Jack Lemmon, Lionel Jeffries, Philippa Bevans, Dick Crockett, Henry Daniell, Scott Davey, Carter DeHaven, Brian Gaffikin
Mystery thriller in which a man takes a liking to a London woman who may have murdered her husband. *1962, rating Sky PG, 118 mins*

8.00
Joshua Then and Now
James Woods, Gabrielle Lazure, Alan Arkin, Michael Sarrazin, J Kenneth Campbell
Comedy drama in which a Canadian author attempts to turn his back on his father's dangerous past by marrying into a society family – with decidedly mixed results. *1985, rating Sky 15, 113 mins*

10.00 The Big Clock
Charles Laughton, Ray Milland
Thriller in which a publishing tycoon kills his mistress and subsequently sets one of his own editors on the story. *1948, rating Sky PG, 92 mins*

11.40 The Kremlin Letter
Orson Welles, Max von Sydow
Thriller. The race is on to find a fake treaty, which implies that America and the Soviet Union are to join forces in a war against China. *1970, rating Sky 18, 116 mins*

1.45am Father Brown
Alec Guinness, Peter Finch
1955, Rating Sky U, 87 mins
3.25-5.20am The Long Hot Summer
1958, rating Sky PG, 112 mins

MOVIE RATINGS

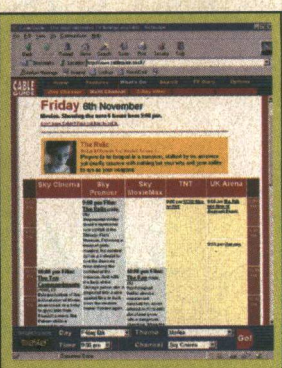
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Kiss Me Kate
Kathryn Grayson, Howard Keel, Ann Miller, Bobby Van
Adaptation of Cole Porter's Broadway musical hit about a theatre company attempting a musical version of *The Taming of the Shrew*. The lives of the players begin to parallel and intertwine with the characters from Shakespeare whom they are representing. *1953, 105 mins*

11.00 Shoot the Moon
Albert Finney, Diane Keaton, Karen Allen, Peter Weller
Emotional drama about the break-up of a marriage. *1982, 123 mins*

1.15am A Very Private Affair
Brigitte Bardot, Marcello Mastroianni, Gregor von Rezzori, Nicolas Bataille, Jacqueline Doyen
A dramatised view of the pressures of film stardom. *1962, 90 mins*
3.00-5.00am Kiss Me Kate
Kathryn Grayson, Howard Keel
Musical. *1953, 105 mins*



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FILMFOUR
ADD-ON CHANNEL

6.00pm
The Fireman's Ball
Jan Yostrill, Josef Sebanek
The story of a fire crew who are trying to organise a ball to celebrate the retirement of their commander, and choose a Queen of the Ball to make a presentation. *1967, 69 mins*

7.10
Ken Loach Documentary
Profile of the acclaimed director

8.00 Poor Cow
Carol White, John Bindon, Queenie Watts, Terence Stamp, Kate Williams, Laurie Asprey, James Beckett, Ray Barron
A grim portrayal of the life of a working class mother saddled with a criminal husband and a 'working' aunt who falls for her husband's friend. This drama led to the setting-up of Shelter. *1967, 97 mins*

10.00pm Carla's Song
Robert Carlyle, Oyanka Cabezas, Richard Loza
PREMIERE A Glaswegian bus driver woos a Nicaraguan refugee and agrees to accompany her back to her country to lay the ghost of her ex-lover. He then becomes the witness to a war he knows nothing about and witnesses the battles of the Sandinistas against the American-backed Contras. *1996, 120 mins*

12.05am Ladybird Ladybird
Crissy Rock, Vladimir Vega
Drama. *1994, 97 mins*
1.45 Riff-Raff
Drama. *1990, 95 mins*
3.20-6.00am Raining Stones
Drama. *1993, 87 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
NIL BY MOUTH
Powerful drama centred around the complex relationship between an alcoholic and his wife. Starring Ray Winston and Kathy Burke. *1997, rating Sky 18, 128 mins*
PLAYS AT 10.00pm, 12.30am, 3.00am

Sky Box Office 2
Channel 52
AIR FORCE ONE
Thriller in which the US president becomes trapped on board a hijacked plane. Stars Harrison Ford. *1997, rating Sky 15, 120 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
WORLD WRESTLING FEDERATION – CAPITAL CARNAGE
Flamboyant WWF stars including The Rock and The Undertaker fight for the title. PLAYS AT 5.00pm

Sky Box Office 3
Channel 53
MY BEST FRIEND'S WEDDING
Romantic comedy with Julia Roberts. *1997, rating Sky 12, 101 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
ALIEN RESURRECTION
Ellen Ripley returns from the dead with mutant DNA in her blood. Starring Sigourney Weaver. *1997, rating Sky 18, 105 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 7 De

SKY ONE
ACTION/ SELECTION PACKS

7.00 am The Simpsons Text
7.30 The Chris Evans Breakfast Show 8.30 Hollywood Squares 9.00 Sarah... Surviving Life 10.00 Sally Jessy Raphael 11.00 The Oprah Winfrey Show 12noon The Chris Evans Breakfast Show 12.55pm The Special K Collection 1.00 Days of Our Lives 1.55 The Special K Collection 2.00 Sally Jessy Raphael 2.55 The Special K Collection

3.00 Jenny Jones
She's Big and She's the Bomb – Jenny You Gotta Hook Me Up
3.55
The Special K Collection
Hosted by Sophie Allisstone.
4.00
Sarah... Surviving Life
Prince Andrew's ex-wife Sarah Ferguson hosts her own show in which she shares her experiences with the audience.
5.00 Star Trek: Deep Space Nine
Rules of Engagement
The Klingon Empire accuses Worf of wantonly destroying a Klingon civilian ship. Text
6.00
Married... With Children
Blonde and Blonder Text
6.30 Friends
The One with the Dozen Lasagnes Text
7.00 The Simpsons
Radioactive Man
Milhouse is unable to cope with the pressures of fame. Text
7.30 Real TV
Real-life video clips.
8.00 Star Trek: Deep Space Nine
Resurrection
The alternative universe double of Kira's slain love requests asylum on *Deep Space Nine.*
9.00 Sliders
Prophets and Loss
A cult whose followers are unknowingly sacrificed decide to send the Sliders to 'the Other Side'. Text
10.00 South Park
Jimbo and Ned

10.30 Seinfeld
The Betrayal
US comedy. Text
11.00 Friends
The One with the Dozen Lasagnes Text
11.30 Star Trek: Deep Space Nine
Rules of Engagement Text

12.30am Renegade
Baby Makes Three
Reno and Bobby must rely on their maternal instincts when they find a baby left on their doorstep.
1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 The House of Eliott 10.30 Angels 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 Juliet Bravo 2.00 Dallas 2.55 The Bill
Professional Opinion

3.25 The Bill
Testament
Croft looks into the death of a secretive woman.
3.55 EastEnders
More drama with the residents of Albert Square.
4.30 Angels
Medical soap set in St Angela's hospital.

5.00 All Creatures Great and Small
Calf Love
Siegfried wins a major victory, and Tristan has to deal with pigs in more ways than one.
6.00 Due South
I Could'a Been a Defendant
Fraser, Ray and a TV camera crew witness a man saving a young boy's life, but the rescuer proves to be a reluctant hero.
7.00 May to December
Too Close for Comfort
Alec pays for believing that he and Zoe are the only tolerant people left in Pinner.
7.40
It Ain't Half Hot, Mum
Monsoon Madness
Lofty Sugden goes slightly crazy in the boiling heat.
8.20 Dad's Army
Put That Light Out
9.00 Prince
In the confined space of a Sixties working-class terrace the most important member of the family is a huge Alsatian dog. Years later the daughter of the house returns to a cemetery in an attempt to understand. Stars Sean Bean, Celia Montague and Jackie McGuire
10.35 More Specially Selected Canned Carrott
A 40-minute compilation special, containing the choicest cuts of the comedian.
11.25
Sports Anorak of the Year
11.55 The Bill

12.25am The Bill
12.55 Spender
The Homecoming
1.55-2.55am FILM: The Trail Beyond
John Wayne, Verna Hillie
Western. *1934*

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 The Roseanne Show
9.50 The Jerry Springer Show
10.40 Michael Cole
11.30 Brookside
12noon Living Issues
12.30pm Rescue 911
1.00 Beyond Belief
Mystery anthology series.
1.30 Ready, Steady Cook
2.05 Rolonda
2.55 Living it Up!
Lifestyle magazine show featuring celebrity guests, fashion advice and a team challenge.

3.55
The Jerry Springer Show
Entertaining and informative talkshow with the host who isn't afraid of being controversial.
4.45 Tempestt
You Might Think I'm Ugly... But This is the Look!
Entertaining talk show hosted by Tempestt Bledsoe, a former star of *The Cosby Show.*
5.35
Can't Cook, Won't Cook
Two hopeless cooks create a family favourite.

6.10
The Jerry Springer Show
Outrageous American talk show in which the host and his guests engage in lively debate.
7.00 Rescue 911
Nail-biting stories of real-life rescue operations by American emergency services.
7.30 Beyond Belief
Anthology mystery series.
8.00 Ally McBeal
Silver Bells
A case involving a young man with two wives causes Ally, Billy and Georgia to examine their relationship.
9.00 FILM: No One Could Protect Her
Joanna Kerns, Anthony John Denison, Peter MacNeill, Lori Hallier, Dan Lauria
Nightmarish suspense story, based on an actual case, about a stalker who will not give up his prey. The psychopathic killer has committed a string of violent crimes and becomes obsessed with an innocent woman. *1995*
11.00-12midnight
The Spicy Sex Files
Erotic Rubber
Late night chat show dealing with the imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am The Box 7.00 On the Buses 7.30 The Fenn Streett Gang 8.00 Surgical Spirit 8.30 No Honestly 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Piglet Files 1.30 Watching 2.00 thirtysomething

3.00 The Casebook of Sherlock Holmes
Illustrious Client
Detective drama. A beautiful woman is about to marry into a lot of danger.
4.00 The Professionals
The Man Without a Past
Bodie is suspended from duty and embarks on a solo trail of revenge after a bomb leaves his girlfriend critically injured.
5.00 Hawaii Five-0
The Odd-lot Caper
McGarrett must tackle a senior partner in a stockbroking company who has a daring plot to rob $40 million.
6.00 Emmerdale
Sarah and Jack attend a nativity play with a difference.
6.30
Classic Coronation Street
Alf proposes to Audrey Potter.
7.00 Mission: Impossible
The Condemned
Jim Phelps comes to the aid of a personal friend who has been condemned to death for a murder he did not commit.
8.00 The Professionals
The Man Without a Past
Bodie is suspended from duty and embarks on a solo trail of revenge after a bomb leaves his girlfriend critically injured.
9.00
Classic Coronation Street
Alf pops the question to Audrey.
9.30 Sez Les
10.00 Jokers Wild
10.30-11.00pm
Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Rally World
Eric Michell presents rally action from around the globe.
11.30 Car File
This edition profiles the new Nissan Micra.
12midnight 2 Wheels
All the latest bikes from this year's NEC Bike Show.
12.30am Motor Week
Topical motoring news programme.
1.00 E! Uncut
Morgan Freeman.
1.30 E! Talk Soup
2.00-6.00am The Box

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

MONDAY CONTINUES OVERLEAF...

Tots TV 8.00 Ge... 8.45 Winni... Shelf 9.15 Poc... 9.55 Toothbrush 10... Tots TV 10.30 Let's Wig... Garage 10.50 PB and J 11... St 12noon Spot 12.05pm Anim... 12.15 Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.15 Tots TV 1.30 Let's Wiggle 1.35 Garage 1.50 PB 2.00 Winnie 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of Ariel, the mermaid.
3.30 Timon and Pumbaa
Fun in the jungle. Text
3.45 Aladdin Text
4.10 101 Dalmatians
Animated series based on the legendary children's favourite. Text
4.40 Art Attack
Award-winning art show. Text
5.00 Smart Guy
More trials and tribulations from TJ, the teenager who's too clever for his own good. Text
5.30 Microsoap Text
5.45 Recess Text
6.00 The Wonder Years
Mad, Mad Madeline World
Kevin and Winnie face problems again. Text
6.30 Boy Meets World
New Friends and Old Text
7.00 Pepper Ann
A look at the perils of teenage life. Text
7.15 Brotherly Love
The Comic Con Text
7.45 Microsoap Text
8.00
FILM: The Goodbye Bird
Christopher Pettiet, Cindy Pickett
Francis Phillips is a rebellious boy who, by his continued bad behaviour, is jeopardising his single mother's custody of him. But it's a naughty parrot who really causes trouble. *1993* Text
9.30-10.00pm Microsoap
Sitcom looking at the problems of today's youth.

3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

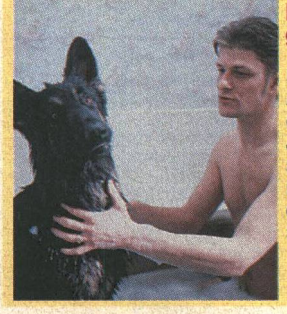
FILM

Joshua Then and Now
Sky Cinema 8.00pm
It's not often that James Woods does a quirky comedy, and in this, one of his earliest leading roles, he plays a young Canadian author determined to put his father's dangerous past behind him. Woods marries into high society, but the results are not everything he hoped for.

GENERAL

Classic Coronation Street
Granada Plus throughout the day
It's time to journey back to Weatherfield for more classic 'Corrie' and to watch how Alf proposes to Audrey, who then reacts in a most unexpected way. Meanwhile, changes are afoot at the Rovers as Annie launches an unsuccessful 'happy hour'.

ADVERTISEMENT



PRINCE
9.00PM
UK GOLD

UK Gold drama premiere. A first screen play for columnist and novelist Julie Burchill. Strongly autobiographical, *Prince* is the story of an Alsatian dog who dominates a family. Sean Bean stars.

nday 7 December

OSPORT
WS & SPORT/ ECTION PACKS

SKY SPORTS 1
PREMIUM CHANNEL

SKY SPORTS 2
PREMIUM CHANNEL

SKY SPORTS 3
PREMIUM CHANNEL



Benito Carbone's team Sheffield Wednesday host Nottingham Forest. Sky Sports 1 7.00pm – Live

SCI-FI
ACTION PACK

MOR

m Bobsleigh
Alpine Skiing
tion from the Women's World Cup in Mammoth Mountain, US.
9.30 Alpine Skiing
10.30 Skeleton
11.30 Ski Jumping
1.00pm Alpine Skiing
Coverage of the World Cup in Whistler, Canada.
2.00 Fishing
Highlights of the 1997 Marlin World Cup, from Mauritius.

7.00am Ford Football Special: Middlesbrough v Newcastle 8.30 Racing News 9.00 Aerobics 9.30 Wild Spirits 10.00 Scottish Football 11.00 Football Cup Special: FA Cup 12noon Aerobics 12.30pm What a Weekend 1.00 Ford Football Special: Middlesbrough v Newcastle 2.30 Spanish Football
All the latest coverage of the Primera Liga.

7.00am Aerobics Oz Style
Daily workout from down under.
7.30 Racing News
8.00 World Pool Masters
All the latest action from the Lakeside Shopping Centre in Thurrock, Essex.
9.00 Ford Golf USA: JC Penny Classic
11.00 Golf: Australian Open
2.30pm Golf: Sun City Million Dollar Challenge
Highlights from one of the best golf courses in the world as the Sun City Million Dollar challenge reaches a momentous climax.

12noon NFL
Coverage from the States as the Sky Sports' cameras cross the Atlantic to a top match on the gridiron, where two teams chase a coveted place in the Superbowl. Mike Carlson and Nick Halling present the explosive clash.
Repeated from Sunday.

7.30am Bloomberg Information Television
8.00 Sightings
9.00 Battlestar Galactica
10.00 Quantum Leap
11.00 Dark Shadows
11.30
New Alfred Hitchcock
12noon The Twilight Zone
1.00pm
Tales of the Unexpected
2.00 The Invisible Man

3.00 PM

3.30pm
Ice Hockey: Benson & Hedges Final
Coverage from the rink where two sides meet in the Benson & Hedges Cup Final. Presented by Dominik Holyer with commentary from Steve James and rinkside reports from Nick Rothwell.
Repeated from Saturday.

3.00
Battlestar Galactica
War of the Gods
An alien with mysterious powers joins the Galactica fleet.

4.00 PM

4.00 Ski Jumping
Another chance to catch the World Cup coverage from Chamonix.

4.00 Futbol Mudial
A look at world's football.
4.30 V-Max
An insight into the world of speed on land, water and in the air.

4.00 Amazing Stories
Magic Saturday
4.30 Mysteries, Magic and Miracles
Patrick Macnee travels the world in search of miracles.

5.00 PM

5.30 Bowling
Highlights of the Masters in Reno, Nevada.

5.00
World Pool Masters
All the latest action from the Lakeside Shopping Centre in Thurrock, Essex.

5.00 Football League Review
All the best Nationwide action.

5.30 Athletics: Sabah Climbathon
Catch the most recent athletic action from the climbathon.
6.30
World Windsurfing
The latest action from the crest of the wave.

5.00 Sightings
Bioperfection: The New Human Race
Extraordinary real-life stories involving luck, superstition, or UFOs.

MUTV
ADD-ON CHANNEL

6.00 PM

6.00
Sky Sports Centre
6.30 What a Weekend
The show that looks back on another action-packed sporting weekend.

6.00 Table Tennis: Yugoslav Open
Another chance to catch the most recent events from the table tennis championships.

6.00pm Game On Live
6.15 The Insiders
Man U's unsung heroes.
6.30 Kids Clinic
Tips and advice from the Reds' star-studded squad.

6.00 Time Trax
A Mysterious Stranger
Darien's efforts to find a 22nd-century fugitive are complicated by an unexpected encounter.

7.00 PM

7.00 Extreme Sports
YOZ Mag
Highlights of the best, recent adrenalin pumping action.

7.00 Ford Monday Night Football: Sheffield Wednesday v Nottingham Forest – LIVE
Action from Hillsborough as Danny Wilson's team take on Nottingham Forest. Both teams have gone through several changes in personnel in recent seasons and are looking for a return to stability on and off the pitch. Presented by Richard Keys and Andy Gray with commentary from Alan Parry and Trevor Francis.
10.15
Sky Sports Centre
All the major sporting news.
10.30 Football League Review
A look at all of the action from the Nationwide League with every goal scored in the first, second and third divisions.
11.30 V-Max

7.00
World Motor Sport
Catch up with the fast and furious action from the race-track.

7.00 Tennis: Davis Cup Final
Highlights from this year's Davis Cup Final between Italy and Sweden at the Forum in Milan. The two countries have played each other 18 times, with Italy winning 11 of the meetings.

7.00 Red Hot News
News from Old Trafford.
7.30
Red Legends Special
With Denis Law, Lou Macari and Norman Whiteside.

7.00 Quantum Leap
Blind Faith
Time-trapped scientist Sam Beckett returns to the Sixties as a blind concert pianist.

8.00 PM

8.00 Karting
Archive action from the Elf Masters in Paris-Bercy, France. With competitors, Ayrton Senna, Alain Prost, and Michael Schumacher.

8.00 Supermatch: European Classic – Manchester United v LKS Lodz
Action from the 'Theatre Of Dreams' as the Reds battle with East European side LKS Lodz in a bid to qualify for the 1998 Champions League. A classic encounter from earlier this year.

8.00 Sightings
The Living Dead
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

9.00 PM

9.00 Sumo
Highlights of the fifth part of the Grand Sumo Tournament in Fukuoka, Japan.

9.00 PSI Factor – Chronicles of the Paranormal
Dream House/ UFO Encounter
The team hunts a poltergeist.

10.00 PM

10.00 Football
Eurogoals magazine.

10.00 Dickie Davies's Sporting Heroes: Sir Roger Bannister
An in-depth interview with the first man to break the four-minute mile.

10.00 It's Your Shout
Celebrity show with off-the-wall features and frenetic phone-ins.
10.45 Masterfan
Quiz to find the most knowledgeable fan.
11.15 Jump 'n' Pump
Energetic aerobics show.
11.30-12midnight Red Hot News
News from Old Trafford.

10.00
FILM: Hemoglobin
Rutger Hauer, Roy Dupuis Kristin Lehman, Leni Parker
A chilling tale of human evolution gone horribly awry over three centuries.

11.00 PM

11.30-12.30am Boxing
Another international contest from inside the boxing ring.

11.00
World Windsurfing
Catch up on all the latest news.
11.30
Table Tennis: Yugoslav Open
12.30am Powerboats: 1st Class Offshore Powerboat Team
1.30 V-Max
2.00-2.15am
Sky Sports Centre

11.00-11.30pm
Motor Racing: Golden Age of Motor Racing
A drive down motor racing memory lane. Relive magical moments with action from the world's circuits.

12.00 NIGHT TIME

12midnight
Sky Sports Centre
12.15am Ford Monday Night Football: Sheffield Wednesday v Nottingham Forest
2.15 Football League Review
3.15-3.30am
Sky Sports Centre

12midnight PSI Factor – Chronicles of the Paranormal
Dream House/UFO Encounter
1.00am Hemoglobin
3.00 The Twilight Zone
3.30-4.00am Dark Shadows
Gothic soap.

ITV2
ACCESS PACK

7.00pm It Takes 2
ITV2 launch programme.
8.00 Sport on 2
A preview of the new channel's sports offerings.
8.30 Maggie Winters
US sitcom.
9.00 I Suppose You Think That's Funny
NEW SERIES Comedy panel game.
9.30 Trevor McDonald Meets...

NEW SERIES ITV's most famous newsreader hosts a series of celebrity interviews.
10.00 Coronation Street
Another chance to catch up with the episode shown earlier today on ITV.
10.30 A Date with Robson: Touching Evil
A double episode of the second series of the crime drama starring Robson Green.
12.30am-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight Free View
12.10am Dirty Talk
12.20 Adult Feature
12.45 FILM: DJM 5
Erotic feature.
1.00 Free View
1.05 FILM continues
2.00 Exhibitionists
2.25 FILM: Adult Feature
4.10-5.30am
FILM: Angel Baby

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Gay Night: Man Hunt 12.10am Gay Night
12.20 Gay Night: Man Hunt 12.35
Gay Night: Adult Feature
1.20 Gay Night
1.35 Gay Night: Man for Man
2.35 Gay Night
2.50 Sexual Feeling
3.45-4.00am British Men

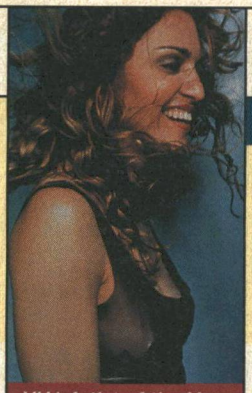
Adult Nightview is now available as a TV on-demand service at £3.95 per night. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Private I
Anneline Kriel, Andre Jacobs
Comedy.
9.35 Savage Justice
Julia Montgomery Steven Memel
Action adventure.
11.00 Lovers' Paradise
Andrea Riave, Ashley, Bambi, Danielle, Debra
Erotic feature.

Monday 7 December



VH1 Artist of the Year Madonna has the week devoted to her in 'Madonnarama'. VH1 from 8.00am

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Nation L!VE/BodyHeat 6.30 Home Shopping 7.00 Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 What's in the Box/BodyHeat 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Judge Judy 11.30 What's in the Box/BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 What's in the Box/BodyHeat

3.00
Back to Back Babes
3.30 Lie Detector
Uncovering deception.
3.58
Cello News Network
4.00 The Why Files
4.30 Judge Judy
The feared American judge with another case.
4.58
Cello News Network
5.00 Agony
Moral dilemmas are dramatised, discussed and then advice offered.
5.58
Cello News Network
6.00 Fashion Show
6.30 BodyHeat
6.45
Back to Back Babes
6.58
Cello News Network
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
7.58
Cello News Network
8.00 The Why Files
Psychic investigations.
8.27
Tiffani's Big City Tips
8.30 Judge Judy

9.00 Sport at Nine: Women's Wrestling
Leotard-clad grappling.
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00 Brief Affairs
Sexy shenanigans with the licentious lawyers.
10.27 Big City Tips
10.30 Exotica Erotica
11.27 Big City Tips
11.30 Blue Review
11.45 Private Dancer
11.57 Topless Darts
12midnight Brief Affairs 12.30am Janeycam 12.45 Home Shopping 1.00 Exotica Erotica 2.00 Blue Review 2.15 Private Dancer 2.30 Brief Affairs 3.00 Agony 3.30 Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Box

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
Tom O'Connor poses crossword conundrums.
5.30 Prize Time
5.45 Family Fortunes
Two families compete with each other for big money. Presented by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 100 Per Cent
The general knowledge gameshow without a host.
7.45 Prize Time
7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world, to win a prize in the Dome.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore asks contestants to choose top, middle or bottom.
9.45 Prize Time
10.00 Endurance UK
Paul Ross hosts the torturous gameshow.
10.30 Prize Time
10.45 The Cooler
Donna Air trawls through the trendy world of trash.
11.15 Prize Time
11.30
Carnal Knowledge
Saucy quiz show with Graham Norton.
12.30am Love at First Sight 1.00 Strike it Lucky 1.30 The Pyramid Game 2.00 Cross Wits 2.30 Family Fortunes 3.00 Endurance UK 3.30 Blockbusters 4.00 Fifteen to One 4.30 Give Us a Clue 5.00-6.00am Shopping with Screenshop

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Restaurant Show 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Coxon's Kitchen College 12noon Network 12.30pm Winter Nosh 1.00 Food for Thought 1.30 Real Cooks 2.00 Hong Kong 2.30 Network 3.00 Slice of Life 3.30 Coxon's Kitchen College 4.00 Vin Ordinaire 4.30-5.00pm Umbrian Kitchen

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
With Simon Biagi.
6.00 London Bridge
Lucy finds her father.
6.30 Rising Damp
That's My Boy
Miss Jones turns up with a baby to Rigsby's horror.
7.00 Boon
Have a Nice Day
Ken and Margaret try to track down a missing man who has disappeared with the firm's money.
8.00 Birds of a Feather
Okey-Cokey-Karaoke
Sharon and Tracey are desperate for a holiday.
8.30 Kind of Living
With Richard Griffiths.
9.00 The Ruth Rendell Mysteries: Put On by Cunning
Tragedy strikes just as the famous flautist Manuel Carmargue is about to marry his 30-year-old fiancé and the ensuing investigation reveals some interesting facts. Stars George Baker, Rossano Brazzi and Cherie Lunghi.
11.00 Men of the World
Team Table
Lenny and Kendle fall out over a pub quiz contest.
11.30 Safe and Sound
Near Miss
12midnight
Pull the Other One
Paul Coia hosts the mendacious gameshow in which celebrities have to lie their way to victory.
12.30am-1.00am Gridlock
Simon Biagi presents the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon Wild at Heart
Cape Penguins of South Africa
12.30pm Wild Veterinarians
Doctor Turtle
1.00 Animal Doctor
1.30 Nature Watch with Julian Pettifer
Dean Freeman – Pets at Any Price
2.00 ESPU
The Poacher's Story
2.30 Human/Nature
With Olivia Newton-John.
3.30 Zoo Story
A look at life at London Zoo, where zoo staff take care of hundreds of exotic animals.
4.00 Jack Hanna's Animal Adventures
Safari Through Masai Mara
4.30 Wildlife SOS
A hedgehog used as a football gives birth.
5.00 Harry's Practice
A look at the work of vet Harry Cooper.
5.30 Nature Watch with Julian Pettifer
The Perfect Family Dog
6.00 Kratt's Creatures
Under the Canopy
6.30 Lassie
Timmy Falls in a Hole
Lassie and Timmy get trapped down a mine.
7.00 Animal Planet Classics: Papua New Guinea
Crocodile Men
Exploring the Sepik River in Papua New Guinea.
8.00 Animal Doctor
A behind-the-scenes look at the work of the RSPCA.
8.30 Triumph and Tragedy on the Greatest Reef
Looking at the Great Barrier Reef of Australia.
9.30 Emergency Vets
A difficult decision arises when a dog is diagnosed with an inoperable tumour.
10.00 The Vet
Animal Farm
10.30 Australia Wild
Rivers of Fire
The fight to protect North Queensland's caves.
11.00
The Big Animal Show
Animals of Savannah
11.30-12midnight
Emergency Vets
A dog is hit by a car.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.00 Now Get Out of That 9.30 The Kon-Tiki Man 10.00 It'll Never Work 10.30 Crime Limited 11.00 Hotel 11.30 Vet School 12noon The Skipper 12.30pm UFO Diaries 1.00 The Body in Question 1.30 Tomorrow's World Plus 2.30 Doctors to Be
Finals
3.30 Sylvania Waters
Dionne, feeling guilty about her planned hen party, pushes Paul into having a party of his own.
4.00
Tha Private Life of Plants
Surviving
5.00 Tomorrow's World Plus
Peter Snow and Philippa Forester present the science and technology programme.
6.00 Zoo's Company
Life behind the scenes in a major zoo.
6.30 Mysteries with Carol Vorderman
Real-life mystery stories.
7.00 War Walks
8.00 Wildlife on UK Horizons
Earwig
8.30 Incredible Journeys
A Caribou's Trek
9.00 Lenin's Secret Files
A report on secret documents that reveal the truth behind the myth of Lenin.
10.00 Children's Hospital – Special Edition
10.30 Born to Be Wild with Martin Clunes
Martin Clunes assists a team from the Born Free Foundation in the release of a 26-year-old elephant.
11.30 Top Gear GTi
Testing the latest models and casting an experienced eye over the hottest motoring news.
12.30am-1.00am
UFO Diaries
Exploring UFO mysteries of the 20th century including cover-ups, alien abductions and the Bermuda Triangle.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime
8.00 E! Fashion Emergency
8.30 E! Extreme Close-Up
9.00 Sally Jessy Raphael
10.00 The View
11.00 The Good Housekeeping Show
11.30 Gorgeous Gardens
12noon Club Vegetarian
12.30pm Pot Luck
1.00 Livetime
2.00 The View
3.00 Livetime
Magazine programme which puts viewers in direct touch with the experts and celebrity guests live on air.
4.00 Pot Luck
Culinary challenge.
4.30
Gorgeous Gardens
Gardening magazine, presented by Lisa Davis.
5.00-6.00pm Sally Jessy Raphael
American talk show in which Sally and her guests engage in lively debate.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Eternal Enemies
Lions and Hyenas
Looking at the fierce competition that is part of this ancient internecine war.
8.00 Windborn
A Journey into Flight
Follow the story of a family whose great passion led them to pioneer this exhilarating pastime.
9.00
The Rolling Saint
Follow Lotan Baba, a follower of the God Vishnu, who set out on a 4,000 kilometre rolling penance.
10.00 The Shakers
A look into the misunderstood world of the Shakers, United Society of Believers who promoted feminism.
11.00
Beyond the Clouds
The Value of Life
Phil Agland presents a look at the fabric of Lijiang, a small town in China,
12midnight-1.00am
They Never Set Foot on the Moon
This programme takes a unique look behind the scenes at the Russian space programme through contemporary interviews and archival footage.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm US Top 20
3.00 Bytesize MTV
The best clips from MTV around the world.
4.00 Select MTV
6.00 Real World Seattle
Real-life drama with a group of young people living is Seattle.
6.30 Say What?
Looking at the hilarious ways in which people mishear lyrics.
7.00 Hitlist UK
The hottest hits.
8.00 MTV Hot
Richard Blackwood and Sara Cox host the irreverent glimpse at the latest music, news and gossip.
9.00 Bytesize MTV
The best clips from MTV around the world.
10.00 Up for It
Eddy Temple Morris and Zane Lowe present late night madness.
11.00 UK Singled Out
Outrageous dating show.
11.30 Celebrity Deathmatch
12midnight Superrock
2.00am-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video Madonna Special 9.00 Upbeat 12noon Ten of the Best: Katrina and the Waves 1.00pm Greatest Hits of ... The Bee Gees 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour 7.00 Hits 8.00 Album Chart Show 9.00 Ten of the Best: Madonna 10.00 Pop-Up Video Madonna Special 10.30 Ed Sullivan 11.00 Madonna Rising 12midnight Country 1.00am Neil Finn 2.00-6.00am Late Shift

TRAVEL
ACCESS PACK

12noon Worldwide12.30pm Getaways 1.00 Holiday Maker 1.30 Food Lovers' Australia 2.00 Flavours of France 2.30 Secrets of India 3.00 Mekong 4.00 Go 2 4.30 Across the Line 5.00 Amazing Races 5.30 People Places of Africa 6.00 Food Australia 6.30 On Tour 7.00 Worldwide 7.30 Getaways 8.00 Holiday Maker 8.30 Go 2 9.00 Mekong 10.00 Secrets of India 10.30 Across Line 11.00 On Tour 11.30-12midnight People and Places of Africa

UK STYLE
LIFESTYLE PACK

7.00am Holiday in Style 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Madhur Jaffrey's Flavours of India 10.00 Leisure Hour 11.00 Change That 11.30 Off the Beaten Track 12noon The Terrace 12.30pm Style Challenge 1.00 Ready, Steady, Cook 1.30 Floyd's American Pie 2.00 Change That 2.30 Ground Force 3.00 Stefan's Garden Roadshow 3.30 The Face 4.00 Travel Xpress 4.30 Travel Xpress 5.00 All Over the Shop 5.30 The Leisure Hour 6.30 The House Doctor 7.00 How Does Your Garden Grow? 8.00 House in France 8.30 Change That 9.00 Style Challenge 9.30 Ready, Steady, Cook 10.00 Antiques Roadshow 11.00 Growing Places 11.30 Stefan's Garden Roadshow 12midnight All Over the Shop 12.30am-1.00am Heaven in Your Hands

Monday 7 December

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Joy of Painting 6.30 Gardeners' Diary 7.00 Garden Club 7.30 Our House 8.00 Rex Hunt 8.30 Doorstep DIY 9.00 Joy of Painting 9.25 Home and Leisure House 9.30 Gardeners' Diary 10.00 Garden Club 10.30 Our House 11.00 Rex Hunt 11.30 Doorstep DIY 12noon Home Again 12.30pm The House 1.00 A Cook on the Wild Side 1.30 In the Workshop 2.00 Our House Down Under 2.30 Gimme Shelter 3.00 Two's Country 3.30-4.00pm This Old House with Steve and Norm

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing World
Rex offers more fishing tips.
4.30 Walker's World
Papua New Guinea
Anna visits the Sepik basin.
5.00 Flight Deck
747 400 Series
5.30 Jurassica
Prehistoric Sharks
A look at the Megalodon, of 11 million years ago.
6.00 Animal Doctor
Follow RSPCA doctors as they respnd to calls of cruelty to animals.
6.30 Dragons of Komodo
A look at the ruling predators in Indonesia.
7.30 Beyond 2000
Popular science magazine with the latest innovations in the world of technology.
8.00 Kenya's Killers
A focus on the beautiful and fearsome animals that live in the Musiara Marsh in the heart of Kenya's Masai county.
9.00 Raging Planet
Blizzard
Exploring snow which has killed tens of thousands of people and led to the mass extinction of animals.
10.00 Empire of the East
Intrigue in Istanbul
NEW SERIES Plots to seize Istanbul date back as far as the 13th century.
11.00 Wings
Doomsday Mission
How the 'doomsday machine' had the ability to deliver nuclear capabilities over the Soviet Union.
12midnight Nightfighters
The Hunters
1.00am Flight Deck
747 400 Series
1.30-2.00am Ancient Warriors
Soldiers of Pharaohs
To claim a bounty, a warrior had to produce the hand of a slain victim.

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
Dougal plans revenge.
3.00 Emmerdale Farm
Lesley Pearce comes looking for her husband.
3.30-4.00pm Emmerdale Farm

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Fruitties 6.00 Blinky Bill 6.30 Tabaluga 7.00 Johnny Bravo 7.30 Animaniacs 7.45 Dexter 8.00 Cow and Chicken 8.15 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas 10.30 Fruitties 11.00 Tabaluga 11.30 Dink 12noon Tom and Jerry 12.15pm Bugs and Daffy 12.30 Road Runner 12.45 Sylvester and Tweety 1.00 Popeye 1.30 Droopy 2.00 Top Cat 2.30 The Addams Family

3.00 Taz-Mania
Devilish antics from down under.
3.30 Scooby-Doo
Canine crime-busting with the super sleuth gang.
4.00 Mask
Based on the hit movie.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Cow and Chicken
More trouble from the mismatched siblings.
5.30 Freakazoid!
Animated fun.
6.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Batman
More caped-crusading.
7.30 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
8.00 Scooby-Doo – Where are You?
Canine crime busting.
8.30-9.00pm Beetlejuice



The first Tsar of Russia is profiled in 'Biography: Ivan the Terrible'. The History Channel 7.00pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Defending Empires
Jungle Battle – Burma
Follow the story of the land battles fought in Burma.
5.00 Eagles of the Crown
6.00 Ancient Mysteries
Miraculous Canals of Venice
7.00-8.00pm Biography
Ivan the Terrible
A look at the child born in 1530, who would be crowned the first Tsar of Russia.

NICKELODEON
FAMILY PACK

6.00am Fraggle Rock 6.30 Muppet Babies 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 Magic School Bus 11.30 PB Bear/Ivor the Engine/ Magic Mountain/Captain Pugwash/Oscar's Orchestra 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Rocky the Dodos/Bagpuss/Mr. Men 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Classic animation from the BBC archives.
3.30 Angry Beavers
Furious fun.
4.00 Catdog
Animated antics.
4.30 Rugrats
Fun with the tousle-haired nippers with the over-fertile imaginations.
5.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel
Teen comedy.
6.00 Sabrina
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of rich teenager Cher.
7.30 Desmond's
8.00 Roseanne
Tolerate Thy Neighbour
8.30 Just Shoot Me
The Emperor
Maya gets into trouble with a famous fashion designer.
9.00 Cybill
The Love of Her Life
Cybil confesses that she seduced her director.
9.30 Seinfeld
The Revenge
10.00 Frasier
Come Lie with Me
Frasier is uncomfortable with Daphne's boyfriend.
10.30 Cheers
Strange Bedfellows
11.00 Festival of Fun I
With Lee and Herring.
11.30 The Larry Sanders Show
Hank's Night in the Sun
Larry gets food poisoning.
12midnight Late Night with David Letterman
1.00am Taxi
Sitcom with Danny DeVito.
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Hooperman
3.30-4.00am Nightstand

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Globetrotter
12noon Earth Journeys
12.30pm Getaway
1.00 Around the World
1.30 Holiday Reflections
Tunisia
2.00 Islands of Australia
3.00 Globetrotter
Russia, Bali and Alaska
3.30-4.00pm Earth Journeys
Mexico

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 6.30 Power Rangers Turbo 7.00 Mortal Kombat 7.30 Donkey Kong Country 8.00 Goosebumps 8.30 Beetleborgs Metallix 9.00 Masked Rider 9.30 The Incredible Hulk 10.00 Iron Man 10.30 X-Men 11.00 Spiderman 11.30 Life with Louie 12noon Ace Ventura 12.30pm Casper 12.45 Toonsylvania 1.00 Sam and Max 1.15 Home to Rent 1.30 The Incredible Hulk 2.00 Iron Man 2.30 X-Men

3.00 Spiderman
Superheroic action.
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
The warriors do battle.
4.00 Spiderman Double Bill
Enjoy a double bill of this exciting superheroic adventure series every day.
5.00 Goosebumps
Another round of spooky stories.
5.30 Eerie, Indiana: The Other Dimension
Out-of-this-world series.
6.00 Donkey Kong Country
6.30-7.00pm Mowgli: The New Adventures of the Jungle Book

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Open Shop!
7.00 The Toy Box
7.30 The Gold Collection
8.30 Labels
9.30 Christmas Gifts
10.00 The Hollywood Collection
11.00 Beauty Secrets
12noon Global Cuisine
1.00pm Bargain Shop!
2.00 Open Shop!
3.00 The Clothes Line
4.00 Y Zone
5.00 Shop! Selection
6.00 Christmas Gifts
Present ideas for everyone.
7.00 The Early Years
8.00 On Screen
Fantastic offers on computers and accessories.
9.00 The Clothes Line
10.00 Plugged In
11.00 Cook's Den
The latest looks for stylish kitchens.
12midnight Bargain Shop!
1.00am Shop! Selection
2.00 Yours Personally
2.30 Bears and Dolls
3.30 Junior Choice
Cool children's fashion.
4.30 The Clothes Line
Ladies' fashion from Berkertex.
5.30-6.00am Shop! Selection

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Wrestling Federation Special at 6.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News 8.00 News 9.00 News 9.30 World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 4.00 Newsday 5.00 Newsday 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 UK Direct 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Managing 7.30 Sport 8.30 Showbiz 10.30 Sport 11.30 American Edition 11.45 World Report 12.30pm Pinnacle Europe 1.15 Asian Edition 1.30 Biz Asia 2.30 Insight 4.30 Artclub 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 4.15 American Edition 4.30-5.00am Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Special Report 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 CBS Evening News 5.30-6.00am Special Report

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin 7.05 Journal 7.30 Le Journal du Temps 7.35 Quatre et Demi 8.00 Minutes 8.05 Polémiques 9.00 Minutes 9.05 Reflets 10.00 Minutes 10.05 Zig Zag Café 10.45 Gourmandises 11.00 Minutes 11.05 Voilà Paris 11.33 Journal 11.55 Le Journal du Temps 12noon Spécial Cinéma 2.00pm Journal International 2.15 Outremers 3.15 Voilà Paris 3.45 Bus et Compagnie 4.30 Minutes 4.35 Pyramide 5.00 Questions pour un Champion 5.30 Journal 6.00 Voilà Paris 6.25 Un Livre, un Jour 6.30 Journal 7.00 Envoyé Spécial 9.00 Journal 9.30 Kiosque 10.30 Mise au Point 11.15 French Focus 11.25 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Phanda 5.00 Inspector Vijay 5.30 Uran Chadini 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Swabimaan 12.30am A Mouthful of Sky 1.00 FILM 4.00 Inspector Vijay 4.30 Uran Chandini 5.00 Aashiana 6.00 Bhakti Sagar 6.30 News 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Zindagi 6.30 Beegi Ke Pg 7.00 Jaagran 7.30 News 8.00 Ru-ba-ru 8.30 Sailaab 9.00 Daastan 9.30 Mujhe Chaand Chahiye 10.00 Awaazain 11.00 Jhat Pat Khana 11.30 Parampara 12noon FILM: Jo Dar Gaya Woh Mar Gaya 3.00pm Ikke Pe Ikka 3.30 Do Aur Do Paanch 4.00 Campus 4.30 Quiz 5.00 Andaz 5.30 Chahat Aur Nafrat 6.00 Music Mag 6.30 Teacher 7.00 Ghar Jamai 7.30 Filmi Baatein 8.00 News 8.30 Gumrah 9.00 Sa Re Ga Ma 10.00 Shapath 10.30 Mysteries 11.30 Blunt 12.30am Aap Ki Adalat 1.00 Chashme Baddoor 1.30 Raahat 2.00 FILM: Ennaaku Ou Magal 4.30 An Hour with 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Billy Joe Dougherty 5.30 Jack Van Impe Presents 6.00 Jerry Savelle/Heart Connection 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day 8.15 Money Matters 8.30 Catch the Fire 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Power of Praise 10.30 A Call to Prayer – Lynn Hammond 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Money 3.19 Clips 3.49 Boarding pass 4.24 Sports 4.49 Ask the IFA 5.27am Weather

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30am Select Committees 2.30pm The House of Commons 11.00 The Record 11.30-12midnight European Focus