SKY MOVIES SCREEN 1
Astra V 11.436GHz

06.00 **Nelly & Monsieur Arnaud** (1995) (approx 102 mins) CERT: PG French drama about the relationship between a young woman and an older, richer man 52469126
07.45 **Mass Appeal** (1984) (approx 95 mins) CERT: PG Please see 13.10 for details 543671
09.45 **A Little Princess** (1995) (approx 93 mins) CERT: U Please see 17.25 for details 21633039
11.30 **Casper** (1995) (approx 96 mins) CERT: PG (888) Please see 19.00 for details 97750923
13.10 **Mass Appeal** (1984) (approx 95 mins) CERT: PG Acclaimed drama starring Jack Lemmon as a priest who shakes up his religious community when he makes friends with a young priest 54327768
15.00 **Sweet Charity** (1969) (approx 142 mins) CERT: PG Musical with Shirley MacLaine as a dancer in a run-down Manhattan nightclub who falls in with a humble insurance worker 11609229
17.25 **A Little Princess** (1995) (approx 93 mins) CERT: U Family drama about a young girl who is sent to boarding school when her soldier father joins the British in WW1 and finds herself under the harsh regime of a headmistress 72251519
19.00 **Casper** (1995) (approx 96 mins) CERT: PG (888) Comedy about the owner of Whipstaff Manor who brings in a ghost therapist and his daughter, Kat, to exorcise the house of its demons. But Kat soon discovers the ghost Casper and his uncles are planning to fight back! Christina Ricci, Bill Pullman, Cathy Moriarty, Eric Idle 27279
21.00 **White Squall** (1996) (approx 124 mins) CERT: 15 (888) Drama about a group of young students who spend 12 months at sea on Albatross, skippered by tough, uncompromising Christopher Sheldon (Jeff Bridges). But near the end of its journey the ship encounters a freak weather condition and the results are devastating 33779942
23.10 **Alien Nation: Millennium** (1996) (approx 87 mins) CERT: 12 Another science fiction adventure for detective Matthew Sikes and his alien partner George Francisco who must race against time to disarm an ancient relic which could prove fatal as the world hurtles towards the year 2000. Gary Graham, Eric Pierpoint, Michele Scarabelli 282039
00.40 **Lying Eyes** (1996) (approx 87 mins) CERT: 15 Thriller about a married lawyer who embarks on an ill-judged affair with Amy, a teenage cheerleader, not revealing to her that he has a family. Amy, meanwhile, finds herself receiving anonymous death threats which she cannot explain 189633
02.15 **Nicky and Gino** (1988) (approx 105 mins) CERT: 15 A moving drama about two brothers, one a talented but overstretched medical student awaiting notice of an internship at Stanford University, and the other, slightly retarded whose removal job is helping to pay his sibling's way through medical school. Tom Hulce, Ray Liotta 274430
04.00 **The Forgotten One** (1990) (approx 94 mins) CERT: 18 Eerie ghost story about a writer who, while investigating a 19th-century murder, finds herself visited by a spirit of the deceased. Kristy McNichol, Terry O'Quinn 81121

Text 129

SKY MOVIES SCREEN 2
Astra V 11.479GHz

06.00 **The Ditchdigger's Daughters** (1997) (approx 89 mins) CERT: U Please see 16.00 for details 31403
08.00 **Merlin's Shop of Mystical Wonders** (1997) (approx 90 mins) CERT: TBC Family adventure in which King Arthur's magician, Merlin, arrives in the 20th century and sets up a magic shop 70519
10.00 **Prehysteria! 3** (1995) (approx 82 mins) CERT: U Family adventure about a couple who run a crazy golf course who are in danger of going under - until the dinosaurs come to the rescue! 30316
12.00 **Rodgers and Hammerstein: The Sound of Movies** (1995) (approx 93 mins) CERT: U Documentary charting the careers of the legendary composing and songwriting team 80942
14.00 **Horses and Champions** (1994) (approx 90 mins) CERT: U Equine drama about a stable girl who harbours a dream of becoming a horse-riding champion and is given the chance for glory 79229
16.00 **The Ditchdigger's Daughters** (1997) (approx 89 mins) CERT: U Drama about a black ditchdigger who works 16-hour days for 35 years in several different jobs to earn the money for his daughters to be doctors 6768
18.00 **Hearts Adrift** (1996) (approx 89 mins) CERT: PG (DS) Drama in which Max and her mother, Grace, are invited to spend the weekend with Lloyd Raines, Grace's childhood sweetheart, and the pair seize the opportunity and soon find themselves being romanced - Grace by Lloyd and Max by Kyle, Lloyd's handsome son 86565
20.00 **GoldenEye** (1995) (approx 124 mins) CERT: 12 (888) Bond thriller in which 007 races to find a communications device known as GoldenEye, which is going to be used to bring the world to its knees. Little does he realise that this seemingly straightforward assignment will bring him face-to-face with his past and set him against a twisted genius. Pierce Brosnan, Sean Bean 31384565
22.10 **Se7en** (1995) (approx 122 mins) CERT: 18 (888) (DS) Thriller about two cops on the trail of a serial killer leaving a trail of bodies in his wake, each one killed in a manner representing one of the Deadly Sins - but as the two detectives build a picture of John Doe's motivations they realise that his killings form a sermon which is aimed directly at them. Brad Pitt, Morgan Freeman 79881590
00.20 **The Movie Show** 3306430
00.50 **The Ultimate Lie** (1996) (approx 83 mins) CERT: 15 Drama about a father, who has been cheating on his wife but when he hires his latest hooker, he is shocked to discover that the girl sent to him is his own daughter! 6704091
02.20 **The Crossing Guard** (1995) (approx 106 mins) CERT: 15 (888) Thriller about a father who plans to avenge his daughter's death at the hands of a drunken driver. But the two men discover that they have more in common than they could ever have anticipated. Jack Nicholson, Anjelica Huston, Robin Wright. Directed by Sean Penn 908985
04.15 **Hearts Adrift** (1996) (approx 89 mins) CERT: PG (DS) Please see 18.00 for details 859463

Text 129

BOX OFFICE 1
11.597GHz PAY-PER-VIEW (PPV: see below)

22.00 **The Relic** (1996) (110 mins) CERT: 15 Comedy horror tale in which the curators of a big city museum introduce a mysterious new exhibit which unleashes a demonic force. Tom Sizemore, Penelope Ann Miller (rpt 00.00, 02.00 and 04.00)

BOX OFFICE 2
10.877GHz PAY-PER-VIEW (PPV: see below)

12.00 **Blood and Wine** (1996) (97 mins) CERT: 15 Thriller about a crook (Jack Nicholson) who juggles his wife (Judy Davis), his stepson (Stephen Dorff) and his mistress, while at the same time plotting robberies (rpt 14.00, 16.00, 21.00, 23.00, 01.00 & 03.00)

BOX OFFICE 3
10.862GHz PAY-PER-VIEW (PPV: see below)

06.00 **Space Jam** (1997) (84 mins) CERT: PG Michael Jordan is sucked into Looney Tune Land to help Bugs Bunny and Co. in a basketball game (rpt 07.30, 09.00, 10.30, 12.00, 13.30, 15.00, 16.30, 20.00, 21.30, 23.00, 00.30, 02.00 & 03.30)

BOX OFFICE 4
10.847GHz PAY-PER-VIEW (PPV: see below)

20.00 **Twin Town** (1997) (95 mins) CERT: 18 Comedy set in urban Swansea about a handyman (Huw Ceredig) who falls from a ladder while working for a contractor and is then refused compensation (rpt 22.00 and 04.00)

SKY MOVIES GOLD
Astra V
11.127GHz from 16.00-05.00 (weekdays)
11.127GHz from 11.00-05.00 (weekends)
11.597GHz from 22.00-06.00 (weekdays)

11.00 **Suspicion** (1941) (95 mins) CERT: PG Alfred Hitchock suspense thriller 5072126
13.00 **The Bridges at Toko-ri** (1954) (99 mins) CERT: U Action movie set during the Korean War 1202942
15.00 **For Whom the Bell Tolls** (1943) (149 mins) CERT: PG Action drama with Gary Cooper 5567107
18.00 **Old Gringo** (1989) (115 mins) CERT: TBC Period drama in which a spinster (Jane Fonda) goes to Mexico to take up a post as a governess 5570107
20.00 **The Long Ships** (1963) (119 mins) CERT: PG Viking adventure in which Richard Widmark plays a Scandinavian hero, struggling against the evil Moors to gain possession of a golden bell 5575652
22.00 **Erik the Viking** (1989) (89 mins) CERT: TBC Tim Robbins plays a Viking warrior who embarks on a voyage to find the fabled City of the Gods 1328720
23.40 **Les Patterson Saves the World** (1988) (85 mins) CERT: 15 Australian comedy in which Barry Humphries is Sir Les Patterson 3675565
01.10 **Loose Cannons** (1990) (90 mins) CERT: 15 Gene Hackman- Dan Aykroyd cops comedy 7998614
02.45 **Bachelor Mother** (1939) (78 mins) CERT: U Comedy starring Ginger Rogers 29655817
04.05 **Suspicion** Please see 11.00 2830324
05.40 **Closedown**

Text 129

TNT Classic Movies
Astra H 11.023GHz

21.00 **Mutiny on the Bounty** (WS) (1962) Adventure based on the true story of the 1789 South Seas mutiny 37250381
00.15 **Wise Guys** (1986) Comedy about two small-time hoods trying to double-cross their boss. Danny DeVito, Harvey Keitel 90303343
02.00 **The Secret of My Success** (1965) Comedy in which a naive cop winds up as a South American dictator courtesy of his meddling mother 42453148
04.00 **Kisses** Lauren Bacall hosts the 'screen kiss' 76249546

Text 100

bravo
Astra V 11.097GHz

20.00 **Monkey** 9841132
21.00 **Real Stories of the Highway Patrol** 8315126
21.30 **Cops** 2448687
22.00 **Twisted** 7413294
22.30 **Italian Stripping Housewives** 7422942
23.00 **Film: Eleven Days, Eleven Nights** (1987) Erotic drama in which a man who is about to be married falls under the spell of a beautiful female writer who is bent on making him her 100th lover 6740942
01.00 **Beverly Hills Bordello** 7459275
01.30 **Film: American Yakuza** (1993) Explosive thriller in which an FBI agent goes undercover in the US branch of the Japanese mob 5510324
03.30 **Film: Over the Edge** (1979) Powerful tale of teenage rebellion. Bored with their dull lives a group of teens turns to alcohol, sex and drugs 6729459
05.30 **Twisted** 9703966
06.00 **Closedown**

Text 210

DISNEY CHANNEL
Astra V 11.597GHz

06.00 Eyewitness 53497 **06.30** Jungle Cubs 60213 **07.00** Aladdin - the series 90942 **07.30** Mighty Ducks 86749 **08.00** Men in Black 96565 **08.30** Ned's Newt - Double Bill 17300 **09.30** Brand Spanking New Doug 21749 **10.00** Recess 51565 **10.30** Teen Angel 59300 **11.00** Student Bodies 22861 **11.30** Smart Guy 23590 **12.00** Boy Meets World 99652 **12.30** Disney's Honey, I Shrunk the Kids - the TV series 4519687 **13.10** Woof 16710749 **13.35** Flash Forward 19740039 **14.00 Film:** Just in Time (1996) Michael Bedford seems to have it all - a top job, lovely house and beautiful daughter, Lily. But something is missing from both their lives: Lily's mother died in a crash two years earlier. Then a nanny called Faith comes into their lives... 74126 **15.30** The Wonder Years 4403 **16.00** Home Improvement - Double Bill 40213 **17.00** Disney's Honey, I Shrunk the Kids - the TV series 6286861 **17.45** Smart Guy 601045 **18.10** Teen Angel 808279 **18.35** Boy Meets World 528774 **19.00 Film:** Disney's Safety Patrol (1995) Comedy about a young Scout who desperately wants to be on the school's safety patrol 42576942 **20.35** Classic Toon 497045 **21.00** Dr Quinn: Medicine Woman 65010 **22.00** Closedown

UK TV
UK TV PREVIEW
Astra V 10.817GHz

07.00 Tomorrow's World Plus **08.00** Great Mysteries & Myths **08.30** Great Mysteries & Myths **09.00** Parrots: Look Who's Talking **10.00** Easter Island: The Secrets/The Story **12.00** Motorworld **12.30** The Power & the Glory **13.00** 1914-18 **14.00** Call My Bluff **14.30** Dream Ticket **15.00** Travel Show **15.30** Holiday in Style **16.30** From A to B: Tales of Modern Motoring **17.30** Tracks **18.00** Superstore **18.30** Off Your Trolley with Loyd Grossman **19.00** Children's Hospital: Special Edition **20.00** Meet the Ancestors: Special Edition **21.00** The Cruise **21.30** Film: Priest (1994) A journey into the soul of a tortured Catholic priest unsure of his sexuality **23.30** Later on... Blur **00.30** Closedown

5
FilmNet Transponder 63 10.920GHz

06.00 Mixing It 8307590 **06.30** Havakazoo 3296855 **07.00** Dappledown Farm 3674958 **07.30** Milkshake! 3512132 **07.35** Wimzie's House 7462403 **08.00** Do You Believe In? 1984294 **08.30** Alpha Zone 1983565 **09.00** Stickin' Around 1070045 **09.30** The Incredible Hulk 3666316 **10.30** The Valley Between 1076229 **11.00** Deepwater Black 7752107 **11.30** USA High 7753836 **12.00** The Mag 20628300 **13.10** Mariella Frostrup's Brunch 82601584 **13.40** 5 News 32751213 **13.50** Exclusive! 30737045 **15.10** Family Affairs Omnibus 14711300 **17.25** Mixing It 48855584 **17.55** 5 News and Sport 3539213 **18.00** Rugby Express 4762958 **19.00** Aliens Among Us 1940010 **19.30** 100 Per Cent 2771381 **20.00** Sci-Five: UFOs 1704652 **21.00** Film 4549942 **23.30** Film 5322720 **01.10** Indycar Racing 2687701 **01.55** Sport 86015343 **04.40**Monsters 29218879 **05.05** Throb 52883643 **05.30** Whittle 8208275

P Premiering Film — L Last Play — WS Widescreen — DS Dolby Surround Sound — 888 Subtitled
PPV INFORMATION LINE: 0990 800 888 OR CHECK SKY TEXT 177

SKY ONE — Astra V 11.318GHz

Text 126

06.00 **The Hour of Power** 33107
07.00 **Double Dragon** 96045
07.30 **Free Willy** 77792
08.00 **Wild West Cowboys of Moo Mesa** 59818
08.30 **Super Human Samurai Syber-squad** 76589
09.00 **What-a-Mess** 19381
09.30 **Orson & Olivia** 54942
10.00 **Adventures of Sinbad** 77756
11.00 **Rescue** 51381
11.30 **Sea Rescue** 52010
12.00 **Dream Team** (888) Omnibus 44565
13.00 **WWF: Superstars** 53213
14.00 **Kung Fu** 85497
15.00 **Star Trek** 63126
16.00 **Star Trek: The Next Generation** (888) Data is concerned about a new invention 48861
17.00 **Star Trek: Deep Space Nine** 3294
18.00 **The Simpsons** (888) 8855
18.30 **The Simpsons** (888) 9107
19.00 **3rd Rock from the Sun** (888) 4923
19.30 **3rd Rock from the Sun** (888) 1519
20.00 **Earth: Final Conflict** (888) 94584
21.00 **The X-Files** (888) 74720
22.00 **Hot Summer Downunder** 84107
23.00 **South Park** 49590
23.30 **Forever Knight** 89010
00.30 NEW! **Tales from the Crypt** 74898
01.00 **Dream On** 93492
01.30 **Dream On** 31140
02.00 **Long Play**

NATIONAL GEOGRAPHIC CHANNEL — Astra H 11.303GHz

19.00 **Ducks Under Siege** The devastating effects facing ducks 8865107
20.00 **For all Mankind** The USA space programme's Apollo years 4752958
21.30 **Kakapo: Night Parrot** Rare parrots in New Zealand 1829294
22.00 **Polar Bear Alert** The habits and habitats of polar bears 8864478
23.00 **Cold Water, Warm Blood** Seals, whales and dolphins 9369823
00.00 **World of Clones** 3674527
01.00 **Closedown**

UK GOLD — Astra H 11.553GHz

07.20 **The Onedin Line** 1127720
08.15 **Selwyn** 9207316
08.45 **Gingerbread Girl** 9206687
09.15 **Fairly Secret Army** 9123300
09.45 **Blake's Seven** 51043294
10.50 **Dr Who** 74375768
12.40 **Sports Anorak of the Year** 47207045
13.10 **Film: Road to Morocco** (1942) The best of the series sees Hope and Crosby's duo adrift in the Mediterranean 35205720
15.00 **The Bill** 44420671
17.25 **Only when I Laugh** 3983229
18.00 **The House of Eliott** Sebastian's surprise visit catches the sisters off guard 22216869
19.05 **Driving School** Maureen takes her sixth driving test 5823687
19.45 **Keeping Up Appearances** Hyacinth is at her wits' end with worry 5383749
20.25 **Open All Hours** 4241978
21.05 **Taggart** Taggart and Jardine are called in when a charred corpse is discovered 53565565
23.15 **The New Statesman** 4810584
23.50 **Spitting Image** 6895107
00.25 **Nice Work** 8203256
01.20 **The Equalizer** 5654256
02.10 **100 Years of Horror** 48325362
02.40 **Shopping at Night**

SCI FI CHANNEL — Astra V 11.568GHz

20.00 **Quantum Leap** Sam leaps into the body of a cabbie 3317768
21.00 **On a Collision Course with Earth** What will happen if a meteor does crash on Earth 7512045
21.30 **Amazing Stories** 7751010
22.00 **The Hunger** 7775584
22.30 **Film: Falling Fire** A spaceship diverts a gigantic ore-rich asteroid to Earth 7091497
00.30 **The Hunger** 5315633
01.00 **The Hunger** 7532633
01.30 **The World of Hammer** 2617430
02.00 **Friday the 13th** 9483237
03.00 **Tales of the Unexpected** 7529169
03.30 **Dark Shadows** 7062985
04.00 **Closedown**

GRANADA PLUS — Astra H 11.244GHz

06.00 **The Box** 6533836
07.00 **Bootsie & Snudge** 2690861
07.30 **Nearest and Dearest** 2513768
08.00 **Cannon & Ball Show** 7919300
08.30 **No Honestly** 7918671
09.00 **Blind Date** 6947478
10.00 **E! Mysteries and Scandals** 7581213
10.30 **E! Gossip** 7905107
11.00 **E! Celebrity Profile** 2695316
12.00 **Jason King** 5760045
13.00 **Blind Date** Cilla Black plays Cupid for more romantic hopefuls 5673565
14.00 **We'll Meet Again** The Ginger Rogers crew go up to London 7582942
15.00 **Forever Green** The Boults are struck down by a mysterious illness 6209855
16.00 **The Saint** Templar comes to the aid of a Queen 6384590
17.00 **Classic Coronation Street** Omnibus 9090403
19.30 **Doctor At Sea** Waring has a warning for Stuart-Clark 1446126
20.00 **Jason King** A visit to a German health farm proves to be far from healthy for King 7692942
21.00 **Clive James Special** Clive visits Japan for himself to witness them at play 7689478
22.00 **The Glory Boys** Jimmy's drinking is getting in the way of his mission to keep Sokarev alive 7682565
23.00 **Closedown**

MEN & MOTORS — Astra H 11.244GHz

23.00 2 Wheels Better 6392519
23.30 Pro-superbike 7587497
00.00 Biker's Night Off 6927614
00.30 Through the Gears 3987512
01.00 E! Extreme Close-up 3141343 **01.30** E! Gossip 8417072
02.00 Closedown

The Racing Channel — Astra V 10.877GHz

The Racing Channel does not transmit on Sundays

EUROSPORT — Astra V 11.259GHz

Text 127

07.30 **Four Wheels Drive** 44652
08.00 **Rally** 56923
08.30 **Live Superbike: World Championship** Warm-up 55294
09.00 **Live Supersport World Series** Warm-up 42774
09.30 **Touring Car** 6883749
10.15 **Live Touring Car: Super Tourenwagen Cup** Sprint 1176774
11.00 **Live Superbike** Race One 53300
12.00 **Live Motocross** Fifth round of the 250cc World Championship 77958
13.00 **Live Supersport World Series** The race 80478
14.00 **Live Equestrianism: Samsung Nations Cup** 27497
15.00 **Live Cycling: Tour of Romandy** Fifth and last stage 13045
16.30 **Superbike** 5590
17.00 **Live CART: FedEx Championship** 870720
19.30 **Tennis: ATP Tour - Mercedes Super 9 Tournament** Final 42652
21.30 **Touring Car** 76294
22.30 **Boxing** 54923
23.30 **Sailing** 15652
00.00 **Superbike** 33053
00.30 **Closedown**

SKY SPORTS 1 — Astra V 11.509GHz

Text 127

06.00 **Sports Unlimited** 73749
07.00 **Gillette World Sport Special** 47749
07.30 **Formula Three** 59584
08.00 **Aerobics Oz Style** 61855
08.30 **Rebel Sports** 60126
09.00 **Saturday Fight Night** 18749
11.00 **Rugby Union Update: Tetley's Bitter Cup Final** 91749
12.30 **World Wide Rugby** 85942
14.00 **Inside the Senior PGA Tour** 7039
14.30 **Gillette World Sport Special** 7958
15.00 **Live Ford Super Sunday** Action from the latest Premiership clash 9020382
19.00 **Live Super League: London v Leeds** Action from the Stoop where the London Broncos take on the Leeds Rhinos 50213
21.00 **Spanish Football** Action from the Primera Liga 20923
23.00 **Football League Review: Division One Play-off Semi-final 1st Leg** 59478
00.30 **Ford Football Special** 90492
02.30 **Super League: London v Leeds** 99985
04.30 **Closedown**

SKY SPORTS 2 — Astra H 11.170GHz

UPDATE 0336 413 416

06.00 **Irish Showjumping** 7426403
06.30 **Inside the Senior PGA Tour** 4535126
07.00 **Aerobics Oz Style** 9159294
07.30 **Futbol Mundial** 9241229
08.00 **Soccer Extra** 8624010
12.00 **Live Football League: First Division Play-off Semi-final First Leg** 2849768
15.00 **NHL** Coverage from the ice with the latest clash 3159942
17.00 **Live NFL Europe: England v Amsterdam** Coverage from Crystal Palace 9119749
20.00 **Live Ford Golf USA: Bellsouth Classic** Ball-by-ball fourth day coverage from Georgia 9206229
23.00 **Euro Tour Golf: Turespana Masters** 3158213
01.00 **Inside the Senior PGA Tour** 8273546
01.30 **Fastrax** 3105121
02.00 **Closedown**

SKY SPORTS 3 — Astra H 11.671GHz

10.30 **Live Superbikes: Italy** Coverage of the latest stage of the Superbikes championship from Monza in Italy 99835958
15.30 **Formula Three** Action from the fast lane 57031590
16.00 **Live Ford Super Sunday** Coverage from the Premiership as two more sides battle for crucial league points 52492861
18.00 **Euro Tour Golf: Turespana Masters** Day four from Santa Ponsa in Mallorca 35289519
20.00 **Superbikes** Highlights from the Monza circuit in Italy 35188836
22.00 **Rebel Sports** Wild and mad-cap series about aspects of sport 80067381
22.30 **Squash: British Open** Coverage from the British Open 56654792
23.30 **Gillette World Sport Special** 67431855
00.00 **Closedown**

	6pm	7pm	8pm	9pm	10pm	11pm
SKY MOVIES SCREEN 1	Cont A Little Princess	Casper		White Squall		
SKY MOVIES SCREEN 2	Hearts Adrift		GoldenEye		Se7en	
SKY MOVIES GOLD	Old Gringo		The Long Ships		Erik the Viking	
SKY ONE	The Simpsons	3rd Rock from the Sun / The Simpsons	Earth: Final Conflict / 3rd Rock from the Sun	The X-Files	Hot Summer Downunder	South Park
UK GOLD	The House of Eliott	Driving School / Keeping Up Appearances	Open All Hours	Taggart		The New Statesman
EUROSPORT	Cont Live CART	Tennis: ATP Tournament		Touring Car	Boxing	Sailing
SKY SPORTS 1	Cont Live Football	Live Super League: London v Leeds		Spanish Football		Football

Double-check today's listings on the teletext page shown below each channel logo or use the Update telephone lines

PARAMOUNT COMEDY
Astra V 11.156GHz

19.00 Clueless 9497 **19.30** Mork and Mindy: Mork in Never Never Land 3565 **20.00** Wings 1045 **20.30** Cosby 7652 **21.00** Due South 38942 **22.00** Frasier: Frasier Crane's Day Off 63213 **22.30** Cheers: Severe Crane Damage. After seeing Robin Colcord with another woman, Sam decides to tell Rebecca, but instead of giving up on him, she decides to fight even harder for her 'perfect man' 45861 **23.00** Monty Python's Flying Circus 62364 **23.30** Absoloutely 442749 **00.15** Lancelot Link 6368492 **00.30** It's Garry Shandling's Show 86986 **01.00** Frasier 64904 **01.30** Cheers 79324 **02.00** Due South 15850 **03.00** Mork and Mindy 44140 **03.30** Cosby 42343 **04.00** Closedown

CHALLENGE TV
Astra H 10.993GHz

Text 120

17.00 Don't Drink the Water 6565 **17.35** Prize Time 985039 **17.45** Family Fortunes 916403 **18.15** Prize Time 286671 **18.30** Catchphrase 4213 **19.00** Prize Time 221039 **19.15** Fifteen to One 831768 **19.50** Prize Time 803942 **20.00** Crystal Maze 58720 **21.00** Prize Time 774328 **21.15** Strike It Lucky 186720 **21.45** Prize Time 849045 **22.00** Endurance UK 820403 **22.45** Prize Time 379584 **23.00** Jools Holland's Name That Tune 27316 **23.30** Prize Time 307652 **23.45** Karaoke Challenge 105855 **00.15** Prize Time 9709053 **00.30** The Mixer 57701 **01.30** Christy 45188 **02.30** Me and the Boys 91633 **03.00** Snowy River 28411 **04.00** Jake and the Kid 54324 **05.00** Screenshop 58091 **06.00** Closedown

LIVING
Astra V 10.979GHz

Text 204

06.00 Tiny Living 1605403 **09.00** Living Style 3274145 **09.10** Ready, Steady, Cook 6401045 **09.50** The Heat Is On 3946294 **10.20** Rolonda 3416768 **11.10** Brookside Omnibus 86374836 **13.10** Tempestt 7898720 **14.00** Cheap Chic 6911403 **14.30** I Dream of Jeannie 3674671 **15.00** Film: The Other Love (1947) When a vivacious and successful concert pianist is struck down with tuberculoss her doctor forces her to take things easier, but a fellow patient's death awakens her to her own mortality and starts living life to the full 58573584 **17.05** Hart to Hart 2327836 **18.00** Film: Conspiracy of Love (1987) The moving story of a devoted grandfather's fight to keep his granddaughter after a bitter court battle 5578749 **20.00** Animal Rescue 6835039 **20.30** Rescue 911 6910774 **21.00** Jerry Springer Double Bill 41747652 **22.50** Sex Life Down Under 8596039 **00.00** Closedown

CHRISTIAN CHANNEL
Astra H 11.170GHz

04.00 Thought **04.05** The Sandfords **04.30** This Is Your Day **05.00** Voice of Faith - Walter Hallam - Ray Bevan **06.00** Praise The Lord **07.00** Ray McCauley **07.30** Taking Authority **08.00** Winning Ways - Matthew Ashimolowo **09.00** Life Is For Living **09.30** On Holy Ground **10.00** Revelation **10.30** Benny Hinn **11.00** Closedown

SKY SOAP
Astra V 11.568GHz

11.00 Emmerdale **11.30** Emmerdale **12.00** Emmerdale **12.30** Emmerdale **13.00** Emmerdale **13.30** Families **14.00** Families **14.30** Families **15.00** Families **15.30** Families **16.00** Closedown

THE HISTORY CHANNEL
Astra V 11.568GHz

16.00 Vietnam, The Ten Thousand Day War: The Village War **17.00** Civil War: Simply Murder **18.00** Assassinations: Reinhard Heydrich **19.00** Assassinations: Mahatma Gandhi **20.00** Closedown

SKY TRAVEL
Astra V 11.126GHz

The Travel Channel does not broadcast on Sundays

TV TRAVEL SHOP
Astra H 10.993GHz

12.00-17.00 Home Travel Shopping Service

QVC
Astra V 11.038GHz

Text 205

24 Hour Shopping Service

Sell-a-Vision
Astra H 11.273GHz

05.00-12.00 Sell-a-Vision

Discovery Home & Leisure
Astra H 11.082GHz

ALSO ON CABLE

09.00 **The History Makers** 9824403
10.00 **Go Fishing** 4410942
10.30 **Total Fishing with Matt Hayes** 7507687
11.00 **Gimme Shelter** 8308836
11.30 **Antiques Challenge** 8309565
12.00 **New Yankee Workshop** 7425039
12.30 **The Close Guide** 2368497
13.00 **Cookabout with Greg and Max** 9671687
13.30 **A Cook on the Wild Side** 2367768
14.00 **Rex Hunt's Fishing World** 6902687
14.30 **The Diceman** 7075687
15.00 **This Old House with Steve & Norm** 6818294
15.30 **This Old House with Steve & Norm** 7070132
16.00 **Closedown**

Discovery Channel
Astra H 11.082GHz

Text 200

16.00 **Wings of Tomorrow: Air Dominance** 8495316
17.00 **Flightline** 6820039
17.30 **Ultra Science: Cybermind** 7079403
18.00 **Ultimate Guide: Elephants** 2449316
19.00 **The Supernatural: Giant Snake** A fearless herpetologist goes in search of the world's biggest snakes and wrestles crocodiles to reach them 6906403
19.30 **Animal X** From Egypt comes a tale of a mysterious beast reported to have injured dozens of people in ferocious night attacks 7983652
20.00 **Discovery Showcase: The Future of the Car** An investigation into the way cars will look in the future 9758478
21.00 **Discovery Showcase: The Future of the Car** Space-age tecnology and the role it has in creating the cars of the future 9761942
22.00 **Discovery Showcase: The Future of the Car** 9844229
23.00 **Discover Magazine: The Hunt** 9585836
00.00 **Lonely Planet: South-west China** 5522169
01.00 **Justice Files: Against Her Will** 7547121
02.00 **Closedown**

.tv
Astra V 10.847GHz

18.00 Blue Chip. Lively discussion programme about the cutting edge issues affecting the IT industry **18.30** Buyer's Guide **19.00** Global Village. News from around the world **19.30** Blue Chip **20.00** Closedown

SKY SCOTTISH
Astra H 10.862GHz

18.00 TV Slimmers **18.30** Scotland - Edge of the Land. Spectacular aerial views of Scotland. This week - Duncansby Head **19.00** The Celtic Park Hour. Bhoys news **20.00** Closedown

breeze
Astra V 10.847GHz

06.00 **E! Uncut** 65503316
06.30 **E! Extreme Close-up** 14623872
07.00 **Cook's Garden** 73817213
07.30 **Rosemary Conley's Cookbook** 73896720
08.00 **The View** 13448749
09.00 **Sally Jessy Raphael** 65416836
10.00 **The Good Housekeeping Show** 65972364
10.30 **The Zest Beauty Show** 40733861
11.00 **Cook's Garden** 35311923
11.30 **'Great British Food' Goes Down Under** 35312652
12.00 **The View** 10457652
13.00 **Roddy Llewellyn's Indoor Garden** 73816584
13.30 **Rosemary Conley's Cookbook** 10540316
14.00 **The E! True Hollywood Story** Gianni Versace This E! special examines the life, and tragic death, of the Italian fashion designer 64522823
15.00 **Livetime** 35323768
16.00 **Sally Jessy Raphael** Audience participation show 35408403
17.00 **Livetime** 47945300
18.00 **Closedown**

SKY News
Astra V 11.377GHz

Text 128

Sky News on the hour plus **06.00** Sunrise **09.30** Business Week **10.00** Sunday with Adam Boulton **11.30** The Book Show **12.30** Week in Review **13.30** Global Village **14.30** Showbiz Weekly **15.30** Reuter's Reports **16.30** Adam Boulton **17.00** Live At Five **19.30** Sportsline **20.30** Reuters Report **21.30** Showbiz Weekly **22.00** Prime Time **23.30** Week in Review **00.30** CBS Evening News **01.30** ABC World News Tonight **02.30** Business Week **03.30** Reuters Report **04.30** CBS Evening News **05.30** ABC World News Tonight

CNN International
Astra V 11.627GHz

Text 200

News on the hour plus **05.30** Inside Asia **06.30** World Business **07.30** World Sport **08.30** Global View **09.30** The Art Club **10.30** Sport **11.30** Earth Matters **12.30** Science & Technology **13.30** World Report **14.30** Inside Europe **15.30** Sport **16.30** NBA **17.00** Late Edition **18.30** Business Unusual **19.00** Impact **20.30** Pinnacle Europe **21.30** World Cup Weekly **22.30** World Sport **23.00** World View **23.30** Style **00.00** The World Today **00.30** Showbiz This Week **01.15** Asian Edition **01.30** Diplomatic Licence **02.00** The World Today **03.00** Impact **04.30** This Week in the NBA

CNBC
Astra V 10.729GHz

05.00 Asia This Week **05.30** Story Board **06.00** Dot. Com **06.30** Europe This Week **07.00** Future File **07.30** Media **08.00** Far East **08.30** Story Board **09.00** Dot. Com **09.30** Europe this Week **10.00** Media **10.30** Directions **11.00** Asia this Week **11.30** Europe this Week **12.00** Directions **12.30** Future File **13.00** Asia this Week **13.30** Story Board **14.00** Dot. Com **14.30** Europe this Week **15.00** Future File **15.30** Media **16.00** Far East **16.30** Story Board **17.00** Dot. Com **17.30** Europe **18.00** Media **18.30** Directions **19.00** Asia this Week **19.30** Europe **20.00** Directions **20.30** Future File **21.00** Asia this Week **21.30** Story Board **22.00** Dot. Com **22.30** Europe **23.00** Future File **23.30** Far Eastern **00.00** Breakfast **01.00** Asian Squawk Box **02.00** Trading Day **03.00** Trading Day **04.00** Trading Day

Bloomberg
Astra H 11.361GHz

24 hour business news with Reports, Sports and Worldwatch, plus **06.49** Market Review **07.19** Clips **12.19** Bloomberg Entertainment **12.49** World Cup Countdown **15.19** Clips **15.49** Boarding Pass **18.49** Market Review **20.19** Bloomberg Entertainment

CARTOON NETWORK
Astra H 11.023GHz

Text 102

05.00 Omer and the Starchild **05.30** Ivanhoe **06.00** The Fruitties **06.30** Blinky Bill **07.00** Thomas the Tank Engine **07.15** The Magic Roundabout **07.30** The Real Story of... **08.00** Scooby Doo **08.30** Dastardly and Muttley's Flying Machines **08.45** Wacky Races **09.00** Dexter's Laboratory **09.30** Johnny Bravo **10.00** Cow and Chicken **10.30** Beetlejuice **11.00** The Mask. Stanley Ipkiss once again transforms into his outrageous alter ego **11.30** Tom and Jerry **11.45** Road Runner **12.00** Scooby Doo **12.30** The Bugs and Daffy Show **13.00** Johnny Bravo **13.30** Cow and Chicken **14.00** Popeye **14.30** The Jetsons **15.00** Taz-Mania **15.30** Scooby Doo **16.00** Scooby Doo **16.30** Dexter's Laboratory **17.00** Johnny Bravo **17.30** Cow and Chicken **18.00** Tom and Jerry **18.30** The Flintstones **19.00** Scooby Doo **19.30** 2 Stupid Dogs **20.00** Hong Kong Phooey **20.30** Help! It's the Hair Bear Bunch **21.00** Closedown

Nickelodeon
Astra V 11.156GHz

Text 110

07.00 Tales From the Cryptkeeper **07.30** Extreme Ghostbusters **08.00** Rocko's Modern Life **08.30** Hey Arnold! **09.00** Rugrats **10.00** Angry Beavers **10.30** Doug **11.00** Aaahh!!! Real Monsters **11.30** The Ren and Stimpy Show **12.00** Wishbone **12.30** Moesha **13.00** Sister, Sister **13.30** The Secret World of Alex Mack **14.00** Kenan and Kel **14.30** Clarissa Explains It All **15.00** The Adventures of Pete and Pete **15.30** Captain Star **16.00** Hey Arnold! **16.30** Rugrats **17.00** Sister, Sister **17.30** Kenan and Kel **18.00** Sabrina the Teenage Witch **18.30** Moesha **19.00** Closedown

Fox Kids
Astra H 11.303GHz

06.00 Power Rangers Turbo **06.30** Power Rangers Turbo **07.00** Bureau of Alien Detectors **07.30** Futbol Mundial **08.00** The Incredible Hulk **08.25** Casper **08.35** Tonnsylvania **09.00** Hero Turtles **09.30** Mortal Kombat **10.00** Goosebumps **10.30** Eerie, Indiana **11.00** Sam and Max **11.30** Life With Louie **12.00** The Tick **12.30** Fantastic Four **13.00** Power Rangers Turbo **14.00** Bureau of Alien Detectors **14.30** Futbol Mundial **15.00** The Incredible Hulk **15.30** Toonsylvania **16.00** Hero Turtles **16.30** Mortal Kombat **17.00** Goosebumps **17.30** Eerie, Indiana **18.00** The Pepsi Chart **18.30** Sweet Valley High **19.00** Closedown

Trouble
Astra V 11.097GHz

07.00 Batman. Can Batman escape the feline fiend, Catwoman? 9596942 **07.30** Earthworm Jim 9582749 **08.00** California Dreams 7419478 **08.30** Hang Time 7418749 **09.00** Ready or Not 7505229 **09.30** Heartbreak High. Allie, Matt and Kate have to put their troubled relationship behind them when they work together on a science project. Katerina looks trouble squarely in the eye when she takes control of the Shark Pool for one night 2256381 **10.30** Sweat 7421213 **11.00** Sweet Valley High. Jessica's friends are worried she is spending to much time with a bad-boy biker 8491590 **11.30** Echo Point 8409519 **12.00** Ready or Not 7412565 **12.30** On the Make 30917126 **12.45** It's in the Jeans 30905381 **13.00** Saved by the Bell 9595213 **13.30** Saved by the Bell 2354294 **14.00** USA High 6826213 **14.30** Earthworm Jim 7999213 **15.00** Batman 6805720 **15.30** Echo Point 7074958 **16.00** Hang Time 7980565 **16.30** Sweet Valley High 7986749 **17.00** No Naked Flames 6817565 **17.30** California Dreams. Sly attempts to convince Lorena that he should be her dance partner for a big dance contest 7073229 **18.00** Hollyoaks 2363942 **19.00** USA High. Ashley finds it hard to get dates as her father is the headmaster 6900229 **19.30** Sweat 7987478 **20.00** Closedown

Check the telephone numbers above for

VH1 — Astra V 11.538GHz

Text 200

07.00 **Breakfast in Bed** 64926749
10.00 **Sunday Brunch** 10543403
12.00 **Ten of the Best: Leo Sayer** 10546590
13.00 **Greatest Hits of...: The Human League** 10459010
14.00 **The Clare Grogan Show** 78027233
15.00 **Madonna: The Blonde Ambition Tour** Debut appearance of the famous conical bra 30034478
17.00 **Five @ Five** 47022403
17.30 **VH1 to 1: Michael Bolton** 17820132
18.00 **Pop-Up Video** 10542774
19.00 **American Classic** 50701590
20.00 **Talk Music** 50614010
21.00 **The VH1 Album Chart Show** 50707774
22.00 **Behind the Music: Meatloaf** 50700861
23.00 **VH1 Spice** 73819671
00.00 **Soul Vibration** 13410966
01.00 **VH1 Late Shift** 26923091

MTV — Astra H 11.421GHz

Text 102

07.00 **Kickstart** 74958
09.00 **The Grind** 84720
09.30 **The Grind** 29381
10.00 **Hitlist UK** 12045
12.00 **MTV News Weekend Edition** 59364
12.30 **Daria** 30497
13.00 **Select MTV** 43590
15.00 **Stylissmo!** Fashion & lifestyle show 3478
15.30 **Spice Up Your Life** Spice Girls documentary 3107
16.00 **Top Ten Videos of the Week** 28045
17.00 **European Top 20** 92749
19.00 **MTV News Weekend Edition** 1687
19.30 **The Real World LA** 2855
20.00 **Now That's What I Call Up for It** 67478
21.00 **So '90s** With Armstrong & Miller 70942
22.00 **The Lick R&B Chart** 53229
23.00 **Top Ten Videos of the Week** 81294
00.00 **MTV Live** 91091
00.30 **Essential U2** 56430
01.00 **Night Videos** 1532459

THE BOX — Astra H 11.244GHz

ALSO ON CABLE

From 02.00-07.00 music channel featuring viewers' requests, videos, interviews and competitions

FOREIGN CHANNELS

CANAL+ — Thor1 H 12.015 GHz

0336 413 421

06.00 Morning programmes **09.05** Film: Mission - Impossible (1996) **10.55** Film: Jitters (1996) **12.25** Film: The Cable Guy (1996) **14.00** Film: Carriers (1997) **15.30** NBA: Conference Semi-Final **17.30** NHL Resumé **18.30** Film: Dracula - Dead and Loving It (1995) **20.00** Premier League **22.00** Golf: US PGA **23.30** Film: Dead By Midnight (1997) **01.00** Film: Apology (1986) **02.35** Film: Traveller (1997) **04.20** Film: Nyheter från Gud (1995)

TV 1000 — Intelsat 707 1°W V 11.054GHz

0336 413 428

05.00 Morning programmes **12.30** Närbild: Richard Gere **13.00** Film: A Couch in New York (1996) **15.00** Film: Legend of the Ruby Silver (1996) **17.00** Film: Grumpier Old Men (1995) **18.45** Film Magazine **19.00** Film: The Island on Bird Street (1996) **21.00** Film: Undertow (1996) **22.30** Närbild: James Woods **23.00** Film: Dirty Dancers 5 (erotic) **01.30** Film: Farlig vänskap (1995) **03.00** Film: The Underworld (1997)

Astra V 10.788GHz

04.00 Hindi Film: Kayda Kanoon **07.00** Jaagran **07.30** Shabads/Holy Quran **08.00** News **08.30** Alaap **09.00** Shri Krishna **10.00** Zee Health Show **10.30** Aashiana **11.00** Jhatpat Khana **11.30** India Business Report **12.00** Hindi Film: Itni Si Baat **15.00** Parivartan **16.00** Zee & U **17.00** Karb. Urdu Serial **18.00** Zee Top Ten **19.00** Amaanat **19.30** Antakshari **20.00** News **20.30** Film: Baazi. Starring Amir Khan and Mamta Kulkarni **23.30** Yehi Hai Zindagi **00.00** Closedown

ZDF — Astra H 10.964GHz

TEXT 300

04.30 Morning programmes **12.30** Film: Grün ist die Heide (1951) **13.55** planet e **14.25** Bürger, rettet Eure Städte **14.35** Film: Caprice (1966) **16.10** heute **16.15** Sport-Reportage **17.00** ML Mona Lisa **17.30** Reiselust **17.57** Guten Abend **18.00** heute **18.10** Bonn direkt **18.30** Höllenfahrten **19.15** Das Super-Wunschkonzert **21.00** Lukas **21.30** heute **21.40** Machtspiele **22.25** Film: Zucker (1989) **00.10** Night programmes

3sat — Astra V 11.347GHz

TEXT 300

05.50 Morning programmes **12.00** Zeit im Bild **12.05** Wochenschau **12.30** Rückblende **12.45** Er sprach von Liebe **13.30** Am schlimmsten **14.00** Füller **14.05** Regina auf den Stufen **15.00** Terranet c@fé **15.30** Planet des Lebens **16.15** Tierporträt **16.30** Teletips für Tierfreunde **17.00** Tagebuch **17.15** Rundschau **18.00** heute **18.08** Wetter **18.10** Markwort **19.00** Tagesschau **19.15** Tatsachen und Legenden **20.00** Schätze der Welt **20.15** Frauen in Moskau **21.40** Eine besondere Mutter **22.10** Film: Für Elise (1987) **23.15** Film: Afraid of the Dark (1990) **00.40** Night programmes

RTL TELEVISION — Astra V 11.229GHz

TEXT 300

04.30 Morning programmes **12.15** Formula One: Countdown **12.50** Formula One: Das Rennen **15.50** Xena **16.45** Muppets Tonight! **17.15** Hacki's Yellow Cab **17.44** RTL Bibelclip **17.45** RTL aktuell Weekend **18.10** Notruf **19.15** Film: Little White Lies (1998) **21.05** Spiegel TV Magazin **22.00** Sex, Angst, Hoffnung: 15 Jahre Aids **22.55** Exclusiv Kino **23.20** Prime Time: Spätausgabe **23.40** Maria Wallisfurth **00.10** Xena **00.55** Der Hogan Clan **01.20** Bärbel Schäfer **02.05** Muppets Tonight! **02.30** Hans Meiser **03.20** Ilona Christen **04.10** Teen Jeopardy! **04.35** Familien Duell

SAT.1 — Astra V 11.288GHz

0336 413 426

TV TEXT 300

05.45 Miami Fun **06.35** Raumschiff Enterprise **07.25** Star Trek: Deep Space Nine. Science fiction adventure series on set on a distant space station **08.15** Highlife am Strand **09.55** Das war Buffalo Bill **11.30** Der Glocken-gießer von Tirol **13.25** Alle lieben Peter **15.05** Unter der Flagge des Tigers **17.00** blitz **17.30** 18:30 - anschl. SAT.1 Wetter **18.00** FuXX'98 **19.15** Der Bulle von Tölz **21.10** Talk im Turm **22.10** Spiegel TV-Reportage **22.40** 24 Stunden **23.10** So gesehen **23.15** Hilfe, ich bin noch Jungfrau **00.50** Unter der Flagge des Tigers - anschl. Programmtafeln **02.30** Highlife am Strand **04.00** blitz

ADULT ADULT ADULT ADULT ADULT

PLAYBOY TV — Astra H 11.671GHz

00.00 Free Teaser 26000671 **00.05** Peep Show 26090294 **00.15** Sex Guides: Vienna 14503923 **00.40** The Really Naked Truth: Best of 53720687 **01.10** Film: Generation Sex. Story of an art gallery which specialises in satiating artistic desires 39753039 **02.15** Film: Gentlemen's Bet. A tangled web of infidelity, seduction and deceit among friends 52654861 **04.00** Closedown

The Adult Channel — Astra V 10.788GHz

0336 413 400

00.00 Dish of the Day 26004497 **00.10** New Model File 2: Full Screen Test 14517126 **00.35** Film: Flash Flood 2. A couple visit a haunted manor house 62223300 **01.45** Caught at Home: Episode 1. New series 11178213 **02.05** Film: Weekend at Joey's. Erotic feature film 38393010 **03.30** Satan's Daughters of Sin Part 2 77832229 **04.00** Closedown

Fantasy Channel Astra V 10.979GHz from 00.00-04.00

0336 413 400

00.00 Free View 3615652 **00.10** Cum Back 3611836 **00.20** Film: Adventures in Paradise 2 5019279 **01.00** Free View 6320565 **01.05** Film cont. 5676565 **01.30** Film: Deep Inside 93206519 **02.40** Film: House of Dreams 82878774 **03.55** On Tomorrow 35358584 **04.00** Closedown

GAY — Gay TV Astra V 10.979GHz from 04.00-05.30

All programmes are subject to change

Gay TV is Britain's first adult gay television station and it features a mix of erotic series, special programmes and gay films from both Europe and America - full programme details for May were unavailable at the time of going to press

CABLE & MULTI SATELLITE CHANNELS

TARA — TARA Cable

11.30 2TV **13.30** Wildtrack **13.45** A Tribute to Michael O Hehir **14.30** FAI Cup Final Live **16.30** The Willie Clancy Sessions **17.00** Glenroe **17.30** Glenroe **18.00** Six-One Sunday News **18.30** School Around the Corner **19.00** Sandy **20.00** TARA Sports Classics. Featuring the 1995 hurling final between Galway and Offaly **21.30** The Professionals **22.00** Planet Rock Profiles **22.30** The Movie Show **23.00** Know Your Sport **23.30** Fleadh **00.00** Closedown

LIVE TV — Cable

06.00 Morning programmes **12.00** The Why Files **12.30** Serial Killers **13.00** Lie Detector **13.30** Agony Omnibus **14.30** Revelations **15.00** Fate and Fortune **15.30** The Look of Legs **16.00** Judge Judy Omnibus **17.00** Agony **17.30** Odds on Sport **18.00** Fashion **18.30** Dial a Doc **18.45** What's in the Box **19.00** Serial Killers **19.30** Agony **19.59** Big City Tips **20.00** Lie Detector **20.30** Judge Judy **20.59** Big City Tips **21.00** Serial Killers **21.30** The Look of Legs **22.00** Darts **22.02** Odds on Sport **22.30** Sex Show **23.00** Big City Tips **23.01** Darts **23.02** Exotica Erotica **00.00** Night programmes

Knowledge TV — KNOWLEDGE Cable

11.00 Follow That Dream **11.30** Asian Development **12.00** Alternative Medicine **12.30** Wannabe **13.00** Europe à la Carte **13.30** New Media News **14.00** Smart Alex **14.30** Cyber City Diner **15.00** World Geography & History **15.30** Five Star Adventure **16.00** Performing Arts Theatre **17.00** Follow That Dream **17.30** Asian Development Bank **18.00** Alternative Medicine **18.30** New Media News **19.00** Smart Alex **19.30** Cyber City Diner **20.00** Wannabe **20.30** Europe à la Carte **21.00** World Geography & History **21.30** Five Star Adventure **22.00** Performing Arts Theatre **23.00** Closedown

CABLE & MULTI SATELLITE CHANNELS

travel — TRAVEL Cable

TEXT 200

12.00 Out to Lunch with Brian Turner **12.30** On the Loose in Wildest Africa **13.00** Sports Safaris **13.30** Floyd on Oz **14.00** Gatherings and Celebrations **14.30** The Great Escape **15.00** An Aerial Tour of Britain **16.00** From the Orinoco to the Andes **17.00** Of Tales and Travels **18.00** Floyd on Oz **18.30** The Great Escape **19.00** Wildlake's Way **20.00** No Truckin' Holiday **20.30** Out to Lunch with Brian Turner **21.00** On Top of the World **22.00** The Flavours of France **22.30** On Tour **23.00** Amazing Races **23.30** On the Loose in Wildest Africa **00.00** Closedown

SCIFI CHANNEL — Cable

ALSO ON ASTRA H 11.170GHz

07.30 Knightmare **08.00** The Bionic Woman **09.00** The Six Million Dollar Man **10.00** The Making of Deep Impact: An SF Scene Special **10.30** Planet Mirth **11.00** The Twilight Zone **12.00** Film: Star Command (1995) A training mission for a group of eager young space cadets becomes an expedition to save the Earth from an evil menace **14.00** Misfits of Science **15.00** The Cape **16.00** The Web **16.55** C/Net Central **17.25** The New Edge **17.55** Earthscan **18.00** Sightings **19.00** Mysteries, Magic and Miracles **19.30** The Making of Deep Impact: An SF Scene Special **20.00** Quantum Leap **21.00** On a Collision Course with Earth. Presented by Mike Farrell **21.30** Amazing Stories **22.00** The Hunger **22.30** Film: Falling Fire. A pseudo-religious cult has some rather big plans involving large lumps of rock orbiting the Earth **00.30** The Hunger **01.00** The Hunger **01.30** The World of Hammer **02.00** Friday the 13th **03.00** Tales of the Unexpected **03.30** Dark Shadows **04.00** Closedown

Performance — PERFORMANCE Cable

19.00 Richard Suart Sings Gilbert & Sullivan **21.00** American Playhouse **23.00** Sunday Jazz **00.00** Midnight Jazz: Steve Gadd **01.00** Closedown

Animal Planet — ANIMAL PLANET Eutel 13°E H 11.052GHz

09.00 The Voyage of Charles Darwin **10.00** Wild Sanctuaries **10.30** Animal Adventures **11.00** Human/Nature **12.00** Breed All about It **12.30** Zoo Story **13.00** Wild at Heart **13.30** Oceans Wild **14.00** The Big Animal Show **14.30** The Flying Vet **15.00** Born to Be Free **16.00** Animal Planet Classics **17.00** The Voyage of Charles Darwin **18.00** Breed All about It **18.30** Zoo Story **19.00** ESPU **19.30** Animal Doctor **20.00** Emergency Vets **20.30** Wildlife SOS **21.00** Wild Veterinarians **22.00** Hunters **23.00** Animal Planet Classics **00.00** Closedown

CHANNEL ONE — Cable

Local news on the hour plus: **10.30** Album **11.30** Cybernet **12.30** Gardening **13.30** Movies, Games & Videos **14.30** Album Show **15.30** PDQ **16.30** A-Z of Food **17.30** PDQ **18.30** Album Show **19.30** PDQ **20.30** Movies, Games & Videos **21.30** Catwalk **22.30** PDQ **23.30** Album Show **00.00** News & music all night

BBC WORLD — Eutel II F1 13°E V 11.620GHz

News on the hour plus: **05.30** This Week **06.30** India Business Report **07.30** Film '98 **08.30** Hard Talk **09.30** This Week **10.05** The Search For Peace **11.30** The Clothes Show **12.30** Hard Talk **13.05** Pole to Pole **14.30** Holiday **15.10** Dateline London **16.05** Horizon **17.30** The Clothes Show **18.05** The Search For Peace **19.30** Simpson's World **20.05** Pole to Pole **21.30** Earth Report **22.30** Hard Talk **23.30** Reporters **00.00** Night programmes

BET — BETI Cable

06.00 Nat King Cole **07.00** Bobby Jones Gospel **08.00** Video Gospel **08.30** Personal Diary **09.00** Rap City **11.00** Jazz Central **12.00** Repeats 06-11.00

NBC — NBC Europe Cable/ Eutel 13°E V 10.987GHz

CNBC: EUROPEAN BUSINESS SERVICE ON ASTRA V 10.729GHz

TEXT 300

0336 413 429

05.00 Travel Xpress **05.30** Inspiration **07.00** Hour of Power **08.00** Home & Garden Television **10.00** Super Shop **11.00** Gillette World Sport Special **11.30** Gillette World Cup '98 Preview **12.00** Inside the PGA Tour **12.30** Inside the Senior PGA Tour **13.00** This Week in Baseball **13.30** Major League Baseball: Extended Highlights **15.00** Time & Again **16.00** The McLaughlin Group **16.30** Meet the Press **17.30** VIP **18.00** Mr Rhodes **18.30** Union Square **19.00** The Ticket NBC **19.30** Five Star Adventure **20.00** Gillette World Cup '98 Preview **20.30** NBC Super Sports **21.00** The Best of the Tonight Show with Jay Leno **22.00** Profiler **23.00** The Ticket NBC **23.30** VIP **00.00** The Best of the Tonight Show with Jay Leno **01.00** Internight **02.00** VIP **02.30** Europe à la Carte **03.00** The Ticket NBC **03.30** Travel Xpress **04.00** Five Star *Adventure* **04.30** *The Ticket NBC*

CARLTON SELECT — Cable

17.00 The Bounder **17.30** Our House **18.00** The Irish RM **19.00** The Upper Hand **19.30** Goodnight Sweetheart **20.00** Dick Francis Mysteries: In the Frame **22.00** Brides of Christ. Drama series about convent life **23.00** St Elsewhere **00.00** Tales of Sherwood Forest **01.00** Delantero **02.00** Closedown

CARLTON FOOD AND COOKERY — Cable

09.00 FND **09.30** Food for Thought **10.00** Ideal **10.30** Taste of England **11.00** Wok Wiz **11.30** Kerr's Kitchen **12.00** FND **12.30** Antony **13.00** Can't Stand the Heat **13.30** Chef for a Day **14.00** From the Ground Up **14.30** FND **15.00** Food for Thought **15.30** Ideal **16.00** Perfect Pasta **16.30** So You Think **17.00** Closedown

HVC — Cable

20.00 Top of the World **21.40** Short Cuts: The Thrill **22.10** Hustler Squad **23.25** Electric Blue Show 23 **00.00** Closedown

UK ARENA — UK ARENA cable

18.00 A Horseman Riding By **19.00** Beethoven Symphonies **20.15** The Frame **20.30** How Buildings Learn **21.00** Marty **21.30** Film: Priest (1994) A journey into the soul of a tortured Catholic priest unsure of his sexuality **23.30** Later on... Blur **00.30** Closedown

UK HORIZONS — cable

07.00 Tomorrow's World Plus **08.00** Great Mysteries & Myths **08.30** Great Mysteries & Myths **09.00** Parrots: Look Who's Talking **10.00** Easter Island: The Secrets **11.00** Easter Island: The Story **12.00** Motorworld **12.30** The Power & the Glory **13.00** 1914-18 **14.00** Top Gear GTi **15.00** Tomorrow's World Plus **16.00** The Look **17.00** Animal Hospital **17.30** Animals in Uniform **18.00** Superstore **18.30** Off Your Trolley with Loyd Grossman **19.00** Children's Hospital: Special Edition **20.00** Meet the Ancestors: Special Edition **21.00** The Cruise **21.30** Holiday Reps **22.00** Around the World in 80 Days **23.00** True Story of the Elephant Man **00.00** Clive James: Postcard from Rome **01.00** Closedown

UK STYLE — UK STYLE cable

14.00 Call My Bluff **14.30** Dream Ticket **15.00** Travel Show Guide **15.30** Holiday in Style **16.30** From A to B: Tales of Modern Motoring **17.30** Tracks **18.00** Call My Bluff **18.30** Food and Drink **19.00** Can't Cook, Won't Cook. Celebrity chefs Ainsley Harriott and Kevin Woodford have ways of making you cook **19.30** Antiques Roadshow. Presented by Michael Parkinson **20.30** Holiday in Style **21.30** Style Challenge **22.00** Change That **22.30** Going for a Song **23.00** The Big Trip **00.00** Closedown

English translations of the foreign channels

FOR MORE CHANNELS SEE LISTINGS EXTRA