SKY MOVIES SCREEN 1
Astra V 11.436GHz

06.00 **Fiddler on the Roof** (1971) (approx 171 mins) CERT: U Academy Award-winning screen adaptation of the Broadway musical about pre-Revolution life amongst the Jewish community in a Russian village 69153494 Text 129

08.55 **The Seven Year Itch** (1955) (approx 100 mins) CERT: PG Marilyn Monroe stars in this hit comedy as a blonde bombshell who lives in the same building as a frustrated writer 45920123

10.40 **In Like Flynn** (1985) (approx 91 mins) CERT: PG Please see 15.25 for details 59982272

12.15 **Ed** (1996) (approx 90 mins) CERT: PG (888) Please see 17.00 for details 435562

13.50 **Home Front** (1987) (approx 88 mins) CERT: PG Comedy in which an aspiring political candidate and his wife decide to use their son as a ploy to gain popularity in the opinion polls. However, their rebellious offspring has other ideas 38440036

15.25 **In Like Flynn** (1985) (approx 91 mins) CERT: PG Adventure starring Jenny Seagrove as a book editor who leads a double life as the author for whom she claims to work 66036123

17.00 **Ed** (1996) (approx 90 mins) CERT: PG (888) Sports comedy starring *Friends*' Matt LeBlanc as a baseball pitcher who suddenly becomes unable to play in front of a crowd. Then he finds a new friend in the form of a chimpanzee named Ed, who manages to restore his confidence 73369

19.00 **The Wind in the Willows** (1996) (approx 84 mins) CERT: U Live action version of the classic Kenneth Grahame tale, featuring a host of British celebrities.. P Steve Coogan, Eric Idle, Terry Jones, John Cleese, Victoria Wood, Nigel Planer, Stephen Fry. Directed by Terry Jones 16746

21.00 **Executive Decision** (1995) (approx 127 mins) CERT: 15 (888) Action-packed thriller about an American intelligence analyst whose skills are called upon when terrorists take over a 747, armed with a cargo of DZ-5, the most lethal nerve toxin in the world. Kurt Russell, Steven Seagal, Halle Berry, John Leguizamo, David Suchet 33506098

23.15 **The Grotesque** (1995) (approx 93 mins) CERT: 18 Mystery thriller with a black comic touch, in which a butler and his wife bring some sinister - and murderous - changes into the household of an eccentric aristocrat. Alan Bates, Theresa Russell, Lena Headey, Sting, Trudie Styler 832678

00.55 **A Family Thing** (1996) (approx 105 mins) CERT: 15 Drama about an ageing man (Robert Duvall) who has just recovered from the sadness of losing his mother. But he finds a letter which reveals that the woman who has recently passed away was not his birth mother - his real mother was a black woman who died while giving birth to him 445418

02.45 **Dare to Love** (1995) (approx 89 mins) CERT: 12 Fact-based drama about a carefree woman's descent into schizophrenia after her brother dies in a car crash. Josie Bissett, Jill Eikenberry 310505

04.20 **The Seven Year Itch** (1955) (approx 100 mins) CERT: PG Marilyn Monroe stars in this hit comedy as a blonde bombshell who lives in the same building as a frustrated writer 654147

SKY MOVIES SCREEN 2
Astra V 11.479GHz

06.05 **The Black Rose** (1950) (approx 116 mins) CERT: U An impressively lensed 13th-century drama in which the Saxons revolt against the Normans, having suffered for two hundred years under their rule 34191498 Text 129

08.05 **The Almost Perfect Bank Robbery** (1996) (approx 88 mins) CERT: PG Please see 16.00 for details 78098

10.00 **Leapin' Leprechauns!** (1994) (approx 80 mins) CERT: PG Fantasy about a group of leprechauns who try to stop an American conglomerate from turning their home into a theme park 18920

12.00 **The Fallen Sparrow** (1943) (approx 90 mins) CERT: PG Thriller set after the Spanish Civil War, following the exploits of an American who is pursued by a gang of undercover Nazis 91949

14.00 **Genesis** (1990) (approx 93 mins) CERT: U Drama about the first book of the Bible. Told by a nomadic sage to his young grandson by a campfire, a host of familiar stories unfold 60307

16.00 **The Almost Perfect Bank Robbery** (1996) (approx 88 mins) CERT: PG Comedy about a cop who L plans to pull off a major bank heist to fund his girlfriend's opulent lifestyle. Brooke Shields, Dylan Walsh, Sherie Rene Scott, Rip Torn 6494

18.00 **Calm at Sunset** (1996) (approx 94 mins) CERT: PG Drama about a teenager who wants to follow in his father's wake and become a fisherman much to his parents' horror. But then he learns a devastating secret about his father's past which surprisingly manages to bring them all closer together 40543

20.00 **The Net** (1995) (approx 110 mins) CERT: 12 (888) High-tech thriller about a computer genius (Sandra Bullock) who gets caught in a web of intrigue when she taps into a classified programme. Her real identity is suddenly wiped out, and she finds herself a wanted woman with a new name 52388

22.00 **Cannes Report** 459630

22.10 **Escape to Nowhere** (1996) (approx 89 mins) CERT: TBC Supernatural thriller about an American family who inherit a house in Ireland and move P there. But before long they are pitted against an evil and powerful force which threatens to destroy their lives. Greg Evigan, Alexandra Paul 282524

23.45 **The Movie Show** 618017

00.15 **Breaking the Surface** (1997) (approx 91 mins) CERT: TBC Dramatic true story, based on the life of champion Olympic diver Greg Louganis through his problems with racism and his dyslexia to his discovery of his talent for diving 172925

01.55 **Donor Unknown** (1995) (approx 89 mins) CERT: 15 Thriller in which a rich man awakes in hospital after having a heart attack, to the news that he has been given a heart transplant and sets out to find out the identity of the donor 227031

03.30 **The Demolitionist** (1995) (approx 85 mins) CERT: 18 Futuristic action movie about a biogenetically enhanced soldier of justice who has been created to wage a one-woman war on criminals 28942

05.00 **Off on a Comet** (1979) (approx 48 mins) CERT: U Cartoon adventure about a captain who is swept into space by a passing comet 72437

BOX OFFICE 1 11.597GHz PAY-PER-VIEW (PPV: see below)

22.00 **Scream** (1997) (110 mins) CERT: 18 Blockbusting horror tale about a teenager (Neve Campbell) trying to come to terms with the brutal murder of her mother several years before. Directed by Wes Craven (rpt 00.00, 02.00 and 04.00)

BOX OFFICE 2 10.877GHz PAY-PER-VIEW (PPV: see below)

11.00 **Space Jam** (1997) (84 mins) CERT: PG Michael Jordan is sucked into Looney Tune Land to help Bugs Bunny and Co. in a basketball game (rpt 12.30, 15.00, 16.30, 18.00, 19.30, 21.00, 22.30, 00.00, 01.30, 03.00 and 04.30)

BOX OFFICE 3 10.862GHz PAY-PER-VIEW (PPV: see below)

06.00 **Jungle 2 Jungle** (1997) (105 mins) CERT: PG Tim Allen plays a commodities trader who must finalise his divorce from his first wife (JoBeth Williams) before he can marry his fiancée (rpt 08.00, 10.00, 12.00, 14.00, 16.00, 20.30, 22.30, 00.30 & 02.30)

BOX OFFICE 4 10.847GHz PAY-PER-VIEW (PPV: see below)

20.00 **The Relic** (1996) (110 mins) CERT: 15 Comedy horror tale in which the curators of a big city museum introduce a mysterious new exhibit which unleashes a demonic force. Tom Sizemore, Penelope Ann Miller (rpt 22.00 and 04.00)

SKY MOVIES GOLD
Astra V
11.127GHz from 16.00-05.00 (weekdays)
11.127GHz from 11.00-05.00 (weekends)
11.597GHz from 22.00-06.00 (weekdays)

11.00 **The Sea Wolves** (1980) (114 mins) (PG) Comical tale of a retired unit of polo players 5801630

13.00 **Bear Island** (1980) (113 mins) CERT: PG (DS) Thriller about a race between the superpowers to control the earth's weather systems 88438388

15.15 **Cast a Giant Shadow** (1966) (132 mins) CERT: PG An American colonel (Kirk Douglas) becomes involved in the Arab-Israeli war 19049765

18.00 **She Wore A Yellow Ribbon** (1949) (99 mins) CERT: U Western in which John Wayne plays an officer who refuses to retire 5309611

20.00 **Who's Afraid of Virginia Woolf?** (1966) (15) Drama in which a teacher and his sharp-tongued wife are dragged through an emotional ordeal with one another. Elizabeth Taylor, Richard Burton 50553562 Text 129

22.10 **The War of the Roses** (1989) (112 mins) Comedy about the trials of divorce with Michael Douglas and Kathleen Turner 1444475

00.10 **The Entity** (1983) (119 mins) CERT: 18 (DS) Horror tale with Barbara Hershey as a woman who becomes the victim of an unseen demon 34082012

02.15 **Chiller** (1985) (90 mins) CERT: 15 Horror tale about a cryogenically frozen body 2290296

03.50 **The Mighty Quinn** (1989) (94 mins) CERT: 15 Cop thriller with Denzel Washington 4212673

TNT Classic Movies
Astra H 11.023GHz

21.00 **Ice Station Zebra** (WS) (1968) Naval action yarn in which a US submarine is dispatched to the North Pole to recover a Soviet satellite. Rock Hudson, Ernest Borgnine, Patrick McGoohan 15389678 Text 100

23.30 **The Last Voyage** (1960) Drama about a luxury liner which sinks after a fire 69287727

01.15 **Lady L** (WS) (1965) Comic tale about the eccentric Lady Lendale. Stars Sophia Loren 20783234

03.15 **Night Digger** (1971) Thriller in which a spinster falls for a psychopathic rapist 87512147

bravo
Astra V 11.097GHz

20.00 **Monkey** 9514036

21.00 **Real Stories of the Highway Patrol** 8144630 Text 210

21.30 **Cops** 2104291

22.00 **Twisted** 7259098

22.30 **Italian Stripping Housewives** 7268746

23.00 **Film: Eleven Days, Eleven Nights - Part 2** (1988) Erotic drama in which a young woman is made executor of a millionaire's will - but is only given 11 days to 'interview' all his heirs 6586746

01.00 **Beverly Hills Bordello** 7295079

01.30 **Film: First Blood** (1982) Action in which a brooding Vietnam veteran, Sylvester Stallone, is pushed too far by a Sheriff 5356128

03.30 **Film: A Woman, Her Men and Her Futon** (1991) Romantic drama about a screenwriter on the verge of a sexual odyssey 6558963

05.30 **Twisted** 9532470

06.00 **Closedown**

DISNEY CHANNEL
Astra V 11.597GHz

06.00 Eyewitness 57104 **06.30** Jungle Cubs 64920 **07.00** Aladdin - the series 47009 **07.30** Mighty Ducks 80456 **08.00** Men in Black 90272 **08.30** Ned's Newt - Double Bill 91369 **09.30** Brand Spanking New Doug 25456 **10.00** Recess 55272 **10.30** Teen Angel 19307 **11.00** Student Bodies 95164 **11.30** Smart Guy 54843 **12.00** Boy Meets World 38889 **12.30** Disney's Honey I Shrunk the Kids - the TV series 4275291 **13.10** Woof 16549253 **13.35** Flash Forward 19579543 **14.00 Film:** Young Harry Houdini (1987) The amazing story of Harry Houdini, a master of illusion who entertained millions with his death-defying stunts 61543 **15.30** The Wonder Years 1611 **16.00** Home Improvement - Double Bill 92456 **17.00** Disney's Honey I Shrunk the Kids - the TV series 6959765 **17.45** Smart Guy 874098 **18.10** Teen Angel 378630 **18.35** Boy Meets World: I am Not a Crook. Cory discovers that even the idea of power can do strange things to one's ego 791727 **19.00 Film:** Tall Tale (1995) The story of three legendary figures from American history, including cowboy Pecos Bill. Starring Patrick Swayze and Oliver Platt 42312746 **20.35** Classic Toon 660098 **21.00** Dr Quinn: Medicine Woman 38746 **22.00** Closedown

UK TV
UK TV PREVIEW
Astra V 10.817GHz

07.00 Tomorrow's World Plus **08.00** Great Mysteries and Myths **08.30** Great Mysteries and Myths **09.00** The Little Creatures Who Run the World **10.00** Savagery and the American Indian **11.00** Savagery and the American Indian **12.00** Motorworld UK **12.30** The Power and the Glory **13.00** 1914-18 **14.00** Call My Bluff **14.30** Dream Ticket **15.00** Travel Show Guide **15.30** Holiday in Style **16.30** Clive James: Postcard from Rio **17.30** Tracks **18.00** Superstore **18.30** Off Your Trolley **19.00** Children's Hospital: Special Edition **20.00** Meet the Ancestors **21.00** The Cruise **21.30** Film: The Snapper (1993) Tale of an unwanted pregnancy **23.30** Later on... **00.10** The Frame **00.30** Closedown

5
FilmNet Transponder 63 10.920GHz

06.00 Mixing It 8070494 **06.30** Havakazoo 3032659 **07.00** Dappledown Farm 3330562 **07.30** Milkshake! 3285036 **07.35** Wimzie's House 7135307 **08.00** Do You Believe In? 1720098 **08.30** Alpha Zone 1729369 **09.00** Stickin' Around 1743949 **09.30** The Incredible Hulk 3322920 **10.30** The Valley Between 1732833 **11.00** Deepwater Black 7581611 **11.30** USA High 7582340 **12.00** The Mag 20464104 **13.10** Mariella Frostrup's Brunch 82447388 **13.40** 5 News 32597017 **13.50** Exclusive! 30400949 **15.10** Family Affairs Omnibus 14557104 **17.25** Mixing It 48691388 **17.55** 5 News and Sport 3375017 **18.00** Rugby Express 4428562 **19.00** Aliens Among Us 1786814 **19.30** 100 Per Cent 2517185 **20.00** Sci-Five: UFOs 1540456 **21.00** Film 4385746 **23.30** Film 5168524 **01.10** Indycar Racing 2423505 **01.55** Sport 86851147 **04.40**Monsters 29047383 **05.05** Throb 54481627 **05.30** Whittle 8044079

P Premiering Film — L Last Play — WS Widescreen — DS Dolby Surround Sound — 888 Subtitled

PPV INFORMATION LINE: 0990 800 888 OR CHECK SKY TEXT 177

SKY one — Astra V 11.318GHz

Text 126

06.00 **The Hour of Power** 37814
07.00 **Double Dragon** 48274
07.30 **Incredible Dennis** 20949
08.00 **Wild West Cowboys of Moo Mesa** 97949
08.30 **Super Human Samurai Syber-squad** 89920
09.00 **What-a-Mess** 70272
09.30 **Orson & Olivia** 12746
10.00 **Adventures of Sinbad** 19833
11.00 **Rescue** 18456
11.30 **Sea Rescue** 19185
12.00 **Dream Team Omnibus** (888) 72299
13.00 **WWF: Superstars** 11017
14.00 **Kung Fu** 89104
15.00 **Star Trek** 13901
16.00 **Star Trek: The Next Generation** (888) (Part Two) Worf is told that his father did not die, but was taken prisoner by the Romulans 32036
17.00 **Star Trek: Deep Space Nine** (888) 3920
18.00 **The Simpsons** (888) 5253
18.30 **The Simpsons** (888) 9833
19.00 NEW **Beverly Hills 90210** The group join Donna in Hawaii on a fashion photo shoot 21678
21.00 **The X-Files** (888) 45098
22.00 **Hot Summer Downunder** 48185
23.00 **South Park** 33765
23.30 **Forever Knight** 81497
00.30 **Tales from the Crypt** 80673
01.00 **Dream On** 10429
01.30 **Dream On** 59437
02.00 **Long Play**

NATIONAL GEOGRAPHIC CHANNEL — Astra H 11.303GHz

19.00 **Galapagos: My Fragile World** How a two-year-old was raised on an island 8694611
20.00 **Wild Dog Dingo** The first of three shows tonight about man's best friend 8610659
21.00 **Those Wonderful Dogs** 8623123
22.00 **Rescue Dogs** 8029659
22.30 **The Next Generation** How mothers in the wild prepare their babies for independence 8566543
23.30 **The Dolphin Society** 2485524
00.00 **Black Stilt** 3403031
01.00 **Closedown**

UK GOLD — Astra H 11.553GHz

07.20 **The Onedin Line** 1963524
08.15 **Selwyn** 9963920
08.45 **Take a Letter, Mister Jones** 9962291
09.15 **High and Dry** 9969104
09.45 **Blake's Seven** 51889098
10.50 **Dr Who** 74104272
12.40 **Sports Anorak of the Year** 47970949
13.10 **Film: Doctor Who** The Doctor (Paul McGann) returns to do battle once more with the Master (Eric Roberts) 35041524
15.00 **The Bill** 44266475
17.25 **Only when I Laugh** 3649833
18.00 **The House of Eliott** 38319253
19.05 **Driving School** Maureen failed her sixth driving test, but her instructor has a brainwave 5589291
19.45 **Keeping Up Appearances** 5112253
20.25 **Open All Hour** 1467302
21.05 **Taggart** The suspicious death of a member of Jardine's Church Youth Club leads Taggart into a new case 53301369
23.15 **The New Statesman** 4656388
23.50 **Spitting Image** 6209443
00.20 **Nice Work** 3971302
01.20 **The Equalizer** 5483760
02.10 **Film: Riders of Destiny** (1933) Western with John Wayne as an agent on the trail of water rustlers 6323215
03.00 **Shopping at Night**

SCI FI CHANNEL — Astra V 11.568GHz

20.00 **Quantum Leap** Sam takes over the body of a handicapped Vietnam war veteran 3146272
21.00 **Secrets of the Paranormal** 7285949
21.30 **Amazing Stories** 7597814
22.00 **The Hunger** 7511388
22.30 **Film: Guyver - Dark Hero** (1992) A young man develops a shadowy alter ego which battles against evil forces 7820901
00.30 **The Hunger** 5151437
01.00 **The Hunger** 7378437
01.30 **The World of Hammer** 2453234
02.00 **Friday the 13th** 9212741
03.00 **Tales of the Unexpected** 7358673
03.30 **Dark Shadows** 7808789
04.00 **Closedown**

GRANADA PLUS — Astra H 11.244GHz

06.00 **The Box** 7680320
07.00 **Bootsie & Snudge** 2363765
07.30 **Nearest and Dearest** 2342272
08.00 **Doctor in the House** 7755104
08.30 **No Honestly** 7754475
09.00 **Blind Date** 6776982
10.00 **E! Mysteries and Scandals** 7327017
10.30 **E! Gossip** 7734611
11.00 **E! Celebrity Profile** 2351920
12.00 **Jason King** 5433949
13.00 **Blind Date** Cilla Black plays Cupid for more romantic hopefuls 5419369
14.00 **We'll Meet Again** Albert Mundy finds events catching up with him 7328746
15.00 **Forever Green** Hilly's musical talents bring a twist of fate 6045659
16.00 **The Saint** When the Saint finds a girl with a gun, he steps right into her life 6057494
17.00 **Classic Coronation Street** Omnibus 9763307
19.30 **Doctor at Sea** Stuart-Clark and Waring take drastic measures when they are late to return to the ship 1275630
20.00 **Jason King** Vienna - city of song. But the song has a sinister note for Jason King 7438746
21.00 **Film: Jekyll & Hyde** (1990) Michael Caine takes the role of Jekyll, the tortured genius whose experiments have hideous results 7431833
23.00 **Closedown**

MEN & MOTORS — Astra H 11.244GHz

23.00 2 Wheels Better 6058123
23.30 Pro-superbike 7316901
00.00 Biker's Night Off 6763418
00.30 Through the Gears 5585596
01.00 E! Extreme Close-up 3987147 **01.30** E! Gossip 8253876 **02.00** Closedown

The Racing Channel — Astra V 10.877GHz

The Racing Channel does not transmit on Sundays

EUROSPORT — Astra V 11.259GHz

Text 127

07.30 **Motorcycling** 55659
08.00 **Sports Car** 83678
09.00 **Live Motorcycling: World Championship - Italian Grand Prix** Warm-up 40253
09.30 **Motocross** 85814
10.00 **Live Motorcycling: World Championship - Italian Grand Prix** 125, 250 and 500cc 76704456
14.00 **Live Sports Car: FIA GT Championship** The race 2426185
15.15 **Live Cycling: Tour of Italy** First Stage - Nice to Cuneo 6757678
16.00 **Football: International U-21 Festival** China v Portugal 99678
17.30 **Motorcycling: World Championship** 3678
18.00 **Live Football: International U-21 Festival** Germany v Brazil 18291
19.30 **Tennis: ATP Tour - Mercedes Super 9 Tournament** Final 62307
21.00 **Sports Car: FIA GT Championship** 78340
22.00 **NASCAR** 88727
23.00 **Sailing** 64659
23.30 **Boxing** 49307
00.30 **Closedown**

SKY SPORTS 2 — Astra H 11.170GHz

UPDATE 0336 413 416

06.00 **Australian Rules Football** 4921524
08.00 **Soccer Extra** 8871388
11.00 **Sports Unlimited** 9983253
12.00 **Ford Rugby Union** Coverage of a crucial clash 2678272
15.00 **Live NFL Europe: Scotland v England** Action from the match between Scotland and England at Murrayfield 2470814
18.00 **Live NASCAR: Corestates 200** High speed coverage from the fast lane 3122185
20.00 **Motor Cycling: Italian Grand Prix** Fast track coverage from the Italian Grand Prix 3127630
22.00 **Rugby Union Update** Mark Durden-Smith presents highlights from a crucial Premiership clash 7179543
23.30 **Wild Spirits** 4384494
00.00 **Super League: Salford v Sheffield** 8313944
02.00 **Closedown**

SKY SPORTS 1 — Astra V 11.509GHz

Text 127

06.00 **Spanish Football** 72920
07.30 **Formula Three** 53291
08.00 **Aerobics Oz Style** 65562
08.30 **Rebel Sports** 64833
09.00 **Saturday Fight Night** 12456
11.00 **Goals on Sunday: Cup Final Special** 49746
13.00 **Spanish Football** 43253
14.30 **Live Football: FA Umbro Trophy Final** Action from Wembley Stadium where two sides contest the non-league equivalent of the FA Cup final 208388
17.30 **Futbol Mundial** 8982
18.00 **Rebel Sports** 8123
18.30 **Live Super League: Salford v Sheffield** Action from the Willows as the Salford Reds meet the Sheffield Eagles 76185
20.30 **Spanish Football** Coverage from the Primera Liga 25949
22.30 **Football: FA Umbro Trophy Final** Another chance to see the match screened earlier 30098
00.00 **Motor Cycling: Italian Grand Prix** 44012
02.00 **NASCAR: Corestates 200** 92215
04.00 **Closedown**

SKY SPORTS 3 — Astra H 11.671GHz

12.00 **NHL** Action from the pick of the NHL matches this week 67251611
14.00 **Live Cricket: AXA Life League** Action from the AXA Life League as two more teams compete in the limited overs competition that last year was won by Warwickshire 50656340
19.30 **Inside the Senior PGA Tour** Join the legends of the Seniors Tour 57780814
20.00 **Live Ford Golf USA: GTE Byron Nelson Classic** Coverage of the fourth and final day's play from TPC at Las Colinas 99109164
23.00 **Rebel Sports** Off-the-wall coverage of maverick sports stars around the world 26437098
23.30 **Gillette World Sport Special** Find out the very latest news on sport of all shapes and sizes with David Jensen 67277659
00.00 **Closedown**

	6pm	7pm	8pm	9pm	10pm	11pm
SKY MOVIES SCREEN 1	Cont Ed	The Wind in the Willows		Executive Decision		The Grotesque
SKY MOVIES SCREEN 2	Calm at Sunset		The Net		Escape to Nowhere	
SKY MOVIES GOLD	She Wore a Yellow Ribbon		Who's Afraid of Virginia Woolf?		The War of the Roses	
SKY ONE	The Simpsons	Beverly Hills 90210 The Simpsons		The X-Files	Hot Summer Downunder	South Park
UK GOLD	The House of Eliott	Driving School	Open All Hours Keeping Up Appearances	Taggart		The New Statesman
EUROSPORT	Live Football: Germany v Brazil		Tennis: ATP Tour	Sports Car	NASCAR	Sailing Boxing
SKY SPORTS 1	Sport	Live Super League: Salford v Sheffield		Spanish Football		Football: FA Umbro Trophy

Double-check today's listings on the teletext page shown below each channel logo or use the Update telephone lines

PARAMOUNT COMEDY
Astra V 11.156GHz

19.00 Clueless 2833 **19.30** Mork and Mindy: Dueling Skates 6901 **20.00** Wings 8253 **20.30** Cosby 7388 **21.00** Due South 81814 **22.00** Frasier: The Matchmaker 67920 **22.30** Cheers: Cry Hard. Aftre Rebecca accepts Robin's invitation to move in with him, she dicovers he has been using her to obtain confidential information about her corporation to plan a hostile takeover bid 43340 **23.00** Monty Python's Flying Circus 60833 **23.30** Absoloutely 797340 **00.15** Lancelot Link 6104296 **00.30** It's Garry Shandling's Show 35147 **01.00** Frasier 35383 **01.30** Cheers 73031 **02.00** Due South 42895 **03.00** Mork and Mindy 55147 **03.30** Cosby 46050 **04.00** Closedown

CHALLENGE TV
Astra H 10.993GHz

17.00 Don't Drink the Water 2611 **17.35** Prize Time 247920 **17.45** Family Fortunes 517814 **18.15** Prize Time 522524 **18.30** Catchphrase 4949 **19.00** Prize Time 576630 **19.15** Fifteen to One 538307 **19.50** Prize Time 172123 **20.00** The Crystal Maze 21456 **21.00** Prize Time 344949 **21.15** Strike It Lucky 893746 **21.45** Prize Time 361758 **22.00** Endurance UK 870776 **22.45** Prize Time 648765 **23.00** Name That Tune 54889 **23.30** Prize Time 676833 **23.45** Karaoke Challenge 872253 **00.15** Prize Time 9545857 **00.30** The Mixer 35470 **01.30** Christy 23857 **02.30** Me and the Boys 79302 **03.00** Snowy River 46708 **04.00** Jake and the Kid 65321 **05.00** Screenshop 29470 **06.00** Closedown

Text 120

LIVING
Astra V 10.979GHz

06.00 Tiny Living 1378307 **09.00** Living Style 7853479 **09.10** Ready, Steady, Cook 6174949 **09.50** The Heat Is On 3782098 **10.20** Rolonda 3245272 **11.10** Brookside Omnibus 86103340 **13.10** Tempestt 7634524 **14.00** Cheap Chic 6684307 **14.30** I Dream of Jeannie 3410475 **15.00** Film: Smash-up, The Story of a Woman (1947) A successful nightclub singer gives it all up to wed an up-and-coming radio star. When her husband begins to find the fame she once had, life becomes unbearable and she finds solace in alcohol 58319388 **17.05** Hart to Hart 2156340 **18.00** Film: Single Women, Married Men (1989) A female counsellor decides to set up a therapy group for women involved with married men 5307253 **20.00** Animal Rescue 6664543 **20.30** Rescue 911 6683678 **21.00** Jerry Springer 41583456 **22.50** Sex Life Down Under 8325543 **00.00** Closedown

Text 204

CHRISTIAN CHANNEL
Astra H 11.170GHz

04.00 Thought **04.05** The Sandfords **04.30** This Is Your Day **05.00** Voice of Faith - Walter Hallam - Ray Bevan **06.00** Praise The Lord **07.00** Ray McCauley **07.30** Taking Authority **08.00** Winning Ways - Matthew Ashimolowo **09.00** Life Is For Living **09.30** On Holy Ground **10.00** Revelation **10.30** Benny Hinn **11.00** Closedown

SKY SOAP
Astra V 11.568GHz

11.00 Emmerdale **11.30** Emmerdale **12.00** Emmerdale **12.30** Emmerdale **13.00** Emmerdale **13.30** Families **14.00** Families **14.30** Families **15.00** Families **15.30** Families **16.00** Closedown

THE HISTORY CHANNEL
Astra V 11.568GHz

16.00 Vietnam, The Ten Thousand Day War **17.00** Civil War: Gettysburg **18.00** Hisrory Showcase: Israel - Birth of a Nation With Sir Martin Gilbert **19.00** Assassinations: Mahatma Gandhi **20.00** Closedown

SKY TRAVEL
Astra V 11.126GHz

The Tracel Channel does not broadcast on Sundays

TV TRAVEL SHOP
Astra H 10.993GHz

12.00-17.00 Home Travel Shopping Service

QVC
Astra V 11.038GHz

Text 205

24 Hour Shopping Service

Astra H 11.273GHz

05.00-12.00 Sell-a-Vision

Discovery Home & Leisure
Astra H 11.082GHz

ALSO ON CABLE

09.00 **The History Makers** 9597307
10.00 **Go Fishing** 4256746
10.30 **Total Fishing with Matt Hayes** 7263291
11.00 **Gimme Shelter** 8137340
11.30 **Antiques Challenge** 8145369
12.00 **New Yankee Workshop** 7254543
12.30 **The Close Guide** 2197901
13.00 **Cookabout with Greg and Max** 9337291
13.30 **A Cook on the Wild Side** 2196272
14.00 **Rex Hunt's Fishing World** 6668291
14.30 **The Diceman** 7731291
15.00 **This Old House with Steve & Norm** 6654098
15.30 **This Old House with Steve & Norm** 7743036
16.00 **Closedown**

DISCOVERY CHANNEL
Astra H 11.082GHz

16.00 **Wings of Tomorrow: Eyes in the Sky** 8151920
17.00 **Flightline** 6659543
17.30 **Ultra Science: Survival in the Deep** 7742307
18.00 **Ultimate Guide: Bears** 2105920
19.00 **The Supernatural: Giant Sloth** Leading experts journey to Brazil in search of a giant sloth 6679307
19.30 **Animal X** Deep sea documentary makers Andrew and Liz Wright experience first hand the power of Aboriginal mythology 7729456
20.00 **Discovery Showcase: The Great Egyptians - Tutankhamun** Examining the short life and perplexing death of the boy king Tutankhamun, looking at x-rays and demonstrating how he could have died a slow death from a blow to the back of the head 9587982
21.00 **Discovery Showcase: The Great Egyptians - Sneferu** 9507746
22.00 **Discovery Showcase: The Great Egyptians - Cleopatra** 9500833
23.00 **Discover Magazine: Air Disaster** 9314340
00.00 **Lonely Planet: Chile and Easter Island** 5351673
01.00 **Justice Files: Life in the Big City** 7383925
02.00 **Closedown**

Text 200

.tv
Astra V 10.847GHz

18.00 Blue Chip. Lively discussion programme about the cutting edge issues affecting the IT industry **18.30** Buyer's Guide **19.00** Global Village. News from around the world **19.30** Blue Chip **20.00** Closedown

SKY SCOTTISH
Astra H 10.862GHz

18.00 TV Slimmers **18.30** Scotland - Edge of the Land **19.00** Scotsport - The Junior Cup Final. All the best action from yesterday's match to decide the destination of the 1997/8 trophy **20.00** Closedown

breeze
Astra V 10.847GHz

06.00 **E! Uncut** 65269920
06.30 **E! Extreme Close-up** 51275956
07.00 **Cook's Garden** 73653017
07.30 **Rosemary Conley's Cookbook** 73632524
08.00 **The View** 13277253
09.00 **Sally Jessy Raphael** 65245340
10.00 **The Good Housekeeping Show** 67570348
10.30 **The Zest Beauty Show** 40406765
11.00 **Cook's Garden** 35157727
11.30 **'Great British Food' Goes Down Under** 35158456
12.00 **The View** 10293456
13.00 **Roddy Llewellyn's Indoor Garden** 73652388
13.30 **Rosemary Conley's Cookbook** 10206920
14.00 **The E! True Hollywood Story** A look at the explosive, turbulent life of Christian Brando, son of the legendary actor Marlon 66120807
15.00 **Livetime** 35152272
16.00 **Sally Jessy Raphael: I Wanted a Baby But Got Scammed Instead** 35171307
17.00 **Livetime** 47781104
18.00 **Closedown**

SKY NEWS
Astra V 11.377GHz

Sky News on the hour plus **06.00** Sunrise **09.30** Business Week **10.00** Sunday with Adam Boulton **11.30** The Book Show **12.30** Week in Review **13.30** Global Village **14.30** Showbiz Weekly **15.30** Reuter's Reports **16.30** Adam Boulton **17.00** Live At Five **19.30** Sportsline **20.30** Reuters Report **21.30** Showbiz Weekly **22.00** Prime Time **23.30** Week in Review **00.30** CBS Evening News **01.30** ABC World News Tonight **02.30** Business Week **03.30** Reuters Report **04.30** CBS Evening News **05.30** ABC World News Tonight

Text 128

CNN INTERNATIONAL
Astra V 11.627GHz

News on the hour plus **05.30** Inside Asia **06.30** World Business **07.30** World Sport **08.30** Global View **09.30** The Art Club **10.30** Sport **11.30** Earth Matters **12.30** Science & Technology **13.30** World Report **14.30** Inside Europe **15.30** Sport **16.30** NBA **17.00** Late Edition **18.30** Business Unusual **19.00** Impact **20.30** Pinnacle Europe **21.30** World Cup Weekly **22.30** World Sport **23.00** World View **23.30** Style **00.00** The World Today **00.30** Showbiz This Week **01.15** Asian Edition **01.30** Diplomatic Licence **02.00** The World Today **03.00** Impact **04.30** This Week in the NBA

Text 200

CNBC
Astra V 10.729GHz

05.00 Asia This Week **05.30** Story Board **06.00** Dot. Com **06.30** Europe This Week **07.00** Future File **07.30** Media **08.00** Far East **08.30** Story Board **09.00** Dot. Com **09.30** Europe this Week **10.00** Media **10.30** Directions **11.00** Asia this Week **11.30** Europe this Week **12.00** Directions **12.30** Future File **13.00** Asia this Week **13.30** Story Board **14.00** Dot. Com **14.30** Europe this Week **15.00** Future File **15.30** Media **16.00** Far East **16.30** Story Board **17.00** Dot. Com **17.30** Europe **18.00** Media **18.30** Directions **19.00** Asia this Week **19.30** Europe **20.00** Directions **20.30** Future File **21.00** Asia this Week **21.30** Story Board **22.00** Dot. Com **22.30** Europe **23.00** Future File **23.30** Far Eastern **00.00** Breakfast **01.00** Asian Squawk Box **02.00** Trading Day **03.00** Trading Day **04.00** Trading Day

Bloomberg
Astra H 11.361GHz

24 hour business news with Reports, Sports and Worldwatch, plus **06.49** Market Review **07.19** Clips **12.19** Bloomberg Entertainment **12.49** World Cup Countdown **15.19** Clips **15.49** Boarding Pass **18.49** Market Review **20.19** Bloomberg Entertainment

CARTOON NETWORK
Astra H 11.023GHz

05.00 Omer and the Starchild **05.30** Ivanhoe **06.00** The Fruitties **06.30** Blinky Bill **07.00** Thomas the Tank Engine **07.15** The Magic Roundabout **07.30** The Real Story of... **08.00** Scooby Doo **08.30** Dastardly and Muttley's Flying Machines **08.45** Wacky Races **09.00** Dexter's Laboratory **09.30** Johnny Bravo. He thinks he's god's gift to the world, let alone women, but he soon finds out that looks are not everything **10.00** Cow and Chicken **10.30** Beetlejuice **11.00** The Mask **11.30** Tom and Jerry **11.45** Road Runner **12.00** Scooby Doo **12.30** The Bugs and Daffy Show **13.00** Johnny Bravo **13.30** Cow and Chicken **14.00** Popeye **14.30** The Jetsons **15.00** Taz-Mania **15.30** Scooby Doo **16.00** Scooby Doo **16.30** Dexter's Laboratory **17.00** Johnny Bravo **17.30** Cow and Chicken **18.00** Tom and Jerry **18.30** The Flintstones **19.00** Scooby Doo **19.30** 2 Stupid Dogs **20.00** Hong Kong Phooey **20.30** Help! It's the Hair Bear Bunch **21.00** Closedown

Text 102

NICKELODEON
Astra V 11.156GHz

07.00 Tales From the Cryptkeeper **07.30** Extreme Ghostbusters **08.00** Rocko's Modern Life **08.30** Hey Arnold! **09.00** Rugrats **10.00** Angry Beavers **10.30** Doug **11.00** Aaahh!!! Real Monsters **11.30** The Ren and Stimpy Show **12.00** Wishbone **12.30** Moesha **13.00** Sister, Sister **13.30** The Secret World of Alex Mack **14.00** Kenan and Kel **14.30** Clarissa Explains It All **15.00** The Adventures of Pete and Pete **15.30** Captain Star **16.00** Hey Arnold! **16.30** Rugrats **17.00** Sister Sister **17.30** Kenan and Kel **18.00** Sabrina the Teenage Witch **18.30** Moesha **19.00** Closedown

Text 110

FOX KIDS network
Astra H 11.303GHz

06.00 Power Rangers Turbo **06.30** Power Rangers Turbo **07.00** Bureau of Alien Detectors **07.30** Futbol Mundial **08.00** The Incredible Hulk **08.25** Casper **08.35** Tonnsylvania **09.00** Hero Turtles **09.30** Mortal Kombat **10.00** Goosebumps **10.30** Eerie, Indiana **11.00** Sam and Max **11.30** Life With Louie **12.00** The Tick **12.30** Fantastic Four **13.00** Power Rangers Turbo **14.00** Bureau of Alien Detectors **14.30** Futbol Mundial **15.00** The Incredible Hulk **15.30** Toonsylvania **16.00** Hero Turtles **16.30** Mortal Kombat **17.00** Goosebumps **17.30** Eerie, Indiana **18.00** The Pepsi Chart **18.30** Sweet Valley High **19.00** Closedown

Trouble
Astra V 11.097GHz

07.00 Batman 9332746 **07.30** Earthworm Jim 9311253 **08.00** California Dreams 7248982 **08.30** Hang Time 7247253 **09.00** Ready or Not 7261833 **09.30** Heartbreak High. There are shenanigans at the Shark Pool when Rocco arrives back in town with big plans and bigger debts. Charlie spruces himself up for his first date with Katerina and Stassy looks for a job to ease her money problems 2092185 **10.30** Sweat 7267017 **11.00** Sweet Valley High 8164494 **11.30** Echo Point 8165123 **12.00** Ready or Not 7258369 **12.30** On the Make 30746630 **12.45** It's in the Jeans 30741185 **13.00** Saved by the Bell 9331017 **13.30** Saved by the Bell. Zack and his friends think that they have come up with a cure for acne 2190098 **14.00** USA High 6662017 **14.30** Earthworm Jim 7735017 **15.00** Batman 6641524 **15.30** Echo Point 7730562 **16.00** Hang Time 7726369 **16.30** Sweet Valley High. History reveals that Bruce's ancestor was really a jerk 7715253 **17.00** No Naked Flames 6653369 **17.30** California Dreams. Jake, embarrassed that his father is cleaning up after his friends, overreacts to Sly's playful ribbing and punches him 7739833 **18.00** Hollyoaks 2109746 **19.00** USA High. Jackson is jealous when Lauren hires Brandon to help her at an audition 6666833 **19.30** Sweat 7716982 **20.00** Closedown

Check the telephone numbers above for

VH1 Astra V 11.538GHz

Text 200

07.00 **Breakfast in Bed** 64755253
10.00 **Sunday Brunch** 10216307
12.00 **Ten of the Best: Chris Eubank** 10219494
13.00 **Greatest Hits of...: Reggae** 10295814
14.00 **The Clare Grogan Show** 70625217
15.00 **The Abbey Road Story** 30873369
16.30 **Ten of the Best: Sir Paul McCartney** 77503996
17.30 **VH1 to 1: Sir Paul McCartney** Interview with the knighted ex-Beatle 17593036
18.00 **Pop-Up Video** 10215678
19.00 **American Classic** 50474494
20.00 **Talk Music** With Pip Dann and Mark Ellen 50450814
21.00 **The VH1 Album Chart Show** 50470678
22.00 **Behind the Music: Andy Gibb** 50473765
23.00 **VH1 Spice** 73655475
00.00 **Soul Vibration** 55731418
03.00 **VH1 Late Shift** 31317963

MTV Astra H 11.421GHz

Text 102

07.00 **Kickstart** 38315
09.00 **The Grind** 95727
09.30 **The Grind** 30388
10.00 **Hitlist UK** 10524
12.00 **MTV News Weekend Edition** 38861
12.30 **Daria** 34104
13.00 **Select MTV** 58369
15.00 **Stylissmo!** 9524
15.30 **Supergrass Live and Direct** The hirsute young rockers play live 6543
16.00 **Top Ten Videos of the Week** 39508
17.00 **European Top 20** 96456
19.00 **MTV News Weekend Edition** 4833
19.30 **The Real World LA** 5291
20.00 **Now That's What I Call Up for It** Best bits from the week 23814
21.00 **So '90s** 43678
22.00 **The Lick R&B Chart** 46765
23.00 **Top Ten Videos of the Week** 85901
00.00 **MTV Live** 15895
00.30 **The Verve: Northern Souls** 77147
01.00 **Night Videos** 1361963

THE BOX Astra H 11.244GHz

ALSO ON CABLE

From 02.00-07.00 music channel featuring viewers' requests, videos, interviews and competitions

FOREIGN CHANNELS

CANAL+ Thor1 H 12.015 GHz

0336 413 421

06.00 Morning programmes **09.15** Film: Citizen Ruth (1996) **11.00** Film: Poker Face (1996) **12.30** Film: Run of the Country (1995) **14.15** Film: The Stars Fell on Henrietta (1995) **16.05** NBA: Conference Semi-Final **18.00** NHL Resumé **19.00** Film: Strange Days (1995) **21.20** Film: Decade of Love (1997) **22.00** Golf: LPGA Major **23.30** Film: Generation X (1996) **01.00** Film: Ed (1996) **02.30** Film: The Last Supper (1996) **04.00** Film: Bandit Queen (1993)

TV 1000 Intelsat 707 1°W V 11.054GHz

0336 413 428

05.00 Morning programmes **12.30** Film: Blue Rodeo (1996) **14.30** Bakom kulisserna **15.30** Film: Aldrig mer 13! (1996) **17.00** Film: Eggs (1995) **18.45** Film Magazine **19.00** Film: Mighty Morphin Power Rangers - The Movie (1995) **20.45** Film: The Usual Suspects (1995) **22.30** Närbild **23.00** Film: XXX (erotic) **00.30** Bakom kulisserna **01.00** Film: Exquisite Tenderness (1995) **03.00** Film: The Immortals (1995)

Astra V 10.788GHz

04.00 Hindi Film: Elan E Jung **07.00** Jaagran **07.30** Shabads/Holy Quran **08.00** News **08.30** Alaap **09.00** Shri Krishna **10.00** Zee Health Show **10.30** Aashiana **11.00** Jhatpat Khana **11.30** India Business Report **12.00** Live Cricket: Coca Cola Cup - India versus New Zealand. Live unscrambled coverage of the opening match from the tri-nation tournament taking place in Dubai **20.00** News **20.30** Film: Krishna. Starrig Sunhil Shetty and Karishma **23.30** Yehi Hai Zindagi **00.00** Closedown

ZDF Astra H 10.964GHz

TEXT 300

04.30 Morning programmes **12.30** Killer kennen keine Furcht **13.30** Fashiontour **14.00** Tennis **16.00** heute **16.05** Die Sport-Reportage **17.00** ML Mona Lisa **17.30** Reiselust **17.57** Guten Abend **18.00** heute **18.10** Bonn direkt **18.30** Höllenfahrten **19.15** Lustige Musikanten **20.45** Lukas **21.15** heute **21.25** Machtspiele **22.10** 150 Jahre Paulskirche **22.40** Film: Bruckners Entscheidung **00.00** Night programmes

3sat Astra V 11.347GHz

TEXT 300

05.50 Morning programmes **12.00** Zeit im Bild **12.05** Wochenschau **12.30** Rückblende **12.45** Der Fenstergucker **13.30** Heinz Reincke zu Gast bei Dagmar Koller **13.55** Füller **14.05** Regina auf den Stufen **15.00** Terranet c@fé **15.30** Planet des Lebens **16.15** Tierporträt **16.30** Teletips vom Hausarzt **17.00** Tagebuch **17.15** Rundschau **18.00** heute **18.10** Ruge. neunzehnZehn **19.00** Tagesschau **19.15** Tatsachen und Legenden **20.00** Schätze der Welt **20.15** Exodus 1947 **21.15** Durch den Schleier des Exils **22.35** Film: Rosi fehlt (1988) **00.00** Night programmes

RTL TELEVISION Astra V 11.229GHz

TEXT 300

04.30 Morning programmes **12.15** Formula One: Countdown **12.50** Formula One: Das Rennen **15.50** Xena **16.45** Muppets Tonight! **17.15** Hacki's Yellow Cab **17.44** RTL Bibelclip **17.45** RTL aktuell Weekend **18.10** Notruf **19.15** Film **21.05** Spiegel TV Magazin **22.00** Sex, Angst, Hoffnung: 15 Jahre Aids **22.55** Exclusiv Kino **23.20** Prime Time: Spätausgabe **23.40** Maria Wallisfurth **00.10** Xena **00.55** Der Hogan Clan **01.20** Bärbel Schäfer **02.05** Muppets Tonight! **02.30** Hans Meiser **03.20** Ilona Christen **04.10** Teen Jeopardy! **04.35** Familien Duell

SAT.1 Astra V 11.288GHz

0336 413 426

TV TEXT 300

05.45 Miami Fun **06.35** Raumschiff Enterprise **07.25** Star Trek: Deep Space Nine. Science fiction adventure series on set on a distant space station **08.15** Highlife am Strand **09.55** Das war Buffalo Bill **11.30** Der Glocken-gießer von Tirol **13.25** Alle lieben Peter **15.05** Unter der Flagge des Tigers **17.00** blitz **17.30** 18:30 - anschl. SAT.1 Wetter **18.00** FuXX'98 **19.15** Der Bulle von Tölz **21.10** Talk im Turm **22.10** Spiegel TV-Reportage **22.40** 24 Stunden **23.10** So gesehen **23.15** Hilfe, ich bin noch Jungfrau **00.50** Unter der Flagge des Tigers - anschl. Programmtafeln **02.30** Highlife am Strand **04.00** blitz

ADULT ADULT ADULT ADULT

PLAYBOY TV Astra H 11.671GHz

00.00 Free Teaser 26846475 **00.05** Peep Show 26836098 **00.15** The Sex Guides: S&M Europe. An adult-only special 71760727 **00.45** Film: Sexmares. The story of a young woman's raunchy dreams 79958920 **02.00** Film: Walnut Creek. A beautiful woman comes to town and turns everyone's lives upside-down 18956938 **04.00** Closedown

The Adult Channel Astra V 10.788GHz

0336 413 400

00.00 Dish of the Day 26833901 **00.10** New Model File 3: Full Screen Test 14346630 **00.35** Film: Rainwoman 11. Erotic feature film 62069104 **01.45** Caught at Home: Episode 2 11914017 **02.05** Film: Blue Movie. Erotic feature film, as if you hadn't guessed 38139814 **03.30** Erotic Landscapes Part 2 77598833 **04.00** Closedown

Fantasy Channel Astra V 10.979GHz from 00.00-04.00

0336 413 400

00.00 Free View 3451456 **00.10** Cum Back 3440340 **00.20** Film: Deep Inside Centrefold Girls 1112663 **01.00** Free View 6166369 **01.05** Film cont. 5412369 **01.30** Film: Hootermania 93962123 **02.40** Film: Babe Wire 82541678 **03.55** What's on Tomorrow 35194388 **04.00** Closedown

GAY TV Astra V 10.979GHz from 04.00-05.30

All programmes are subject to change

Gay TV is Britain's first adult gay television station and it features a mix of erotic series, special programmes and gay films from both Europe and America - full programme details for May were unavailable at the time of going to press

CABLE & MULTI SATELLITE CHANNELS

TARA Cable

11.30 2TV **13.30** Sideline view **14.00** Classic Irish Soccer **16.00** Home Movie Nights **16.30** The Willie Clancy Sessions **17.00** Glenroe **17.30** Glenroe **18.00** Six-One Sunday News **18.30** School Around the Corner **19.00** Sandy **20.00** GAA: The Match. Featuring Tyrone versus Down **21.20** A Tribute to Michael O Hehir **22.00** Planet Rock Profiles. Dave Fanning meets Extreme **22.30** The Movie Show **23.00** Know Your Sport **23.30** Fleadh **00.00** Closedown

LIVE TV Cable

06.00 Morning programmes **12.00** The Why Files **12.30** Serial Killers **13.00** Lie Detector **13.30** Agony Omnibus **14.30** Revelations **15.00** Fate and Fortune **15.30** The Look of Legs **16.00** Judge Judy Omnibus **17.00** Agony **17.30** Odds on Sport **18.00** Fashion **18.30** Dial a Doc **18.45** What's in the Box **19.00** Serial Killers **19.30** Agony **19.59** Big City Tips **20.00** Lie Detector **20.30** Judge Judy **20.59** Big City Tips **21.00** Serial Killers **21.30** The Look of Legs **22.00** Darts **22.02** Odds on Sport **22.30** Sex Show **23.00** Big City Tips **23.01** Darts **23.02** Exotica Erotica **00.00** Night programmes

KNOWLEDGE Cable

11.00 Follow That Dream **11.30** Asian Development **12.00** Alternative Medicine **12.30** Wannabe **13.00** Europe à la Carte **13.30** New Media News **14.00** Smart Alex **14.30** Cyber City Diner **15.00** World Geography & History **15.30** Five Star Adventure **16.00** Performing Arts Theatre **17.00** Follow That Dream **17.30** Asian Development Bank **18.00** Alternative Medicine **18.30** New Media News **19.00** Smart Alex **19.30** Cyber City Diner **20.00** Wannabe **20.30** Europe à la Carte **21.00** World Geography & History **21.30** Five Star Adventure **22.00** Performing Arts Theatre **23.00** Closedown

CABLE & MULTI SATELLITE CHANNELS

travel TRAVEL Cable

TEXT 200

12.00 Out to Lunch with Brian Turner **12.30** On the Loose in Wildest Africa **13.00** Sports Safaris **13.30** Floyd on Oz **14.00** Gatherings and Celebrations **14.30** The Great Escape **15.00** Great Splendours of the World **16.00** From the Orinoco to the Andes **17.00** Of Tales and Travels **18.00** Floyd on Oz **18.30** The Great Escape **19.00** Wildlake's Way **20.00** No Truckin' Holiday **20.30** Out to Lunch with Brian Turner **21.00** On Top of the World **22.00** The Flavours of France **22.30** On Tour **23.00** Amazing Races **23.30** On the Loose in Wildest Africa **00.00** Closedown

SCI FI CHANNEL Cable

ALSO ON ASTRA H 11.170GHz

07.30 Knightmare **08.00** The Bionic Woman **09.00** The Six Million Dollar Man **10.00** SF Scene **10.30** Planet Mirth **11.00** The Twilight Zone **11.30** The Twilight Zone **12.00** Film: Village of the Giants (1965) Musical story about a group of youngsters who grow to gigantic proportions after swallowing a mysterious substance **13.30** Ray Bradbury Theatre **14.00** Misfits of Science **15.00** The Cape **16.00** The Web **16.55** C/Net Central **17.25** The New Edge **17.55** Earthscan **18.00** Sightings **19.00** Mysteries, Magic and Miracles **19.30** SF Scene **20.00** Quantum Leap **21.00** Secrets of the Paranormal **21.30** Amazing Stories. A man on death row looks for a way out **22.00** The Hunger **22.30** Film: Guyver - Dark Hero (1992) A young man develops a shadowy alter ego which battles against evil forces **00.30** The Hunger **01.00** The Hunger **01.30** The World of Hammer **02.00** Friday the 13th **03.00** Tales of the Unexpected **03.30** Dark Shadows **04.00** Closedown

PERFORMANCE Cable

19.00 Gilbert & Sullivan **21.00** American Playhouse: The Sunset Gang **23.00** Sunday Jazz: Dave Grusin **23.45** Midnight Jazz: Carmen McRae **01.00** Closedown

ANIMAL PLANET Eutel 13°E H 11.052GHz

09.00 The Voyage of Charles Darwin **10.00** Wild Sanctuaries **10.30** Animal Adventures **11.00** Human/Nature **12.00** Breed All about It **12.30** Zoo Story **13.00** Wild at Heart **13.30** Oceans Wild **14.00** Big Animal Show **14.30** Flying Vet **15.00** Wild Veterinarians **15.30** Wild at Heart **16.00** Animal Planet Classics **17.00** The Voyage of Charles Darwin **18.00** Breed All about It **18.30** Zoo Story **19.00** ESPU **19.30** Animal Doctor **20.00** Emergency Vets **20.30** Wildlife SOS **21.00** Wild Veterinarians **22.00** Hunters **23.00** Animal Planet Classics **00.00** Closedown

CHANNEL ONE Cable

Local news on the hour plus: **10.30** Album **11.30** Cybernet **12.30** Gardening **13.30** Movies, Games & Videos **14.30** Album Show **15.30** PDQ **16.30** A-Z of Food **17.30** PDQ **18.30** Album Show **19.30** PDQ **20.30** Movies, Games & Videos **21.30** Catwalk **22.30** PDQ **23.30** Album Show **00.00** News & music all night

BBC WORLD Eutel II F1 13°E V 11.620GHz

News on the hour plus: **05.30** This Week **06.30** India Business Report **07.30** Film '98 **08.30** Hard Talk **09.30** This Week **10.05** TBA **11.30** The Clothes Show **12.30** Hard Talk **13.05** Pole to Pole **14.30** Holiday **15.10** Dateline London **16.05** Horizon **17.30** The Clothes Show. The latest from the fashion world **18.05** TBA **19.30** Simpson's World **20.05** Pole to Pole **21.30** Earth Report **22.30** Hard Talk **23.30** Reporters **00.00** Night programmes

BETI Cable

06.00 Nat King Cole **07.00** Bobby Jones Gospel **08.00** Video Gospel **08.30** Personal Diary **09.00** Rap City **11.00** Jazz Central **12.00** Repeats 06-11.00

NBC Europe Cable/ Eutel 13°E V 10.987GHz

CNBC: EUROPEAN BUSINESS SERVICE ON ASTRA V 10.729GHz

TEXT 300

0336 413 429

05.00 Travel Xpress **05.30** Inspiration **07.00** Hour of Power **08.00** Home and Garden Television **10.00** Super Shop **11.00** NBC Super Sports: SAS Trophy Badminton Dorbim Cup **12.00** Inside the PGA Tour **12.30** Inside the Senior PGA Tour **13.00** This Week in Baseball **13.30** Major League Baseball Extended Highlights **15.00** Time and Again **16.00** The McLaughlin Group. **16.30** Meet the Press **17.30** VIP **18.00** Mr Rhodes **18.30** Union Square **19.00** The Ticket NBC **19.30** Five Star Adventure **20.00** NBC Super Sports: Gillette World Cup '98 Preview **20.30** NBC Super Sports **21.00** The Best of the Tonight Show with Jay Leno **22.00** Profiler **00.00** The Best of the Tonight Show with Jay Leno **01.00** Internight **02.00** VIP **02.30** Europe à la Carte **03.00** The Ticket NBC **03.30** European Living: Travel Xpress **04.00** Five Star Adventure **04.30** The Ticket NBC

CARLTON SELECT Cable

17.00 The Bounder **17.30** Our House **18.00** The Irish RM **19.00** The Upper Hand **19.30** Goodnight Sweetheart **20.00** Dick Francis Mysteries: Twice Shy. Feature length thriller starring Ian McShane **22.00** Brides of Christ **23.00** St Elsewhere **00.00** Night Voices **01.00** Delantero **02.00** Closedown

CARLTON FOOD AND COOKERY Cable

09.00 FND **09.30** Food for Thought **10.00** Ideal **10.30** Taste of England **11.00** Wok Wiz **11.30** Kerr's Kitchen **12.00** FND **12.30** Simply Antony **13.00** Can't Stand the Heat **13.30** Chef for a Day **14.00** From the Ground Up **14.30** FND **15.00** Food for Thought **15.30** Ideal **16.00** Perfect Pasta **16.30** Red Hot **17.00** Closedown

HVC Cable

20.00 Power Within **21.20** Three Piece Suite **21.35** Deadlock **21.55** Red Blooded **23.25** Electric Blue **00.00** Closedown

UK ARENA UK ARENA cable

18.00 A Horseman Riding By **19.00** Beethoven Symphonies **20.00** Sounds of the Sixties **20.30** Sounds of the Seventies **21.00** Marty **21.30** Film: The Snapper (1993) Tale of an unwanted pregnancy **23.30** Later on... **00.10** The Frame **00.30** Closedown

UK HORIZONS cable

07.00 Tomorrow's World Plus **08.00** Great Mysteries and Myths **08.30** Great Mysteries and Myths **09.00** The Little Creatures Who Run the World **10.00** Savagery and the American Indian **11.00** Savagery and the American Indian **12.00** Motorworld UK **12.30** The Power and the Glory **13.00** 1914-18 **14.00** Top Gear GTi **15.00** Tomorrow's World Plus **16.00** State of the Ark **17.00** Animal Hospital **17.30** Animals in Uniform **18.00** Superstore **18.30** Off Your Trolley **19.00** Children's Hospital: Special Edition **20.00** Meet the Ancestors **21.00** The Cruise **21.30** Holiday Reps **22.00** Around the World in 80 Days **23.00** Ten Pound Poms **00.00** Clive James: Postcard from Los Angeles **01.00** Closedown

UK STYLE UK STYLE cable

14.00 Call My Bluff **14.30** Dream Ticket **15.00** Travel Show Guide **15.30** Holiday in Style **16.30** Clive James: Postcard from Rio **17.30** Tracks **18.00** Call My Bluff **18.30** Food and Drink **19.00** Can't Cook, Won't Cook **19.30** Antiques Roadshow **20.30** Holiday in Style **21.30** Style Challenge. Fashion makeover race presented by Oz Clarke, John Leslie, Shauna Lowry and Kirstie Young **22.00** Change That. Boring household items transformed **22.30** Going for a Song **23.00** The Big Trip **00.00** Closedown

English translations of the foreign channels