SKY MOVIES SCREEN 1
Astra V 11.436GHz

06.00 **A Pyromaniac's Love Story** (1995) (approx 91 mins) CERT: PG Please see 15.00 for details 52145594 Text 129
07.40 **Lady Jane** (1985) (approx 134 mins) CERT: PG British period drama about Lady Jane (Helena Bonham Carter) who became the nation's monarch for a few days when she was in her teens 17542827
10.00 **The Spy with a Cold Nose** (1966) (approx 89 mins) CERT: PG Spy send-up about a 007-like secret agent who attempts to implant a listening device within a bulldog, which is being presented as a gift to the Russian ambassador 62578778
11.40 **Heavyweights** (1994) (approx 93 mins) CERT: PG Please see 17.00 for details 97423827
13.20 **Options** (1989) (approx 88 mins) CERT: PG An agent gets more than he bargained for when he journies deep into the African jungle to option the life story of a princess for a film 65412136
15.00 **A Pyromaniac's Love Story** (1995) (approx 91 mins) CERT: PG Romantic comedy about a pastry shop which burns down and the many characters who claim responsibility for it 56730 **L**
17.00 **Heavyweights** (1994) (approx 93 mins) CERT: PG Family comedy about a group of overweight boys who are sent off to summer camp at which the boys' parents intend them to shed a few pounds. But the boys are about to prove that it is what is inside that really counts 55010
19.00 **The Hired Heart** (1997) (approx 87 mins) CERT: PG Romance about a woman who is quite prepared to live a widow's mournful life, even now that her husband has been dead for two whole years. However, when the local townsfolk start to meddle in her affairs she decides to pretend to have a boyfriend in the hope that this news will satisfy them and hires a male escort 94681
21.00 **Assassins** (1996) (approx 127 mins) CERT: 15 (888) Thriller about Rath, a hitman who wants a quieter life. But, he is about to find himself stalked by an up-and-coming killer named Bain who is hungry to earn the price which has been placed on Rath's head and to inherit his rival's glory. Sylvester Stallone, Antonio Banderas 33437914
23.15 **Two Small Voices** (1997) (approx 92 mins) CERT: 15 Drama about two women who unite to challenge a major corporation when their breast implants make them extremely ill. Uniting to make their voices heard the women embark on a national campaign to draw attention to the plight. Mary McDonnell, Gail O'Grady 252339
00.50 **Rock and Roll Fantasy** (1994) (approx 88 mins) CERT: 15 Romantic comedy in which a sorority house kidnaps the world's most famous rock singer as a practical joke 841421
02.25 **Never Say Never: The Deidre Hall Story** (1995) (approx 87 mins) CERT: 15 Drama, based on a true story, about a woman's fight to have a child via surrogate mothers 109247 **L**
04.00 **Suture** (1993) (approx 92 mins) CERT: 15 Thriller about two very different brothers who had never met who are drawn together in a sinister plot involving deceit and murder 87353

SKY MOVIES SCREEN 2
Astra V 11.479GHz

06.00 **Hell to Eternity** (1960) (approx 123 mins) CERT: PG WW2 drama about a boy fostered by a Japanese family 85844778 Text 129
08.10 **Prehysteria! 3** (1995) (approx 82 mins) CERT: U Please see 18.00 for details 26692594
10.00 **The Toast of New York** (1937) (approx 105 mins) CERT: U Drama about Jim Fisk, a poor man who hit the big time in business in the 19th century 23020
12.00 **Hearts Adrift** (1996) (approx 89 mins) CERT: PG (DS) Drama in which Max and her mother, Grace, are invited to spend the weekend with Lloyd Raines, Grace's childhood sweetheart, and the pair seize the opportunity and soon find themselves being romanced - Grace by Lloyd and Max by Kyle, Lloyd's handsome son 53846
14.00 **Bride of Vengeance** (1948) (approx 88 mins) CERT: PG Period drama about the beautiful Lucrezia Borgia, who is asked by her brother to marry the Duke of Ferrara in order to plot her revenge against him 62933
16.00 **Hart to Hart: Till Death do us Hart** (1995) (approx 89 mins) CERT: PG Another adventure for married crime-solvers Jonathan and Jennifer Hart. This time, the Harts are in Munich, and Jennifer must pose as the missing woman in order to solve a mystery. Robert Wagner, Stephanie Powers 2372
18.00 **Prehysteria! 3** (1995) (approx 82 mins) CERT: U Adventure about a couple who run a crazy golf course and are in danger of going under until the dinosaurs come to the rescue! 38198
19.30 **E! News Week in Review** 7933
20.00 **The Underworld** (1997) (approx 96 mins) CERT: TBC Thriller about an ex-con who tries to stay out of trouble but whose efforts are thwarted by the return of figures from his past. Kevin Pollak, Lucy Webb, Chris Sarandon, Robert Rusler 54914 **P**
22.00 **Cannes Report** 886681
22.10 **Destiny Turns on the Radio** (1995) (approx 99 mins) CERT: TBC Thriller with a comic touch, in which an escaped convict returns to Las Vegas to pick up his stolen fortune and the woman he left behind. But he discovers his girlfriend has deserted him for a casino owner and that a man named Johnny Destiny may have made off with all of his money! Dylan McDermott, James LeGros, Quentin Tarantino, Nancy Travis, James Belushi 357223 **P**
23.55 **Living in Oblivion** (1996) (approx 86 mins) CERT: 15 Satirical comedy about a film-maker's (Steve Buscemi) efforts to direct a low-budget movie but his high hopes for his film are swiftly dashed by the behaviour of his crew and cast members 527440
01.30 **An Element of Truth** (1995) (approx 88 mins) CERT: 15 Thriller in which a woman joins a firm of private investors, and uses the knowledge she gains to plan an elaborate robbery 936792 **L**
03.05 **Heart of Dixie** (1989) (approx 92 mins) CERT: 15 Drama in which a group of three college friends during the 1960s find their lives affected in diverse ways by the Civil Rights movement 878150
04.45 **Matt the Gooseboy** (1978) (approx 68 mins) CERT: PG Animated Hungarian movie about a young farm boy and his adventures 5242131

BOX OFFICE 1 11.597GHz PAY-PER-VIEW (PPV: see below)

22.00 **Scream** (1997) (110 mins) CERT: 18 Blockbusting horror tale about a teenager (Neve Campbell) trying to come to terms with the brutal murder of her mother several years before. Directed by Wes Craven (rpt 00.00, 02.00 and 04.00)

BOX OFFICE 2 10.877GHz PAY-PER-VIEW (PPV: see below)

19.00 **Jungle 2 Jungle** (1997) (105 mins) CERT: PG Tim Allen plays a commodities trader who must finalise his divorce from his first wife (JoBeth Williams) before he can marry his fiancée (rpt 21.00, 23.00, 01.00 and 03.00)

BOX OFFICE 3 10.862GHz PAY-PER-VIEW (PPV: see below)

08.00 **Batman & Robin** (1997) (130 mins) CERT: PG Batman (played by George Clooney) is back for his wildest, most outrageous adventure to date! Also stars Chris O'Donnell as Robin (rpt 10.30, 13.00, 15.30, 20.00, 22.30, 01.00 and 03.30) **P**

BOX OFFICE 4 10.847GHz PAY-PER-VIEW (PPV: see below)

20.00 **Everyone Says I Love You** (1996) (98 mins) CERT: 12 Romantic musical from Woody Allen. A young girl (Drew Barrymore) who is engaged to an ambitious lawyer falls in love with an ex-con (Tim Roth) (rpt 22.00 and 04.00) **P**

SKY MOVIES GOLD
Astra V
11.127GHz from 16.00-05.00 (weekdays)
11.127GHz from 11.00-05.00 (weekends)
11.597GHz from 22.00-06.00 (weekdays)

16.00 **For Whom the Bell Tolls** (1943) (149 mins) CERT: PG Action starring Gary Cooper as an American soldier fighting in the Spanish Civil War 37600662
18.35 **Major League** (1989) (98 mins) CERT: PG Baseball comedy that follows the fortunes of a misfit team of bungling amateurs and over-the-hill athletes. Tom Berenger, Charlie Sheen 77654914
20.20 **Jaws III** (1983) (94 mins) CERT: 15 (DS) Monster movie sequel, in which a terrifying Great White shark makes its way into a new marine theme park in Florida 34648759
22.00 **The Name of the Rose** (1986) (121 mins) (18) Thriller set in medieval Italy, in which a sleuthing monk (Sean Connery) sets out to track down a serial killer 15585136 Text 129
00.05 **Darkman** (1990) (91 mins) CERT: 18 Fantasy thriller in which Liam Neeson plays a brilliant scientist on the verge of a breakthrough in his research on synthetic skin 4115860
01.40 **Margin For Murder** (1981) (88 mins) CERT: 15 Detective thriller in which private eye Mike Hammer (Kevin Dobson) learns that his closest friend has been killed in a car crash 7942082
03.15 **For Whom the Bell Tolls** (1943) (149 mins) CERT: PG Please see 16.00 for details 87903605
05.45 **Closedown**

TNT Classic Movies
Astra H 11.023GHz

21.00 **National Velvet** (1944) Classic Oscar-winner about a girl, Elizabeth Taylor, who longs to own a horse and ride it to victory in the Grand National 43583020 Text 100
23.15 **The Thin Man** (1934) Comic thriller in which a retired alcoholic supersleuth is requested to follow a court trail 85395681
01.00 **Our Mother's House** (WS) (1967) Drama in which seven children bury their mother's body in the garden when she dies 92309976
02.45 **National Velvet** See 21.00 28251228

bravo
Astra V 11.097GHz

20.00 **The A-Team** The Team rescue a group of shopkeepers from racketeers 9445952 Text 210
21.00 **Real Stories of the Highway Patrol** 8082846
21.30 **Cops** 2042407
22.00 **The Basement** 1488488
22.15 **Bravo's Briefs** A short film 1476643
22.30 **Red Shoe Diaries** 7199662
23.00 **Film: Dreamboat** Hijinks on the high seas in this sex comedy about a love triangle that develops aboard a deep-sea charter fishing boat 6417662
01.00 **Beverly Hills Bordello** 7126995
01.30 **Red Shoe Diaries** 6464570
02.00 **Tour of Duty** 2341082
03.00 **Film: Day Time Ended** (1980) Low-budget sci-fi yarn in which a family discover that they are caught in a time warp 6878537 **P**
05.00 **The A-Team** Please see 20.00 5196792
06.00 **Closedown**

DISNEY CHANNEL
Astra V 11.597GHz

06.00 Under the Umbrella Tree 19001 **06.30** Jungle Cubs 33117 **07.00** Recess 63846 **07.30** Pepper Ann 75681 **08.00** Brand Spanking New Doug 69469 **08.30** The Lion King's Timon and Pumbaa 51440 **09.00** Aladdin - the series 75020 **09.30** Quack Pack 10681 **10.00** Mouse and Mole 3513730 **10.05** Amazing Animals 4828778 **10.30** Sesame Street 19117 **11.30** New Adventures of Winnie the Pooh 7229594 **11.45** Alphabet Castle 7224049 **12.00** Little Hippo 2768339 **12.10** Let's Wiggle! 2624551 **12.15** Animal Shelf 2747846 **12.30** Rosie and Jim 56368575 **12.45** Small Stories 97246136 **12.50** Bear in the Big Blue House 8515001 **13.20** New Adventures of Winnie the Pooh 71357952 **13.35** Chip 'n' Dale's Rescue Rangers 19417759 **14.00** Goof Troop 5643 **14.30** Jungle Cubs 2662 **15.00** The Lion King's Timon and Pumbaa 4778 **15.30** Brand Spanking New Doug 4407 **16.00** Pepper Ann 3914 **16.30** Recess 9198 **17.00** Smart Guy 9223 **17.30** Student Bodies 3778 **18.00** Teen Angel 3391 **18.30** Boy Meets World 4643 **19.00 Film:** Tall Tale (1995) The story of three legendary figures from American history. Starring Patrick Swayze 25310 **20.30** The Wonder Years 4914 **21.00** Touched By an Angel 38914 **22.00** Closedown

UK TV
UK TV PREVIEW
Astra V 10.817GHz

07.00 Parrots **08.00** The Mind Traveller **09.00** The Aristocracy **10.00** Great Mysteries and Myths **10.30** Vets in Practice **11.00** Doctors to Be **12.00** Aristotle Onassis: The Golden Greek **13.00** Nature Detectives **13.30** The Look **14.00** Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Change That **15.30** The Terrace **16.00** Tracks **16.30** Italian Regional Cookery **17.00** Really Useful Week **18.00** Animal Hospital Down Under **18.30** Wildlife on UK Horizons **19.00** The Contenders **19.30** Storm Warning **20.00** 999 **21.00** Vets in Practice **21.30** The Cruise **22.00** Sylvania Waters. Real life family soap **22.30** Top Gear GTi **22.45** The Frame **23.00** Later on... Paul Weller **00.00** Closedown

5
FilmNet Transponder 63 10.920GHz

06.00 News 3084117 **07.00** Wideworld 3278778 **07.30** Milkshake! 3116952 **07.35** Wimzie's House 7066223 **08.00** Havakazoo 1651914 **08.30** Wishbone 1650285 **09.00** Espresso 8987730 **10.00** Life at the Edge 3954827 **10.30** Sunset Beach 8369575 **11.10** Leeza 8954339 **12.00** News 1654001 **12.30** Family Affairs 4358759 **13.00** The Bold and the Beautiful 3277049 **13.30** Sons and Daughters 4340730 **14.00** Burke's Law 3955556 **15.00** 100 % Gold 1632049 **15.30** Film 9534310 **17.25** Russell Grant's Postcards 27910488 **17.30** The Great Garden Game 2461952 **18.00** 100 Per Cent 2468865 **18.30** Family Affairs 2459117 **19.00** 5 News 1617730 **19.30** Life at the Edge 2448001 **20.00** The Pepsi Chart 1633778 **20.30** Food Fight 1612285 **21.00** Film 41757339 **22.50** Film 94449285 **00.20** Live and Dangerous 63375228 **04.45** Monsters 60452860 **05.05** Throb 95835763 **05.30** 100 % 8975995

P Premiering Film — L Last Play — WS Widescreen — DS Dolby Surround Sound — 888 Subtitled
PPV INFORMATION LINE: 0990 800 888 OR CHECK SKY TEXT 177

WEDNESDAY

SKY one — Astra V 11.318GHz

Text 126

07.00 **Tattooed Teenage Alien Fighters from Beverly Hills** 96049
07.30 **Games World** 5710204
07.45 **The Simpsons** (888) 21597
08.15 **The Oprah Winfrey Show** 9875391
09.00 **Hotel** 53407
10.00 **Another World** 64440
11.00 **Days of Our Lives** 84204
12.00 **Married...with Children** (888) 32109
12.30 **M*A*S*H** (888) 21662
13.00 **Geraldo** 26117
14.00 **Sally Jessy Raphael** 41001
15.00 **Jenny Jones** 29730
16.00 **The Oprah Winfrey Show** 48865
17.00 **Star Trek: The Next Generation** (888) Please see 23.00 for details 6198
18.00 **Dream Team** (888) Sean, Warren and Connor are eager to hear if they are to be kept on 1759
18.30 **Married...with Children** (888) 5339
19.00 **The Simpsons** (888) Homer is cast in the Itchy and Scratchy show 7827
19.30 **Real TV** 4223
20.00 **Stargate SG-1** 67488
21.00 **Outer Limits** 70952
22.00 **Millennium** (888) 80339
23.00 **Star Trek: The Next Generation** (888) Picard is attracted to the new head of the cartography section 72469
00.00 **The Adventures of Ned Blessing** 53247
01.00 **Long Play**

NATIONAL GEOGRAPHIC CHANNEL — Astra H 11.303GHz

19.00 **World of Sea** Protecting the world's sea from negligence 6896001
19.30 **Nepal: Life Among the Tigers** 9255989
20.00 **Taputapua: Sharks of Polynesia** 8541575
21.00 **A Woman's Place** 5748865
21.30 **Nature's Fury** 5324846
22.30 **City of Darkness** 8969223
23.00 **Vietnam's Great Ape** 5743310
23.30 **The Robin's Return** 2316440
00.00 **Siarau: The Tidal Forest** 3341247
01.00 **Closedown**

UK GOLD — Astra H 11.553GHz

07.00 **Never the Twain** 5785204
07.35 **Neighbours** 7395285
08.00 **Crossroads** 3526914
08.25 **EastEnders** 7368049
09.00 **The Bill** 7107681
09.30 **Howards' Way** 2033759
10.00 **Shelley** 4189020
10.30 **The Sullivans** 7103865
11.00 **Casualty** 9273049
12.00 **Crossroads** 27698865
12.25 **Neighbours** 27691952
12.55 **EastEnders** 8091448
13.30 **Keeping Up Appearances** 7843662
14.05 **Open All Hours** 2338952
14.45 **Dangerfield** 8275198
15.45 **The Bill** 4913136
16.15 **Juliet Bravo** 43201594
17.20 **EastEnders** 3588778
17.55 **Big Break** 8650240
18.30 **The Bill** 7663846
19.00 **Dad's Army** 5428136
19.40 **Yes, Minister** 5051198
20.20 **May to December** 7966597
21.00 **Fawlty Towers** Basil organises a party to celebrate his wedding anniversary 9455662
21.40 **Shooting Stars** 1443594
22.20 **Between the Lines** 7611846
23.20 **Paul Merton: The Series** 7270136
23.50 **Spitting Image** 7814169
00.20 **Chelmsford 123** 9116860
00.45 **The Equalizer** 4398808
01.30 **The Equalizer** 9840266
02.15 **100 Years of Horror** 3689266
02.45 **Shopping at Night**

SCI FI CHANNEL — Astra V 11.568GHz

20.00 **Quantum Leap** Sam re-enters the body of Jimmy La Matta, a retarded teenager 3084488
21.00 **PSI Factor: Chronicles of the Paranormal** A corpse discovered by two children mysteriously comes alive 3097952
22.00 **Film: Xtro III - Watch the Skies** (1995) An expedition to an abandoned island after WW2 discover an alien presence 7107117
00.00 **Sightings** 1031179
01.00 **Battlestar Galactica** 2399860
02.00 **Friday the 13th** 9150957
03.00 **Tales of the Unexpected** 7296889
03.30 **Dark Shadows** 7739605
04.00 **Closedown**

GRANADA PLUS — Astra H 11.244GHz

06.00 **The Box** 4539056
07.00 **E! Mysteries and Scandals** 2294681
07.30 **Classic Coronation Street** 2280488
08.00 **Blind Date** 5174952
09.00 **Hadleigh** 6614198
10.00 **The Saint** 2279372
11.00 **Hawaii Five-O** 2299136
12.00 **Classic Coronation Street** 7696407
12.30 **Families** 5345730
13.00 **A Fine Romance** 2293952
13.30 **On the Buses** 5344001
14.00 **Hadleigh** 7259662
15.00 **Dempsey & Makepeace** 6976575
16.00 **Hawaii Five-O** 6988310
17.00 **The Saint** 4944778
18.00 **Families** Andrew is embarrassed by his surprise birthday lunch 1126310
18.30 **Classic Coronation Street** 1117662
19.00 **Doctor in Charge** Bingham wants a baby, but informing his wife could lead to the divorce court! 4945407
19.30 **Single** It's time to meet the parents - as if they didn't have enough problems 1113846
20.00 **Dempsey & Makepeace** A security van loaded with half-a-million pounds is daringly hi-jacked 7369662
21.00 **Classic Coronation Street** 6984594
21.30 **The Comedians** 5365594
22.00 **The Saint** The Saint volunteers to help a girl find her missing brother 7359285
23.00 **Closedown**

MEN & MOTORS — Astra H 11.244GHz

23.00 Centrefolds 6996339 **23.30** Talking Dirty 1299198 **23.50** Lovelies 8838865 **00.00** Electric Ladyland 6694334 **00.30** Studs 1782808 **00.50** Lovelies 9591808 **01.00** E! Gossip 3818063 **01.30** E! 8184792 **02.00** Closedown

The Racing Channel — Astra V 10.877GHz

11.00 Racing Review 9823865 **12.00** Live at lunchtime 1096643 **13.00** Live racing from Goodwood, Kelso and Worcester 2761136 **18.00** Closedown

EUROSPORT — Astra V 11.259GHz

Text 127

07.30 **Football: Eurogoals** 59136
09.00 **Football: International U-21 Festival** Brazil v China 19662
10.30 **Football: Friendly Match - Argentina v Chile in Buenos Aires** 85488
12.00 **Tennis: A look at the ATP Tour** Rome 22914
12.30 **Motocross** 58827
13.00 **Motorsports** 89846
14.30 **Live Cycling: Tour of Italy** Fourth Stage - Viareggio to Monte Argentario 41198
16.00 **Tennis: Peugeot ATP Tour World Team Championship** 44285
17.30 **Live Athletics: EAA Outdoor Invitational Meeting in Germany** 35556
19.00 **Xtrem Sports** 9827
19.30 **Bowling: Golden Tour in Germany** 25681
20.30 **Boxing: European Championships** Quarter-finals 98952
22.30 **Football: Friendly Match - Argentina v Chile in Buenos Aires** 10391
00.00 **Motocross: World Championship's Magazine** 47547
00.30 **Closedown**

SKY sports 2 — Astra H 11.170GHz

UPDATE 0336 413 416

07.00 **Aerobics Oz Style** 9826914
07.30 **Sports Centre** 9845049
08.00 **Racing News** 2115117
08.30 **Fish TV** 6456198
09.30 **Golf: Mastercard Tournament** 9025020
11.00 **LPGA Golf: McDonald's Championship** 8113391
13.00 **Golf Extra** 2321594
16.00 **Dr Martens Premier League Snooker: Doherty v White** 9788407
18.00 **Live The Winning Post: Newton Abbot & Uttoxeter** Presented by Jeff Stelling 3053001
20.00 **Golf Extra** Round-up of the players and tournaments 9800049
23.00 **European Tour Weekly** 8153643
23.30 **Futbol Mundial** 4215310
00.00 **Full Throttle** 7093179
00.30 **Watersports World** 6430150
01.30 **Sports Centre** 3872841
02.00 **Closedown**

SKY sports 1 — Astra V 11.509GHz

Text 127

07.00 **Sports Centre** 36681
07.30 **WWF: Live Wire** 44204
08.30 **Sports Centre** 26730
09.00 **Racing News** 40310
09.30 **Aerobics Oz Style** 52643
10.00 **Major League Baseball** 72407
12.00 **Aerobics Oz Style** 37846
12.30 **Pavilion End** 71933
13.30 **Motor Racing: Indy 500** 72662
14.30 **Fastrax** 8402
15.00 **Sports Unlimited** 85310
16.00 **Euro Seniors Golf: AIB Irish Open** 71117
17.00 **WWF: Shotgun Challenge** 6730
18.00 **Sports Centre** 1391
18.30 **Futbol Mundial** 2643
19.00 **Samsung Esprit** 4759
19.30 **European Tour Weekly** 8827
20.00 **Snooker: Dr Martens Premier League - Doherty v White** 94556
22.00 **Sports Centre** 38575
22.30 **World of Super League with Eddie & Stevo** With Eddie Hemmings 59914
00.30 **Sports Centre** 76228
01.00 **Snooker: Dr Martens Premier League** 48402
03.00 **Sports Centre** 19402
03.30 **Closedown**

SKY sports 3 — Astra H 11.671GHz

12.00 **WWF: Shotgun Challenge** 58324952
13.00 **Fish TV** 58300372
14.00 **Superbouts: Haglar's Knock-outs** 67103020
15.00 **Rugby Union Classics: Llanelli v New Zealand** 52092865
15.30 **Major League Baseball** 76938488
17.30 **Watersports World** 56150551
18.30 **Full Throttle** Action from the circuit 57622846
19.00 **Fish TV** The very latest angling tips 35868020
20.00 **World of Super League with Eddie & Stevo** Every try scored in the past week 35855556
22.00 **Pots of Gold: Hendry v Davis** Classic snooker moments featuring legends of the sport 80734001
22.30 **Dickie Davies' Sporting Heroes: Stirling Moss** 99606812
23.30 **Closedown**

	6pm	7pm	8pm	9pm	10pm	11pm
SKY MOVIES SCREEN 1	Cont Heavyweights	The Hired Heart		Assassins		
SKY MOVIES SCREEN 2	Prehysteria! 3		The Underworld		Destiny Turns on the Radio	
SKY MOVIES GOLD	Major League		Jaws 3		The Name of the Rose	
SKY ONE	Dream Team	The Simpsons Married with Children	Stargate SG-1	Outer Limits	Millennium	Star Trek: The Next Generation
UK GOLD	Cont Big Break The Bill	Dad's Army Yes, Minister	May to December	Fawlty Towers	Shooting Stars Between the Lines	Paul Merton
EUROSPORT	Cont Live Athletics	Xtrem Bowling	Boxing: European Championships		Football	
SKY SPORTS 1	News Football	Sport Sport	Snooker: Dr Martens Premier League		News	World of Super League

Double-check today's listings on the teletext page shown below each channel logo or use the Update telephone lines

PARAMOUNT COMEDY
Astra V 11.156GHz

19.00 Cosby 5001 **19.30** Roseanne: My Name is Bev 6469 **20.00** Grace Under Fire: Grace of Warth 1049 **20.30** Caroline in the City 4876 **21.00** Cybill 68643 **21.30** Ellen: The Refrigerator 74865 **22.00** Frasier: The Botched Language of Cranes 36117 **22.30** Cheers: Cheers Fouls Out. Celtic's star Kevin McHale lends his services in a basketball game 45865 **23.00** Monty Python's Flying Circus 70488 **23.30** Unnatural Acts 84730 **00.00** Nurses 47501 **00.30** It's Garry Shandling's Show 67570 **01.00** Frasier 37808 **01.30** Cheers 42228 **02.00** Caroline in the City 39060 **02.30** Unnatural Acts 24995 **03.00** Roseanne 17044 **03.30** Cybill 15247 **04.00** Closedown

CHALLENGE TV
Astra H 10.993GHz

17.00 Cross Wits 9469 **17.30** Family Days Out 423575 **17.35** Prize Time 641643 **17.45** Family Fortunes 516407 **18.15** Prize Time 959575 **18.30** Catchphrase 7117 **19.00** Prize Time 987643 **19.15** Fifteen to One 597372 **19.45** Family Days Out 588681 **19.50** Prize Time 576846 **20.00** The Crystal Maze 54952 **21.00** Prize Time 731372 **21.15** Strike It Lucky 882952 **21.45** Prize Time 449049 **22.00** 3-2-1 **23.00** Prize Time 44575 **23.15** Sticky Moments 323440 **00.00** Sale of the Century 62537 **00.30** Harts of the West 20605 **01.30** The Fall Guy 95632 **02.30** Big Brother Jake 64537 **03.00** Snowy River - the McGregor Saga 91315 **04.00** The Big Valley 27228 **05.00** Screenshop 21995 **06.00** Closedown

Text 120

LIVING
Astra V 10.979GHz

06.00 Tiny Living 1209223 **09.00** Rolonda 4210223 **09.50** Ready, Steady, Cook 8167285 **10.30** The Young and the Restless 2180109 **11.20** Brookside 55841865 **11.50** Jimmy's 89119020 **12.20** Living Issues 42354830 **12.50** Rescue 911 3134914 **13.25** Hart to Hart 1460827 **14.20** Living It Up! 1062440 **15.20** Rolonda 8224223 **16.10** Tempestt 9029662 **17.00** The Heat Is On 6506575 **17.30** Ready, Steady, Cook 3519198 **18.10** Jerry Springer Uncut 1742372 **19.00** Rescue 911 6526339 **19.30** Mysteries, Magic and Miracles 3339556 **20.00** Adrenalin Junkies 5246198 **21.00** Film: Touch of Truth (1994) An autistic boy finally learns to communicate through a keyboard. His mother and teacher are thrilled but his first message is a cry for help, and it transpires that something is very wrong 5249285 **23.00** The Jerry Springer Show 9897440 **00.00** Closedown

Text 204

CHRISTIAN CHANNEL
Astra H 11.170GHz

04.00 Thought **04.05** Voice **04.30** Good Morning **04.45** Avanzini **05.00** McCauley **05.30** Vauclair **06.00** Houston **06.30** Changing Your World **07.00** Voice **07.30** Kidz **07.45** Hinn **08.15** Good Morning **08.30** Day of Victory **09.00** Let The Fire Burn **09.30** Meyer **10.00** Tompkins **10.30** Avanzini **10.40** Good Morning **10.45** CMTV **11.00** Closedown

SKY SOAP
Astra V 11.568GHz

11.00 Take the High Road **11.30** Emmerdale **12.00** Emmerdale **12.30** As the World Turns **13.15** Families **13.45** Guiding Light **14.30** Take the High Road **15.00** Emmerdale **15.30** Emmerdale **16.00** Closedown

THE HISTORY CHANNEL
Astra V 11.568GHz

16.00 Sea Power: Great Sea Battles of WW2 **17.00** The Longest Hatred: From the Cross to the Swastika **18.00** Ancient Mysteries: Ancient Prophesy **19.00** Biography: Solomon and Sheba **20.00** Closedown

SKY TRAVEL
Astra V 11.126GHz

11.00 Round Trip **11.30** Globetrotter **12.00** American Adventurer **12.30** Getaway **13.00** Dales Diaries **13.30** Walker's World **14.00** American Vacation **15.00** Globetrotter: Lanai, Singapore **15.30** Way of Life **16.00** Closedown

TV TRAVEL SHOP
Astra H 10.993GHz

12.00-17.00 Home Travel Shopping Service

QVC
Astra V 11.038GHz

Text 205

24 Hour Shopping Service

Sell-a-Vision
Astra H 11.273GHz

05.00-12.00 Sell-a-Vision

Discovery Home & Leisure
Astra H 11.082GHz

ALSO ON CABLE

09.00 **Simply Painting** 7105223
09.30 **The Garden Show** 2024001
10.00 **Grassroots** 4187662
10.30 **New Yankee Workshop** 7101407
11.00 **Rex Hunt's Fishing World** 8075556
11.30 **Hometime** 8076285
12.00 **The Close Guide** 7192759
12.30 **This Old House with Steve & Norm** 2035117
13.00 **Cookabout with Greg and Max** 9275407
13.30 **Furniture on the Mend** 2034488
14.00 **Doing It Up** 6506407
14.30 **Antiques Challenge** 7679407
15.00 **Two's Country** 6585914
15.30 **Home Again with Bob Vila** 7674952
16.00 **Closedown**

DISCOVERY CHANNEL
Astra H 11.082GHz

16.00 **Rex Hunt's Fishing World** 7660759
16.30 **Bush Tucker Man: Desert** 7659643
17.00 **First Flights: First Around the World** 6597759
17.30 **Time Travellers: The Death March of De Soto** 7673223
18.00 **Animal Doctor** 7670136
18.30 **Natural Born Winners: Wild Discovery** 9387681
19.30 **Disaster: Fatal Error** Pilot error was said to have caused the fatal air crash at Kegworth in 1989. How could this have happened? 7650372
20.00 **Animal X** 6586643
20.30 **The Supernatural: Beast of the Moors** Tracking down one of the world's most mysterious creatures 6505778
21.00 **Ultimate Guide: Snakes** An examination of the myths and facts which lead people to fear snakes 9438662
22.00 **Crocodile Hunter: Island in Time** 9448049
23.00 **Outlaws: Bullet Catchers** 9252556
00.00 **First Flights: First Around the World** 9475131
00.30 **Disaster: Fatal Error** 5404841
01.00 **Super Bridge: Episode Two** 7214841
02.00 **Closedown**

Text 200

.tv the computer channel
Astra V 10.847GHz

18.00 Buyer's Guide. Consumer programme guide to hardware and software **18.30** Game Over **18.45** Chips With Everything **19.00** Mini Masterclass **19.30** Buyer's Guide **20.00** Closedown

SKY SCOTTISH
Astra H 10.862GHz

18.00 High Road **18.30** The Home Show **19.00** Blind School **19.30** T in the Park. Highlights from the festival including Shed Seven and Mansun **19.55** Scotland Today **20.00** Closedown

breeze
Astra V 10.847GHz

06.00 **E! Uncut** 65107136
06.30 **E! Model** 92629092
07.00 **The Good Housekeeping Show** 73584933
07.30 **Style Wars** 73563440
08.00 **The View** 13115469
09.00 **Sally Jessy Raphael** 65183556
10.00 **Thirtysomething** 73592952
11.00 **E! Uncut** 35088643
11.30 **E! Model** 35089372
12.00 **The View** 10124372
13.00 **The Good Housekeeping Show** 73583204
13.30 **Style Wars** 10144136
14.00 **Thirtysomething: Separation** Elliot leaves Nancy - and their separation affects everyone's lives, especially after Elliot moves in with Hope and Michael 79786653
15.00 **Livetime** Live magazine programme 35090488
16.00 **Sally Jessy Raphael: I Have the Mother-in-law from Hell** Lively studio discussion, chaired by the 'queen of talk' Sally Jessy Raphael 35002223
17.00 **Livetime** 47612020
18.00 **Closedown**

SKY NEWS
Astra V 11.377GHz

Sky News on the hour plus **06.00** Sunrise **10.30** ABC Nightline **11.30** World News **14.30** PMQ's. A closer look at events during Prime Minister's Question Time in the house of Commons. Hosted by Adam Boulton **16.30** Sky World News **17.00** Live at Five **19.30** Sportsline **20.30** Sky Business Report **21.30** World News **22.00** Prime Time **00.30** CBS Evening News **01.30** ABC World News Tonight **02.30** Sky Business Report **03.30** Reuters Reports **04.30** CBS Evening News **05.30** ABC World News Tonight

Text 128

CNN INTERNATIONAL
Astra V 11.627GHz

News on the hour plus **05.00** This Morning **05.30** Insight **06.00** This Morning **06.30** Moneyline **07.00** This Morning **07.30** Sport **08.30** Showbiz **09.00** Larry King **10.30** Sport **11.30** American Edition **11.45** World Report **12.30** Your Health **13.15** Asian Edition **13.30** Business Asia **14.30** Newsroom **15.30** Sport **16.30** Your Health **17.00** Larry King **18.45** American Edition **19.30** Business **20.30** Q&A **21.30** Insight **22.00** Business **22.30** Sport **23.00** World View **00.30** Moneyline **01.15** Asian Edition **01.30** Q&A **02.00** Larry King **03.30** Showbiz **04.15** American Edition **04.30** World Report

Text 200

CNBC
Astra V 10.729GHz

05.00 Europe Today **08.00** European Money Wheel **13.00** CNBC's US Squawk Box **15.00** US Market Watch. Up-to-the-minute market reports and economic and corporate news **17.00** US Power Lunch **18.00** Europe Tonight. Round-up of events in Europe, including a high profile interview with the chief executive whose company is making the headlines **19.00** Directions **19.30** Street Signs **21.00** US Market Wrap **23.00** Directions. Essential guide to the business of travel. Everything from airlines to arranging overseas business meetings **23.30** Europe Tonight **00.00** Breakfast Briefing. Summary of top global and regional business stories and a preview of the business day ahead **01.00** CNBC Asian Squawk Box **02.00** Trading Day **03.00** Trading Day **04.00** Trading Day

Bloomberg television
Astra H 11.361GHz

24 hour business news with **06.00** Markets **08.00** Trading Day **09.19** Fund Manager **11.45** Entertainment **14.15** Germany **15.19** Fund Manager **16.00** Money Makers **16.57** Travel **18.45** Entertainment **19.45** Germany **21.19** Fund Manager **22.57** Travel

CARTOON NETWORK
Astra H 11.023GHz

05.00 Omer and the Starchild **05.30** The Fruitties **06.00** Blinky Bill **06.30** Thomas the Tank Engine **06.45** The Magic Roundabout **07.00** Bugs Bunny **07.15** Road Runner **07.30** Tom and Jerry **07.45** Dexter's Laboratory. Adventures with the brainiest boy in the world **08.00** Cow and Chicken **08.15** Scooby Doo **08.30** Tom and Jerry Kids **09.00** The Magic Roundabout **09.30** Thomas the Tank Engine **10.00** Blinky Bill **10.30** Cave Kids **11.00** Perils of Penelope Pitstop **11.30** Help! It's the Hair Bear Bunch **12.00** Scooby Doo **12.30** Popeye **13.00** Droopy **13.30** Tom and Jerry **14.00** Yogi Bear **14.30** The Jetsons **15.00** The Addams Family **15.30** Scooby Doo **16.00** Scooby Doo **16.30** Dexter's Laboratory **17.00** Johnny Bravo **17.30** Cow and Chicken **18.00** Tom and Jerry **18.15** Road Runner **18.30** The Flintstones **19.00** Scooby Doo **19.30** The Mask **20.00** The Real Adventures of Jonny Quest **20.30** The Bugs and Daffy Show **21.00** Closedown

Text 102

NICKELODEON
Astra V 11.156GHz

06.00 Count Duckula **06.30** Grimmy **07.00** Hey Arnold! **07.30** Rugrats **08.00** Doug **08.30** Arthur **09.00** Children's BBC **10.00** Wimzie's House **10.30** Babar **11.00** The Magic School Bus **11.30** PB Bear - Little Red Tractor - Mr Men - Magic Mountain **12.00** Rugrats **12.30** Blues Clues **13.00** Bananas in Pyjamas **13.30** Franklin **14.00** Little Bear Stories **14.30** Children's BBC **15.00** Children's BBC **15.30** Doug **16.00** Pippi Longstocking **16.30** Rugrats **17.00** Sister, Sister **17.30** Kenan & Kel. Madcap comedy with the best of friends **18.00** Sabrina the Teenage Witch **18.30** Moesha **19.00** Closedown

Text 110

FOX KIDS network
Astra H 11.303GHz

06.00 Power Rangers ZEO **07.00** X-Men **07.25** Casper **07.35** Spiderman **08.00** Goosebumps **08.25** Sam & Max **08.35** Beetleborgs **09.00** Masked Rider **09.30** Fairy Tales **10.00** Pinocchio **10.30** Peter Pan **11.00** Oliver Twist **11.30** Huckleberry Finn **12.00** Gulliver **12.30** Eek! Stravaganza **12.42** Mouse & the Monster **12.54** Casper **13.06** Thunderlizards **13.18** Sam & Max **13.30** Extreme Heroes **14.00** Eagle Riders **14.30** Conan **15.00** Skysurfer **15.30** Donkey Kong **16.00** B.A.D. **16.50** Casper **17.00** Goosebumps **17.25** Eerie, Indiana **17.50** Sam & Max **18.00** Goosebumps **18.25** Eerie **18.50** Toonslyvania **19.00** Closedown

Trouble
Astra V 11.097GHz

07.00 Batman 9263662 **07.30** Earthworm Jim 9259469 **08.00** California Dreams 7186198 **08.30** Hang Time 7185469 **09.00** Ready or Not 7109049 **09.30** Heartbreak High. Allie is upset with Tom's evsive behaviour 2923001 **10.30** Echo Point 7198933 **11.00** Batman 8095310 **11.30** Earthworm Jim 8003339 **12.00** Sweat 7189285 **12.30** Heartbreak High. Allie provides her school pals with some shocking news. Katerina decides to organise a surprise birthday party for Charlie 8704440 **13.30** Echo Point 2021914 **14.00** Hollyoaks 6593933 **14.30** It's in the Jeans 4537865 **14.45** Teenage Urban Adventurers 4525020 **15.00** Sweat 6572440 **15.30** California Dreams 7678778 **16.00** Ready or Not 7657285 **16.30** Saved by the Bell 7653469 **17.00** Hollyoaks 6584285 **17.30** USA High 7677049 **18.00** Hang Time. teen drama about an underdog basketball team 7667662 **18.30** Blast 7658914 **19.00** Saved by the Bell. Zack incurs the wrath of his fellow students when he becomes money-grabbing in the course of a class project to sell friendship bracelets 6504049 **19.30** USA High. The gang take a career aptitude test, and everyone is matched with an exciting career except Lazzarini, who is told that he should be an elevator operator 7654198 **20.00** Closedown

Check the telephone numbers above for

VH1 Astra V 11.538GHz

Text 200

07.00 **Power Breakfast** 73573827
09.00 **Pop-Up Video** 40331407
09.30 **VH1 Upbeat** 34713310
12.00 **Ten of the Best: Lightning Seeds** 10140310
13.00 **Mills 'n' Tunes** 10126730
14.00 **Jukebox** 11079353
15.00 **Toyah & Co** 30701198
17.00 **Five @ Five** 47626223
17.30 **Pop-Up Video** 17424952
18.00 **Hit for Six** 10146594
19.00 **Mills 'n' Tunes** 50305310
20.00 **VH1 Hits** The biggest hits on video 50392846
22.00 **The VH1 Classic Chart** 50304681
23.00 **VH1 Country** Mark Hagen chats to Big House 73586391
00.00 **The Nightfly** 13187686
01.00 **Soul Vibration** 99371501
02.00 **VH1 Late Shift** 17858334

MTV Astra H 11.421GHz

Text 102

06.00 **Kickstart** 403827
09.00 **MTV Mix** 141575
12.00 **Non Stop Hits** 42865
14.00 **European Top 20** 23730
15.00 **Non Stop Hits** 91894
16.00 **Select MTV** Viewer choice video jukebox with Donna Air 6858
18.00 **MTV Live** 8223
18.30 **So '90s** The greatest hits of the decade with Armstrong & Miller 9575
19.00 **The Lick R&B Chart** The latest UK R&B chart run-down presented by Trevor Nelson 47662
20.00 **Hot** Ben Norris presents a selection a music news, videos and gossip 56310
21.00 **Up for It** With Eddy Temple-Morris 43846
22.00 **Amour** Hosted by Cat Deeley 46933
23.00 **Yo!** The latest rap and hip hop videos 54198
00.00 **Beavis and Butt-Head** Inspirational idiocy 64995
00.30 **Night Videos** 4810353

THE BOX Astra H 11.244GHz

ALSO ON CABLE

From 02.00-07.00 music channel featuring viewers' requests, videos, interviews and competitions

FOREIGN CHANNELS

CANAL+ Thor1 H 12.015 GHz

0336 413 421

06.00 Morning programmes **11.30** 1900-tals giganter: Picasso, Dali, Chagall **12.00** Seinfeld **12.25** Film: California Woman (1995) **13.55** Movie Magic **14.25** Film: Run of the Country (1995) **16.10** Film: Bound (1996) **18.00** NHL Resumé **19.00** Film: The Haunted Heart (1996) **20.35** Film: Independence Day (1996) **22.55** Film: The Craft (1996) **00.35** NHL: Conference Semi-Final **03.30** Film: Dead By Midnight (1997) **05.00** Movie Magic **05.30** NHL Resumé

TV 1000 Intelsat 707 1°W V 11.054GHz

0336 413 428

06.00 Morning programmes **10.45** Film: Oliver! (1968) **13.30** Film: Devil's Food (1996) **15.00** Film: Captives (1994) **16.45** Bakom **17.15** Film: The Daytrippers (1996) **18.45** Film Magazine **19.00** Film: Tashunga (1996) **20.30** Film: Adrenalin - Fear the Rush (1996) **22.00** Bakom **23.00** Film: VR -69 (erotic) **00.30** Närbild: Morgan Freeman **01.00** Film: The Winner (1996) **03.00** Film: The Last Tattoo (1994)

Astra V 10.788GHz

04.00 Bengali Film: Anurager Chhoa **06.30** Kajager Bao **07.00** Jaagran **07.30** Ghoomta Aaina **08.00** News **08.30** Buniyaad **09.00** Manabi. Bengali programme **09.30** Satsang **10.00** Tara **11.00** The Low Cal Show **11.30** Kurukshetra **12.00** Live Cricket: Coca Cola Cup - India versus New Zealand. Live coverage from the tri-nation tournament taking place in Dubai **20.00** News **20.30** Dastaan **21.00** Dhoop Mein. Urdu serial **22.00** Zee Business Show **22.30** Amaanat **23.00** Purush Kshetra **00.00** Closedown

ZDF Astra H 10.964GHz

TEXT 300

04.30 Morning programmes **13.00** Gesundheit! **13.15** Expedition **14.00** heute **14.03** Mensch Ohrner! **15.00** heute **15.10** Risiko **16.00** heute **16.15** hallo Deutschland **16.45** heute **16.55** SOKO 5113 **17.45** Lotto am Mittwoch **18.00** heute **18.20** Wetter **18.25** Die Geliebte **19.15** OP **20.00** Abenteuer Forschung **20.45** heute **21.15** mit mir nicht! **22.00** Alte **23.00** heute **23.15** Film: Silver Streak (1976) **01.05** Night programmes

3sat Astra V 11.347GHz

TEXT 300

05.50 Morning programmes **12.00** Reiselust **12.30** Genießen auf gut deutsch **13.00** Disco **13.45** 100 GRAD **14.45** PuR: Tivi mit Durchblick **15.15** Die Reportage **15.45** Tier-Report **16.10** offen **16.15** Auto & Mobiles **16.45** Häferlgucker unterwegs **17.15** Bilder aus der Schweiz **18.00** heute **18.20** Kulturzeit **19.00** Tagesschau **19.15** Drei Länder: ein Thema **20.30** Fremde Kinder **21.00** Zeit im Bild 2 **21.25** House of Cards **23.10** Seitenblicke **23.15** 10 vor 10 **23.40** Kulturzeit **00.20** Sternstunde Philosophie **01.20** Bilder aus der Schweiz **02.05** Night programmes

RTL TELEVISION Astra V 11.229GHz

TEXT 300

05.00 Morning programmes **12.00** Stadtklinik **13.00** Bärbel Schäfer **14.00** Ilona Christen **15.00** Hans Meiser **16.00** Teen Jeopardy! **16.30** Unter uns **17.00** Guten Abend RTL **17.30** Exclusiv: Das Star-Magazin **17.45** RTL aktuell **18.10** Explosiv: Das Magazin **18.40** Gute Zeiten, schlechte Zeiten **19.15** Film **20.05** TV Tip **20.15** Film continues **21.05** stern TV **23.00** RTL-Nachtjournal **23.30** Verrückt nach Dir **00.00** Love & War **00.30** Der Hogan Clan **01.00** Bärbel Schäfer **01.50** RTL-Nachtjournal **02.20** Hans Meiser **03.10** Ilona Christen **04.10** Night programmes

SAT.1 Astra V 11.288GHz

0336 413 426

TV TEXT 300

04.30 Deutschland heute morgen **08.00** Jake und McCabe **09.00** Hast du Worte!? **09.30** Bube, Dame, Hörig **10.00** Jörg Pilawa **11.00** Vera am Mittag **12.00** Sonja **13.00** MacGyver **14.00** Star Trek: Raumschiff Voyager **15.00** Baywatch Nights **16.00** Jeder gegen Jeden **16.30** 17:30 **17.00** blitz **17.30** 18:30 **17.47** Wetter **17.50** ran: SAT.1-Sport **18.00** Geliebte Schwestern **18.30** Glücksrad **19.15** Hallo, Onkel Doc! **20.15** Alice auf der Flucht **22.10** Die Harald Schmidt Show **23.10** Der Anderson-Clan **00.55** Star Trek: Raumschiff Voyager **01.45** Baywatch Nights **02.40** Jörg Pilawa **03.30** Geliebte Schwestern **04.00** blitz

ADULT ADULT ADULT ADULT ADULT

Astra H 11.671GHz

23.30 Free Teaser 45676321 **23.45** Sex Guides: Paris Clubs 61365223 **00.15** UK Celebrity Centrefold: Emma Harrison 71323131 **00.55** Essentially Juli: Fantasy 55442204 **01.55** Playmate Video Centrefold: Pamela Anderson 10165315 **02.40** Film: In the Line of Desire. Story of a glamourous cat burglar and an investigator tracking her down 76210353 **04.00** Closedown

The Adults Channel Astra V 10.788GHz

0336 413 400

00.00 Dish of the Day 26771117 **00.10** Teen Angels. Erotic programme 47099339 **01.05** Film: 2am. A late night radio DJ provides a soothing background for a mysterious woman's activities 84019001 **02.20** English Rose 07 76660846 **02.40** Blow Job Baby. An erotic comedy about a young girl's obsession 76223827 **04.00** Closedown

Fantasy Channel Astra V 10.979GHz from 00.00-04.00

0336 413 400

00.00 Free View 3382372 **00.10** Bedtime Stories 3388556 **00.20** Film: Shades of Blue 8061399 **01.00** Free View 6097285 **01.05** Film cont. 5343285 **01.30** Film: Crazed 93800339 **02.40** Film: Strap-On Sally 8 82472594 **03.55** What's on Tomorrow 35025204 **04.00** Closedown

GAY Gay TV Astra V 10.979GHz from 04.00-05.30

All programmes are subject to change

Gay TV is Britain's first adult gay television station and it features a mix of erotic series, special programmes and gay films from both Europe and America - full programme details for May were unavailable at the time of going to press

CABLE & MULTI SATELLITE CHANNELS

TARA Cable

12.00 Our House **12.30** Home Movie Nights **13.00** Challenging Times **13.30** Sandy **14.30** PM Live **15.30** Not Fade Away **16.30** Fair City: The Early Years **17.00** Lie of the Land **17.30** Dodge the Question **18.00** Six-One **19.00** Pot Luck **19.30** How Does Your Garden Grow? **20.00** School Around the Corner **20.30** Fair City **21.00** Top 30 Hits **22.00** No Disco **22.30** The Dog's Dinner. Presented by Jim Smyth **23.00** News **23.20** Summertime **23.50** 2TV CV **00.00** Closedown

LIVE TV Cable

06.00 Morning programmes **12.00** Why Files **12.30** Serial Killers **13.00** Lie Detector **13.30** Judge Judy **14.00** Fashion **14.30** Revelations **15.00** Fate and Fortune **15.30** Lie Detector **16.00** Living Room Legends **16.30** Judge Judy **17.00** Agony **17.30** Odds on Sport **18.00** Fashion **18.30** Dial a Doc **18.45** What's in the Box **19.00** Living Room Legends **19.30** Agony **19.59** City Tips **20.00** Lie Detector **20.30** Judge Judy **20.59** City Tips **21.00** Serial Killers **21.30** Fashion **21.59** City Tips **22.00** Darts **22.02** Odds on Sport **22.30** Sex Show **23.00** City Tips **23.01** Darts **23.02** Exotica **00.00** Night programmes

KNOWLEDGE Cable

11.00 Communication: The Human Imperative **12.00** Open University **12.30** Open University **13.00** Strategies **13.30** New Media News **14.00** Hot Topix **14.30** Future Tech **15.00** Open University **15.30** Open University **16.00** Performing Arts Theatre **17.00** Communication: The Human Imperative **18.00** Open University **18.30** New Media News **19.00** Hot Topix **19.30** Future Tech. The role of technology in both our personal and our professional lives **20.00** Open University **20.30** Strategies **21.00** Open University **21.30** Open University **22.00** Performing Arts Theatre **23.00** Closedown

CABLE & MULTI SATELLITE CHANNELS

travel TRAVEL Cable

TEXT 200

12.00 Reel World **12.30** The Wonderful World of Tom **13.00** On the Loose in Wildest Africa **13.30** Floyd on Oz **14.00** On Tour **14.30** Great Escape **15.00** Across the Line **15.30** Oceania **16.00** Whicker's World **16.30** Go Greece **17.00** On the Loose in Wildest Africa **17.30** Worldwide Guide **18.00** Floyd on Oz **18.30** On Tour **19.00** Reel World **19.30** The Wonderful World of Tom **20.00** Go Portugal **20.30** The Flavours of France **21.00** On Top of the World **22.00** Great Escape **22.30** Floyd on Spain **23.00** Worldwide Guide **23.30** Oceania **00.00** Closedown

SCI FI CHANNEL Cable

ALSO ON ASTRA H 11.170GHz

07.30 Bloomberg Television **08.00** G-Force **08.30** Bionic Six **09.00** Battlestar Galactica **10.00** The Tomorrow People: The Revenge of Jedikiah **10.30** Jupiter Moon **11.00** Dark Shadows **11.30** New Alfred Hitchcock **12.00** The Twilight Zone **12.30** The Twilight Zone **13.00** Tales of the Unexpected **13.30** Ray Bradbury Theatre **14.00** Voyagers! **15.00** The Six Million Dollar Man **16.00** Swamp Thing **16.30** My Secret Identity **17.00** Amazing Stories **17.30** Inside Space **18.00** C/Net Central **18.30** The New Edge **19.00** Battlestar Galactica **20.00** Quantum Leap. Sam leaps into a retarded 1960s teenager **21.00** PSI Factor: Chronicles of the Paranormal. Undead corpses and deranged dead fans **22.00** Film: Xtro III - Watch the Skies (1995) An exhibition to an abandoned island uncovers a mass grave and the remains of a military base **00.00** Sightings **01.00** Battlestar Galactica **02.00** Friday the 13th **03.00** Tales of the Unexpected **03.30** Dark Shadows **04.00** Closedown

Performance PERFORMANCE Cable

19.00 The Labeque Sisters **19.45** Leonard Bernstein **20.30** Artsweek **21.00** Egon Schiele **22.00** American Playhouse **00.00** Midnight Blues **01.00** Closedown

Animal Planet ANIMAL PLANET Eutel 13°E H 11.052GHz

09.00 Nature Watch **09.30** Creatures **10.00** Rediscovery **11.00** Hunters **12.00** All Bird TV **12.30** Emergency Vets **13.00** Zoo Life **13.30** Animal Doctor **14.00** Nature Watch **14.30** Creatures **15.00** Human/Nature **16.00** Oceans Wild **16.30** The Big Animal Show **17.00** Animal Planet Classics **18.00** Nature Watch **18.30** Creatures **19.00** Zoo Life **19.30** Animal Doctor **20.00** Dogs with Dunbar **20.30** Vet School **21.00** From Monkeys to Apes **21.30** The Blue Wilderness **22.00** Human/Nature **23.00** Animal Planet Classics **00.00** Closedown

CHANNEL ONE Cable

Local news on the hour plus: **10.30** The Album Show **11.30** Cinema **12.30** The A-Z of Food **13.30** Cybernet **14.30** The Album Show **15.30** PDQ **16.30** American Chart Show **17.30** PDQ **18.30** The Album Show **19.30** PDQ **20.30** Cinema **21.30** Cybernet **22.30** PDQ **23.30** The Album Show **00.00** News & music all night

BBC WORLD Eutel II F1 13°E V 11.620GHz

News on the hour plus: **05.30** Reporters **06.30** Holiday **07.30** Hard Talk **08.30** Earth Report **09.30** Reporters **10.30** Hard Talk **11.30** Film '98 **12.00** Today **13.30** Reporters **14.15** Business Report **14.30** Today **15.30** Clothes Show **16.30** Hard Talk **17.30** Holiday **18.00** Today **19.30** Hard Talk **20.30** Money Programme **21.10** Business Report **21.30** Top Gear **22.10** Europe Direct **23.15** Business Report **23.30** Hard Talk **00.00** Night programmes

BET INTERNATIONAL BETI Cable

06.00 Jazz Discovery **07.00** Jazzy Vocals **08.00** Impressions **09.00** Rap City **11.00** Jazz Central **12.00** Schedule repeats 06.00-11.00

NBC Europe Cable/ Eutel 13°E V 10.987GHz

CNBC: EUROPEAN BUSINESS SERVICE ON ASTRA V 10.729GHz

TEXT 300

0336 413 429

05.00 Europe Today **08.00** European Money Wheel CNBC Europe **11.00** Internight **12.00** Time and Again **13.00** European Living: Flavors of France **13.30** VIP **14.00** The Today Show **15.00** Home and Garden Television: The Art and Practice of Gardening **15.30** Awesome Interiors **16.00** Time and Again **17.00** European Living: Travel Xpress **17.30** VIP **18.00** Europe Tonight Live **18.30** The Ticket NBC **19.00** Dateline NBC **20.00** NBC Super Sports: European Tour Golf - Benson & Hedges International Open **21.00** The Tonight Show with Jay Leno **22.00** Late Night with Conan O'Brien **23.00** The Ticket NBC **23.30** NBC Nightly News with Tom Brokaw **00.00** The Tonight Show with Jay Leno **01.00** MSNBC Internight **02.00** VIP **02.30** Europe à la Carte **03.00** The Ticket **03.30** European Living: Flavors of France **04.00** MSNBC's The News with Brian Williams

CARLTON SELECT Cable

17.00 Blockbusters **17.30** Gridlock **18.00** Byker Grove **18.30** A Country Practice **19.00** London Bridge **19.30** Desmond's **20.00** Switch On **20.30** Goodnight Sweetheart **21.00** Head Over Heels **22.00** The Darling Buds of May **23.00** St Elsewhere **00.00** Movie Club **00.30** Tales of the Unexpected **01.00** Closedown

CARLTON FOOD AND COOKERY Cable

09.00 FND **09.30** Food for Thought **10.00** Feasts **10.30** What's Cooking? **11.00** Thompson **11.30** Kerr's Kitchen **12.00** FND **12.30** A Year at Ballymaloe **13.00** Food for Thought Special **14.00** Travels à la Carte **14.30** FND **15.00** Wok Wiz **15.30** Thompson **16.00** Naturally **16.30** Red Hot 'N Smokin' **17.00** Closedown

HVC Cable

20.00 Secret Force **21.20** Don't Look in the Basement. Horror **22.40** Hustler Squad **00.00** Closedown

UK ARENA UK ARENA cable

18.00 To Serve Them All My Days **19.00** Good Music **20.00** The Frame **20.30** Sounds of the Sixties **21.00** Marty **21.30** Family **22.30** The Frame **23.00** Later on... Paul Weller. Jools Holland presents a retrospective on the Modfather **00.00** Closedown

UK HORIZONS cable

07.00 Parrots: Look Who's Talking **08.00** The Mind Traveller **09.00** The Aristocracy **10.00** Great Mysteries and Myths **10.30** Vets in Practice **11.00** Doctors to Be **12.00** Aristotle Onassis: The Golden Greek **13.00** Nature Detectives **13.30** The Look **14.30** Animal Hospital **15.00** Island Race **15.30** Clive James: Postcard from Shanghai **16.30** Nomads of the Wind **17.30** Great Mysteries and Myths **18.00** Animal Hospital Down Under **18.30** Wildlife on UK Horizons **19.00** The Contenders **19.30** Storm Warning **20.00** 999 **21.00** Vets in Practice **21.30** The Cruise **22.00** Sylvania Waters. Real life family soap **22.30** Top Gear GTi **23.30** A Knife to the Heart **00.30** Pride and Prejudice **01.00** Closedown

UK STYLE UK STYLE cable

14.00 Style Challenge **14.30** Can't Cook, Won't Cook **15.00** Change That **15.30** The Terrace **16.00** Tracks **16.30** Italian Regional Cookery **17.00** Really Useful Week **18.00** Call My Bluff **18.30** Des Res **19.00** Antiques Roadshow **20.00** The Victorian Kitchen Garden. Presented by Peter Thoday and Harry Dodson **20.30** Change That **21.00** Can't Cook, Won't Cook **21.30** Style Challenge **22.00** Call My Bluff **22.30** Real Rooms **23.00** The Terrace **23.30** Stefan's Garden Roadshow **00.00** Closedown