SKY SPORTS

On Astra 11.508GHz (V) and cable

7.00am Sports Centre 45947 **7.30 Racing News** 24454 **8.00 American Sports Cavalcade** 41541 **9.00 Aerobics – Oz Style** 58947 **9.30 Tartan Extra** Shown yesterday. 63367 **10.00 Golf** Highlights of the JC Penney Classic from Palm Harbor, Florida. 76831 **12.00noon Aerobics – Oz Style** 38183 **12.30pm Monday Night Football** A re-run of last night's match between Everton and West Ham United. 85831 **2.30 Tartan Extra** As 9.30am. 8096

3.00 American Sports Cavalcade
US motorsport round-up. 17299

4.00 Watersports World
Magazine programme. 29034

5.00 World Wrestling Federation Mania
Grappling action from America. 4541

6.00 Sports Centre 9725

6.30 Pub Quiz
Sports quiz hosted by Russ Williams. 3305

7.00 International Football
LIVE England v Portugal from Wembley. Last month's 3-1 victory over Switzerland will, for the time being, have silenced some of Terry Venables' critics. But the England coach knows that his side may have to produce an even better performance to beat Portugal, who are one of the best teams in Europe. The current team is built around the side which won the World Youth Cup in 1989 and 1991, and contains world-class players such as defender Fernando Couto, and midfielders Paulo Sousa and Rui Costa. Presented by Richard Keys, with commentary by Martin Tyler. **See page 14** 97919473

10.15 Sports Centre 450560

10.45 Boots 'n' All
Rugby league magazine programme presented by Eddie Hemmings and Mike Stephenson. 382980

11.45 Pub Quiz
Repeated from 6.30pm. 455015

12.15am International Football
England v Portugal. As 7.00pm. 729706

2.15–2.45am Sports Centre 769139

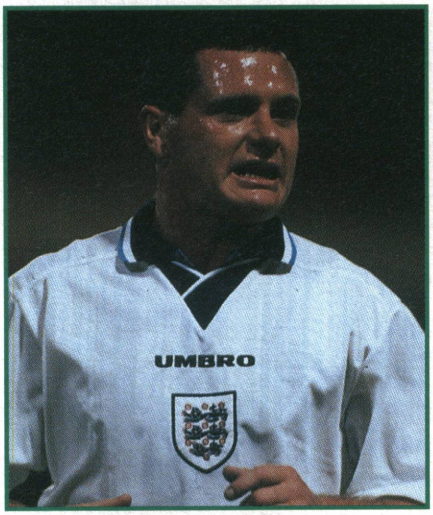
SPORTS GOLD

On Astra 11.171GHz (H) and cable

10.00pm World Cup Hall of Fame: Michel Platini
Series profiling great names from the history of the World Cup. Tonight's programme focuses on the French midfielder who led his country to the semi-finals of the 1982 and 1986 tournaments. 2154299

10.30 Golden Gloves with Barry McGuigan
The former WBA World Featherweight champion and guests look back at the great moments in boxing history. 1625454

11.30pm–1.00am Superstars
Seventies sports contest presented by David Vine. Tonight's competitors include Welsh rugby union star Gareth Edwards and tennis legend Bjorn Borg. 7220270



England expects: Gascoigne and Co face Portugal, Sky Sports, 7.00pm

EUROSPORT

On Astra 11.258GHz (V) and cable

7.30am Cross-country Skiing Highlights of the World Cup event from Davos, Switzerland. 28034 **8.30 Extreme Games** Action from Newport, Rhode Island, USA. 29015 **9.30 Tennis** Another chance to see yesterday's charity match between Boris Becker and Yannick Noah. 52638 **10.30 EuroGoals** European football round-up. 36102 **11.30 Football** Action from the Brazilian League. 25812 **12.30pm Speedworld** 52251 **1.00pm EuroFun Magazine** Includes parachuting and sky surfing. 39386

1.30 Snowboarding
Action from London's Covent Garden. 51522

2.00 Mountainbike
Coverage of Indoor Mountainbike Belgium '95, an international competition from Ghent. 5464218

2.40 Skiing
Highlights of a special event featuring feestyle, acrobatic and cross-country skiing from the Parc des Princes, Paris. 7908473

3.10 Windsurfing
Action from St Moritz, Switzerland. 3567367

3.40 EuroFun Magazine 9617299

4.10 Extreme Games
Repeated from 8.30am. 1412725

5.10 Football
LIVE Coverage of the draw for the qualifying stages of the 1998 World Cup, the finals of which will be played in France. More than 150 countries will be competing for the 32 places in the finals. 18431744

6.45 Sports News 252367

7.00 Motors Magazine
Including a round-up of motorcycling events. 10251

9.00 Boxing
LIVE Coverage of the British Super-Bantamweight title fight between holder Richie Wenton (England) and Wilson Docherty (Scotland) from Liverpool. 42473

11.00 Extreme Games
Repeated from 8.30am. 49763

12.00m't–12.30am Sports News 10416

TUESDAY EVENING AT-A-GLANCE

	7.00	7.30	8.00	8.30	9.00	9.30	10.00	10.30	11.00	11.30
Sky Sports	International Football – Live						Sports Centre	Boots 'n' All		Pub Quiz
Eurosport	Motors Magazine				Boxing – Live				Extreme Games	
Movies	* Young Ivanhoe		Family of Strangers				Back in Action			Jason Goes to Hell...
Movie Ch	* Snowbound...	Special Feature	Deadly Advice				Mac			
Sky Gold	* The West Point Story		The Main Event				Repo Man			Belle de Jour
Sky One	LAPD	M*A*S*H	Nowhere Man		Chicago Hope		Star Trek: The Next Generation		Law & Order	
UK Gold	Eldorado	Taxi	George and Mildred	Butterflies	Danger UXB		The Bill	Classic Sport		Carrot Confidential
Disney Ch	The Best of Walt Disney Presents		Film: The Muppet Christmas Carol			Candlelight Ceremony	Close			
Sci-Fi Ch	Swamp Thing	Film: Alien					† Outer Limits	† Ray Bradbury Theatre		† Film: Alien
BBC1	Holiday	EastEnders	Gambling for Gorillas (8.50 How to Be a Little S*d)		Nine O'Clock News; Regional News, Weather	An Evening with Peter Ustinov	Sportsnight			Film: Glitz
BBC2	Dear Dilemma	From the Edge	The Limit	Food and Drink	Film: Black Widow Murders: The Blanche Taylor Moore Story		Newsnight	Picture This (11.45 Human Rights, Human Wrongs)		
ITV Meridian	Emmerdale	The Vet	The Bill	The Cook Report	Soldier, Soldier		News at Ten; Regional News and Weather	Network First		Prisoner: Cell Block H
ITV West Country	Emmerdale	South Crofty	The Bill	The Cook Report	Soldier, Soldier		News at Ten; Regional News and Weather	Network First		Prisoner: Cell Block H
C4	Channel 4 News (7.55 The Slot)		Dosh	Brookside	Without Walls		Film: My Crazy Life			Nurses

 *Denotes programmes which start before 7.00pm. †Cable only. See full listings for details

SKY MOVIES

On Astra 11.435GHz (V) and cable

6.00am Showcase 20657

8.00 A Woman Rebels
Period drama starring Katharine Hepburn as a Victorian socialite who becomes a crusader for womens' rights after having an illegitimate child. (1936, b/w, PG, 90min) ★★ 30560
Sex ○○○○ Violence ○○○○ Bad Language ○○○○

10.00 Young Ivanhoe
See 6.00pm. 19580021

12.00noon The Lion
Drama. A young girl living in Kenya strikes up a friendship with an untamed lion. *Starring Pamela Franklin, William Holden, Capucine, Trevor Howard.* (1962, PG, 95min) ★★ 430676
Sex ○○○○ Violence ○○○○ Bad Language ○○○○

2.00pm Mass Appeal
Offbeat comedy drama starring Jack Lemmon. A complacent parish priest's cosy world is shattered by the arrival of a fiery young theology student, whose riotous behaviour manages to offend all around him. *With Zeljko Ivanek, Charles Durning.* (1984, 15, 100min) ★★ 133251
Sex ○○○○ Violence ○○○○ Bad Language ●●○○

4.00 Konrad
Fantasy comedy about a factory-made child who is mistakenly delivered to the home of an eccentric woman. *Starring Max Wright, Polly Holliday.* (1987, U, 110min) ★★ 81785763
Sex ○○○○ Violence ○○○○ Bad Language ○○○○

6.00 Young Ivanhoe
Medieval adventure. With the help of a mysterious knight, the young Ivanhoe goes to the rescue of his father, who has been captured by an evil Norman count. *Starring Stacy Keach, Margot Kidder.* (1994, U, 95min) ★ 63583589
Sex ○○○○ Violence ●○○○ Bad Language ○○○○

8.00 Family of Strangers
PREMIERE Real-life drama starring Melissa Gilbert and Patty Duke. When researcher Julie Larson discovers she has a potentially fatal blood clot, investigation of her family's medical history reveals that she was adopted. She tries to track down her real parents – with shocking results. *With Martha Gibson, Gordon Clapp, William Shatner.* (1993, 15, 95min) ★ 53740367
Sex ●●○○ Violence ○○○○ Bad Language ●○○○

10.00 Back in Action
PREMIERE Action thriller starring Billy Blanks and Roddy Piper. On the trail of a murderous gang of drug smugglers, a veteran LA detective teams up with a former Special Forces officer whose young sister has fallen victim to the gang. *With Bobbie Phillips, Matt Birman.* (1994, 18, 85min) ★★ 3945676
Sex ●○○○ Violence ●●●○ Bad Language ●●●○

11.25 Jason Goes to Hell: The Final Friday
LAST PLAY Horror thriller in the Friday the 13th series. Jason's evil spirit takes over a doctor and carries on committing attrocities. *Starring John D LeMay, Kari Keegan.* (1993, 18, 90min) ★ 921812
Sex ●●○○ Violence ●●●● Bad Language ●●●○

12.55am Bitter Harvest
Offbeat erotic drama starring Stephen Baldwin, Patsy Kensit and Jennifer Rubin. A shy young man who has inherited his family's farm is corrupted by two enigmatic women. *With Adam Baldwin.* (1993, 18, 95min) ★★ 917961
Sex ●●●○ Violence ●●●○ Bad Language ●●●○

2.30 Fair Game
LAST PLAY Thriller. A man locks his ex-girlfriend in her apartment with a black mamba snake. *Starring Trudie Styler.* (1989, 18, 80min) ★★ 3316232
Sex ●●○○ Violence ●●●○ Bad Language ●●●○

3.50–6.00am All Shook Up!
Black comedy starring Arye Gross and Claudia Christian. A tale-spinning hotel clerk wangles a date with a glamorous French fashion model, only to discover that she is a homicidal maniac. (1994, 15, 90min) ★★ 5171874
Sex ●●○○ Violence ●●○○ Bad Language ●●●○

★ Poor ★★ Fair ★★★ Good ★★★★ Excellent
Dolby Surround Stereo WIDESCREEN Widescreen

SKY MOVIES GOLD

On Astra 10.876GHz (V)
& 11.597GHz (V)(10pm - 4am only) and cable

4.00pm The Best of Benny Hill
Comedy sketches and songs from episodes of The Benny Hill Show. (1974, PG, 85min) ★★ 5925265
Sex ●○○○ Violence ○○○○ Bad Language ○○○○

6.00 The West Point Story
Backstage musical starring James Cagney. A Broadway director goes to West Point military academy to stage a show. (1950, b/w, U, 105min) ★★ 78573299
Sex ○○○○ Violence ○○○○ Bad Language ○○○○

8.00 The Main Event
Comedy starring Barbra Streisand and Ryan O'Neal. A bankrupt cosmetics executive inherits a washed-up boxer and goads him back into the ring to recoup her fortune. (1979, 15, 110min) ★★ 52610454
Sex ●●○○ Violence ○○○○ Bad Language ●●○○

10.00 Repo Man
Cult sci-fi thriller starring Emilio Estevez and Harry Dean Stanton. An aimless man joins a car repossession company and joins the hunt for a 1964 Chevy carrying a mysterious and lethal load in the trunk... *With Sy Richardson.* (1984, 18, 90min) ★★★ 42657
Sex ●●○○ Violence ●●○○ Bad Language ●●●○

11.40 Belle de Jour
Director Luis Buñuel's surreal erotic drama starring Catherine Deneuve as a bored married woman who goes to work in a high-class brothel. Subtitled. *With Jean Sorel.* (1967, 18, 100min) ★★★ 434744
Sex ●●○○ Violence ●●○○ Bad Language ●○○○

1.20–3.50am Anne of the Thousand Days
Historical drama starring Richard Burton as Henry VIII and Genevieve Bujold as Ann Boleyn. *With Irene Papas, Anthony Quayle.* (1969, PG, 145min) ★★★ 43387139
Sex ●○○○ Violence ●○○○ Bad Language ○○○○

● All ratings are based on the original uncut version of the film. Certain films may be screened in a special TV version.

TNT

On Astra 11.023GHz (H) and cable

7.00pm My Brother Talks to Horses
Comedy. A gang of gamblers kidnap a boy with the ability to communicate with horses. *Starring Jackie Jenkins.* (1946, b/w, U, 120min) ★★ 36371928
Sex ○○○○ Violence ○○○○ Bad Language ○○○○

9.00 Old Acquaintance
Melodrama. *Starring Bette Davis, Miriam Hopkins, Gig Young.* (1943, b/w, U, 120min) ★★★★ 68440638
Sex ○○○○ Violence ○○○○ Bad Language ○○○○

11.00 Rich and Famous
Romantic comedy drama. *Starring Jacqueline Bisset, Candice Bergen.* (1981, 18, 120min) ★★ 96347676
Sex ●●○○ Violence ○○○○ Bad Language ●●○○

1.00am Don't Go Near the Water
Satirical comedy. *Starring Glenn Ford, Gia Scala, Fred Clark.* (1957, U, 110min) ★★★ 57970868
Sex ○○○○ Violence ○○○○ Bad Language ○○○○

2.50–5.00am Come Fly With Me
Romantic comedy. *Starring Dolores Hart, Hugh O'Brian, Pamela Tiffin.* (1963, U, 130min) ★★ 15253042
Sex ○○○○ Violence ○○○○ Bad Language ○○○○

Working class heroes: Katherine Borowitz, John Turturro. The Movie Channel, 10.00pm



THE MOVIE CHANNEL

On Astra 11.479GHz (V) and cable

6.00am Mr Blandings Builds His Dream House
Classic comedy starring Cary Grant and Myrna Loy as a couple of New Yorkers struggling to turn a dilapidated country house into their ideal home. (1948, b/w, U, 95min) ★★★★ 10491980
Sex ○○○○ Violence ○○○○ Bad Language ○○○○

8.00 Dunderklumpen
See 4.00pm. 6349589

10.00 The Scarlet Blade
Swashbuckling adventure. A Royalist known only as the Scarlet Blade helps protect the King from a villainous Roundhead colonel. *Starring Lionel Jeffries, Oliver Reed, Jack Hedley, June Thorburn.* (1963, PG, 85min) ★★ 2512015
Sex ○○○○ Violence ●○○○ Bad Language ○○○○

12.00noon Will Success Spoil Rock Hunter?
Comedy starring Tony Randall and Jayne Mansfield. An ad man tries to persuade a starlet to endorse a new lipstick. *With Betsy Drake, Joan Blondell.* (1957, U, 90min) ★★★ 172015
Sex ○○○○ Violence ○○○○ Bad Language ○○○○

2.00pm Mercy Mission: The Rescue of Flight 771
Real-life drama starring Robert Loggia and Scott Bakula. The captain of an Air New Zealand flight uses every navigational trick in the book as he tries to help a fellow pilot who has developed engine trouble. *With Rebecca Rigg, Alan Fletcher.* (1993, PG, 95min) ★★ 136473
Sex ○○○○ Violence ○○○○ Bad Language ○○○○

4.00 Dunderklumpen
Fantasy adventure combining live action and animation. (1973, U, 85min) ★★★ 1348265
Sex ○○○○ Violence ○○○○ Bad Language ○○○○

6.00 Snowbound: The Jim and Jennifer Stolpa Story
Real-life survival drama. Soldier Jim Stolpa and his wife are trapped in a violent snowstorm with their five-month-old baby while travelling to a funeral. Leaving his wife and child in an ice cave, Jim embarks on a life-or-death mission to find help. *Starring Neil Patrick Harris, Kelli Williams, Susan Clark.* (1995, PG, 90min) ★★ 65560
Sex ○○○○ Violence ○○○○ Bad Language ○○○○

7.30 Special Feature 8299

8.00 Deadly Advice
Black comedy starring Jane Horrocks. A meek librarian has had enough of her overbearing mother, so she decides to kill her – egged on by the ghosts of famous killers from the past. *With Brenda Fricker, Imelda Staunton, Sir John Mills, Edward Woodward, Billie Whitelaw, Jonathan Pryce.* (T) (1993, 15, 95min) ★★★ 53748909
Sex ●●○○ Violence ●●○○ Bad Language ●●○○

10.00 Mac
Drama written, directed by and starring John Turturro. In Fifties New York, a disillusioned carpenter decides to start his own construction company with his two brothers. He goes into business driven by idealism, but then things begin to turn sour. *With Michael Badalucco, Katherine Borowitz, Ellen Barkin, Carl Capotorto.* (T) (1992, 18, 120min) ★★★ 56164
Sex ●●●○ Violence ●●○○ Bad Language ●●●○

12.00m't After Midnight
Horror anthology. A group of college students attending a Psychology of Fear course are invited to recount the most frightening stories they have ever heard. *Starring Jillian McWhirter, Pamela Segall.* (1989, 18, 95min) ★ 230684
Sex ●●○○ Violence ●●●● Bad Language ●●●○

1.35am The Mighty Quinn
Thriller starring Denzel Washington. A cop investigates the murder of a businessman at a Caribbean resort. *With James Fox, Mimi Rogers.* (1989, 15, 100min) ★★ 163329
Sex ●●○○ Violence ●●●○ Bad Language ●●●○

3.15–6.00am Rubdown
Thriller. A Beverly Hills masseur is suspected of murdering one of his clients. *Starring Jack Coleman, Michele Phillips.* (1993, 15, 95min) ★ 989400
Sex ●●○○ Violence ●●○○ Bad Language ○○○○

SKY ONE

On Astra 11.317GHz (V) and cable

7.00–8.30am The DJ Kat Show Starting with **Mask** 41819 **7.30 Inspector Gadget** 80096 **8.00 Mighty Morphin Power Rangers** 15893 **8.30 Press Your Luck** 14164 **9.00 Court TV** 38744 **9.30 The Oprah Winfrey Show** 14454 **10.30 Concentration** 34928 **11.00 Sally Jessy Raphael** 99744 **12.00noon Jeopardy!** 18980

12.30pm Designing Women
1 of 2. Sugarbaker's takes on an unpleasant commission to save itself from bankruptcy. 67744

1.00 The Waltons
John-Boy is concerned about the fate of a good friend. 62299

2.00 Geraldo 53454

3.00 Court TV 7473

3.30 The Oprah Winfrey Show 8633541

4.20–5.00pm Undun
Starting with **Mighty Morphin Power Rangers** 3796386 **4.45 Kipper Tripper** 5872305

5.00 Star Trek: The Next Generation
Who Watches the Watchers?: Sci-fi series. Picard is mistaken for a god-like being. 8725

6.00 The Simpsons
Homer's Triple Bypass: Homer needs an operation. 5725

6.30 Jeopardy! 9305

7.00 LAPD 9454

7.30 M*A*S*H
A rift leads to Hawkeye renting a room of his own. 5589

8.00 Nowhere Man
Veil finally finds a safe place and someone he can trust. 92454

9.00 Chicago Hope
Geiger and Austin clash. 12218

10.00 Star Trek: The Next Generation 15305

11.00 Law & Order
A woman is harassed by her gynaecologist. 87909

12.00m't The Late Show with David Letterman
US talk show. 8179139

12.45am The Untouchables
Eliot Ness tries to clear the name of a known criminal who has been wrongly convicted. 6680690

1.30 Rachel Gunn
Rachel agrees to let Dr Dunkle's dog live in the flat. 98400

2.00–7.00am Hit Mix Long Play 1489481

UK GOLD

On Astra 11.553GHz (H) and cable

7.00am Angels 1719218 **7.30 Neighbours** 1798725 **8.00 Sons and Daughters** 9262270 **8.30 EastEnders** 9261541 **9.00 The Bill** 9252893 **9.30 The Sullivans** 1101102 **10.00 A Dorothy L Sayers Mystery** 1794909 **11.00 Dallas** 1707473 **12.00noon Sons and Daughters** 9272657 **12.30pm Neighbours** 1112218 **1.00 East-Enders** See below, 6.25pm. 1718589 **1.30 The Bill** See below, 10.00pm. 1111589 **2.00 The Sullivans** 61147611 **2.25 Are You Being Served?** 3292473

3.00 Angels
Katy and Roger have to face the morning after. 7198831

3.30 Eldorado
See 7.00pm. 8704893

4.00 Casualty
A young girl is found to have been sexually abused. 95039522

5.05 Larry Grayson's Generation Game 41356812

6.15 Kenny's Comic Cuts
Comedy clips. 6595928

6.25 EastEnders
Mandy's lies backfire. 2148676

7.00 Eldorado
Freddie breaks down. 7180812

7.30 Taxi
Latka's mother spends a romantic evening with Alex. 8713541

8.00 George and Mildred
George tries his hand at the four-letter word – work. 2454251

8.25 Butterflies
Russell announces that his girlfriend is pregnant. 1912305

9.00 Danger UXB
Drama series. 5547676

10.00 The Bill
A neighbour's complaint about a barking dog leads to a tragic discovery. 6395589

10.35 Classic Sport
Archive football action, featuring Sunderland v Liverpool from November 1980. 75711909

11.40 Carrot Confidential
Stand-up comedy and sketches with Jasper Carrott. 3896676

12.25am Doctor Who
Horror of Fang Rock: 1 of 4. The Doctor becomes intrigued by a lighthouse with no light. 2333706

12.55–2.15am Across the Wide Missouri
FILM Western. *Starring Clark Gable, Ricardo Montalban.* (1951, PG, 80min) ★★ 61355348

SELECTV

Cable Exclusive

5.00am Birds of a Feather Sitcom. **5.30 Tennis** 1 of 2. A look at Wimbledon during the Seventies. **6.00 Freddie and Max** Sitcom about a fading egotistical actress, starring Anne Bancroft. Max is having breakfast in her suite at the Savoy when Freddie enters her life... **6.30 Hey Dad** Sitcom about a single father. Martin decides to sell the kids' car. **7.00 Lovejoy** Comedy drama series starring Ian McShane. **8.00 Birds of a Feather** Sitcom. Sharon and Dorien search for antiques in Tracey's loft. **8.30 You're Only Young Twice** Sitcom set in a retirement home. Cissie is upset when her surprise for Flora goes wrong. **9.00 Chancer** Drama series starring Clive Owen as a slick business analyst. **10.00 Tales of the Unexpected** A story with a twist in the tale. **10.30 Tennis** As 5.30pm. **11.00 Singles** Sitcom about four people who meet in a singles bar. Recently divorced, Pam is persuaded to visit a singles bar by her friend, Jackie. **11.30pm–12.00m't You're Only Young Twice** As 8.30pm.

1 BBC1

6.00am Business Breakfast
Financial news. 90744

7.00 BBC Breakfast News
Including Weather. 47967947

9.10 Kilroy
Topical discussion. (S) 5748247

10.00 News (T) **Regional News; Weather**

10.05 Can't Cook Won't Cook
Cookery game show. (S) 5381314

10.30 Good Morning... with Anne and Nick
Daily magazine programme presented by Anne Diamond and Nick Owen. (S) 92034

12.00noon News (T) **Regional News; Weather**

12.05pm Pebble Mill
Entertainment magazine. Sarah Greene's guests today include Phillip Schofield. (S) 5833657

12.50 Regional News Weather 64772102

1.00 One O'Clock News (T) **Weather** 55386

1.30 Neighbours
See 5.35pm. (T)(S) 96215251

1.50 Chris de Burgh: Beautiful Dreams
Concert from the Birmingham Symphony Hall. (S) 36391657

2.20 Rugby Union
LIVE Coverage of Oxford University v Cambridge University from Twickenham. This fixture, for the Bowring Bowl, is one of the oldest in the rugby calendar, dating back to 1871. Cambridge have just four more victories than Oxford, and another close and exciting encounter is expected this afternoon. Introduced by Steve Rider, with commentary by Nigel Starmer-Smith and Eric Peters. (S) 227164

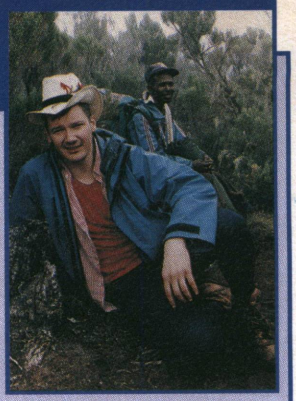
4.10–5.35pm Children's BBC
Starting with **Popeye and Son** Cartoon fun. (R) 8930763 **4.25 Animal Hospital** Rolf Harris joins in the fun of a children's party at the RSPCA's Harmsworth hospital. Last in the series. (S) 8282454 **4.35 It'll Never Work** Last in the series about ideas and inventions. (T)(S) 1211015 **5.00 Newsround** Current affairs. (T) 3645522 **5.10 The Biz!** Drama series. Luke seems destined for fame and fortune, but will Jules stay with the band if she gets a better offer? (T)(S) 8003251

5.35 Neighbours
Are Susan and Karl being taken advantage of? Ren is out for revenge. Philip contemplates life without Jen. (T)(S)(R) 562980

6.00 Six O'Clock News (T) **Weather** 367

6.30 Regional News Magazines 947

7.00 Holiday
Travel series. This week, Jill Dando discovers a Mediterranean cruise which costs less than £400; Carol Smillie mounts up and goes horse-riding in Andalucia, Spain; Chris Choi and Paul Wooding try an unusual package holiday climbing Mount Kilimanjaro; and Monty Don attempts some male bonding on a father-and-son rugby weekend. (T)(S) 1788



Trailfinders: Chris Choi and Paul Wooding on Mt Kilimanjaro, 7.00pm

7.30 EastEnders
Roy is in a festive mood, while Pat is haunted by the ghost of Christmas past. Gita gets ready for her hot date, and Mark decides to go on a dangerous mission for justice with Ruth firmly on his side. (T)(S) 831

8.00 Gambling for Gorillas
Documentary about millionaire John Aspinall's bid to return captive gorillas to the wild, the first time this has been attempted. Aspinall has a colony of 50 gorillas at Howletts Zoo in Kent and also runs a sanctuary for the animals in Brazzaville, capital of the Congo. (T) 893980

8.50 How to Be a Little S*d
7 of 10. Cartoon and live action comedy about a manipulative baby, featuring the voice of Rik Mayall. (T)(S) 964305

9.00 Nine O'Clock News (T); **Regional News; Weather** 9893

9.30 An Evening with Peter Ustinov
Concluding part of Peter Ustinov's one-man show from the Royal Alexandra Theatre in Toronto, in which he draws on a lifetime of acting, writing and travelling to deliver a humorous monologue in his idiosyncratic style. 349251

10.15 Sportsnight
Football highlights presented by Desmond Lynam. Featuring action from England's friendly against Portugal at Wembley. Commentators are Barry Davies and Trevor Brooking. Plus, highlights of the second-round replays in the FA cup, and news of the draw in Paris for the qualifying sections of the 1998 World Cup. With Alan Hansen and Jimmy Hill. (S) See page 14 8382638

11.30 Glitz
FILM Crime thriller starring Jimmy Smits. After his ex-girlfriend is murdered in Atlantic City, hard-nosed Miami cop Vincent Mora travels north to investigate her death and becomes mixed up in a seedy underworld of high-flying gamblers, thugs and hookers. TV version. *With Markie Post.* (T)(S) (1988, 18, 90min) ★★ 87928

1.00–1.05am Weather

REGIONAL VARIATIONS

BBC WALES
9.30pm Satellite City Pilot TV episode of the radio series. **10.00 The Dragon Writes Back** **10.10 An Evening with Peter Ustinov** As above, 9.30pm. **10.55 Sportsnight** **12.10am FILM: Glitz** **1.40–1.45am News; Weather**

2 BBC2

7.00am BBC Breakfast News (T) 9191560 **7.15 Lassie** 2800676 **7.40 SWAT Kats** (S)(R) 7722218 **8.05 Blue Peter** (T)(S)(R) 2183893 **8.35 The Record** (S) 7523299 **9.00 Birth of the Bomb** (R) 3393980 **9.50 Prue Leith's Tricks of the Trade** (R) 3174812 **10.00 Playdays** (S)(R) 6731855 **10.25 FILM: All in Good Fun** A compilation of silent screen clips hosted by Bob Monkhouse. (1956, b/w, U, 45min) ★★★ 4788638 **11.10 The Fugitive** (T) 8674183 **12.00noon See Hear!** (T)(S)(R) 72164 **12.30pm Working Lunch** 12270 **1.00 The Adventures of Spot** (R) **1.05 Juniper Jungle** (S)(R) 48956305 **1.15 Movie Magic** (R) 44508183 **1.40 Even More of... Glynn Christian's Entertaining Microwave** (S) 15595015 **1.55 Understanding Cats** 15585638 **2.10 Randall & Hopkirk (Deceased)** (R) 9742164 **3.00 News; Regional News; Weather; Westminster with Nick Ross** (T)(S) 2850541 **3.55 News** (T); **Regional News; Weather** **4.00 Today's the Day** (S) 560 **4.30 Ready, Steady, Cook** (S) 744 **5.00 Esther** (S) 1034 **5.30 Still in Business** 540893 **5.45 Turning Points** **5.50 Human Rights, Human Wrongs** (S) 763763 **6.00 The Fresh Prince of Bel Air** (S)(R) 513544 **6.25 Heartbreak High** (T)(S) 455183

7.10 Dear Dilemma
11 of 12. Problem-page series with Lisa l'Anson. (T)(S) 695218

7.30 From the Edge
Series made by disabled people about disabled people. (T)(S) 473

8.00 The Limit
5 of 6. Series on engineering feats. Tonight, the audacious plan to link Germany to Sweden, via Denmark, by bridge. (S) 7218

8.30 Food and Drink
Culinary magazine. This week, chef Michel Roux demonstrates a Christmas alternative to turkey; Michael Barry demonstrates how to make a last-minute plum pudding; and Jilly Goolden recommends the best in cream liqueurs. (T)(S) 6725

9.00 Black Widow Murders: The Blanche Taylor Moore Story
FILM Real-life crime drama. Small-town widow Blanche Taylor appears to be a paragon of virtue, but beneath her gentle exterior lies a hatred for men. *Starring Elizabeth Montgomery, David Clennon.* (T) (1993, 12, 90min) ★★ 8164

10.30 Newsnight
With Peter Snow. (T) 648454

11.15 Picture This
2 of 3. Series of documentaries by new directors. This film follows five boys over a single day as they travel to school and back. Their journey opens a window into a world which adults have long since forgotten. (T)(S)(R) 289034

11.45 Human Rights, Human Wrongs
Shown at 5.50pm. (S)(R) 954980

11.55 Weather

12.00m't The Midnight Hour
With Sarah Baxter. (S) 41348

12.30–7.00am The Learning Zone

★ Poor ★★ Fair ★★★ Good ★★★★ Excellent

ITV Meridian

5.30am ITN News 25928

6.00 GMTV
News and features. 8645096

9.25 Supermarket Sweep
Game show. (S) 8723096

9.55 Regional News

10.00 The Time... The Place... (S) 2592763

10.35 This Morning
Daily magazine. Including at 11.00 ITN News Headlines (T); and Regional News. 28536589

12.20pm Regional News Weather 8683909

12.30 ITN News (T) **Weather** 2441947

12.55 Emmerdale
A repeat of last Thursday night's episode. (T)(R) 2426638

1.25 Home and Away
See 5.10pm. (T) 44515473

1.55 A Country Practice
Kate and Harry's car is forced off the road. 96243034

2.20 Vanessa (T)(S) 18191015

2.50 Shortland Street
Medical drama series. 5662270

3.20 ITN News (T)

3.25 Regional News

3.30–5.10pm Children's ITV
Starting with **Gigglish Allsorts** Last in the series. (S) 3885744 **3.40 Tots TV** Fun for the young. (S) 6053725 **3.50 Hot Rod Dogs** (S) 3889560 **4.05 The Twisted Tales of Felix the Cat** 8900522 **4.20 The Sylvester & Tweety Mysteries** (S) 8912367 **4.40 Art Attack Christmas Cracker** (T)(S) 1595015

5.10 Home and Away
Irene is suspected of murder. Steven has a heart-to-heart talk with Nelson. (T)(R) 2538928 Followed by **Making It Happen**

5.40 ITN News (T) **Weather** 557183

6.00 Meridian Tonight
Local news magazine. (T) 763

6.30 What's My Line?
Celebrity quiz show. 265

7.00 Emmerdale
Frank's bursting with good news, but it's more than balloons that go bang at the village Christmas bash. (T) 5096

7.30 New Voices
Occasional series of plays by writers new to television. The King of Farawania, tells the story of a friendship between Harry, one of life's losers, and a 13-year-old runaway girl. (T) 299

8.00 The Bill
Cryer and Keane try to locate the drink-driver who is responsible for the death of a young Asian woman. (T) 4744



TVs on TV: cross-dressing men talk about their lives and families at 10.40pm

8.30 The Cook Report
Another hard-hitting story from investigative reporter Roger Cook. 3251

9.00 Soldier, Soldier
Last of the series. The King's Own Fusiliers face grave danger from rebel forces in an African country. When Colette and Donna arrive in South Africa they are told that someone has been killed. Stars Robson Green. (T)(S) 3725

10.00 News at Ten (T) **Weather** 38837

10.30 Regional News (T) **Weather** 743541

10.40 Network First
Documentary series. This week, the programme looks at four transvestites and the effect their cross-dressing has had on their families. This intimate film follows them from the intricacies of their daily routine to the Beaumont Society annual extravaganza where transvestites from all over the country gather for a weekend of fun. (T) See page 5 381522

11.40 Prisoner: Cell Block H
Sonia reveals her secret. 605909

12.40am The Murder That Wouldn't Die
FILM Crime thriller set in Hawaii. *Starring William Conrad.* (1980, PG, 95min) ★★ 289110

2.15 The Little Picture Show (S) 636077

3.15 The Beat (S) 2685684

4.05 The NewMusic 9335665

5.00–5.30am Freescreen
TV classifieds. 52987

REGIONAL VARIATIONS
LONDON As Meridian except: **12.55pm** Home and Away **1.25** Emmerdale **1.55–2.20** A Country Practice **2.50–3.20** Capital Woman **5.10–5.40** After 5 with Caron Keating **5.55** Your Shout **6.00** Home and Away **6.30–7.00** London Tonight **7.30–8.00** The Tuesday Special **11.40** Prisoner: Cell Block H **12.40–4.10am** As Westcountry **4.10** On The Live Side **4.30** Videofashion **5.00–5.30am** Vanessa
CHANNEL As Meridian except: **3.25–3.30** Puffin's Pla(i)ce **6.00–6.30pm** Channel Report; Weather

WESTCOUNTRY

As Meridian except:
1.55–2.20pm The Young Doctors
2.50–3.20 A Country Practice
5.10–5.40 Home and Away
6.00–7.00 Westcountry Live
7.30–8.00pm South Crofty Documentary series about Europe's last tin mine.
11.40 Prisoner: Cell Block H Nora loses her parole.
12.40am FILM: Vampires in Venice Horror. *Starring Klaus Kinski.* (1988, 18, 100min) ★★
2.20 Cinema, Cinema, Cinema
2.45 The Beat Music magazine.
3.45 America's Top 10
4.10 Jobfinder Local vacancies.
5.00–5.30am Vanessa

C4

5.00am 4-Tel on View 71676 **6.30 Ulysses 31** (R) 16909 **7.00 The Big Breakfast** (T) 45909 **9.00 FILM: Thin Ice** Musical. *Starring Sonja Henie.* (1937, b/w, U, 85min) ★★★ 7560386 **10.25 FILM: My Lucky Star** Musical. *Starring Sonja Henie.* (1938, b/w, U, 95min) ★★ 42520454 **12.00noon House to House** 90560 **12.30pm Sesame Street** 50183 **1.30 Widget** (S)(R) 36308947 **1.55 Son for Sail** (R) 96241676 **2.20 FILM: The Man I Love** Drama. *Starring Ida Lupino.* (T) (1946, b/w, PG, 100min) ★★★ 507947 **4.00 Think Tank** (T)(S) 928 **4.30 Fifteen to One** (T)(S) 812 **5.00 The Montel Williams Show** (T)(S) 9738454 **5.50 Terrytoons** 758831

6.00 The Avengers
Sixties adventure series. Steed and Mrs Peel uncover a sinister plot to use pigeons as spy photographers. (T)(R) 22657

7.00 Channel 4 News (T) **Weather** 394893
Followed by **The Slot**

8.00 Dosh
7 of 8. Offbeat money magazine. This week, tips on how to negotiate a pay rise. (T)(S) 2386

8.30 Brookside
Mo gives Rosie an ultimatum, and Terry offers Katie a shoulder to cry on. (T)(S) 1893

9.00 Without Walls
Two-part arts and popular culture documentary series. Starting with Unpeeled. The last of three programmes about famous meals looks at Marcel Proust's novel Remembrance of Things Past. Followed at 9.30 by a look at the life of ghost writers. (T)(S) See page 3 1367

10.00 My Crazy Life
FILM Film on 4 premiere. Allison Anders' drama about girl gang members from the Hispanic community of Los Angeles who battle, love and die on the streets. *Starring Angel Aviles.* (T)(S) WIDESCREEN (1993, 15, 105min) ★★★ 469544

11.45 Nurses
US comedy series. Jack attempts to impress Casey. (T)(S) 273473

12.15am Football Italia – Mezzanotte
Highlights of the match between Milan and Napoli. 541955

1.15 Love Stories
Romantic European dramas. This week, the story of a recently engaged young man who finds himself attracted to another woman. In Italian with English subtitles. 547139

2.15–3.20am Feet Don't Fail Me Now
Jazz magazine. (R) 2495416

S4C **7.00am–12.30pm** As C4 **12.30** Gumdrop **1.00** Slot Meithrin ABC **1.30** J'Accuse: Christian Dior **2.00** 21st Century Jet **3.00** Love in the Afternoon **4.00** As C4 **4.30** Saved by the Bell: The New Class **5.00** 5Pump: Uned 5 **5.30** Fifteen to One **6.00** News **6.15** Heno **7.00** Pobol y Cwm **7.25** Giamocs **8.00** Bywyd Newydd Frank **8.30** News **9.00** Dim Tafod: Noson Y Gogs **10.00** Brookside **10.30** Rising Damp **11.00** FILM: Running Delilah **12.40–1.40am** Witness

SCI-FI CHANNEL

On Astra 11.171GHz (H) and cable

This channel is on cable all week from 8.00am to 2.00am. On Satellite, Transponder 47, from 7.00–10.00pm on Monday, Tuesday and Wednesday with the same schedule as cable, and all week from 1.00–4.00am with an alternative schedule.

8.00am G-Force
Animation.

8.30 Adventures of the Galaxy Rangers
Animated series.

9.00 Robotech
Drama about an alien invasion.

9.30 Bionic Six

10.00 The Bionic Woman
Seventies action series starring Lindsay Wagner.

11.00 The Six Million Dollar Man
US action adventure series starring Lee Majors.

12.00noon Night Gallery
Paintings which link stories of the macabre and the supernatural.

12.30pm Alfred Hitchcock Presents
Featuring tales of terror, horror and the bizarre.

1.00 Outer Limits
Cult fantasy series.

2.00 Dark Shadows
Cult Sixties horror drama series.

3.00 Jupiter Moon
Sci-fi drama.

4.00 Knightmare
Computer dungeon game.

4.30 My Secret Identity
Comedy series about a 14-year-old boy with super-powers.

5.00 Lost in Space
Intergalactic family adventures.

6.00 Voyage to the Bottom of the Sea
Subaquatic adventures with Admiral Nelson and his amazing vessel.

7.00 Swamp Thing
Action adventure with the half-man, half-plant crimefighter.

7.30 Alien
FILM British director Ridley Scott's famous sci-fi horror film starring Sigourney Weaver. When the commercial spacecraft Nostromo receives a distress call from an apparently dead planet, its seven crew members unwittingly take on board a deadly alien creature... *With Tom Skerritt, John Hurt.* (1979, 18, 150min) ★★★★

10.00 Outer Limits
Cult fantasy series.

11.00 Ray Bradbury Theatre

11.30pm–2.00am FILM: Alien
As 7.30pm.

On Satellite Only:

1.00am Swamp Thing
As 7.00pm.

1.30–4.00am FILM: Alien
As 7.30pm.

DISNEY

On Astra 11.597GHz (V) and cable

6.00am Under the Umbrella Tree 45588725 **6.30 Muppet Babies** 33590164 **7.00 The New Adventures of Winnie the Pooh** 36353522 **7.30 DuckTales** 36372657 **8.00 Chip 'n' Dale Rescue Rangers** 29735454 **8.30 Adventures in Wonderland** 29734725 **9.00 Fraggle Rock** 29758305 **9.30 Welcome to Pooh Corner** 63573909 **10.00 Dumbo's Circus** 33514744 **10.30 Quack Attack** 29754589 **11.00 Walt Disney Presents** 36381305

12.00noon Boy Meets World 29738541

12.30pm Thunder Alley
Sitcom starring Ed Asner as a retired racing driver. 63577725

1.00 Flipper
Marine adventure. 63565980

2.00 Adventures in Wonderland
Educational fun. 70301015

2.30 Under the Umbrella Tree
Puppet series. 62399473

3.00 Fraggle Rock 70380522

3.30 The New Adventures of Winnie the Pooh
Animated adventures with the cuddly bear. 62301218

4.00 Quack Attack
Cartoon fun. 62380725

4.30 DuckTales
Cartoon exploits of Scrooge McDuck. 62386909

5.00 Chip 'n' Dale Rescue Rangers
Cartoon. 70392367

5.30 Danger Bay
Live-action adventures of a marine veterinarian and his two children. 62300589

6.00 Tarzan
Adventure series. Tarzan is nearly shafted when an old mine collapses on him. 62390102

6.30 Dinosaurs
Prehistoric sitcom. 62381454

7.00 The Best of Walt Disney Presents
Three Tall Tales. 68463589

8.00 The Muppet Christmas Carol
FILM The Muppets' musical version of Charles Dickens' classic Christmas tale. *Starring Michael Caine.* (1992, U, 90min) ★★★ 18273763

9.30–10.00pm Candlelight Ceremony 63597589

PARAMOUNT

On Astra 11.156GHz (V) and cable

8.00pm Entertainment Tonight Celebrity news. **8.30 I Love Lucy** Classic Sixties American sitcom. **9.00 Mr President** US comedy. **9.30 Laverne and Shirley** US comedy. **10.00 Entertainment Tonight 10.30 Frontline** Satirical Australian comedy. **11.00 Bob 11.30 Ren & Stimpy 12.00m't Entertainment Tonight 12.30am I Love Lucy 1.00 Mr President 1.30 Laverne and Shirley 2.00 Entertainment Tonight 2.30 Frontline 3.00 Bob 3.30–4.00am Ren & Stimpy**

(T)=Teletext subtitles (S)=Stereo sound (R)=Repeat

DISCOVERY

On Astra 11.082GHz (H) and cable

4.00pm Urban Wildlife
Natural history programme about the animals which live in Australia's city centres, including bats, possums and *koalas.* 1160367

5.00 Legends of History
An examination of the Greek Minoan culture. 7187725

6.00 Invention
Today's programme focuses on how lasers can be used to repair eye defects. 8731947

6.30 Beyond 2000
Science series. A report on new systems for protecting the lives of railway workers. 1659725

7.30 Human/Nature
Documentary charting the survival of endangered species around the world. 8711183

8.00 Azimuth: Rescue Mission in Space
Documentary about the NASA space shuttle mission which set out to repair the Hubble space telescope. 5525454

9.00 State of Alert
A profile of Sweden's armed forces, which are only used in a defensive capacity. 1159251

9.30 On the Road Again
Simon Dring travels from the Himalayas to Punjab. 1190096

10.00 The Driven Man
Comedy actor Rowan Atkinson reveals his passion for motor vehicles. 9271928

11.00pm–12.00m't Discovery Journal
Men on Death Row describe what it is like to be granted a stay of execution. 1786980

BRAVO

On Astra 11.097GHz (V) and cable

12.00noon Plan 9 from Outer Space
FILM Edward D Wood Jr's cult sci-fi film about aliens who attempt to conquer Earth. *Starring Vampira, Bela Lugosi.* (1958, b/w, PG, 80min) ★ 29470748

1.20pm Honey West
Detective series. 1875386

2.00 Danger Man 6465299

3.00 Scotland Yard
Mystery thriller. 7190299

3.30 Man from Interpol
Crime drama series. 8739589

4.00 Inherit the Wind
FILM Courtroom drama based on the 'Tennessee Monkey' trial of 1925. Spencer Tracy plays a defence attorney hired to defend a young schoolteacher arrested for teaching Darwin's theory of evolution in a small 'Bible Belt' town. *With Fredric March, Gene Kelly.* (1960, b/w, PG, 150min) ★★★ 5683183

6.30 Department S
Cult Sixties series. 1646251

7.30 The Protectors
Harry and the Contessa are framed for theft. 8715909

8.00 Space 1999
Journey to Where. The Alphans travel back in time. 5512980

9.00 The Beastmaster
FILM Sword and sorcery epic. *Starring Marc Singer.* (1982, PG, 145min) ★ 17656218

11.25pm–12.00m't The Adventures of Superman
The original cartoon superhero adventure. See page 3 3578183

UK LIVING

On Astra 10.979GHz (V) and cable

6.00am Agony Hour 7541831
7.00 Living Magazine 6339473
9.00 Mr Smith's Indoor Garden 2231928
9.30 Kate & Allie 5327980
10.00 Hearts of Gold 1948218
10.50 Entertainment Now! 59444183
11.00 The Young and the Restless 3102096
11.55 Food and Drink 6255928
12.30pm Brookside 5787218
1.05 Kilroy 1223725

2.00 Agony Hour 4218589

3.00 Living Magazine
News and features. 4958893

4.00 Infatuation UK
Dating show. 8697522

4.30 Crosswits 7741386

5.05 The Joker's Wild
Quiz show. 59555454

5.30 Bewitched
Sixties sitcom. 8617386

6.00 Esther
Talk show. 8614299

6.30 Brookside 6092831

7.05 The Jerry Springer Show 7360473

8.00 The Young and the Restless 4507893

9.00 Home of Angels
FILM Family drama. A boy decides he is going to bring his sick grandfather back home for Christmas, a journey that takes him on the adventure of a lifetime. *Starring Abe Vigoda.* (1992, PG, 110min) ★★ 27903183

10.50 Entertainment Now! 5454034

11.00pm–12.00m't Dangerous Women
Crime drama series. 6326909

FAMILY CHANNEL

On Astra 10.994GHz (H) and cable

5.00pm The Wonder Years
US comedy series. Kevin gets encouragement with his piano lessons. 6164

5.30 The Adventures of Tintin 6270

6.00 Batman
Catwoman attempts to lure Robin into crime. 3183

6.30 Catchphrase 7763

7.00 Through the Keyhole
Panel game show. 6928

7.30 My Two Dads
US sitcom. Nicole drops out of English class. 3947

8.00 Murder in Paradise
FILM Mystery thriller. A burnt-out big-city cop seeks refuge in Hawaii, only to become involved in a serial murder case that appears identical to his last case in New York. (1989, 15, 120min) ★★ 90034

10.00 All Clued Up
Quiz show. 62164

10.30 Neon Rider
Action series. Michael and Eleanor help out a pregnant teenager. 68928

11.30 Batman (R) 38980
12.00m't The Adventures of Tintin 52416
12.30am Concentration 37665
1.00 Zorro 33023
1.30 Rhoda 76226
2.00 Neon Rider (R) 80145
3.00 Rhoda (R) 26787
3.30 Zorro (R) 12619
4.00 The Wonder Years (R) 20684
4.30–5.00am The Black Stallion 27416

24 HOUR NEWS CHANNELS

CNN INTERNATIONAL

On Astra 11.626GHz (V) and cable

5.00am World News **6.30** Moneyline **7.00** World News **7.30** World Report **8.00** World News **8.30** Showbiz Today **9.00** World News **9.30** Newsroom **10.00** World News **10.30** World Report **11.00** Business Day **12.00noon** World News Asia **12.30pm** World Sport **1.00** World News Asia **1.30** Business Asia **2.00** Larry King Live **3.00** World News **3.30** World Sport: Replay. **4.00** World News **4.30** Business Asia: Replay. **5.00** World News **7.00** World Business Today **7.30** World News **8.00** Larry King Live: Replay. **9.00** World News **10.00** World Business Today Update **10.30** World Sport **11.00** World View **12.00m't** World News **12.30am** Moneyline **1.00** World News **1.30** Crossfire **2.00** Larry King Live **3.00** World News **3.30** Showbiz Today **4.00** World News **4.30–5.00am** Inside Politics

SKY NEWS

On Astra 11.376GHz (V) and cable

6.00am Sunrise **10.00** News **10.30** ABC Nightline: News and current affairs presented by Ted Koppel. **11.00** World News and Business **12.00noon** News Today **1.00pm** News **1.30** CBS News This Morning **2.00** News **2.30** Parliament Live: Today's events in the House of Commons. **4.00** World News and Business **5.00** Live at Five: News magazine show looking at the day's top stories. **6.00** News at Six **6.30** Tonight with Adam Boulton: Current affairs. **7.00** Evening News: Round-up the day's headline news. **8.00** News **8.30** Target **9.00** World News and Business **10.00** News Tonight **11.00** News **11.30** CBS Evening News **12.00m't** News **12.30am** ABC World News Tonight **1.00** News **1.30** Tonight with Adam Boulton: Replay. **2.00** News **2.30** Worldwide Report **3.00** News **3.30** Parliament: Replay. **4.00** News **4.30** CBS Evening News **5.00** News **5.30–6.00am** ABC World News Tonight

EUROPEAN BUSINESS NEWS

On Cable 24hrs and on Astra 11.097GHz (V) 6.00am to 12.00noon

5.00am Media Report **5.30** World News Tonight **6.00** Daybreak **9.00** Business Day **10.00** The Journal Today **11.00** Business Day **11.30** World Market Outlook: Business programme live from London, Singapore and New York. **12.00noon** Directions **12.30pm** Global Agenda **3.00** Media Report **3.30** Style Café **4.00** The Big Board **6.00** World Market Outlook **6.30** World News Update **7.00** Future File **7.30** Directions **8.00** Media Report **8.30** Style Café: A look at the arts, fashion and showbusiness worlds. **9.00** World Market Outlook **9.30** Future File **10.00** Business World **10.30** Style Café **11.00** Media Report **11.30** World News Tonight **12.00m't** Directions **12.30am** Future File **1.00** Media Report **1.30** Style Café **2.00** Business World **2.30** Directions **3.00** World News Tonight **3.30** Media Report **4.00** Style Café **4.30–5.00am** Future File

MUSIC & ARTS CHANNELS

MTV

On Astra 11.421GHz (H) and cable

5.00am Awake on the Wildside 88589 **6.30 The Grind** With Eric Nies. 50102 **7.00 3 from 1** 8507473 **7.15 Awake on the Wildside** With Eden. 4147034 **8.00 Music Videos** 471831 **10.30 Rockumentary** 72541 **11.00 The Soul of MTV** With Lisa I'Anson. 75909 **12.00noon Greatest Hits** Presented by Ingo Schmoll. 11928 **1.00pm Music Non-Stop** With Hugo. 45963873 **2.45 3 from 1** 3817947 **3.00 CineMatic** Presented by Davina. 8933947 **3.15 Hanging Out** With Enrico. 7366473 **4.00 News at Night** 2633541 **4.15 Hanging Out** 2623164 **4.30 Dial MTV** With Eden. 4676 **5.00 The Worst of Most Wanted** Presented by Ray Cokes. 8522 **5.30 Hanging Out/Dance** With Enrico and Simone. 59305 **6.30 Sports** Presented by Dan Cortese. 6893 **7.00 Greatest Hits** 89928 **8.00 Most Wanted** With Ray Cokes. 48292 **9.30 Beavis and Butt-head** 12657 **10.00 News at Night** 421676 **10.15 CineMatic** Presented by Davina. 419831 **10.30 Real World London** 73270 **11.00 The End?** With Davina and Hugo, featuring Beavis and Butt-head. 50909 **12.30–5.00am Night Videos** 9807400

PERFORMANCE

Cable Exclusive

7.00pm Bizet's Carmen from Earl's Court **10.00** Carols with José Carreras and Aled Jones **12.00m't–2.00am** Tyner, Hutcherson and Charlie Byrd

CMT

On Astra 11.567GHz (V) and cable

5.00am Non-Stop Country 2638170 **12.00noon Non-Stop Country** 4363638 **5.00pm Saturday Nite Dance Ranch** 3130367 **6.00 Big Ticket** 7410299 **7.00 Non-Stop Country** 7557251 **10.00 Big Ticket** 3654367 **12.00m't–5.00am Non-Stop Country** 8053394

VH-1

On Astra 11.538GHz (V) and cable

7.00am Power Breakfast Including a featured artist, hits from the playlist and classic hits on the hour. 2979837 **9.00 Café VH-1** 1305589 **12.00noon Heart and Soul** Hosted by Richard Allinson. 2407522 **1.00pm The Vinyl Years** 2416270 **2.00 Ten of the Best: Robert Palmer** Robert Palmer selects his 10 favourite videos which include Julia Fordham, Sting and Del Amitri. 9388164 **3.00 Into the Music** 3316170 **6.00 VH-1-2-3** Three videos from the Housemartins. 6200299 **6.15 Happy Hour** With Jules Carling. 9147831 **7.00 VH-1 for You** 6634909 **8.00 Tuesday Review** Information on artists and tour dates. 6643657 **9.00 Ten of the Best** Television presenter Jim Bowen chooses some of his favourite videos including Queen, Dire Straits and Elton John. 6623893 **10.00 The Vinyl Years** With Bob Mills. 6626980 **11.00 The Nightfly** With Tommy Vance. 8807164 **1.00am Ten of the Best: Peter Hook** New Order's Peter Hook chooses the Sex Pistols, The Farm and Paul Simon. 1520955 **2.00–7.00am Dawn Patrol** 2560226

CARTOON NETWORK

On Astra 11.023GHz (H) and cable

5.00am A Touch of Blue in the Stars 88327744 **5.30 Spartakus** 45576980 **6.00 The Fruitties** 45586367 **6.30 Spartakus** 33521034 **7.00 Back to Bedrock** 12746589 **7.15 Tom and Jerry** Cat and mouse capers. 79264305 **7.45 The Addams Family** 79263676 **8.15 World Premiere Toons** 68074947 **8.30 Yogi Bear Show** 29732367 **9.00 Perils of Penelope Pitstop** 29756947 **9.30 Paw Paws** 63564251 **10.00 Pound Puppies** 33512386 **10.30 Dink, the Little Dinosaur** 29745831 **11.00 Heathcliff** 59396611 **11.30 Sharky and George** 58946170 **12.00noon Top Cat** 29736183 **12.30pm The Jetsons** Futuristic frolics with the Jetson family. 63575367 **1.00 The Flintstones** Stone Age antics in Bedrock. 36383763 **1.30 Flintstone Kids** 63574638 **2.00 Wacky Races** More manic motorsport. 70309657 **2.30 The Bugs and Daffy Show** 62397015 **3.00 Down wit' Droopy-D** 70388164 **3.30 Yogi Bear Show** 62392560 **4.00 Little Dracula** Vampire fun with the son of Count Dracula. 62388367 **4.30 The Addams Family** 62377251 **5.00 Scooby and Scrappy Doo** 70390909 **5.30 The Mask** 62391831 **6.00 Tom and Jerry** 62398744 **6.30–7.00pm The Flintstones** Prehistoric pranks. 62389096

TCC

On Astra 10.994GHz (H) and cable

6.00am Swan's Crossing 35367

6.30 Pugwall's Summer
Australian comedy series. 58744

7.00 Degrassi Junior High 78096

7.30 Ready or Not 80831

8.00 Sweet Valley High
Drama series portraying life in a Californian town, as seen through the eyes of 16-year-old twin sisters. 91676

8.30 Casper and Friends 6306893

8.45 Dinobabies 6334676

9.00 Sesame Street 44015

10.00 Tiny TCC 87693

12.00noon Barney and Friends 94763

12.30pm Tiny TCC
As 10.00am. 27831

2.30 Happily Ever After
Animated fairy tales. 2454

3.00 Sonic the Hedgehog 4947

3.30 The New Pink Panther Show 4299

4.00 California Dreams
Comedy series about a rock 'n' roll band. 6034

4.30–5.00pm Sweet Valley High 2218

NICKELODEON

On Astra 11.156GHz (V) and cable

6.00am Blue 82251 **6.30 Count Duckula** 69283 **7.00 Batfink** 1795270 **7.05 Teenage Mutant Hero Turtles** 3733909 **7.45 Rugrats** 753034 **8.15 Doug** 822638 **8.45 Rocko's Modern Life** 5548589 **9.00 Nick Junior** 527744 **12.00noon Rocko's Modern Life** 36725 **12.30pm Aaahh!!! Real Monsters** 65725

1.00 Ship to Shore 35560

1.30 Rocko's Modern Life 64096

2.00 Dungeons and Dragons 9096

2.30 Galaxy High School 6638

3.00 Kissyfur 1831

3.30 Littlest Pet Shop
Cartoon fun. 1183

4.00 Fish and Chips & Technick 9378

4.30 Rugrats 9102

5.00 Clarissa Explains It All 3676

5.30 Nancy Drew 9134

6.00 Doug 7367

6.30 Are You Afraid of the Dark? 1947

7.00 Fish and Chips & Technick 3812

7.30–8.00pm Nancy Drew and the Hardy Boys 4201

NBC SUPER CHANNEL

On Astra 10.729GHz (V) and cable

4.30am NBC News with Tom Brokaw 90955893 **5.00 ITN World News** 28704299 **5.15 US Market Wrap** 28792454 **5.30 Steals and Deals** 38181560 **6.00 Today** 59965454 **8.00 Super Shop** 21734893 **9.00 European Money Wheel** 68406034 **1.30pm The Squawk Box** 77536873 **3.00 US Money Wheel** 37178164 **4.30 FT Business Tonight** 26442812 **5.00 US Money Wheel** 56722473 **5.00–9.00pm** *(On Cable Only)* Starting with **ITN World News 5.30 Ushuaia 6.30 The Selina Scott Show 7.30 Profiles** Today, Tito, President of Communist Yugoslavia until his death in 1980. **8.00 Europe 2000 8.30 ITN World News 9.00 The Tonight Show with Jay Leno** 47668251 **10.00 NHL Power Week** Ice hockey action. 47678638 **11.00 FT Business Tonight** 94804947 **11.20 US Market Wrap** 29688251 **11.30 NBC Nightly News with Tom Brokaw** 95728299 **12.00m't Real Personal** 38157503 **12.30am The Tonight Show with Jay Leno** 55777226 **1.30 The Selina Scott Show** Talk show. 38172139 **2.30 Real Personal** Advice show. 59858110 **3.00 Profiles** 90858936 **3.30 Europe 2000** 59945690 **4.00 FT Business Tonight** 26557503 **4.15–4.30am US Market Wrap** 26552058

★ Poor ★★ Fair ★★★ Good ★★★★ Excellent

A-Z OF OTHER CABLE AND SATELLITE CHANNELS

ASIANET
Cable Exclusive

7.00am Religious Programme **7.30** News **8.00** Breakfast Show **9.00** Guldasta **9.30** FILM: Love **12.00noon** Dasht **1.00pm** News **1.30** FILM: Saubhagya Sindoor **4.00** Janki Das Jasoos **4.30** Viewer's Voice **4.45** Nancy: Serial in Tamil. **5.15** Asianet Today **6.15** Doosra Kewal **6.45** Viewer's Voice **7.00** Star Show **7.30** Shanti **8.00** News **8.30** FILM: Gumraah **11.00** Breakfast Show **12.00m't** Shanti **12.30am** Guldasta **1.00** FILM: Aakhri Chetwani **3.30** Saregana: Songs. **4.00** News **4.30–7.00am** FILM: Naya Raasta

BET INTERNATIONAL
Cable Exclusive

The schedule below is repeated between 6.00pm and 12.00m't and from 12.00m't to 6.00am.
12.00noon Video Mania **1.00pm** Comic View **1.30** Video Soul **3.00** Generations **3.30** 'New' Sarge in Charge **4.00** Caribscope **4.30** This is Your Day **5.00–6.00pm** Rap City

CHANNEL ONE
Cable Exclusive

6.00am Breakfast Time **9.30** High Five/Sports **10.30** Off the Peg **11.30** Colour Supplement **12.30pm** Paint It Red **1.30** High Five/Sports **2.30** Show Business Show **3.30** Reach for the Top **4.30** Off the Peg **5.30** Colour Supplement **6.30** Sports Page **7.30** Paint It Red **8.30** Planet Fashion **9.30** Digital World **10.30** Paint It Red **11.30** Sports Page **12.00m't–6.00am** News All Night

CHRISTIAN TV
On Astra 11.171GHz (H) and cable

4.00am Living Word **4.30** Jack Van Impe **5.00** Kenneth and Gloria Copeland **5.30** Kidz TV **5.45** Rodney Howard Browne: Chronicles of Revival **6.15** Colin Dye: Power for Living **6.45–7.00am** CMTV

THE HISTORY CHANNEL
On Astra 11.171GHz (H) and cable

4.00pm Okinawa – The Final Battle: Documentary about the last World War Two battle in the Pacific. **5.00** The Gangsters: A Golden Age. Concluding the two-part documentary. **6.00–7.00pm** Biography – Butch Cassidy and the Sundance Kid: A portrait of the historical outlaw duo.

LIVE TV
Cable Exclusive

6.00am Bloomberg Information TV **7.00** Video Box **7.30** Sport Live **8.00** Fate & Fortune **8.30** The Fashion Show **9.00** AM Live **9.30** Esther **10.00** AM Live **11.30** Fate & Fortune **12.00noon** AM Live **12.30pm** The Fashion Show **1.00** Showbiz Live **2.00** Video Box **2.30** Esther **3.00** Fate & Fortune **3.30** Esther **4.00** Buzzin' **5.00** Showbiz Live **6.00** Video Box **6.30** Sport Live **7.00** Primetime Live **8.30** The Fashion Show **9.00** Showbiz Live **10.00** Sport Live **10.30** Stand Up Live **11.00** Fate & Fortune **11.30** The Sex Show **12.00m't** Stand Up Live **12.30am** Sport Live **1.00–6.00am** Night Hours

QVC
On Astra 11.038GHz (V) and cable

Britain's first 24-hour TV channel dedicated to shopping from the home. Includes specialist programmes for jewellery, sports-wear and goods for the home.

THE RACING CHANNEL
On Astra 10.876 GHz (V) and cable

From 11.00am–4.00pm, live racing coverage plus news and reviews of the previous day's races. Today's racing comes from **Wolverhampton**

SKY SOAP
On Astra 11.171GHz (H) and cable

7.00am Guiding Light 4086541 **7.55 As the World Turns** 7329305 **8.50 Peyton Place** Constance prepares for a christening. 4020251 **9.20 Days of Our Lives** 4174251 **10.10–11.00am Another World** Jake questions Spencer about why he hired Ian. 6801021

SKY TRAVEL
On Astra 11.171GHz (H) and cable

11.00am Globetrotter 1440183 **11.30 Trailside – Make Your Own Adventure** 1441812 **12.00noon On Top of the World** 2146270 **12.30pm Pierre Franey's Cooking in France** 2426657 **1.00 Around the World... in 30 Minutes** 1529396 **1.30 Travel Guide** 2425928 **2.00 Ski Special** 9319034 **3.00 Getaway** 4438454 **3.30–4.00pm Boomerang** 2120763

ADULT VIEWING

Material on these channels are not suitable for anyone under the age of 18.

ADULT CHANNEL
On Astra 10.921GHz (H) and cable

12.00m't Dish of the Day 7239011 **12.10am Last Tango in Paradise** 62150665 **1.25 Divorce Law** 9365139 **1.55 Miss Wet T-Shirt '95 – Hereford** 4849972 **2.40–4.00am Heaven Scent** 19192416

PLAYBOY
On Astra 11.097GHz (V) and cable

12.00m't PVC: Lynne Austin 3744435 **12.30am Late Night II** 8340290 **1.00 FILM: Lover's Leap** 2125597 **2.30 Sex Under Hot Lights** 5577139 **3.30–4.00am Fantasies No 1** 9786313

TELEVISION X
On Astra 10.979GHz (V) and cable

12.10am Excess 9796139 **12.40 FILM: Why Things Burn** 12221752 **1.50 Superdick** 55390042 **2.20–4.00am FILM: Gemini** 2249329

HVC
Cable Exclusive

8.00pm FILM: Sure Fire Action drama. A property speculator's obsession with success leads to the break-up of his family. (15, 120min) **10.00 FILM: Trust Me** Thriller. A young woman goes on the run with a hit-man. (18, 100min) **11.40 FILM: Freedom** Sci-fi action set in the future about a young journalist on the run. (18, 90min) **1.10–2.35am FILM: Even the Score** A man has a terrible shock awaiting him on his release from prison. (18, 85min)

TLC
On Astra 11.082GHz (H) and cable

9.00am Toycraft Charlotte Hindle looks at tents and tree-houses. 9283763 **9.30 Madeleine Cooks** Today, food from the American Midwest. 1109744 **10.00 Grow Your Greens** Sophie Grigson looks at a variety of squashes and how they are grown. 6460744 **10.30 Will it Hurt?** Dr Alan Maryon Davis investigates hip replacements. 9289947 **11.00 Only Human** Adults who were adopted as children tell of their quests to find their natural parents. 1705015 **12.00noon The Right Thing?** Maggie Philbin and the panel discuss marriage. 9270299 **12.30pm Jimmy's** The accident and emergency team at Jimmy's comes under the spotlight. 1103560 **1.00 Madeleine Cooks** As 9.30am. 1709831 **1.30 Toycraft** As 9.00am. 1102831 **2.00 Park High** The final programme in the series sees the retirement of the headmaster. 7184638 **2.30 Soul Mates** Teresa Driscoll meets three women who became alcoholics. 8730218 **3.00 Grow Your Greens** As 10.00am. 7196473 **3.30–4.00am Green Fingers** Gerry Daly visits gardens in Ireland. 8735763

TRAVEL TV
Cable Exclusive

12.00noon Postcards **12.30pm** Worldwide Guide **1.00** Holiday Destinations **1.30** Beyond Borders **2.00** Capital **2.30** Floyd on Italy **3.00** Eye on Travel **3.30** Bon Voyage **4.00** Holiday Australia **4.30** Travel America **5.00** Undersea Adventures **5.30** Mysterious Places **6.00** Holiday Destinations **6.30** Travelview International **7.00** Worldwide Guide **7.30** Postcards **8.00** Beyond Borders **8.30** Capital **9.00** Escape **10.00** Floyd on Italy **10.30** Bon Voyage **11.00** Undersea Adventures **11.30pm–12.00m't** Journey to Adventure

ZEE TV
On Astra 10.788GHz (V) and cable

7.00am Asian Morning Daily magazine programme for the Asian community. 11022763 **8.30 Countdown to the Cricket World Cup** 51395134 **9.00 Gujarati Movie** 76042928 **12.00noon Dekh Bhai Dekh** 57795170 **12.30pm Banegi Apni Baat** 62446386 **1.00 FILM: Tyaag** Hindi drama. 25425102 **4.00 Doosra Kewal** 21655980 **4.30 Nukkad** 21651164 **5.00 Zee Zone** Magazine programme for children presented by Asim Khan. 59653980 **5.30 Ennodu Oru Naal** Serial in Tamil. 21675744 **6.00 India Business Report** 21672657 **6.30 Zee & U** Viewers' requests and dedications presented by Shaney Burney. 21663909 **7.00 Tanhaiyan** Serial in Urdu. 89386522 **8.00 News** 59659164 **8.30 Antakshari** 59678299 **9.00pm–12.00m't FILM: Police Public** Hindi drama. 72637247

FOREIGN LANGUAGE CHANNELS

These channels are available to Astra dish owners and some cable viewers.

ARD
Available on 11.494GHz (H) (German channel)
4.30am Breakfast TV **8.03** Game Show **8.45** TV College **9.03** Foreign Affairs **9.45** Health Magazine **10.04** Deutschland, deine Lieder **11.35** Economcis **12.05pm** Lunch Magazine **12.45** Economics **1.03** Schimpf – 19 7 17 **1.30** Blossom **2.03** Die Leihmutter **3.03** Talk Show **4.10** Info Magazine **4.40** Regional Information **4.55** Verbotene Liebe **5.25** Marienhof **5.54** Die Kommissarin **7.00** News **7.15** Summer Stories **8.05** Pleiten, Pech und Pannen **8.35** Science Magazine **9.05** Dieter & Hendrike **9.30** News **10.00** Talk Show With Alfred Biolek **11.00** Ellen **11.25** Night Magazine **11.45** Film: The Kiss **12.45am** Night Magazine **1.05** Talk Show **2.05** World Traveller **2.35** Train Travelling **3.30** Science Magazine **4.00am** Info Magazine

SAT1
Available on 11.288GHz (V) (German channel)
4.30am Breakfast TV **8.00** Cannon **9.00** Fantasy Island **10.00** Anna Maria – Eine Frau geht ihren Weg **11.00** Love Boat **12.00noon** Trapper John MD **1.00pm** Star Trek: The Next Generation **2.00** MacGyver **3.00** Risk It All **4.00** Quiz **4.30** Regional Programme **5.00** So ist das Leben! Die Wagenfelds **5.30** News **6.00** Wheel Of Fortune **7.00** Film: Scarlett **9.00** Report **10.00** Music Magazine **11.00** Alice To Nowhere **12.55am** Star Trek: The Next Generation **1.45** MacGyver **2.50** Trapper John MD **3.40am** Love Boat

PRO7
Available on 11.406GHz (V) (German channel)
3.40am Little House On The Prairie **4.25** Infotainment Magazine **4.45** Family Matters **5.10** Die Schluempfe **5.35** Cartoon **6.05** Batman **6.30** Bugs Bunny **7.00** The Waltons **7.55** A.L.F. **8.25** The Mommies **8.55** Film: Harry And Walter Go To New York **11.05** Remington Steele **12.00noon** SAM **12.35pm** Just The Ten Of Us **1.05** Arabella Kiesbauer **2.10** Little House On The Prairie **3.10** Die Schluempfe **3.40** Cartoon **4.05** Bugs Bunny **4.30** Tom & Jerry **5.00** Family Matters **5.30** A.L.F. **6.00** The Mommies **6.30** Infotainment Magazine **6.55** News **7.15** Film: Final Appeal **9.10** Reports **10.10** Film: Blood Warriors **11.45** News **11.55** ER **12.55am** NYPD Blue **1.45** Silk Stalkings **2.30** Arabella Kiesbauer **3.20am** News

3SAT
Available on 11.347GHz (V) (German channel)
6.05am Pinocchio **6.30** The Programme With The Mouse **7.00** Alpen Panorama **8.05** Cuture Time **8.45** Austria Journal **9.30** Political Magazine **11.35** Es war einmal... Amerika **12.00noon** Die 6/7 G'scheiten **12.30pm** Im Auftrag von Madame **1.00** Northern German Hits **1.45** Film: Young At Heart **3.30** Nature Magazine **4.00** Germany Magazine **4.45** Gastronomical Magazine **5.25** Karfunkel **6.00** News **6.20** Culture Time **7.00** News **7.15** Film: Days Of Fear **9.00** News **9.30** Film: Kagemusha **12.05am** Swiss Culture **12.30** Brennpunkt **12.40am** Cuture Time

RTL2
Available on 11.214GHz (H) (German channel)
4.45am Major Dad **5.10** The Wonder Years **5.35** Voltron **6.00** Prinz Arthus **6.30** Itsy Bitsy **6.55** Ovide And The Gang **7.20** Calimero **7.45** Family Nikolaus **8.10** Eine froehliche Familie **8.35** Georgie **9.00** Smile Please **9.30** Film: Love With A Perfect Stranger **11.20** The Children From Berghof **11.50** Ovide And The Gang **12.05pm** Calimero **12.35** Family Nikolaus **1.00** Mila Superstar **1.30** Die tollen Fussballstars **2.05** Gargantua **2.30** Der Traumstein **3.00** Supertrio **3.25** Captain Z **3.50** The Wonder Years **4.15** Wiseguy **5.00** News **5.15** Top Cops **5.50** Kojak **6.40** Smile Please **7.15** Film: Fatal Vision **9.00** Wrestling **11.50** David Letterman **12.40am** News **1.10** Best Direct Infomercials **1.40** Film: Fatal Vision **3.10am** Wiseguy

SUPER RTL
Available on 11.391GHz (H) (German channel)
5.45am My Pet Monster **6.10** The Snorchels **7.00** Welcome To Pooh Corner **7.30** Designing Women **8.00** Perfect Strangers **8.30** Owen Marshall: Counsellor At Law **9.30** Alles Nichts Oder?! **10.30** The Snorkels **11.00** Welcome To Pooh Corner **11.30** My Pet Monster **12.00noon** The Snorchels **12.30pm** New Adventures Of Winnie The Pooh **1.00** Adventures Of Mickey And Donald **1.25** Darkwing Duck **2.00** Chip 'n' Dale **2.25** Out Of This World **3.00** Alles Nichts Oder?! **4.00** The Wild Frontier **4.55** New Adventures Of Winnie The Pooh **5.20** Chip 'n' Dale **5.50** Darkwing Duck **6.15** Adventures Of Mickey And Donald **6.45** Out Of This World **7.15** Perfect Strangers **7.45** Designing Women **8.15** Owen Marshall: Counsellor At Law **9.15** Alles Nichts Oder?! **10.15** The Wild Frontier **11.05** Owen Marshall: Counsellor At Law **12.00m't** Teleshop

RTL4
Available on 10758 GHz (V) (Dutch channel)
6.00am News **6.15** Telekids Cartoon Express **7.08** The Bold And The Beautiful **7.35** Santa Barbara **8.30** Goede Tijden, Slechte Tijden **9.00** Consumers' Magazine **10.00** The Oprah Winfrey Show **10.45** Santa Barbara **11.30** Game Show **12.30pm** Sports Magazine **1.00** Cinema Magazine **1.30** Nature Documentary **2.10** As The World Turns **3.10** Discussion **4.10** Consumers' Magazine **5.30** The Bold And The Beautiful **6.00** Game Show **6.30** News **7.00** Goede Tijden, Slechte Tijden **7.30** Wolff's Turf **8.25** Crime International **9.00** Reality TV **10.00** BZN Special **10.30** News **11.05** The Oprah Winfrey Show **11.55** As The World Turns **12.40am** Night Programme

DSF
Available on 11.523GHz (V) (German channel)
5.30am Magic Sports **7.30** Power Play **8.30** World Sport Special **9.00** Dancing **11.00** American Gladiators **12.00noon** Magic Sports **2.00pm** Italian Soccer **3.10** International Soccer **4.00** Beach Clash **4.55** Live Handball **8.30** World Sport Special **9.00** World Championship Wrestling **10.00** Bowling **11.00** Motorsport Magazine **12.00m't** Best Direct **12.30am** World Championship Wrestling

N-TV
Available on 11.641GHz (H) (German channel)
24-hour news channel.

RTL TV
Available on 11.229GHz (V) (German channel)
4.35am Family Game Show **5.05** Jeopardy! **5.35** Good Times, Bad Times **6.00** Breakfast TV **6.35** Unter uns **7.05** The Guiding Light **8.05** Santa Barbara **9.00** The Bold And The Beautiful **9.30** Scheidungsgericht **10.00** The Price Is Right **10.30** Game Show **11.00** Breakfast TV **11.30** The Golden Girls **12.00noon** Murder, She Wrote **1.00pm** Baerbel Schaefer **2.00** Ilona Christen **3.00** Hans Meiser **4.00** Jeopardy! **4.30** Unter uns **5.00** Regional Programme **5.15** Report **5.30** Star-Magazine **5.45** News **6.10** Cartoons **6.40** Good Times, Bad Times **7.15** Film: Der Raeuber mit der sanften Hand **9.15** Quincy, ME **10.15** Miami Vice **11.00** News **11.30** Cheers **12.00m't** Married... With Children **12.30am** The Golden Girls **1.00** Baerbel Schaefer **1.55** News **2.20** Ilona Christen **3.10** Hans Meiser **4.05am** Cartoons

N3
Available on 11.582GHz (H) (German channel)
5.00am Report **5.45** Hit-Clip **6.15** 20 Years Ago **6.30** Sesame Street **7.00** Sports **7.30** Documentary **8.00** Okay SIR **8.30** News **11.30** Inside & Outside **12.00noon** Inseln im Sturm **12.45pm** Streifzuege **1.00** Spielhaus **2.00** Roads Of Hope **3.00** Health Magazine **4.00** Hamburg Transit **4.30** Olympische Spiele **5.00** Sesame Street **5.45** News **7.15** Weiss blinkt ein einsam' Segel **8.00** Health Magazine **8.45** Lindenstrasse **9.15** Das Eis der Laptev-See **10.00** Film: Saboteur **11.45** Weiss blinkt ein einsam' Segel **12.30am** Eine Familie mit Biss **12.55** 20 Years Ago **1.10** News **3.55am** Tele Game

VOX
Available on 11.273GHz (H) (German channel)
5.50am Dominion **6.10** TV Shop **6.40** Good Times, Bad Times **7.10** Hill Street Blues **8.10** Starsky And Hutch **9.10** Fall Guy **10.10** CHiPs **11.10** In Care Of Nature **11.40** Good Times, Bad Times **12.15pm** Spenser For Hire **1.10** Hill Street Blues **2.10** Starsky And Hutch **3.05** Fall Guy **4.00** CHiPs **5.00** News **5.15** Report **5.40** In Care Of Nature **6.15** Spenser For Hire **7.10** Film: Mensonge **8.55** TV Magazine **10.15** Reports **10.45** Making Of... **11.10pm** Film: Baby Love

ZDF
Available on 10.964GHz (H) (German channel)
4.00am Germany Magazine **4.30** Breakfast TV **8.03** Game Show **8.45** TV College: Physics **9.03** Foreign Affairs **9.45** Health Magazine **10.04** Deutschland, deine Lieder **11.35** Economics **12.05pm** Lunch Magazine **12.45** Dalli Dalli **1.15** Madita **1.40** Astrid Lindgren erzaehlt: Wer springt am hoechsten? **2.15** Sports **2.50** Die Wicherts von nebenan **3.35** Jede Menge Leben **4.00** News **4.15** Germany Magazine **4.45** TeleRita **4.55** Zwei wie Paul und Caroline **6.00** News **6.25** Zwischen Tag und Nacht **7.15** Holidate **8.00** Frontal **8.45** News **9.15** 37° **9.45** Ein Fall fuer zwei **10.45** Cine News **11.00** Film: Babeck **12.05am** Film: Nanou **1.45am** Teletext

WDR
Available on 11.053GHz (H) (German channel)
8.00am Breakfast TV **9.00** Nature Magazine **9.30** UK Today **10.00** Natural Science **10.30** Historical Documentary **11.00** Bonn am Rohr **11.30** Consumers' Magazine **12.00noon** Fette Hunde, dicke Katzen **12.15pm** Sports Magazine **1.05** Video Clips **1.30** Reports For The Young **2.00** Economics **2.35** Window Seat **3.20** Sports **3.30** TV College **4.00** Pumuckl TV **5.05** KuK **5.30** Missing **5.45** News **6.25** Regional Programme **6.45** Game Show **7.15** Aristoteles Onassis – The Golden Greek **8.00** News **8.15** Biete Taxitour, suche Rueckenmassage **8.45** Nature Magazine **9.30** Adoptionen im Zwielicht **10.00** Film: Some Divine Wind **11.10** Video Clips **11.40** 20 Years Ago **12.00m't** Domian **1.00am** KuK **1.25** News **4.05** Art Magazine **4.15** Missing **4.30** Nature Magazine **5.00** TV College **5.30** Biete Taxitour, suche Rueckenmassage **6.00** Nature Magazine **6.45** Adoptionen im Zwielicht **7.15am** TV College

B3
Available on 11.141GHz (H) (German channel)
7.15am TV College **8.30** Nature Documentary **9.05** News **9.30** Regional Programme **10.00** Sports **11.05** Family Time **11.30** Entertainment **12.55pm** Hit-Clip **1.20** Something In Common **1.45** His Munich **2.15** Documentary **2.30** Giants Of The Sea **3.15** Step In **3.30** TV College **4.05** Prinz Eisenherz **4.35** Hey Dad! **5.05** News **5.30** Regional Programme **5.45** News **6.00** Dietmar Gaiser **7.00** Kanal Extra Fatal **7.15** Medical Journal **8.00** News **8.20** Info Magazine **8.45** Film: Nur keine Umstaend' **9.35** Film: Slacker **11.20** Film: Nirvana – Live And Loud **12.05am** Step In

GALA
VISION *Available on 11.126GHz (V) (Spanish channel)* Including at **5.00pm** Cristina **6.00** Juana Iris **7.00** La Picara Soñadora **8.00** Anabel **9.00** La Noche De Todos **10.30pm** 24 Hours

SW3
Available on 11.185GHz (V) (German channel)
7.15am TV College **7.30** Ableitungsregeln **8.00** Pigmente und Farbstoffe: Farben herstellen **8.15** Distance Learning **8.30** C – wie Camembert und Computer **9.00** Das Armband/Le Bracelet **9.20** Step In **9.35** Clin d'Oeil **10.00** Hello, How Are You? **10.30** Miteinander **11.00** MuM Menschen und Maerkte **12.00noon** Boulevard Magazine **12.30pm** Culture Magazine **1.00** Quebec – Le Canada Français **1.30** Keine Angst vor grossen Brummern – Hornissen **1.45** Welcome Back **2.00** Hit-Clip **2.30** Mother And Son **3.00** Hobbythek **3.30** Wer bin Ich? **4.00** Ableitungsregeln **4.30** Sesame Street **4.58** Abenteuer Kolumbus **5.35** Hello, How Are You? **5.50** Die Fallers – eine Schwarzwaldfamilie **6.20** Regional Programme **6.48** News **7.15** Euro Magazine **8.00** News **8.15** Theatre **9.50** Film: La Faille **11.35** News **11.50pm** Non-Stop TV

MDR
Available on 11.112GHz (H) (German channel)
5.10am Game Show **5.35** Hit-Clip **6.00** TV College **6.15** Riverboat **6.45** Car & Mobiles **7.15** Family Magazine **7.35** Eene Meene Mopel **8.03** Talk Show **9.00** Literature **9.30** Blossom **10.15** Regional Magazine **11.15** Current Affairs **11.45** Schicht in Weiss **12.15pm** Documentary **1.00** In This Country **1.15** Mit Dubinski reisen **1.25** Animal Magazine **1.50** Hit-Clip **2.15** Ecology **3.02** Hello, Spencer **3.30** Blinky Bill **4.00** Lindenstrasse **4.30** Quiz **5.00** Info Magazine **5.32** Family Magazine **6.00** Regional Magazine **6.30** News **6.50** Game Show **7.15** TV Magazine **7.45** Zauberhafte Heimat **8.30** In This Country **8.45** News **9.00** Auf den Punkt! **9.45** Film: Wege uebers Land **10.55** Film: Lipstick On Your Collar **11.55** Music **12.55am** Private Matters **1.15** Info Magazine **1.45** TV Magazine **2.15** News **2.45** Riverboat **3.15** Kaminfeuer **3.28** Talk Show **4.25am** Zauberhafte Heimat

CNE
Available on 10.773GHz (H) (Chinese News Entertainment) **12.00m't** Hong Kong Today **12.40am** China News **12.45** Hong Kong News **1.10** Drama: The Movie Tycoon **2.00** Eating Must Be Crazy **2.25** China News **2.40** Drama: A Family in Shanghai **3.30–4.00am** Scenic China

ARTE
Available on 10.714GHz (H) (German channel)
4.00pm Feature **5.30** The Children From Rheinhausen **6.00** The Invisible Man **6.30** Documentary **7.40** Reports **8.45** Film: Wet **9.15** Film: The Dutch Master **9.45** Talk Show **10.00** Film: Der Teufel und die Junggfrau **10.30** Film: Caramella **11.00** Talk Show **11.10** Film: Vrooom, Vrooom Vrooom! **11.40** Film: The Cloud Door **12.10am** Velvet Jungle