SKY MOVIES SCREEN 1
Astra V 11.436GHz

06.00 **The Way West** (1967) (approx 117 mins) CERT: PG Western about a group of mid-19th Century pioneers, meandering their way through the great plains of America. Kirk Douglas, Robert Mitchum, Sally Field 84761
08.00 **Miracle on 34th Street** (1973) (approx 95 mins) CERT: U Please see 13.00 for details 21545983
09.40 **Time Trax** (1993) (approx 92 mins) CERT: PG Please see 17.00 for details 21818728
11.20 **The Adventures of Pinocchio** (1996) (approx 90 mins) CERT: U (DS) Please see 19.00 for details 28841032
13.00 **Miracle on 34th Street** (1973) (approx 95 mins) CERT: U Roddy McDowall stars in this seasonal drama as a department store Santa Claus who claims to be the genuine article, much to the amazement of a young girl 38709
15.00 **A Flea in Her Ear** (1968) (approx 90 mins) CERT: PG Turn-of-the-century sex farce with Rex Harrison as a popular lawyer whose wife suspects him of infidelity, and as a dim-witted hotel porter 54544
17.00 **Time Trax** (1993) (approx 92 mins) CERT: PG Science fiction adventure about a cop from the 22nd Century who returns to the 20th Century to apprehend criminals who have jumped back in time to escape capture 69506
19.00 **The Adventures of Pinocchio** (1996) (approx 90 mins) CERT: U (DS) Family adventure about Geppetto, the wood-carver who carves magical wood into a small boy. But the boy comes to life and Gepetto's troubles start - Pinocchio can never lie without his nose growing, and a wicked puppeteer wants to kidnap him 76457
21.00 **Tin Cup** (1996) (approx 130 mins) CERT: TBC Drama about a washed-up old pro who ruined his career when he took a risk on the golf course which led to his disqualification from the game. Now he teaches golf to others at a driving range but his life starts to change when a gorgeous new student walks into the training centre. Kevin Costner, Rene Russo, Don Johnson, Cheech Marin 33935506
23.15 **Restoration** (1996) (approx 113 mins) CERT: 15 Period drama about a bold and adventurous scientist whose courage takes him into the court of King Charles II to become a Royal Physician. Here he will confront power, seduction and an offer from the King which will force him to realise that he is capable of falling in love. Robert Downey Jr, Hugh Grant, David Thewlis, Sam Neill, Meg Ryan 788001
01.10 **Dare to Love** (1995) (approx 89 mins) CERT: 12 Fact-based drama about the carefree daughter of a wealthy lawyer whose brother's death pushes her over the edge, forcing her parents to place her in an institution for the rest of her life 881945
02.45 **Drive, He Said** (1971) (approx 86 mins) CERT: 18 Drama about the lives of a group of students trying to come to terms with the realities of life in the 1960s. Directed by Jack Nicholson 965262
04.15 **Lurking Fear** (1994) (approx 74 mins) CERT: 18 Spine-tingling drama about Leffert's Corners, a town which is besieged by sinister creatures once a year 177281

Text 129

SKY MOVIES SCREEN 2
Astra V 11.479GHz

06.00 **The Truth About Spring** (1964) (approx 98 mins) CERT: U Please see 16.00 for details 15631
08.00 **Blood and Sand** (1941) (approx 120 mins) CERT: PG Romantic drama about a bullfighter caught between the two women he loves 45099
10.00 **Munchie Strikes Back** (1995) (approx 86 mins) CERT: U Please see 18.00 for details 14544
12.00 **Divorce American Style** (1967) (approx 105 mins) CERT: PG Comedy starring Dick Van Dyke and Debbie Reynolds as a husband and wife who find more problems when they divorce 28322
14.00 **Garden of Evil** (1954) (approx 96 mins) CERT: PG Mexican adventure in which Susan Hayward sets out to rescue her husband from a mine but has to pass through dangerous bandit country first 53457
16.00 **The Truth About Spring** (1964) (approx 98 mins) CERT: U Romantic drama about a young woman and her relationship with a rich man who she meets through her sea-faring father. Hayley Mills, John Mills, James MacArthur 2728
18.00 **Munchie Strikes Back** (1995) (approx 86 mins) CERT: U Children's adventure in which a young boy is visited by a friendly alien to stop him being bullied at school by the star baseball player. With Munchie's help, he becomes a superb baseball player, but the alien also showers him with gifts and cash - and helps him find a girlfriend too! Lesley-Anne Down, Andrew Stevens 12322
19.30 **E! News Week in Review** 7761
20.00 **Hijacked: Flight 285** (1996) (approx 90 mins) CERT: 12 Thriller about a convicted killer who hijacks a routine flight. However, he is in for a surprise when the passengers fight back the only way they can in the hope of ending their terrifying ordeal. Anthony Michael Hall, Ally Sheedy 45438
22.00 **Lone Star** (1996) (approx 130 mins) CERT: 15 Powerful drama in which Sam, a sheriff comes back to his home town, the Texan community of Frontera where his father Buddy was once a sheriff. By coincidence, Sam is the town's new sheriff and the discovery of a skull on the edge of the settlement leads him to investigate his father's actions while a lawman in the area. Chris Cooper, Kris Kristofferson, Frances McDormand 71653051
00.15 **Wild Bill** (1995) (approx 94 mins) CERT: 15 Western about Wild Bill Hickok, the infamous outlaw who became one of the most-feared gunmen in the Old West. However, his wild life caught up with him and he was finally killed while holding what became known, in poker terms, as the 'dead man's hand'. Jeff Bridges, John Hurt 978804
01.55 **Visitors of the Night** (1995) (approx 90 mins) CERT: 12 Sci-fi thriller about a mother who visits a hypnotist who takes her back to her childhood, when she was abducted by aliens. Realising that the same thing is now happening to her daughter, she enlists the help of a sheriff 699571
03.30 **It Takes Two** (1988) (approx 76 mins) CERT: 15 (DS) Comedy in which a bridegroom gets cold feet on the eve of his wedding and takes off for one last fling. Will he make it to the altar in time? 460571

Text 129

BOX OFFICE 1 11.597GHz PAY-PER-VIEW (PPV: see below)

22.00 **The Relic** (1996) (110 mins) CERT: 15 Comedy horror tale in which the curators of a big city museum introduce a mysterious new exhibit which unleashes a demonic force. Tom Sizemore, Penelope Ann Miller (rpt 00.00, 02.00 and 04.00)

BOX OFFICE 2 10.877GHz PAY-PER-VIEW (PPV: see below)

19.00 **Blood and Wine** (1996) (97 mins) CERT: 15 Thriller about a crook (Jack Nicholson) who juggles his wife (Judy Davis), his stepson (Stephen Dorff) and his mistress (Jennifer Lopez), while at the same time plotting robberies (rpt 21.00, 23.00, 01.00 & 03.00)

BOX OFFICE 3 10.862GHz PAY-PER-VIEW (PPV: see below)

06.00 **Space Jam** (1997) (84 mins) CERT: PG Michael Jordan is sucked into Looney Tune Land to help Bugs Bunny and Co. in a basketball game (rpt 07.30, 09.00, 10.30, 12.00, 13.30, 15.00, 16.30, 20.00, 21.30, 23.00, 00.30, 02.00 & 03.30)

BOX OFFICE 4 10.847GHz PAY-PER-VIEW (PPV: see below)

20.00 **Twin Town** (1997) (95 mins) CERT: 18 Comedy set in urban Swansea about a handyman (Huw Ceredig) who falls from a ladder while working for a contractor and is then refused compensation (rpt 22.00 and 04.00)

SKY MOVIES GOLD
Astra V
11.127GHz from 16.00-05.00 (weekdays)
11.127GHz from 11.00-05.00 (weekends)
11.597GHz from 22.00-06.00 (weekdays)

16.00 **Stage Door** (1937) (87 mins) CERT: U Drama set in an all-female boarding house for stage starlets, with Katharine Hepburn 6005896
18.00 **Ghostbusters 2** (1989) (103 mins) CERT: PG Bill Murray and co. return as the spirit world's enemies in this sequel. This time, the team's supernatural foe is an ancient evil warrior named Vigo 5745419
20.00 **Pretty In Pink** (1986) (92 mins) CERT: 15 Teen drama in which Molly Ringwald plays a poor high school student who wants to get the guy (Andrew McCarthy), to fall in love with her 5740964
22.00 **Bachelor Party** (1984) (101 mins) CERT: TBC Comedy about a school bus driver (Tom Hanks) whose friends decide to organize him a stag night 3279896
23.50 **Friday the 13th** (1980) (91 mins) CERT: 18 Landmark horror tale about a group of teens who defy warnings to stay in a deserted summer camp and end up being murdered 2682525
01.25 **Dirty Mary, Crazy Larry** (1974) (88 mins) CERT: 15 Peter Fonda and Susan George hit the road after robbing a supermarket! 3164939
03.00 **Good Morning and Goodbye** (1967) (78 mins) CERT: 18 Camp comedy 20780736
04.25 **Stage Door** Please see 16.00 77724378
05.55 **Closedown**

Text 129

TNT Classic Movies
Astra H 11.023GHz

21.00 **The Sea Hawk** (1940) Classic swashbuckler about an English sea captain (Errol Flynn) at the time of Elizabeth I 43081612
23.15 **I am a Fugitive from a Chain Gang** (1932) A portrayal of human suffering and injustice caused by the penal system operating in America following the Great War 85893273
01.00 **Across the Pacific** (1942) A gripping WW2 adventure with Humphrey Bogart 92734668
02.45 **The Sea Hawk** Please see 21.00 28679620

Text 100

bravo
Astra V 11.097GHz

20.00 **The A-Team** 9943544
21.00 **Real Stories of the Highway Patrol** 8580438
21.30 **Cops** 2540099
22.00 **The Basement** 1979780
22.15 **Bravo's Briefs** A short film 1974235
22.30 **Red Shoe Diaries** 7697254
23.00 **Film: Sci-Fighters** (1996) Sci-fi yarn in which a dead convict being shipped back to earth returns to life in the form of a flame-spouting creature 6915254
01.00 **Beverly Hills Bordello** 7624587
01.30 **Red Shoe Diaries** 6899262
02.00 **Tour of Duty** 2849674
03.00 **Film: Night Fire** (1991) Erotic thriller in which a businesswoman's husband hires a couple of deadly swingers for a weekend 6376129
05.00 **The A-Team** 5521484
06.00 **Closedown**

Text 210

DISNEY CHANNEL
Astra V 11.597GHz

06.00 Under the Umbrella Tree 17815 **06.30** Jungle Cubs 17341 **07.00** Recess 21032 **07.30** Pepper Ann 40167 **08.00** Brand Spanking New Doug 43693 **08.30** The Lion King's Timon and Pumbaa 42964 **09.00** Aladdin - the series 66544 **09.30** Quack Pack 78877 **10.00** Mouse & Mole 3011322 **10.05** Amazing Animals 4319070 **10.30** Sesame Street 86051 **11.30** New Adventures of Winnie the Pooh 7727186 **11.45** Alphabet Castle 7715341 **12.00** Little Hippo 2259631 **12.10** Let's Wiggle! 9979083 **12.15** Animal Shelf 2245438 **12.30** Rosie and Jim 56866167 **12.45** Small Stories 97744728 **12.50** Bear in the Big Blue House 8013693 **13.20** New Adventures of Winnie the Pooh 71855544 **13.35** Chip 'n' Dale's Rescue Rangers 19908051 **14.00** Goof Troop 8709 **14.30** Jungle Cubs 5728 **15.00** The Lion King's Timon and Pumbaa 3524 **15.30** Brand Spanking New Doug 2083 **16.00** Pepper Ann 9780 **16.30** Recess 5964 **17.00** Smart Guy 2761 **17.30** Student Bodies 9544 **18.00** Teen Angel 6457 **18.30** Boy Meets World 7709 **19.00 Film:** Ava's Magical Adventure (1994) Action tale with the unlikeliest pair of runaways ever 90896 **20.30** The Wonder Years 3380 **21.00** Touched By an Angel 48790 **22.00** Closedown

UK TV PREVIEW
Astra V 10.817GHz

07.00 Your Horizons **08.00** We Have Ways of Making You Think **09.00** The Aristocracy **10.00** Great Mysteries and Myths **10.30** Vets in Practice **11.00** Doctors to Be **12.00** John Wayne: The Unquiet American **13.00** Island Race **13.30** The Look **14.00** Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Change That **15.30** The Terrace **16.00** Tracks **16.30** Italian Regional Cookery **17.00** Really Useful Week **18.00** Animal Hospital Week **18.30** Wildlife on UK Horizons **19.00** The Contenders **19.30** Storm Warning **20.00** 999 **21.00** Hotel **21.30** The Cruise **22.00** Sylvania Waters **22.30** Top Gear GTi **22.45** The Frame **23.00** Later on... Leonard Cohen **00.00** Closedown

FilmNet Transponder 63 10.920GHz

06.00 News 3582709 **07.00** Wideworld 3769070 **07.30** Milkshake! 3614544 **07.35** Wimzie's House 7564815 **08.00** Havakazoo 1159506 **08.30** Wishbone 1158877 **09.00** Espresso 8485322 **10.00** Life at the Edge 3452419 **10.30** Sunset Beach 8867167 **11.10** Leeza 8445631 **12.00** News 1152693 **12.30** Family Affairs 4849051 **13.00** The Bold and the Beautiful 3768341 **13.30** Sons and Daughters 4848322 **14.00** Burke's Law 3453148 **15.00** 100 % Gold 1123341 **15.30** Film 9032902 **17.25** Russell Grant's Postcards 27401780 **17.30** The Great Garden Game 2969544 **18.00** 100 Per Cent 2966457 **18.30** Family Affairs 2957709 **19.00** 5 News 1115322 **19.30** Life at the Edge 2946693 **20.00** The Pepsi Chart 1124070 **20.30** Food Fight 1110877 **21.00** Film 41248631 **22.50** Film 94947877 **00.20** Live and Dangerous 63793620 **04.45** Monsters 60887552 **05.05** Throb 42180295 **05.30** 100 % 8473587

P Premiering Film — L Last Play — WS Widescreen — DS Dolby Surround Sound — 888 Subtitled
PPV INFORMATION LINE: 0990 800 888 OR CHECK SKY TEXT 177

SKY one — Astra V 11.318GHz

Text 126

07.00 **Tattooed Teenage Alien Fighters from Beverly Hills** 61525
07.30 **Games World** 5218896
07.45 **The Simpsons** (888) 84631
08.15 **The Oprah Winfrey Show** 9373983
09.00 **Hotel** 37631
10.00 **Another World** 79544
11.00 **Days of Our Lives** 59780
12.00 **Married...with Children** (888) 86273
12.30 **M*A*S*H** (888) 12186
13.00 **Geraldo** 52411
14.00 **Sally Jessy Raphael** 23877
15.00 **Jenny Jones** 10254
16.00 **The Oprah Winfrey Show** 99761
17.00 **Star Trek: The Next Generation** (888) Please see 23.00 for details 9254
18.00 **Dream Team** (888) The lads go out for Dean's stag night 4815
18.30 **Married...with Children** (888) Kelly's public access show becomes the new hot thing 5167
19.00 **The Simpsons** (888) Sideshow Bob runs for political office 4493
19.30 **Real TV** 4051
20.00 **Stargate SG-1** 41612
21.00 **Outer Limits** 38148
22.00 **Millennium** (888) 31235
23.00 **Star Trek: The Next Generation** (888) The Enterprise crew begin to exhibit strange symptoms in an investigation 70273
00.00 **Fifth Corner** 64571
01.00 **Long Play**

NATIONAL GEOGRAPHIC CHANNEL — Astra H 11.303GHz

19.00 **Fighting for Animals: The Associations** 6394693
19.30 **Cormorant Accused** 5776591
20.00 **Wolves of the Sea** 8049167
21.00 **World's Apart: Little Love Stories** 5246457
21.30 **Extreme Earth: Into the Volcano** 1094506
22.00 **Two Men in a Balloon** 8022490
23.00 **The Sea Elephants Beach** 5241902
23.30 **The Mangroves** 2814032
00.00 **Condor** 3776939
01.00 **Closedown**

UK GOLD — Astra H 11.553GHz

07.00 **Never the Twain** 5283896
07.35 **Neighbours** 7893877
08.00 **Crossroads** 3024506
08.25 **EastEnders** 7859341
09.00 **The Bill** 7605273
09.30 **Howards' Way** 2524051
10.00 **Shelley** 4687612
10.30 **The Sullivans** 7601457
11.00 **Casualty** 9764341
12.00 **Crossroads** 27196457
12.25 **Neighbours** 27199544
12.55 **EastEnders** 9841380
13.30 **Bless This House** 7341254
14.05 **Ever Decreasing Circles** 2836544
14.45 **Dangerfield** 8766490
15.45 **The Bill** 4411728
16.15 **Juliet Bravo** 43709186
17.20 **EastEnders** 3079070
17.55 **Big Break** 5905772
18.30 **The Bill** 7161438
19.00 **Dad's Army** 5926728
19.40 **Yes, Minister** 5542490
20.20 **May to December** Zoe decides to apply for a post at her school 4211029
21.00 **Fawlty Towers** Basil encounters a few language problems 9953254
21.40 **Shooting Stars** 1941186
22.20 **Between the Lines** 98429457
23.25 **Naked Video** 4074780
00.00 **Spitting Image** 9802281
00.30 **Chelmsford 123** 3216858
01.05 **The Equalizer** 3127303
01.55 **The Equalizer** 9341945
02.45 **Shopping at Night**

SCI FI — Astra V 11.568GHz

20.00 **Quantum Leap** Sam is transported back to the Wild West 3575780
21.00 **PSI Factor: Chronicles of the Paranormal** An old man who owns snakes as pets commits suicide 3595544
22.00 **Film: Earth vs the Flying Saucers** (1956) Aliens in flying saucers set out to conquer Earth 7565186
23.35 **The Making of Scream 2: An SF Scene Special** 8877780
00.00 **Sightings** 1459571
01.00 **Battlestar Galactica** 2724552
02.00 **Friday the 13th** 9585649
03.00 **Tales of the Unexpected** 7614281
03.30 **Dark Shadows** 7164397
04.00 **Closedown**

GRANADA PLUS — Astra H 11.244GHz

06.00 **The Box** 1884588
07.00 **E! Mysteries and Scandals** 2792273
07.30 **Classic Coronation Street** 2771780
08.00 **Blind Date** 5672544
09.00 **Wish Me Luck** 6105490
10.00 **The Saint** 2777964
11.00 **Hawaii Five-O** 2797728
12.00 **Classic Coronation Street** 7194099
12.30 **Families** 5843322
13.00 **A Fine Romance** 2791544
13.30 **Me and My Girl** 5842693
14.00 **Wish Me Luck** 7757254
15.00 **Jason King** 6474167
16.00 **Hawaii Five-O** A young woman is forced to fake her own suicide 6486902
17.00 **The Saint** 4435070
18.00 **Families** Amanda discovers John and Sue in a clinch 1624902
18.30 **Classic Coronation Street** 1615254
19.00 **Doctor in Charge** Loftus is to receive his knighthood from the Queen 4443099
19.30 **Single** Malcolm must put the past behind him 1611438
20.00 **Jason King** Jason falls in love with a gangster's girlfriend 7867254
21.00 **Classic Coronation Street** 6482186
21.30 **Wheeltappers & Shunters Social Club** With Bernard Manning and Frank Carson 5863186
22.00 **The Saint** Templar finds himself the victim of a murder set-up 7857877
23.00 **Closedown**

MEN & MOTORS — Astra H 11.244GHz

23.00 Centrefolds 6487631 **23.30** Talking Dirty 1780490 **23.50** Lovelies 8336457 **00.00** Ladyland 6029026 **00.30** Studs 1100200 **00.50** Lovelies 9919200 **01.00** E! Gossip 3243755 **01.30** Mysteries 8519484 **02.00** Closedown

The Racing Channel — Astra V 10.877GHz

11.00 Racing Review 9321457 **12.00** Live at lunchtime 1594235 **13.00** Live racing at Chepstow, Chester and Musselburgh 2269728 **18.00** Closedown

EUROSPORT — Astra V 11.259GHz

Text 127

07.30 **Football: Eurogoals** 15952
09.00 **Motorcycling** 55506
10.30 **Rally** 22186
11.00 **Trial** 59983
12.30 **Motocross** 32051
13.00 **Tennis: A look at the ATP Tour** 11544
13.30 **Sailing** 31322
14.00 **Rally: FIA World Rally Championship - Tour of Corsica** 8167
14.30 **Live Cycling: Tour of Romandy - Switzerland** First stage: Rheinfelden to Saignelégier 32612
16.00 **Tennis: ATP Tour - Mercedes Super 9 Tournament** Third day 174070
19.00 **Xtrem Sports** 2983
19.30 **Bowling: Golden Tour in Ludwigshafen** Second round 88544
20.30 **Darts: European American Darts Championships in Switzerland** 89612
21.30 **Rally: FIA World Rally Championship - Tour of Corsica** Third and last stage 52815
22.00 **Boxing** 99273
23.00 **Touring Car** 98693
00.00 **Rally** 40842
00.30 **Closedown**

SKY SPORTS 2 — Astra H 11.170GHz

UPDATE 0336 413 416

07.00 **Aerobics Oz Style** 9324506
07.30 **Sports Centre** 9336341
08.00 **Racing News** 2613709
08.30 **Fish TV** 2605780
09.00 **Fish TV** 2696032
09.30 **Badminton** 2024457
12.30 **The Footballers' Football Show** 2532780
13.30 **Golf Extra** 2820815
16.30 **European Tour Weekly** The forthcoming events on the tour 9059344
17.00 **Dr Martens Premier League Snooker: Higgins v Williams** 2697761
19.00 **Sports Centre** 9267964
19.30 **Golf Extra** All the major players and tournaments reviewed 9398254
22.30 **European Tour Weekly** 2626273
23.00 **Cricket: B&H Cup** 6958506
00.30 **Full Throttle** 4146200
01.00 **Futbol Mundial** 8448858
01.30 **Sports Centre** 3207533
02.00 **Closedown**

SKY SPORTS 1 — Astra V 11.509GHz

Text 127

07.00 **Sports Centre** 94877
07.30 **WWF: Live Wire** 97780
08.30 **Sports Centre** 17254
09.00 **Racing News** 17326
09.30 **Aerobics Oz Style** 43167
10.00 **Euro Seniors Golf: El Bosque Open** 99916
11.00 **Live Cricket: Benson & Hedges Cup** Ball-by-ball action from the very latest clash 9686341
14.30 **Tartan Extra** 5790
15.00 **Live Cricket: Benson & Hedges Cup** Continued live coverage 9327934
19.00 **European Tour Weekly** 7815
19.30 **Full Throttle** Fast track race action from the circuit 1983
20.00 **Snooker: Dr Martens Premier League** 85070
22.00 **Sports Centre** 29099
22.30 **Futbol Mundial** 67849
23.00 **World of Super League with Eddie & Stevo** Featuring every try scored in the last week with special guests 75051
01.00 **Sports Centre** 24552
01.30 **Cricket: Benson & Hedges Cup** 52620
03.00 **Sports Centre** 17216
03.30 **Closedown**

SKY SPORTS 3 — Astra H 11.671GHz

12.00 **WWF: Shotgun Challenge** 58822544
13.00 **Fish TV** 58808964
14.00 **Superbouts: Haglar's Knock Outs** 67601612
15.00 **Rugby Union Classics: England v France** 52590457
15.30 **Fastrax** 57133902
16.00 **Watersports World** 26865877
17.00 **WWF: Shotgun Challenge** 52581709
18.00 **Sports Centre** 57139186
18.30 **Full Throttle** 57120438
19.00 **Fish TV** 35366612
20.00 **World of Super League with Eddie & Stevo** 35353148
22.00 **Pots of Gold: Davis v White** Take a look back at classic snooker moments featuring legends of the sport 80232693
22.30 **Dickie Davies' Sporting Heroes: Sir Colin Cowdrey** 46951344
23.30 **Closedown**

	6pm	7pm	8pm	9pm	10pm	11pm
SKY MOVIES SCREEN 1	Cont Time Trax	The Adventures of Pinocchio		Tin Cup		Restoration
SKY MOVIES SCREEN 2	Munchie Strikes Back		Hijacked: Flight 285		Lone Star	
SKY MOVIES GOLD	Ghostbusters 2		Pretty in Pink		Bachelor Party	
SKY ONE	Dream Team	The Simpsons / Married with Children	Stargate SG-1 / Real TV	Outer Limits	Millennium	Star Trek: The Next Generation
UK GOLD	Cont Big Break / The Bill	Dad's Army / Yes, Minister	May to December	Fawlty Towers	Shooting Stars / Between the Lines	Naked Video
EUROSPORT	Cont Tennis	Xtrem Bowling	Darts	Rally	Boxing	Touring Car
SKY SPORTS 1	Cont Live Cricket	Golf	Full Throttle	Snooker: Dr Martens Premier League	News / Football	Super League

Double-check today's listings on the teletext page shown below each channel logo or use the Update telephone lines

PARAMOUNT COMEDY
Astra V 11.156GHz

19.00 Cosby 5457 **19.30** Roseanne: Girl Talk 9525 **20.00** Grace Under Fire: Dating Buddies 1877 **20.30** Caroline in the City 3612 **21.00** Cybill 40419 **21.30** Ellen: Lobster Diary 25761 **22.00** Frasier: Give Him the Chair! 10341 **22.30** Cheers: What is....Cliff Clavin? Cliff appears on his favourite TV show, Jeopardy, and proceeds to humiliate himself 96761 **23.00** Duckman 45964 **23.30** Unnatural Acts 75254 **00.00** Nurses 26216 **00.30** It's Garry Shandling's Show 15668 **01.00** Frasier 22194 **01.30** Cheers 44804 **02.00** Caroline in the City 23484 **02.30** Unnatural Acts 21561 **03.00** Roseanne 15858 **03.30** Cybill 26571 **04.00** Closedown

CHALLENGE TV
Astra H 10.993GHz

17.00 Cross Wits 5235 **17.30** Family Days Out 389761 **17.35** Prize Time 123099 **17.45** Family Fortunes 946083 **18.15** Prize Time 937457 **18.30** Catchphrase 3983 **19.00** Prize Time 244544 **19.15** Fifteen to One 491998 **19.45** Family Days Out 171419 **19.50** Prize Time 185612 **20.00** The Crystal Maze 36728 **21.00** Prize Time 206438 **21.15** Strike It Lucky 317490 **21.45** Prize Time 907815 **22.00** 3-2-1 **23.00** Prize Time 19051 **23.15** Sticky Moments 898506 **00.00** Sale of the Century 66858 **00.30** McKenna 15991 **01.30** The Fall Guy 37638 **02.30** Big Brother Jake 59823 **03.00** Snowy River - The McGregor Saga 99129 **04.00** The Big Valley 45842 **05.00** Screenshop 18561 **06.00** Closedown

Text 120

LIVING
Astra V 10.979GHz

06.00 Tiny Living 1707815 **09.00** Rolonda: Gorgeous, Glamorous and Gay 4718815 **09.50** Ready, Steady, Cook 8665877 **10.30** The Young and the Restless 1243411 **11.20** Brookside 55349457 **11.50** Jimmy's 89617612 **12.20** Living Issues 99609362 **12.50** Diet Show 3632506 **13.25** Hart to Hart 1968419 **14.20** Living It Up! 1560032 **15.20** Rolonda 8722815 **16.10** Tempestt 9527254 **17.00** The Heat Is On 6004167 **17.30** Ready, Steady, Cook 3000490 **18.10** Jerry Springer Uncut 1240964 **19.00** Rescue 911 6017631 **19.30** Mysteries, Magic and Miracles 3837148 **20.00** Adrenalin Junkies 5737490 **21.00** Film: Firefighter (1988) Drama about a woman who breaks tradition and becomes the first femle to qualify as a firefighter with the LA County Fire Department 5747877 **23.00** The Jerry Springer Show 9395032 **00.00** Closedown

Text 204

CHRISTIAN CHANNEL
Astra H 11.170GHz

04.00 Thought **04.05** Voice **04.30** Good Morning **04.45** Avanzini **05.00** McCauley **05.30** Vauclair **06.00** Houston **06.30** Changing Your World **07.00** Voice **07.30** Kidz **07.45** Hinn **08.15** Good Morning **08.30** Day of Victory **09.00** Let The Fire Burn **09.30** Meyer **10.00** Tompkins **10.30** Avanzini **10.40** Good Morning **10.45** CMTV **11.00** Closedown

SKY SOAP
Astra V 11.568GHz

11.00 Take the High Road **11.30** Emmerdale **12.00** Emmerdale **12.30** As the World Turns **13.15** Families **13.45** Guiding Light **14.30** Take the High Road **15.00** Emmerdale **15.30** Emmerdale **16.00** Closedown

THE HISTORY CHANNEL
Astra V 11.568GHz

16.00 Shock Troops **17.00** Century: Utopia **18.00** Ancient Mysteries: Samurai! **19.00** Biography: Fidel Castro. Explore the past of this Cuban politician who led two successful coups against the Batista regime **20.00** Closedown

SKY TRAVEL
Astra V 11.126GHz

11.00 Round Trip **11.30** Globetrotter **12.00** American Adventurer **12.30** Getaway **13.00** Dales Diaries **13.30** Walker's World **14.00** American Vacation **15.00** Globetrotter: San Francisco, London **15.30** Way of Life **16.00** Closedown

TV TRAVEL SHOP
Astra H 10.993GHz

12.00-17.00 Home Travel Shopping Service

QVC
Astra V 11.038GHz

Text 205

24 Hour Shopping Service

Astra H 11.273GHz

05.00-12.00 Sell-a-Vision

Discovery Home & Leisure
Astra H 11.082GHz

ALSO ON CABLE

09.00 **Simply Painting** 7603815
09.30 **The Garden Show** 2522693
10.00 **Grassroots** 4685254
10.30 **New Yankee Workshop** 7609099
11.00 **Rex Hunt's Fishing World** 8573148
11.30 **Hometime** 8574877
12.00 **The Close Guide** 7683051
12.30 **This Old House with Steve and Norm** 2533709
13.00 **Yan Can Cook - the Best of Asia** 9773099
13.30 **Furniture to Go** 2525780
14.00 **Doing It Up** 6004099
14.30 **Antiques Challenge** 7177099
15.00 **Two's Country** 6083506
15.30 **Home Again with Bob Vila** 7172544
16.00 **Closedown**

DISCOVERY CHANNEL
Astra H 11.082GHz

16.00 **Rex Hunt's Fishing World** 7151051
16.30 **Zoo Story** 7157235
17.00 **First Flights: Flash of Glory** 6088051
17.30 **Time Travellers: Who Were the Israelites?** 7171815
18.00 **Wildlife SOS** 7178728
18.30 **The Super Predators: Wild Discovery** How lions, leopards, cheetahs, crocodiles, hyenas and wild dogs have evolved into efficient killing machines 9885273
19.30 **Disaster: Not in Our Backyard** An examination of the worst industrial accident in history - the 1984 disaster in Bhopal, India 7158964
20.00 **Animal X** 6084235
20.30 **The Supernatural: Giant Snake** 6096070
21.00 **Ultimate Guide: Elephants** 9936254
22.00 **Crocodile Hunter: Wildest Home Videos** 9939341
23.00 **Outlaws: The Fugitive** True story behind the Hollywood film about the doctor accused of murdering his wife 9750148
00.00 **First Flights: Flash of Glory** 9800823
00.30 **Disaster Not in Our Backyard** 5839533
01.00 **Zulu Wars Red Coat Black Blood** 7649533
02.00 **Closedown**

Text 200

[.tv]
Astra V 10.847GHz

18.00 Buyer's Guide. Consumer programme guide to hardware and software **18.30** Game Over **18.45** Chips With Everything **19.00** Mini Masterclass **19.30** Buyer's Guide **20.00** Closedown

SKY SCOTTISH
Astra H 10.862GHz

18.00 High Road **18.30** Home Show. New series looking at the real estate news **19.00** The Hibs Club. First of a Edinburgh double-header **19.30** The Hearts Club **19.55** Scotland Today **20.00** Closedown

breeze
Astra V 10.847GHz

06.00 **E! Uncut** 65605728
06.30 **E! Model** 49974524
07.00 **The Good Housekeeping Show** 73082525
07.30 **Style Wars** 73061032
08.00 **The View** 13606761
09.00 **Sally Jessy Raphael** 65681148
10.00 **Thirtysomething** 73090544
11.00 **E! Uncut** 35586235
11.30 **E! Model** 35587964
12.00 **The View** 10622964
13.00 **The Good Housekeeping Show** Leslie Ash shows how to make the best of your home 73081896
13.30 **Style Wars** 10642728
14.00 **Thirtysomething: Housewarming** Michael decides to throw a house-warming party for all his business associates, but the strain starts to tell 54829475
15.00 **Livetime** 35581780
16.00 **Sally Jessy Raphael: I'm Desperate to Get Back With My Ex** Lively studio discussion, chaired by the 'queen of talk' Sally Jessy Raphael 35500815
17.00 **Livetime** 47110612
18.00 **Closedown**

SKY NEWS
Astra V 11.377GHz

Sky News on the hour plus **06.00** Sunrise **10.30** ABC Nightline **11.30** World News **14.30** PMQ's. A closer look at events during Prime Minister's Question Time in the house of Commons. Hosted by Adam Boulton **16.30** Sky World News **17.00** Live at Five **19.30** Sportsline **20.30** Sky Business Report **21.30** World News **22.00** Prime Time **00.30** CBS Evening News **01.30** ABC World News Tonight **02.30** Sky Business Report **03.30** Reuters Reports **04.30** CBS Evening News **05.30** ABC World News Tonight

Text 128

CNN INTERNATIONAL
Astra V 11.627GHz

News on the hour plus **05.00** This Morning **05.30** Insight **06.00** This Morning **06.30** Moneyline **07.00** This Morning **07.30** Sport **08.30** Showbiz **09.00** Larry King **10.30** Sport **11.30** American Edition **11.45** World Report **12.30** Your Health **13.15** Asian Edition **13.30** Business Asia **14.30** Newsroom **15.30** Sport **16.30** Your Health **17.00** Larry King **18.45** American Edition **19.30** Business **20.30** Q&A **21.30** Insight **22.00** Business **22.30** Sport **23.00** World View **00.30** Moneyline **01.15** Asian Edition **01.30** Q&A **02.00** Larry King **03.30** Showbiz **04.15** American Edition **04.30** World Report

Text 200

CNBC
Astra V 10.729GHz

05.00 Europe Today **08.00** European Money Wheel **13.00** CNBC's US Squawk Box **15.00** US Market Watch. Up-to-the-minute market reports and economic and corporate news **17.00** US Power Lunch **18.00** Europe Tonight. Round-up of events in Europe, including a high profile interview with the chief executive whose company is making the headlines **19.00** Directions **19.30** Street Signs **21.00** US Market Wrap **23.00** Directions. Essential guide to the business of travel. Everything from airlines to arranging overseas business meetings **23.30** Europe Tonight **00.00** Breakfast Briefing. Summary of top global and regional business stories and a preview of the business day ahead **01.00** CNBC Asian Squawk Box **02.00** Trading Day **03.00** Trading Day **04.00** Trading Day

Bloomberg
Astra H 11.361GHz

24 hour business news with **06.00** Markets **08.00** Trading Day **09.19** Fund Manager **11.45** Entertainment **14.15** Germany **15.19** Fund Manager **16.00** Money Makers **16.57** Travel **18.45** Entertainment **19.45** Germany **21.19** Fund Manager **22.57** Travel

CARTOON NETWORK
Astra H 11.023GHz

05.00 Omer and the Starchild **05.30** The Fruitties **06.00** Blinky Bill **06.30** Thomas the Tank Engine **06.45** The Magic Roundabout **07.00** Bugs Bunny **07.15** Road Runner **07.30** Tom and Jerry **07.45** Dexter's Laboratory **08.00** Cow and Chicken **08.15** Scooby Doo **08.30** Tom and Jerry Kids **09.00** The Magic Roundabout **09.30** Thomas the Tank Engine **10.00** Blinky Bill **10.30** Cave Kids **11.00** Perils of Penelope Pitstop **11.30** Help! It's the Hair Bear Bunch **12.00** Scooby Doo **12.30** Popeye. More spinach-fuelled adventures **13.00** Droopy **13.30** Tom and Jerry **14.00** Yogi Bear **14.30** The Jetsons **15.00** The Addams Family **15.30** Scooby Doo **16.00** Scooby Doo **16.30** Dexter's Laboratory **17.00** Johnny Bravo **17.30** Cow and Chicken **18.00** Tom and Jerry **18.15** Road Runner **18.30** The Flintstones **19.00** Scooby Doo **19.30** The Mask **20.00** The Real Adventures of Jonny Quest **20.30** The Bugs and Daffy Show **21.00** Closedown

Text 102

NICKELODEON
Astra V 11.156GHz

06.00 Count Duckula **06.30** Grimmy **07.00** Hey Arnold! **07.30** Rugrats **08.00** Doug **08.30** Arthur **09.00** Children's BBC **10.00** Wimzie's House **10.30** Babar **11.00** The Magic School Bus **11.30** PB Bear/Little Red Tractor/Mr Men/ Magic Mountain **12.00** Rugrats **12.30** Blues Clues **13.00** Bananas in Pyjamas **13.30** Franklin **14.00** Little Bear Stories **14.30** Children's BBC **15.00** Children's BBC **15.30** Doug **16.00** Pippi Longstocking **16.30** Rugrats **17.00** Sister, Sister - With Tamera and Tia Mowry **17.30** Kenan & Kel **18.00** Sabrina the Teenage Witch **18.30** Moesha **19.00** Closedown

Text 110

FOX KIDS
Astra H 11.303GHz

06.00 Power Rangers **07.00** X-Men **07.25** Casper **07.35** Spiderman **08.00** Goosebumps **08.25** Sam & Max **08.35** Beetleborgs **09.00** Masked Rider **09.30** Fairy Tales **10.00** Pinocchio **10.30** Peter Pan **11.00** Oliver Twist **11.30** Huckleberry Finn **12.00** Gulliver **12.30** Eek!Stravaganza **12.42** Mouse and the Monster **12.54** Casper **13.06** Thunderlizards **13.18** Sam & Max **13.30** Extreme Heroes **14.00** Eagle Riders **14.30** Conan **15.00** Skysurfer **15.30** Donkey Kong **16.00** Casper **17.00** Goosebumps **17.25** Eerie, Indiana **17.50** Sam & Max **18.00** Goosebumps **18.25** Eerie, Indiana **18.50** Toonslyvania **19.00** Closedown

Trouble
Astra V 11.097GHz

07.00 Batman 9761254 **07.30** Earthworm Jim 9740761 **08.00** California Dreams 7677490 **08.30** Hang Time 7676761 **09.00** Ready or Not. A Canadian teen drama that tackles the fears and fun of growing up, seen through the lives of two best friends, Busy and Amanda 7690341 **09.30** Heartbreak High 2421693 **10.30** Echo Point 7696525 **11.00** Batman 8593902 **11.30** Earthworm Jim 8594631 **12.00** Sweat 7687877 **12.30** Heartbreak High. Danielle faces a tough decision: should she tell Allie about having stumbled upon Matt and Stassy kissing? Dyson has problems when her paraplegic son arrives for a visit nursing bitterness towards his mother 8202032 **13.30** Echo Point 2529506 **14.00** Hollyoaks 6091525 **14.30** It's in the Jeans 4035457 **14.45** Teenage Urban Adventurers 4023612 **15.00** Sweat 6070032 **15.30** California Dreams 7169070 **16.00** Ready or Not 7155877 **16.30** Saved by the Bell 7144761 **17.00** Hollyoaks 6082877 **17.30** USA High 7168341 **18.00** Hang Time 7165254 **18.30** Blast. The chart show with all the latest sounds 7156506 **19.00** Saved by the Bell. Zack buys a ring that turns out to be a fake 6095341 **19.30** USA High. Winnie racks up a huge bill she can't possibly pay when she receives her first credit card 7145490 **20.00** Closedown

Check the telephone numbers above for

VH1 — Astra V 11.538GHz

Text 200

07.00 **Power Breakfast** 73071419
09.00 **Pop-Up Video** 40839099
09.30 **VH1 Upbeat** 34211902
12.00 **Ten of the Best: Sting** 10648902
13.00 **Mills 'n' Tunes** 10624322
14.00 **Jukebox** 68324885
15.00 **Toyah & Co** 30292490
17.00 **Five @ Five** 47124815
17.30 **Pop-Up Video** 17922544
18.00 **Hit for Six** 10644186
19.00 **Mills 'n' Tunes** 50803902
20.00 **VH1 Hits** 50890438
22.00 **The VH1 Classic Chart** Presented by Paul King 50802273
23.00 **VH1 Country** Mark Hagen chats to Big House's Monty Byrom and David Neuhaser 73084983
00.00 **The Nightfly** 13512378
01.00 **Soul Vibration** 81670133
02.00 **VH1 Late Shift** 17283026

MTV — Astra H 11.421GHz

Text 102

06.00 **Kickstart** 987631
09.00 **MTV Mix** 692051
12.00 **Non Stop Hits** 93761
14.00 **European Top 20** 14254
15.00 **Non Stop Hits** 84588
16.00 **Select MTV** Viewer choice video jukebox with Donna Air 6964
18.00 **MTV Live** 1761
18.30 **So '90s** The greatest hits of the decade with Armstrong & Miller 5341
19.00 **The Lick R&B Chart** Presented by Trevor Nelson 29438
20.00 **Hot** The latest news, videos and gossip with Ben Norris 38186
21.00 **Up for It** Live show presented by Eddy Temple-Morris 18322
22.00 **Amour** Hosted by Cat Deeley 28709
23.00 **Yo!** The latest rap and hip hop videos 45612
00.00 **Beavis and Butt-Head** The dysfunctional duo engage in more pre-pubescent pranks 68216
00.30 **Night Videos** 4318945

THE BOX — Astra H 11.244GHz

ALSO ON CABLE

From 02.00-07.00 music channel featuring viewers' requests, videos, interviews and competitions

FOREIGN CHANNELS

CANAL+ — Thor1 H 12.015 GHz

0336 413 421

06.00 Morning programmes **11.30** 1900-talets giganter **12.00** Seinfeld **12.30** Film: Dating the Enemy (1996) **14.20** Film: Race the Sun (1996) **16.00** Film: Carriers (1997) **17.30** Film: River Street (1996) **19.00** Film: Pretty Poison (1996) **20.30** Film: Mission - Impossible (1996) **22.20** Film: Executive Power (1997) **23.55** Film: California Woman (1995) **01.25** Film: Spacecamp (1986) **03.10** Film: Hannibal & Jerry (1997) **04.30** Film: Poker Face (1996)

TV 1000 — Intelsat 707 1°W V 11.054GHz

0336 413 428

05.00 Morning programmes **10.15** Film: Carrington (1995) **12.15** Film: Panther (1995) **14.15** Film: Robin Hood - Prince of Thieves (1991) **16.45** Film: Legend of the Ruby Silver (1996) **18.45** Film Magazine **19.00** Film: Home for the Holidays (1995) **20.45** Film: Restoration (1995) **23.00** Film: Fashion Sluts 4 (erotic) **01.00** Film: The Crossing Guard (1995) **03.00** Film: Love, Cheat & Steal (1993 - erotic)

Astra V 10.788GHz

04.00 Morning programmes **08.00** News **08.30** Buniyaad **09.00** Manabi **09.30** Satsang **10.00** Tara **11.00** Low Cal **11.30** Daraar **12.00** Urdu Film: Anmol Mohabbat **15.00** Hum Aap Ke Hai Woh **15.30** Daraar **16.00** Campus **16.30** Liberty 1-10 **17.00** Chalo **17.30** Mr Mintoo **18.00** Banegi Apni Baat **18.30** All Time Hits **19.00** Yehi Hai Zindagi **19.30** Baat Ban Jaaye **20.00** News **20.30** Dastaan **21.00** Dhoop Mein Saawan **22.00** Zee Business Show **22.30** Amaanat **23.00** Purush Kshetra **00.00** Closedown

ZDF — Astra H 10.964GHz

TEXT 300

04.30 Morning programmes **13.00** Gesundheit! **13.15** Expedition **14.00** heute **14.03** Mensch Ohrner! **15.00** heute **15.10** Risiko **16.00** heute **16.15** hallo Deutschland **16.45** heute **16.55** SOKO 5113 **17.45** Lotto am Mittwoch **18.00** heute **18.20** Wetter **18.25** Die Geliebte **19.15** OP **20.00** Abenteuer Forschung **20.45** heute **21.13** Wetter **21.15** mit mir nicht! **22.00** Alte **23.00** heute **23.15** Nachtstudio **00.15** Night programmes

3sat — Astra V 11.347GHz

TEXT 300

05.50 Morning programmes **12.00** Reiselust **12.30** Genießen auf gut deutsch **13.00** Disco **13.45** 100 GRAD **14.45** PuR: Tivi mit Durchblick **15.15** Die Reportage **15.45** Kleine Füchse der Prärie **16.15** Auto & Mobiles **16.45** Häferlgucker unterwegs **17.15** Bilder aus der Schweiz **18.00** heute **18.20** Kulturzeit **19.00** Tagesschau **19.15** Doswidanje Shalom **20.00** Umwelt **20.45** offen **21.00** Zeit im Bild 2 **21.25** Kampf der Königinnen **22.55** Sex ist mein Beruf **23.25** Seitenblicke **23.30** 10 vor 10 **23.55** Kulturzeit **00.35** Vis-à-vis **01.35** Bilder aus der Schweiz **02.20** Night programmes

RTL TELEVISION — Astra V 11.229GHz

TEXT 300

05.00 Morning programmes **12.00** Stadtklinik **13.00** Bärbel Schäfer **14.00** Ilona Christen **15.00** Hans Meiser **16.00** Jeopardy! **16.30** Unter uns **17.00** Guten Abend RTL **17.30** Exclusiv: Das Star-Magazin **17.45** RTL aktuell **18.10** Explosiv: Das Magazin **18.40** Gute Zeiten, schlechte Zeiten **19.15** Film: Im Fegefeuer der Lust (1997) **20.05** TV Tip **20.15** Film continues **21.05** stern TV **23.00** RTL-Nachtjournal **23.30** Ellen **00.00** Love & War **00.30** Bärbel Schäfer **01.20** Notruf täglich **01.50** RTL-Nachtjournal **02.20** Hans Meiser **03.10** Ilona Christen **04.00** Night programmes

SAT.1 — Astra V 11.288GHz

0336 413 426

TV TEXT 300

04.30 Deutschland heute morgen **08.00** Jake und McCabe **09.00** Hast du Worte!? **09.30** Bube, Dame, Hörig **10.00** Jörg Pilawa **11.00** Vera am Mittag **12.00** Sonja **13.00** MacGyver **14.00** Star Trek: Raumschiff Voyager **15.00** Baywatch Nights **16.00** Jeder gegen Jeden **16.30** 17:30 **17.00** blitz **17.30** 18:30 **17.47** Wetter **17.50** ran: SAT.1-Sport **18.00** Geliebte Schwestern **18.30** Glücksrad **19.15** Hallo, Onkel Doc! **20.15** Tresko: Amigo-Affäre **22.15** Die Harald Schmidt Show **23.15** Santee, der Einzelgänger **00.55** Star Trek: Raumschiff Voyager **01.45** Baywatch Nights **02.40** Jörg Pilawa **03.30** Geliebte Schwestern **04.00** blitz

ADULT ADULT ADULT ADULT ADULT

PLAYBOY TV — Astra H 11.671GHz

23.30 Free Teaser 24644148 **23.35** Peep Show 92330964 **23.45** Sex Guides: Vienna 61863815 **00.15** Film: Sexmares. The story of a woman's raunchy dreams 48562397 **01.30** Stripsearch: Australia 44200552 **02.30** Film: Hidden Dimensions. A young woman uses a girlfriend to find out whether her fiancé is the man he claims to be 73553620 **04.00** Closedown

The Adult Channel — Astra V 10.788GHz

0336 413 400

00.00 Dish of the Day 26279709 **00.10** Black & Blue 05 56304032 **01.00** Film: Erotic Confusion. A criminal is shot by police and then experiences a sequence of fantasies 39928341 **02.05** Private Model. Erotic British programme 86440490 **03.00** Three Men and a Geisha. A man leaves a surprise in his will for three of his best friends 44309877 **04.00** Closedown

Fantasy Channel Astra V 10.979GHz from 00.00-04.00

0336 413 400

00.00 Free View 3880964 **00.10** Bedtime Stories 3886148 **00.20** Film: DJM 5 9811231 **01.00** Free View 6595877 **01.05** Film continues 5841877 **01.30** Film: Double Down 93391631 **02.40** Film: Pussyman 3 82970186 **03.55** What's On Tomorrow 35523896 **04.00** Closedown

GAY TV — Gay TV Astra V 10.979GHz from 04.00-05.30

All programmes are subject to change

Gay TV is Britain's first adult gay television station and it features a mix of erotic series, special programmes and gay films from both Europe and America - full programme details for May were unavailable at the time of going to press

CABLE & MULTI SATELLITE CHANNELS

TARA — Cable

12.00 Our House **12.30** Home Movie Nights **13.00** Challenging Times **13.30** Sandy **14.30** PM Live **15.30** Not Fade Away **16.30** Fair City: The Early Years **17.00** Lie of the Land **17.30** Dodge the Question **18.00** Six-One **19.00** Pot Luck **19.30** How Does Your Garden Grow? **20.00** School Around the Corner **20.30** Fair City **21.00** Top 30 Hits **22.00** No Disco. Rock music series **23.00** News **23.20** Fortune **23.50** 2TV CV. A profile of Britpop band Blur **00.00** Closedown

LIVE TV — Cable

06.00 Morning programmes **12.00** Why Files **12.30** Serial Killers **13.00** Lie Detector **13.30** Judge Judy **14.00** Fashion **14.30** Revelations **15.00** Fate and Fortune **15.30** Lie Detector **16.00** Living Room Legends **16.30** Judge Judy **17.00** Agony **17.30** Odds on Sport **18.00** Fashion **18.30** Dial a Doc **18.45** What's in the Box **19.00** Living Room Legends **19.30** Agony **19.59** City Tips **20.00** Lie Detector **20.30** Judge Judy **20.59** City Tips **21.00** Serial Killers **21.30** Fashion **21.59** City Tips **22.00** Darts **22.02** Odds on Sport **22.30** Sex Show **23.00** City Tips **23.01** Darts **23.02** Exotica **00.00** Night programmes

KNOWLEDGE TV — Cable

11.00 Communication: The Human Imperative **12.00** Open University **12.30** Open University **13.00** Strategies **13.30** New Media News **14.00** Hot Topix **14.30** Future Tech **15.00** Open University **15.30** Open University **16.00** Performing Arts Theatre **17.00** Communication: The Human Imperative **18.00** Open University **18.30** New Media News **19.00** Hot Topix **19.30** Future Tech **20.00** Open University **20.30** Strategies. The weekly business report from Financial Times Television **21.00** Open University **21.30** Open University **22.00** Performing Arts Theatre **23.00** Closedown

CABLE & MULTI SATELLITE CHANNELS

travel — TRAVEL Cable

TEXT 200

12.00 Reel World **12.30** The Wonderful World of Tom **13.00** On the Loose in Wildest Africa **13.30** Floyd on Oz **14.00** On Tour **14.30** Great Escape **15.00** Across the Line **15.30** Oceania **16.00** Innocent Abroad **16.30** Go Greece **17.00** On the Loose in Wildest Africa **17.30** Worldwide Guide **18.00** Floyd on Oz **18.30** On Tour **19.00** Reel World **19.30** The Wonderful World of Tom **20.00** Stepping the World **20.30** The Flavours of France **21.00** On Top of the World **22.00** Great Escape **22.30** Floyd on Spain **23.00** Worldwide Guide **23.30** Oceania **00.00** Closedown

SCIFI CHANNEL — Cable

ALSO ON ASTRA H 11.170GHz

07.30 Bloomberg Television **08.00** G-Force **08.30** Bionic Six **09.00** Battlestar Galactica **10.00** The Tomorrow People: Secret Weapon **10.30** Jupiter Moon **11.00** Dark Shadows **11.30** New Alfred Hitchcock **12.00** The Twilight Zone **12.30** The Twilight Zone **13.00** Tales of the Unexpected **13.30** Ray Bradbury Theatre **14.00** Voyagers! **15.00** The Six Million Dollar Man **16.00** Swamp Thing **16.30** My Secret Identity **17.00** Amazing Stories **17.30** Inside Space **18.00** C/Net Central **18.30** The New Edge **19.00** Battlestar Galactica **20.00** Quantum Leap **21.00** PSI Factor: Chronicles of the Paranormal. Featuring a suspicious suicide and a videotaped spiritual encounter **22.00** Film: Earth vs the Flying Saucers (1956) A low-budget documentary-style B-movie about a bunch of aliens bent on world domination **23.35** The Making of Scream 2: An SF Scene Special **00.00** Sightings **01.00** Battlestar Galactica **02.00** Friday the 13th **03.00** Tales of the Unexpected **03.30** Dark Shadows **04.00** Closedown

Performance — PERFORMANCE Cable

19.00 Benjamin Luxon Masterclass **20.00** Artur Rubinstein **21.00** Steve Reich **22.00** American Playhouse **00.00** Midnight Soul: Booker T Jones **01.00** Closedown

Discovery Animal Planet — ANIMAL PLANET Eutel 13°E H 11.052GHz

09.00 Nature Watch **09.30** Kratt's Creatures **10.00** Animal Planet Classics **11.00** Hunters **12.00** All Bird TV **12.30** Emergency Vets **13.00** Zoo Life **13.30** Animal Doctor **14.00** Nature Watch **14.30** Kratt's Creatures **15.00** Human/Nature **16.00** Oceans Wild **16.30** The Big Animal Show **17.00** Rediscovery **18.00** Nature Watch **18.30** Kratt's Creatures **19.00** Zoo Life **19.30** Animal Doctor **20.00** Dogs with Dunbar **20.30** The Flying Vet **21.00** From Monkeys to Apes **21.30** Amphibians **22.00** Human/Nature **23.00** Animal Planet Classics **00.00** Closedown

CHANNEL ONE TELEVISION — CHANNEL ONE Cable

Local news on the hour plus: **10.30** The Album Show **11.30** Cinema **12.30** The A-Z of Food **13.30** Cybernet **14.30** The Album Show **15.30** PDQ **16.30** American Chart Show **17.30** PDQ **18.30** The Album Show **19.30** PDQ **20.30** Cinema **21.30** Cybernet **22.30** PDQ **23.30** The Album Show **00.00** News & music all night

BBC WORLD — BBC WORLD Eutel II F1 13°E V 11.620GHz

News on the hour plus: **05.30** Reporters **06.30** Holiday **07.30** Hard Talk **08.30** Earth Report **09.30** Reporters **10.30** Hard Talk **11.30** Film '98 **12.00** Today **13.30** Reporters **14.15** Business Report **14.30** Today **15.30** Clothes Show **16.30** Hard Talk **17.30** Holiday **18.00** Today **19.30** Hard Talk **20.30** Money Programme **21.10** Business Report **21.30** Top Gear **22.10** Europe Direct **23.15** Business Report **23.30** Hard Talk **00.00** Night programmes

BET International — BETI Cable

06.00 Jazz Discovery **07.00** Jazzy Vocals **08.00** Impressions **09.00** Rap City **11.00** Jazz Central **12.00** Schedule repeats 06.00-11.00

NBC — NBC Europe Cable/ Eutel 13°E V 10.987GHz

CNBC: EUROPEAN BUSINESS SERVICE ON ASTRA V 10.729GHz

TEXT 300

0336 413 429

05.00 Europe Today **08.00** European Money Wheel CNBC Europe **11.00** Internight **12.00** Time and Again **13.00** European Living: Flavors of France **13.30** VIP **14.00** The Today Show **15.00** Home and Garden Television: The Art and Practice of Gardening **15.30** Awesome Interiors **16.00** Time and Again **17.00** European Living: Travel Xpress **17.30** VIP **18.00** Europe Tonight Live **18.30** The Ticket NBC **19.00** Dateline NBC **20.00** NBC Super Sports: European Tour Golf - Conte Italian Open **21.00** The Tonight Show with Jay Leno. From Chicago **22.00** Late Night with Conan O'Brien **23.00** The Ticket NBC **23.30** NBC Nightly News with Tom Brokaw **00.00** The Tonight Show with Jay Leno **01.00** MSNBC Internight **02.00** VIP **02.30** Europe à la Carte **03.00** The Ticket NBC **03.30** European Living: Flavors of France **04.00** MSNBC's The News with Brian Williams

CARLTON SELECT — Cable

17.00 Blockbusters **17.30** Hey Dad !! **18.00** Byker Grove **18.30** A Country Practice **19.00** London Bridge **19.30** Switch On **20.00** Sailortown: **20.30** Goodnight Sweetheart **21.00** Head Over Heels **22.00** Darling Buds **23.00** St Elsewhere **00.00** Movie Club **00.30** Tales of the Unexpected **01.00** Closedown

CARLTON FOOD AND COOKERY — Cable

09.00 FND **09.30** Food for Thought **10.00** Feasts **10.30** What's Cooking? **11.00** Thompson **11.30** Kerr's Kitchen **12.00** FND **12.30** Ballymaloe **13.00** Food for Thought **13.30** From the Ground Up **14.00** Country Cooking **14.30** FND **15.00** Wok Wiz **15.30** Thompson **16.00** Naturally **16.30** So You Think **17.00** Closedown

HVC — Cable

20.00 Gold & the Glory **21.40** Zara's Tale **22.00** Hot Times at Montclair High **23.30** Hollywood Models **00.00** Closedown

UK ARENA — UK ARENA cable

18.00 To Serve Them All My Days **19.00** Good Music **20.00** The Frame **20.30** Sounds of the Sixties **21.00** Q Milligan. Classic sketches from Spike Milligan **21.30** The Buddha of Suburbia **22.45** The Frame **23.00** Later on... Leonard Cohen **00.00** Closedown

UK HORIZONS — cable

07.00 Your Horizons **08.00** We Have Ways of Making You Think **09.00** The Aristocracy **10.00** Great Mysteries and Myths **10.30** Vets in Practice **11.00** Doctors to Be **12.00** John Wayne: The Unquiet American **13.00** Island Race **13.30** The Look **14.30** Animal Hospital Down Under **15.00** The Skipper **15.30** From A to B: Tales of Modern Motoring **16.30** The Savage Paradise **17.30** Mysteries with Carol Vorderman **18.00** Animal Hospital Week **18.30** Wildlife on UK Horizons **19.00** The Contenders **19.30** Storm Warning **20.00** 999 **21.00** Hotel **21.30** The Cruise **22.00** Sylvania Waters **22.30** Top Gear GTi **23.30** A Knife to the Heart **00.30** Straight Through the Heart **01.00** Closedown

UK STYLE — UK STYLE cable

14.00 Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Change That **15.30** The Terrace **16.00** Tracks **16.30** Italian Regional Cookery **17.00** Really Useful Week **18.00** Call My Bluff **18.30** Des Res **19.00** Antiques Roadshow **20.00** The Victorian Kitchen Garden **20.30** Change That **21.00** Can't Cook, Won't Cook **21.30** Style Challenge. Presented by Oz Clarke, John Leslie, Shauna Lowry and Kirstie Young **22.00** Call My Bluff **22.30** Real Rooms **23.00** The Terrace **23.30** Stefan's Garden Roadshow **00.00** Closedown

English translations of the foreign channels

FOR MORE CHANNELS SEE LISTINGS EXTRA